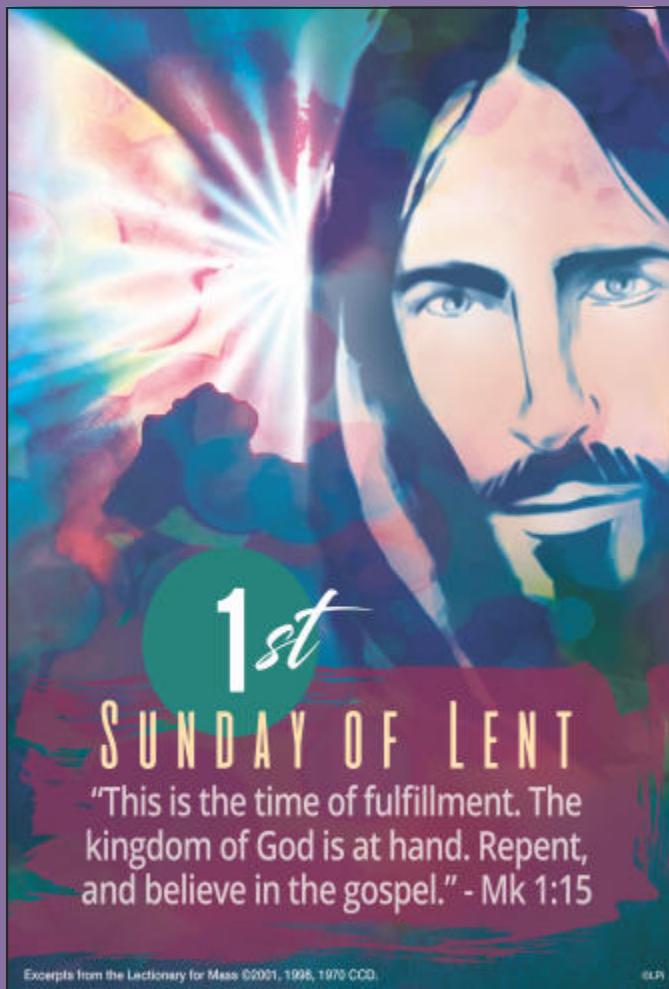




SAINT CATHERINE OF SIENA PARISH

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Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

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Rev. Anthony Medairos, Parochial Vicar
Rev. Thomas Sullivan, Parochial Vicar
Rev. Mr. Frank Tremblay, Deacon
Mrs. Doris Hallee, Pastoral Associate 781-769-5354 x273
Mrs. Leah Ramsdell
Director of Religious Education and Youth Faith Formation
781-769-5354 x233
Mr. Joseph Scolastico, Director of Music/Organist x126
Mrs. Stephanie Beatrice-Gonzalez
Children's Choir Director/Cantor
Mr. Bob Calarese, Parish Business Manager
Mrs. Diane Butts, Parish Bookkeeper
Mrs. Laura Hayes, Administrative Assistant
Mrs. Amy Campbell, Administrative Assistant

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Mrs. Anne Noah, Vice Principal
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Mrs. Linda Canniff, Director of Tuition and Financial Aid x275
Mr. John Farrell, Director of Facilities & Grounds x269

St. Vincent de Paul Society, 781-414-2744

PARISH SCHEDULE

Sunday Masses: Saturday: 4 p.m.
Sunday: 7 a.m., 9 a.m. and 11 a.m.

Weekday Masses: Monday-Friday: 6:45 a.m.
Saturday: 7 a.m.

Holy Days: 4 p.m. Vigil day before the Holy Day. On the Holy Day, 6:45 a.m., 12:10 p.m. and 6:30 p.m.

Holiday Masses: 9 a.m. (8 a.m. if there is a town parade)

Rosary: Daily at 6:20 a.m.

Eucharistic Adoration: Thursdays 7:15 a.m. - 5 p.m.
First Friday/Saturday 6 p.m. - 6:25 a.m. in church

Sacrament of Reconciliation: Saturdays: 3-4 p.m. in chapel. Please enter through main church sacristy door and follow directions.

Sacrament of Baptism: 1 p.m. on the 2nd and 4th Sunday of each month. Parent Pre-Baptism class is held on the 1st Sunday of the month. Please call 781-769-5354 ext. 273.

Sacrament of Matrimony: Engaged couples must contact one of the parish priests at least 8 months prior to making other wedding plans.

Sacrament of the Sick: Please contact one of our parish priests.

Our Mission: St. Catherine of Siena Parish is a Roman Catholic community established in Norwood, MA in 1890. Responding to our baptismal call to holiness, we seek to live the teachings of Christ in the Roman Catholic tradition through worship, education, service and evangelization.

All are welcome in Christ! "...To those sanctified in Christ Jesus, called to be saints with all who are invoking the name of our Lord Jesus Christ in every place... Grace and peace to you from God our Father and from the Lord Jesus Christ. I give thanks to God continuously for you because of the grace of God that has been given to you in Christ Jesus. By that grace, in all things, you have become wealthy in him... He too will strengthen you, even until the end, without guilt..." Introduction of First Letter of Saint Paul to Corinthians

FEBRUARY 21, 2021

FIRST SUNDAY OF LENT

GOSPEL MEDITATION

St. Oscar Romero said, "Aspire not to have more, but to be more." These powerful words provide the perfect framework for a conversion oriented Lenten experience. God is giving us this Lenten sign to stop being concerned about what you have and focus on who you are. This requires that we create a desert space and listen more attentively for God to reveal His presence. It is all so wonderfully simple on the one hand and so incredibly challenging on the other. The message is simple: love God, neighbor, and self. Those simple words make great sense, but we struggle translating them into reality. Our attachments, compulsions, obsessions, addictions, routines, and busyness all anchor us to the "idol of the self," keeping us mired in our compulsive need for self-aggrandizement. It's not about us!

God vowed, long ago, to nurture, sustain and protect the relationship He has with His people. He called us into being, nurtures us in being, and sustains us in being. Without the Loving Divine Presence, all life would cease. Once we slow down a bit and clear away some of the clutter, we can see how the journey of our life is unfolding. We can see what brings us in and out of tune with God's love and how we can better imitate God's loving fidelity in our relationship with Him. In short, we will see our myopic short sightedness and figure out how we can better share the Divine Fire within with others. Lent isn't just about giving stuff up for forty days and indulging again at Easter. We need to push things much farther and wrestle with the question of how we can be more. "Being more" means becoming more fully alive and in touch with the holiness of life and the divinity that lives in and empowers all beings and things. It is realizing that the "quality" of our presence is crucial to being an effective witness and herald of God's unconditional love.

The illusion we have bought into causes us to believe that the wrong things and systems matter. We tirelessly fight to keep things the way they are, to return to the former ways of doing things or restore some nostalgic fantasy memory of "life in the good old days." Lent isn't about maintaining what we have or returning to something that is gone. It's about becoming something new. It's about being more focused, centered, convicted, and grounded so that we can be a person who truly loves and treasures being made in the image of God. The secret to Gospel living is not found in accumulating anything for ourselves, even merit points for heaven. Gospel living means learning how to live with less so that others can live with more. The thought of permanently giving something up makes us feel uncomfortable. Truth often does.

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Please honor all safety protocols while in church:

- Masks are required.*
- Please do not remove safety rope marking off pews.
- Maintain social distance of at least six feet between members of different households.
- Approach the Holy Communion stations in a **SINGLE FILE** line using the arrows on the floor as guides.
- If you are feeling ill or are experiencing any flu-like symptoms, please do not come to church. (See below)

* Children two and under are exempt. For children ages 3-5, masks are at the discretion of the parents.

If you have any of the following symptoms, *no matter how mild*, please do not come to church:

- Fever
- Sore throat
- Cough
- Difficulty breathing
- Muscle aches
- Nausea/diarrhea
- Loss of taste or smell
- Congestion not related to allergies

Please also stay home if any of the following apply:

- You have been in close contact with someone with COVID-19.
- You have been told by a doctor you need a COVID-19 test.
- You have been tested for COVID-19, but you have not received your results.
- You have travelled outside of Massachusetts within the past 14 days and are subject to the state's travel order (see Mass.gov for details).

PARISH OFFICE AND MASS CARDS

The Parish Office remains closed to outside visitors, but our staff members are working regular hours and are happy to assist you either over the phone or via email. If you need a Mass card or want to schedule a Mass intention, please call 781-762-6080 (ext.110 if the recording picks up) or email parish@stcatherinenorwood.org. Mass cards will be prepared for you and left in the black file box outside the front door of the rectory. Cards are usually available for pick up same day during the week. We apologize for the inconvenience, but cards are not available for in-person purchase.

Meetings with the priests are by appointment only. Please call 781-762-6080 ext. 112 for Fr. Donohoe, ext. 115 for Fr. Medairos or ext. 127 for Fr. Sullivan.

Mass Intentions

Saturday, February 20

- 7 a.m. James G. Jacobs (1st Anniversary)
4 p.m. Brittan Bardol (4th Anniversary)

Sunday, February 21

- 7 a.m. Pro Populo
9 a.m. Frank and Matt Foley
11 a.m. J. Michael Sousa (3rd Anniversary)
Monday, February 22
6:45 a.m. Barbara Bilotta (Birthday Remembrance)
Tuesday, February 23
6:45 a.m. The Kennedy Family, Living and Deceased
Wednesday, February 24
6:45 a.m. Brendan Burke and Melanie Stier
Thursday, February 25
6:45 a.m. Kathryn Mitchell (Birthday Remembrance)
Friday, February 26
6:45 a.m. Margaret Garrity

We are now accepting Mass intentions through May 2021.
Please email parish@stcatherinenorwood.org or call 781-762-6080 ext. 110.

Week of February 21st

The Altar Bread and Wine are offered in memory of Charles M. Bart, Jr.

The Sanctuary Candles in the church and chapel are lit in memory of Charles M. Bart, Jr.



As we begin the Lenten season, we are reminded of the importance of our parish communities that allow us to fully live out our faith. The support of the ministries of the Archdiocese of Boston help our parish continue serving the faithful in this community. Consider making an early gift to this year's Catholic Appeal to help ensure these ministries can continue helping our parish and school, and all parishes, schools and communities throughout our Archdiocese of Boston. Visit bostoncatholicappeal.org to learn more or make a donation. To give now, scan the QR code.

GIVING

Thank you to everyone who has continued to support our parish during this difficult time. We are grateful for your generosity.

At this time, we are not going to be passing the offertory basket at Mass. Baskets are placed at the exits at the end of Mass, and you are welcome to leave your donation in one of them. Other options include:

1. Online Giving -- For those who are able, online giving is a great way to regularly support our parish whether you are able to attend Mass or not. Just visit our website at: www.stcatherinenorwood.org and click on Online Giving or scan the code shown here to get started.
2. If online giving is not an option for you, you can mail your envelopes or drop them off at the rectory using the mail slot in the front door. For security reasons, we ask you to not leave envelopes in the external mailbox. Thank you!



STATIONS OF THE CROSS

Stations of the Cross will be held each Friday in Lent at 3:30 (**please note the change in time**). Attendees are asked to remain in their pews as Deacon John Croghan leads the prayers. Stations can also be heard remotely through livestream and those who tune in are invited to pray while gazing at the cross in the sanctuary or follow along with the photos of our stations that will be available as a slide show on our website.

A Note from Joe Scolastico, Music Director

At this time of the year, we begin our Lenten journey to the glory of Easter. This year, there will be something new musically, something from the rich musical heritage of the Church, a small piece of Gregorian Chant. As Sing to the Lord, the United States Conference of Catholic Bishops most recent directive on Liturgical Music, says, "Gregorian chant is uniquely the Church's own music. Chant is a living connection with our forebears in the faith, the traditional music of the Roman rite, a sign of communion with the universal Church, a bond of unity across cultures, a means for diverse communities to participate together in song, and a summons to contemplative participation in the Liturgy."

Parce Domine is a short, penitential chant. The text is very simple: "Parce Domine, parce populo tuo: ne in aeternum irascaris nobis." That translates to: "O Lord, spare thy people, and be not angry with us forever." It is a reference to Joel 2:17, where there is a call for repentance. It is most often sung just simply on its own. Sometimes a few verses are added. There is a setting we will be using for the Communion Antiphon which uses verses from Psalm 51 ("Have mercy on me O God in your goodness..."), one of the three penitential psalms. Although we have been asked to not sing due to the possibility of COVID transmission due to aerosols produced during singing, we can listen and meditate on these words so central to Lent.

Cardinal Seán's dispensation from the Sunday Mass obligation will continue for the foreseeable future. Everyone is encouraged to consider their own health and personal circumstances in making the decision about whether to return to Mass at this time. Saint Catherine's will continue to livestream all Masses.



*Hmm....What to do for Lent
this Year?....
Check These Out!*

- **FORMED**- go to <https://signup.formed.org> for a **free** Catholic subscription filled with options for great movies, programs, inspiring talks, books, and resources for children and parents.
- <https://www.wordonfire.org> Bishop Robert Barron's Sunday Sermons
- <https://www.usccb.org> United States Conference of Catholic Bishops. Daily Mass readings, audio, and video commentaries
- <https://media.ascensionpress.com> Click on 'The Ascension Lenten Companion'
- <https://StPaulCenter.com> Scott Hahn's Scripture studies & talks
- <https://Spiritualdirection.com> Articles, podcasts, videos on Catholic spirituality
- <https://www.catholic.com> Various media options with teachings on church doctrine, tradition, teachings and beliefs
- <https://www.EWTN.com> Archives of past shows or watch live
- <https://www.sacredspace.ie> Daily meditation and commentary
- <https://Contemplativeoutreach.org> Great and various faith related videos
- <https://Pray-as-you-go.org> Beautiful guided daily prayer: includes opening song, Scripture reading, and guided reflection questions.
- <https://The sacredpage.com> A blog with bible studies, theology/reflection on Sunday readings
- <https://www.catholicmom.com> Sunday Gospel activities, lesson plans, coloring pages & more
- <https://catholicproductions.com> Mass readings explained. Subscription fee applies.
- <https://www.thedivinemercy.org> Videos and articles on the faith
- <https://www.discerninghearts.com> Catholic prayers, The Examen Prayer, Videos, Posts, Liturgy of the Hours, Rosary, Spiritual Classics, Spiritual Formation Library and more!
- <https://www.glastonburyabbey.org> Retreat Programs available
- <https://www.campioncenter.org> Retreat Programs available

Holy Hour

Sunday, February 21st at 4 p.m.

A Holy Hour of prayer with Exposition of the Holy Eucharist will be held at Saint Catherine's on Sunday, February 21st, at 4 p.m. in the church to commemorate the Feast Day of Saints Francisco and Jacinta Marta, the little shepherds of Fatima. The hour will include a reflection by Fr. Edward Riley and the Holy Rosary led by a parish family. It will conclude with Benediction. All are invited to join in prayer in-person or remotely via livestream.

Sponsored by the World Apostolate of Fatima in the Year of the Eucharist and the Year of Saint Joseph.

Augustine Institute

The Spirituality of Marriage by Dr. Tim Gray -- Throughout the Church's history there has been crisis and confusion over Church teaching. Today, there is crisis and confusion surrounding the Sacrament of Marriage. As Augustine Institute President and Professor Dr. Tim Gray explains, this crisis presents an immense opportunity, as it encourages us to explore and discover the depth of this mystery, described by Pope Benedict XVI as "a Gospel in itself." When lived faithfully and well, marriage serves as a bold witness to the love and saving power of God. *This item and others are available at the Lighthouse Catholic Media kiosk located at the front of the church. If you have any questions, comments or want to request any LCM items, please call Tim at 781-762-4451.*

40 Days for Life: 40 Days for Life is a campaign of prayer and fasting, peaceful vigil, and community outreach to end abortion. From February 17 to March 28, we will be praying on the sidewalk in front of Planned Parenthood, 1055 Commonwealth Ave., Boston, where over 6,000 children are aborted every year. It is the largest abortion facility in New England. Since 2007, this campaign has spread to over 1,000 cities and 63 countries. Over 18,000 babies have been confirmed saved because people were outside praying and offering help to women in crisis pregnancies. Abortion workers are leaving the industry and abortion centers are closing after 40 Days for Life Campaigns. America has some of the most extreme abortion laws in the world. It has never been more important to stand up for life. You are invited to join us in prayer and witness and be part of the solution. For more information, go to www.40daysforlife.com or contact Rita Russo at 781-762-4391 or 40daysforlifeboston@gmail.com.



Confidential Help for Crisis Pregnancies:

Pregnancy Help-617-782-5151
Your Options Medical-781-284-8747

Confidential Help After Abortion:
Project Rachel- 508-651-3100
Surrendering the Secret- 508-397-7280

RELIGIOUS EDUCATION AND FAITH FORMATION NEWS



Looking for a great way to pray together as a family and learn more about the season of Lent?

Why not try out this fantastic resource from Illustrated Ministry!

An Illustrated Lent for Families: Reflections on the Heart

An Illustrated Lent for Families includes:

- Seven Family Devotions: Seven weeks of family devotions that are simple, but meaningful. The seven devotions focus on scripture passages for our theme, and each week includes a brief reflection, discussion questions, an activity, and a prayer.
- Special Ash Wednesday Labyrinth Meditation: We also include a special meditation using a labyrinth for Ash Wednesday.
- Coloring Pages: There are seven coloring pages that connect with the weekly scripture.

File is available here:

<https://files.constantcontact.com/64ed2059101/9ed66b37-db4d-411b-a88f-15cb050c6ff2.pdf>

CHILDREN'S MESSAGE

Join Mrs. Ramsdell on FB Live on the 2nd, 4th, and 6th Sundays of Lent at 11 a.m. for a special children's message!

That's February 28th, March 4th, and March 28th.

Activity Pages for each of those Sundays along with an added set of Easter Sunday pages are available at this link: <https://files.constantcontact.com/64ed2059101/7b99b122-bd7b-4262-b9bf-8000f1b60dc4.pdf>

GREAT RESOURCES FOR LENT

What's with the Ashes?: <https://www.loyolapress.com/catholic-resources/liturgical-year/lent/ash-wednesday/whats-with-the-ashes/>

Lent at Home from Loyola Press: <https://www.loyolapress.com/catholic-resources/liturgical-year/lent/activities-and-resources/lent-at-home/>

40 Simple Lenten Traditions for Families: <https://www.catholicicing.com/simple-lenten-traditions-for-families-with-little-to-no-prep-work/>

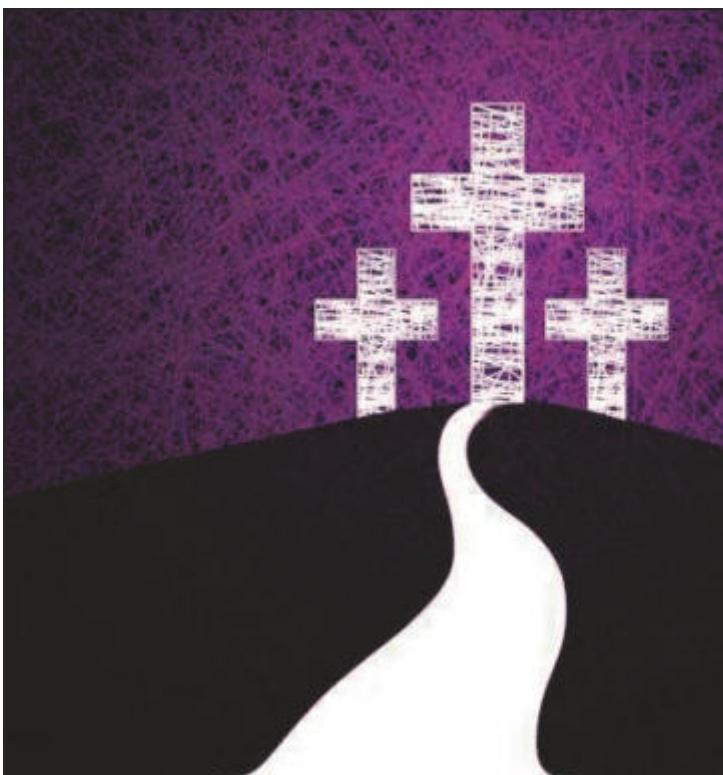
Stations of the Cross for Children: <https://www.loyolapress.com/catholic-resources/liturgical-year/lent/stations-of-the-cross/multimedia-stations-of-the-cross-for-children/>

Lent with the Saints: <https://files.constantcontact.com/64ed2059101/6294d12c-996f-42a8-8e65-d578bb6acd86.pdf>

Lenten Trivia: <https://teachingcatholickids.com/how-much-do-you-know-about-lent/>

Lenten Promise Card: <https://faithandfabricdesign.com/2014/03/activity-lent-promise-card-for-families.html>

Lent Ideas for 40 Days: <https://www.looktohimandberadiant.com/2020/02/lent-ideas-for-40-days.html>



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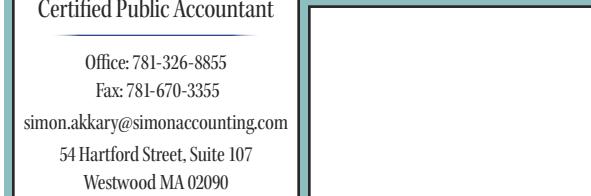
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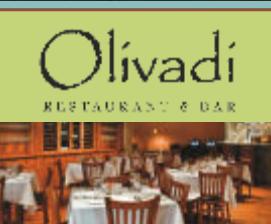
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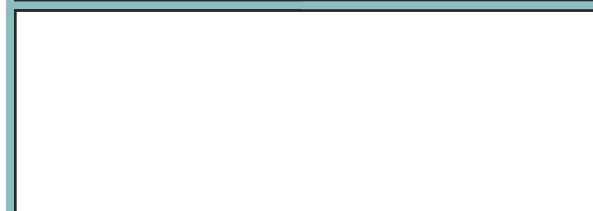


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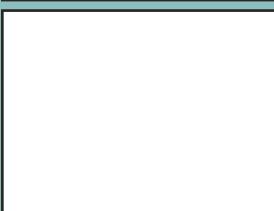


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