



# Holy Family Parish

Sacred Heart - St. Joseph - St. Ladislaus Churches, New Brunswick NJ  
a trauma-informed community

[www.holyfamilyforall.org](http://www.holyfamilyforall.org)

email: [HFPcenter@holyfamilyforall.org](mailto:HFPcenter@holyfamilyforall.org)

social media: [Twitter.com/holyfamily4all](https://twitter.com/holyfamily4all)

<https://www.facebook.com/HolyFamilyParishNewBrunswick>

**We worship:**

**The Lord's Day:** 4:30pm Sat. Vigil at Sacred Heart  
8:00am (St. Ladislaus); 9:00am (Polish, St. Joseph)  
10:00am (Spanish/English, Sacred Heart)  
10:30am (Hungarian, St. Ladislaus)  
12:00pm (Spanish, St. Joseph)  
7:00pm (Spanish, St. Joseph)

**Weekdays:** 7:00am Mon - Fri (St. Ladislaus)  
8:00am Mon - Sat (Sacred Heart chapel)  
7:00 pm: Tues. (St. Joseph, Spanish)  
7:00 pm Wed. (Sacred Heart, Spanish)  
7:00 pm Thurs. (St. Ladislaus, Hungarian)



## DIOCESE OF METUCHEN

**2024 Bishop's Annual Appeal / Campaña Anual del Obispo 2024**

**STAY WITH US, LORD: / QUÉDATE CON NOSOTROS. SEÑOR:**

**Renew our Hearts and Send Us on Mission**

**Renueva nuestros Corazones y Envíanos en Misión**

### HFP PARISH CENTER

56 Throop Ave, New Brunswick, NJ 08901  
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#### PASTORAL TEAM

**Brandy ALEXANDER, trauma-informed care specialist**  
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**Rev. Imre JUHASZ, parochial vicar**  
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**Rev. Thomas RYAN, pastor**  
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**Renel SEVILLA, business and pastoral administrator**  
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**Deacon Nelson TORRES, programming manager**  
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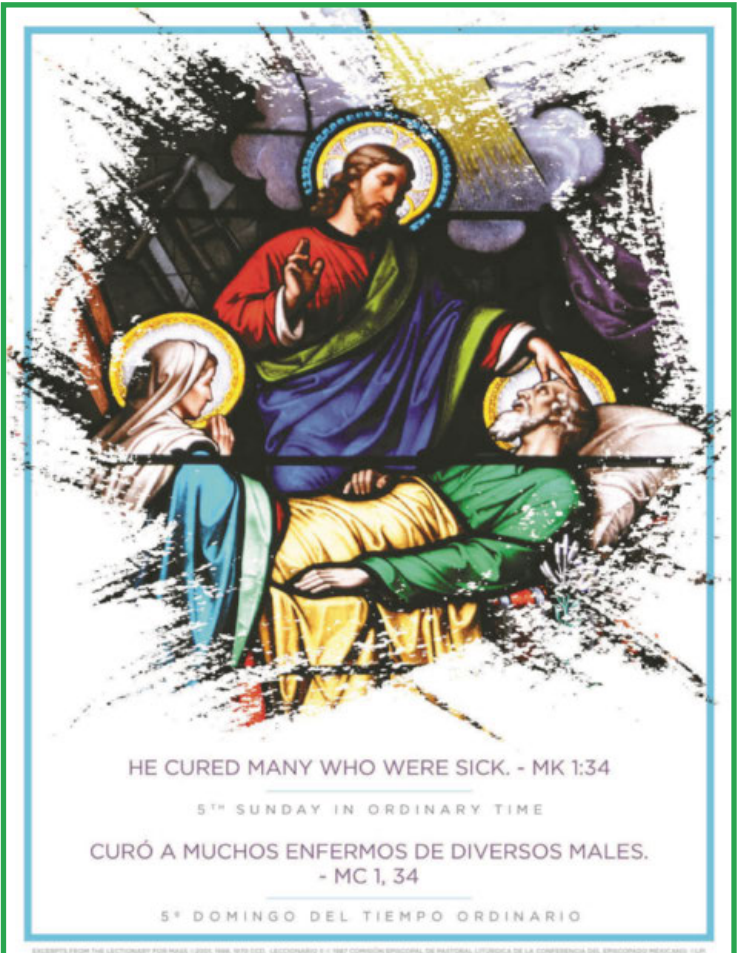
**Rev. Wladyslaw (Walter) WIKTOREK, parochial vicar**  
(ext. 1013) - [WalterW@holyfamilyforall.org](mailto:WalterW@holyfamilyforall.org)

#### PARISH LEADERS

PARISH TRUSTEES: Thomas Szallai, Carol Meszaros

FINANCE COUNCIL: Thomas Szallai, chair

PASTORAL COUNCIL: Marie Zach  
NeXt Level (IMT) - Neybery Cortez





**Saturday, February 03 - Weekday**  
**Saint Blaise, Bishop & Martyr**  
**Saint Ansgar, Bishop, BVM**

8:00 AM (SH) - (English) - For the people  
4:30 PM (SH) - (English) - For the people

**Sunday, February 04 - Fifth Sunday in Ordinary Time**

8:00 AM (SL) - (English) - Bela Hadju - Nemeth  
9:00 AM (SJ) - (Polish) - Za dusze św.p. Edwarda i Marii Kozłowskich

10:00 AM (SH) - (Bilingual) - Aurelio Rojas  
10:30 AM (SL) - Mary Ann Kerekes  
12:00 PM (SJ) - (Spanish) - For the people  
7:00 PM (SJ) - (Spanish) - For the people

**Monday, February 05 - Saint Agatha, Virgin & Martyr**

7:00 AM (SL) - (English) - For the people  
8:00 AM (SH) - (English) - For the people

**Tuesday, February 06 - Saint Paul Miki & Companions, Martyrs**

7:00 AM (SL) - (English) - For the people  
8:00 AM (SH) - (English) - For the people  
7:00 PM (SJ) - (Spanish) - Por las Almas en el Purgatorio

**Wednesday, February 07 - Weekday**

7:00 AM (SL) - (English) - For the people  
8:00 AM (SH) - (English) - For the people  
7:00 PM (SH) - (Spanish) - Crisoforo Onofre

**Thursday, February 08 - Saint Jerome Emiliani, Saint Josephine Bakhita, Virgin**

7:00 AM (SL) - (English) - For the people  
8:00 AM (SH) - (English) - For the people

**Friday, February 09 - Weekday**

7:00 AM (SL) - (English) - For the people  
8:00 AM (SH) - (English) - For the people

**Saturday, February 10 - Saint Scholastica, Virgin**

8:00 AM (SH) - (English) - For the people  
4:30 PM (SH) - (English) - Joan Theresa Wieczorek

**Sunday, February 11 - Sixth Sunday in Ordinary Time**

8:00 AM (SL) - (English) - For the people  
9:00 AM (SJ) - (Polish) - Za duszę św.p. Lilian Zach  
10:00 AM (SH) - (Bilingual) - Ilse L Kosik  
10:30 AM (SL) - For the people  
12:00 PM (SJ) - (Spanish) - For the people  
7:00 PM (SJ) - (Spanish) - Maximino Elias Lopez

**PARISH SUPPORT**

**Weekly Offertory**  
**01/21/2024 - \$3,439**  
**Foundation for Catholic Education**  
**\$533**

To donate online, go to our website:  
[holyfamilyforall.org](http://holyfamilyforall.org)  
Click on **DONATE**.



To all the volunteers who tirelessly devote their time & resources in the Interfaith Winter Shelter.

*A todos los voluntarios que incansablemente dedican su tiempo y recursos en el refugio de invierno Interreligioso.*



**SACRAMENTOS**

For details regarding baptisms, quinceañeras, weddings, anointing of the sick, as well as Family Faith Formation, please call the HFP Parish Center: (732) 545 - 1681 Ext 1002, Rocio Ramos.

**PRAYER LIST**

**ONLY MEMBERS OF THE FAMILY can add names to this List of the sick:**

- Brian Barry, Zofia Baginski, Zofia Lesiak, Thomas Leskowski, Wladystaw Prosciak, Roman Szwarc, Brian Ward, John Ward, Kit Maloney, Amy Grau Bates, Faith Anderson, Waleria Klimkiewicz, Karen Bodnar, Edward Hernandez Brito, Maria Colon, Jaxson Rivera, Joan Wieczorek

**PLEASE PRAY FOR THE SICK**





**DIocese of METUCHEN**  
**2024 BISHOP'S ANNUAL APPEAL**  
**STAY WITH US, LORD:**  
*Renew our Hearts*  
*and Send Us on Mission*

By giving to the Bishop's Annual Appeal, we are opening our hearts to those living on the fringes of society and help to attend to their physical, spiritual and emotional needs. The basic necessities of food and shelter provided by **Catholic Charities**, as well as the counseling services the agency offers to those struggling with addictions and other hardships of life can only continue with your help. Please prayerfully consider a gift today.



**DIÓCESIS de METUCHEN**  
**2024 LLAMADO ANUAL**  
**DEL OBISPO**  
**QUÉDATE CON NOSOTROS,**  
**SEÑOR:**  
**Renueva nuestros corazones y**  
**envíanos a la misión**

Al contribuir a la Campaña Anual del Obispo, estamos abriendo nuestros corazones a quienes viven al margen de la sociedad y les ayudamos a atender sus necesidades físicas, espirituales y emocionales. Las necesidades básicas de comida y refugio proporcionadas por **Cari-dades Católicas**, así como los servicios de asesoría que la agencia ofrece a quienes luchan contra las adicciones y otras dificultades de la vida, solo pueden continuar con su ayuda. Por favor considere en oración un aporte hoy.



**2024 Lenten Obligations**

1. The days of both fast and abstinence are Ash Wednesday (February 14) and Good Friday (March 29).
2. The other Fridays of Lent (Feb. 16 and 23, Mar. 1, 8, 15, and 22) are days of abstinence.
3. Fasting in the Roman Catholic tradition means to limit oneself to

one full meal with two smaller meals which together do not equal the size of your full meal. The obligation of fasting applies only to Catholics between the ages of 18 and 59.

4. Abstinence in the Roman Catholic tradition means to abstain from eating meat (beef, chicken, pork, turkey, etc.). The obligation of abstinence applies to all Catholics who have reached the age of 14.

Note: This year, be aware that Ash Wednesday falls on February 14 (also Valentine's Day). The obligation to fast does remain in effect, so it is suggested that those who are planning a special dinner make that their one main meal of the day.



**Obligaciones de Cuaresma 2024**

1. Los días de ayuno y abstinencia son el Miércoles de Ceniza (14 de febrero) y el Viernes Santo (29 de marzo).
2. Los otros viernes de Cuaresma (16 y 23 de febrero, 1, 8, 15 y 22 de marzo) son días de abstinencia.
3. Ayunar en la tradición católica romana significa limitarse a una comida completa con dos comidas más pequeñas que juntas no equivalen al tamaño de la comida

completa. La obligación de ayunar se aplica únicamente a los católicos entre 18 y 59 años.

4. La abstinencia en la tradición católica romana significa abstenerse de comer carne (carne de res, pollo, cerdo, pavo, etc.). La obligación de abstinencia se aplica a todos los católicos que hayan cumplido 14 años.

Nota: Este año, tenga en cuenta que el Miércoles de Ceniza cae el 14 de febrero (también el Día de San Valentín). La obligación de ayunar sigue vigente, por lo que se sugiere que quienes estén planeando una cena especial la conviertan en su principal comida del día.



**Interfaith Winter Shelter**  
**At Holy Family from**  
**February 25 till March 3, 2024.**

We thank the all the volunteers for their help with the shelter that just wrapped up. We need volunteers to set - up and take down, food helpers and overnight site hosts for the upcoming one in February /March. For more information, talk with Fr. Ryan (732) 545-1681 x 1006.



**Refugio de invierno**  
**interreligioso**

**En la Sagrada Familia de 25 de febrero al 3 de marzo de 2024.**

Agradecemos a todos los voluntarios por su ayuda con el refugio que acaba de finalizar. Necesitamos voluntarios para el montaje y desmontaje, ayudantes de comida y anfitriones durante la noche para el próximo evento en febrero y marzo. Para más información, hable con el P. Ryan (732) 545-1681 x 1006.



## OGŁOSZENIA PARAFIALNE

**5 Niedziela Zwykła**

**4 luty 2024 r.**

Serdeczne podziękowania wszystkim tym, którzy przybyli i pomogli przy zdejmowaniu dekoracji Świątecznych oraz sprzątanii kościoła w miniony wtorek.

**3 lutego** w kościele katolickim obchodzony jest dzień **Św. Błażeja męczennika**. Święto patrona od chorób gardła i języka. W związku z tym, również i dzisiaj otrzymamy błogosławieństwo, połączone z prośbą o zachowanie od chorób gardła i języka oraz o łaskę dobrego korzystania z daru mowy.

Dzisiejsza **druga kolekta** zostanie przeznaczona na **Stowarzyszenie Św. Wincentego a Paulo**.

**Luty to miesiąc prasy katolickiej**. Dziękujemy za wsparcie finansowe na gazetę Diecezji Metuchen, jaką jest „Catholic Spirit”.

Następna 6 Niedziela Zwykła to ostatnia niedziela przed okresem Wielkiego Postu.

W każdą drugą niedzielę miesiąca, odbędą się spotkania z parafianami i gośćmi, po mszy świętej, przy kawie i cięście. Wstęp wolny. Serdecznie zapraszamy!

## PARISH ANNOUNCEMENTS

**Fifth Sunday in Ordinary Time**

**February 4, 2024**

**Many thanks** to all who helped to take down our beautiful Christmas decorations.

**On February 3**, the Catholic Church celebrates the feast of St. Blaise the Martyr. Feast of the patron saint of diseases of the throat and tongue. Therefore, also today we will receive a blessing, with a request to be preserved from diseases of the throat and tongue and to have the grace to make good use of the gift of speech.

**Today's second collection** is for **St. Vincent de Paul Society**.

**February is Catholic Press Month**. Thank you for your continuous support of “Catholic Spirit”, which is the official Newspaper of the Diocese of Metuchen.

Next Sixth Sunday of Ordinary Time is the last Sunday, before the Lent.

There will be a parishioners and guests meeting, every second Sunday of the month, after Polish Mass at downstairs hall. There will be free coffee and cake. Everyone is invited!



**SAINT LADISLAUS CHURCH**  
**@ HOLY FAMILY PARISH**  
*A Sunday Reflection*  
*by István Horváth*

**.Fifth Sunday in Ordinary Time**

**The Apostle Paul says, “I have become all things to all [people], to save at least some.” 1Cor 9:22b**

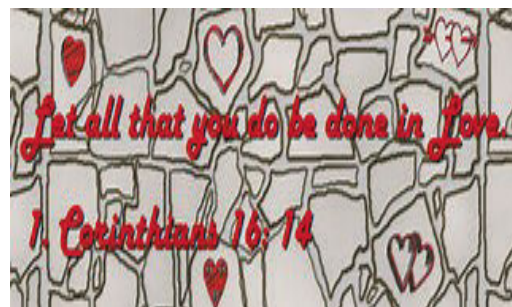
Everyone should live in the Lord as they have been called to the Lord (**1Cor 7**), we heard last week from Saint Paul, and we hear now that we are to become all things to all people.

Our lives are a gift from God, but yet to some it seems a burden. When we accept the reality of this God-given gift, we can start our journey towards paradise. Yes, it is not all paved with roses, but knowing this is the true wisdom. Only wisdom that comes from the Spirit of God can make sense of knowledge that we acquire along the way (**Prv 4:7**). Now, knowledge without wisdom is of little use, for the knowledge is squandered by the very thought that brought about its inception. When we fill our lives with God’s Commandments and His instructions to be a source of solace for others, which is our duty (**Prv 4:13**), then our burdens are lifted and our sacrifices are made bearable. If we fill our lives with useless endeavors, foolish activities and evil deeds or with a thirst for material wealth and power, we replace God’s love and compassion for the world with the death and nothingness to which all things become in the natural world. It is easier to accept God’s will and to preach the Gospel that is our duty anyway (**1Cor 9:16-18**), than to act against it as the prophet Jonah tried and find we must go down that road anyway.

The wise seek God’s Spirit in all their actions and words so that these actions and words may become the wisdom for the knowledge that they seek. So, becoming all things to all people is merely doing what is right in the eyes of God for our brethren whether we like them or not. It also means, sacrificing our efforts and sharing our gifts that we have inherited from our God for those who do not see, hear or perceive the Truth. It means not to be acknowledged for those efforts, but rather to pass on the light of Jesus through our own lives for the sake of saving even one soul.

**This is what preaching the Gospel means:** to become that which your brethren is in need of so that Christ Jesus may be glorified in him and in you.

**Jesus said, “Let us go on [from here] that I may preach there [and elsewhere] also. For this purpose have I come.” Mk 1:38**



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