

*18<sup>th</sup> Sunday*  
IN ORDINARY TIME

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“For the bread of God is that which comes down from heaven  
and gives life to the world.” - Jn 6:33

# ST. MARY OF THE ANNUNCIATION PARISH

46 Myrtle Street, Melrose, MA 02176

**Parish Website:** [www.stmarysmelrose.org](http://www.stmarysmelrose.org)

**Facebook Page:** [saintmaryoftheannunciationparishmelrose](https://www.facebook.com/saintmaryoftheannunciationparishmelrose)

**Parish Office:** 781-665-0152

**Fax:** 781-665-2750

**Hours:** 9:00am—4:00pm, Monday—Friday; closed on Fridays for July and August

## PASTORAL STAFF

**Rev. Shawn Allen**  
Pastor

**Rev. Charles Hughes**  
In Residence

**Rev. John Janko, SDB**  
Weekend

**Ms. Marge Keohane**  
Operations Manager  
[marjk50@comcast.net](mailto:marjk50@comcast.net)

**Mr. Christopher Beza**  
Principal, St. Mary's School  
781-665-5037  
[mr.beza@stmaryschoolmelrose.org](mailto:mr.beza@stmaryschoolmelrose.org)

**Mrs. Paula Lowell**  
Music Director  
[Plowell88@gmail.com](mailto:Plowell88@gmail.com)

**Mrs. Karen Tarmey**  
Coordinator of Faith Formation  
781-590-4948  
[SMPFaithFormationCoord@gmail.com](mailto:SMPFaithFormationCoord@gmail.com)

**Mrs. Lisa Hudson**  
Parish & Faith Formation Admin Asst  
[Lisahudson21@comcast.net](mailto:Lisahudson21@comcast.net)



## EUCCHARISTIC LITURGY

Saturday (Vigil) 4:00 pm  
Sunday 7:30, 9:30 and 11:30 am  
Wednesday, Thursday and Friday 9:00 am

## EUCCHARISTIC ADORATION

The first Thursday of each Month from 6:30-7:30pm.

## ROSARY FOR THE FUTURE OF OUR YOUNG PEOPLE

The Rosary is not being held at this time.

## SACRAMENT OF RECONCILIATION

Saturdays from 8:30-9:30 am.

## SACRAMENT OF BAPTISM

To schedule your Baptism or for more information, please call Lisa Hudson at the Rectory.

## SACRAMENT OF MATRIMONY

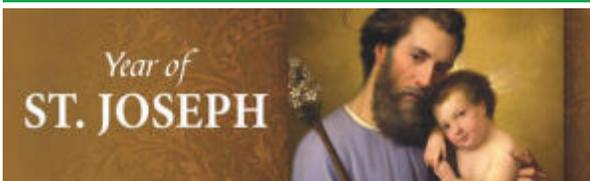
Please call the Parish Office to schedule an appointment to begin the preparation process and to confirm a date and time for your wedding. This process should begin at least six months in advance of the desired date.

## ST. MARY SCHOOL

4 Myrtle Street, Melrose, MA 02176

**School Website:**  
[www.stmaryschoolmelrose.org](http://www.stmaryschoolmelrose.org)

**School Office:** 781-665-5037



## MISSION STATEMENT

Saint Mary of the Annunciation is a Roman Catholic Christian Community centered around the Eucharist, welcoming all, while growing through faith and stewardship.

# Saint Mary Parish, Melrose, MA

## WELCOME TO ST. MARY'S!

If you are visiting and looking for a spiritual home, we welcome you to our Saint Mary of the Annunciation Parish Community. We hope that you find the worship and liturgy uplifting and an encouragement to your faith. We invite you to participate in the life of our parish. Whatever your age or walk of life, we want this parish to be your spiritual home. We are a community centered on excellent liturgy, helping people of all ages grow in relationship with Jesus, and welcoming all. Please introduce yourself to Fr Shawn, our Pastor. We want to know you and serve you.

## MASS Intentions

**Saturday, July 31**  
4:00 pm Joseph H Allen

**Sunday, August 1**  
7:30 am For the People of Saint Mary Parish  
9:30 am Patricia Tarpey  
11:30 am Donald Valerio Sr

**Saturday, August 7**  
4:00 pm Mother Mary Cajetan SHCJ

**Sunday, August 8**  
7:30 am For the People of Saint Mary Parish  
9:30 am Lea Parenti & Family  
11:30 am Rolando Visentini

## Prayer Requests



*Please pray for those who are ill especially for*  
Ellie Pistorino  
Patricia DeGaravilla  
Katherine Connolly

*Our Sanctuary Lamp is lit in memory of*  
Saint Mary Parishioners  
*Please pray for our recently deceased loved ones.*

## SCHEDULED PRESIDERS

<b>Saturday, July 31</b> 4:00 pm Fr Shawn	<b>Saturday, August 7</b> 4:00 pm Fr Janko
<b>Sunday, August 1</b> 7:30 am Fr Janko 9:30 am Fr Hughes 11:30 am Fr Shawn	<b>Sunday, August 8</b> 7:30 am Fr Hughes 9:30 am Fr Shawn 11:30 am Fr Shawn

Even with the relaxed precautions, **bulletins and music booklets must be removed from the Church at the end of Mass. Please do not leave these bulletins in the pew or return them to the table.** We cannot reuse them so take them home and recycle them.  
**Thank you!**



Please pray that God will watch over and safeguard our men and women serving in the military. We thank you for your service.

PO2 Patrick Casey, USCG	SSgt Daniel Munday, USAF
Col Eric DiNoto, USArmy	ACA, N William Muzarol, USN
Cpl Mark Gentile, USMC	SSG Jacob Pezzini, USArmy
SSgt Mickail Jean, USArmy	SFC James Wilson, USArmy
SSgt Marcy Munday, USAF	

Should you wish to have the names of your family members and friends on our military prayer list, **please complete the form below and drop it in the collection baskets or email [ketarmey@gmail.com](mailto:ketarmey@gmail.com) or [marjk50@comcast.net](mailto:marjk50@comcast.net)**

RANK	FIRST NAME	LAST NAME	BRANCH OF SERVICE

Name of person submitting:

Telephone number:

## ADORATION and MONTHLY CONFESSION

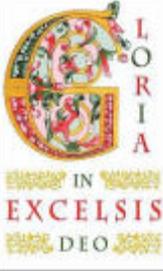
Beginning THIS Thursday, August 5<sup>th</sup> and continuing on

the first Thursday of each month, an hour of Adoration and Reconciliation will be held in the upper church. Father Shawn will be available in the confessional for the Sacrament of Reconciliation from 6:30 to 7:30 pm and there will be exposition of the Blessed Sacrament. Please join us for as we gather in quiet prayer and foster a deeper spiritual union with our Lord.



Saint Vincent de Paul Chapter at Saint Mary of the Annunciation Church  
781.665.0152 Ext 25

# Eighteenth Sunday in Ordinary Time



Glory to God in the highest, and on earth peace to people of good will. We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father.

Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at

the right hand of the Father, have mercy on us.

For you alone are the Holy one, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit in the glory of God the Father. Amen.

## First Reading Exodus 16:2-4, 12-15

The whole Israelite community grumbled against Moses and Aaron. The Israelites said to them, "Would that we had died at the LORD's hand in the land of Egypt, as we sat by our fleshpots and ate our fill of bread! But you had to lead us into this desert to make the whole community die of famine!"

Then the LORD said to Moses, "I will now rain down bread from heaven for you. Each day the people are to go out and gather their daily portion; thus will I test them, to see whether they follow my instructions or not.

"I have heard the grumbling of the Israelites. Tell them: In the evening twilight you shall eat flesh, and in the morning you shall have your fill of bread, so that you may know that I, the LORD, am your God."

In the evening quail came up and covered the camp. In the morning a dew lay all about the camp, and when the dew evaporated, there on the surface of the desert were fine flakes like hoarfrost on the ground. On seeing it, the Israelites asked one another, "What is this?" for they did not know what it was.

But Moses told them, "This is the bread that the LORD has given you to eat."



## Responsorial Psalm 78:3-4, 23-24, 25, 54

R. **The Lord gave them bread from heaven.**

What we have heard and know,  
and what our fathers have declared to us,  
we will declare to the generation to come  
the glorious deeds of the LORD and his strength  
and the wonders that he wrought.

R. **The Lord gave them bread from heaven.**

He commanded the skies above  
and opened the doors of heaven;  
he rained manna upon them for food  
and gave them heavenly bread.

R. **The Lord gave them bread from heaven.**

Man ate the bread of angels,  
food he sent them in abundance.  
And he brought them to his holy land,  
to the mountains his right hand had won.

R. **The Lord gave them bread from heaven.**

## Second Reading Ephesians 4:17, 20-24

Brothers and sisters:

I declare and testify in the Lord that you must no longer live as the Gentiles do, in the futility of their minds; that is not how you learned Christ, assuming that you have heard of him and were taught in him, as truth is in Jesus, that you should put away the old self of your former way of life, corrupted through deceitful desires, and be renewed in the spirit of your minds, and put on the new self, created in God's way in righteousness and holiness of truth.

## Gospel John 6:24-35

When the crowd saw that neither Jesus nor his disciples were there, they themselves got into boats and came to Capernaum looking for Jesus.

And when they found him across the sea they said to him, "Rabbi, when did you get here?"

Jesus answered them and said, "Amen, amen, I say to you, you are looking for me not because you saw signs but because you ate the loaves and were filled.

Do not work for food that perishes but for the food that endures for eternal life, which the Son of Man will give you. For on him the Father, God, has set his seal."

So they said to him, "What can we do to accomplish the works of God?"

Jesus answered and said to them, "This is the work of God, that you believe in the one he sent."

So they said to him, "What sign can you do, that we may see and believe in you? What can you do? Our ancestors ate manna in the desert, as it is written:

*He gave them bread from heaven to eat.*"

So Jesus said to them, "Amen, amen, I say to you, it was not Moses who gave the bread from heaven; my Father gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world."

So they said to him, "Sir, give us this bread always."

Jesus said to them, "I am the bread of life; whoever comes to me will never hunger, and whoever believes in me will never thirst."



## MUSIC MINISTRY

### Welcomes singers and instrumentalists!

If you would like to learn more about music, and would like to sing or play an instrument at Mass, please join us!

Contact: Paula Lowell, Dir. of Music, 978-658-0161  
Email: plowell88@gmail.com

### Youth Choir (Grades 2-8)

The Youth Choir sings weekly at the Sunday 9:30am Mass.  
Rehearsals: Fridays from 4:00–5:00pm in the Parish Center.  
Rehearsals begin on Sept. 17<sup>th</sup>, Friday afternoon.

### Adult Choir

The Adult Choir sings at the Sunday 11:30am Mass.  
Rehearsals: Thursdays from 7:00–8:30pm in the Parish Center.  
Rehearsals begin on Sept. 16<sup>th</sup>, Thursday evening.

## THE CREED

I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.  
I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made, consubstantial with the Father;  
through him all things were made.  
For us men and for our salvation,  
he came down from heaven,  
and by the Holy Spirit was incarnate of the Virgin Mary,  
and became man.

For our sake he was crucified under Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is adored and glorified,  
who has spoken through the prophets.  
I believe in one, holy, catholic and apostolic Church.  
I confess one Baptism for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come. Amen.



## ADULT ALTAR SERVERS AND EUCHARISTIC MINISTERS FOR FUNERALS

We have an **immediate** need, **especially over the summer months**, for adult altar servers and Eucharistic Ministers to serve at morning funerals. The commitment is often only once or twice a month. If you are currently an adult altar server or Eucharistic Minister and can volunteer, please contact the rectory. If you are not currently serving in one of these roles but would like to do so, please call the rectory and we will arrange for training.

## VOLUNTEER OPPORTUNITIES



During the Covid crisis when almost all events came to an abrupt close, Saint Mary's rose to the challenge and Mass was available to all those who were able and comfortable to attend, first through live-streaming and then through in-person limited seating. Registration was required, masks were worn, social distancing was observed and, through it all, it was clear that whether you came in-person or watched the celebration of Mass at home, we were all filled with gratitude and appreciation of how important our faith family is in our lives.

Now that things are finally returning to near-normal, we hope to reinstate and instill renewed energy into the spiritual, faith formation and social events that we previously enjoyed as well as create new opportunities and events that will enrich our faith community.

We have created a list of volunteer opportunities and hope many will respond enthusiastically. There are a few new positions created such as greeter, altar guild, sacristan, hospitality, etc. Our three areas of **immediate need** are: Adult altar servers (funerals), Faith Formation teachers and aides (Gr. 1-10), and Baptism ministry.

If you were a pre-pandemic volunteer or wish to become a volunteer, please complete the volunteer form on our website or call the rectory and we will mail you a form. Forms will also be available from the ushers at Mass on the weekends. If we all participate in just one ministry, the commitment will be doable and the benefits gratifying! Thank you.

## FATIMA GARDEN

In 1947, the Italian American Catholic Club of Saint Mary's designed, paid for and erected the Carrara marble group of the Blessed Virgin Mary, three children and urn statues on the outside of the then Convent. Over the years, this area has been a place for many to come to relax, pray, reflect and re-charge. Several years ago, the area around the statues was refurbished and parishioners were invited to purchase a paver or other item in honor of or in memory of loved ones.

Recently, there has been some interest in purchasing pavers, so we are presenting parishioners or others the opportunity to purchase a paver. We **must have at least 10 paver** requests in order to submit an order.

There are two options for pavers:

~6x9" paver, 3 lines of 15 characters each, text size 3/4" Cost: \$200 each

~12x12" paver, 7 lines of 23 characters each, text size 3/4" Cost: \$350 each

If you would like to purchase a paver or have any questions, please call the rectory. Paver request forms will also be available at all the Masses over the next few weeks. Just ask the usher or greeter at Mass and he/she will provide you with one.



## Faith Formation

ON LINE REGISTRATION for the  
2021-2022 FAITH FORMATION PROGRAM  
(Grades 1-10) IS LIVE ON OUR WEBSITE  
[stmarysmelrose.org](http://stmarysmelrose.org), under the Faith Formation tab

All programs will begin **Sunday September 12th!**

All classes will be held on Sundays;

Grades 1-8 will be 90 minutes long from 10:45-12:15pm

Confirmation 1 and 2 will be 2 hours long from 4-6pm

**2021-2022 class calendars are on the website**

**under the Faith Formation tab!**

**Classes are filling fast and there are limited spaces.**

**Homeschool option for Grades 3-8 ONLY!**

Will you volunteer to be a Catechist or an Assistant?

Please let us know!

For questions or to volunteer, please contact

Karen Tarmey, Coordinator of Faith Formation,

781 590 4948 or [SMPFaithFormationCoord@gmail.com](mailto:SMPFaithFormationCoord@gmail.com) or

Lisa Hudson, Admin Asst for Faith Formation,

at 781 665 0152 or [lisahudson21@comcast.net](mailto:lisahudson21@comcast.net).

**Website:** [stmarysmelrose.org](http://stmarysmelrose.org) **Join** our FB page!

# Saint Mary of the Annunciation School



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St. Mary of the Annunciation School is a Catholic community of learners living the way of Christ. We instill discipleship, integrity and academic excellence in a safe, caring environment. Our mission is to educate faith-filled leaders for the future.





### Student Summer Work

Research indicates that students can lose as much as three months of progress during the summer months. The teachers at Saint Mary's School have prepared assignments to provide students with an opportunity to maintain reading and math readiness. Please support your student during the summer months to be academically prepared for the upcoming school year. **All summer work is due by Thursday, September 2** and will count toward the "effort" grade in trimester one.

Please see Mr Beza's most recent newsletter of June 11th for the links to Summer Assignments. Also, make certain you are completing the assignments for the Grade you are entering in September.

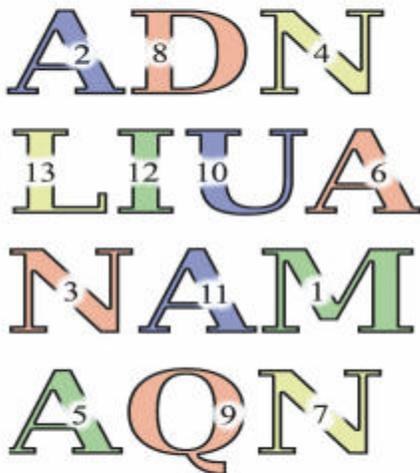
### 2021- 2022 SCHOOL SUPPLY LISTS

Please see Mr Beza's most recent newsletter of June 11th for the links to Summer 2021-2022 school supply lists. Also, make certain you are purchasing supplies for the Grade you are entering in September.



## The Kids' Bulletin

18th Sunday in Ordinary Time  
 August 1st, 2021



Exodus 16:2-4, 12-15

In today's first reading the people of Israel were starving in the desert. When Moses prayed to God He sent them food. What was it? Sort out the letters by their numbers to find out!

1 2 3 4 5 6 7 8 9 10 11 12 13

## God Provides Bread

word puzzle

John 6 24-35

Fill in the missing words.  
 Use the letters in boxes to fill in the blanks at the bottom.

The people came looking for Jesus after the miracle of the loaves and fishes. Jesus said to them, "You are only looking for me because you  \_\_\_ the loaves and were filled. Don't work for food that perishes but for the  \_\_\_ that lasts for eternal  \_\_\_." The people asked, "What can  \_\_\_ do to do the works of  \_\_\_?" Jesus said to them, "This is the work of God, that you  \_\_\_ in the one he sent." So they asked him, "What  \_\_\_ can you show us so that we can believe in you? Our ancestors ate manna in the desert, like it is written in the Scriptures, "He gave them bread from Heaven to eat." So  \_\_\_ said to them, "It was not Moses who gave you bread from Heaven; my  \_\_\_ gives you the true bread from Heaven. The bread of God comes down from Heaven and gives life to the  \_\_\_." So the people said to Jesus, "Sir, give us this  \_\_\_ always!"

Jesus said to them, "I am the

\_\_\_  
 1 2 3 4 5 6 7 8 9 10 11





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