



SACRED HEART CHURCH & SAINT JOHN MISSION

PASTOR: MSGR LES JANIK

~~~~~ SUNDAY FEBRUARY 14, 2021 ~~~~~

## 6<sup>TH</sup> SUNDAY IN ORDINARY TIME



He said to him, "See that you tell no one anything, but go, show yourself to the priest and offer for your cleansing what Moses prescribed; that will be proof for them." The man went away and began to publicize the whole matter. He spread the report abroad so that it was impossible for Jesus to enter a town openly. - Mk 1:44-45b

# Mass Intentions

## Saturday, Feb 13<sup>th</sup> - Vigil: Sixth Sunday in Ordinary Time

4:00 pm In Memory of **Rev. Augustine Pilatowski**

## Sunday, Feb 14<sup>th</sup> - Sixth Sunday in Ordinary Time

7:30 am In Memory of the Deceased Members of the **Minio, Ashline and Wiencek Families** requested by their family

9:00 am In Memory of **Mary Smith** requested by the Saint John Mission Rosary Altar Society

10:30 am In Memory of **Edward MacGlafin** (17<sup>th</sup> Anniversary) requested by his family

## Monday, Feb 15<sup>th</sup> – Weekday

8:00 am In Memory of **Gerard Leblanc** requested by his wife Loretta

## Tuesday, Feb 16<sup>th</sup> - Weekday

8:00 am In Memory of **Joan Winiarski** requested by Dr. Jeremiah and Virginia Lowney

## Wednesday, Feb 17<sup>th</sup> - Ash Wednesday

8:00 am In Memory of **Frances Winiarski Plourde** requested by Dr. Jeremiah and Virginia Lowney

## Thursday, Feb 18<sup>th</sup> - Thursday after Ash Wednesday

No Mass

## Friday, Feb 19<sup>th</sup> - Friday after Ash Wednesday

8:00 am For the **Janik Family** requested by the Morning Mass Group

## Next Weekend

4:00 pm In Memory of Msgr. Robert Brown

7:30 am In Memory of Ed Burchfield

9:00 am In Memory of Mary Smith

10:30 am In Memory of Paul Sucholet



## IN YOUR PRAYERS...

**PLEASE KEEP IN YOUR PRAYERS** the following in need of guidance and strength during difficult times: Eric Allard, Deacon Al Cote, Alfred Cutrone Jr., Betty Ettl, Joe Ettl, Dorothy Fisher, Rick Gunther, Bernie Kalinowski, Richard Kalinowski, Loretta LeBlanc, James Riley, Mary Sanborn, Maryann St. Peter, Ernestine Quackenbush, Stanley Weingart, Justin West and Charles Whitty.



Lord God, we ask you to bless the members of our armed services. Give them courage, hope and strength. May they experience your firm support, gentle love and compassionate healing.



Dear Brothers and Sisters in the Lord,

In the Gospel reading offered for our reflection each Ash Wednesday, the Lord instructs His disciples that when we pray, fast, and perform works of charity, we are not to do so in a public manner that would draw attention to ourselves or with the praise and admiration of others. Instead, we are instructed to give “in secret”, to go to our “inner room” to pray, and to give no outward indication that we are fasting. The Lord is cautioning His disciples to be on guard against behaving like hypocrites who do these things in an overtly public manner that they may appear, in the estimation of others, to be holy and righteous. By contrast, the Lord correctly reminds us that these spiritual disciplines of prayer, fasting and almsgiving are done, not for us, but in supplication and praise to Almighty God as well as for the good of our neighbors that we are called to serve. So it is that the Lord promises that we will be rewarded for our efforts in these areas, not by the world, but by the “Father who sees what is hidden.”

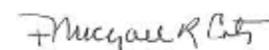
As we begin another Lent, particularly after a year that has been very difficult for so many, it is important for us to remember that nothing escapes the loving gaze of our Heavenly Father. The physical separation necessitated by the ongoing pandemic has resulted in many changes to the way we live our lives of prayer and the manner in which we practice our Catholic faith. Due to the restrictions placed on public worship gatherings, and the fear experienced by many in the face of this pandemic, members of the faithful have been unable to attend Mass in person and receive our Lord in Holy Communion. This has constituted a great spiritual sacrifice for many. Similarly, we have been unable to celebrate the major feast of our faith as we normally would with family and friends. In addition, many in the health care field and front-line workers have made great personal sacrifices in service to others. These challenges, difficulties, and sacrifices, along with many others, have been borne by individuals, largely in secret. It seems, therefore, that the Lord wants to reassure us that the sacrifices and suffering of this past year have not gone unnoticed by our heavenly Father who will reward our fidelity.

There is also, however, a continued challenge contained in these timely words of our Lord: we must never grow complacent with regard to the development of our spiritual lives, no matter the challenges and the external circumstances or limitations we face. It is likely that we will continue to be called upon to sacrifice and to endure comparable challenges for the foreseeable future. Recognizing this reality, we must resist the temptation to close in on ourselves or to despair. We can and should be confident that God is inviting us, here and now, in the midst of these present circumstances, to embrace the Cross in the quiet depths of our hearts. He is likewise inviting us anew to make use of the spiritual discipline of this Lent together with the tools of prayer, fasting, and works of charity to grow closer to Him and to one another, despite our physical separation. If we persist in this work, we can be assured that the Father, who sees our hidden, will reward us with an abundance of His grace.

May Mary, our mother and model, who stood with great love and fidelity at the foot of the Cross, continue to accompany us through these challenging times as we journey together to the enduring light and hope of Easter.

God bless you and may you have a Holy Lent.

Sincerely yours in Christ,



Bishop of Norwich



Dear Parishioners and Friends,

As the annual observance of Lent is approaching, we are all invited to use this time for our spiritual renewal through penitential practices. Lent is a time of preparation for the celebration of Easter. It is a time of reconciliation with God and one another. Lent is a time to give up resentment, and become more forgiving, all absorbing, completely at peace and utterly trusting. Most of all, during Lent, we are invited to embrace God's mercy in the Sacramental Confession. No one is beyond the reach of God's mercy, for God's mercy is greater than our sins.

Due to Coronavirus Restrictions, this year the distribution of ashes on Ash Wednesday will be done in a different way than normal. After the blessing, the ashes will be sprinkled on top of the head of each person who approaches. While this is a common practice in most countries, this form of distribution is not as well known in the U.S. The blessings and imposition of the ashes will take place at Sacred Heart Church at the 8:00 am Mass.

On all Fridays during Lent, a special Lenten reflection will be shared with the faithful at the 8:00 am Mass. The Mass will be recorded and uploaded to our website every Friday.

Adoration of the Blessed Sacrament and recitation of the Devine Mercy Chaplet will take place after the Friday 8:00 am Mass. This will be recorded and uploaded to our website. The Adoration of the Blessed Sacrament will conclude with the Benediction at noon.

Stations of the Cross will be held every Friday at 6:00 pm. This will be recorded and uploaded to our website.

Holy Week schedules and modifications to traditional celebrations will be addressed in a separate letter when we are closer to Holy Week.

To access our website, open your computer browser and type the following into your address bar: <https://sacredheartnorwichct.org/>. Once there, scroll down to see the links for the various recordings.

During this sacred time of Lent, may each one of us be open to the blessing, healing and forgiveness God offers us.

Blessed Lent.

Msgr. Les Janik  
Pastor



*Thank you for your continued support*

**Offertory (January 31, 2021):**

**Sacred Heart Church:**

**\$3,136**

**Saint John Mission:**

**\$265**

**Offertory (February 7, 2021):**

**Sacred Heart Church:**

**\$2,865**

**Saint John Mission:**

**\$565**

## VIII CEREAL BOWL

### Eighth Annual Cereal Bowl

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Kansas City Chiefs  
11

**General Mills**  
Tampa Bay Buccaneers  
7

Thank you to everyone who participated in our Cereal Bowl!! Your support to our food pantry is greatly appreciated.



PRAY FAST GIVE..

### Fast and Abstinence

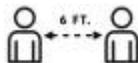
These regulations unite the whole Catholic Church throughout the world in the Lenten journey of repentance and conversion of heart. Observed in a spirit of generosity, fast and abstinence remind us of our own frailty and make us more sensitive to the needs of others. Acts of penance find their completion in works of charity and justice.

**Fasting:** Those between the ages of 18 and 59 are obliged to observe the laws on fasting. To fast means limiting oneself to one full meal in the day and two smaller meals. The two prescribed days of fasting are Ash Wednesday and Good Friday.

**Abstinence:** The law on abstinence obliges all those who are over the age of 14. On days of abstinence meat is not eaten at any meal. The prescribed days of abstinence are Ash Wednesday and all the Fridays of Lent, including Good Friday.

♥ Happy Valentines Day ♥

Wear a facemask  
Sanitize your hands  
Maintain social distancing



*A leper came to Jesus and kneeling down begged him and said, "If you wish, you can make me clean." Moved with pity, he stretched out his hand, touched him, and said to him, "I do will it. Be made clean."*

Mark 1:40-41

Many other miracles were attributed to St. Rita, both during her life and after her death.

Holy Patroness of those in need, Saint Rita, so humble, pure and patient, whose pleadings with thy Divine Spouse are irresistible, obtain for me from thy Crucified Christ my request (mention it here). Be kind to me, for the greater glory of God, and I promise to honor thee and to sing thy praises forever.

Oh glorious St. Rita, who didst miraculously participate in the sorrowful Passion of our Lord Jesus Christ, obtain for me the grace to suffer with resignation the troubles of this life, and protect me in all my needs. Amen.

The prayer to St. Rita, like her miracles, helps remind us indeed that "all things are possible with God," as Jesus said in Mark's gospel (10:27). Roses are her symbol. Her feast day is May 22nd.

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