

# HOLY FAMILY PARISH



**403 Union Street  
Rockland, MA 02370  
(781) 878-0160**

**[www.holyfamilyrockland.org](http://www.holyfamilyrockland.org)**

<b>Pastor</b>	Rev. James F. Hickey
<b>Parochial Vicar</b>	Rev. James J. O'Driscoll
<b>Parochial Vicar, Brazilian Ministry</b>	Rev. Valdir Mesquita Ferreira Lima
<b>Pastoral Associate</b>	Ms. Teresa Doyle Smith
<b>Dir. Religious Ed.</b>	Mrs. Elizabeth Davis
<b>Director of Music</b>	Mr. Robert Kirby
<b>Finance &amp; Operations Manager</b>	Ms. Anne Marie Kennedy
<b>Parish Secretaries</b>	Mrs. Kathleen Small Mrs. Mary Corrieri Ms. Brenda Callahan

Rectory .....	(781) 878-0160
Fax .....	(781) 871-6389
Religious Ed. ....	(781) 871-1244
Cemetery .....	(781) 878-2306 / 0160

## Weekday Mass

(Monday thru Saturday) 9:00 am Mary's Chapel  
Weekday Mass in Portuguese: Wednesdays at 7:00 p.m.  
Pelo tel: 781-871-5754

## Lord's Day Masses

Saturday Vigil Mass - English - 4:00 pm  
Saturday Mass - Portuguese - 7:00 pm  
Sunday Mass - English - 7:30 am - Main Church  
10:00 am - Main Church  
Sunday Mass - Portuguese - 7:00 pm - Main Church

Mary's Chapel will be opened during the week, Monday – Friday, from 8:30 a.m. until 6:00 p.m. and on Saturdays from 8:30 a.m. until 8:30 p.m. for personal prayer and adoration.

<b>Confessions/Reconciliation:</b>	Saturdays from 3:00 - 4:00 p.m. in Saint Mary's Chapel.
<b>Baptismal Arrangements:</b>	Parents register for baptism by contacting Mrs. Elizabeth Davis at 781-871-1244.
<b>Marriage Arrangements:</b>	Couples should arrange an interview with one of the priests of the parish at least six months prior to the planned wedding date.
<b>Sacrament of the Anointing of the sick:</b>	Especially prior to entering hospital, call the rectory.
<b>Last Rites of the Church for the Dying:</b>	Call the Rectory.
<b>St. Vincent de Paul:</b>	Call 781-792-0168 and follow taped directions
<b>Alcoholics Anonymous:</b>	Wednesdays 7:00 p.m. Holy Family Parish Center
<b>Narcotics Anonymous:</b>	Mondays 7:00 p.m. St. Joseph's Center

## HOLY FAMILY PARISH, ROCKLAND, MASSACHUSETTS



**Saturday, Jan 29 4:00** *Thomas Casey and Eleanor Cole*  
**Sunday, Jan 30 7:30** *Cora Holbrook (L)*  
**10:00** *Margaret Beary*  
**Sunday, Feb 5 4:00** *Tom Fitzgerald and Kristy Sasha Kanhai*  
**10:00** *The Deceased members of the Horsman and Cannon Family*

We are celebrating Mass on Saturdays at 4 p.m. in the Main Church and Sundays at 7:30 a.m. and 10 a.m. in the Main Church. Mass will continue to be taped for public showing on Rockland Cable TV Channel 32 on Verizon and Channel 15 on Comcast on Sundays at 7:30 a.m., 10 a.m. and 5p.m. and can be viewed on our website: [www.holyfamilyrockland.org](http://www.holyfamilyrockland.org).

### January 30 ~ Fourth Sunday in Ordinary Time

In speaking to the prophet Jeremiah, God reminds him "before you were born, I dedicated you, a prophet to the nations, I appointed you." Whether a prophet or a disciple, the message is the same – God's love never fails and we are to mirror that love in our lives. St. Paul describes what that love looks like in our lives. It is patient, kind, not jealous, not rude, does not hold grudges, is hopeful and truthful. To be loving as St. Paul describes is a tall order, and yet there is no doubt that this is our task as Disciples of Christ

### Growth Through Grief Retreat for Fathers

### Walking the Passion of Christ:



### A Day of Retreat for Fathers Experiencing the Loss of a Child to Substance Use

We are seeking men who would be interested in spending part of a day gaining knowledge, skills, support and companionship in dealing with the loss of a son or daughter due to the disease of addiction.

If you are interested in learning more please email or call: Karen Farrell at [kfarrell@rcab.org](mailto:kfarrell@rcab.org) or 617-746-5843.

Directed by Deacon Jim Greer MAPT, CT,  
Office of Chaplaincy Programs.

Co-Sponsors: Archdiocesan Addiction Recovery Pastoral Support Service/ Catholic Charities and Office of Chaplaincy Programs, Archdiocese of Boston.

**People of All Faiths are Welcome.**

### REMEMBER IN PRAYER THE RECENTLY DEPARTED

Ray Pike and all who have died during the Covid-19 pandemic.



### Classes with Fr James O'Driscoll on Facebook/YouTube channel (Holy Family Church, Rockland, MA)

**Monday** - Spiritual Book Club with Fr. Philippe's *The Way of Trust and Love, A Retreat Guided by St. Thérèse of Lisieux*

**Tuesday** - Bible Study on the Book of Hebrews, at 2 pm on Facebook and Youtube at Holy Family Church Rockland MA.

### Readings for the week of January 30, 2022

Sunday: Jer 1:4-5, 17-19/Ps 71:1-2, 3-4, 5-6, 15-17 [cf. 15ab]/

1 Cor 12:31—13:13 or 13:4-13/Lk 4:21-30

Monday: 2 Sm 15:13-14, 30; 16:5-13/Ps 3:2-3, 4-5, 6-7/ Mk 5:1-20

Tuesday: 2 Sm 18:9-10, 14b, 24-25a, 30—19:3/Ps 86:1-2, 3-4, 5-6/Mk 5:21-43

Wednesday: Mal 3:1-4/Ps 24:7, 8, 9, 10/Heb 2:14-18/Lk 2:22-40 or 2:22-32

Thursday: 1 Kgs 2:1-4, 10-12/1 Chr 29:10, 11ab, 11d-12a, 12bcd/Mk 6:7-13

Friday: Sir 47:2-11/Ps 18:31, 47 and 50, 51/Mk 6:14-29

Saturday: 1 Kgs 3:4-13/Ps 119:9, 10, 11, 12, 13, 14/Mk 6:30-34

Next Sunday: Is 6:1-2a, 3-8/Ps 138:1-2, 2-3, 4-5, 7-8 [1c]/1 Cor 15:1-11 or 15:3-8, 11/ Lk 5:1-11

### BOOKS FOR THE PARISH *The Wisdom of Fulton Sheen*

This book is a powerful collection of inspiring quotes from Bishop Sheen's life and works that will encourage you to think differently about yourself and what God is calling you to do.

### LIVING FAITH Daily Catholic Devotions for January, February, March 2022

*Living Faith* provides daily reflections based on a Scripture passage from the daily Mass.

**Books are available in the church foyer and the Parish Information Center.**

## ***FOURTH SUNDAY IN ORDINARY TIME***

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### **FAMILY NOTES, IV Sunday in Ordinary Time, January 30, 2022**

Dear Friends, Peace!

#### **ENCOURAGING SPEECH**

Many years ago, a collaborator, a wonderful layman, ministering at Saint Agnes in Reading gave me an insight into my life as a priest and moreover as a Christian. He said, "Jim, your job is to speak encouragingly." It is. And so is yours.

You may have heard me on a recent Sunday trying to address this topic. Bear with me. Perhaps I may make my point more clearly. Saint Paul in Ephesians 4:29-32 offers some sage advice about our speech. Let me offer his thoughts using different translations or paraphrases. Paul writes, "Never let evil talk pass your lips." He is referring to "foul language." Especially directed at another person. We are pretty used to that, aren't we? One author offered that the text means that such speech is "rotten." We say that too, don't we? We say it "stinks!" Then Paul gives a gem of a sentence: "Say only the good things people need to hear." I have always liked that line, don't you? The Word of God says that people, all the people, the folks in our lives "need edification." They need to be built up. Paul is saying that we can "give grace to those who hear." Wow! To grace, to bless the other by my speech. Here's another way of saying this: 'Speak to be a benefit to those who hear. When you speak say things that will really help people.' In short, "speak encouragingly". What a lovely goal: in our families, with people we disagree with, with every chance encounter with another human being.

#### **THE OPPOSITE**

Then there is the opposite. I learned when preparing for this talk that the Hebrews felt that negative, abusive speech toward another affected God. Saint Paul voices that concept when he writes, "And do not grieve the Holy Spirit of God with whom you have been sealed." What a thought! I can make God sad by the negative way I talk to you! Saint James puts it another way, "...the tongue...is a restless evil, full of deadly poison. With it we bless the Lord and Father, and with it we curse human beings who are made in the likeness of God... This need not be so" (James 3:8-10). Thus, Paul bluntly teaches "Get rid of all bitterness, passion and anger, harsh words, slander and malice of every kind" (Ephesians 4:31).

#### **GOD'S FURTHER COUNSEL**

God's Word is clear. Here is His ethic for us: "be kind to one another, compassionate, forgiving one another just as God has forgiven you in Christ" (4:32). The Psalmist offers similar and clear advice: "Keep your tongue from evil and your lips from speaking deceit. Turn from evil and do good, seek peace and follow after it (strive for it)" (Psalm 34:14-15).

#### **MEDIA: OUR USE**

Today you and I have found ourselves given various forms of media by which we can express ourselves. But because Facebook is not 'face to face', we can tend to say and write what would have been shocking and unacceptable even a few years ago. May I suggest that you and I as Catholics must decide to use every form of our self-expression only to lift people up. Let us say or communicate "only the good things people need to hear," as another translation expresses it, "things that will really help them." And if this thought has hit home for you as it has me, let us follow the advice of Our Blessed Mother Mary in John 2:5: "Do whatever He tells you."

God bless. JFH

#### **ST. VINCENT DE PAUL SOCIETY**

Please remember our Rockland neighbors in need during these cold winter months. Help Holy Family's St. Vincent de Paul Society give support to our community members who are in need of food, heat, and shelter. Please place donations in the box in the back of the Church or in an envelop marked for St. Vincent de Paul and place in the collection basket or drop off at the rectory. Thank you for all your help.

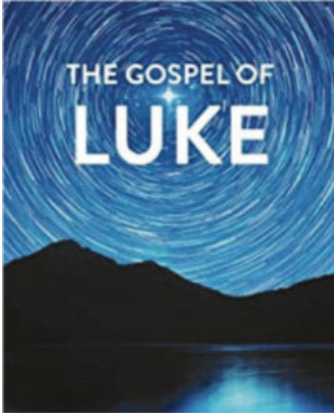
JANUARY 30, 2022



Religious Education News and Calendar  
Director of Religious Education: Mrs. Elizabeth Davis; Assistant: Mr. Bob Fullam  
Contact Information: Phone (781)-871-1244 or Email to [holyfamilyreligioused@yahoo.com](mailto:holyfamilyreligioused@yahoo.com)

## The 4<sup>th</sup> Sunday in Ordinary Time

The Gospel for this Sunday (Luke 4:21–30) is a summary of Luke's whole Gospel. Jesus tells the Good News of God's favor and kindness toward all people.



- When Jesus told the Good News about himself to those gathered in the synagogue, not everyone listened.
- Listening to others is a way to show love and respect.
- Even some of Jesus' own friends and neighbors rejected His teaching because He was just the son of a carpenter.
- Everyone faces rejection at one time or another. And we all can be deeply hurt by rejection.
- Today's Gospel follows the teachings of the second reading from Corinthians telling us that the greatest virtue we can possess is that of **LOVE**.  
Luke's Gospel teaches us to avoid rejecting others or prejudging them.

Jesus is our greatest teacher. He teaches us how to live the way God wants us to live. We listen to him and learn from him. In today's Gospel Jesus challenged the people in his hometown to do something hard. They did not like that! They got mad. But Jesus' words are true.

Sometimes we can be like the people of Nazareth; we do not want to trust Jesus' message because we find his words challenging. We do not want to do what He says. But we can trust His words to us and can rely on His guidance in our lives. They are the words of a trusted friend.



**We pray that we will allow Jesus' words to influence us and to change us.**

forgive  
US OUR TRESPASSES  
forgive  
THOSE WHO TRESPASS  
AGAINST US

**To our Holy Family Parishioners: First Reconciliation**

On February 7<sup>th</sup> and 14<sup>th</sup>, forty-one of our young people will be receiving the Sacrament of Reconciliation for the first time.

We ask you please, as a parish, to pray for them and their families as they experience the incredible gift of God's love and forgiveness through this wonderful sacrament, and as they continue their Faith Formation in preparation for receiving First Holy Communion in the Spring.

## FOURTH SUNDAY IN ORDINARY TIME

### **SISTERS OF ST. JOSEPH PRAYER LINE**



Call and ask for prayers for someone you know.

**1-617-746-2054**  
**Monday- Friday**  
**9 AM- 4 PM**

On weekends & after 4:00 PM, you may leave a prayer request message or visit [www.csjboston.org](http://www.csjboston.org).

### **LOCKS, SOCKS, HATS AND GLOVE DRIVE TODAY!**

Pine Street Inn of Boston needs **Socks, Hats and Gloves** for the cold winter nights and **Locks** for lockers at Pine Street to store their belongings. Holy Family will sponsor a Drive **THIS**



**weekend, January 29/30.**

Standard size locks with keys

**No combination locks**



**Socks, Hats & Gloves**  
for women and men

Please leave your donations in the marked baskets in the Main Church foyer. All CCD students will be participating in this project. The Confirmation class will sort and organize the donations for Pine Street Inn. For more information call Teresa Doyle Smith at the rectory (781-878-0160).



Our Baby Shower for the Unborn will be next **weekend, February 5/6**. God bless Trish Kelliher who for years organized this lovely ministry. Sadly, we lost Trish to cancer last year. Her husband Mike is being supportive in her place.

If you desire to make a financial donation, please make out your check to **“Pregnancy Help.”**

- They need thermometers, grooming products – brush & comb, nail clippers,
- Boys & Girls Winter outfits- sizes: newborn, 9 months, 3 – 6 months,
- Boys & Girls Winter Sleep n Play Outfits- sizes newborn, 3 – 6 months
- Boys & Girls Transitional Outfits (Fall outfits – long sleeve top and pants) – sizes: 3 – 6 months.

Many of these items can be acquired at [www.carters.com](http://www.carters.com) as stores have low inventory.

Thanks for your always vibrant support of this needed ministry.

JFH



Need Marriage Help? Retrouvaille has helped tens of thousands of couples struggling in their marriage. For information on upcoming weekends in 2022 please visit:

[www.HelpOurMarriage.org](http://www.HelpOurMarriage.org) or call us at 508-271-7155

**Upcoming weekends:**  
**February 25-27, 2022**  
**May 6-8, 2022**  
**August 12-14, 2022**  
**November 11-13, 2022**

### ***Jesus is Here: Archdiocese of Boston Eucharistic Congress***

**6-18-2022**

We are excited to announce that registration is now open for the 2022 Eucharistic Congress, Jesus is Here - a day-long event featuring Mass with the Cardinal, dynamic speakers including Bishop Robert Barron, Bishop Daniel Flores, Bobby and Jackie Angel, and Deacon Harold Burke-Sivers, Adoration, and a Eucharistic procession. Visit [jesusishereboston.org](http://jesusishereboston.org) for more information and to register!

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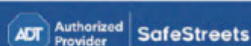
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