

Good Shepherd Parish

April 18, 2021

GoodShepherd@portlanddiocese.org | www.goodshepherdparish.us | (207) 282-3321



3RD SUNDAY OF EASTER

He said to them, "These are my words that I spoke to you while I was still with you, that everything written about me in the law of Moses and in the prophets and psalms must be fulfilled ... You are witnesses of these things." - Lk 24:44, 48

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCC

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Good Shepherd Parish mission | to call people to celebrate the life of Christ through Roman Catholic liturgy, education and acts of social justice throughout our diverse communities, fostering unity and making the Body of Christ visible to all.

**Most Holy Trinity Church
Parish Office**
271 Main St.
Saco, ME 04072

St. Margaret Church
6 Saco Ave.
OOB, ME 04064

St. Philip Church
404 Goodwins Mills Rd.
Lyman, ME 04002

St. Brendan Chapel
40 Lester B. Orcutt Blvd.
Biddeford Pool, ME 04006

**St. Joseph Church
St. Anne Chapel**
178 Elm St.
Biddeford, ME 04005

Series | Saints of the 20th Century, Frontline Heroes of the Faith

Blessed Alexandrina Maria da Costa

By Fr. Brad Morin

Blessed Alexandrina Maria da Costa was born on March 30, 1904, in Balasar, Portugal. She received a solid Christian education from her mother and her sister, Deolinda, and her lively, well-mannered nature made her likeable to everyone. Her unusual physical strength and stamina also enabled her to do long hours of heavy farm work in the fields, thus helping the family income.



When she was 12, Alexandrina became sick with an infection and nearly died; the consequences of this infection would remain with her as she grew up and would become the "first sign" of what God was asking of her: to suffer as a "victim soul."

When Alexandrina was 14, something happened that left a permanent imprint on her, both physically and spiritually: it gave her a face-to-face look at the horror and consequences of sin. On Holy Saturday of 1918, while Alexandrina, Deolinda and a young apprentice were busily sewing, three men violently entered their home and attempted to sexually violate them. To preserve her purity, Alexandrina jumped from a window, falling four metres to the ground. Her injuries were many, and the doctors diagnosed her condition as "irreversible": it was predicted the paralysis she suffered would only get worse. Until age 19, Alexandrina was still able to "drag herself" to church where, hunched over, she would remain in prayer, to the great amazement of the parishioners. With her paralysis and pain worsening, however, she was forced to remain immobile, and from April 14, 1925, until her death - approximately 30 years - she would remain bedridden, completely paralyzed.

Alexandrina continued to ask the Blessed Mother for the grace of a miraculous healing, promising to become a missionary if she were healed. Little by little, however, God helped her to see that suffering was her vocation and that she had a special call to be the Lord's "victim." The more Alexandrina "understood" that this was her mis-

sion, the more willingly she embraced it.

She said: "Our Lady has given me an even greater grace: first, abandonment; then, complete conformity to God's will; finally, the thirst for suffering." The desire to suffer continued to grow in her the more her vocation became clear: she understood that she was called to open the eyes of others to the effects of sin, inviting them to conversion, and to offer a living witness of Christ's passion, contributing to the redemption of humanity. And so it was that from Oct. 3, 1938 until March 24, 1942, Alexandrina lived the three-hour "passion" of Jesus every Friday, having received the mystical grace to live in body and soul Christ's suffering in his final hours. During these three hours, her paralysis was "overcome", and she would relive the Stations of the Cross, her movements and gestures accompanied by excruciating physical and spiritual pain. She was also diabolically assaulted and tormented with temptations against the faith and with injuries inflicted on her body. On March 27, 1942, a new phase began for Alexandrina which would continue for 13 years and seven months until her death. She received no nourishment of any kind except the Holy Eucharist, at one point weighing as few as 33 kilos (approximately 73 pounds).

Medical doctors remained baffled by this phenomenon and began to conduct various tests on Alexandrina, acting in a very cold and hostile way toward her. This increased her suffering and humiliation, but she remembered the words that Jesus himself spoke to her one day: "You will very rarely receive consolation... I want that while your heart is filled with suffering, on your lips there is a smile." As a result, those who visited or came into contact with Alexandrina always found a woman who, although in apparent physical discomfort, was always outwardly joyful and smiling, transmitting to all a profound peace. Few understood what she was deeply suffering and how real was her interior desolation. Fr Pasquale, who stayed close to Alexandrina throughout these years, ordered Alexandrina's sister to keep a diary of her words and her mystical experiences. In 1944, Alexandrina became a member of the "Union of Salesian Cooperators" and offered her suffering for the salvation of souls and for the sanctification of youth. She kept a lively interest in the poor as well as in the spiritual health of those who sought out her counsel.

Alexandrina died on Oct. 13, 1955. Her last words: "I am happy, because I am going to Heaven."

LET US PRAY

Rest in Peace | Beatrice Roy (born 1935)
Verna Daigle (born 1937) | Marie Ange LaBrecque (born 1927)
Jean Paul Lamontagne (born 1929) | Roger Reny (born 1930)
Dorothy Ann Lamontagne (born 1936) | Joanne St. Amand (born 1940)

The Sanctuary Lamps are burning this week at St. Joseph, Most Holy Trinity, St. Margaret, and St. Philip | *In memory of Patricia Pinette, Robert "Bob" Huot, Roland Farley & Lauriane Caron, and Renald & Juliette Landry.*

Livestream Prayer Opportunities | The parish continues to livestream the 4pm mass at Most Holy Trinity on Saturday evenings and makes that mass available afterwards for viewing on the parish website, www.goodshepherdparish.us/livestreamedmasses.

Vocation | Jesus opened the minds of his followers to understanding of scripture. He pronounced them as his witnesses. Be the hands and

Clergy

Fr. Timothy Nadeau, Pastor | Rev. Brad Morin,
Parochial Vicar | Rev. Dominic Tumusiime, AJ, Parochial Vicar
Deacons Robert Parenteau | Kevin Jacques | Rick Huot

feet of Jesus today. (Luke 24:35-48). If you think God is calling you to be a priest, deacon, brother or sister, contact Fr. Seamus Griesbach: 773-6471; email: seamus.griesbach@portlanddiocese.org; Website: www.portlanddiocese.org/vocations; Facebook: VocationsME

Intercession | For an increased awareness among our young people of the closeness of the Lord in their vocational discernment and their responsibility to recognize and follow him, we pray to the Lord.

Apostolate of Prayer for Priests | April 2021

18. Bishop Emeritus Joseph J. Gerry OSB
19. Rev. Gerald A. Levesque, Rev. Renald D. LaBarre
20. Rev. Hyacinth N. Fornkwa, Rev. Brad Morin
21. Pope Francis
22. Rev. Theodore Letendre FIC, Rev. Antony Alexander Maria Doss
23. Rev. Albert Roux, Rev. James R. Albert
24. Rev. Robert L. Lupo, Rev. Stephen F. Concannon

COLLECTIONS

Special Collection Next Weekend | The Catholic Home Missions Appeal - a national and Diocesan collection strengthening the church at home in the U.S.

PARISH LITURGIES | MASS INTENTIONS

INDOOR CAPACITIES RAISED TO 50%

Beginning Friday, March 26, Governor Mills increased the capacity for churches to 50%. Beginning Memorial Day, the capacity will go to 75%. Name and contact information, social distancing, and masks are all required.

Registration is required for weekend and Holy weekday Masses.

Weekend Mass registration is required. You can register online through our website, <https://goodshepherdparish.us/register-for-mass>, or call 282-4812 and a member of our staff will help you. Weekday Mass registration for St. Joseph is not required, except for Holy Days. Holy Day weekday Masses do require registration.

Priests are honoring all Mass intentions previously scheduled. Mass intentions will be celebrated on the date indicated but not necessarily at the requested time and location. We will announce changes on our website. We need and appreciate your understanding during this unusual time.

Saturday, April 17:

- 4:00 pm Most Holy Trinity Mass (Livestreamed): Roger & Carmen Cote
- 4:00 pm St. Margaret Mass: Robert Thibodeau
- 4:30 pm St Philip Mass: Madeleine Poissant

Sunday, April 18 | Third Sunday of Easter

- 8:00 am St. Joseph Mass: Daniel Ouellette
- 8:30 am St. Margaret Mass: Gregory Joseph Fleck
- 9:00 am St. Philip Mass: For All People in Good Shepherd Parish
- 10:30 am Most Holy Trinity Mass: Melissa Lozier
- 11:00 am St. Joseph Mass: Connie B. Baillargeon
- Private Mass Intentions: Logan Dakota Emerson

Monday, April 19

- 6:00 pm St. Joseph Mass: Lucille Raymond

Tuesday, April 20

- 9:00 am St. Joseph Mass: Diana LaBranche (7th Ann.)

Wednesday, April 21

- 6:00 pm St. Joseph Mass: Fred D. Carey

Thursday, April 22

- 9:00 am St. Joseph Mass: Armande Fecteau

Friday, April 23

- 9:00 am St. Joseph: Linda Tardif

Saturday, April 24:

- 4:00 pm Most Holy Trinity Mass (Livestreamed): Reynald M. Souliere
- 4:00 pm St. Margaret Mass: Lena Compagna
- 4:30 pm St Philip Mass: Paul & Denise Lavigne

Sunday, April 25 | Fourth Sunday of Easter

- 8:00 am St. Joseph Mass: Messe d'Action de grace
- 8:30 am St. Margaret Mass: Doris & Kenneth King
- 9:00 am St. Philip Mass: Hermance Collin
- 10:30 am Most Holy Trinity Mass: For All People in Good Shepherd Parish
- 11:00 am St. Joseph Mass: Norman Faucher

Saint for the Week

God has made nothing more valuable than rational existence capable of enjoying him.

- St Anselm of Canterbury (1033-1109) Archbishop of Canterbury, Feast Day April 21

SHEPHERDS OF HOPE

Shepherds of Hope pledges | For parishioners who have not made a pledge, we need your help. Please pray about taking that step. There are cards at each church or the parish office to fill out or take home for prayerful consideration.



Bring pledge to the office or mail to: Good Shepherd Parish, 271 Main St., Saco.

Note | Any checks, cash can be dropped in collection basket, inside a blank envelope and must have a name and ID number to receive credit. Check payments should be made out to: Good Shepherd Parish; "Shepherds Of Hope" in memo line.

Current totals | 783 household gifts | \$1,488,253 | 74% of goal Cash collected, available for projects as of Feb. 28 | \$805,978

Shepherds of Hope Pledge Payments | Please note that if you intend to use ACH or credit card for payment and/or installments on pledge, you must do so by signing into the parish's online giving service, WESHARE. Please do not include bank account information or credit card number on pledge card. Go to the parish website to sign up and make a payment or set up a recurring payment schedule. If you decide to use WESHARE, mark that on your pledge card so we handle the pledge properly.

We have created a link with the Shepherds of Hope logo at goodshepherdparish.us/. For assistance, call Amy Loring at 282-3321, ext. 105.

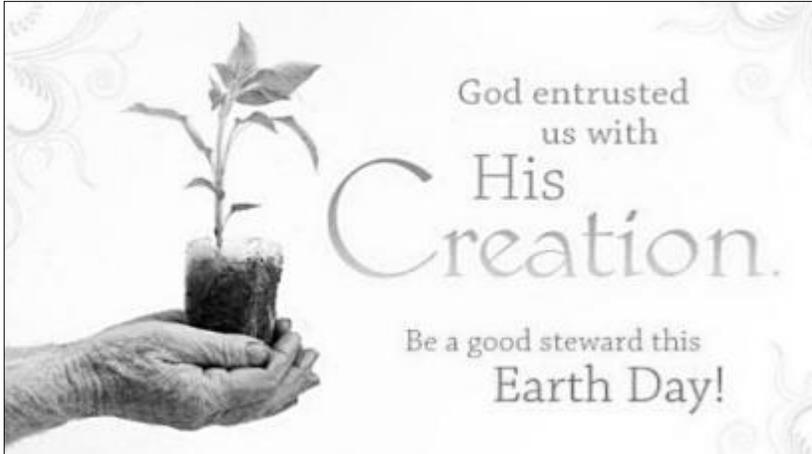
* ACH withdrawals from bank account: Fee is 10 cents per transaction plus 1%, calculated as follows: For example, a \$50 donation will include a 50-cent charge, plus 10 cents, for a total fee of 60 cents. The \$50 donation results in a net donation to the parish of \$49.40.

* Credit, Debit Card Transactions: Fee is 3.25%, calculated as follows: A \$50 donation will include a 3.25% transaction fee and amount to a charge of \$1.63. The \$50 donation results in a net donation to the parish of \$48.37.

Since the credit/debit card fees are more than double ACH fees, we prefer use of ACH. Please consider this when deciding your source of payment. Thank you for your generosity.



COMMUNITY



April 22 is Earth Day!

As Catholics, we are called to:

- Uphold life and the dignity of each human person
- Support families and future generations
- Love the poor and vulnerable
- Advocate for basic rights and a just economy
- Be in solidarity with all, as one human family
- Care for all of God’s creation

Pray to hear God’s call to live our faith grounded in the core principles of Catholic Social Teaching: human dignity, the common good, subsidiarity, and solidarity.

GOSPEL MEDITATION

April 18 | Third Sunday of Easter

We often act out of ignorance. Armed with the best of intentions, we think we are seeing clearly and correctly, but we are not. We don’t always understand the full meaning of things and only perceive part of the truth. Hence, our judgments and actions can be impaired by myopic, incomplete or erroneous perceptions. The meaning of life, understanding of human experience, and negotiating life’s challenges can all become skewed without proper understanding and vision. The resurrection of Christ is the corrective to our incomplete and limited view of life. Looking at things with the eyes of faith brings a depth of clarity and understanding to how we see God, ourselves, others, and the world.

Even the disciples struggled with their limited understanding and ignorant perceptions. It was only when Jesus opened their minds to understand the Scriptures that their eyes were opened. It was their “aha” moment when everything clicked. We all want the substance of our lives to come together, make sense, and have meaning. This is easier to achieve when things are going positively, and life is good. It is when suffering, disappointment, death, hardship, and injustice enter the picture that things can become unsettled and disoriented. Our

faith in the goodness and love of God is tested. We tend to shift our focus on these difficult and challenging moments and do not see them within the greater picture of how God intends life to unfold. We can gain, from the passion and resurrection of Christ, the clear vision we need in order to move away from ignorance to enlightenment.

We need our “aha” moment when everything comes together and clicks. It can come in a fleeting instant when we feel totally connected with God, where we find ourselves, others and all of creation. It is a moment when all is right and good, regardless of how difficult our journey. Our “aha” moment assures us that God is here, right with us, in us and around us bringing us a gift and blessing we can receive nowhere else: peace. In those brief sacramental encounters when we are lifted up out of ourselves and centered, we can hear God say, “peace be with you,” and we feel secure. It’s all okay. The resurrected Christ has the power to bring this gift to us. Some people, as they are facing their deaths, remark about this peace. When looking into the window of eternity, they experience a depth of joy and are amazed at God’s goodness and closeness. We are called to be witnesses to this Good News.

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WEEKLY READINGS

Sunday Readings

First Reading

The author of life you put to death, but God raised him from the dead; of this we are witnesses. (Acts 3:15)

Psalm

Lord, let your face shine on us. (Ps 4)

Or Alleluia.

Second Reading:

He is expiation for our sins, and not for our sins only but for those of the whole world. (1 Jn 2:2)

Gospel

“Thus it is written that the Christ would suffer and rise from the dead on the third day and that repentance, for the forgiveness of sins, would be preached in his name.” (Lk 24:46-47)

Sunday | Acts 3:13-15, 17-19/Ps 4:2, 4, 7-8, 9 [7a]/1 Jn 2:1-5a/Lk 24:35-48

Monday | Acts 6:8-15/Ps 119:23-24, 26-27, 29-30 [1ab]/Jn 6:22-29

Tuesday | Acts 7:51—8:1a/Ps 31:3cd-4, 6 and 7b and 8a, 17 and 21ab [6a]/Jn 6:30-35

Wednesday | Acts 8:1b-8/Ps 66:1-3a, 4-5, 6-7a [1]/Jn 6:35-40

Thursday | Acts 8:26-40/Ps 66:8-9, 16-17, 20 [1]/Jn 6:44-51

Friday | Acts 9:1-20/Ps 117:1bc, 2 [Mk 16:15]/Jn 6:52-59

Saturday | Acts 9:31-42/Ps 116:12-13, 14-15, 16-17 [12]/Jn 6:60-69

Next Sunday | Acts 4:8-12/Ps 118:1, 8-9, 21-23, 26, 28, 29 [22]/1 Jn 3:1-2/Jn 10:11-18

Observances

Sunday | 3rd Sunday of Easter

Wednesday | St. Anselm, Bishop and Doctor of the Church; Administrative Professionals’ Day

Thursday | Earth Day

Friday | St. George, Martyr; St. Adalbert, Bishop and Martyr

Saturday | St. Fidelis of Sigmaringen, Priest and Martyr

Next Sunday | 4th Sunday of Easter; World Day of Prayer for Vocations

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SAINT JAMES SCHOOL

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St. James School is Service, Academics, Faith & Excellence | A Catholic, parochial school committed to fostering spiritual, intellectual, social, emotional and physical growth in a S.A.F.E. and collaborative environment while empowering students to be creative, to think critically, to act responsibly, and to serve with integrity.

School Year 2021-2021 Openings | Three quarter time custodian/facilities manager; part-time music position; band instructor; part-time middle school math position; anticipated opening for an elementary teacher. Please send letter, resume, and the names of three references to nancy.naimey@portlanddiocese.org.

Saint James School Endowment Funds | A savings account for the school and support for scholarships. Please contact The Catholic Foundation of Maine to make a donation or to remember us in your estate planning. Let us be sure that we always have a Catholic school in the area by supporting this outreach of Good Shepherd Parish; as we prepare for the future, we build upon the faith and sacrifice of our ancestors, creating hope. Contact the Catholic Foundation of Maine, Elizabeth Badger, executive director: 321-7800 or Elizabeth.badger@catholicfoundationmaine.org.

Consider St. James Preschool | Does your preschool have licensed teachers? Do the children learn about their faith? Are they taught by certified teachers? Do they have art, music, P.E., French and library each week? Are they part of a bigger school community and take part in all the special events of the school? Does your preschool have an award-winning lunch program offering fresh fruits and vegetables each day? If not, consider Saint James Preschool for your child.

Good Friday



St. James School third graders remind of the importance of Good Friday.

FAITH FORMATION

Marriage Preparation | Marriage is a beautiful gift from God and it gives us great joy to help couples prepare for a joy-filled marriage in the church. If you are engaged to be married, or are married civilly and wish to marry in the Catholic Church, please contact us to begin your preparations by calling Liz at 282-3321.

Baptism Preparation | Are you presently expecting a child or seeking Baptism for your infant? We rejoice with you who are preparing for the Baptism of your child! FMI, contact: Donna Caron at 207-282-3321 x113, donna.caron@portlanddiocese.org, or www.goodshepherdparish.us. Sacraments/Baptism Baptisms are scheduled after the preparation process is completed by the parents.

Becoming Catholic, Rite of Christian Initiation of Adults | Are you or someone you know ... Experiencing God's call but not sure how to respond? Participating in Mass but have never completed Sacraments of Initiation? Interested in knowing more about the Catholic faith? We invite you to explore and learn more about the Catholic faith. FMI, call Donna Caron at 282-3321 x113.

Family Faith Formation Grades 1-5

Meets 2 Sundays a month at Most Holy Trinity Hall, 9-10am; Upcoming in-person sessions: April 25, May 2, May 16
Children attend grade level classes while parents participate in adult

teaching and discussion.

FMI: michelle.philbrick@portlanddiocese.org | 282-3321 x115

Year 2, Sacramental Prep Retreats | Held at St. Joseph Church and Hall.

Encountering Jesus – Confirmation & Eucharist: April 29, 6pm and April 30, 6pm.

Junior High Formation/Ministry Grades 6-7-8

Meets Tuesdays at St. Joseph Hall, 6:30-8pm, April 20, 27; May 4, 11.

EDGE program, including community building activities, hands on learning of Catholic tradition, small group discussions on issues and teachings, and prayer.

FMI: michelle.philbrick@portlanddiocese.org | 282-3321 x115

High School Youth Ministry

Meets Sundays at Most Holy Trinity, 6-7:30pm, April 18, No session, April 25, HSYM Meeting. Journey to Emmaus program, social activities, discussion and application of Catholic traditions and teachings, and prayer

FMI: emily.amann@portlanddiocese.org | 282-3321 x117

Nor'easter Catholic UNE

CATHOLIC UNDERGROUND Sundays 7-8:30 PM via Zoom for this semester. Join us for an evening of prayer & fellowship
FMI: elliot.hachey@portlanddiocese.org for Zoom link.

MISCELLANEOUS

Blood Drive | The Knights of Columbus, St. Joseph Council #12941, will host a Red Cross Blood Drive in the St. Joseph Church downstairs hall at 178 Elm St. (Rt. 1) in Biddeford on Wednesday, April 21, from noon to 5pm (a different time than previously publicized). Drop in or call 1-800-RED CROSS (1-800-733-2767) to schedule an appointment or search online at www.redcross.org.

“One Shepherd, One Flock.” | A live, virtual, and interactive gathering for Maine Catholic youth will be held on Good Shepherd Sunday, April 25, from 6:30-7:30pm. As was done last year, you can meet as a group at one location or individually at home. There will be prayer, activities, short reflections, and games (including “Shepherdy!”) as well as time for participants to share. FMI, visit www.portlanddiocese.org/content/maine-catholic-youth-gathering.

Catholic Alumni Partnership of Maine | The Catholic Alumni Partnership of Maine is an opportunity for alumni of Catholic schools in Maine, those both closed and operating now, to reconnect with each other and the schools they love while helping current students in need in the process. FMI, visit www.portlanddiocese.org/CAP.

“Compassion: The Gift of God’s Healing Presence” | Marie Joseph Spiritual Center, Biddeford, April 23-25. Come away for a weekend to be quiet, to be loved, to be healed, and to bask in the intimate presence of a gentle, understanding, non-judgmental, nourishing, and life-giving God. The retreat is \$250 for those staying the weekend and \$130 for commuters. FMI or to register, visit www.mariejosephspiritual.org or call 284-5671.

“Encountering God in Nature” | Marie Joseph Spiritual Center, Biddeford, April 30 – May 2, with Heather Makowicz. Makowicz

Parish Donations |

Please be aware that the parish office can only track your offertory donations in our Parish Database when you use Offertory Envelopes or WESHARE (our online giving service). All donations received through your envelopes or WESHARE are recorded to your member account.

Conveniently, WESHARE donors may also self-serve from their account to obtain giving/donation records directly without parish assistance. Be advised: All Souls donations are non-deductible since a Mass is given for those intentions.

To receive envelopes, please contact the parish office. THANK YOU ALL in advance for your cooperation and generosity.

organizes and leads hiking excursions and other outdoor experiences that integrate prayer, contemplation, and reflection to encounter God in His creation. The cost of the weekend, including a private room, is \$250. FMI or to register, visit www.mariejosephspiritual.org or call 284-5671.

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