

MASS TIMES

St. Paul Church, 485 Alling St., Kensington
Saturday 4pm Vigil

Sunday 7:30am, 9:00am, 10:30am & 12pm

Sacred Heart Church, 48 Cottage St., E. Berlin
Sunday 9:30am

Weekday Mass at St. Paul Church

Monday-Friday 7am & 5pm

All Masses are live streamed

CONFESSION

Saturdays 8:30am-9:30am and 3:00-4:00pm

HOLY HOUR

Tuesdays 4:00-5:00pm

Baptisms: 1st and 3rd Sundays of the month

Baptismal Instruction: Last Tuesday of the month

PARISH OFFICE

Monday-Friday 9am-4pm #860 828-0331

Email: ourchurch@stpaulkensington.org

Mailing Address:

467 Alling St, Kensington CT 06037



St Paul Parish Kensington CT



saintpaulparish

Website: <https://stpaulkensington.org>



FRANCISCAN FRIARS & DEACONS



Fr. Joseph Benicewicz, OFM Conv.
Pastor

frjoseph@stpaulkensington.org



Fr. Michael Englert, OFM Conv.
Parochial Vicar & Guardian

frmichael@stpaulkensington.org



Fr. Martin Kobos, OFM Conv.
Parochial Vicar

frmartin@stpaulkensington.org



Fr. Raymond Borkowski, OFM Conv.
In Residence

frraymond@stpaulkensington.org



Deacon Don Philip

deacondon@stpaulkensington.org



St. Paul Catholic Parish

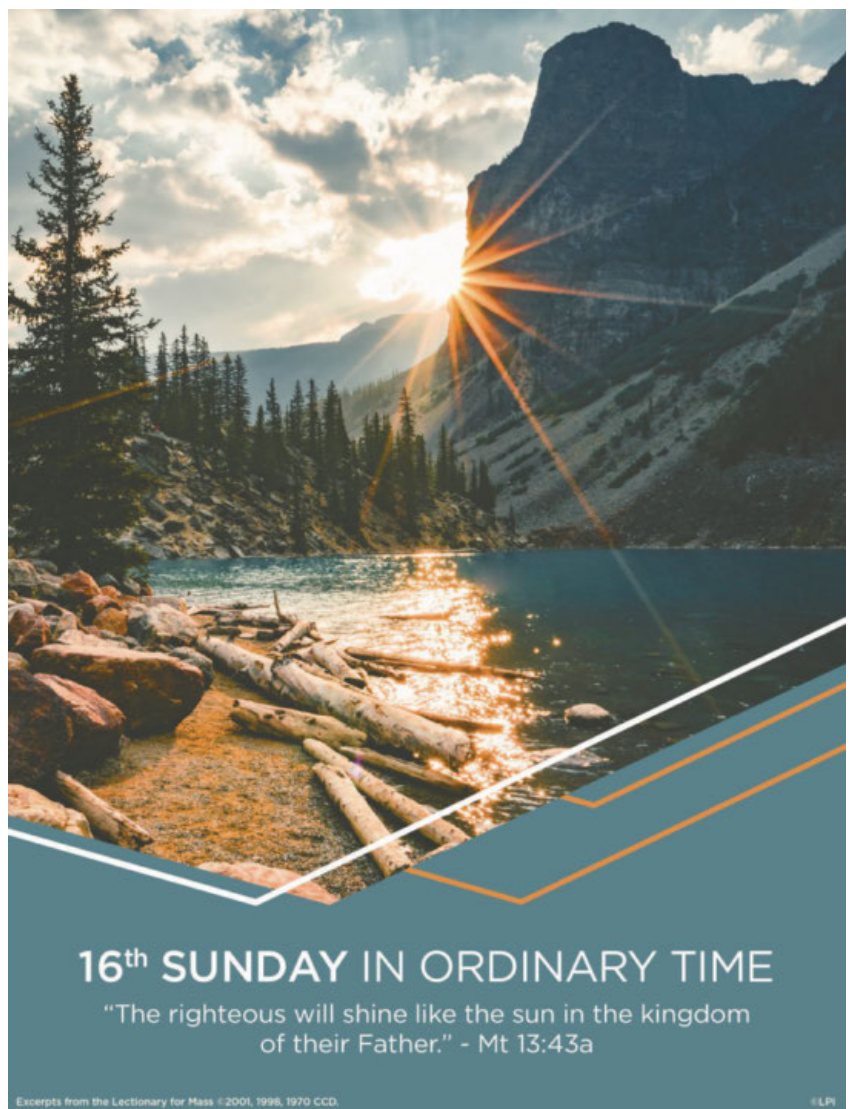
A Franciscan Family of Faith

St. Paul Church - 485 Alling St, Kensington CT 06037

Sacred Heart Church - 48 Cottage St, East Berlin CT 06023

July 23, 2023

16th Sunday in Ordinary Time



16th SUNDAY IN ORDINARY TIME

"The righteous will shine like the sun in the kingdom
of their Father." - Mt 13:43a

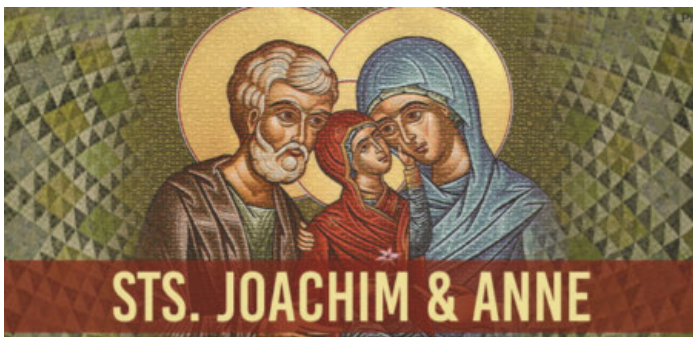
Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

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*"Let the Church always be a place of MERCY and HOPE,
where EVERYONE is WELCOMED, LOVED and FORGIVEN."*

-Pope Francis

Youth Minister Position Available - Dan Tome, our Director of Youth Ministry, will be moving onto a teaching position in a Catholic School within the Archdiocese where he will be teaching religion and will be closer to home. We wish him well as he makes this change and as he awaits the birth of a second child later next month. As a result, a search committee is being formed to fill this important position in the parish. I am grateful that Mrs. Fayne Molloy, former principal of Saint Paul School and a member of the Pastoral Council, has agreed to serve as Chair of the Search Committee. An ad for the position is posted on the parish web site. This position is a full-time salaried position with full benefits. **Inquiries can also be made directly to Mrs. Molloy at f.molloy@stpaulkensington.org.**



Happy Grandparents (Saints Joachim and Anne) Day! - In 2021 Pope Francis declared the fourth Sunday in July as *World Day for Grandparents and the Elderly* because of its proximity to July 26 which is the Feast of Sts. Joachim and Anne, the parents of Mary and thus the grandparents of Jesus. "His mercy is from age to age" (Lk. 1:50) is the theme chosen by the Holy Father for year. The theme takes us back to the joyful meeting between a young Mary and her elderly relative Elizabeth (cf. Lk 1:39-56). Filled with the Holy Spirit, Elizabeth addressed Mary with words that continue to echo in our daily prayer: "Blessed are you among women and blessed is the fruit of your womb" (v. 42). The Holy Spirit, who had earlier descended upon Mary, prompted her to respond with the *Magnificat*, in which she proclaimed that the Lord's mercy is from generation to generation.

The Holy Father continued: "That same Spirit blesses and accompanies every fruitful encounter between different generations: between grandparents and grandchildren, between young and old. God wants young people to bring joy to the hearts of the elderly, as Mary did to Elizabeth, and gain wisdom from their experiences... For the elderly, the presence of a young person in their lives can give them hope that their experience will not be lost and that their dreams can find fulfilment." In addressing God's plans for both the young and old the Pope said: "His loving plan spans past, present and

future; it embraces and connects the generations... For the young, this means being ready to break free from the fleeting present in which virtual reality can entrap us, preventing us from doing something productive. For the elderly, it means not dwelling on the loss of physical strength and thinking with regret about missed opportunities. Let us all look ahead!" Pope Francis closed his message with a blessing and a request for prayers. "Dear grandparents, dear elderly brothers and sisters, may the blessing of the embrace between Mary and Elizabeth come upon you and fill your hearts with peace. With great affection, I give you my blessing. And I ask you, please, to pray for me." Pope Francis will turn 87 on December 17.

I and all of the Friars offer greetings for a Happy Grandparents Day and prayers for all of our elderly parishioners. May the Lord bless each of you in these later years of life and may the great example of your faith continue to light the way to Christ for all in your families and our parish. On page 9 is a prayer for our Grandparents. See the next item for one way our parish reaches out to our senior parishioners and how you can help.

Helping Hands Ministry - In this year's letter announcing today's celebration of *World Day for Grandparents and the Elderly* Pope Francis had this to say: **"I would invite you to make a concrete gesture that would include grandparents and the elderly... Let us honor them, neither depriving ourselves of their company nor depriving them of ours. May we never allow the elderly to be cast aside!"** Our *Helping Hands Ministry* provides support to our senior citizens, many of whom who are alone or homebound or separated from their loved ones. On a basic level volunteers make contact with these parishioners by checking in on them with a phone call. Some volunteers might be able to do a little more like some chores around the yard, pick up a prescription or periodically even bring them a meal. The most important element is to be a contact on the part of the parish with our seniors to let them know that they are not forgotten and to provide a presence and connection for them. Our Eucharistic Ministers are also available to bring them Holy Communion. To become involved in this ministry, contact Mark Duplin at mfduplin@outlook.com or at 860-666-0162.

Religious Education Registration and Catechists Needed Registration for the upcoming year's Religious Education Classes has begun and will be open through July 31st. If you have not yet completed process go to our website and click on the Religious Ed, 2023-2024 Registration page. Here is the link: <https://stpaulkensington.org/registration-2023-2024-1>. Also, see page 5 of the bulletin and consider joining the team of catechists that teach our children.

Continued on page 4

INTENTIONS

Blessed Mother Candles will burn this week for

†Ryan P. McLaughlin

10th Anniversary Remembrance by father, family and many friends

†Raymond Kramer Birthday Remembrance by wife

Sanctuary Candles will burn this week for

†Constance M. DiLorenzo

103rd Birthday Remembrance by Mr. & Mrs. Salvatore Gionfriddo

†Paul G. Bogdanski

24th Anniversary Remembrance by family

The Bread for the Poor will be Offered this week for

†Julian and †Inez Valentine by daughters



†Linda Zipadelli Soj

*Eternal rest grant unto them, O Lord, and let perpetual light
shine upon them. May their souls and the souls of all the
faithful departed, through the mercy of God, rest in peace.*

Reminder: Our friars will be happy to visit you or your loved one in the hospital if you kindly send us a request. Call 860-828-0331 or email urchurch@stpaulkensington.org.

TO REQUEST A LOW GLUTEN HOST Please arrive for Mass about 10 minutes early, go to the sacristy and let them know you need a low gluten host. Sit near the front of the new wing. Before Communion, look for a Eucharistic Minister to come forward with a consecrated host for you.

Saint Michael the Archangel,

Defend us in battle.

Be our defense against the

wickedness and snares of the Devil.

*May God rebuke him, we humbly pray,
and do thou,*

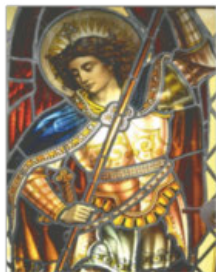
O Prince of the heavenly hosts,

by the power of God,

thrust into hell Satan,

and all the evil spirits,

who prowl about the world seeking the ruin of souls.



Saturday, July 22, 2023 Sixteenth Sunday in Ordinary Time

4:00 **†Joseph and †Verna Fiori** by family

Sunday, July 23, 2023 Sixteenth Sunday in Ordinary Time

7:30 **†Chase Anderson** by family

9:00 **†Edward F. Gentile** 12th Anniversary by Gentile family

9:30 **Parishioners of Saint Paul Parish**

10:30 **†Alfred Callegari** by family

12:00 **†Nicholas D'Avirro** 2 Year Anniversary by wife and family

Monday, July 24, 2023 St. Sharbel Makhlef

7:00 **†Wladyslaw Nega and †Remigiusz Martula** by family

5:00 **†June Norton** Birthday Remembrance,

†Todd Norton Birthday Remembrance, and

†Scott Norton 14th Anniversary

by Don Norton and Sherry Addabbo

Tuesday, July 25, 2023 St. James

7:00 **†Daniel Audette** 3rd Anniversary by Moma

†Jessica Zderkiewicz by the Lewicki family

†Scott Warner by friends

†Elida Sanchez by Parish Council

†Fred Peterson 1 Month Anniversary

by Cathy and John Simeone

5:00 **†Charles and †Elizabeth Anderson**

by granddaughter Arlene

Wednesday, July 26, 2023 Sts. Joachim and Anne,

Parents of the Blessed Virgin Mary

7:00 **†Piotr, †Rudolf, †Andrzej, †Antoni and**

Zofia Balcarek by Ewa

5:00 **†Fred Lewchik** 19 Year Anniversary by daughter

Thursday, July 27, 2023 Weekday

7:00 **†Mary Beth McLoughlin** 26th Anniversary by family

5:00 **†Richard Cook** by family

John Nappi, Jr. by wife

†Richard and †Catherine Binder by a friend

†Pasqualino Rossitto by Mai family

†Henry Buckowski by Bill and Joanne McKenna

Friday, July 28, 2023 Weekday

7:00 **†Louis Quarti** by Linda and family

5:00 **†Souls in Purgatory** by John and Linda Nappi, Jr.

Saturday, July 29, 2023 Seventeenth Sunday in Ordinary Time

4:00 **†Edward Dobbins, Sr.** by Christina and Edward Bratina

Sunday, July 30, 2023 Seventeenth Sunday in Ordinary Time

7:30 **†Evelyn Modzelewski** Birthday Remembrance

by Mary Jane and John Lynch

9:00 **†Henry Perzanowski** by Michael and family

9:30 **Parishioners of Saint Paul Parish**

10:30 **†Francis E. Gentile** 7th Anniversary

by wife, children and grandchildren

12:00 **†Eugenia Czapl**a Anniversary Remembrance by husband

Parish Collection amounts are shown on page 4.

READINGS FOR NEXT WEEK, JULY 30, 2023

For readings online, visit

<https://bible.usccb.org/bible/readings/073023.cfm>

First Reading: 1 Kings 3:5, 7-12

Responsorial Psalm:

Psalm 119:57, 72, 76-77, 127-128, 129-130

Lord, I love your commands.

Second Reading: Romans 8:28-30

Alleluia: Cf. Matthew 11:25

R. Alleluia, alleluia.

Blessed are you, Father, Lord of heaven and earth;
for you have revealed to little ones the mysteries of the kingdom.

R. Alleluia, alleluia.

Gospel: Matthew 13:44-52

Jesus said to his disciples: "The kingdom of heaven is like a treasure buried in a field, which a person finds and hides again, and out of joy goes and sells all that he has and buys that field. Again, the kingdom of heaven is like a merchant searching for fine pearls. When he finds a pearl of great price, he goes and sells all that he has and buys it. Again, the kingdom of heaven is like a net thrown into the sea, which collects fish of every kind. When it is full they haul it ashore and sit down to put what is good into buckets. What is bad they throw away. Thus it will be at the end of the age. The angels will go out and separate the wicked from the righteous and throw them into the fiery furnace, where there will be wailing and grinding of teeth. "Do you understand all these things?" They answered, "Yes." And he replied, "Then every scribe who has been instructed in the kingdom of heaven is like the head of a household who brings from his storeroom both the new and the old."

Parish Collection July 11-17, 2023

In Church SP	\$ 6,782
Office	\$ 2,269
In Church SH	\$ 411
Online Giving	\$ 5,267
Total	\$ 14,729

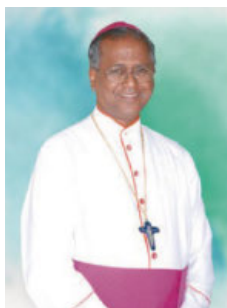
Second Collection for July 30: Mission Co-op Collection
See page 7

PRESENTATION OF THE GIFTS *Reminder:* those who have made the offering for the intention for each Mass are invited to present the bread and wine during the Offertory for that Mass. If they would like to do so, they should arrive at least ten minutes before the scheduled start time of the Mass and go to the sacristy to let the sacristan know that you would like to bring up the gifts. If no one comes forward by that time, other parishioners will be invited to bring up the gifts for that Mass.

PASTOR'S COLUMN (continued)

Volunteers are also needed in non-teaching roles. There is nothing more important that we can do for our children than pass on to them the gift of faith that has been shared with us. Help them to become closer to their God!!

Mission Co-Op Appeal Next Weekend - During the course of the year as a parish we are asked to support three Mission Appeals. The Propagation of the Faith office of the Archdiocese of Hartford has invited the Diocese of Kumbakonam, India to participate in the Mission Cooperative Appeal in our parish this year. The Bishop of the Diocese of Kumbakonam,



Bishop Antonisamy Francis, will be with us next weekend. Bishop Francis was born on April 15, 1946, in Illupur in the Thanjavur diocese. He was ordained a priest on August 2, 1974, was appointed bishop on May 31, 2008, and was installed on July 9, 2008. Before becoming bishop, he was the parish priest of Our Lady of Velankanni Basilica in

Thanjavur diocese. The Diocese of Kumbakonam was erected in 1899. It covers an area of 3,021 square miles, (smaller than CT and bigger than RI) with approximately 5,889,110 people of which 213,000 (3.6%) are Catholics. It has 94 parishes, 610 missions, 224 diocesan priests, 79 religious priests and 620 religious sisters. Please be as generous as your means allow. See page 7 for more information about the Diocese of Kumbakonam and their needs.

Parish Raffle Just Three Weeks Away - A HUGE thank you to everyone who has already turned in one, two, three, four or all five of the raffle tickets that you received in the mail!! As of July 17th, 1,439 tickets have been bought which is 64% of last year's total of 2,229. In addition to the **\$30,000 first prize** there are another 22 prizes totaling an additional \$38,000 including a **\$10,000 second prize**, an **\$8,000 third prize**, and **twenty (20) \$1,000 prizes**. All prizes are awarded in American Express Gift Cards. **All checks should be made out to St. Paul's and tickets should be returned to St. Paul's.** Tickets can be purchased on the parish website (here's the link: <https://stpaulkensington.org/parish-raffle>) or in the Parish Office. **Please make your returns by August 4 in advance of the drawing on August 12.** Good Luck to all!

Final Thoughts - The Orioles were certainly hoping that the rookie RHP Grayson Rodriguez would have been better on the mound and that John Means would have finished his rehab in time for the stretch run. Instead they might have to part with some prospects to help the top of the rotation and middle relief. NFL training camps open this week. If you are away and need to find a church for Mass go to mastimes.org. Have a blessed week and enjoy these summer days even if they are a bit wet! - Fr. Joe

**SAINT PAUL SCHOOL
NOW ACCEPTING APPLICATIONS
FOR THE 2023-2024 ACADEMIC YEAR**

For more information visit our school website

<https://ourschool.stpaulkensington.org/>

or call 860-828-4343 x113.

To download an application, click on this link:

<https://bit.ly/3qO2X9J>



You may also email our
Admissions Director, Kelly Esposito,
admissions@stpaulkensington.org.



**Saint Paul School is seeking two part-time positions
for the 2023-2024 school year.**

- Music Teacher (2-days per week)
- Preschool Aide

Classroom experience is preferred. Interested
candidates may send their resume and cover letter to
Principal Jill Conaway: j.conaway@stpaulkensington.org.



Sign up Link for Movie Night: <http://bit.ly/3JXENDz>

Thank you to Adam Nowak (Gr. 5) for reading at the
Children's Mass on Sunday, July 16!
Adam did both readings and the Prayers of the Faithful.
Great job, Adam! The Gospel reading was the parable
Of the sower and the seed so Fr. Martin used
some creative props in his homily such as
a paver, some stones, seeds and soil.
Our next Children's Mass will be
Sunday, Aug. 27 at 10:30 am.



If you are interested in becoming a catechist, please
email us at religioused@stpaulkensington.org for
information on joining our AMAZING team of
volunteers as a teacher, co-teacher, or substitute.

Registration for the upcoming year's Religious Education
Classes has begun and will be open through July 31st.
To register, visit our website at:
<https://stpaulkensington.org/registration-2023-2024-1>
Contact our Religious Ed Office if you have any questions.

RELIGIOUS EDUCATION OFFICE

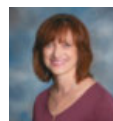
Monday - Thursday 8am - 2pm Phone 860 828-0331

Website: <https://stpaulkensington.org/religious-ed>

St Paul Parish Religious Ed Berlin CT

Email: religioused@stpaulkensington.org

Mailing Address: 467 Alling St, Kensington CT 06037



Robin Veronesi, Director of Religious Education
(860) 828-1934 ext 320



Christina Norton, Administrative Assistant
(860) 828-1934 ext 321



2ND ANNUAL FRIAR 4 MILER!

SATURDAY, AUGUST 12, 2023

Walk/Run - 5:00pm start
after 4pm Mass

Social Gathering on the Green

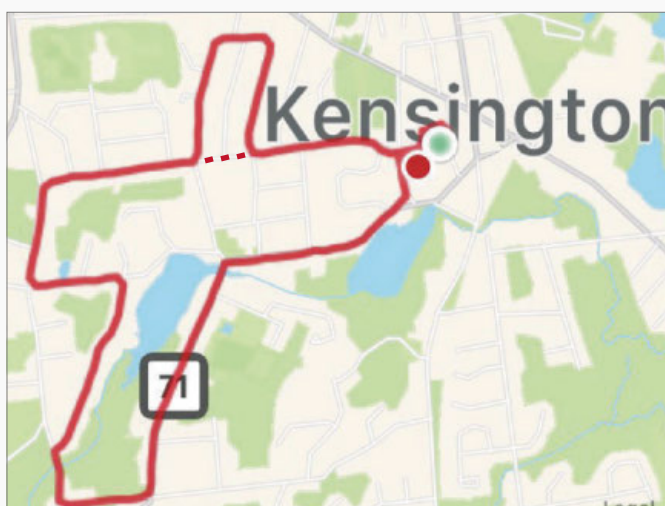
All are welcome to gather on the Parish Green during and after the walk/run to enjoy music, games, and fellowship!

The Walk/Run Route makes a cross through our church neighborhood!

(Those who want a shorter course can follow the Tao Cross route.)

Visit

<https://stpaulkensington.org/friar-4-miler>
for all the details!



'COFFEE AND' July 27th at SH

The St. Paul Parish Council is sponsoring a "Coffee And" gathering for parishioners **after the 9:30am Mass** at Sacred Heart Church on **Sunday, July 27th**.



Please join us in the Sacred Heart Church Hall downstairs.

All are welcome! We hope to see you there!

CHILDREN'S ROSARY Our Children's Rosary Group meets on the first Saturday of every month at 10am at Sacred Heart Church in East Berlin. Please join us for our next gathering on **August 5th**. All are welcome!



For more information on the Children's Rosary, please visit <https://stpaulkensington.org/childrens-rosary> or contact Cheryl Batter at cherylbatter@att.net.

Parish Raffle

Take a chance
to WIN!



- 1st Prize: **\$30,000**
American Express Gift Card
- 2nd Prize: **\$10,000**
American Express Gift Card
- 3rd Prize: **\$8,000**
American Express Gift Card
- 4th ~ 23rd Prize: **\$1,000**
AmEx Gift Card each!

The drawing for the 2023 Parish Raffle will be
Saturday, August 12, 2023 at 8:00pm.

To purchase tickets online, visit:
<https://stpaulkensington.org/parish-raffle>

*** Please make all returns by Friday, August 4th! ***

The drawing can be viewed live at www.parishraffle.com.

If you have any questions, please contact the parish office at 860-828-0331 or ourchurch@stpaulkensington.org.

Next weekend, we welcome Bishop Antonisamy Francis as our Co-Op Mission Preacher. The Bishop will speak to us about the missionary activities and challenges of the Diocese of Kumbakonam, India. Our second collection next weekend will be for the missionary endeavors of that Diocese.



The Diocese of Kumbakonam, started in 1899 in the state of Tamil Nadu, India, has an area of 7824 sq.km and a Catholic population of 213,000 (6% of the population), living in 94 parishes and 610 missions, served by 224 diocesan and 79 religious priests, 620 nuns, 12 trained catechists and 330 untrained lay catechists and two social service centers.

These are the Diocese's most pressing missionary needs:-

1. Establishing 8 more new parishes, each with a new church and rectory. The large missions need to be made independent parishes with the resident priest for better pastoral ministry. But the people are unable to give financial support.
2. Providing the 136 Catholic schools and 22 orphanages in the missions with better facilities, building, infrastructure, educational and technical tools, children's Bibles, a projector, catechetical materials in the form of videos, pictures, text-books and workbooks to improve the quality of religious and faith formation of Catholic and non-Catholic students in mission-schools. Schools are our main means of ushering in progress at all levels. Education is a main means of evangelization and boosting the future prospects of the youth.
3. Enabling 480 nuns and 4955 Catholic Teachers in charge of catechetical, educational, medical and social ministries throughout this rural diocese, to educate the children and adults in the Catholic faith and to help the people, particularly the poor and the marginalized for their integral development, through annual seminars on Scripture and Catechetics.
4. Projecting the healing touch and loving care of the Divine Healer through our diocesan hospitals for lepers, home and school for hearing-impaired children, children of HIV patients and the many rural medical clinics, staffed by nuns.
5. Education of more young men in the seminary since the diocese abounds in vocation to priesthood and religious life so that some could be sent as missionaries to missions abroad where there is a shortage of priests.
Note: Every year an average of 120 young men and women go from this diocese to other missions and religious orders in India and abroad as missionaries.

6. Educating 4800 very poor or orphan children, from families of single mothers and widows, and of addictive and abusive fathers by providing them with free board & lodge, in order to eradicate child labor. Such children are forced to tend cattle, work in hazardous conditions in factories, hotels or farms in order to eke out a living for the family.

Due to acute poverty of 65% of the Catholics, all the mission projects are 80% dependent on the annual mission appeal funds, for the pastoral, educational, medical, and socio-economic emancipation of the marginalized and poor converts.

Your Christ-like intervention and sacrifice of:-

- \$20 will feed a poor child or an orphan for a month (\$200 annually).
- \$50 will enable a single mother or widow feed her family of 3 for a month.
- \$100 for monthly pay for a catechist.
- \$250 will provide 4 goats to maintain a family of four.
- \$500 will educate a physically challenged child (annually).
- \$600 will pay the bill for healthcare & family maintenance of a leprosy patient for a year.
- \$900 will provide a grocery store, and employment to feed a family of 10 with elderly parents and grandparents
- \$700 will fix the roof of a poor man's hut.
- \$800 will provide a cow to feed an entire family of 5 or more.
- \$1000 for treatment and rehabilitation of a leper.
- \$2000 to sponsor a seminarian for a year.
- \$6000 for a home for a family.
- \$25000 will build a mission chapel.

The collection is next weekend. All checks should be made payable to St Paul Church. If sent in separately, indicate Mission Co-op on the memo line. Your support of the mission work of the Church is appreciated.

FOODSHARE ST. CLARE FOOD PANTRY & MOBILE FOODSHARE

The Pantry is currently in need of the following items:

Flour, sugar, cake, cookie, muffin and brownie mixes, frosting, corn bread, pie fillings and pie crusts.

Volunteers will transport food from St. Paul to Sacred Heart and set up for distribution on **Thursday, August 3 at 9:30am**. Volunteers will also help with food distribution on **Friday, August 4 at 11am** at Sacred Heart Church.

For transportation to FoodShare at Sacred Heart, call the Berlin Senior Center 860-828-7006.

For information regarding the St. Clare Food Pantry or FoodShare program including volunteering, contact Nancy at 860-601-7866 or n.timbrell@stpaulkensington.org.

PARISH PRAYER LIST

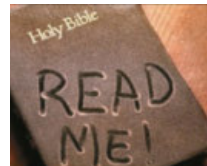
Bobby Adamowicz	Thomas Norris
Jacob Ahlquist	Arlene O'Neill
Gilda Alberti	Esther Ouellette
Emilie Albert	Our Military
John Anderson	Anna Pac
Jose Arcia	Emma Pagano
Rita Babin	Antoinette Pandolfi
Donna Baranowski	Judy Pappalardo
Zulma Barbien	Cynthia Paradise
Lawrence Barker	Richard Paskiewicz
Theresa Baxter	Ada Payamis
Dick Benson	John Pink
Don Benza	Marilyn Puopolo
Wyatt Bernard	Care Rich
Sue Besaw	Frank Rich
Rita Beaulieu	Rita Richter
Peter Bocompani	Randy Ripley
David Borselle	Steven Ripley
Cheryl Brown	Carlos Rivera
Nancy Carlson	Susana Rodreguez
Richard Carlson	Susy Romero
Silas Cipollone	Lillian Rose
Doug Clarke	Ed Rudnick
Lorraine Clark	Viola Salonia
Sophie Conti	Joan Schwartz
Carol Corriveau	Raul Seipel
Tom Coss	Guy Simeone
Arlene Cotrona	Rev. Arkadiusz Skwarek
Amanda Coyle	Jocelyn Soto
Janet Crossman	Donald Spilka
Robert Czerwinski	Kevin Stanowski
Mary Daleski	Jon Stansfield
Adeline D'Angelo	James Swiatek
Martin Dagna	Gabe Szczygla
Ramiro Dagna	Julia Szczygla
Uly Dagna	Luke Szul
Maria DeFazio	Alfred J. Tee
Fr. Anthony DeFronzo	Lois Ustanowski
Kathleen Deliman	Beverly Veley
Bill Dobbs	Brian Veley
Nicole Donzello	Scott Veley
Nick Donzello	Tom Vest
Judith Doyle	Jordan Hayes Walker
Fannie Farrell	Louise Webb
Lilia Fernandez	Thaddeus Wojtusik
Josefina Fernandez	Mary Ann Watrous
Bill Filomena	Miriam Zacharias
Simon Fitzpatrick	Carrie Zangari
Helen Flannelly	Eliana Zorrilla
Nancy Fleming	Foster Zucchi

PRAYER LIST If you would like to add someone to our Prayer List or to let us know that a name can be removed, please call 860-828-0331 or email ourchurch@stpaulkensington.org. Please be sure to ask for permission from the person whose name you would like to add to the list. Thank you.



To make a prayer request through our **Daughters of Jairus Prayer Line**, call Terry 860-828-6667 or Gloria 860-828-1525 with your confidential request. Please give the

first name of the person to be prayed for and the intention.



Visit the Spiritual Growth page of our website to learn about all the convenient ways you can access the Bible!

<https://stpaulkensington.org/spiritual-growth>

Contact our friars with any questions about whether a program is aligned with Catholic doctrine.

OUR CRAFTERS & QUILTERS GROUP meets weekly on Thursday mornings from 9 to 11am in the St. Paul Church Hall. Anyone working on another project or who has a different type of craft (origami, jewelry, scrapbook, genealogy, etc.) is welcome to join us!. Call Barbara with any questions: 860-930-0310.

WORD SEARCH

PARABLE
SEED
FIELD
ENEMY

DARNEL
WHEAT
SPROUTED
SERVANTS

WEED
BUNDLES
BURNT
BARN

D	E	S	T	N	A	V	R	E	S
S	E	L	D	N	U	B	E	E	D
E	D	E	E	S	E	E	S	D	W
E	L	B	A	R	A	P	E	E	O
L	E	U	L	Y	R	T	D	P	R
E	I	R	L	O	M	A	E	E	C
N	F	N	U	E	D	E	E	W	B
R	E	T	P	E	L	H	N	A	E
A	E	E	D	S	E	W	R	E	E
D	S	W	A	S	E	N	E	E	D

Loneliness - Silent Killer of Our Elderly

Peter Wolfgang, Executive Director of The Family Institute of CT, visited our parish a few months ago to share information about Physician-Assisted Suicide in Connecticut. Mr. Wolfgang has been involved in the effort to prevent assisted suicide in our state for decades. He reported that among those who express a desire for this type of life-ending solution, the fastest growing reasons are those of loneliness, the idea that life is no longer meaningful or valuable, and the feeling that life is not worthy of continuing.

*Chronic loneliness
can reduce a
person's lifespan
by up to 15 years.*

These reasons, provided more and more frequently in recent years, are quickly approaching levels of the years-old justifications of suffering unbearable pain, being chronically ill, or being limited by permanent placement in a convalescent facility.

A recent report by the National Institute on Aging paralleled the health impacts of prolonged isolation with the effects of smoking 15 cigarettes a day. The reason? Chronic loneliness can reduce a person's lifespan by up to 15 years and increase their risk of health issues, such as poor diet, inadequate exercise, sleep deprivation, and frequent emergency room visits.

We, in the Helping Hands Ministry, are many times asked by those we help (our elderly), "Why is God keeping me on this earth?" Many are homebound, without family, without friends, and are reliant on others for help. They question the reason they are still around. The standard response that we've all heard over the years is that God does have a plan for each of us and a reason for keeping us around – although many times it is unknown to us. This response sometimes rings hollow to a person who is suffering from loneliness with no resolution in sight. Many times loneliness is accompanied by the idea that this life is now done for them and that it's time to move on to the life after.

Of course, for these Christians with a deep, life-long faith, the thought of ending their lives – with or without outside help – is not an option. But the nagging question remains: what purpose am I serving by still being here.

This is a crucial question that we, as Helping Hands volunteers, are asked regularly, and attempt to address as well as we can. The response that we offer is both heartfelt, spiritual, and most times quite surprising to our seniors. By our phone calls, visits, walks, and other services we provide, we are blessed by the priceless relationship we develop with our seniors. For us, it's a very uplifting

*"we are blessed
by the priceless
relationship we
develop with
our seniors."*

feeling as we go home after a short visit, or a walk down the street, or a phone call just 'shooting the breeze'. When we let

Prayer for the Third **World Day for Grandparents and the Elderly**

Virgin Mary,
Mother of faith and hope,
an example for this humanity bent by indifference,
make me as willing as You
to accept the will of God,
to magnify and praise His Mercy.

Mary, Mother of fortitude,
you who knows my heart,
do not allow me to become discouraged.
I confidently surrender my life into your hands.
Heal my wounds.
May your tenderness accompany me on the way.

Your presence, Mother of love,
brings us to experience the joy
of seeing our families united.
Help me to transmit the tenderness and Love of God
to the grandchildren and youth
so that, in addition to praying for them,
we can pray with them.

Mary, may the gift of the Holy Spirit intercede for me:
sustain my weakness;
breathe into my heart the consolation
that I may leave traces of faith among the young,
bearing witness to the beauty of life,
knowing that life has a limit
and that beyond it lies before us our Father's embrace.

Amen.

If you are interested in volunteering with our Helping Hands ministry which helps to address the concerns of our senior parishioners, we'd love to have you join us.

Please contact Mark Duplin at or mfduplin@outlook.com or 860-666-0162.

our seniors know how important their friendship is to us, it typically generates a short discussion about their value to us and to our world – one they had not thought of before.

So, we recommend gently working this bit of advice into conversations that you have with the elderly in your lives. We, the Helping Hands volunteers, know from experience that it works.

Saturday, July 22

8:30am Confessions

3:00pm Confessions

Sunday, July 23

--

Monday, July 24

8:45am Parish Staff Meeting

11:30am Funeral - Soj SPC

6:00pm **Coach Mark AAU Basketball Practice - SG**

7:00pm Scripture Study - SPH

Tuesday, July 25

10:00am Religious Ed - PC1

4:00pm Holy Hour Adoration

6:30pm Baptism Prep Lesson PC1

Wednesday, July 26

6:00pm Rosary at Sacred Heart

7:00pm Finance Council Mtg. - PC-1

Thursday, July 27

9:00am Quilters - SPH

6:00pm **Coach Mark AAU Basketball Practice - SG**

Friday, July 28

7:30pm **Movie on the Parish Green**

7:30pm AA Meeting - SPH

Saturday, July 29

6:30am Men's Group SPH

8:30am Confessions

3:00pm Confessions

Sunday, July 30

--

PARISH CALENDAR

Holy Hour
Tuesdays
4-5pm



BAKERS NEEDED!

From time to time, volunteers are needed to provide baked goods for various parish events. If you can help, please let us know so that we can add your name to the call list when your baking talents are needed. Please contact Lynn Misteri by email at misteriberl@aol.com or 860-913-5448. THANK YOU!



To receive the St. Paul Parish bulletin in your email every week, please complete our simple online form at <https://stpaulkensington.org/our-bulletin>.

INTERESTED IN JOINING OUR PARISH FAMILY?

Our next Registration Meeting is **Monday, August 14th** in the St. Paul Church Hall (downstairs) at 7pm.

Please let us know if you plan to attend.

Call 860-828-0331 or

email ourchurch@stpaulkensington.org.



The Ryan T. Lee Memorial Foundation is seeking support for their annual fundraiser, the Ryan T. Lee Golf Classic and Foundation Dinner which will be held on Friday, August 4th, 2023. The Golf Classic hosts golfers at Timberlin Golf Club and then a Foundation Dinner at The Aqua Turf Club in Plantsville. Ryan's Foundation is a non-profit 501C(3) organization dedicated to honoring the enduring spirit of a special young man by actively seeking out opportunities to make a difference in the lives of others. In 2011, Ryan passed away from injuries he sustained in an accident when he was just 19 years old.

To learn more, visit

<https://ryantleefoundation.org>



Use this QR code to register for dinner by **July 26th!**

*"There is no problem, I tell you,
no matter how difficult it is,
that we cannot resolve
by the prayer of the Holy Rosary."
-Sr Lucia of Fatima*



Don't know how to pray the Rosary? Visit the home page of our website <https://stpaulkensington.org> or the USCCB's Rosary page: <https://www.usccb.org/how-to-pray-the-rosary>.

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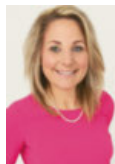
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