



NODAWAY COUNTY SENIOR CENTER

2022

MARCH / APRIL

WELCOME!



Nodaway County Senior Center
1210 E. First Street
Maryville, MO 64468



(660) 562-3999



<https://www.nodawayseniors.com>



www.facebook.com/nodawayseniorcenter



OUR MISSION

Providing quality services and programs to enable our older adults to maintain their independence.

EMERGENCY CLOSINGS

Weather or Emergency closings will be announced on:

KQTV Channel 2 and FOX 4 KC

KNIM radio- 97.1 FM, KAAN radio-95.5 FM, KXCV radio- 90.5 FM, and

KMA radio – 99.1FM/960AM

Nodaway County Senior Center Facebook page

If you would like to receive a phone call or text message, contact Amie to set that up.



NCSC STAFF

Amie Firavich, Administrator
Cassie Partridge, Nutrition Supervisor
Cathy Farmer, Nutrition Assistant
Tabitha Ploof, Nutrition Assistant
Joe Meyer, Custodian

NWMSU STUDENTS

Jules White, Office Assistant

NCSC Board Members

Carolyn Franks, President
Joe Baumli, Vice President
Linda Girard, Secretary
Connie McGinness, Treasurer
Ray Courter, Member
Teresa Hayes, Member
Jim Hazen, Member
Susan Hull, Member
Steve Mullins, Member

Thought For The Day:

The seven ages of man:
Spills, Drills, Thrills, Bills,
Ills, Bills & Wills
- Lavelle Rickabaugh

Monthly Dessert Raffle

We ask for donations of a homemade dessert to be raffled. **We need desserts donated.** If you would like to donate a dessert, please contact 660-562-3999.

The drawing is on the third Friday of the month. Tickets are \$1.00 ea. You do not have to be present to win.

2 pans of Pumpkin Bars were donated in January by Andrea Morrow. The winners of the drawings were Delores Collins & Rich Wilmes
The pumpkin bars brought in \$55 in donations!

A Cherry Crisp was donated in February by Carolyn Franks. The winner of the drawing was Roland Hayden.
The crisp brought in \$65 in donations!



Your donation is a wonderful way to honor their life.

Thank you to the family of Trudy Wolbert for choosing the Nodaway County Senior Center for memorial gifts.

We appreciate the family of Trudy Ogelsby Reynolds for designating the Nodaway County Senior Center for memorials in her name.

Pitch Stats

1/20/22

1st: Bernard Riley- 208
 2nd: Sharon Riley - 187
 Low: Joyce Blankenship - 97

2/17/22

1st: Larry Dawson - 234
 2nd: Jim Schimming - 212
 Low: Joseph Ballinger - 106



10 Point Pitch

Monday 1:00 pm. Draw for partners. \$1.00
 3rd Thursday 6:00 p.m. - Tournament
 \$2.00 Draw for partners

Pinochle Tournament

Friday 12:30 pm. Draw for partners. \$1.00

Hand & Foot Card Game

Monday Night 6:00 pm.
 \$1.00 Draw for partners.
 Wednesday 12:30 pm (Must have partners)
 Thursday Morning 9:00 am (ish)
 \$1.00 Fill in at open table

Pinochle Stats

| | 1st | 2nd | Low |
|---------|---------------------|-----------------|------------------|
| 1/7/22 | Melvin Ashford | Karen Farrens | Connie McGinness |
| 1/14/22 | Melvin Ashford Tied | Delores Collins | Paul Stiens |
| 1/22/22 | Delores Collins | Deloris Proffit | Louise Sticken |
| 1/28/22 | Karen Farrens | Jane Schieber | Delores Collins |
| 2/4/22 | Karen Farrens | Clay James | Butch Schieber |
| 2/11/22 | Karen Farrens | Louise Sticken | Margaret Stiens |
| 2/18/22 | Butch Schieber | Deloris Proffit | Delores Collins |
| 2/25/22 | Melvin Ashford | Jane Schieber | Butch Schieber |

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| <div style="display: flex; justify-content: space-between; align-items: center;"> <div style="text-align: center;"> <h2 style="margin: 0;">NODAWAY COUNTY SENIOR CENTER</h2> <h3 style="margin: 0;">MENU & ACTIVITIES</h3> <h1 style="margin: 0;">MARCH 2022</h1> </div> <div style="text-align: right; font-size: small;"> <p>HOURS: M-F 7AM-4PM Serving Hours: 11:30AM - 12:30PM 60 and above = \$5.00 Under 60 = \$7.00 660-562-3999</p> </div> </div> | | | | |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Monday | Tuesday | Wednesday | Thursday | Friday |
| <p>Join us on Thursday March 17th to celebrate Saint Patrick's Day!</p> | <p>1 TAI CHI 5-6 PM</p> <p>SAUSAGE EGG CHEESE BISCUIT OR CHICKEN NUGGETS TRI TATER GARLIC BUTTER CAULIFLOWER FRUITED JELLO</p> | <p>2</p> <p>FISH STICKS OR HOT HAM & CHEESE BAKED BEANS COLESLAW HUSHPUPPIES BROWNIE</p> | <p>3 CARDS-HAND & FOOT 9:00 AM 10 PT PITCH 12:30 PM</p> <p>SPAGHETTI OR BROCCOLI CHEESE SOUP LETTUCE SALAD GARLIC STICK CHOCOLATE CHIP BAR</p> | <p>4 PINOCHLE TOURNAMENT \$1.00 12:30 PM</p> <p>CATFISH NUGGETS OR CHICKEN & STUFFING FRENCH FRIES TOMATOES & ZUCCHINI SPICED PEACHES</p> |
| <p>7 10 PT PITCH 1:00 PM CARDS-HAND & FOOT 6:00 PM</p> <p>SWEET & SOUR CHICKEN OR TATER TOT CASSEROLE JAPANESE VEGETABLES RICE EGG ROLL PINEAPPLE</p> | <p>8 TAI CHI 5-6 PM</p> <p>CHEESEBURGER SOUP OR CHICKEN/CHEESE QUESADILLA BROCCOLI CORN OATMEAL CAKE</p> | <p>9 MUSIC WITH LINDA & FUZZ 11:00AM</p> <p>CHICKEN FRIED STEAK OR SWISS STEAK MASHED POTATOES/GRAVY GREEN BEANS DINNER ROLL APRICOTS</p> | <p>10 CARDS-HAND & FOOT 9:00 AM</p> <p>TACO SALAD OR CHICKEN WRAP CORN REFRIED BEANS COOKIE</p> | <p>11 PINOCHLE TOURNAMENT \$1.00 12:30 PM</p> <p>BREADED FISH OR TURKEY & NOODLES FRENCH FRIES WAX BEANS ASSORTED CAKE</p> |
| <p>14 10 PT PITCH 1:00 PM CARDS-HAND & FOOT 6:30 PM</p> <p>MUSHROOM SWISS BURGER OR POTATO & BACON SOUP LIMA BEANS WINTER BLEND PEARS</p> | <p>15 TAI CHI 5-6 PM</p> <p>HAM OR GRILLED CHICKEN SWEET POTATOES BRUSSEL SPROUTS TROPICAL FRUIT</p> | <p>16 NCSC BOARD MEETING 10 AM BIRTHDAY CELEBRATION DAY</p> <p>OVEN FRIED CHICKEN OR CHICKEN PATTY MASHED POTATOES w/ GRAVY GREEN BEANS DINNER ROLL CAKE/ ICE CREAM</p> | <p>17 CARDS-HAND & FOOT 9:00 AM PITCH TOURNAMENT 6:00 PM</p> <p>CORNED BEEF OR HAM & LENTIL SOUP COOKED CABBAGE GLAZED BABY CARROTS PISTACHIO DESSERT</p> | <p>18 PINOCHLE TOURNAMENT \$1.00 12:30 PM</p> <p>TUNA CASSEROLE OR PORK BURGER BUTTERED PEAS PICKLED BEETS FRESH ORANGE</p> |
| <p>21 10 PT PITCH 1:00 PM CARDS-HAND & FOOT 6:30 PM</p> <p>RIBLETTE OR TURKEY POT PIE SCALLOPED POTATOES CAULIFLOWER W/CHEESE PEACHES</p> | <p>22 TAI CHI 5-6 PM</p> <p>POTATO BAR OR CHILI BROCCOLI W/CHEESE ROSEY PEARS</p> | <p>23</p> <p>HAM & BEANS OR CHEESEBURGER COLESLAW CARROTS CORNBREAD PUDDING PARFAIT</p> | <p>24 CARDS-HAND & FOOT 9:00 AM</p> <p>GOULASH OR CHICKEN LIVERS & GIZZARDS LETTUCE SALAD GARLIC STICK APPLE DUMP CAKE</p> | <p>25 PINOCHLE TOURNAMENT \$1.00 12:30 PM</p> <p>SALMON PATTY HAM & CHEESE POTATOES SEASONED POTATOES SPINACH JELLO FLUFF</p> |
| <p>28 10 PT PITCH 1:00 PM CARDS-HAND & FOOT 6:30 PM</p> <p>CHICKEN STRIPS OR CHILI DOG TATER TOTS CARRIBEAN BLEND MANDARIN ORANGES</p> | <p>29 TAI CHI 5-6 PM</p> <p>CHICKEN & NOODLES OR HAM BALLS MASHED POTATOES/GRAVY BRUSSEL SPROUTS DINNER ROLL ASSORTED DESSERTS</p> | <p>30</p> <p>BISCUIT & GRAVY OR SAUSAGE EGG CASSEROLE HASHBROWN CASSEROLE ZUCCHINI SPICE CAKE</p> | <p>31 CARDS-HAND & FOOT 9:00 AM</p> <p>CHILI OR CHICKEN SALAD SANDWICH LETTUCE SALAD CINNAMON ROLL</p> | <div style="background-color: #90EE90; padding: 10px; border-radius: 10px;"> <p>JANUARY PRODUCT OF THE MONTH WINNER: FRANK GOODIN</p> </div> |

= TOTAL MEAL HAS OVER 1 GRAM OF SODIUM MENU SUBJECT TO CHANGE WITHOUT NOTICE DUE TO AVAILABILITY OF PRODUCT

Please understand due to current food shortages from our suppliers our menu choices might change unexpectedly. We strive to give to you the best options available.

BRAGGING SPOTLIGHT

Jordan Garr, grandson of Dick Logan. Jordan is 23 and attends Missouri Western. He was born deaf and received a Cochlear Implant to help him hear. He finished 4th in the Nation for Shot Put. The meet was held at Pittsburg State University last month. He was also named 1st Team All-American! Jordan will graduate this spring with a BS in Exercise Science and will continue working on his Masters in Teaching. He wants to be a High School Coach.



CONGRATULATIONS JORDAN!



Have someone or something to brag about. Let us know.

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| Monday | Tuesday | Wednesday | Thursday | Friday |
|  MENU & ACTIVITIES APRIL 2022 | | | | |
| APRIL PRODUCT OF THE MONTH: FREEZER STORAGE BAGS  | | | FEBRUARY PRODUCT OF THE MONTH WINNER: LINDA HAYDEN | |
| THE SENIOR CENTER WISHES YOU A LOVELY GOOD FRIDAY AND EASTER SUNDAY! WE WILL BE CLOSED ON FRIDAY APRIL 15TH AND MONDAY APRIL 18TH FOR THE HOLIDAY HAPPY EASTER! | | | | |
|  | | | | |
| LEMON BUTTER FISH OR CHICKEN & NOODLES BABY BAKERS GREEN BEANS BANANA | | | | |
| 4 10 PT PITCH 1:00 PM CARDS-HAND & FOOT 6:30 PM PORK FRITTER OR CHICKEN /BROCCOLI CASS POTATO WEDGES CAULIFLOWER W/CHEESE TROPICAL FRUIT | 5 TAI CHI 5-6 PM SLOPPY JOE OR GRILLED CHICKEN PATTY SUCCOTASH WAX BEANS ASSORTED CAKE | 6 CHICKEN STRIPS OR TUNA MELT KIDNEY BEAN SALAD COLESLAW JELLO W/ WHIPPED CREAM | 7 CARDS-HAND & FOOT 9:00 AM 10 PT PITCH 1:00 PM TACO SALAD OR CHICKEN WRAP MEXI CORN BLACK BEANS COOKIE | 8 PINOCHLE TOURNAMENT \$1.00 12:30 PM BREADED FISH OR GOULASH POTATO WEDGES SEASONED ZUCCHINI FRESH APPLE |
| 11 10 PT PITCH 1:00 PM CARDS-HAND & FOOT 6:30 PM CHICKEN FRIED STEAK OR RIBLETTE MASHED POTATOES/GRAVY CAPE COD VEGETABLES APPLESAUCE | 12 TAI CHI 5-6 PM POTATO BAR OR CHILI BROCCOLI MANDARIN ORANGES | 13 MUSIC WITH LINDA & FUZZ 11:00 AM ENCHILADA CASSEROLE OR BREADED CHICKEN SANDWICH LETTUCE SALAD GARLIC STICK BREAD PUDDING | 14 CARDS-HAND & FOOT 9:00 AM HAM OR CHICKEN SPAGHETTI MASHED POTATOES/GRAVY GREEN BEANS DINNER ROLL PUMPKIN ROLL | 15 CLOSED  |
| 18 CARDS-HAND & FOOT 6:30 PM CLOSED EASTER MONDAY  | 19 TAI CHI 5-6 PM CHEESEBURGER OR CHICKEN LIVERS & GIZZARDS TATOR TOTS CAPRI MIX PEACHES | 20 NCSB BOARD MEETING 10 AM BIRTHDAY CELEBRATION DAY  OVEN FRIED CHICKEN OR CHICKEN PATTY MASHED POTATOES/GRAVY GREEN BEANS DINNER ROLL CAKE & ICE CREAM | 21 CARDS-HAND & FOOT 9:00 AM 10 PT PITCH TOURNAMENT 6:00 PM VEGETABLE BEEF SOUP OR PIZZA LETTUCE SALAD GARLIC STICK LIME PEARS | 22 PINOCHLE TOURNAMENT \$1.00 12:30 PM BISCUIT & GRAVY OR BREAKFAST BURRITO SEASONED DICED POTATOES SQUASH CINNAMON ROLL |
| 25 10 PT PITCH 1:00 PM CARDS-HAND & FOOT 6:30 PM CHICKEN POT PIE OR HOT DOG & KRAUT BROCCOLI W/CHEESE BUTTERED BEETS APRICOTS | 26 TAI CHI 5-6 PM BEEF STROGANOFF OR VEGETABLE BEEF SOUP BRUSSEL SPROUTS CORN CASSEROLE MANDARIN ORANGE SALAD | 27 OCCUPATIONAL THERAPY AND PARKINSON'S AWARENESS BY TIFFANY CARE CENTERS 11:30 AM - 12:30 PM TATER TOT CASSEROLE OR HAM & LENTIL SOUP LETTUCE SALAD GARLIC STICK CINNAMON APPLESAUCE | 28 CARDS-HAND & FOOT 9:00 AM SEASONED CHICKEN BREAST OR SLOPPY JOE AUGRATIN POTATOES WAX BEANS ASSORTED DESSERTS | 29 PINOCHLE TOURNAMENT \$1.00 12:30 PM MEATLOAF OR BEEF & NOODLES MASHED POTATOES/GRAVY CAULIFLOWER APPLE DUMP CAKE |

BIG GAME SQUARES WINNERS



February 13, 2022
L.A. Rams vs Cincinnati Bengals

| | <u>Rams</u> | <u>Bengals</u> | <u>Winner:</u> |
|----------|-------------|----------------|----------------|
| 1st Qtr: | 7 | 3 | Macy Karl |
| 2nd Qtr: | 13 | 10 | Mary Henggeler |
| 3rd Qtr: | 16 | 20 | Mary Henggeler |
| 4th Qtr: | 23 | 20 | Lora Cox |



FUN FACT

Volunteers donated in:
January: 278 hours
or \$3,094.38
February: 242 hours
or \$2,692.97
Yearly Total: 520
or \$5,787.35!



Birthday Winners:

| <u>January</u> | <u>February</u> |
|----------------|-----------------|
| Carolyn Richey | Roy Gibbs |
| Bob Barmann | Jan Corley |
| Gary Aley | |
| Bob Bohlken | |

Birthday Celebration is the 3rd Wednesday of every month. Come join us for lunch the month of your birthday and get your name into a drawing. Thank you to Maryville McDonalds and Maryville Hy-Vee for sponsoring our Birthday Day!



Tina M Deiter
Attorney At Law
Estate Planning/Elder Law • Family Law/Divorce
Criminal Defense • Traffic • Real Estate
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NODAWAY COUNTY SENIOR CENTER NEWSLETTER

Nodaway County Senior Center
1210 E. First Street
Maryville, MO 64468

Return Service Requested



**Come jam with us
every 2nd Wednesday
for Music with Linda
and Buzz!**

INCOME TAXES

**The following are places that are helping with income taxes, free of charge or donation.
Call to set up your appointment.**



Missouri Extension
660-582-8101

Location: 403 N. Market (Administration Building)
or
1210 E. First Street, Nodaway County Senior Center

Community Services
(must qualify by low income)
660-582-3113

Location: 1212B South Main, Maryville

Andrew County RSVP
816-324-5634

Location: Andrew County Senior Center, Savannah



PRODUCT OF THE MONTH

March: BBQ Sauce

April: Quart & Gallon
Freezer Bags



Each month we ask for donations of a different product. This helps keep our costs down.
Donate an item and get your name in the drawing for a prize.

Product of the Month Donations:

January - Paper Towels: 38 rolls, Savings of: \$25.14
February - Facial Tissue: 10 boxes, savings of: \$10.54

Yearly Savings: \$35.68