

OFFICE:

175 Williams Road
518-283-6110
518-283-3938 (Fax)
Hours: Mon.-Thurs. 9 am-3 pm
Closed on Fridays
Website: www.stmichael-troy.com

STAFF:

Pastor:

Parochial Vicar:

Rev. James M. Mackey-ext. 203
Assisting Priest

Theresa Reid-ext. 212
Administrative Assistant to the
Pastor and Business Administrator
StMichaeltheArchangel.Troy@rcda.org

Deacon Bob Sweeney-ext. 203
Director of Pastoral Care
deaconbobsw@aol.com

Deacon Nicholas Ascioti
nascioti@gmail.com

Br. Ronald Davis, FSD-ext. 207
Head Sacristan and Cantor

Barbara Berger-ext. 204
Youth & Faith Formation
BaBergerLLFF@gmail.com

Barbara McMahon-ext. 201
Parish Secretary
St.MichaelsParish@live.com

Joseph Rizzo-ext. 213
Parish Music Director
choirmaster1@nycap.rr.com

Peggy Cross-ext. 205
Accountant
PegCrossSMC@gmail.com

Paul Burns -ext.206
Data Entry Administrator
PBurns28@nycap.rr.com

TRUSTEES:

Robert Long
rlong001@nycap.rr.com

Ann Kowalczyk
annmarie.kowalczyk@verizon.net

MINISTRY CHAIRS

Veronica Ciccarelli
Women's Guild President
ronnieciccarelli@gmail.com

Men's Club President
Nicholas Casale, III
nicholascasale03@gmail.com



Parish Office Hours: Mon-Thurs 9 am-3 pm...we are closed on Fridays, unless there is a funeral.

LOCAL CATHOLIC COMMUNITY MASS SCHEDULE

Weekend Schedule

St. Michael the Archangel: Sat 5:15 pm, Sun 7:30 and 10:15 am
Signed Mass for the Hearing Impaired on the last Saturday of each month.
Sacred Heart: Sat 4 pm, Sun 8:30 and 10:30 am
St. Jude the Apostle: Sat 4 pm, Sun 9 and 11:30 am

Weekday Schedule

St. Michael the Archangel: Mon-Thurs at 12:10 pm
Sacred Heart: Mon-Fri: 9:00 am
St. Jude the Apostle: Mon-Fri: 8 am



Keep informed about what is happening at St. Michael's:

Parish **Website:** <http://www.stmichael-troy.com/>
Parish **Facebook Page:** www.facebook.com/StMichaelTroyNY
Download the **Parish Phone App** on your Smart Phone - iPhone users go to the App Store and android users go to Google Play. Search for MY Parish App. Download this App to your phone, & then search for St. Michael the Archangel Troy
Parish **Instagram page:** https://www.instagram.com/saint_michaels_troy
Twitter: <https://twitter.com/StMichaelsTroy>

SACRAMENTS •

Baptism - Parents seeking Baptism for their child need to make an appointment with the Parish Deacon to begin the preparation process for the sacrament.
Reconciliation - This sacrament of healing is available prior to the Vigil Mass and following the Vigil Mass or by appointment.
Marriage - The couple should call the Pastor at least eight months in advance of the desired marriage date to begin the preparation process for the sacrament.

HOSPITAL /HOME VISITS •

Parish members who are admitted to the hospital are encouraged to designate St. Michael's as their home parish. It is also helpful if a family member contacts the parish office to let us know of a hospitalization. Members of the parish who are homebound or who have been admitted to a Nursing/Rehabilitation facility and want to receive the Eucharist should call the parish office to request a visit and the Eucharist.

PRAYER CHAIN • Please call the parish office to activate the "Prayer Chain" for your special intentions and needs, or to become a member of this important ministry.

FAITH FORMATION •

Our parish is committed to supporting parish members in lifelong Faith Formation through our Faith Formation process called "Whole Parish Catechesis." We help to form the faith of the children in our parish in partnership with their parents. Persons who desire to become a member of the Catholic Faith, should call the parish office and request an appointment with the Pastor to learn about the **RCIA** process.

NEW PARISHIONERS

We welcome all of our visitors and want you to know that we are blessed to have you here to worship with us. To become a registered member of St. Michael's parish, please call the Pastor for an appointment. We will be happy to have you as a member of our parish family. Saint Michael's is a friendly and caring community. Your presence among us would be a blessing for us. Welcome!

Eighteenth Sunday in Ordinary Time

July 31-August 1, 2021

The Most Holy Eucharist

So they said to him, “Sir, give us this bread always.” Jesus said to them, “I am the bread of life; whoever comes to me will never hunger, and whoever believes in me will never thirst.” John 6:34–35

They were hungry, and they wanted Jesus to perform a miracle like He had recently done. They wanted Him to multiply loaves and fishes for the crowds. Perhaps they were curious or perhaps they were hungry. But Jesus directs them to so much more.

This passage begins Jesus’ discourse on the Bread of Life, which will be read at Sunday Mass for the next few weeks. We will see in this discourse Jesus giving His followers so much more than mere bread and fish. We listen to Him speak of Himself as the true Bread from Heaven. Sadly, many reject this precious teaching and gift and go their own way.

But what about you? How often have you truly pondered these words of Jesus? “I am the Bread of Life; whoever comes to me will never hunger, and whoever believes in me will never thirst!” Do you believe this?

Deep within every human heart is a hunger and thirst that longs to be satisfied. We all have this longing and desire. We try to fill it with so many things, but in the end only one thing satisfies. Jesus alone can satiate the deepest longings of our souls.

Again, do you believe this? And if you do believe it in your head, do you believe it with your actions? Do you turn to Him as the source of your daily fulfillment and satisfaction? When you go to Mass, do you long to receive Him and love Him and enter into Communion with Him? Perhaps, but perhaps not. Most likely we all need to redirect our desires toward our glorious Savior, especially as He comes to us in the Most Holy Eucharist.

Reflect, today, upon how deeply you believe in these words of Jesus. Do you regularly meet Him in the Eucharist? Do you allow His presence to consume you as you consume Him? If you cannot say “Yes” to this in a complete and definitive way, resolve today to renew your love for our Lord in this glorious Sacrament.

Lord, I do love You, and I desire You to come and consume me as I consume You in the Most Holy Eucharist. Help me to believe in You and Your presence in this Most Holy Sacrament. May Your divine presence meet my deepest need and fulfill my deepest longings in life. Jesus, I trust in You.

Retrieved from <https://mycatholic.life>

Petition: This USCCB Petition auto composes a strong message of opposition to removing the Hyde Amendment from federal budget thus permitting taxpayer funding of abortion for women who cannot afford it. It’s incredibly sad the government would fund abortions rather than fund support programs for women and children. Please vote at <https://www.votevoice.net/mobile/USCCB/Campaign/83763/Respond>





Adoration Schedule
(no Confessions)

Friday, August 6 @ 5:30 -6:30 pm-

St. Jude the Apostle (Deacon)

Friday, August 13 @ 5:30-6:30 pm-

St. Jude the Apostle (Deacon)

Money Counters for
Monday, August 2 at
9 am—group #5



Women's Guild—

Our July 50/50 winner was Dominick Celeste
for \$23.00. The next drawing for the 50/50 will
be August 7.

Our Annual Chicken
Barbeque will be held on
September 17, 2021. More
information on ticket sales
will be available shortly.
The next meeting of the
Women's Guild will be on
Monday, September 13, 2021.



Concert for Vocations—Tuesday, August 3,
2021 at the Cathedral of the Immaculate Con-
ception, Albany. 6 pm-Holy
Hour and Benediction with
Bishop Scharfenberger. 7 pm
-Concert for Vocations pre-
sented by the Priests, Semi-
narians, Deacons, Religious,
Discerners, and Laity of the
Diocese of Albany.



This is a wonderful event for Vocations, see our
Priests and Seminarians we know perform.
Hope to see you there!! Bill Prendergast –
Director of Vocation Awareness.



Weekly Collection for the week of 7/25/2021 will be
posted next week.

Offertory Support of our Community Parish

Back to School Supplies Drive for CoNSERNS-U and
Circles of Mercy!!

Our local
agencies serving our neighbor-
hoods rely on our parishion-
ers' generosity to help provide
much needed school supplies
to children in the cities of Troy
and Rensselaer. Success in
school is essential to helping
lift children out of poverty, and
possessing new, usable back-
packs and supplies brightens spirits and shores up self-
esteem. Thank you parishioners of St. Michael's for your
historic and continuing generosity, supporting families in
need! Bins will be in the Gathering Area, along with the
"little red wagon." All donations must be NEW, unused and
be returned to Church by the weekend of August 7-8.



LOST—Lost, one gray with roses sweat-
shirt after Mass on Sunday, July 11,
2021. If you know anything about this
sweatshirt, please call the office at 518-
283-6110, ext. 212. Thank You!!



From the Suggestion Box—Question—I would like to see ho-
ly cards with the prayer to St. Jude on it
(and vice versa with the prayer to St.
Michael's for the St. Jude's parishion-
ers). This would enable St. Michael's pa-
rishioners to pray the prayer to St. Jude
and vice versa. Response The prayers to
St. Michael and St. Jude are said at the
conclusion of the weekday Masses. Soon after the Church
was reopened for Mass in June 2020, we had prayer cards
available with the prayer to St. Jude on them. We had a sec-
ond printing of the cards and are again out of cards. As a
result of this suggestion, we are now looking into printing
more cards with the prayer to St. Michael on one side and
the prayer to St. Jude on the other. We plan to have these
cards available at the back of the Church for the weekday
Masses. Thank you for this suggestion.



Question If it wouldn't be too much trouble, include the
prayer to St. Michael in the bulletin so that new parishion-
ers or visitors that are not familiar with the prayer as you
are or haven't memorized it, can join in prayer before mass.
Response We are looking into implementing this suggestion
when the Covid restrictions were lifted. We now have the
Mass books with the prayer to St. Michael on the inside rear
cover available at Masses. This will allow more people to
join in the prayer to St. Michael. Thank you for thinking of
ways to increase participation in the liturgy.

EIGHTEENTH SUNDAY IN ORDINARY TIME

MASS SCHEDULE FOR THE WEEK:

St. Michael's Public & Live Streaming Masses for July 31-August 7, 2021

Streaming & Public Mass Saturday, 31 @ 5:15 pm
St. Michael's Parishioners-Living and Deceased

Public Mass Sunday, August 1 @ 7:30 am
For the Newly Ordained Priests of our Diocese

Streaming Mass Sunday, 1 @ 10:15 am
Cliff Raymond (Birthday)-Wife, Marie & Family
Ann Swedick (20th Anniversary)-Family

MONDAY, August 2 @ 12:10 pm
Julia & Paul Carney-Loving Daughter, Cathleen
Patty Juliano-Aunt Sissy (Virginia Morocco)

TUESDAY, August 3 @ 12:10 pm
Homeless of our Area

WEDNESDAY, August 4 @ 12:10 pm
Gerrie Richards-Husband, Joseph

THURSDAY, August 5 @ 12:10 pm
Vocations to the Priesthood & Religious Life

FRIDAY, August 6, 2021
Office Closed/NO Mass

St. Michael's Public & Live Streaming Masses for August 7 & 8, 2021

Streaming Mass-Saturday, August 7 @ 5:15 pm
Malinda Kerwin-Barbara, Melissa & Nicole
Joseph Kapp (1st Anniversary)-Wife, Yolanda & Children

Public Mass-Sunday, August 8 @ 7:30 am
Bill Kiley-Wife, Claire & Family

Streaming Mass-Sunday, August 8 @ 10:15 am
William Hubicki-Wife
Evelyn & William O'Connor-Son, Timothy



Tabernacle Votive Candle in Memory of a Loved one

If you would like to have the Tabernacle Votive Candle (either in Church or in the Chapel) lighted for one week in Memory of a loved one or for another intention, please call the parish office or e-mail the parish office. The announced intention will be included each week in the bulletin. The offering for the Tabernacle Votive Candle is \$10.00, you can mail your offering to the parish office.

Week of July 31-August 7, 2021 **SANCTUARY (IN CHURCH)**

All Professional Medical
Personal in our Area

(IN CHAPEL)
All Newly Ordained Priests
In Our Diocese



Schedule of Live Streamed Masses:

Live Streaming of Masses at St. Michael the Archangel and St. Jude the Apostle Churches via Facebook pages:

- Saturday 4:00 PM Vigil Mass Live Streamed
- Sunday 9:00 AM Mass Live Streamed
- Saturday 5:15 PM Mass Live Streamed
- Sunday 10:15 AM Mass Live Streamed
- Daily Masses Live Streamed **Monday-Friday-**
at **8:00 AM**
- **Monday-Thursday-** Lived Streamed at **12:10 PM**

There are many ways to express your stewardship of our parish of St. Michael the Archangel, including a gift in your will or estate plan. Informing us of your intentions allows us to plan for the future and ensures that your gift will be used as you wish. Thank You!



LIFE LONG FAITH FORMATION

***IN ADDITION TO TAKING CARE OF OUR SPIRITUAL SELF,
REMEMBER TO TAKE CARE OF YOUR PHYSICAL SELF TOO!!!***

FUN THINGS TO EAT THIS SUMMER!

Lifeway

Raise your hand if you like snacks!

I love snacks. For me, snacks are little bundles of nourishment that bring me joy. I pretty much stayed alive all throughout college with a stash of snacks in my backpack and pantry. Snacks played a major role in my young adult and single years when I started new jobs, met up with friends, and went hiking and camping as my extroverted, on-the-go, adventure-loving self. When I was pregnant, I carried a bag around (my husband referred to it as my “feed bag”) with an assortment of snacks that kept me enjoyable to be around. When I started having children, snacks were my saving grace wherever we went. I always had them in my purse, diaper bag, and car, not only for the kids, but for me also. Sometimes, my kids even had snacks for dinner, because, well, survival.

I could mention so many different summer snacks, but here are four of my favorites:

Fruit - I look forward to summer fruit for three things: strawberries, peaches and blueberries. Take a trip to your local farmers market or grocery store and get these weekly. Watermelon and grapes (cut those up for the little ones) are also some of my favorite ones! When it’s hot outside, fruit is a good source of hydration, not to mention vitamins and minerals. If you’re taking a cooler, you can add some cottage cheese or sweet dip as an added treat! In a hurry? Keep some fruit cups or applesauce pouches on hand for a quick grab-and-go!

Quesadillas - Yes, that’s right, quesadillas (also known in our family as “dragon scales”). These can be made ahead of time and eaten at room temperature or right out of the cooler. If you have picky eaters, you can dice and hide all sorts of veggies in them. The best part is you don’t have much of a mess since the cheese melts everything together—not much to clean off your shirt or the floor of your car! (You’re welcome.) Grab a rotisserie chicken, cheese, veggies, and make a bunch of quesadillas. Cut them up in small triangles and pack them in bags of three. They freeze well too!

Protein Balls - There are so many recipes for protein balls out there! Find one that best suits your family’s needs and make a bunch to keep in the fridge. Put three–five (depending on size) in baggies and then grab and go when you need them. Our family’s favorite protein balls have chocolate protein powder, chocolate chips, oats, chia seeds, flax seeds, peanut butter, and honey!

On cold or wet days, we brought the fun indoors:

*I know pulling out the paint can be daunting and messy, but it makes for some special memories. We love to buy those kits found at the store that have an unfinished birdhouse or a pot with a set of paints so they could paint their own. You can use some old glass jars, rocks, or even pieces of wood that the kids can paint on.

Cereal - I’ve been eating and serving cereal as snacks for YEARS! This is one of the easiest snacks for kids of all ages. There are lots of varieties out there, and they have always been something I could rely on to hit the hunger spot. I literally used to keep a few boxes in my car for emergencies. Prep some baggies or containers with cereal and off you go!

Pro tips:

*Cool your cooler. If you’re going to use a cooler, bring it inside and throw a bag of ice in there the day before you need it. That way, your cooler will be able to do its job and keep your food cold. Those little ice bricks can only do so much if your cooler came right from the garage the day you needed it.

*Prep more snacks than you think you need for long distance and pool trips. Do your kids seem to eat more when they’re at the pool or begin a road trip even though you just fed them something before you left? I don’t understand this, but be ready.

*Keep a box of nonperishable snacks in your car. They will come in handy when you can’t stop, want a quick pick-me-up, or need to stick to certain dietary restrictions. You’ll always have something to eat.

*Pack a gallon-sized bag with paper towels, handy wipes, and hand sanitizer for your backpack or bag and full-size items for your car if you have room.

What’s your favorite snack??

PARTNERS IN FAITH CALENDARS

for July and August are being mailed to our families.

The summer Faith Fun calendar offers faith based activities for EVERY day of the summer!



Life Long Faith Formation packets for registration are available in the Gathering Space.

Packets will be mailed to family homes at the end of August.

The preparation for the **Sacrament of Confirmation** begins during the summer months when days are slower and less busy.

Students in grade 9 and above should register for Faith Formation classes by contacting the Faith Formation Office at 518-283-6110, ext. 204.

As we reopen from our long period of separation, our volunteers are busy brainstorming ways to get back to our ministry of helping others outside the parish walls.

We hope to have news for you soon about the **meal ministry**, which provides meals to parish families in need, and **Project DAWN**, reaching out to our neighbors in downtown Troy who are homeless and in need of clothing and meals.

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