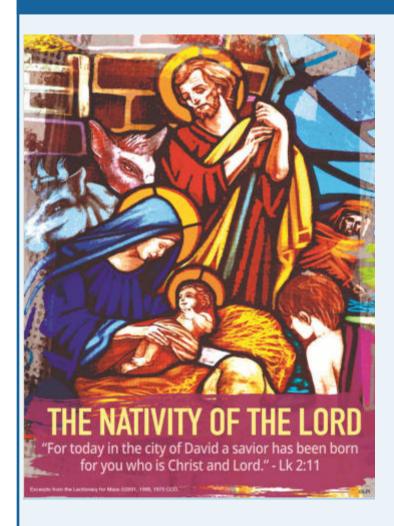
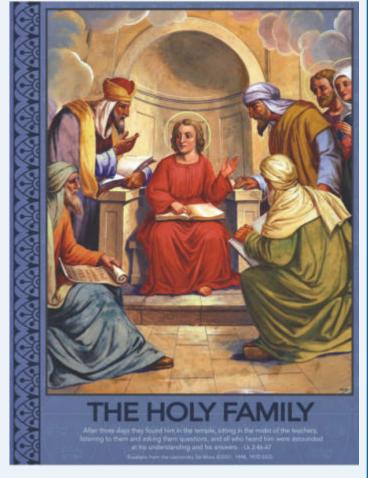


Holy Trinity

A Parish Community in the Fall River Diocese

The Holy Family of Jesus, Mary, and Joseph December 26, 2021







Holy Trinity 246 Main Street (Rte. 28), West Harwich, MA Saturday Vigil Mass: 4:00PM

Sunday Masses: 7:30AM ~ 9:00AM ~11:00AM

Daily Mass: 9:00 AM, Monday-Friday

Liturgy of the Hours: Morning Prayer 8:35AM, Mon-Fri

Rosary: After the 9AM Mass, Mon-Fri



Our Lady of Life Adoration Chapel

Located behind Holy Trinity Church Open daily from 8AM to 8PM **Chaplet of Divine Mercy:** 3PM

PARISH STAFF

Rev. Marc P. Tremblay, *Pastor Deacon* Ralph F. Cox *Deacon* Christian De Vos *Deacon* John W. Foley

Mrs. Linda Mattson, *Administrative Assistant*Mrs. Barbara-Anne Foley and Mrs. Mary Wall *Religious Education Co-Directors*Mr. Steven Grubiak, *Director of Music*Mrs. Barbara McCarthy, *Parish Secretary*

CONTACT INFORMATION

Mass Schedule: 508-432-0650

Religious Education Office: 508-432-2898

St. Vincent DePaul Society: 508-432-0650, Menu Option #4

Thrift Shop: 508-432-7625 Email: htchurch@comcast.net

Mailing Address: P. O. Box 428, West Harwich, MA 02671

Holy Trinity Cemetery: Rectory Office 508-432-4000
Holy Trinity Website: www.holytrinitycapecod.org
Memorial Wall: Tom Peterson 508-432-1220 or www.htmw.org



Saturday, December 25th ~ Christmas Day 7:30AM ~ 9:00AM ~ 11:00AM

SundayDec. 267:30 AM†People of the Parish
SundayDec. 269:00 AM†Ints. of Nick Pierce
SundayDec. 26 11:00 AM†Eleanor D. Tucker
MondayDec. 27 9:00 AM†Maj. Jim Bartell
Tuesday Dec. 28 9:00 AM† Ints. of Fiona Rendon
Wednesday Dec. 29 9:00 AM†Kathleen Ambrose
ThursdayDec. 309:00 AM†Ints. of Tisha Rose
Friday Dec. 31 9:00 AM† John & Patricia Buckley

New Year's Masses Solemnity of Mary, Mother of God Not a Holy Day of Obligation This Year Saturday, January 1st ~ New Year's Day ~ 9.00AM

SaturdayJan.	14:00 PM†Judith D'Agastino
SundayJan.	27:30 AM†People of the Parish
SundayJan.	2 9:00 AM†Ursula Tafe
Sunday Ian	2 11:00 AM† Bill O'Donnell

40 Hours Intentions for 2022

1—For the end of the COVID-19 Pandemic 2—For the success of the Diocesan phase of the Synod

If you cannot attend Mass, please make the donations that you would normally make when you attend Mass. You can send a check to P. O. Box 428, West Harwich, MA 02671.

To give electronically, please go to holytrinitycapecod.org and click on DONATE at the top of the home page.

You will get a confirmation email and your donation will be recorded in our system.

If you have any questions, please contact support@gabrielsoft.com, or 774-203-9480.

December 11/12—\$10,297 Retired Religious—\$2,207

(These amounts represent the total before the 14% Diocesan tax is deducted.)

Due to another early deadline for the bulletin, we can't publish the collection amounts for December 18/19. They will be published in the next bulletin.



Holy Trinity — West Harwich, Massachusetts

Holy Trinity Parish Mission Statement

Guided by the Holy Spirit, strengthened by Word and Sacrament and instructed by the teaching of the Roman Catholic Church, Holy Trinity Parish is a community of Disciples of Jesus Christ called to bear witness to His presence among us and to continue our Lord's proclamation of the coming of the reign of God.

Parish Information

SACRAMENTS

Reconciliation Saturday 2:30 to 3:30 PM, and by appointment.

Baptism Baptisms are scheduled the first and third Sunday of each month. Pre-sacramental instruction is required. Please contact the parish office at 508-432-4000 to make arrangements.

First Eucharist Two-year preparation required for children. Must be at second grade level or beyond to receive.

Confirmation Two-year preparation required for young people. Must be at least at 9th grade level to receive. Other arrangements available for adults.

Rite of Christian Initiation of Adults (RCIA) Please contact the parish office at 508-432-4000.

Marriage Couples planning to enter marriage should contact the rectory no less than six months in advance of the wedding, and no more than one year

Anointing of the Sick Communal and individual celebrations of this sacrament of healing are available to those struggling with serious or chronic illness or infirmity. Parishioners preparing for surgery may request the Sacrament of Anointing prior to admission to the hospital.

Pastoral Care of the Sick and Homebound Communion visits to ill or infirm parishioners at home or in skilled nursing facilities may be arranged by calling Joan Ryan at 508-432-3710.

CHRISTIAN FORMATION

Religious Education Office Call the office at 508-432-2898. **St. Therese of Lisieux Library, Parish Center** Currently closed.

APOSTOLATES AND MINISTRIES

Adorers of the Eucharist Please give an hour of your week to this apostolate of prayer in honor of Christ present in the Blessed Sacrament. 508-432-4000.

Altar Angels Volunteers who clean the sacred vessels. Contact the office, 508-432-4000.

Altar Servers—Students Contact the Religious Education office at 508-432-2898.

Altar Servers—Adults Contact the office, 508-432-4000.

Catechists Those who are willing to help to pass on the faith to another generation may contact the parish office at 508-432-2898.

Celebrate Life Committee For information, please call the parish office at 508-432-4000.

Adult Choir Rehearsals are held each Thursday 6:30 to 8:30PM in church. For information contact Steve Grubiak 508 -385-2396.

Holy Trinity Youth Chorus, Grades 2-9 Rehearsals are conducted every Sunday in the church hall from 8:20 to 8:45AM for participation in the Sunday 9AM Family Mass each week

during the school year. Contact Mrs. Paige at 508-364-2811 or by email at capecodpaiges@comcast.net.

Liturgical Ministers Those who would like to serve as Ushers, Collectors, Lectors, Cantors, Acolytes, or Extraordinary Ministers of the Eucharist should inquire at the parish office to learn of requirements and training.

Prayer Chain Many voices raised in Prayer for the same need. Call Pearl, 508-317-4817 or Lynne, 508-432-6958.

Prayer Shawl Ministry Knitters and crocheters meet Mondays at 10:00AM in the Parish Center. Call E.J. at 508-394-9942 for information.

Rosary The Rosary is prayed after the 9AM Mass Monday through Saturday in the side chapel.

Vincentians An apostolate that seeks to meet the material as well as the spiritual needs of those who struggle to make ends meet. (Meets the 3rd Wednesday of the month at 2PM in the Parish Center.) Please call 508-432-0650, menu option No. 4, and leave a message to receive further information.

ORGANIZATIONS

Knights of Columbus Council 7312 Meets monthly every 2nd Tuesday in the Parish Center at 7:00PM. Membership Information: contact Roger Ellis, 508-258-8566.

FUND RAISING

Thrift Shop Open Tuesday, Wednesday, Thursday, 11AM to 3PM. Located in the Parish Center. *Closed during the month of February.*

HELP

Al-Anon Mondays 7:15PM in the Parish Center. **St. Vincent De Paul Society** Emergency assistance to the needy call 508-432-0650, menu option No. 4.

AA Saturdays 7:30-8:30PM in the church hall.

Auto External Defibrillator in handicapped entrance of church.

Parish Office Hours

Monday-Thursday, 9AM-Noon and 1-3:30PM Friday 9AM to Noon

Bulletin Notices

Due at the parish office by e-mail (preferred) or in writing by 10 AM on Monday.



ADORATION CHAPEL FUND

A generous parishioner has offered to match donations to the Chapel Fund. Any contribution received by December 31, 2021, will be matched up to \$50,000!

This is the last week to have your donation doubled! Please consider donating to the Fund before December 31 to double the effect of your support.

You also have the opportunity to make memorial donations. The name of the person you wish to honor or memorialize will be engraved on a leaf of the Giving Tree in the Chapel, at the following levels of giving:

Bronze \$1,000 Silver \$3,000 Gold \$5,000 Acorn \$10,000

A donation of any amount to the Adoration Chapel Fund—especially through the end of **December**, 2021—is a way to help your parish preserve the beauty of the Chapel. Please make check payable to Adoration Chapel Fund.

X
ADORATION CHAPEL FUND
Amount of Donation:
Your Name:
Address:
Telephone:
Email:

Is this a Memorial Donation \$1,000 or higher? If

so: Name of person being memorialized:



FEAST OF THE HOLY FAMILY

Today is the Feast of the Holy Family, a good time to reflect that we are all part of that family—brothers and sisters of Christ. Through your generous offerings for Stars on our Advent Mary Tree, the Society is able to continue helping our Neighbors in Need, our brothers and sisters who are suffering. Your donations are being matched by a generous parishioner. Together we give the needy assistance with rent, heat, food, car repairs and other necessities. Your Advent offerings to our brothers and sisters have totaled approximately \$7,223 to date. A final number will be published in several weeks. You can still help by sending your donation to SVdP, P.O. Box 682, W. Harwich, MA 02671 or by placing a donation in the Poor Box. If you need our help, you can reach us at the Help-Line 508-432-0650—Option 4.

WITH GRATITUDE

On the evening of Friday, December 10, our church glowed with candlelight reminding us of the Light of Christ overcoming darkness. Our sincere gratitude is extended to the many members of our parish who were involved. We thank our nine lectors for their articulate and flawless presentations of the readings and prayers. We thank our choir for their time and efforts in preparation during weeks of rehearsals before the service and for their voices which provided prayerful music during our service. We thank Deacon John Foley for a spirit-filled homily that provided us with a wonderful reflection on Advent and how we can become more deeply involved in this season of preparation. The combination of organ and trumpet accompaniment provided by Alexandra Paige and Dan Paige enhanced the music during the entire service. Finally we thank all of you, who supported us, sang and prayed with us, in preparation for our anticipated Christmas season. ~ Steve Grubiak





Holy Trinity Parish Religious Education Center holytrinityreled@comcast.net 508-432-2898 Mrs. Barbara-Anne Foley and Mrs. Mary Wall Religious Education Co-Directors

On December 12, the Religious Education students helped to decorate the Parish Center and participated in Crafts & Trivia, followed by hot chocolate and cookies. A good time was had by all ©.



Above: Crafters at work. At right: Peyton Morris (Grade 9) helping to decorate the Religious Ed School with Emory Hines looking on (in blue).





Left to right: Leyla Holmes, Hayden Sweeney, Lily Gladkowski and Wellington Holmes reading Christmas Trivia to the lower grade kids.



Above: Brianna Wall (Grade 9) assisting with painting "choo-choo" trains.

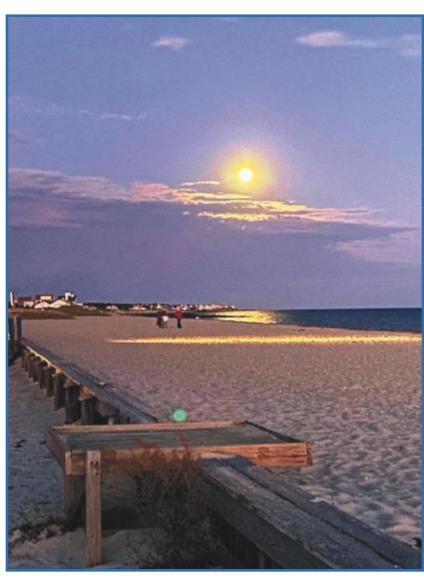


Hurry to the Thrift Shop on Tuesday 12/28 and Wednesday 12/29 for a two day, after Christmas, half-price sale on all merchandise except jewelry and items 25 cents or less. We are continuing our Christmas gift to you in the form of great bargains on clothing, accessories, linens, housewares, and holiday decorations. If you are attending a special event or formal gathering, we have a generous selection of cocktail dresses and formal ware.

For the past year our volunteers have worked very hard to prepare, price, and display twice as many donations as were received in the past. Please thank them for their efforts.

This will be the last half-price sale for quite a while. The Thrift Shop will be closed on Thursday 12/30 and will re-open on Tuesday 1/4/22 at 11AM.

The volunteers at Holy Trinity Thrift Shop wish you all a hopeful, healthy, and peaceful New Year!



We are about to celebrate again this Season of Light. We reflect on how the Light that never stops glowing appears among us; the Light that touches all our lives.

We acknowledge that Light by lighting special candles to shatter the darkness of the night. It is a Light that we all hunger for in the darkness of our time. But, then, we forget that we have been called to be a mirror to all we meet during the time of this wonderful season.

It is now that we have opportunities to brighten up the winter solstice days and turn the darkness around. It is the stars of the winter sky that often shine in our Christmas greetings, and we forget the other light that we can use to understand better what this season calls us to.

The light of the full moon is more like us than the stars . . . it is the light of the unseen full moon of winter reminding us in such extraordinary beauty of the sun that shines on the world, even in the darkest of winter nights.

It is the light of the moon reflecting the Father's great love upon the whole earth, just as Mary's face glows on the face of the world. It is the light that beckons us to join Mother Mary in reflecting the Love Light of the Savior.

~ Fr. Marc

(Photo of moonrise taken by Fr. Marc at West Dennis Beach)

FEAST OF THE HOLY FAMILY by The Faithful Disciple

GROW: Some of my fondest childhood memories are of my dad leading my three sisters and me in song as we made the hour-long drive to visit my grandparents every other weekend. Granted, *On Top of Spaghetti* and *Hey, Good Looking* don't qualify as "singing psalms, hymns, and spiritual songs," as Paul advised the Colossians, but I do think they reveal that my dad took to heart Paul's advice about family and faith. Paul writes that in putting on holiness, kindness, gentleness, and forgiving one another, we "put on love, that is, the bond of perfection." Whatever we do, in word or deed, we ought to do in the name of the Lord Jesus. Fathers, mothers, and children are to love one another, seeking and choosing the good for one another, and helping each other along life's journey—whether for an hour in the car, a three-day hike, or a lifetime in every situation. On this feast of the Holy Family of Jesus, Mary, and Joseph, we honor their perfect holiness and love, and pray that God may continue to perfect us in holiness and love within our own families, that we may bear good fruit for the Kingdom.

GO: Three Days? Mary and Joseph couldn't find Jesus for three days! Any parent who has had a child missing for a few seconds understands the anxiety Mary and Joseph experienced in three long days of searching for Jesus. In the end, though, all is well—they find him, and the peace of Christ casts out their fears. It is a remarkable scene: Jesus' parents are *astonished* to see him teaching in the temple, and Jesus is curious as to why they were looking for him—did they not know where he would be? This event marks a sort of milestone in their lives together, as Jesus has hinted at his future public ministry, and his parents have experienced that first bit of soul-piercing that Mary will later fully undergo. For each of them, love is what directed their actions. Joseph and Mary put aside everything to search for their son; Jesus put aside everything to serve his Father; and they joined together in humble obedience to God's will for them. The Holy Family models a way of living for us to imitate, and to witness to others in that imitation.

SERVE/STUDY: Perhaps you have some down time in this coming week between Christmas and New Year's. As a family, choose an activity that allows you to think outside yourselves and serve others. Donate to the food pantry or visit an elderly relative who is homebound. Or make a plan to read the Scripture for each day of the upcoming week; have each person choose a favorite verse to memorize each day. You may be surprised how often these verses enter your mind throughout the week.



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SEVERE FATIGUE? CHRONIC PAIN? TAKE YOUR

This is what it's like to suffer from Fibromyalgia.

It's symptoms make everyday life incredibly difficult and daily tasks nearly impossible. And more often than not, these symptoms are only made worse because so many practitioners find it difficult to understand and even more troublesome to treat. It is characterized by widespread pain in muscles, and tissues rather than inflammation of the joints, muscles and tissues.

Symptoms are masked with over-the-counter medications. Prescription pills only provide temporary relief and more often than not, fail to work at all. And the worst case scenario, you're completely disrespected or dismissed by medical professionals who don't get Fibromyalgia or don't care.

Some medical professionals will suggest dietary changes or encourage you to exercise. Perhaps they instruct you to 'drink more water' as if more water is going to stop you from feeling as though you've been hit by a freight train everyday.

At CAHM you no longer have to suffer! At CAHM there is a Acupuncturist that has a proven solution for fibromyalgia pain!

Do you suffer from CHRONIC PAIN? Does the pain seem to have a life of its own? Does the pain seem to travel? Are you plagued by SEVERE FATIGUE? Are you afflicted with RECURRING **HEADACHE or MIGRAINES?** Are you tortured with feelings of TENDERNESS and/or SWELLING? Do you experience NUMBNESS or TINGLING in your arms and/or legs?



Collin Campbell Lie.Ac. uses non invasive, non pharmaceutical, integrative therapies to RELIEVE his patients of Fibromyalgia symptoms, reducing various forms of pain and inflammation, stimulating the release of endorphins and offering much needed effective symptom relief for Fibromyalgia.

He skillfully layers therapies such as ATP Resonance BioTherapy~ and non pharmaceutical therapies for amplified and lasting results.

Imagine relief!

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