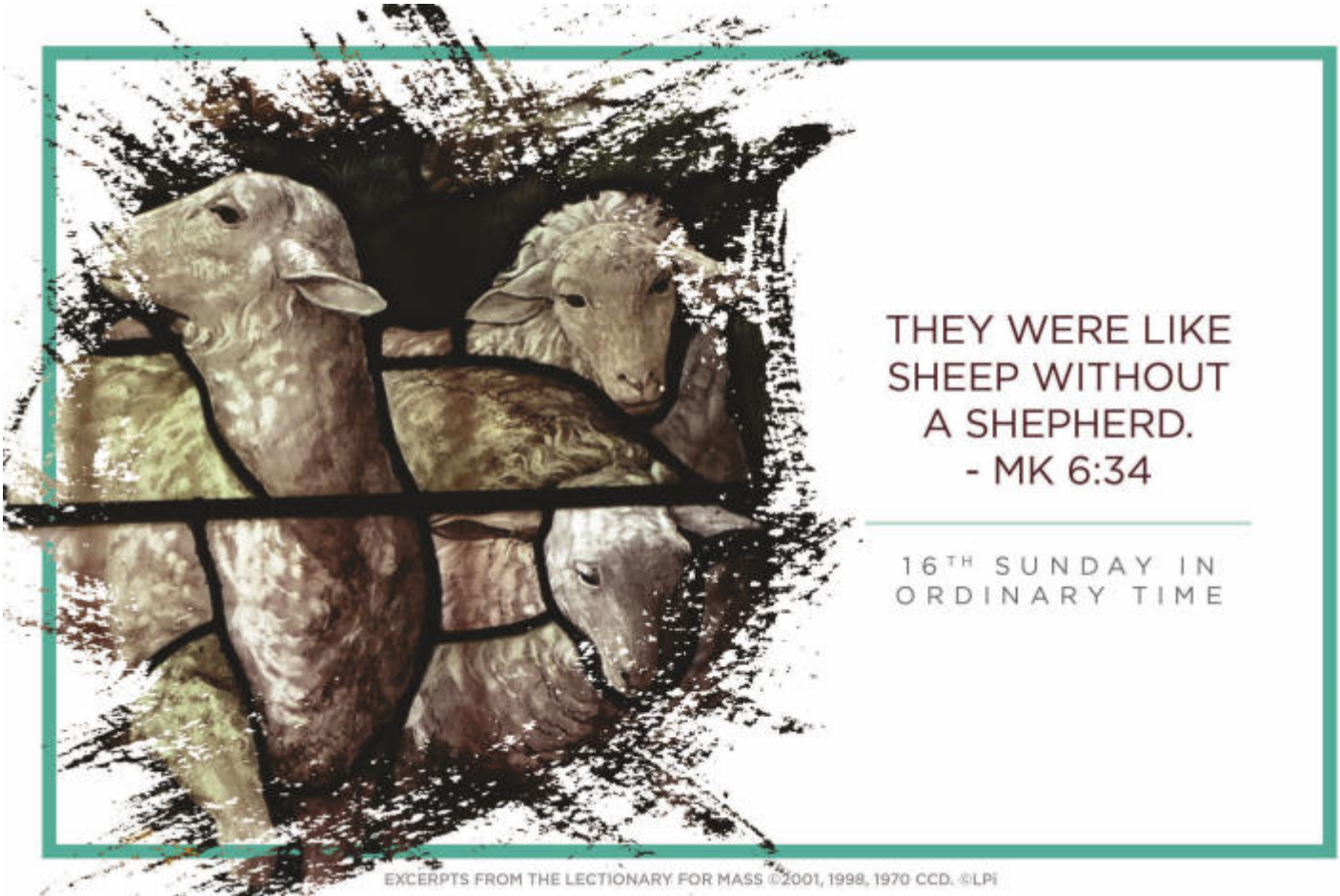




ST. HELENA ST. PATRICK *E*

WELCOME TO OUR PARISHES!



THEY WERE LIKE
SHEEP WITHOUT
A SHEPHERD.
- MK 6:34

16TH SUNDAY IN
ORDINARY TIME

EXCERPTS FROM THE LECTIONARY FOR MASS ©2001, 1998, 1970 CCD. ©LPI

JULY 18, 2021

CONTACT US |

St. Helena Catholic Church
421 2nd St N, PO Box 796
Ellendale, ND 58436
701-349-3297

St. Patrick Catholic Church
207 Monroe St N
Fullerton, ND 58441

Fr Patrick Parks
Cell Phone: 701-261-4816 or
Patrick.Parks@fargodiocese.org

LIVE THE LITURGY - Inspiration for the week.

We only have so much psychological and spiritual energy. We easily get tired. Responding to life's demands and people's needs can really zap us of all of our energy. Anger, frustration, exhaustion, discouragement, helplessness, and even apathy can run wild. We can find ourselves bitter and irritated by the fact that we have to do it all again. We need to rest, connect, and focus. Deserted places, free of unnecessary distractions and demands, are great places of refreshment and we all need them. Desiring to be alone for a bit and rest does not indicate selfishness. Rather, it radiates wisdom. God is the source of all we do and the satisfaction of every human heart. If we are going to use the gifts God gave us well, then we have to make sure our batteries are recharged and replenished. Jesus invites us to go to a desert place to rest and pray. Where is yours?

Thanks to all who could make it to the Installation Mass. God Bless!

AROUND OUR PARISHES



Mass Schedule

Saturday (vigil) 5pm, St. Helena

Sunday 8:30am (1st, 3rd, 5th Sundays)

10:30am (2nd, 4th Sundays)

Tue-Fri 8:00am

Confession Schedule

Saturday 3:30-4:30pm

Sunday Before 8:30 am mass (1st, 3rd, 5th Sundays)

Tuesday 7:00-8:00pm

Tues-Fri Before 8:00 am daily Mass | By appointment, call parish office



ST. PATRICK PARISH

Mass Schedule

Sunday 10:30am

(1st, 3rd, 5th Sundays)

8:30 am (2nd, 4th Sundays)

Thursday 9:00am

Confession Schedule

Sundays after 10:30 am Mass

By appointment - call parish office

Miracle #2 of 4 incredible Eucharistic Miracles that Defy Scientific Explanation .

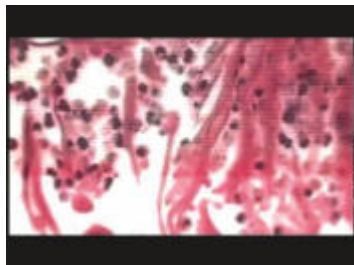
Buenos Aires, Argentina

On August 18, 1996, as Fr. Alejandro Pezet concluded Mass at the parish of Santa Maria y Caballito Almagro, a woman reported that a consecrated host had been desecrated on a candle holder in the back of the church. Unable to consume the Host, Fr. Pezet placed it in a dish of water and stored it in the tabernacle.

The following Monday, the priest opened the tabernacle and found the host appeared to be a bloody substance. The miracle was reported to Cardinal Jorge Bergoglio (the future Pope Francis), who led an investigation into the miracle after the bloody host was miraculously preserved for several years.

According to the magazine Mitujcie sie!, "On October 5, 1999, in the presence of the Cardinal's representatives, scientist Dr. Ricardo Castañón Gómez took a sample of the bloody fragment and sent it to New York for analysis."

One of these scientists was Dr. Frederic Zugiba, the well-known cardiologist and forensic pathologist.



He determined that the analyzed substance was real flesh and blood containing human DNA. Zugiba testified that "the analyzed material is a fragment of the heart muscle found in the wall of the left ventricle close to the valves. This muscle is responsible for the contraction of the heart. It should be borne in mind that the left cardiac ventricle pumps blood to all parts of the body. The heart muscle is in an inflammatory condition and contains a large number of white blood cells. This indicates that the heart was alive at the time the sample was taken. It is my contention that the heart was alive, since white blood cells die outside a living organism. They require a living organism to sustain them. Thus, their presence indicates that the heart was alive when the sample was taken. What is more, these white blood cells had penetrated the tissue, which further indicates that the heart had been under severe stress, as if the owner had been beaten severely about the chest.

A very good video on this miracle that Fr Parks recommends!!

Blood of Christ Part 1: The Eucharistic Miracle of Buenos Aires
<https://www.youtube.com/watch?LXw>

'The sample which you brought me - Professor Zugibe said to me - is the muscle of the heart, of the myocardium, it is precisely the left ventricle' and he confirmed that my patient had suffered a lot. Then I asked him: 'Doctor, why has my patient suffered a lot?' He answered me: 'Because your patient has some thrombi, at certain moments he could not breathe, oxygen did not reach him, he labored and suffered much because every aspiration was painful. Probably they gave him a blow at the level of the chest. Moreover the heart showed dynamic activity (alive) at the moment when you brought me the sample.' 'Why, I ask him?' 'Because we found some intact white blood cells and white blood cells are transported only by the blood and thus if white blood cells are here it is because at the moment in which you brought me the sample it was pulsating.' The professor then asked to whom this sample belonged and when we told him that it came from a consecrated Host he exclaimed: 'I do not believe it.' He was greatly moved.

PARISH EVENTS CALENDAR |

7/20—Adoration/Confession, 7-8pm, St. Helena's

7/21—Mass at Benedictine Living Community—Ellendale 10:00am

8/1—St. Helena Altar Society Meeting after Mass



Catechist Retreat: Friday, August 27, Maryvale, Valley City or Saturday, August 28, Lake Metigoshe Ministries, Bottineau

Come away for a day of retreat at Maryvale, Valley City or Lake Metigoshe Ministries, Bottineau, where Fr. Andrew Jasinski will direct a retreat with a series of talks reflecting on words, "Go to Joseph". These retreats are primarily for those involved in catechesis, however, all are welcome.

The day will begin at **9:00am** and end at **4:00pm**. Deadline to register for these retreats is Thursday, August 19. Please register on-line at www.fargodiocese.org/catechistretreat. Any questions please contact mary.hanbury@fargodiocese.org. 701-356-7909

Communion for the Sick and Homebound.

Each Wednesday and/or Thursday, Fr Parks would like to offer Holy Communion to any who are sick or homebound. Please call Fr Parks at the church office 701-349-3297 to let him know that you would like him to come to your home.

SACRAMENTS

Baptism

To schedule a baptism please contact the parish office.

Matrimony

Those preparing for marriage, please contact Fr. Parks at least six months prior to the wedding date.

Anointing of the Sick

This sacrament is available anytime. Talk with the priest before or after Mass, or call the parish office to make an appointment. Don't hesitate to call, especially if you are preparing for a medical procedure or surgery.

YOUTH UPDATES...



What a beautiful witness!

Olympic gymnast and 18-year-old Grace McCallum carries a big responsibility on her shoulders: representing the United States in the Olympics! The young gymnast, however, copes well under pressure, as she knows very well who she places her trust in. Grace is one of six women joining the U.S. gymnastics team for the Tokyo Olympics from July 23-Aug. 8, 2021. The young gymnast is taking her Catholic faith to the Tokyo Olympics. Born in Isanti, Minn. to parents Sandy and Ed, Grace was raised along with her five siblings: Rachael, Madelyn, Joseph, John and Xavier. The family is Catholic and active in their Minnesota parish. Sandy added that during a 2019 U.S competition, her family prayed for the intercession of St. Philomena, Grace's confirmation saint. Grace's sister, Rachael, even prayed a novena to the young saint. And on St. Philomena's feast day (Aug. 11), Grace won the bronze medal. "We said, 'use her as your intercessor and pray to her,'" Sandy said. "It was kind of cool that it just happened to land on that day." Sandy often travels with Grace and searches for nearby churches to pray and attend Mass, because "the only thing that keeps me sane is church—that's my mainstay...it helps me center myself so I can be there for Grace."

ST HELENA MINISTRY SCHEDULE

July 24/25	(5:00pm)	(10:30 am)
Usher	Volunteer	Pete Flynn, Jr
Collection		Bob Radtke
Lector	Volunteer	Darcy Seefeld
EMHC	Volunteer	Matt Thorpe
Gift Bearers	Volunteer	Rick Ulmer Family
Altar Servers	Drew T, Madeline T	Carly K, Anton C
St. Helena Breakfast Servers		
July 18	Sarah K, Carol F, Mary U	
Aug 1		

WEEKLY GIVING

Sunday	July 4th	July 11th
Adult	\$615.00	\$863.00
Children	\$1.60	\$4.00
Plate	\$136.00	\$71.00
Total	\$752.60	938.00

Thank you for your generosity!

ST. PATRICK MINISTRY SCHEDULE

Sunday July 25th	(8:30 am)
Lector	Chuck
Gift Carriers	Porter and Harper
Altar Servers	Madi
For the Month of July	
Breakfast Server	
Collection Counters	Steve and Denny
Church Cleaners	Christy and Layna
Altar Society Meeting	None

God's Gift Appeal 2021

Steadfast in Faith, Joyful in Hope

Report as of 7/9/2021

St. Helena's: \$9,147: 53% of goal, 38% participation

St. Patrick's: \$11,725: 211% of goal, 45% participation

Thank you for your support!

WEEKLY MASS INTENTIONS

Tue. July 20th

8:00 am †Ann Brokaw

Wed. July 21st

8:00 am (St. H) †Yikealo Breidenbach

10:00am (BLC—E) †Joseph G Gross

Thu. July 22nd

8:00 am (St. H) †Donald Asselin

9:00am (St. P) †Lucille Scherr

Fri. July 23rd

8:00 am †Sylvester & †Marie Radermacher

Sat. July 24th

5:00 pm †Anthony Buhl

Sun. July 25th

8:30 am (St. H) †Larry Welch Jr

10:30 am (St. P) For the Parishioners

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Please Pray

...for all who are sick, elderly or alone

Joanne Brokaw, Loretta Dingwall, Linda Siro, Cindy Kelly Heupel, Edna Scherman, Val Hunt, Carla Engelstad, Susan Lacina.

If you or someone you know would like to be added to, or removed from this list please call the parish office.



Participate in Weekly Mass or the Rosary on the radio
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 Sunday Mass 7am
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 Morning Prayers including Rosary 6am

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