St. Elizabeth Seton Parish is a loving, welcoming community of worshippers in the Catholic tradition. Our mission is to share the Good News of Christ through the celebration of sacraments, liturgy, and unconditional service to all. We welcome all visitors to our Parish. We hope that you will experience our love for God and neighbor. If you are new to our community, we are grateful to the Lord for your presence. We look forward to including you in the life of our Parish. Please contact the office at 669-7444 to register, or visit our website at stelizabethsetonchurch.org.
We Remember
Joanne Farrell
Who entered new and eternal life in Christ. Our parish condolences are extended to her family
Grant to all our dearly departed eternal rest, O Lord, and may your light shine on them forever. Amen.

The Parish Office will be closed Monday, January 20, 2020 in observance of the Martin Luther King, Jr. holiday.

TAX TIME
In the next couple of weeks a statement of donations will be sent to all parishioners who contributed to St. Elizabeth Seton Parish during the 2019 calendar year. This amount reflects envelope usage only.

Sisters of the Holy Cross Fundraiser
The fundraiser for Mary Gate of Heaven Orphanage in Haiti, founded by Sr. Claire Daneau, an American Sister of Holy Cross, is next weekend, January 25th & 26th in our Parish. Representatives of the Sisters will have raffle calendars available after each Mass. By purchasing a raffle calendar at a cost of $10.00 each or six for $50.00, you are providing for the educational needs of 52 children. From April 1st through April 30th, a total of $2500.00 will be given away. Thank you for supporting “Sr. Claire’s Kids”

Bereavement Support Group
Have you or someone you know lost a loved one? Please join us for a 4 week Bereavement Support Group beginning on Wednesday, March 4th. Meetings will be held at 7:00 pm in Room 10 of the Parish Activity Center. No pre-registration is required.

St. Martha’s Guild
January 19, 2020 - Team III
## PARISH NURSE PROGRAMS
Sponsored by CMC

**Tuesday, January 21, 2020**

**Free Blood Pressure Screening and Nurse Consultation**
from 8:30 - 10:30 am
in the Parish Activity Center

**Fit Forever Chair Exercise Program**
At 9 am in Room 10 of the Parish Activity Center. This program is a free workout at 3 different levels for men & women 55 and older.

Please note: If school is delayed or cancelled there will be no Parish Nurse Programs.

## What You Need to Know About Prediabetes
The Women’s Guild invites all parishioners to a presentation by Lori Muller, RD from CMC on the topic of "Lifestyle modifications to prevent type 2 diabetes for those with pre-diabetes."

Please join us on Tuesday, January 21 at 1:30 p.m. in the church hall. To help us prepare for this event, please RSVP to Denise Rotier 472-6906 or RDMRotier@gmail.com no later than Sunday, January 19th.

All members of the parish are cordially invited to the

**Knights of Columbus Pancake Breakfast on**

**Sunday, February 2nd after the 7:30, 9:00 & 10:30 am Masses.**

Join us for light and fluffy pancakes with warm syrup and mouth watering sausage and bacon along with great tasting coffee, tea and a variety of juices.

## Blessing of the Throats
**Monday, February 3rd**
Feast day of Saint Blaise
following the morning mass the traditional blessing of the throats will be celebrated.

**Grace Within**
(formerly MOMS Ministry)
All women of the Parish are invited to join us on the first Tuesday each month beginning on Tuesday, February 4th.
We will meet in the Youth Room in the Activity Center from 7 - 9 pm.

We’ll talk about our Faith and the daily readings. A night to relax and have great conversation with other women of the Parish. Hope you can make it!

## CANDY FUNDRAISER
The Women’s Guild will be offering homemade candies for sale after all Masses on the weekend of February 8th & 9th … just in time for Valentine’s Day! Choose from a wonderful assortment of fudge, brittles, truffles and more! They will make terrific gifts!

## SAVE THE DATE
**SATURDAY, APRIL 25th, 2020**

$25.00
Call early to reserve your seat!
Don Huard 622-0836
The Knights of Columbus, Msgr. Joseph M. Donahue Council 12988 held their annual Basketball Free Throw Contest on Saturday, January 11. There were 26 boys and girls who participated in the event. The following is the list of winners in the respective girls and boy’s categories. Each winner received a trophy and Champion certificate.

NOTE: The winners will have an opportunity to compete at the KofC NH State Council competition scheduled for Saturday, MARCH 14, 2020 (snow date: March 28), 1:00 - 4:00 PM in the St. Elizabeth Seton Parish Activity Center.

<table>
<thead>
<tr>
<th>Category</th>
<th>Girls</th>
<th>Boys</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age 14</td>
<td>(no entry)</td>
<td>Benjamin Flaherty</td>
</tr>
<tr>
<td>Age 13</td>
<td>(no entry)</td>
<td>Samuel Dodge</td>
</tr>
<tr>
<td>Age 12</td>
<td>Anna Tatakis</td>
<td>Wade Thompson</td>
</tr>
<tr>
<td>Age 11</td>
<td>Claudia Deleo</td>
<td>Daniel Lewis</td>
</tr>
<tr>
<td>Age 10</td>
<td>Faith Hebert</td>
<td>Oliver Bond</td>
</tr>
<tr>
<td>Age 9</td>
<td>Sarah Burke</td>
<td>Brett Hall</td>
</tr>
</tbody>
</table>

The Knights would like to especially thank Alex Sullivan, Youth Minister for her valuable assistance in making this event a great success!

Are you interested in being a Eucharistic Minister or a Lector at St. Elizabeth Seton?
Training will be taking place in the beginning of February. Call the Parish Office at 669-7444 for more information and to sign up!

Our Holy Father, Pope Francis, has instituted the Sunday of the Word of God, to be celebrated annually on the Third Sunday in Ordinary Time. For the Sunday Masses next weekend, January 25-26, we invite you to bring your personal or family Bible to Mass with you. We want to emphasize the importance of the Bible in Catholic life and encourage one another to read and study it as a regular part of our lives as disciples of Jesus. During the Mass we will have a commitment and blessing prayer as you hold your Bibles. After Mass we will provide you with a service to enthrone and honor the Bible in your homes.

Catholic Medical Center is accepting applications for Volunteer Extraordinary Minister of Holy Communion. A recommendation from your pastor is required for consideration. If you are interested in volunteering at Catholic Medical Center, please contact Patricia Farrell at 663-2080, who can answer the questions you have about what the expectations are.

Catholic Medical Center is also in need of volunteers to assist in other departments through the hospital. If you are interested in volunteering, please contact Sue Tremblay at 663-2048.

9 Days for Life:
January 21-29, 2020

9 Days for Life 2020 will take place Tuesday, January 21 - Wednesday, January 29.
9 Days for Life is a multi-faceted novena for the respect and protection of human life. Each day, a different intention is accompanied by a short reflection, suggested actions, and related information.

Sign up to receive the novena by email, text message, or an app at www.9daysforlife.com.

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**NEXT LIFETEEN**

**“FORTIFIED”**

**OUR BODIES ARE GIFTS FROM GOD! HOW DO YOU TAKE CARE OF THIS GIFT?**

This Sunday, January 19th
1:00 - 2:30 PM
MEET IN THE YOUTH ROOM

**Attention 7th and 8th Graders!**
Join us for our next EDGE session
When: Sunday, January 26, 2020
1:00-2:30 p.m.
Where: Parish Activity Center
What: Comfort and Joy! Continuing our learning of Sacraments, we will be talking about the Anointing of the Sick. It is a Sacrament of healing of body, mind and soul.
Who: All 7th and 8th graders welcome!

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**Tween Fun Night**

**WHO**
Youth Grades 4, 5, and 6

**When**
Saturday, February 1st, 2020

**Time**
5:30 - 8:00 pm

**Where**
Parish Activity Center Gym

**CONTACTS:**
Christine Salzman
seschristine@comcast.net

Gertrude Hammond
sesgertrude@comcast.net
Sacrament of Reconciliation

Sacrament of Baptism

Second and last Sunday of every month at 1:30 pm. Call the Parish Office at 669-7444 to schedule

Sacrament of Matrimony

Diocesan policy states that the couple must contact the parish priest at least six months before the intended wedding date, prior to making any other arrangements.

A Good Question.....

If you manage your bills online, why not give to St. Elizabeth Seton online? It’s safe and secure, and you decide exactly when your gift is made and where it goes. So if you forget your envelopes or missed a special collection, you can go online and make your regular or special donations.

Visit www.stelizabethsetonchurch.org and click the link in the links section on the homepage to learn how to get started, or call the Parish Office at 669-7444 and Jackie can help you.

Parish Activities

Basketball Program..........Jay Brewster (488-1333)
Parish Nurse Program.....Diana Niemann (668-8490)
Knights of Columbus ......Jonathan Fiore (548-3274)
Women’s Guild .............Lynne Roselius (204-8158)
................................Darlene Sargent (641-1973)
Seton Club.....................Bill Toolin (472-5428)
Cub Scouts.....................Dan Jobin (644-0159)

Exposition of the Blessed Sacrament

Wednesdays from 6-7 pm
Thursdays from 8:00 a.m. to 9:00 a.m

Coffee, Pastries and Juice (Sept – June)

Available in the Church Hall after the 7:30, 9:00 and 10:30 a.m. Masses. All are welcome.

Fix-It Team

The goal of the Fix-It Team is to keep the home environment a safe and healthy place. If someone is in need of assistance, contact the Parish Office.

Prayer Line

Please call Rosemary at 623-3925 or Lorraine at 472-3020 with special prayer needs.

Sacrament of Reconciliation

Every Saturday from 3:15-4:00 pm, or by appointment

Sacrament of Baptism

Second and last Sunday of every month at 1:30 pm. Call the Parish Office at 669-7444 to schedule

Sacrament of Matrimony

Diocesan policy states that the couple must contact the parish priest at least six months before the intended wedding date, prior to making any other arrangements.

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Readings for the week of January 19, 2020

Sunday: Is 49:3, 5-6/Ps 40:2, 4, 7-8, 8-9, 10 [8a, 9a]/1 Cor 1:1-3/Jn 1:29-34
Monday: 1 Sm 15:16-23/Ps 50:8-9, 16bc-17, 21 and 23 [23b]/Mk 2:18-22
Tuesday: 1 Sm 16:1-13/Ps 89:20, 21-22, 27-28 [21a]/Mk 2:23-28
Wednesday: 1 Sm 17:32-33, 37, 40-51/Ps 144:1b, 2, 9-10 [1]/Mk 3:1-6
Thursday: 1 Sm 18:6-9; 19:1-7/Ps 56:2-3, 9-10a, 10b-11, 12-13 [5b]/Mk 3:7-12
Friday: 1 Sm 24:3-21/Ps 57:2, 3-4, 6 and 11 [2a]/Mk 3:13-19
Saturday: Acts 22:3-16 or Acts 9:1-22/Ps 117:1bc, [Mk 16:15]/Mt 16:15-18

Next Sunday: Is 8:23—9:3/Ps 27:1, 4, 13-14 [1a]/1 Cor 1:10-13, 17/Mt 4:12-23 or 4:12-17

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