



## Mary Immaculate

10 Corey St. • Coleraine, MN 55722



## St Cecilia

326 2nd St. • Nashwauk, MN 55769

### Pastor

Father Joseph Sobolik  
[fr.joseph.sobolik@duluthcatholic.org](mailto:fr.joseph.sobolik@duluthcatholic.org)

### Deacon

Richard Johnston  
[dcn.richard.johnston@duluthcatholic.org](mailto:dcn.richard.johnston@duluthcatholic.org)  
218-208-2661 or 218-966-8251

### Secretary/Bookkeeper

Julie Dasovich  
[julie.dasovich@duluthcatholic.org](mailto:julie.dasovich@duluthcatholic.org)

Hours:  
Tuesday-Friday:  
10:00 AM-3:00 PM

### Director of Religious Education/Youth Ministry

Christina Serena  
[christina.serena@duluthcatholic.org](mailto:christina.serena@duluthcatholic.org)

### Office for both parishes

326 2nd St  
Nashwauk, MN 55769  
(218)885-1126

### Website

[www.scmicatholic.com](http://www.scmicatholic.com)

### Baptism

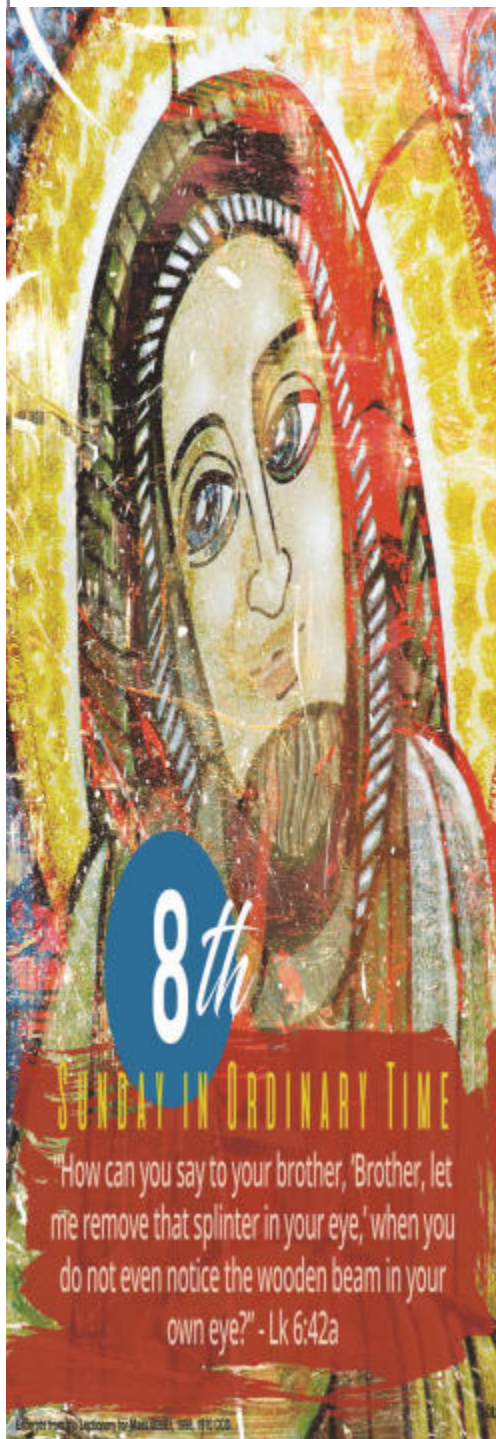
Call Parish Office to schedule preparation with Father Joe or Deacon Richard.

### Marriage

Call Parish Office a minimum of six months in advance to schedule preparation with Father Joe or Deacon Richard.

### Visitors

We are blessed to have you worship with us at Mass. If you would like to become a parishioner you can call the parish office or download a registration form from our website.



### Mass Schedule

Saturday	4:15 pm	SC
Sunday	8:30 am	SC
Sunday	10:30 am	MI
Tuesday	6:00 pm	SC
Wednesday	8:30 am	SC
Wednesday	6:00 pm	MI
Wednesday	7:30 pm	SC
*Thursday	8:30 am	MI
Friday	8:30 am	MI

### Tuesdays

1:00 PM Mass at Hillcrest  
Assisted Living in Nashwauk

### Confession

Tuesday	5:00-5:30 pm	SC
Saturday	3:30-4:00 pm	SC
Sunday	7:45-8:15 am	SC
Saturday	9:00-10:00 am	MI
1st Friday	4:00-5:00 pm	MI

Fr. Joe is always open to making appointments for confession.

### Adoration

Tuesday	9:00 am-5:45 pm	SC
1st Friday	4:00-5:00 pm	MI

\*cancelled due to Father's absence

### Homebound Ministry

Fr. Joe visits the homebound within the parish boundaries on First Fridays.

Fr. Joe visits parishioners in Nursing Homes and Assisted Living in Grand Rapids and Hibbing on First Thursdays.

If you know of parishioners who are ill, hospitalized, or homebound, please contact the parish.



March 5-10

Tuesday –Dennis Drobnick, †  
Wednesday-Ken Schmidtbauer, †  
Thursday-No Mass  
Friday– Ken Hoey  
Saturday– Parishioners  
Sunday 8:30– John Stangl, †  
Sunday 10:30– Shirley Marshall

Saturday 4:15 pm March 9

Lector: Debbie Troumbly  
Extraordinary Ministers of Holy Communion: Candy & Gary Brooks, Sandra Persson, Judy Ozanich  
Servers: Damon, Adeline, Ava Gangl

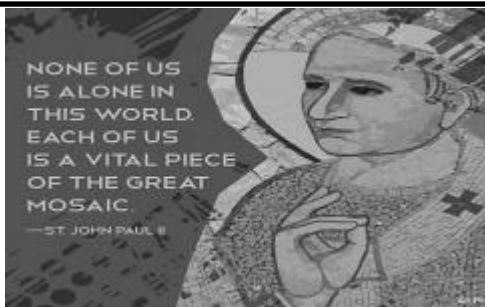
Sunday 8:30 am March 10

Lector: Lorri Shalley  
Ministers of Holy Communion Colleen Clusiau, Terry McCollor, Clara Metzger, Mary Stangl

Servers: Jasmin, Kiara, Jerry Swanson  
Ushers: Terry McCollor & Dan Owens  
Counters: Jackie DeNucci & Marie Nosan

Sunday 10:30 am March 10

Lector: Sue Kavanagh  
Extraordinary Ministers of Holy Communion: Emily Erickson, LaNea Johnson, Margaret Kavanagh, John Vaudrin  
Server: Darric Davidson  
March Cleaners: Mary Troumbly 9th , Jill Bellefy 16 & 23, Mari Sloan 30



Bulletin articles need to be submitted by Tuesday at 10:00 am for the week the bulletin is printed. The Friday before if it is a holiday.

Know someone who could use prayers?  
CALL- -St. Cecilia's Prayer Chain:  
Darlene or Ted Squillace 885-1057.  
Mary Immaculate Prayer Chain:  
Teresa Kessler 910-9007.

**Sister Dorene King** from St. Scholastica Monastery has been assigned to our parishes to be a prayer advocate. She is praying for us, but if you have a special intention please call (218)723-6555.

**FROM FR JOE**

DEAR PARISHIONERS,

While we are still celebrating Ordinary Time today, I am sure you are well aware that this Wednesday is Ash Wednesday. This of course marks the beginning of the celebration of Lent. The seasons of Lent and Easter are very late this year. Part of me looks at the coming of Ash Wednesday and thinks, "Well, it's about time!" While another part of me is a bit caught off guard, "What! Already?!" I have to admit I have become a bit complacent in this extra-long space between Christmas and Lent. The fact that I am complacent is probably a very good indicator that by spiritual life is ready for a good Lenten Season.

I wanted to use this bulletin article to talk about getting ready for Lent. What are we going to do for Lent? This bulletin should include an insert, our Lent Calendar. It provides a schedule of all the different things we will be doing in the parishes this Lent (hang on to that!). As parishes, we are doing quite a bit! But what are we doing as individuals for Lent?

Lent is often associated with some sort of sacrifice; we give up something for Lent in addition to abstaining from meat on Lenten Fridays. Something I have found to be very fruitful for me has been to give up something and also add something during Lent. What I usually add is something spiritual: maybe an extra devotion like a chaplet or a set of prayers. Some years I add in exercise to help motivate me to work out more. I find that in adding something specific I not only start doing the new thing, but I also forces me to do less of something else that is not helping me to grow spiritually. So for instance, if I am making myself do more prayers and/or exercise, I have less time to sit and watch TV or wasting time on the computer. This might be something for you to look at doing as well. Maybe your family could do something together.

When it comes to choosing something to do for Lent a good rule of thumb is, do not set yourself up for failure. Yes, we want to challenge ourselves a bit, but we do not want to make it so hard that we spend Lent beating ourselves up for not completing what we set out to do. Start out small (either give up something small or add something small). If it proves to be too easy, you can always add more on later.

Let us pray for each other that our Lent may be fruitful!  
Peace, Fr. Joe

**ASH WEDNESDAY SCHEDULE**

8:30 AM Mass at St. Cecilia's  
6:00 PM Mass at Mary Immaculate  
7:30 PM Service with Ashes at St. Cecilia's  
(With faith formation students)

**STATIONS OF THE CROSS** Every Friday of Lent (except March 29) at 6:00 PM at both parishes. See Lent Calendar for details!

**Each year during the month of March our local food shelf, NEIGHBORS HELPING NEIGHBORS,** conducts an annual food drive to restock and provide funds for items not provided by Second Harvest Food Bank. St. Cecilia's parishioners have consistently been generous via the donation bin located in the vestibule of church. Your neighbors are very appreciative! Lent is an especially good time for us to offer help to our neighbors struggling to put food on the table. In addition to money, NHN Food Shelf greatest need currently is for: peanut butter, jelly/jam, regular corn canned, small boxes of brown sugar and white sugar, canned pineapple and canned oranges. Thank you for sharing Christ's love through charity to our neighbors.

**Lenten Opportunity** - Adult Faith Formation There will be two opportunities to participate in a new series called **PRESENCE-The Mystery of the Eucharist**. Deacon Richard will offer a class on the Tuesday evenings immediately following Mass on March 12, 19, 26 and April 2nd.

Ann Johnston will offer the class on Wednesday's immediately following morning Mass on March 27, April 3, 10 & 17th. Learn or renew your knowledge and understanding about the powerful way God is present to us in the Eucharist!! Please register for EITHER of these classes by calling 218-208-2661. Please leave a message ....and which class you want to attend.

**Mary Immaculate's Divine Mercy Cenacle Schedule:** Always held on Fridays at 9am, March 8<sup>th</sup> lesson # 58; March 22<sup>nd</sup> lesson #59; April 5<sup>th</sup> lesson #60; & Good Friday April 19<sup>th</sup> lesson #61. New people always welcome!

**Attention High School Seniors:** Mary Immaculate's CCW is offering a scholarship to a graduating senior planning to further their education. Student must be a member of Mary Immaculate. Call Karen Tok at 245-3402 for an application.

**The annual diocesan women's conference** is March 23. It will feature keynote speaker Sonja Corbitt and a panel of women religious. We are offering a coach bus to the Women's Conference in Duluth. The bus will leave the Blessed Sacrament back parking lot at 6:15am, returning at approx. 7pm. The cost is \$15/person. To make reservations, call Jessica at Blessed Sacrament 262-5541 Jessica.koland@duluthcatholic.org.

**The annual Men of Faith conference** will be held March 9, 2019.

**Mary Immaculate** Many of you have noticed and appreciate the new windows installed in the social hall. The finance committee has determined we can now afford new windows in the body of the church also. (They are so needed!) We will soon be investigating the purchase of those windows. If there is anyone that would like to take part in searching for "just the right" product to purchase, with the right style, color, solemnity, and function, please contact any member of the finance committee for more information. The plan is to submit to Father Joe a few different ideas, but final approval will be with our Pastor. This is so exciting!

**Third Saturday Social** at St. Cecilia's will be hosted by the KC's on March 16th .

**Knights of Columbus Meeting** Wed. March 6, at 5:00 pm. Nice meal follows. Plan to attend and share your ideas.

**FORMED.org** Parish code is **KVR7DF**

### Readings for the week of March 3, 2019

**Sunday:** Sir 27:4-7/Ps 92:2-3, 13-14, 15-16 [cf. 2a]/1 Cor 15:54-58/Lk 6:39-45

**Monday:** Sir 17:20-24/Ps 32:1-2, 5, 6, 7 [11a]/Mk 10:17-27

**Tuesday:** Sir 35:1-12/Ps 50:5-6, 7-8, 14 and 23 [23b]/Mk 10:28-31

**Wednesday:** Jl 2:12-18/Ps 51:3-4, 5-6ab, 12-13, 14 and 17 [cf. 3a]/2 Cor 5:20-6:2/Mt 6:1-6, 16-18

**Thursday:** Dt 30:15-20/Ps 1:1-2, 3, 4 and 6 [40:5a]/Lk 9:22-25

**Friday:** Is 58:1-9a/Ps 51:3-4, 5-6ab, 18-19 [19b]/Mt 9:14-15

**Saturday:** Is 58:9b-14/Ps 86:1-2, 3-4, 5-6 [11ab]/Lk 5:27-32

**Next Sunday:** Dt 26:4-10/Ps 91:1-2, 10-11, 12-13, 14-15 [cf. 15b]/Rom 10:8-13/Lk 4:1-13

### Youth Minister's Letter

"If the prowler doesn't go, the mission is off."

One of the planes that regularly flew in military missions from Vietnam until 2015 was called the prowler. This aircraft jammed enemy signals so that other U.S. jets could fly unnoticed. Most aspiring pilots asked for fighter jets or other more visibly exciting planes. I recently heard in a story from a young Navy veteran who was begrudgingly assigned the prowler. During his training, he and his team were advised by a Vietnam veteran, "If the prowler doesn't go, the mission is off." This surprised the men in his unit, for they couldn't see exactly what the prowler did. Yet, this was the rule. The invisible capabilities of the prowler are what kept everyone alive. This former prowler pilot later became a religious education teacher. After preparing his first lesson, the person listening to him practice asked, "Have you prayed about this lesson?" The answer: "No." "Have you asked another person to pray for you?" The answer: "No." In this moment, the Navy vet realized he had forgotten the lesson he learned in the Navy: "If the prowler doesn't go, the mission is off." For us as Christians, if personal and intercessory prayer is not backing us, it would be better not to teach or serve in our ministries.

We're fighting against an invisible enemy, the devil and his army of demons. We must have prayer backing us. This applies to all areas of our lives. If you don't have anyone praying for you, think about someone you can ask to pray for you regularly. Jesus says, "Again, amen, I say to you, if two of you agree on earth about anything for which they are to pray, it shall be granted to them by my heavenly Father. For where two or three are gathered together in my name, there am I in the midst of them" (Matt. 18:19-20).

To join a group that prays for the youth, please text @scmicore to 81010 or call Christina at 885-6321. Thank you for your prayers!



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