Every person touched by our Parish communities is Welcomed, Valued & Enriched in Christ.



St. Anne & St. Patrick

CATHOLIC CHURCHES

Mailing: 112 W 3rd St Logan, IA 51546 Location: 104 W 3rd St. Logan email: stanne@iowatelecom.net

215 N., 7th St. Mo. Valley, IA 51555 email: stpatsch@loganet.net www.logancatholic.wordpress.com www.movalleycatholics.wordpress.com



Fr. Raphael Masabakhwa 712-644-2520

St. Anne Contacts

Deacon Dennis Lovell: 402-689-8940

Office: Annette Lorenzen 712-644-2520 Mafternoon & Fri. Faith Formation: Bill & Christa Uhing 402-641-4804

RCIA: Deacon Lovell

Knights of Columbus: Joe Esser 402-981-1295

Parish Pastoral Council Chair: Elaine Hansen 712-644-2808 Parish Finance Council Chair: Gerry Pinter 712-644-3477 Trustees: Kay Barry 712-648-2508; Joe Esser 402-981-1295

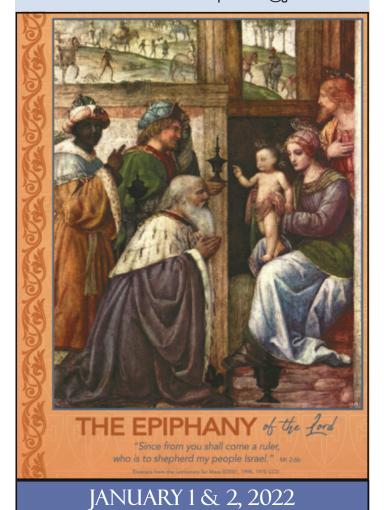
Parish Ministries contact: Deacon Lovell

Faith Sharing (Study) Group: Kathy Lovell 712-644-2092

Eucharistic Adoration-First Fridays: Kathy Lovell Music Ministry: Judy Dinkel 712-644-2628 Prayer Net: Sharon Buss 402-490-7185

OR stpatsprayernet@msn.co

Bulletin Editor: Carol Poole carolpoole258@gmail.com



St. Patrick Contacts

Deacon Mike Carney 712-310-2921

Office: Michele Wilson 712-642-2611 M, T, W afternoons Faith Formation: Carol Poole 402-490-3841~712-642-3155

RCIA: Deacon Carney

Knights of Columbus: Matt Kolb 712-645-2401

Parish Pastoral Council Chair: Pat Kocour 712-642-2974 Parish Finance Council Chair: Laura Meier 402-980-1278

Trustees: Steve Van Riper 402-889-0365 Patricia Kocour 712-642-2974

Cemetery: Mary Palmer Mon-Wed. 9-11 am 712-642-2611

Music Ministry: Lyle Waterhouse 402-203-4738

Prayer Net: Sharon Buss 402-490-7185

OR stpatsprayernet@msn.com

Bulletin Editor: Carol Poole carolpoole258@gmail.com

Mass Schedule:

St. Anne: Saturday 4:00 pm and Sunday 8:00 am Weekday Mass: Tuesday through Friday 8:00 am

St. Patrick: Saturday 5:30 pm and Sunday 9:30 am Weekday Mass: Tuesday through Friday 8:00 am

Hall Rental:

St. Anne Hall & St. Anne Basement

Please call 712-644-2520 for more information

St. Patrick Houdek Hall

& St. Patrick Library Lounge

Please call 712-642-2611 for more information

Fr. Raphael, the Deacons and the parishioners of St. Anne & St. Patrick churches welcome you to our parish. Please introduce yourself to Fr., Deacon or any parish member. We are happy you are here! If you are interested in making St. Anne or St. Patrick your home parish, please contact the appropriate parish office (see the numbers above) or simply ask someone here: they will be happy to help you contact Annette or Michele. It is a simple process to become a registered member. Again, welcome! We hope you return again soon. Be blessed!

Dear Friends: HAPPY NEW YEAR - 2022!

Here's what you have been waiting for. A fun introduction to a healthy 2022 Enjoy!!

HEALTH QUESTION & ANSWER SESSION

Q: I've heard that cardiovascular exercise can prolong life; is this true?

A: Your heart is only good for so many beats, and that's it... Don't waste your heartbeats on exercise. Everything wears out eventually. Speeding up your heart will not make you live longer; that's like saying you can extend the life of your car by driving it faster. Want to live longer? Take a nap.

Q: Should I cut down on meat and eat more fruits and vegetables?

A: You must grasp logistical efficiencies. What does a cow eat? Hay and corn. And what are these? Vegetables. So a steak is nothing more than an efficient mechanism of delivering vegetables to your system. Need grain? Eat chicken. Beef is also a good source of field grass (green leafy vegetable). And a pork chop can give you 100% of your recommended daily allowance of vegetable products.

Q: Should I reduce my alcohol intake?

A: No, not at all. Wine is made from fruit. Brandy is distilled wine - that means they take the water out of the fruity bit so you get even more of the goodness that way. Beer is also made out of grain. Bottoms up!

Q: How can I calculate my body/fat ratio?

A: Well, if you have a body and you have fat, your ratio is one to one. If you have two bodies, your ratio is two to one, etc.

Q: What are some of the advantages of participating in a regular exercise program?

A: Can't think of a single one, sorry. My philosophy is: No Pain...Good!

Q: Aren't fried foods bad for you?

A: You're not listening.... Foods are fried these days in vegetable oil. In fact, they're permeated in it. How could getting more vegetables be bad for you?

Q: Will sit-ups help prevent me from getting a little soft around the middle?

A: Definitely not! When you exercise a muscle, it gets bigger. You should only be doing sit-ups if you want a bigger stomach.

Q: Is chocolate bad for me?

A: Are you crazy? HELLO! Cocoa beans! Another vegetable. It's the best feel-good food around!!

Q: Is swimming good for your figure?

A: If swimming is good for your figure, explain whales to me.

Q: Is getting in-shape important for my lifestyle?

A: Hey! 'Round' IS a shape!!

Well, I hope this has cleared up any misconceptions you may have had about food and diets. If not, then you'd be crazy to try these ideas!!

- 1. "Lord, to those who hunger, give bread. And to those who have bread, give them hunger for justice."
- 2. "When you receive the Body of Christ you receive your brothers and sisters: can you stomach them?"
- 3. "Success is not measured by the position one has reached in life, but rather by the obstacles one has overcome while trying to succeed."



Saturday, January 1:

4:00 pm Mass St. Anne: John Lorenzen 5:30 pm Mass St. Patrick: Norma Otterpohl

Sunday, January 2: The Epiphany of the Lord

8:00 am Mass St. Anne: Ezekiel Lorenzen 9:30 am Mass St. Patrick: Samuel Wilson

Tuesday, January 4: † St. Elizabeth Ann Seton †

8:00 am Mass St. Patrick: Joanne Corrin

9:00 am Mass St. Anne: Orville & Kathleen Leinen

6:30-7:30 pm Holy Hour at St. Anne

Wednesday, January 5: † John Neumann †

8:00 am Mass St. Patrick: Elizabeth Rodewald

9:00 am Mass St. Anne: Leonard & Magdalan Erlbacher

6:30 pm - 8:00pm St. Anne Faith Formation Classes

Thursday, January 6: † St. Andre Bessette †

8:00 am Mass St. Patrick: Clem & Sedona Honz

9:00 am Mass St. Anne: Carman Schemmer

6:30-7:30 pm Holy Hour at St. Patrick

Friday, January 7: † St. Raymond of Penyafort †

8:00 am Mass St. Patrick: Helen Herman

9:00 am Mass St. Anne: Leonard & Kathleen Leinen

Saturday, January 8:

2:00 pm - 3:00 pm Reconciliation at St. Anne

4:00 pm Mass St. Anne: All Parishioners

5:30 pm Mass St. Patrick: Rita Reisz

Sunday, January 9: The Baptism of the Lord

8:00 am Mass St. Anne: Caroline Esser

9:30 am Mass St. Patrick: Reece Bloom, Bennett Alvis,

& John Paul Anderson

Readings for the Week of January 2, 2022

Sunday: Isaiah 60:1-6 • Ps 72:1-2, 7-8, 10-13 • Ephesians 3:2-3, 5-6 • Matthew 2:1-12

Monday - 1 John 3:22—4:6; Ps 2:7-8, 10-12; Matthew 4:12-17, 23-25

Tuesday - 1 John 4:7-10; Ps 72:1-4, 7-8; Mark 6:34-44

Wednesday - 1 John 4:11-18; Ps 72:1-2, 10, 12-13; Mark 6:45-52

Thursday - 1 John 4:19—5:4; Ps 72:1-2, 14-15, 17; Luke 4:14-22

Friday - 1 John 5:5-13; Ps 147:12-15, 19-20; Luke 5:12-16 *Saturday -* 1 John 5:14-21; Ps 149:1-6, 9; John 3:22-30



Sunday:
Isaiah 42:1-4, 6-7
Ps 29:1-4, 9-10
RT Acts 10:34-38
Luke 3:15-16, 21-22

ST. ANNE MINISTRY



Sat. January 8 4:00 pm Mass

Hospitality: Mike & Lori P.

<u>Lector:</u> Mike P. <u>Server</u>: Blaize K.

Sunday, January 9

8:00 am Mass

Hospitality: Roger S. Lector: Donna B. Servers: Eli E. & Joe S.

Tithe Counters: Christa U. & Sarah E.

Pope Francis' January Intention

For True Human Fraternity

We pray for all those suffering from religious discrimination and persecution; may their own rights and dignity be recognized, which originate from being brothers and sisters in the human family.



ST. PATRICK MINISTRY

Sat., January 8 5:30 pm Mass

Hospitality: Mac & Priscilla McGrath

<u>Servers</u>: volunteer <u>Lector</u>: Renee Carney

Offertory Gifts: Mac & Priscilla McGrath

Sunday, January 9

9:30 am Mass

Hospitality: Michele Wilson & volunteer

Servers: volunteer

<u>Lector:</u> Deborah Waterhouse <u>Offertory gifts:</u> Michele Wilson

<u>Tithe Counters:</u> Betty Ringstad & John Meier



st.elizabeth ann seton

Please pray for:

Whitney Rowell,
Nedra Fliehe,
Cathy Gilmore,
Bill Reisz
Wayne Roberts family,
Sophia Pendland,
Yoanna Lopez,
Michael Ringstad,
Kevin Stroeher,
John Lorenzen,
Mike Godden,
Tony Boyce,
Cynthia Lopez,

Julie Wegner, Linda Mueller, and Lori Dickman-Colberg

After 30 days on the Prayer List, names will be removed. If you would like to renew them please call or email the parish offices or the bulletin editor.

SHARING OUR BLESSINGS

Thank you to everyone who supports our parishes with their time, talents and financial support! May God continue to bless you for your generosity and kindness. Please pray for the financial health of our parishes and that all members will generously share the many blessings that God has given them with our parishes.

SACRAMENT OF RECONCILIATION

First Saturdays: 2 to 3 pm at St. Patrick Second Saturdays: 2 to 3 pm at St. Anne Or anytime by appointment.

SACRAMENT OF THE SICK (ANOINTING)

Anointing is available upon request for serious illness, before surgery & in emergency any time.

SACRAMENT OF BAPTISM

SACRAMENT OF MATRIMONY

To have your child baptized, you must be a registered parishioner in good standing for at least 3 months. Baptismal requests must be made at least one month before the desired date. A baptismal class is required for first time Please call the office to parents.

To be married at the parish, you or your intended spouse or your parents must be a registered parishioner in good standing for at least six months before a date can be requested, with a minimum of six months for marriage preparation. The couple needs to talk with a priest or deacon six months before the anticipated wedding date.

If a prior marriage is involved; one year notice is necessary.

PASTORAL VISITATIONS

Please call the parish office when a parishioner is admitted to any of the area hospitals/care centers, and desires Holy Communion or a visit. If a homebound parishioner would like a pastoral visit, or to receive the Eucharist, call the parish office.

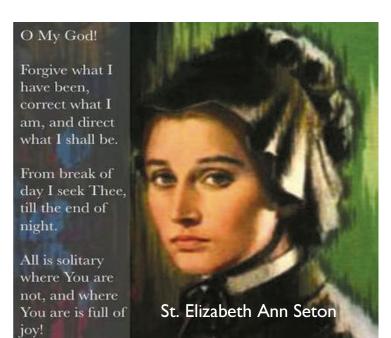
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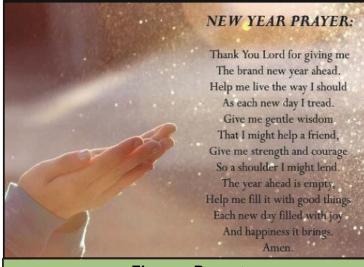
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agree to respect and abide by the policies of the Catholic Church as outlined by the Diocese of Des Moines, and will not use in a way contrary to or in conflict with the teachings of the Roman Catholic Church.

Before I formed you in the womb, I knew you, before you were born I set you apart. Jeremiah 1:5



Saturday, February 12, 2022: Spirit Catholic Radio invites you to our 17th annual Spirit Celebration Dinner, where we will enjoy a meal together and honor keynote speaker and Spirit Award Recipient, **Steve Ray**. Steve has hosted many pilgrimages for Spirit Catholic Radio and is a frequent guest on_Spirit Mornings and EWTN Radio. Social hour begins at 6 p.m. with the dinner and program beginning at 7 p.m. Only \$50 per seat. Please make your reservation at spiritcatholicradio.com/ dinner by February 5, 2022.



Finance Report

ST. ANNE:

Tithe: \$1,561.25 Plate: \$96.00 Bldg Fund: \$5.00 Kids Coins \$3.60 Religious Retirement \$492.00 (total)

Emmanuel cash \$70.00

Please remember St. Anne Parish, Logan, in your will.

ST. PATRICK:

12/19 Tithe: \$10,140.00 Plate: \$174.00 Kids Coins: \$16.30

2021 ADA goal: \$31,629.00 pledged/gifts 65/\$26,140.00 Please remember St. Patrick Parish, Missouri Valley, in your will



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