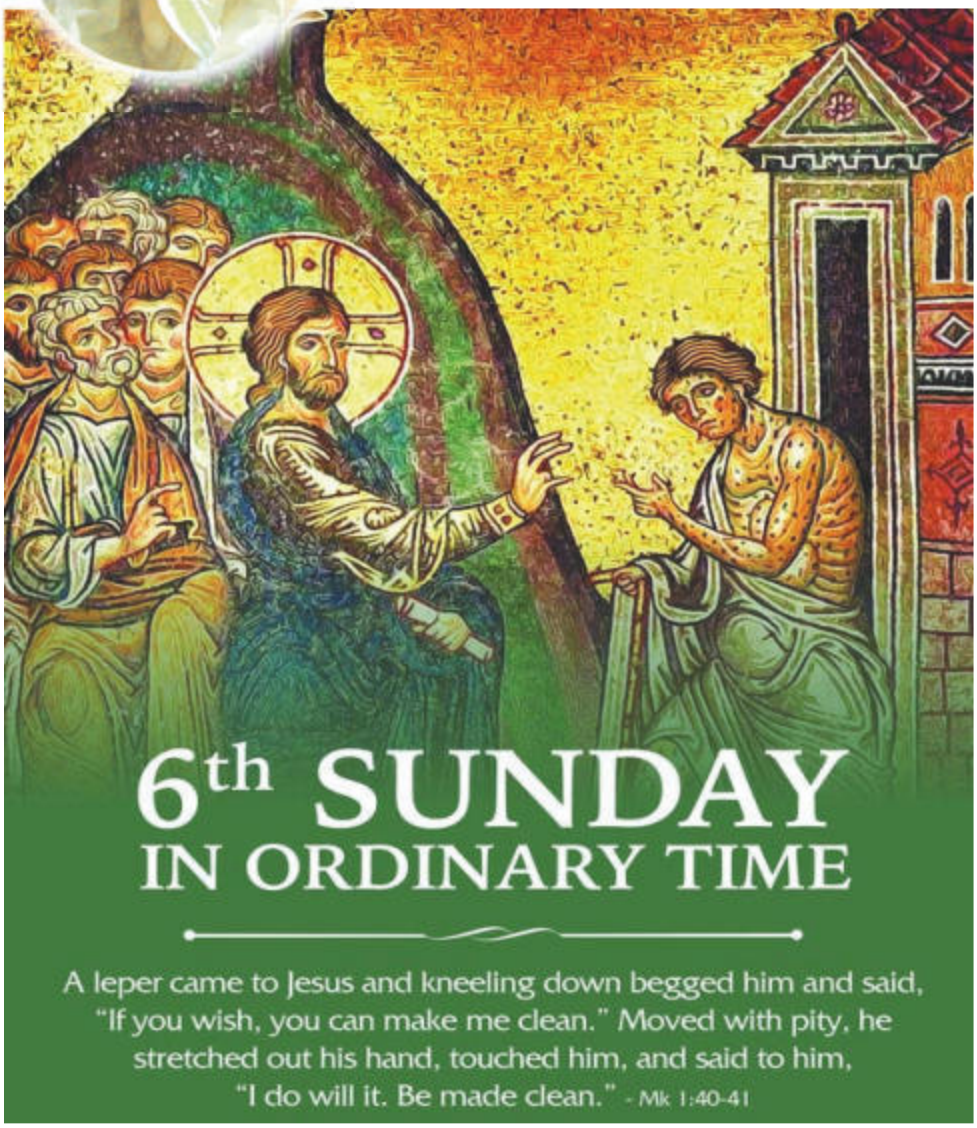
LIVE Streamed and recorded Mass to continue. In-person Masses for the month of February include Saturdays at 4:00 pm at OLA and STC - Sundays at 9:00 am at STR and OLA and 11:00 at STC. Limited to a total of 50 people. To attend Mass please see our web page www.pal-me.org for sign up and complete details or call your church office. Weekday Mass is offered Mon, Wed, Thu, Fri at 9:00 am at STR CHURCH. Sign up for weekday Mass is not necessary.

# PARISH OF THE ASCENSION OF THE LORD

SERVING SOUTHERN YORK COUNTY:
KITTERY, ELIOT, LEBANON, THE YORKS & THE BERWICKS
PAL-ME.ORG




FEB
14
2021

## MASS SCHEDULES

### Our Lady of the Angels

Saturday 4:00 pm Mass
Sunday 9:00 am Mass

### Saint Christopher

Saturday 4:00 pm Mass
Sunday 11:00 am Mass

### Star of the Sea

(Summer Mission Church)

### Saint Raphael

Sunday 9:00 am Mass
Monday, Wednesday, Thursday, Friday
9:00 am Mass in the Church

### OUR LADY OF THE ANGELS

**Office:**
162 Agamenticus Rd,
South Berwick, ME 03908
**Mailing:**
PO Box 208, South Berwick ME 03908
**Tel:**
207-384-7006 / No Fax
**Temporary Hours Subject to Change:**
Monday 9:00am to 12:00pm
**Temporary Secretary:** *Carole Stacewicz*
carole.stacewicz@portlanddiocese.org

### SAINT RAPHAEL
**PARISH CENTRAL OFFICE**

**Office**:
6 Whipple Road,
Kittery, ME 03904
**Tel:**
207-439-0442 / Fax: 207-439-2642
**Hours:**
Mon, Tues, Wed, Thurs 8:00am to 2:00pm,
Closed Friday
**Secretary:** *Elizabeth Springmeier*
elizabeth.springmeier@portlanddiocese.org

### SAINT CHRISTOPHER

**Star of the Sea** (Summer Mission)
York Beach, ME 03910
**Office:**
4 Barrell Ln, York, ME 03909
**Tel:** 207-363-2111 / Fax: 207-363-1586
**Temporary Hours Subject to Change:**
Monday & Wednesday 9:00am to 12:00pm
**Secretary:** *Brenda Jolicoeur*
brenda.jolicoeur@portlanddiocese.org
change.

## SAINT MICHAEL'S CEMETERY

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## PARISH CENTRAL OFFICE

6 Whipple Road, Kittery, ME 03904
Tel: 207-439-0442 / http://www.pal-me.org

Pastor: *Father Scott Mower* . . . . . .*scott.mower@portlanddiocese.org*
Business Manager: *Bill Green* . . . . . *bill.green@portlanddiocese.org*
Faith Formation: *Veronica Richards*. . . . . *veronica.richards@portlanddiocese.org*
Protecting God's Children: V*eronica Richards veronica.richards@portlanddiocese.org*
Bulletin Submissions: *Kathy DiMare*. . . . . ..*kathy.dimare@portlanddiocese.org*

## SOCIAL JUSTICE & PEACE COMMISSION

For information on available resources please contact the main office at 207-439-0442

## TABLE OF PLENTY

Please follow us on Facebook for more information https://www.facebook.com/Table-of-Plenty-260436009016/ for updates.

- Tuesday- First Parish Church York has not resumed take-out meals at this time.
- Wednesday– United Methodist Church Berwick take-out meals available 3:30-6:00
- Thursday– St. Raphael Church Hall Kittery take–out meals available 4:30-5:30

## SACRAMENTAL LIFE

**Baptisms**: Please call the Parish Office at 207 439-0442
Parents are expected to attend a Baptismal preparation session.

**Sacramental Prep and RCIA**: (Youth and adults): call our office at 439-0192
*Veronica Richards veronica.richards@portlanddiocese.org*

**Marriage**: Please call the Parish Office before making any wedding arrangements. Please allow at least six months for preparation.

**Reconciliation**: Saturday
Our Lady of the Angels Church, So Berwick: 3:00-3:30 pm
Saint Christopher Church, York: 3:00-3:30 pm
Also offered by appointment.

**Eucharistic Adoration**: St. Raphael Church
Every Wednesday for one half hour
Following the 9:00 a.m. Mass

**Anointing of the Sick**: Please call Parish Office to arrange.
This may also be requested prior to surgery or hospitalization.

## SOUTH BERWICK

**THE SOUTH BERWICK COMMUNITY FOOD PANTRY** located at 47 Ross Street is open Thursdays from 6 p.m. to 7:30 p.m. and the first and third Fridays of each month from 10 a.m. to 11:30 a.m. For more information call (207) 384-3310 or contact Dave Stansfield at witchtrot46@comcast.net.

## KITTERY, KITTERY POINT, ELIOT

**FOOTPRINTS FOOD PANTRY** can provide temporary help during the coronavirus outbreak. Footprints is open for food assistance to residents of Kittery, Kittery Point, & Eliot. No application is required during this outbreak. If you need food assistance please consider Footprints Food Pantry, we are here to help. Unable to get to get to Footprints and pick up food? Consider asking a family member, neighbor or friend to pick up for you. If that's not possible, we are able to deliver right to your home. For more information or to make delivery arrangements, please Call 439-4673.

Footprints Food Pantry Hours:
Tuesday 5:30pm-6:30pm and Wednesday 9:30am-12:30pm
Donations may be dropped off on Tuesdays 8:00am-10:00am
and Wednesdays 8:00am-12:30pm

Footprints is fueled by volunteers and community support, and we rely on the goodness of our donors, partners, and community to support and care for our neighbors. Thanks to all.

## YORK COMMUNITY SERVICES

**THRIFT SHOP UPDATE!** Following the data and with cases increasing in and around York, YCSA has decided to close the Thrift Shop for in person shopping. We are not accepting merchandise through the end of Feb. with plans to re-evaluate in March. The online store is still open.

**YCSA FOOD PANTRY UPDATE In order to help keep everyone safe and healthy during this time we have made some easy changes at the Food Pantry. If you require assistance from the food pantry, you MUST call Maureen Monsen at 207- 363-5504 ext. 3. This is now a pre-order and drive-thru system.**

**YORK COMMUNITY FOOD PANTRY Donations are accepted Wed. & Thurs. mornings 8:00 to 11:00. Fresh produce donations are not being accepted at this time. We can't do it without you!**

**YCSA VOLUNTEER GROCERY SHOPPING & DELIVERY PROGRAM If you are in a high-risk group for COVID-19 and need help getting groceries, please call Donald Martin at 207-337-1867. We have a list of volunteers that will do your shopping for you and deliver them to your front door. If you would like to volunteer for this program please call Donald at 207-337-1867.**

**If you are experiencing economic hardship and you need help with General Assistance or YCSA Family Services assistance, please call Janie Sweeney at 207-363-5504 Ext. 2**

## SOMERSWORTH BERWICK COMMUNITY FOOD PANTRY

In these trying times we must help our neighbors even more. Their needs have increased and many are at the brink of losing all they have worked for. Your contributions of protein items and canned pasta will help those needing some assistance getting food on the table. Any canned beef stew, canned pasta, peanut butter, tuna or other fish, beans, and other high protein items will be greatly appreciated. Please follow these guidelines. Food can be dropped off at the food pantry located at 176 West High Street in Somersworth. Drop off hours are Monday 7:30 AM to noon, Wednesday 5:30 PM to 8 PM and Thursday 2:30 PM to 5 PM. Individuals wishing to donate money to help with the purchase of food can do so by making out a check to Community Food Pantry and mailing it to 176 West High Street P O Box 228 Somersworth, NH 03878. Thank you for all contributions. Every item will be welcome and greatly appreciated.

# GROWING WITH THE Gospel

CYCLE B

6th Sunday in Ordinary Time • Mark 1:40-45

### SHARING THE GOSPEL

It is not fun to be sick. You miss your friends at school. You can't go outside to play. On top of being bored and lonely, you don't feel well at all. The man with leprosy in today's Gospel was sick a long, long time. He was really bored, lonely, and feeling awful. There was no medicine for leprosy. Jesus was the only one who could help him.

### PRAYER

God, you have the power to heal.
Help me to trust you, even when I'm sick.

### DRAW THIS

Draw a man with sores all over his body.
Then draw the sores gone.

### MISSION FOR THE WEEK

Visit the sick. Make a card. Take a treat to share.
Give them something to read. Pray for them before you leave.
You will brighten their day.

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### FIND AND CIRCLE THESE WODS FROM TODAY'S GOSPELS

~~LEPROSY~~ WELL GIFT
JESUS WARNED HEALED
POWER SHOW WALKED

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|
| M | O | S | Y | T | E | D | A | G | U | R |
| A | L | E | P | R | O | S | Y | E | W | A |
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| S | H | O | W | F | O | E | G | I | F | T |
| E | Y | I | E | I | J | A | O | U | H | I |
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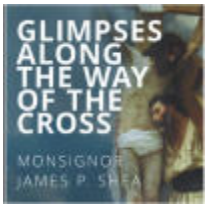
### GLIMPSES ALONG THE WAY OF THE CROSS

by Monsignor James Shea



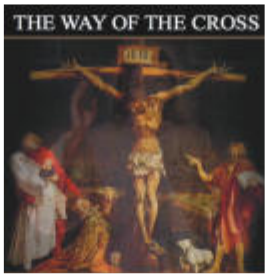

In these three beautiful talks, Monsignor James Shea guides us along the Stations of the Cross, teaching us how to open our hearts more to the suffering and loneliness of Jesus on His way to Calvary. Weaving together the insights of keen believers like Fr. Richard Neuhaus, Caryll Houselander, Archbishop Fulton Sheen, and Dr. James Edwards, these powerful meditations take us into the depths of Christ's agony, and back out again into the joy of what His sacrifice means for us.

### SAINT HELENA AND THE TRUE CROSS

by Louis de Wohl

Set against the colorful background of power struggles in imperial Rome and battling Roman legions, this is the exciting story of St. Helena, mother of the Emperor Constantine, who found the Cross of Christ in Jerusalem. This book, originally written for young people but loved by readers of all ages, paints a vivid portrait of a remarkable woman who overcame every obstacle with faith, hope, perseverance, and a healthy dose of ambition.

Louis de Wohl, known for his masterful storytelling, describes the amazing events that led to the conversion of Helena and the rise to power of her son. He also recounts the vision Constantine experienced on the eve of a pivotal battle and his subsequent legalization of Christianity in the fourth century. The story dramatically concludes with St. Helena's final accomplishment--her dangerous and miraculous expedition to the Holy Land.




### THE WAY OF THE CROSS

Enter into our Lord's Passion and Death with the Stations of the Cross by St. Alphonsus Liguori. The meditative tone and pace of this devotional video featuring Catholic artistic masterpieces allows for true accompaniment with Jesus along the Way of the Cross.

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5. You will be asked to Create a New Account: **Fill in your name and email address then click sign Up.**
6. Next time you sign in make sure to go to the top right corner and click on **SIGN IN** and follow the instructions.

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# Our Parish News

**YEAH, YOU!:** Does a life of joy in knowing that you are following the Lord as a priest, deacon, religious sister or brother inspire you? Fr. Seamus, Deacon Peter, or Sister Rita-Mae will be happy to help you! You can contact them at: (207) 773-6471 or *vocations@portlanddiocese.org*; or *www.facebook.com/vocationsMe;* or Diocese of Portland Vocation's Office /510 Ocean Avenue / Portland, ME 04103-4936.

**SCRIPTURE READINGS Year B**

| | | |
|---|---|---|
| Feb 14 | Sun | Lv 13:1-2, 44-46, 1 Cor 10:31-11:1, Mk 1:40-45 |
| Feb 15 | Mon | Gn 4:1-15,25/Mk 8:11-13 |
| Feb 16 | Tue | Gn 6:5-8, 7:1-5, Mk 8:14-21 |
| Feb 17 | Wed | Jl 2:12-18, 2 Cor 5:20-6:2, Mt 6:1-6, 16-18 |
| Feb 18 | Thu | Dt 30:15-20, Lk 9:22-25 |
| Feb 19 | Fri | Is 58:1-9a, Mt 9:14-15 |
| Feb 20 | Sat | Is 58:9b-14, Lk 5:27-32 |

**LAST WEEK'S GOSPEL QUIZ**
In last Sunday's reading from the GOSPEL OF MARK (1:29-39), Jesus made the first "home visit" of His public ministry. He visited the home of His disciple, Simon Peter. While He was there He cured Simon's mother-in-law who was ill.

**THIS WEEK'S GOSPEL QUIZ**
In this Sunday's reading from the GOSPEL OF MARK (1:40-45), Jesus performs another healing miracle. What condition is healed? What does Jesus ask of the person who receives the healing?

**SEMINARIAN SUPPORT:** The Diocese of Portland is blessed to have eight men preparing for the priesthood. This week we remember in our prayers, *Vinh Nguyen*, a native of Vietnam. Vinh is in his First Year (of 2 years) of Pre-Theology. Cards or notes of support may be sent to him at: Theological College / 401 Michigan Avenue, NE / Washington, DC 20017. Vinh's birthday is April 4.

*Are you planting seeds for religious vocations with anyone?*

From February 17-March 28, please join us (and others in 816 cities and 56 nations) for the **"40 Days for Life"** Spring 2021 Campaign. This will be the 22nd season for our parish, where we pray each Friday outside the Lovering Health Center, 559 Portsmouth Ave., Greenland, NH. Some of you may prefer instead to fast and/or pray at home to end abortion. With God's help, there have been 17,990 documented "saves" world-wide since 2004. And yes, our group praying at the Lovering clinic has had one of them! (Who knows how many more?) 107 abortion clinics closed, and 211 abortion workers converted. To join us, or just for more info, please call Rick or Helen Hennessy (363-4014) or Bruce Young (363-4128) or take a flyer from our red container located next to the church bulletins. Virus procedures observed.

**OUR PARISH WEEKEND REPORT:**

| Week 30 | 2018-19 | 2019-20 | 2020-21 |
|---|---|---|---|
| JAN 24 | $7,474 | $13,223 | $6,647 |
| YTD | $399,274 | $385,228 | $310,473 |

| Week 31 | 2018-19 | 2019-20 | 2020-21 |
|---|---|---|---|
| JAN 31 | $9,584 | $13,597 | $9,885 |
| YTD | $408,858 | $398,825 | $320,358 |

| January | 2018-19 | 2019-20 | 2020-21 |
|---|---|---|---|
| | $52,045 | $58,900 | $43,469 |

**SECOND COLLECTION:** This is "Pink Envelope" weekend! Each month, usually on the second Sunday, our parish has a second collection that goes to the *maintenance of the church building in which the contribution is placed.* In the case of Our Lady of the Angels, the contribution goes to the church building mortgage. We will gladly accept donations in the basket . . . . even if they are not in the pink envelope!

**SECOND COLLECTION:** Next weekend the Church's national second collection will be for the *Black and Indian Missions in the United States*. Because of the generosity of the people of this parish and parishes around the U.S., last year, over eight million dollars wee contributed to the Collection and 98 cents of every dollar was distributed. The support went to some of the neediest people across the United States. From the inner cities of the rural South, from the deserts of the Southwest, to Alaska's cold wilderness – 131 dioceses received assistance from the collection. Through your gifts, you will join your sacrifice to Christ's by helping those who sacrifice daily to lead others to Christ. Please be generous.

**ASH WEDNESDAY COLLECTION:** The Ash Wednesday Collection will be for the *Church in Eastern Europe* and the *Solidarity Fund for Africa*. Proceeds from the collection, sponsored by the bishops of the United States, are used for: supporting religious education programs, training seminarians, expanding social ministries, rebuilding churches, convents, and schools. Your generosity can help provide the resources to grow and nourish the faith in this region of the world.

**LENTEN DAD HUMOR**
Just for clarification, "Fasting" does not mean eating "Fast Food"!

**WORDS TO REFLECT UPON**
*My great concern is not whether God is on our side; my great concern is to be on God's side.*

-Abraham Lincoln
16th President of the United States
(1861-1865)

**STATION CHURCHES:** Since the third century, a Lenten devotion practiced by Catholics in Rome has been to pray at the various "station" churches throughout the city. A different church is assigned to each day in Lent. Let us remember these parishes in our Lenten prayers as well. The station churches this week are: Ash Wednesday – *St. Sabina*; Thursday – *St George in Velabro*; Friday – *SS. John & Paul*; Saturday – *St. Augustine*.

**We are a family-oriented organization and we welcome you!** Come find out what the Knights are all about and how you can make a difference in your community today

**Please call today to accept this invitation and sign-up. Contact Brian Ross, Grand Knight at 603-498-0055 in the York and Kittery area or Joe Thibeau, Grand Knight in the Berwick and Eliot areas at 207 475-8045.**

COVID19 has not slowed down your local Knights of Columbus organization. From fundraising to making generous donations in our communities; the Knights have stayed strong and vibrant. You and your family are encouraged to become involved in the many ways we give back to the community and church we call home. Contact Brian Ross today for more information.

**HAPPY ANNIVERSARY TO**
**BISHOP ROBERT P. DEELEY!**
Installed as Twelfth Bishop of Portland
*February 14, 2014*

**PRESIDENTS' DAY:** This coming Monday is Presidents' Day, a national holiday in the United States of America. Let us remember to pray for those 46 men who have served in the highest elected office of our nation.

**FEBRUARY IS BLACK HISTORY MONTH**

**DID YOU KNOW?:** The first successful religious order for women of color was the Oblate Sisters of Providence, founded in Baltimore by *Mother Mary Lange, OSP*, in 1829. Born in Haiti around 1794, the former Elizabeth Clarisse Lange escaped the revolution there and fled to Cuba where she received an excellent Catholic education. As an adult she immigrated to Baltimore to join an established group of fellow Haitian refugees. Asked by the local pastor to help establish a school for the Haitian children to help them learn to read so that they could study the catechism, four women led by Miss Lange, established St. Frances Academy . . . a school still running today. Eventually, these women formed a religious order with Elizabeth Lange, taking the religious name Mary, as the first superior general. Mother Mary Lange died on February 3, 1882 at close to ninety years of age. Her cause is currently being studied by the Vatican for possible canonization.

**LENTEN FAST AND ABSTINENCE:** Ash Wednesday and Good Friday are days of fast and abstinence. In addition, in this country, the Fridays of Lent are days of abstinence from meat. The law of abstinence binds Catholics aged 14 and older. Catholics aged 18 and over, until the beginning of their 60th year (that is, their 59th birthday) are bound by the law of fasting.

**FASTING AND ABSTINENCE:** Two practices often associated with the season of Lent are fasting and abstinence. While the act of fasting, that is going without something, can be practiced with various degrees of severity, the Catholic requirements are quite lenient. To *fast* means to consume not more than one full meal in a day. Two lesser meals may also be taken, but together they should not equal the main meal. There should be no snacking between meals. Liquids and medicines may be consumed throughout the day. To *abstain* means to refrain from consuming a particular food item. Catholics abstain from eating meat on the Fridays of Lent. We *fast* and *abstain* on Ash Wednesday and on Good Friday.

**ASH WEDNESDAY IS FEBRUARY 17TH**

Ash Wednesday is one of the most beautiful celebrations of Catholicism; a giant calling home to God's love and push to grow from discomfort.

As Christians during Lent, we are encouraged to dig deeper into each of these three areas: prayer, fasting, and almsgiving. These practices are not ends to themselves, but are ways in which we can live more fully what Jesus has taught us, loving God and loving neighbor. Lent is a time where we can root ourselves in these three acts and keep them in our minds and in our hearts throughout the next forty days.

The ashes have deep spiritual meaning. St. John Paul II perfectly summarizes the depth of meaning behind the ashes."Create in me a clean heart, O God, … take not your holy Spirit from me." We hear this plea echoing in our hearts, while in a few moments we will approach the Lord's altar to receive ashes on our forehead in accordance with a very ancient tradition. This act is filled with spiritual allusions and is an important sign of conversion and inner renewal. Considered in itself, it is a simple liturgical rite, but very profound because of its penitential meaning: with it the Church reminds man, believer and sinner, of his weakness in the face of evil and especially of his total dependence on God's infinite majesty.

**Pray now on how to live your best Lent ever. Ask God what change He wants to see in you.**

**UPDATE: Parish of the Ascension of the Lord** is lending a hand to **Catholic Charities** by helping refugees build new lives here in Maine.

Your mission: Donate **NEW OR USED** Men's, Women's and Children's warm winter coats during the month of February.

Each worship site in our Parish will have a special collection point outside each church for your donation. Contributions are being picked up daily to be delivered to those in need. This drive is only taking place during the month of February and your help is greatly needed and appreciated. The kindness and generosity of our community is essential to the success of this winter coat drive.

Please note, donations of forks, knives, and spoons are also being accepted during this special winter drive for new refugees. You may also bring those donations to the church for drop off. "For I was a stranger and you made me welcome…." —Matthew 25

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# The Week at a Glance

## MASS INTENTIONS

***February is dedicated to the Holy Family***

**Saturday February 13** — *St. Agabus*

3:00 - 3:30 pm Confessions (STC & OLA)
4:00 pm OLA † *Mary Lou Turcotte*. . . . . by Linda & Roger Chouinard
4:00 pm SC *Pro Populo* . . . . . by the Pastor

**Sunday February 14** — *St. Cyril & Methodius*

9:00 am OLA † *Ernest LoNano*. . . . . by his Daughters
9:00 am SR † *Michael McCollumn*. . . . . by Family
11:00 am SC † *Tom Stevens*. . . . . .by Family

**Monday February 15** — *SS. Faustinus & Jovita*

9:00 am SR No Mass

**Tuesday February 16** — *Bl. Filippa Mareri*

9:00 am SR No Mass

**Wednesday February 17** — *Ash Wednesday*

7:00 am OLA No Intention Requested
9:00 am SR † *Toni Jean Casella Leonard* . . . . . by Family
Followed by 30 Minute Eucharistic Exposition-Adoration-Benediction
9:00 am SC † *Marian Betrone & Joseph Cedrone* by Family

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6:30 pm OLA No Intention Requested
6:30 pm SC † *All Souls*. . . . . .by Friends

**Thursday February 18** — *St. Claudius*

9:00 am SR † *Schufer Family*. . . . . .by Pauline Goodale

**Friday February 19** — *St. Conrad of Noto*

9:00 am SR † *Valmond J. Chaisson*. . . . . .by A. Rajotte
Followed by Corporate Recitation of the Holy Rosary
3:00 pm Stations of the Cross at St. Raphael

**Saturday February 20** — *St. Eucherius*

3:00 - 3:30 pm Confessions (STC & OLA)
4:00 pm OLA *Pro Populo*. . . . . by the Pastor
4:00 pm SC † *Cooper Knapp (23rd Anniv)* . . . . . by Family

**Sunday February 21** — *St. Peter Damian*

9:00 am OLA † *Robert Dube*. . . . . by Priscille Boston
9:00 am SR † *Anne Goodwin*. . . . .by Ed Goodwin & Family
11:00 am SC † *Susan MacLellan (11th Anniv)*. . . . . by Family

### *The Sanctuary Lamp Burns this week for:*

*James Kennedy, Sr*. . . . . by Family
at St. Christopher Church

*Ernest LoNano*. . . . by his Daughters
At Our Lady of the Angels Church

**WELCOME TO OUR PARISH:** We extend a warm welcome to *Linda Eastman*, of South Berwick, who recently registered in our parish. We are pleased to have her as a part of our parish family!

**FAREWELL AND GOD BLESS YOU:** *Mary Ann Rogers* recently moved from our community to a new home. We are grateful for the all the ways that she and her late husband, Paul, enriched our parish during their many years of participation at St. Raphael's Church. As she begins this new chapter in her life, she would love to hear from old friends. Her new address is: ***Avita of Wells / 86 Sanford Road, Room #134 / Wells, Maine 04090 / (207) 216-9825.***

**REQUIESCAT IN PACE:** Please pray for the deceased members of our parish family, remembering especially *G. Thomas Catalano* (87), of Kittery, who died on February 6, 2021 in Haverhill, Massachusetts. May he, and all our loved ones, rest in peace.

**A LITTLE LATIN**

VERITATEM FACERE IN CARITATE
"Speaking the Truth in Charity." or
"Doing all in Truth and Charity."

*Motto selected by Bishop Deeley for his official Coat of Arms, taken from Ephesians 4:15. For more information regarding his Coat of Arms, go to the diocesan website and "click" his biography*

**THE RICE BOWLS ARE HERE**: Each Lent, Catholic families across the country unite to put their faith into action through prayer, fasting and almsgiving. Through CRS Rice Bowl, families learn about how our sisters and brothers across the globe overcome hardships like hunger and malnutrition, and how through Lenten alms, we have the power to make the world a better place for all. **Get your Rice Bowl Today either in your Church Narthex or outside the church in one of the Social Justice and Peace boxes.**

The Parish Offices will be **CLOSED** on Monday in observance of the Federal Holiday, Presidents' Day.

**MASS INTENTION FORMS:** Because of the irregularity of our parish office business hours, combined with enormous decline of visitors coming to the offices, both the result of the pandemic, we are offering a new way to arrange for Mass intentions. In the narthexes of each of our churches we have small bright yellow forms with matching envelopes for those wishing to arrange a Mass. Simply fill out the form, place it and payment in the pre-addressed envelope and either place it in the collection basket or in the United State mail (remember to put a stamp on it!). As always, you are welcome to phone or email requests to the offices as well.

**DID YOU KNOW?:** This Sunday is the last time that we will sing the "Gloria" at Mass until Holy Thursday. It is also the last Sunday that we will sing the "Alleluia" before the Gospel reading until the Easter Vigil.

**DID YOU KNOW?:** The custom of putting ashes on the forehead on Ash Wednesday was probably introduced by *Pope Gregory the Great* who was pope from AD 590 to AD 604.