



## *St. Gabriel the Archangel Catholic Church*

88 EAST SADDLE RIVER ROAD  
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### **PARISH STAFF**

Rev. Msgr. Frank G. Del Prete  
**Pastor, ext. 303**

Rev. Martin Rooney  
Weekend Assistant

Maureen Straut  
Office Administrator, ext. 301

Luis Alfredo Lozano, Pastoral Assoc.  
Christine Ferreri, PT Pastoral Assoc.

Stacie Yao, Director of Music  
Janue Vargas, Asst Dir of Music

John Glynn, Youth Minister

### **RELIGIOUS EDUCATION**

Patricia Pula, M.A.R.E.  
Director, ext. 304

Safe Environment Coordinator

### **PARISH SCHOOL**

St. John's Academy, Hillsdale



Weekdays: 9:00 AM (including Saturday) — (Summer)

Monday and Friday: 9:00 AM

Tuesday, Wednesday and Thursday: 6:30AM and 9:00 AM — (Winter)

Saturday Evening: 5:00 PM

Sundays: 8:00 AM, 10:00 AM, 11:30 AM and 6:00PM (Sept. - May)

Holy Days: Please see bulletin for schedule

### **PENANCE:**

Saturday: 4:00-5:00 PM. At the Parish anytime by appointment. Communal Celebration of Penance periodically throughout the year.

### **BAPTISMS:**

Our parish family rejoices in the birth of your children. To prepare for baptism, parents are expected to attend one preparation meeting. Please call the parish office for the schedule of preparation meetings and Baptism celebration.

### **MARRIAGES:**

Our parish is honored to host your marriage celebration. In order to accomplish all of the necessary preparations, arrangements should be made with one of the priests at least one year in advance. Pre-Cana and God's Plan for a Joy-Filled Marriage classes can be arranged through the Family Life Office of the Archdiocese of Newark at [www.rcan.org](http://www.rcan.org).

### **MINISTRY TO THE SICK:**

For those of advanced age or seriously ill, Holy Communion will be brought to the home of any person permanently or temporarily homebound. Please contact the parish office.

### **PARISH MEMBERSHIP:**

Please register at the parish office. This is a wise way of acquiring a sense of belonging to our Parish Community.

## from the Pastor

In previous weeks we have seen how the theme of covenant, as a preparation for the baptismal covenant celebrated at Easter, occupies an important place in our cycle of Lenten readings. The notion of covenant as a relationship between two parties carries with it an expectation of mutual accountability and fidelity to the terms of the covenant. When God forged the covenant with the Jewish people on Mt. Sinai, it was a pledge of God's protection, and it would forever permit them familiar access as the Chosen People. For their part, the Jewish people were to observe the dictates of the law, summarized most succinctly here in the form of the Ten Commandments. To be in a covenantal relationship with the Lord God requires an exclusive relationship, just as discipleship with Jesus, ritualized in baptism, demands a total allegiance to him and none other.

Stay safe,  
Fr. Frank

### MESSAGE FROM CARDINAL JOSEPH W. TOBIN



Dear Sisters and Brothers in Christ:  
One of the obligations imposed upon all of us during the season of Lent is the observance of abstinence from eating meat on all Fridays of Lent, as well as on Ash Wednesday and on Good Friday. The law on abstinence binds all those who have attained the age of fourteen.

Every year our Lenten austerity is interrupted by one or two solemnities, feast days of the highest rank that celebrate a mystery of faith such as the Trinity, an event in the life of Jesus, his mother Mary, or another important saint. The Solemnity of Saint Joseph, husband of the Blessed Virgin Mary, is commemorated on March 19th and, this year, that celebration falls on a Friday. What is more, last December, Pope Francis announced a special "Year of St. Joseph" to be celebrated from December 8, 2020, to December 8, 2021.

**Some of the faithful have asked me to dispense the Archdiocese from abstinence from meat on Friday, March 19, 2021. I am happy to grant that dispensation to all as part of the celebration of this Solemnity during the Year of St. Joseph.**

A most fitting way to celebrate the Solemnity is a festive meal with your household and a gift to one of our food pantries or soup kitchens to ensure that the poor will eat as well.

Sincerely yours in Christ the Redeemer,  
Cardinal Joseph W. Tobin, C.Ss.R.  
Archbishop of Newark

### FINANCIAL REPORT

The amount of the collection for February 28 was 10,846.13. Thank you for your generosity and God bless you and your family.

### OUR PARISH COMMUNITY PRAYS FOR:

**Our recently deceased who have entered  
Eternal Life:**

August A. Sodora, Sr.

**Our sick and homebound:**

Salvatore Averso

Daniel Castillo

Dawn Conguisti

Ada Fields

Meg Gallagher

Grace Gilbert

Bill Hamilton

Lauren Harpster Hines

Bob Kleinknecht

Nicole Trotta



This year Several Sources Shelters is celebrating 40 years of service. Our pro-life organization serves women who seek to give God's blessed gift of life to their babies. In lieu of our annual visit

to your church we are seeking your continued financial support.

Through God's Grace, we save babies' lives and shelter their young mothers, while providing education and ongoing compassionate support services, including our Pregnancy Sonogram Center. We further educate young people to make healthy life choices. We also support some inner city Special Families with care packages for Easter, Back-to-School, Thanksgiving and Christmas. Your financial gift will help save the life of a child and help us to continue our ministry. Can you be a child's earthly Guardian Angel?

**Several Sources is a registered 501-c3 Charity.**

#### How You Can Give Today

ONLINE: <https://www.severalsources.org/donate>

PHONE: Please call our office at 201-818-9033

MAIL: Several Sources Foundation PO Box 157  
Ramsey, NJ 07446

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### RACHEL'S VINEYARD RETREATS

"Let the Church always be a place of mercy and hope, where everyone is welcomed, loved, and forgiven." (Pope Francis)

The Church can also be a place to heal. We are called to "be merciful like the Father." So many are suffering from the effects of abortion. Where can they heal? Where can they feel safe and loved? The Archdiocese of Newark Respect Life Office will be hosting two upcoming Rachel's Vineyard retreats to heal the wounds from abortion. Retreat dates are May 14-16, 2021 (English) and April 23-25, 2021 (Spanish). Contact the Respect Life Office for more details by calling 973-497-4350 (Spanish option 2) or e-mail [Cheryl.riley@rcan.org](mailto:Cheryl.riley@rcan.org) (English) [elvine-doderaquelin@rcan.org](mailto:elvine-doderaquelin@rcan.org) (Spanish). All Covid-19 Guidelines will be followed "He heals the brokenhearted and binds up their wounds." (Psalm 147:3)

## THIRD SUNDAY OF LENT

### If YOU PLAN TO ATTEND MASS

Please follow the following guidelines



- a. If you are experiencing symptoms of COVID-19 or have been exposed to another infected person, you are not permitted to enter the church for 14 days. Check your temperature before coming to mass.
- b. Maintain 6 feet distancing entering and exiting church at all times
- c. Seats will be clearly marked as available for one individual. Seating is restricted to 3 per row in the middle and 2 per row on the sides. Many pews will be unavailable to maintain social distancing
- d. Masks MUST be worn at all times except at the moment of reception of the Body of Christ
- e. It would be helpful if you would bring Purell with you to be used before you enter church and before you receive communion.
- f. Only the front doors of the church may be used to enter the church - If handicap access is needed, please contact Fr. Frank. Once mass begins, the doors of the church will be closed and you will not be able to enter. Please be on time for mass.

We will continue to live stream mass at 9:00 am on weekdays and Saturday as well as 10:00 am on Sunday. Please remember that Cardinal Tobin has continued to dispense the faithful from the obligation to attend Mass on Sunday and Holy Days. Those who are at risk because of an underlying health issue or who are 60 or older are strongly encouraged to avoid the risks posed by attendance at public celebrations of the Mass. Following the guidelines we received for resuming the public celebration of mass, in order to assure the safety of all who attend, St. Gabriel's can hold 80 people for mass.

### STEWARDSHIP REFLECTIONS

3rd Sunday in Lent

*"You shall not carve idols for yourselves in the shape of anything..." - Exodus 20:4*

How many "gods" do you put before God? "Idols" do not always take the shape of physical things, things we can touch and feel. Those are easy to recognize. Many times they take the form of things we cannot touch and are much harder to spot like pride, power, ego, time, comfort or health. Pray for God's help to prune our vices and to grow in virtue.

### HELP US TO STAY IN TOUCH WITH YOU

The parish uses a communication system called Flocknote to send email and text messages to parishioners. Flocknote has been an important way for us to stay in touch with you during the pandemic. If you have not been receiving emails or texts from the parish and would like to receive them, please call the parish office at (201) 327-5663 to give your contact information.

### REFOCUS IN THE DESERT

Lent may be a time of penance and sacrifice but it doesn't have to be a time of sadness. In fact, the season brings an opportunity to become the people God created us to be. This time in our spiritual desert can be a chance to simplify, focus and concentrate.

**Simplify.** Look for areas in your life where there are excesses. When we have too much of something, it can take extra time to sort, store, and maintain the supply beyond what we need. For example, is your clothes closet packed too tightly? Is your pantry overstocked? Can you clean out and give some gently used items to the poor? You'll spend less mental and physical energy if you keep only what you need.

**Focus.** During Lent we are called to spend more intentional time with God. To help, consider fasting from distractions. Limiting social media exposure, controlling time spent working, or turning off the cell phone for periods of time can help you find space to add more prayer and Scripture reading to your day.

**Concentrate.** Avoid influences that pull you away from God.

*"... But worldly anxiety, the lure of riches, and the craving for other things intrude and choke the Word, and it bears no fruit." (Mark 4:19).*

Resolve to live a life that pleases God.

### FOOD PANTRY OPENS



St. Paul Parish, 200 Wyckoff Avenue, Ramsey recently opened its newly expanded food pantry to serve the Ramsey community and surrounding areas. The pantry is open every Saturday morning at 9 am and is located in the rear of the church, next to Mary's Cottage. Anyone in need is welcome. Special arrangements can be made for those who need to come at other times. For more information, please call Donna Schifano at (201)327-0976 ext. 103

### THE PRAYER OF POPE FRANCIS DURING THE CORONAVIRUS PANDEMIC

At the foot of the Cross you participated in Jesus' pain, with steadfast faith. You, Salvation of the Roman People, know what we need. We are certain that you will provide, so that, as you did at Cana of Galilee, joy and feasting might return after this moment of trial. Help us, Mother of Divine Love, to conform ourselves to the Father's will and to do what Jesus tells us: He who took our sufferings upon Himself, and bore our sorrows to bring us, through the Cross, to the joy of the Resurrection. Amen. We seek refuge under your protection, O Holy Mother of God. Do not despise our pleas – we who are put to the test – and deliver us from every danger, O glorious and blessed Virgin.

*MARCH 7, 2021*

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# Mass Intentions

## **SATURDAY, March 6, 2021**

9:00 AM Phyllis Marella  
5:00 PM Mary Higgins Clark

## **SUNDAY, March 7, 2021**

8:00 AM George Sheridan  
10:00 AM Richard Stefanacci  
11:30 AM Conrado Avetria  
6:00 PM Ted Masotti

## **MONDAY, March 8, 2021**

6:30 AM Arlene H. Pinyuh  
9:00 AM Nancy Madonia

## **TUESDAY, March 9, 2021**

6:30 AM Jack Fields  
9:00 AM Pat Scorese

## **WEDNESDAY, March 10, 2021**

6:30 AM Richard DeCroce  
9:00 AM Pat Scorese

## **THURSDAY, March 11, 2021**

6:30 AM For the Souls in Purgatory  
9:00 AM Pat Scorese

## **FRIDAY, March 12, 2021**

6:30 AM Randall Owens  
9:00 AM Pat Scorese

## **SATURDAY, March 13, 2021**

9:00 AM Joseph S. Hillen Sr  
5:00 PM Mary Higgins Clark

## **SUNDAY, March 14, 2021**

8:00 AM Nestor Lourdes Olivier  
10:00 AM John Junkers  
11:30 AM Robert Hunter  
6:00 PM Maria Haiduk

 IN LOVING  
REMEMBRANCE

The Sanctuary Lamp at the Blessed Sacrament and the Altar Bread and Wine consecrated during the week are available as memorials. Please contact the parish office at (201) 327-5663 for additional information.



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