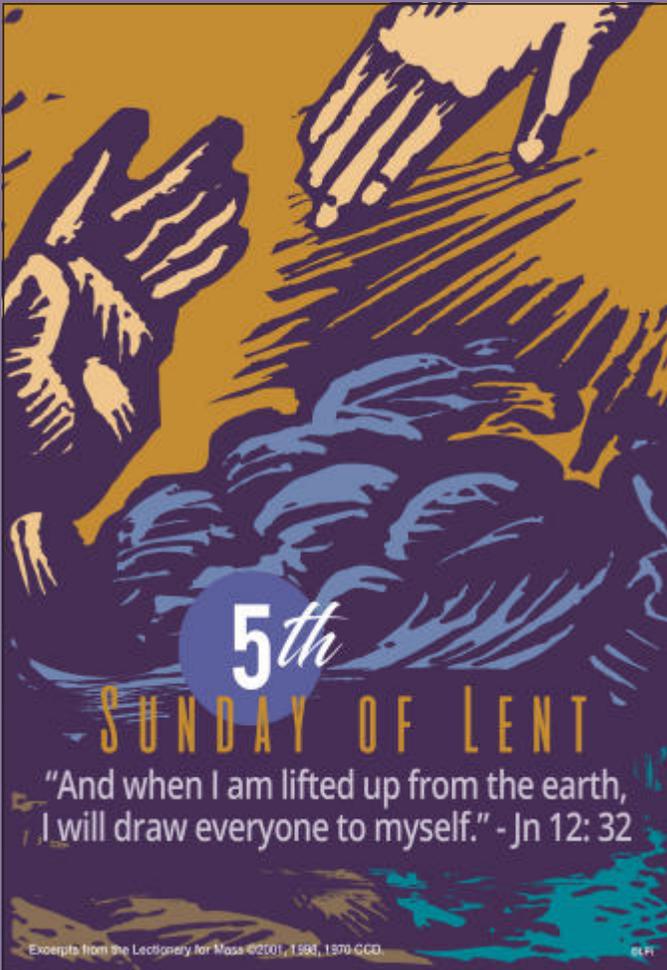




SAINT CATHERINE OF SIENA PARISH
 547 Washington Street, Norwood, MA 02062
 781-762-6080, parish@stcatherinenorwood.org
 www.stcatherinenorwood.org



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PARISH SCHEDULE

Sunday Masses: Saturday: 4 p.m.
 Sunday: 7 a.m., 9 a.m. and 11 a.m.

Weekday Masses: Monday-Friday: 6:45 a.m.
 Saturday: 7 a.m.

Holy Days: 4 p.m. Vigil day before the Holy Day. On the Holy Day, 6:45 a.m., 12:10 p.m. and 6:30 p.m.

Holiday Masses: 9 a.m. (8 a.m. if there is a town parade)

Rosary: Daily at 6:20 a.m.

Eucharistic Adoration: Thursdays 7:15 a.m. - 5 p.m.
 First Friday/Saturday 6 p.m. - 6:25 a.m. in church

Sacrament of Reconciliation: Saturdays: 3-4 p.m. in chapel. Please enter through main church sacristy door and follow directions.

Sacrament of Baptism: 1 p.m. on the 2nd and 4th Sunday of each month. Parent Pre-Baptism class is held on the 1st Sunday of the month. Please call 781-769-5354 ext. 273.

Sacrament of Matrimony: Engaged couples must contact one of the parish priests at least 8 months prior to making other wedding plans.

Sacrament of the Sick: Please contact one of our parish priests.

Saint Catherine of Siena Parish, 781-762-6080
 Rev. Stephen Donohoe, Pastor
 Rev. Anthony Medeiros, Parochial Vicar
 Rev. Thomas Sullivan, Parochial Vicar
 Rev. Mr. Frank Tremblay, Deacon
 Mrs. Doris Hallee, Pastoral Associate 781-769-5354 x273
 Mrs. Leah Ramsdell
 Director of Religious Education and Youth Faith Formation
 781-769-5354 x233
 Mr. Joseph Scolastico, Director of Music/Organist x126
 Mrs. Stephanie Beatrice-Gonzalez
 Children's Choir Director/Cantor
 Mr. Bob Calarese, Parish Business Manager
 Mrs. Diane Butts, Parish Bookkeeper
 Mrs. Laura Hayes, Administrative Assistant
 Mrs. Amy Campbell, Administrative Assistant

St. Catherine of Siena School, 781-769-5354
 Ms. Beth Tanner, Principal
 Mrs. Anne Noah, Vice Principal
 Mrs. Betsy Narciso, Director of Advancement x271
 Mrs. Linda Canniff, Director of Tuition and Financial Aid x275
 Mr. John Farrell, Director of Facilities & Grounds x269

St. Vincent de Paul Society, 781-414-2744

Our Mission: St. Catherine of Siena Parish is a Roman Catholic community established in Norwood, MA in 1890. Responding to our baptismal call to holiness, we seek to live the teachings of Christ in the Roman Catholic tradition through worship, education, service and evangelization.

All are welcome in Christ! *"...To those sanctified in Christ Jesus, called to be saints with all who are invoking the name of our Lord Jesus Christ in every place... Grace and peace to you from God our Father and from the Lord Jesus Christ. I give thanks to God continuously for you because of the grace of God that has been given to you in Christ Jesus. By that grace, in all things, you have become wealthy in him... He too will strengthen you, even until the end, without guilt..."* Introduction of First Letter of Saint Paul to Corinthians

MARCH 21, 2021

FIFTH SUNDAY OF LENT

GOSPEL MEDITATION 5TH SUNDAY OF LENT

Any good teacher or parent will tell you that once a lesson is really learned it doesn't need to be taught again. When we internalize things we have learned, they become a part of who we are and influence how we perceive and interact with our world. The same is true for the law God has written upon our hearts. Once humanity learns this lesson, we will simply know it to be true and act accordingly. Sometimes, it is hard to get people to learn the lessons they need to learn. They are often distracted, disinterested, conflicted, misdirected, or just too stubborn and unable or unwilling to see what is right before their eyes. Understanding that God is in a loving and committed relationship with those fashioned and formed in God's own image, seems like such a simple lesson to learn. But history and experience has proven that it is not.

We struggle with faith, especially when that faith asks us to learn something very particular about ourselves. We must, like a grain of wheat, fall to the ground and die. Because God's DNA is at the very core of who we are, there are specific pearls of wisdom that must be acquired before we can live a full life. One very powerful lesson is that it is not the task of the world to tell us who we are and what has meaning, but God. For many, death is not an opportunity for greater life but a permanent ending to the life they have known. Jesus knew every dimension to what it means to be fully human because he was! He knows the joys, limitations, sorrows, frustrations, wonders, suffering, opportunities, and joys of the human experience. Jesus can teach us a wealth of knowledge and life's lessons from his example, especially obedience.

When we accept the law God has placed in our hearts and gain wisdom from it, then when we suffer we learn to listen more attentively to the Voice behind that law. We naturally flee to our Creator for inspiration, consolation, hope, direction, and comfort as we navigate through this time of darkness. We will not need to run from it, subdue it, fight it, or be overcome by it because we will know, having internalized this profound lesson before, that God will bring new life. God's law is love and love never fails. Even in the moments of Jesus' deepest despair, he glorified the name of his Father. What he learned allowed him to put everything in perspective and be obedient to the tender, loving Voice that echoed within. As Lent quickly winds down, may we learn the same! Then, may we gain the fortitude and wisdom to help others see what is right before their eyes.

©LPi

Please honor all safety protocols while in church:

- Masks are required.*
- Please do not remove safety rope marking off pews.
- Maintain social distance of at least six feet between members of different households.
- Approach the Holy Communion stations in a **SINGLE FILE** line using the arrows on the floor as guides.
- If you are feeling ill or are experiencing any flu-like symptoms, please do not come to church. (See below)

* Children two and under are exempt. For children ages 3-5, masks are at the discretion of the parents.

If you have any of the following symptoms, *no matter how mild*, please do not come to church:

- **Fever**
- **Sore throat**
- **Cough**
- **Difficulty breathing**
- **Muscle aches**
- **Nausea/diarrhea**
- **Loss of taste or smell**
- **Congestion not related to allergies**

Please also stay home if any of the following apply:

- **You have been in close contact with someone with COVID-19.**
- **You have been told by a doctor you need a COVID-19 test.**
- **You have been tested for COVID-19, but you have not received your results.**
- **You have travelled outside of Massachusetts within the past 14 days and are subject to the state's travel order (see Mass.gov for details).**

PARISH OFFICE AND MASS CARDS

The Parish Office remains closed to outside visitors, but our staff members are working regular hours and are happy to assist you either over the phone or via email. If you need a Mass card or want to schedule a Mass intention, please call 781-762-6080 (ext.110 if the recording picks up) or email parish@stcatherinenorwood.org. Mass cards will be prepared for you and left in the black file box outside the front door of the rectory. Cards are usually available for pick up same day during the week. We apologize for the inconvenience, but cards are not available for in-person purchase.

Meetings with the priests are by appointment only. Please call 781-762-6080 ext. 112 for Fr. Donohoe, ext. 115 for Fr. Medeiros or ext. 127 for Fr. Sullivan.

Mass Intentions

Saturday, March 20
7 a.m. Kenneth Hardy (1st Anniversary)
4 p.m. Honey and Stan Skowronski
Sunday, March 21
7 a.m. Pro Populo
9 a.m. Shirley Praino
11 a.m. Patricia J. Kelly
Monday, March 22
6:45 a.m. Elizabeth "Betty" Cullen
Tuesday, March 23
6:45 a.m. Joseph Doherty (3 Months)
Wednesday, March 24
6:45 a.m. Mary Kelly (For Healing)
Thursday, March 25
6:45 a.m. For an End to Abortion and the Success of
the 40 Days for Life Campaign
Friday, March 26
6:45 a.m. Richard Healy

We are accepting Mass intention requests through June 2021. Please email parish@stcatherinenorwood.org or call 781-762-6080.

Week of March 21st

The Altar Bread and Wine are offered in memory of Catherine C. McCarthy.

The Sanctuary Candles in the church and chapel are lit in memory of Catherine C. McCarthy.

Wedding Banns

Bann 1: *Kenneth Michael Bates and Elizabeth Ann Juneau*

Cardinal Seán's dispensation from the Sunday Mass obligation will continue for the foreseeable future. Everyone is encouraged to consider their own health and personal circumstances in making the decision about whether to return to Mass at this time. Saint Catherine's will continue to livestream all Masses.

GIVING

Thank you to everyone who has continued to support our parish during this difficult time. We are grateful for your generosity.

At this time, we are not going to be passing the offertory basket at Mass. Baskets are placed at the exits at the end of Mass, and you are welcome to leave your donation in one of them. Other options include:

1. Online Giving -- For those who are able, online giving is a great way to regularly support our parish whether you are able to attend Mass or not. Just visit our website at: www.stcatherinenorwood.org and click on Online Giving or scan the code shown here to get started.
2. If online giving is not an option for you, you can mail your envelopes or drop them off at the rectory using the mail slot in the front door. For security reasons, we ask you to not leave envelopes in the external mailbox. Thank you!



STATIONS OF THE CROSS

Stations of the Cross will be held each Friday in Lent at **3:30 (please note the change in time)**. Attendees are asked to remain in their pews as Deacon John Croghan leads the prayers. Stations can also be heard remotely through livestream and those who tune in are invited to pray while meditating on the cross in the sanctuary or following along with the photos of our stations that are available on our website.

Sock Drive: Brand new men's and women's socks will be collected from February 27th thru Palm Sunday to benefit the homeless at Saint Francis House in Boston. The Lenten box will be set up in the usual spot in the right front corner of the church. Socks may also be donated contact-free in the schoolyard on Sunday, March 21st, from 9 a.m. until 12 p.m.

Food Drive: There will be a van in the schoolyard (Railroad Ave entrance) collecting donations for the Norwood Food Pantry on Sunday, March 21st, from 9 a.m. until 12 p.m. Parishioners are also welcome to drop off donations at the Norwood Ecumenical Food Pantry, rear of 150 Chapel St., on Thursday, March 25th, from 9-11 a.m. Items needed include: hash, beef stew, tea bags, small jars of decaf coffee, canned fruit, Ensure, Boost, size 6 diapers, Ritz crackers and Raisin Bran cereal. Thank you for your generosity.



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*Hmm...What to do for Lent this
Year?....*

Check These Out!

- **FORMED-** go to <https://signup.formed.org> for a free Catholic subscription filled with options for great movies, programs, inspiring talks, books, and resources for children and parents.
- <https://www.wordonfire.org> Bishop Robert Barron's Sunday Sermons
- <https://www.usccb.org> United States Conference of Catholic Bishops. Daily Mass readings, audio, and video commentaries
- <https://media.ascensionpress.com> Click on 'The Ascension Lenten Companion'
- <https://StPaulCenter.com> Scott Hahn's Scripture studies & talks
- <https://Spiritualdirection.com> Articles, podcasts, videos on Catholic spirituality
- <https://www.catholic.com> Various media options with teachings on church doctrine, tradition, teachings and beliefs
- <https://www.EWTN.com> Archives of past shows or watch live
- <https://www.sacredspace.ie> Daily meditation and commentary
- <https://Contemplativeoutreach.org> Great and various faith related videos
- <https://Pray-as-you-go.org> Beautiful guided daily prayer: includes opening song, Scripture reading, and guided reflection questions.
- <https://TheSacredPage.com> A blog with bible studies, theology/reflection on Sunday readings
- <https://www.catholicmom.com> Sunday Gospel activities, lesson plans, coloring pages & more
- <https://catholicproductions.com> Mass readings explained. Subscription fee applies.
- <https://www.thedivinemercy.org> Videos and articles on the faith
- <https://www.discerninghearts.com> Catholic prayers, The Examen Prayer, Videos, Posts, Liturgy of the Hours, Rosary, Spiritual Classics, Spiritual Formation Library and more!
- <https://www.glastonburyabbey.org> Retreat Programs available
- <https://www.campioncenter.org> Retreat Programs available

Augustine Institute

The True Meaning of Easter -- Archbishop Fulton J. Sheen was one of the best-known and best-loved Catholic orators of the twentieth century, reaching millions of Christians of all denominations. Presented here are his timeless reflections on the Passion, Death, and Resurrection of our Lord, combined with Scripture and Gregorian Chant to create a powerful presentation that is sure to become a family favorite. *This item and others are available at the Lighthouse Catholic Media kiosk located at the front of the church. If you have any questions, comments or want to request any LCM items, please call Tim at 781-762-4451.*

Dear Saint Catherine Parishioners,

Thank you so much for your ongoing support of the Society of Saint Vincent de Paul, Saint Catherine Conference. Members of the Society of Saint Vincent de Paul are privileged to participate in a ministry of experiencing God in serving people living with financial insecurity. We see Christ in the poor because Jesus told us, "whatever you do to the least of my brothers and sisters, you do for me."

Last year, we were able to provide \$30,000 in assistance for food, rent, utility bills, heat, prescription co-pays, as well as for needs unique to the individual. Your donations to the recent special collection, as well as your generosity throughout the year, enable us to continue to help our neighbors in need.

If you feel we may be able to help you or someone you know, or if you would like more information about our ministry, please call 781-414-2744.

Family Rosary Mission

Sundays at 4 p.m.

Here at Saint Catherine's at 4 p.m. each Sunday afternoon, one of our parish families leads us in praying the Most Holy Rosary for peace in our families, in our country and in our world. We invite you to join us either here in the church or at home on livestream (stcatherinenorwood.org).

To sign up to lead the Rosary with a group of friends or your family, please contact:
Lorraine Allan: lma4171@gmail.com
Judi Scherban: Judith.scherban@gmail.com

40 Days for Life:

40 Days for Life is a campaign of prayer and fasting, peaceful vigil, and community outreach to end abortion. From February 17 to March 28, we will be praying on the sidewalk in front of Planned Parenthood, 1055 Commonwealth Ave., Boston, where over 6,000 children are aborted every year. It is the largest abortion facility in New England. Since 2007, this campaign has spread to over 1,000 cities and 63 countries. Over 18,000 babies have been confirmed saved because people were outside praying and offering help to women in crisis pregnancies. Abortion workers are leaving the industry and abortion centers are closing after 40 Days for Life Campaigns. America has some of the most extreme abortion laws in the world. It has never been more important to stand up for life. You are invited to join us in prayer and witness and be part of the solution. For more information, go to www.40daysforlife.com or contact Rita Russo at 781-762-4391 or 40daysforlifeboston@gmail.com.



Confidential Help for Crisis Pregnancies:

Pregnancy Help-617-782-5151

Your Options Medical-781-284-8747

Confidential Help After Abortion:

Project Rachel- 508-651-3100

Surrendering the Secret- 508-397-7280

RELIGIOUS EDUCATION AND FAITH FORMATION NEWS



Looking for a great way to pray together as a family and learn more about the season of Lent?

Why not try out this fantastic resource from Illustrated Ministry!

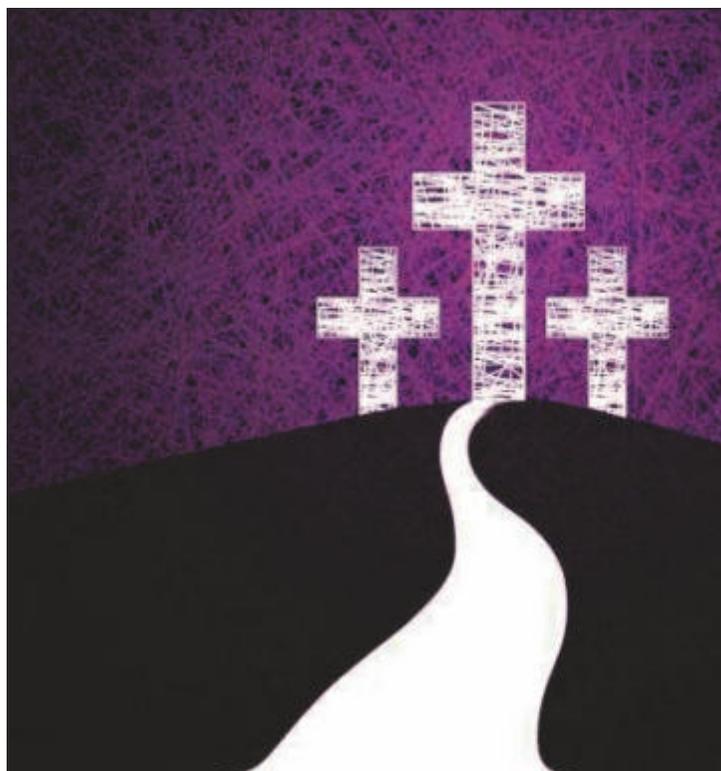
An Illustrated Lent for Families: Reflections on the Heart

An Illustrated Lent for Families includes:

- Seven Family Devotions: Seven weeks of family devotions that are simple, but meaningful. The seven devotions focus on scripture passages for our theme, and each week includes a brief reflection, discussion questions, an activity, and a prayer.
- Special Ash Wednesday Labyrinth Meditation: We also include a special meditation using a labyrinth for Ash Wednesday.
- Coloring Pages: There are seven coloring pages that connect with the weekly scripture.

File is available here:

<https://files.constantcontact.com/64ed2059101/9ed66b37-db4d-411b-a88f-15cb050c6ff2.pdf>



CHILDREN'S MESSAGE

Join Mrs. Ramsdell on FB Live on the 6th Sunday of Lent at 11 a.m. for a special children's message!

That's March 28th.

Activity Pages for each of those Sundays along with an added set of Easter Sunday pages are available at this link: <https://files.constantcontact.com/64ed2059101/7b99b122-bd7b-4262-b9bf-8000f1b60dc4.pdf>

GREAT RESOURCES FOR LENT

What's with the Ashes?: <https://www.loyolapress.com/catholic-resources/liturgical-year/len/ash-wednesday/whats-with-the-ashes/>

Lent at Home from Loyola Press: <https://www.loyolapress.com/catholic-resources/liturgical-year/len/activities-and-resources/len-at-home/>

40 Simple Lenten Traditions for Families: <https://www.catholicicing.com/simple-lenten-traditions-for-families-with-little-to-no-prep-work/>

Stations of the Cross for Children: <https://www.loyolapress.com/catholic-resources/liturgical-year/len/stations-of-the-cross/multimedia-stations-of-the-cross-for-children/>

Lent with the Saints: <https://files.constantcontact.com/64ed2059101/6294d12c-996f-42a8-8e65-d578bb6acd86.pdf>

Lenten Trivia: <https://teachingcatholickids.com/how-much-do-you-know-about-lent/>

Lenten Promise Card: <https://faithandfabricdesign.com/2014/03/activity-lent-promise-card-for-families.html>

Lent Ideas for 40 Days: <https://www.looktohimandberadiant.com/2020/02/len-ideas-for-40-days.html>

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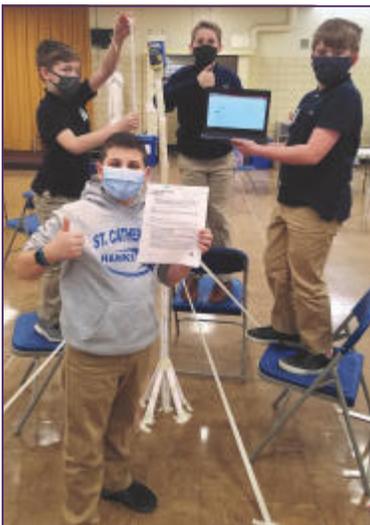
SCS STUDENTS TAKE ON THE FLUOR CHALLENGE!

5th Graders Charlie Hoffman, Caroline Cheevers, and Amelia Power were the big winners of the FLUOR Challenge last week. The team built a free standing paper and tape tower that could hold a 14 ounce can for more than a minute.

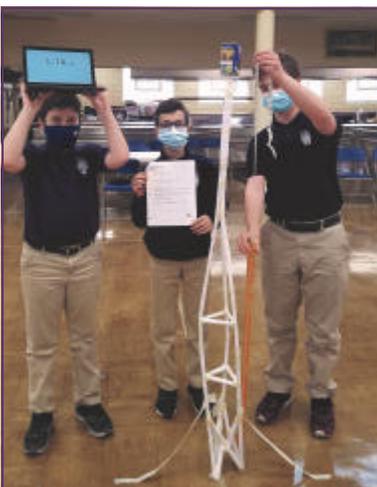
The total score is the height of the structure -2(number of papers)
The height of their structure was 196 centimeters.
They used 27 pieces of paper.

$$142=196-2(27)$$

$$142=196-34$$



2nd place went to 6th graders Gabriel Halabi, Jack Yuca-tonis, Fraco Golia, and Jack Likjegren. Their tower had a score of 132.



Rounding out the top 3 was the 7th grade team of Brendan McTernan, James Galvin and Alex Pallan with a score of 96.



Great job by all!

