



Holy Family Parish

Sacred Heart - St. Joseph - St. Ladislaus Churches, New Brunswick NJ
a trauma-informed community

www.holyfamilyforall.org

email: HFPcenter@holyfamilyforall.org

social media: [Twitter.com/holyfamily4all](https://twitter.com/holyfamily4all)

<https://www.facebook.com/HolyFamilyParishNewBrunswick>

We worship:

The Lord's Day: 4:30pm Sat. Vigil at Sacred Heart

8:00am (English, St. Ladislaus)

9:00am (Polish, St. Joseph)

9:00am (Hungarian, St. Ladislaus)

10:00am (Spanish/English, Sacred Heart)

12:00pm (Spanish, St. Joseph)

7:00pm (Spanish, St. Joseph)

Weekdays: 7:00am Mon - Fri (St. Ladislaus)

8:00am Mon - Sat (Sacred Heart)

7:00pm: Tues. (St. Joseph, Spanish)

7:00pm Wed. (Sacred Heart, Spanish)



DIOCESE OF METUCHEN/ DIÓCESIS DE METUCHEN

2025 Bishop's Annual Appeal

Pilgrims of Hope Journeying Together in Faith, Hope & Charity

Campaña Anual del Obispo, 2025

Peregrinos de Esperanza Caminando Juntos en la Fe, la Esperanza y la Caridad

HFP PARISH CENTER

56 Throop Ave, New Brunswick, NJ 08901
Voice: 732-545-1681 Fax: 732-545-5059

PASTORAL TEAM

Brandy ALEXANDER, trauma-informed care specialist
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Nathalie CUADROS, administrative program manager
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Catherine KOVARIK, director of family faith formation
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Alexi MOTTA, licensed social worker &
community service manager
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Rev. Thomas RYAN, pastor
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Renel SEVILLA, business and pastoral administrator
(ext. 1004) - HFPcenter@holyfamilyforall.org

Deacon Nelson TORRES, programming manager
(ext. 1007) - salsaNT@comcast.net

Rev. Wladyslaw (Walter) WIKTOREK, parochial vicar
(ext. 1013) - WalterW@holyfamilyforall.org

PARISH LEADERS

PARISH TRUSTEES: Thomas Szallai, Carol Meszaros

FINANCE COUNCIL: Thomas Szallai, chair

PASTORAL COUNCIL: Marie Zach

NeXt Level (IMT) - Neybery Cortez



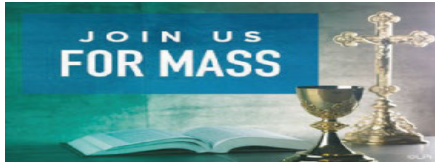
7TH SUNDAY IN ORDINARY TIME

"Give, and gifts will be given to you."

- Lk 6:38

7º DOMINGO DEL TIEMPO ORDINARIO

"Den y se les dará". - Lc 6, 38



Saturday, February 22 - The Chair of Saint Peter, the Apostle

8:00 AM (SH) (English) - Agnes McCafferty
 4:30 PM (SH) - (English) - Baby Emily & Josh

Sunday, February 23 - Seventh Sunday in Ordinary Time

8:00 AM (SL) - (English) Mary Meszaros
 9:00 AM (SJ) - (Polish) - Za duszę św.p. Leokadii Zach
 9:00 AM (SL) - (Hungarian) - Bela Zalan Jr
 10:00 AM (SH) - (Bilingual) - Abraham Ramos & Hipolita Perez
 12:00 PM (SJ) - Matias Garcia Osorio y Por las Almas en el Purgatorio
 7:00 PM (SJ) - (Spanish) - Intencion especial por el aniversario de boda de Geovana Hernandez y Manuel Garcia

Monday, February 24 - Weekday

7:00 AM (SL) - (English) - For the people
 8:00 AM (SH) - (English) - David Stankovits

Tuesday, February 25 - Weekday

7:00 AM (SL) - (English) - For the people
 8:00 AM (SH) - (English) - For the people
 7:00 PM (SJ) - (Spanish) - Roberto Rojas Perez

Wednesday, February 26 - Weekday

7:00 AM (SL) - (English) - For the people
 8:00 AM (SH) - (English) - Janice Chierchie
 7:00 PM (SH) (Spanish) - For the people

Thursday, February 27 - Weekday

7:00 AM (SL) - (English) - For the people
 8:00 AM (SH) - (English) - For the people

Friday, February 28 - Weekday

7:00 AM (SL) - (English) - For the people
 8:00 AM (SH) - (English) - For the people

Saturday, March 1 - Weekday

8:00 AM (SH) (English) - For the people
 4:30 PM (SH) - (English) - For the people

Sunday, March 2 - Eighth Sunday in Ordinary Time

8:00 AM (SL) - (English) - Marsha Nagy
 9:00 AM (SJ) - (Polish) - Za duszę św.p. Edwarda Kubiaka
 9:00 AM (SL) - (Hungarian) - Laszlo Kovacs
 10:00 AM (SH) - (Bilingual) - For the people
 12:00 PM (SJ) - Intencion Especial por el Aniversario del Grupo de Oracion
 7:00 PM (SJ) - (Spanish) - For the people



BLESSED.

SACRAMENTS / SACRAMENTOS

For details regarding baptisms, quinceañeras, weddings, anointing of the sick, OCIA, & Family Faith Formation, please call the HFP Parish Center at (732) 545 - 1681 Ext 1002, Rocio Ramos.

PRAYER LIST

ONLY MEMBERS OF THE FAMILY can add names to this list of the sick:



Brian Barry, Zofia Baginski
 Zofia Lesiak
 Thomas Leskowski
 Wtadystaw Prosciak
 Brian Ward, John Ward
 Amy Grau Binates
 Faith Santos Ortiz
 Deacon Nelson Torres



Weekly Offertory
2/9/2025 - \$3,551

CALIFORNIA FIRE RELIEF - \$1,802

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Click on DONATE.



DIocese OF METUCHEN
2025 Bishop's Annual Appeal
Pilgrims of Hope Journeying Together in
Faith, Hope & Charity
2025 Marquee Ministries

CATHOLIC CHARITIES, DIOCESE OF METUCHEN

Especially during this Holy Year, we are called to be "tangible signs of hope" for our brothers and sisters experiencing hardships of any kind. Every day we meet people who are poor or impoverished, struggling with addictions or facing homelessness. They may be fellow parishioners or even our next-door neighbor.

This past year, Catholic Charities, Diocese of Metuchen launched its **Mental Health Navigation Services** to assist residents of our diocese in receiving support and education on how to understand and obtain health services. When someone is struggling with depression, addiction or other mental health issues—or trying to get help for someone they love—it's hard to know where to start. Now by scanning a QR code or calling the special phone number, a person is connected with a specially trained Catholic Charities counselor who can make recommendations for resources and help to navigate the health insurance system and other obstacles until the best service for the needs is found.

Your generous gift to the Bishop's Annual Appeal, we can continue to find innovative ways to care for the most vulnerable among us and bring hope to the hopeless.



DIÓCESIS DE METUCHEN
Campaña Anual del Obispo, 2025
Peregrinos de Esperanza Caminando
Juntos en la Fe, la Esperanza y la Caridad
Ministerios Destacados para el 2025

CATHOLIC CHARITIES, DIÓCESIS DE METUCHEN

Especialmente durante este Año Santo, estamos llamados a ser "signos tangibles de esperanza" para nuestros hermanos y hermanas que atraviesan dificultades de cualquier tipo. Todos los días nos encontramos con personas pobres o empobrecidas, que luchan con adicciones o se enfrentan a la falta de vivienda. Pueden ser feligreses de la parroquia o incluso nuestros vecinos.

El año pasado, Catholic Charities lanzó, en la Diócesis de Metuchen, sus **Servicios de Navegación de Salud Mental** para ayudar a los residentes de nuestra diócesis a recibir apoyo y educación sobre cómo entender y obtener servicios de salud. Cuando alguien está luchando con la depresión, la adicción u otros problemas de salud mental, o tratando de obtener ayuda para un ser querido, es difícil saber por dónde empezar. Ahora, al escanear un código QR o llamar al número de teléfono especial, la persona se conecta con un consejero de Caridades Católicas especialmente capacitado que puede hacer recomendaciones de recursos y ayudarla a navegar por el sistema de seguro médico y otros obstáculos hasta que se encuentre el mejor servicio para sus necesidades.

Con su generosa donación a la Campaña Anual del Obispo, podemos seguir encontrando formas innovadoras de cuidar a los más vulnerables entre nosotros y llevar esperanza a los desesperados.



The HFP Caritas Program offers an empowerment group aimed at fostering a safe space for teenage girls in grades 9-12. Some of the topics covered will include self-esteem, body image, anxiety, depression, and more.

Sessions will be every Tuesday from 4-5PM. For more information or **interest in registering, please call Nathalie** at 732-545-1681 ext 1003 and leave a message. Thank you.



El Programa Caritas de HFP ofrece un grupo de empoderamiento destinado a fomentar un espacio seguro para niñas adolescentes de 9.º a 12.º grado.

Algunos de los temas que se tratarán incluirán la autoestima, la imagen corporal, la ansiedad, la depresión y más. **Las sesiones serán todos los martes de 4 a 5 p.m.** Para obtener más información o **si está interesada en registrarse, llame a Nathalie** al 732-545-1681 ext. 1003 y deje un mensaje. Gracias!



Once again, **Holy Family Parish is hosting the Interfaith Winter Shelter from March 2 - 9.** At this time, we are asking for volunteers for shelter set - up and take down, food helpers and overnight site hosts. **In the spirit of Lent, consider helping with this corporal work of mercy.**

For more information, speak with Fr. Ryan (732) 545-1681 x 1006.



Una vez más, **la parroquia Sagrada Familia está organizando el refugio de invierno interreligioso del 2 al 9 de marzo.** En este momento, estamos solicitando voluntarios para armar y desarmar el refugio, ayudar con la comida y hospedar personas en el lugar para pasar la noche. **En el espíritu de la Cuaresma, considere ayudar con esta obra corporal de misericordia.** Para obtener más información, hable con el padre Ryan (732) 545-1681 x 1006.



OGŁOSZENIA PARAFIALNE
7 Niedziela Zwykła
23 lutego 2025 r.

Biskup Checchio ogłosił **Apel Biskupa** na rok **2025**. Temat **„Pielgrzymi nadziei: podążamy razem w wierze, nadziei i miłości”** koresponduje z orędziem papieża Franciszka na Rok Jubileuszowy, który powinien być obchodzony „z głęboką wiarą, żywą nadzieją i czynną miłością”. Jest to przypomnienie, że jesteśmy wezwani do odkrywania nadziei w obecnych czasach i do dzielenia się tą nadzieją z innymi. Poprzez finansowe wsparcie duszpasterskich, edukacyjnych i charytatywnych przedsięwzięć naszej diecezji pomagamy najbardziej potrzebującym i szerzymy orędzie nadziei w Panu!

Luty to miesiąc prasy katolickiej. Dziękujemy za wsparcie finansowe na gazetę diecezji Metuchen, jaką jest „Catholic Spirit”.

Życzymy wszystkim wiele radości z przeżywanego wypoczynku niedzielnego oraz pomocy Bożej na cały nadchodzący tydzień.

PARISH ANNOUNCEMENTS
Seventh Sunday in Ordinary Time
February 23, 2025

Bishop Checchio announced **2025 Bishop’s Appeal**. The theme - **“Pilgrims of Hope: Journeying Together in Faith, Hope and Charity”** corre-



sponds with Pope Francis message for the Jubilee Year that should be celebrated, “with deep faith, lively hope and active charity.” It is a reminder that we are called to discover hope in current times and to be the instruments of hope for others. One tangible way to accomplish this is by giving to the Bishop’s Annual Appeal.

Through our shared support of Diocese pastoral, educational and charitable ministries, we are assisting those most in need and spreading the message of hope in the Lord!

February is Catholic Press Month. Thank you for your continuous support of “Catholic Spirit”, which is the official Newspaper of the Diocese of Metuchen.

We wish you many blessings for today, and for the coming week!



**SAINT LADISLAUS CHURCH
@ HOLY FAMILY PARISH**
A Sunday Reflection
by *István Horváth*

The Golden Rule Sunday:
Seventh Sunday in Ordinary Time

“But to you who hear I say, love your enemies, do good to those who hate you, bless those who curse you, pray for those who mistreat you.” Lk 6:27-28

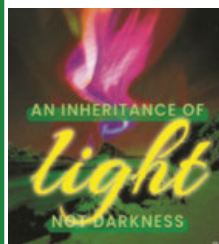


Jesus puts us to the test. What difficult words these are to hear when we are not ready to accept Him completely, but rather pick and choose that with which we can live with and bear to accept.

As a follower of Christ there are no gray areas, there is only “black or white, ... yes and no. Anything more is from the evil one.” **Mt 5:37** Love is not a sliding scale. We either love Him or not. Ouch!

He sets the bar so high, we don’t need to debate it or to interpret it or to ponder over it. Actually, He is merely restating the Father’s second great commandment of love your neighbor as yourself (**Lv 19:18**), maybe more so in that we should love our neighbor and enemies more than ourselves. “I give you a new commandment: love one another. As I have loved you, so you also should love one another.” **Jn 13:34**

This is only possible with the grace of humility. We should pray for this grace as often as possible. Being Catholic takes work and sacrifice and requires us to look at ourselves with the spiritual mirror that sees us in the eyes of God. We must confront ourselves instead of others with God’s Commandments and confront others with the two great commandments or the “Golden Rule”. **Lk 6:31** “You shall love the Lord, your God, with all your heart, with all your soul, and with all your mind. You shall love your neighbor as yourself.” **Mt 22:37,39; Lk 6:31; Dt 6:5** “ Give and gifts will be given to you; a good measure: densely packed, shaken down, and overflowing, will be poured into your lap. For the measure with which you measure will in return be measured out to you.” **Lk 6:38**



Therefore, to be a disciple of Christ or even a follower means you must sacrifice your life for your brethren: this is the true meaning of being Christian or Christ-like and the true meaning of sacrificial love or agape. It is what distinguishes Christians from the worldly acts of charity and love, and how the world will know that we belong to Jesus. **Jn 13:35**

Perhaps most important of all prayers is the Our Father ... As Jesus intended it for us and for all men who wish to do God’s will in their lives: in it we find our way to Heaven. **Mt 6:9-13** Save us from the evil one, protect us from temptation in the final test, forgive us our sins as we forgive those who sin against us, nourish our bodies and souls, let His will prevail so that Earth and Heaven can glorify God. Paradise.

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