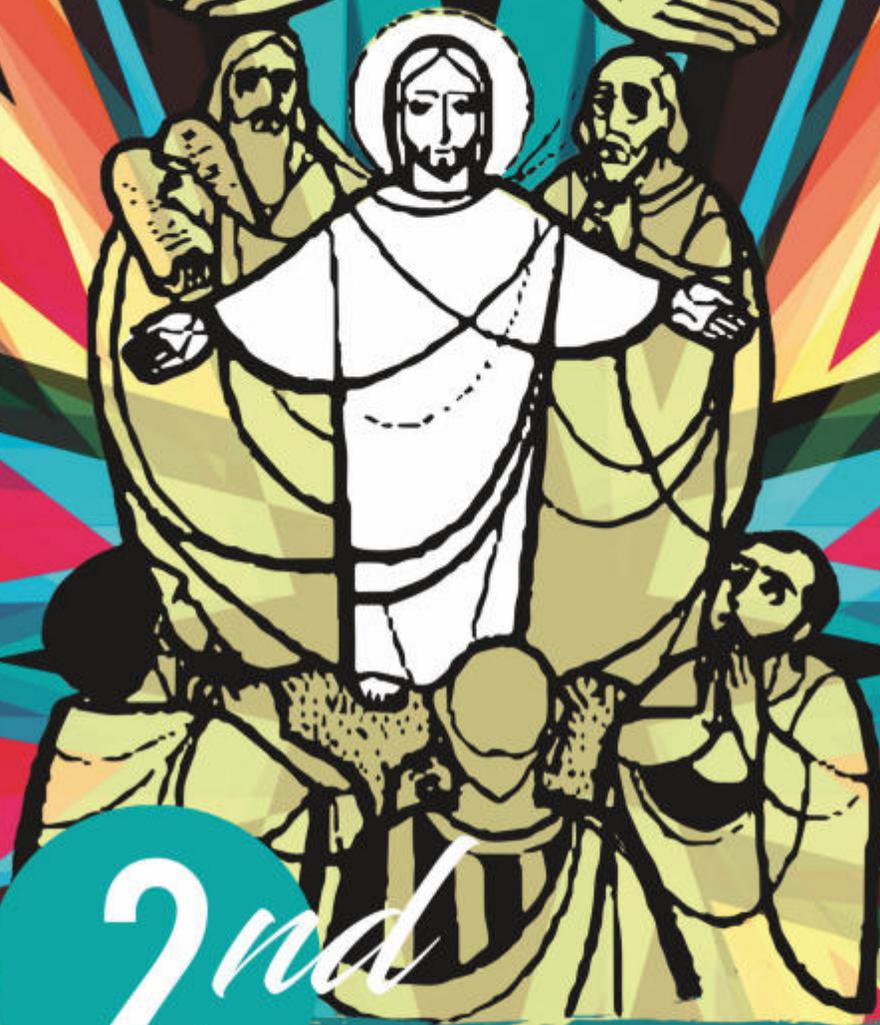


Our Lady of Mount Carmel Church
February 28, 2021



2nd

SUNDAY OF LENT

Jesus took Peter, James, and John and led them up a high mountain apart by themselves. And he was transfigured before them, and his clothes became dazzling white, such as no fuller on earth could bleach them. - Mk 9:2-3



Saturday, 2-27	9:00 a.m.	Special intention
	4:30 p.m.	For the people of the parish
Sunday, 2-28	7:30 a.m.	For the people of the parish
	9:00 a.m.	Silva and Frago family
	10:45 a.m.	Helen Simmons
Monday, 3-1	9:00 a.m.	Dennis Rainey
Tuesday, 3-2	9:00 a.m.	David Marsland, 4th anniversary
	9:00 a.m.	Special intention
Wednesday, 3-3	9:00 a.m.	Special intention
Thursday, 3-4	6:30 p.m.	Sandi Hall, 1st anniversary
	9:00 a.m.	Special intention
Friday, 3-5	7:00 p.m.	Stations of the cross
	9:00 a.m.	Month's Mind Mass
Saturday, 3-6	4:30 p.m.	Edward Olean
	7:30 a.m.	Maria Maggie Perry, 1st anniversary
Sunday, 3-7	9:00 a.m.	For the people of the parish
	10:45 a.m.	Louis Propatier

All Masses are livestreamed.

*Watch on the parish website, olmcseekonk.org,
or Facebook page, @OLMCSeekonkMA*

Mass intentions being accepted

The parish office is taking Mass intentions for Masses through June 30. There is a limit on the number so everyone will have an opportunity. Come by the office during office hours or call the parish secretary, 508-336-5549. The offering for each Mass is \$10. A Mass for a person who is living will be listed as a "Special Intention" but any Masses for deceased loved ones or a general intention (such as For Vocations") will be listed as such. Please make sure you spell out the names of those you wish the Mass to be offered for so it will be accurately recorded.

Bulletin access: Sign up to receive the bulletin by email at parishesonline.com. Read the bulletin online on Our Lady of Mount Carmel's website, www.olmcseekonk.org. Email notices to vickianddowning@yahoo.com.

THANK YOU
for your generosity

**DONATE
ONLINE**

Your donations are more important than ever. Please visit our website, www.olmcseekonk.org, and select "Online Giving."

Report for February 21, 2021

Weekly Offering: \$7,597

Use our online giving system

Our online donation and payment system works directly through our eCatholic website and provides a safe, simple, and convenient way for parishioners to tithe or contribute gifts for a specific need. This helps eliminate the need to locate checkbooks, remember weekly envelopes, or mail in funds. Especially during this difficult time when many are not in church weekly, parishioners can give directly on the parish website or set up a recurring account to give automatically. As you know, everything we do as a parish, from the upkeep of the church and Parish Center to the ministries we offer, comes from the generosity of parishioners. So, thank you! To use the system, visit www.olmcseekonk.org and select "Online Giving."

If you can help financially but do not wish to give online, you may drop your donation in the black mailbox outside the parish office, or mail it to: Our Lady of Mount Carmel Parish, 984 Taunton Ave., PO Box 519, Seekonk, MA 02771. Donations also are collected during Masses on Saturday and Sunday. Every little bit helps, so thank you.

Tax Statements for 2020

A statement of your 2020 donations to Our Lady of Mount Carmel has been mailed and should be received within the next week or two. Please note: If your donations made for the year 2020 were \$24 or less, you will not receive a statement. You can call the office or send an email to kellyolmc@gmail.com to request your statement and we will be happy to provide it to you.

Parish office hours

The Parish Office is open Monday, Tuesday, Thursday, and Friday from 9:30 a.m. to 2 p.m. If you need to drop off anything or to pick up paperwork outside regular hours, items can be placed in the drop box installed outside the parish office, or mailed to you. The phone number is 508-336-5549.

Pastor's Page

As we are in the second week of Lent, we continue to seek to grow in our awareness of our need for God's mercy and how merciful God has been with us (most importantly through the Passion, Death, and Resurrection of Christ). The message of mercy is essential for all of us to grow in holiness and forgiveness. The Divine Mercy Chaplet prayer and the image of the Divine Mercy we now have in the main church are great instruments to help us meditate and call upon the mercy of God, and how it is infinitely more powerful than sin. Below is a simple guide on how to pray the Divine Mercy Chaplet.

Praying the Divine Mercy Chaplet

- Make the Sign + of the Cross
- (Optional Prayer: You expired,

Jesus, but the source of life gushed forth for souls, and the ocean of mercy opened up for the whole world. O Fount of Life, unfathomable Divine Mercy, envelop the whole world and empty Yourself out upon us.

(Repeat three times): O Blood and Water, which gushed forth from the Heart of Jesus as a fount of mercy for us, I trust in You!

- Say an "Our Father" and a "Hail Mary"
- Say the "Apostle's Creed."

I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, His only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day He rose again. He ascended into heaven and sits at the right hand of God, the Father Almighty. From thence He shall come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Once you have finished the Apostle's Creed, you begin at the first decade, using rosary beads:

- On the "Our Father" bead:
Eternal Father, I offer you the Body and Blood, Soul and Divinity of Your Dearly Beloved Son, Our Lord, Jesus Christ, in atonement for our sins and those of the whole world.

- On each "Hail Mary" bead:
For the sake of His sorrowful Passion, have mercy on us and on the whole world.

At each decade, simply begin with the "Our Father" bead, repeating what was done in the first decade. When you have finished the fifth decade, conclude with:

- Three times:
Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world.

(Optional closing prayer:

O Blood and Water that gushed forth from the Heart of Jesus as a fountain of mercy for us, I trust in You. Eternal God, in whom mercy is endless and the treasury of compassion inexhaustible, look kindly upon us and increase Your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to Your holy will, which is Love and Mercy itself.)

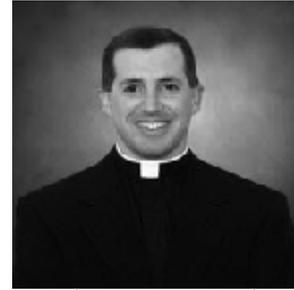
- Make the Sign + of the Cross

Abstinence from Meat During Lent:

Don't forget on Fridays during Lent that we abstain from meat. This applies to all those who are 14 and older. It is always very uplifting knowing everyone is trying to carry out a united sacrifice throughout the Church.

Fr. Kapaun Series: This week the Men's Lenten Study Group will be discussing the videos on hope and love from the Fr. Kapaun series on Formed. We are meeting on Thursdays during Lent in the basement of the Church from 7:15-8:15 pm. We will also be available via Zoom. Please come join us!

Women's Lenten Book Study: Starting this Wednesday, there will be a book study for women on some of the writings of St. Teresa of Calcutta. It will



Father Kevin Cook

continue each Wednesday during Lent (this will be done virtually – the only cost will be the book).

World's Greatest Bible Study: Beginning this Sunday, Fr. Kevin will be leading a Bible Study on an overview of the Old Testament from 2-3:30 p.m. in the church. If possible, bring a Bible and a notebook. It will also be livestreamed so people can join us by signing up through the parish website.

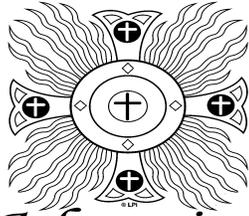
New Code for Listening to Mass Outside: For the last eight months we have been affording people the opportunity to listen to the Mass in their car through their phone using the program "Go To Meeting." Lately we have been having issues with Go To Meeting, so we have changed over to Zoom. To listen, please pick up one of the information sheets on the table in the main foyer of the church. This will be effective starting with Masses this weekend.

Mass with the Anointing of the Sick: This Saturday, March 6, is the First Saturday of the month. During the 9 a.m. Mass we have the sacrament of the Anointing of the Sick offered for those who are in any danger of death due to serious ailments, preparing for surgery, or elderly and frail. This Mass also is offered for any parishioners who died in this last month. All are welcome.

Please Keep in Your Prayers: Please keep in your prayers two of our parishioners who died recently. Please pray for Pattie Silva, whose funeral was on Friday, Feb. 26. Please also pray for the repose of the soul of Florence Whalen, whose funeral will be Saturday, March 6, at 10:30 a.m. Please also remember their families in your prayers during this difficult time.

— Fr. Kevin

Eucharistic



Adoration

St. Joseph Adoration Chapel

Our Lady of Mount Carmel Parish offers perpetual adoration of the Blessed Sacrament 24 hours a day, seven days a week, in the St. Joseph Adoration Chapel.

To conform with social distancing, the chapel is limited to nine people. Use the hand sanitizer at the entrance and when you leave, please disinfect any part of the chair and kneeler you may have touched.

We are in need of adorers and substitutes. To become a regular adorer or a substitute, please contact Linda Nason, Adoration Coordinator, 508-463-6723.

When we come before Our Lord in the Blessed Sacrament and trust in the power of prayer, we draw strength from His inexhaustible strength. We draw power from His inexhaustible power. We draw peace from His inexhaustible peace.

— Fr. William Casey, *Making a Holy Lent*

Adorers are needed:

- Saturday: 8 a.m., 4 p.m., 6 p.m.
- Sunday: 1 a.m., 2 p.m., 3 p.m., 5 p.m.
- Monday: 1 p.m., 2 p.m., 4 p.m., 9 p.m.
- Tuesday: 5 a.m., 10 a.m., Noon
- Wednesday: 9 a.m., 11 a.m., 1 p.m., 6 p.m.
- Thursday: 2 p.m., 5 p.m., 8 p.m.
- Friday: 3 a.m., 5 a.m., 10 p.m.

Substitutes are needed:

- Saturday: 8 a.m., 5 p.m., 6 p.m.
- Monday, 11 a.m., 2 p.m.
- Tuesday: 2 p.m.
- Thursday: 2 p.m., 5 p.m., 8 p.m.
- Friday: 5 a.m., 10 p.m.

Contact information for adorers:

Midnight-5 a.m.	Donna Castle	401-524-5219
6 a.m.-11 a.m.	The Andrades	508-252-5254
6 a.m.-11 a.m.	Loretta MacDonald	508-252-4475
Noon-5 p.m.	Linda Nason	508-463-6723
6 p.m.-11 p.m.	Maureen Sanders	508-243-4104

The **Chaplet of Divine Mercy** is prayed in the adoration chapel **Monday through Saturday at 3 p.m.**

A **rosary for priests and all vocations** is prayed in the adoration chapel every **Thursday at 2:30 p.m.**

A **novena to St. Anne for the protection of children** is prayed every **Friday at noon** in the adoration chapel.

Society of St. Vincent de Paul



*Blessed are the poor in spirit,
For theirs is the kingdom of heaven.
Mt 5:3*

Do you know of anybody who needs help? Call the Society of Saint Vincent de Paul at 401-603-8888 so that, together, we can help the suffering and the poor.

The next meeting will be a virtual meeting on Tuesday, March 9, at 7 p.m. If you are interested in becoming a member, please call the number above.

If you're in need, please reach out

Are you in need with help with food, clothing, shelter, or other needs? Throughout the year there are many needs that spring up, but especially in this difficult time there may be many of you who are struggling to make ends meet. Please do not hesitate to contact our parish St. Vincent DePaul Society to see what type of assistance they can provide. Explain your current financial need and they will see what they can do to help you, whether it is with that direct need, or possibly by providing aid with some other need in daily life that frees you to address the need you are currently facing.

Building a Culture of Vocations in March

Every month we pray for different vocations to support those who are responding to the Lord's call. In the month of March let us pray for Fr. Jack Schrader, chaplain at Bishop Feehan High School; Brother Damian Marie Day, our parishioner, who will be ordained a transitional deacon on Saturday, March 20; Deacon Peter Scheffer, and our parishioners Michael and Lori Lavigne for the gift of the bond of marriage.



Youth Nights for Grades 8-12 now virtual

All youths in Grades 8-12 are invited to join us for our monthly Youth Nights, which will be virtual until the spring. Virtual Nights run from 7-8 p.m. Fridays and we use GoToMeeting.

Boy will meet January 8, February 5, March 5.

Girls will meet January 15, February 12, March 12.

Youth Nights are part of Confirmation Preparation for Grades 8 and 9, but are open to all high school students.

Contact Lori Lavigne for more information at 508-233-3312, L.Lavigne.olmc@gmail.com.

2ND SUNDAY OF LENT



Lenten Schedule

During Lent we are offering different opportunities to hopefully help people have a grace-filled Lenten experience. There are daily resolutions for each one of us to work on in the area of prayer and sacrifice to help us be more disposed in heart, body, and mind to the heart of Christ.

Other specific scheduled opportunities as a community to help us experience Lent:

- **Confessions** – In the confessional in the St. Joseph Adoration Chapel on Mondays, Tuesdays, Thursdays, and Fridays from 4:30-6 p.m. and Saturdays from 3:15-4:15 p.m.
- **World's Greatest Bible Study** – Sundays of Lent in the church from 2-3:30 p.m. Understanding the Old Testament led by Fr. Kevin. Bring your Bible and a notebook. It will also be livestreamed at Zoom.com. For information, visit the parish website, www.OLMCSeekonk.org.
- **Women's Book Study** – Are you looking for a way to grow deeper in your faith without having to leave the comfort of your home? Please join us for a weekly virtual book club each Wednesday during Lent at 7:30 p.m. via Zoom. We will be reading *Mother Teresa: A Simple Path*, which can be purchased on Amazon. Sign up at OLMCSeekonk.org. If you have questions, contact Lindsey Rutkowski at linds eyl w22@gmail.com.
- **Men's Study of Virtues and Beatitudes** – Are you looking for a way to challenge yourself this Lent? Join Fr. Kevin and fellow men of the parish Thursday evenings from 7:15-8:15 in the lower church (or virtually) to discuss the video series *Kapaun's Men*, which explores the life and virtues of Fr. Emil Kapaun, the most decorated chaplain in U.S. Army history. For more info: OLMCSeekonk.org. We will also be available via Zoom. For meeting information, visit the parish website, OLMCSeekonk.org. Please come join us!
- **Stations of the Cross** — Each Friday during Lent we will pray the Stations of the Cross in the church at 7 p.m. The church will be open for prayer during the day on Fridays during Lent.

If you are sick and in the hospital

If you are facing grave illness or going in for surgery at which they will be giving you anesthesia, please let Fr. Kevin know so he can come give you Confession, the Anointing of the Sick, and Communion (but only for a person who is dying, called Viaticum). Please know if you are admitted to the hospital for grave health, you should let them know that you are Catholic and would like the Anointing of the Sick or Confession (and please let your family know, if for some reason you are admitted to the hospital and unable to communicate, so your family can convey your wishes to the hospital). Currently at Rhode Island Hospital there is a priest chaplain, but some hospitals such as Sturdy do not have priest chaplains anymore, so ask them to contact Fr. Kevin, since you are a parishioner here.

Project Rachel can help

Project Rachel is a national group that tries to listen and give direction for women and men to find healing after experiencing abortion. Locally, Project Rachel can be reached by calling 508-997-3300 or emailing pla@pl Rachel.com. For anyone who has had an abortion experience and has not reached out for healing, please pray for the courage to take that step.

Parishioners: Update your contact information

Have you moved? Eliminated your landline? Changed any contact information? If you are a registered parishioner and need to update your personal information with the parish, for example: change of address, phone number, or email, please use the form on the parish website, www.olmcseekonk.org/update-your-info. Thank you for helping us keep our records current! Also, to sign up for Flocknote, a new method of parish communication, text OLMCSeekonk to 84576. You can choose whether to receive text or email notifications.

Diocesan notice: The Diocese of Fall River remains committed to the process of healing for survivors of sexual abuse by any clergy member or diocesan employee. The victim assistance coordinator is available to help survivors make a formal complaint of abuse to the diocese and to obtain supportive resources for the needs of the individuals and families. If you or anyone you know has been a victim of sexual abuse by a diocesan employee, please contact Deacon Joe Ragali, 508-675-1311, and he will connect you with our victim assistance coordinators.

OUR LADY OF MOUNT CARMEL PARISH

984 Taunton Ave., PO Box 519, Seekonk, MA 02771

Website: olmcseekonk.org

Email: office@olmcseekonk.org

Facebook: OLMCSeekonk **Twitter:** @OLMCSeekonk

Formed: OLMCSeekonk.formed.org

Pastor: Rev. Kevin A. Cook, fr.cook.olmc@gmail.com

Permanent Deacon: Matthew Sweeney

Transitional Deacon: Peter Scheffer

Office hours: Monday, Tuesday, Thursday, Friday 9:30 a.m.-2 p.m.

Office telephone: 508-336-5549 **Fax:** 508-336-9010

Rectory: 508-336-9022

Administrative Assistant: **Kelley Nieviera**, kellyolmc@gmail.com

Rectory Assistant: **Meg Mulvey**

Maintenance: **Dave LeClair**

Marty Doyle

Custodian: **Sheila Ducharme**

EVANGELIZATION AND FORMATION

Baptism Preparation, Registrations, Family Faith Formation (1-7),

Youth/Young Adult Ministry, Adult Ministry:

Lori Lavigne, L.Lavigne.olmc@gmail.com, 508-233-3312

1st Communion/Reconciliation, Confirmation, Marriage Preparation,

RCIA/Adult Sacraments:

Christine Gregorek, c.gregorek.olmc@gmail.com, 508-336-5549

MUSIC MINISTRY

Director of Music: Jean Kusiak, 401-225-3700, JMKusiak@comcast.net

Choir performs at 10:45 Mass and special liturgies. Rehearses on Tuesdays 7-8:30 p.m., September-June.

Children's Choir performs at special liturgies, 9 a.m. Mass. Rehearses the Sunday of, 8:15-8:45, lower church.

ALTAR SERVERS, EUCHARISTIC MINISTERS, LECTORS

Schedules: www.olmcseekonk.org

(Select "Liturgy" from the top bar, then "Liturgical Ministries," then "Schedules.")

For scheduling: 508-336-5549

To become an altar server, Eucharistic minister, or lector: 508-336-5549

SACRAMENTS

Confessions are heard in the St. Joseph Adoration Chapel on Saturday from 3:15-4 p.m., and on Monday, Tuesday, Thursday, and Friday from 4:30-6 p.m.

Baptisms: Congratulations! Please contact Lori Lavigne at the parish office to register in the parish and sign up for Baptismal Preparation as soon as possible. Preparation can be done prior to baby's birth, if preferred.

Marriage: Congratulations! Please notify the parish office eight months in advance of your wedding.

Anointing of the Sick takes place on the first Friday at the 9 a.m. Mass.

MASSES

Monday-Saturday: 9 a.m. (except Thursday 6:30 p.m.)

Saturday 4:30 p.m., **Sunday** 7:30 a.m., 9 a.m., 10:45 a.m.

HOLY DAYS : 9 a.m., noon, 7 p.m. (Vigil 5:30 p.m.)

ORGANIZATIONS

Gathering Grandmothers

Jan Smart, 508-336-5118

Meets at noon Fridays in St. Joseph Adoration Chapel to pray Novena to St. Anne for protection of children.

Holy Souls Prayer Group

Dolores de Paiva, 508-252-3826

Meets at 9 a.m. Thursdays in the church

Jordan Ministry

508-336-5549

Knights of Columbus

Rolland St. Pierre, 508-336-2102

Meets 3rd Friday

Men of St. Joseph

Bob Bertocini, 401-447-8136

Meet 2nd Thursday at 7 p.m.

Men's Prayer and Fellowship

William Kearney and Marty Doyle,
508-243-0880

Meets 1st Saturday at 8:30 a.m.

Ministry to the Sick

Pat Swanson, 508-336-5549

Parish Nurses

Elizabeth Charnecki, 508-252-5718

Blood pressure clinics Wednesdays after Mass,
Sept.-June.

Prison Ministry

Frank Gibbons, 508-336-5461

Prayer Group

Barbara Craveiro, 508-889-6472

Meets 2nd Wednesday at 7 p.m., lower church

Pro-Life Group

Ron and Claudette Larose, 508-252-4336

St. Vincent de Paul

Marie Morrell, 401-603-8888

Meets 2nd Tuesday at 7 p.m., Sept.-May

Seekonk Catholic Cancer Support

Elizabeth Charnecki: 508-252-5718

Meets 1st Saturday

Senior Luncheon Committee

Call to register: 508-336-5549

K.C. Hess

Jay Brennan

Paco Pedro

Luncheon held 2nd Tuesday except June, July, Aug.

Vocation Committee

Joanna Young, 508-336-3473



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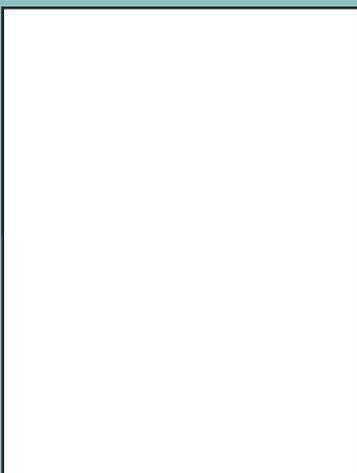
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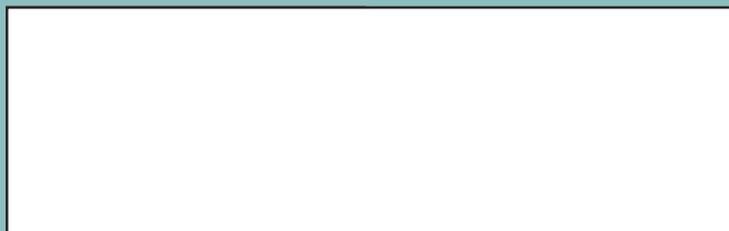
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