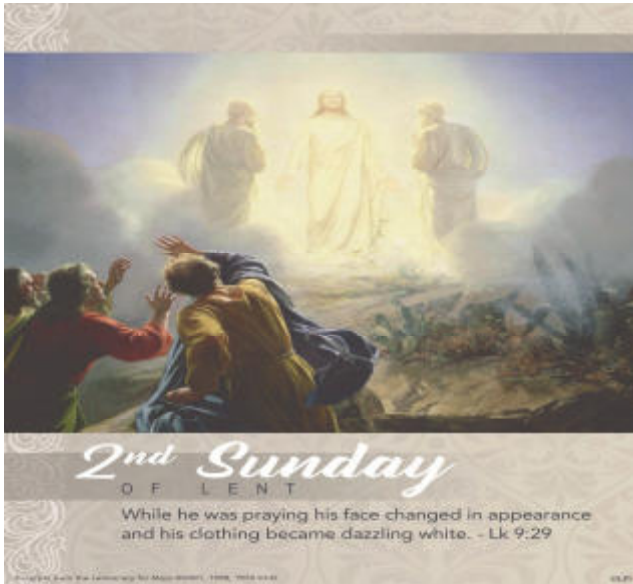


ST MARY STAR OF THE SEA

30 Mattingly Avenue, Indian Head, Maryland 20640



“Dear Brothers and Sisters: Prayer is not something accessory, it is not optional, but rather a question of life or death. Only one who prays, that is, who entrusts himself to God with filial love, can enter into eternal life, which is God himself. During this season of Lent, let us pray to Mary, mother of the Incarnate Word and teacher of the spiritual life, to teach us to pray as her Son did so that our life is transformed by the light of his presence”.

Pope Benedict XVI,
Angelus on the Transfiguration
March 4, 2007

MARCH 17, 2019 FIRST SUNDAY OF LENT

WEEKEND MASSES:

Saturday: 5:00 pm
Sunday: 7:30, 9:00, and 11:00 am

WEEKDAY MASSES:

Monday, Tuesday, Thursday, and Friday: 7:30 am

HOLY DAY MASSES:

As Announced

FIRST FRIDAY:

Adoration of Blessed Sacrament from 8:00 am to 5:00 pm

FIRST SATURDAY:

7:30 am Mass followed by the Scriptural Rosary

NOVENA TO THE MOTHER OF PERPETUAL HELP:

Wednesday: 3:00 pm

SACRAMENT OF RECONCILIATION:

Saturday: 4:00 to 4:45 pm and by request

MARRIAGE:

6 Months notice

BAPTISMS:

Contact the Rectory Office

COORDINATOR OF RELIGIOUS EDUCATION:

Janet Clements 301-753-9177
staroftheseareligion@gmail.com

RECTORY OFFICE:

Parish Secretary: Diana Medel
8:00 to 1:00 pm Monday through Friday
Office Closed Holidays

PARISH CATHOLIC ELEMENTARY AND MIDDLE SCHOOL:

Archbishop Neale School LaPlata, MD 20646
301-934-9595

STAR OF THE SEA PANTRY:

Third Saturday Of the Month
301-743-9471

KNIGHTS OF COLUMBUS:

JFK Council 301-643-6210
Frederick Borrell

NEW MEMBERS WELCOME

LEGION OF MARY:

Meets Fridays in the Church Hall
after the 7:30 am Mass

Contact Number: 301-753-9177 and 301-743-5770 **fax:** 301-743-6670

Email: parish@staroftheseaindianhead.org and **Email:** stmary-star-sea.md@adwparish.org

Web site: www.staroftheseaindianhead.org

Administrator: Rev. Brian A. Coelho



Mar. 11 Monday Lenten Weekday

7:30 am Dylan Martinez +

Mar. 12 Tuesday Lenten Weekday

7:30 am Dylan Martinez +

7:00 pm

Mar. 13 Wednesday Lenten Weekday

No Mass

Mar. 14 Thursday Lenten Weekday

7:30 am Dylan Martinez +
Leandro Ruben Galaz (B/A)

Mar. 15 Friday Lenten Weekday

7:30 am Dylan Martinez +

Mar. 16 Saturday Lenten Weekday

5:00 pm Dylan Martinez +
M. Marge Vogelson +

Next Sunday SECOND SUNDAY OF LENT

7:30 am Buster Jenkins +

9:00 am

11:00 am Pro Populo

Prayer Requests



Mary Gibson, Maria McGuigan, Patricia Mercer, Mary Gladys Mack, Dorothy Regina Bryan Garcia, John Milton Swann, Deloris Marbray, Mathew Krikstan, Donza Milstead, Larry Simmons, , Amber Wagner, Kenneth Bowman, Helen Vanasse, Walter Ott, Rae Ann Coburn, Margaret Montgomery, Theresa Dobak, Jay Haiden, Jewel Bragunier, Billy Vogelson, Becky & James Gannon, Zigmund Krivitsky, Joseph Kluchinsky, Bill Kreeger, Rev. Robert S. Pittman, Audrey Rye, Melvin Smith, William Downs, Inez Ruffin, Dolores Tompa, Savirse Mae Morse, Billy Gormley, Christopher Abell, Charles Griffith, Eleanor Dudley, Larry Macalino, Sharon Songy, Gabriele Adams, Elizabeth Milstead, Danny Hart, Helen McLean, Hernane Barberan, Hazel Briscoe, Catherine Burch, Isabel Flores, Elena Valencia, for the daughter of a faithful parishioner, Myrna B. Flores, Renetta Penny, Michael Hawkins, Ed Dinger, Nancy McGuigan, Larry Songy, and Gloria Bryan, Theresa Glovan, David & Kathryn Newman, Tim Long, Willie Montgomery, Kristie Blake, and Thomas "Jerry" Clements.

Please pray for those who have long term illnesses and their caregivers.

Do you have a change of name, address or telephone number? Please call the rectory office to make changes

Reflection March 17, 2019

As we march through Lent, it can be easy to think it's all about sacrifice. No chocolate, no alcohol, no meat on Fridays. Yet here, only in the second week of Lent, we have the story of the transfiguration. This reading reminds us of the "why" behind what we do. We don't fast from dessert to lose weight. We don't donate money or serve others because it's merely a nice thing to do. Lent is about transformation! Peter, James, and John trudged up the mountainside behind Jesus. This must have been a difficult hike, because when they reached the top, "Peter and his companions had been overcome by sleep." Despite our best efforts, perhaps we, too, can be asleep to the deeper meaning of the Lenten season. Jesus is transfigured while they slumber, but eventually they become "fully awake, [and] they saw his glory and the two men standing with him."

This is no small thing! The disciples witness Jesus in his divine splendor and see the miraculous apparitions of Moses and Elijah. The entire mountain becomes a spiritual breakthrough. "A cloud came and cast a shadow over them, and they became frightened when they entered the cloud." These symbols are present in the Old Testament. They are present on Mount Sinai when Moses prayed alone and received the 10 Commandments. Elijah had a similar experience when he prayed alone before God. But here are ordinary men, former fishermen, who have been drawn up into an adventure beyond their wildest expectations. Jesus is the Christ, the Messiah, the fulfillment of all that came before. But Christianity is not the religion of the elite, where only the select few are allowed to participate. We are all invited into spiritual transformation. Lent is a privileged time for this!

INSPIRATION FOR THE WEEK

Our minds are often preoccupied with the things of this world, and we forget about the things of heaven. We live our lives as if what we see before us is all there is and almost place the truth of eternity on hold until it is absolutely necessary to confront it. We fail to see the connection between earth and heaven and to see the road of transformation we are all called to travel. When Jesus was transfigured before his disciples, they saw the truth of who he was. Earth and heaven were wed that day, just as they will one day come together for us. God desires to transfigure us as well, changing our earthly body into our heavenly one. We miss our true destiny if we don't factor this into the choices we make and the paths we choose to walk.

CATHOLIC QUOTES - TO INSPIRE THE FAITHFUL

"You don't climb a mountain in leaps and bounds, but by taking it slowly."

-St. Gregory the Great

Sacrificial Giving

Parish Income Week of March 10, 2019

Envelopes:	\$ 2583.00
Flowers:	\$ 10.00
Votive Offering:	\$ 91.00
Loose:	\$ 204.83
Pantry:	\$ 204.00
Improvement Fund:	\$ 156.00

Thank you for your Generosity and Support!

PARISH NEWS

CANCELLED CONFESSIONS AND MASS FOR TUESDAY, MARCH 19, 2019: Tuesday evening confessions and 7:00 pm Mass is cancelled for this day only. The Tuesday evening Lenten schedule will resume as scheduled Tuesday, March 26, 2019.

RELIGIOUS EDUCATION: Classes meet Thursday at 5:30 pm in the hall. Email Janet Clements at staroftheseareligion@gmail.com or call at 240-377-8228 with concerns.



FIRST COMMUNION CLASS: On Saturday, March 23, 2019 at 10:00 a.m. the first communion candidates will be celebrating their sacrament of First Reconciliation in the church. Please keep them in your prayers.

PARISH SOCIALS: Join our parish community for some fellowship while enjoying some Coffee, Donuts and Bagels after the 9:00 am and 11:00 am Sunday Masses in the church hall.



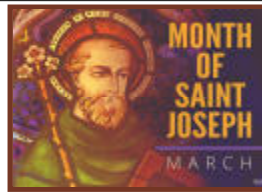
APRIL 7TH—HOSPITALITY COMMITTEE

NEXT FAMILY DAY MASS: Sunday, April 14, 2019 at 11:00 am. Come and receive God's good news and blessings while witnessing the miracle of the mass celebrated for all parish families and families visiting. Join us in the church hall for some family activities (Resurrection Eggs) and fellowship following the mass.

HOME VISITS: Fr. Brian makes visits to your home upon requests call the Rectory Office to schedule a visit 301-753-9177.



ALTAR FLOWER DONATIONS: Would you like to purchase Altar Flowers in Thanksgiving for Blessings Received, in Honor of Loved Ones, or a special occasion. Contact Helen Boone at 301-743-3336 or the Rectory Office at 301-753-9177.



**SOLEMNITY OF ST. JOSEPH
SPOUSE OF THE
BLESSED VIRGIN MARY
March 19th**

PARISH EVENT SCHEDULE

Mar. 12	The Light Is On	6:00 - 6:45 pm
Mar. 12	Tuesday Lenten Mass	7:00 pm
Mar. 14	CCD Meets in Hall	5:00 pm
Mar. 15	Lenten Pasta Dinner	5:00 - 6:30 pm
Mar. 15	Stations of the Cross	7:00 pm
Mar. 21	CCD Meets in Hall	5:00 pm
Mar. 22	Lenten Soup Dinner	5:00 - 6:30 pm
Mar. 23	CCD First Reconciliation	10:00 am
Mar. 26	The Light Is On	6:00 - 6:45 pm

EVENTS IN DMV

ARCHBISHOP NEALE THEATER CLUB: Proudly presents "The Princess Capers". Saturday, March 30 from 2:00 to 5:00 pm in the ANS gym located at 104 Port Tobacco Road, La Plata. Tickets are \$10 per person and can be purchased at the door or through the school office. Concessions will be available for purchase. If you are interested in advertising in the playbill contact school at anstheaterclub@gmail.com.

THE WAY RETREAT FOR SURVIVORS OF ABUSE: As the Church continues to minister to all survivors of abuse, the Archdiocese of Washington is sponsoring retreats for survivors. The Archdiocese will offer a men's retreat on April 5-7, 2019, and a women's retreat on April 12-14, 2019 for survivors. These retreats are an occasion for survivors to reflect on God's plan for their lives and for healing through prayer and the sacraments. For more information and to register go to <http://adw.org/the-way-retreat/> or call Deborah McDonald at 301-853-4466.

2019 ANNUAL JUBILARIAN MASS: The Archdiocese of Washington's Annual Jubilarian Mass honoring couples celebrating their 25, 30, 35, 40, 45, 50 and 51+ years of marriage this year will be held on Sunday, June 23, 2019 at 2:00 pm at the Basilica of the National Shrine of the Immaculate Conception. Please call the parish office or fill out the forms found at the entrance of the church to register. Please deliver form to the rectory office or deposit in collection basket. All jubilarian's names must be turned into the parish office by Friday, April 26, 2019.

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