



Holy Family Parish

*Sacred Heart - St. Joseph - St. Ladislaus Churches, New Brunswick NJ
a trauma-informed community*

www.holyfamilyforall.org

email: HFPcenter@holyfamilyforall.org

social media: [Twitter.com/holyfamily4all](https://twitter.com/holyfamily4all)

<https://www.facebook.com/HolyFamilyParishNewBrunswick>

We worship:

The Lord's Day: 4:30pm Sat. Vigil at Sacred Heart

8:00am (English, St. Ladislaus)

9:00am (Polish, St. Joseph)

9:00am (Hungarian, St. Ladislaus)

10:00am (Spanish/English, Sacred Heart)

12:00pm (Spanish, St. Joseph)

7:00pm (Spanish, St. Joseph)

Weekdays: 7:00am Mon - Fri (St. Ladislaus)

8:00am Mon - Sat (Sacred Heart)

7:00pm: Tues. (St. Joseph, Spanish)

7:00pm Wed. (Sacred Heart, Spanish)



March 5 is Ash Wednesday
PRAY - FAST - GIVE ALMS

HFP PARISH CENTER

56 Throop Ave, New Brunswick, NJ 08901
Voice: 732-545-1681 Fax: 732-545-5059

PASTORAL TEAM

Brandy ALEXANDER, trauma-informed care specialist
(ext. 1008) BrandyA@holyfamilyforall.org

Nestor BRAVO MARTINEZ parish case manager
(ext. 1005) NestorB@holyfamilyforall.org

Nathalie CUADROS, administrative program manager
(ext 1003) NathalieC@holyfamilyforall.org

Jennifer HERRERA, youth empowerment specialist
JenniferH@holyfamilyforall.org

Catherine KOVARIK, director of family faith formation
CatherineK@holyfamilyforall.org

Alexi MOTTA, licensed social worker &
community service manager
(ext. 1003) AlexiM@holyfamilyforall.org

Rocio RAMOS, director of pastoral services
(ext. 1002) RocioR@holyfamilyforall.org

Rev. Thomas RYAN, pastor
(ext. 1006) - TRYAN@holyfamilyforall.org

Renel SEVILLA, business and pastoral administrator
(ext. 1004) - HFPcenter@holyfamilyforall.org

Deacon Nelson TORRES, programming manager
(ext. 1007) - salsaNT@comcast.net

Rev. Wladyslaw (Walter) WIKTOREK, parochial vicar
(ext. 1013) - WalterW@holyfamilyforall.org

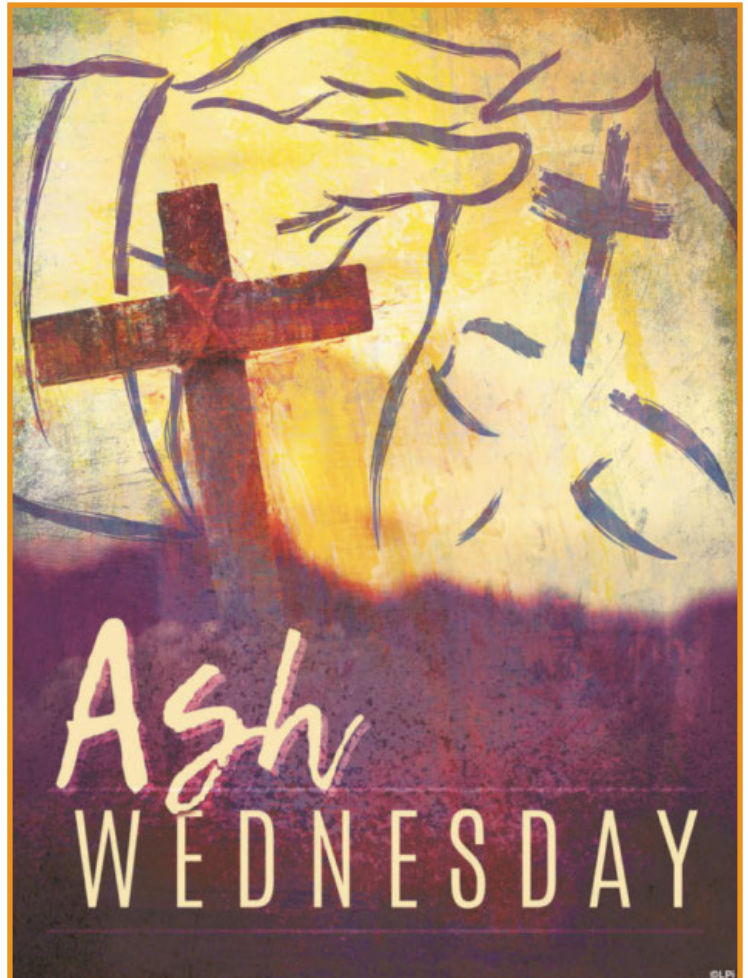
PARISH LEADERS

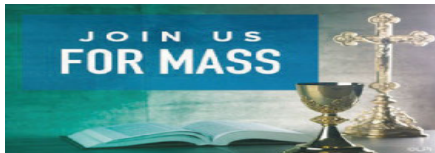
PARISH TRUSTEES: Thomas Szallai, Carol Meszaros

FINANCE COUNCIL: Thomas Szallai, chair

PASTORAL COUNCIL: Marie Zach

NeXt Level (IMT) - Neybery Cortez





Saturday, March 1 - Weekday

8:00 AM (SH) (English) - For the people

4:30 PM (SH) - (English) - For the people

Sunday, March 2 - Eighth Sunday in Ordinary Time

8:00 AM (SL) - (English) - Marsha Nagy

9:00 AM (SJ) - (Polish) - Za duszę św.p. Edwarda Kubiaka

9:00 AM (SL) - (Hungarian) - Laszlo Kovacs

10:00 AM (SH) - (Bilingual) - Andrew Jonathan Brucato

12:00 PM (SJ) - Intencion Especial por el Aniversario del Grupo de Oracion

7:00 PM (SJ) - (Spanish) - For the people

Monday, March 3 - Saint Katherine Drexel, Virgin

7:00 AM (SL) - (English) - For the people

8:00 AM (SH) - (English) - Mary Lynch

Tuesday, March 4 - Saint Casimir

7:00 AM (SL) - (English) - For the people

8:00 AM (SH) - (English) - For the people

7:00 PM (SJ) - (Spanish) - Richard Jose Mezon

Wednesday, March 5 - Ash Wednesday

7:00 AM (SL) - (English) - For the people

8:00 AM (SH) - (English) - Joseph Kokoszka

7:00 PM (SH) (Spanish) - Rafael Romero

7:00 PM (SJ) (Spanish/Polish) - Za duszę św.p. Leokadii Zach

Thursday, March 6 - Thursday After Ash Wednesday

7:00 AM (SL) - (English) - For the people

8:00 AM (SH) - (English) - For the people

Friday, March 7 - Friday After Ash Wednesday

7:00 AM (SL) - (English) - For the people

8:00 AM (SH) - (English) - **Society of Remembrance**

Saturday, March 8 - Saturday After Ash Wednesday

8:00 AM (SH) (English) - For the people

4:30 PM (SH) - (English) - For the people

Sunday, March 9 - First Sunday of Lent

8:00 AM (SL) - (English) - For the people

9:00 AM (SJ) - (Polish) - Za duszę św.p. Zofii Żukowskiej

9:00 AM (SL) - (Hungarian) - Bela Zalan Jr.

10:00 AM (SH) - (Bilingual) - Abahatdali Hoyos Lopez

12:00 PM (SJ) - Por la Salud de Diacono Nelson Torres

7:00 PM (SJ) - (Spanish) - For the people



**Ash Wednesday Celebrations /
Celebraciones del Miércoles de Ceniza**

**Masses with Distribution of Blessed Ashes /
Misas con distribución de Cenizas Benditas**

March 5, 2025 - Lent begins.

Comienza la cuaresma.

7:00 AM Saint Ladislaus (English/Inglés)

8:00 AM Sacred Heart (English/Inglés)

7:00 PM Saint Joseph (Polish/Spanish
Polaco/Español)

7:00 PM Sacred Heart (Spanish/English
Español/Inglés)

**Opportunity for Private Prayer and
Reception of Blessed Ashes /
Oportunidad para la oración privada
y la recepción de las Cenizas Bendecidas**

12:00 PM - 1:00 PM Sacred Heart

PRAYER LIST

**ONLY MEMBERS OF THE FAMILY
can add names to this list of the sick:**



Brian Barry, Zofia Baginski
Zofia Lesiak
Thomas Leskowski
Wtadystaw Prosciak
Brian Ward, John Ward
Amy Grau Binates
Faith Santos Ortiz
Deacon Nelson Torres



**Weekly Offertory
2/16/2025 - \$3,442**

Additional California Fire Relief - \$155

To donate online, go to our website:
holyfamilyforall.org

Click on DONATE.



Bishop James F Checchio has approved the following

Lenten Regulations:

The days of both fast and abstinence are Ash Wednesday, March 5, and Good Friday, April 18.

The other Fridays of Lent, March 7, 14, 21, 28, & 11 are days of abstinence.

Fasting in the Roman Catholic tradition means to limit oneself to one full meal with two smaller meals which together do not equal the size of four full meal.

Abstinence in the Roman Catholic tradition means to abstain from eating meat (beef, chicken, pork turkey, etc.). The obligation of abstinence applies to all Catholics who have reached the age of 14.



El obispo James F Checchio ha aprobado las siguientes

Regulaciones de Cuaresma:

Los días de ayuno y abstinencia son el Miércoles de Ceniza, 5 de marzo, y el Viernes Santo, 18 de abril.

Los demás viernes de Cuaresma, 7, 14, 21, 28 y 11 de marzo son días de abstinencia.

El ayuno en la tradición católica romana significa limitarse a una comida completa con dos comidas más pequeñas que juntas no suman el tamaño de cuatro comidas completas.

La abstinencia en la tradición católica romana significa abstenerse de comer carne (ternera, pollo, cerdo, pavo, etc.). La obligación de abstinencia se aplica a todos los católicos que hayan cumplido 14 años.



DIOCESE OF METUCHEN
2025 Bishop's Annual Appeal
Pilgrims of Hope Journeying Together in Faith, Hope & Charity

2025 Marquee Ministries

Campus Ministry

The Catholic Center at Rutgers University

When we talk about hope, the first thing that often comes to mind is our youth and young adults. With their enthusiasm and energy, they are truly the embodiment of hope. However, the young need our attention and care. Every day they are confronted with a secular culture that pulls at them and challenges their faith at this vulnerable period in their spiritual formation. Our campus ministry at the **Catholic Center at Rutgers University** provides a lifeline of support for our college students on the New Brunswick campus.



DIÓCESIS DE METUCHEN
Campaña Anual del Obispo, 2025
Peregrinos de Esperanza Caminando Juntos en la Fe, la Esperanza y la Caridad

Ministerios Destacados para el 2025

Ministerio del Campus

El Centro Católico de la Universidad de Rutgers

Cuando hablamos de esperanza, lo primero que nos viene a la mente son nuestros jóvenes y jóvenes adultos. Con su entusiasmo y energía, son verdaderamente la encarnación de la esperanza. Sin embargo, los jóvenes necesitan nuestra atención y cuidado. Todos los días se enfrentan a una cultura secular que los atrae y desafía su fe en este período vulnerable de su formación espiritual. Nuestro ministerio del campus en el **Centro Católico de la Universidad Rutgers** proporciona un salvavidas de apoyo para nuestros estudiantes universitarios en el campus de New Brunswick.

THIS LENTEN SEASON, LET US SUPPORT



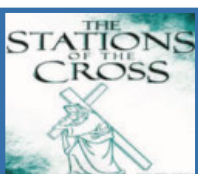
EN ESTA CUARESMA, APOYEMOS



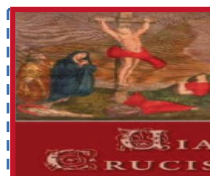
Once again, **Holy Family Parish** is hosting the **Interfaith Winter Shelter** from **March 2 - 9**. In the spirit of **Lent**, consider helping with this **corporate work of mercy**. For more information, speak with Fr. Ryan (732) 545-1681 x 1006.



Una vez más, la **parroquia Sagrada Familia** está organizando el **refugio de invierno interreligioso del 2 al 9 de marzo**. En el espíritu de la Cuaresma, considere **ayudar con esta obra corporal de misericordia**. Para obtener más información, hable con el padre Ryan (732) 545-1681 x 1006.



FRIDAYS DURING LENT FOLLOWING THE 7AM MASS at SAINT LADISLAUS & 8AM MASS at SACRED HEART SACRED HEART 6PM in SPANISH SAINT JOSEPH 7 PM in POLISH



VIERNES DE CUARESMA DESPUÉS DE LAS MISAS DE 7AM EN SAN LADISLAUS & 8AM EN SAGRADA CORAZON SACRADO CORAZÓN 6PM en ESPAÑOL SAN JOSÉ 7 PM en POLACO



OGŁOSZENIA PARAFIALNE

8 Niedziela Zwykła
2 marca 2025 r.

5-go marca, Środą Popielcową, rozpoczynamy **okres Wielkiego Postu.**

Msza św. zostanie odprawiona w naszym kościele **o godz. 19:00.** W Środę Popielcową i w Wielki Piątek nas katolików obowiązuje **post ścisły** – osoby w wieku od 18 do 60 roku życia powinny ograniczyć w tych dniach liczbę i obfitość posiłków, a także powstrzymać się od spożywania pokarmów mięsnych. Można spożyć jeden posiłek do syta i dwa niepełne. Młodzieży od 14 do 18 roku życia dotyczy w tych dniach tylko nakaz powstrzymania się od pokarmów mięsnych. We wszystkie piątki Wielkiego Postu obowiązuje **post jakościowy**, czyli abstinencja od pokarmów mięsnych.

W okresie Wielkiego Postu zapraszamy na **Drogę Krzyżową w piątki o godz. 19:00** oraz na **Gorzkie Żale w niedziele po Mszy Świętej.**

Biskup Checchio ogłosił **Apel Biskupa** na rok **2025.** Temat **„Pielgrzymi nadziei: podążamy razem w wierze, nadziei i miłości”** koresponduje z orędziem papieża Franciszka na Rok Jubileuszowy, który powinien być obchodzony „z głęboką wiarą, żywą nadzieją i czynną miłością”. Jest to przypomnienie, że jesteśmy wezwani do odkrywania nadziei w obecnych czasach i do dzielenia się tą nadzieją z innymi. Poprzez finansowe wsparcie duszpasterskich, edukacyjnych i charytatywnych przedsięwzięć naszej diecezji pomagamy najbardziej potrzebującym i szerzymy orędzie nadziei w Panu!

Dzisiejsza druga kolekta zostanie przeznaczona na **Stowarzyszenie Św. Wincentego a Paulo.** Pamiętajmy również o złożeniu naszej **ofiary na kwiaty wielkanocne.**

W następną niedzielę, **9 marca,** następuje **zmiana czasu na letni.** Pamiętajmy o przesunięciu naszych zegarów **o godzinę do przodu.**

Życzymy wszystkim wiele radości z przeżywanego wypoczynku niedzielnego oraz pomocy Bożej na cały nadchodzący tydzień.

PARISH ANNOUNCEMENTS Eighth Sunday in Ordinary Time March 2, 2025

The Lenten Season begins with **Ash Wednesday** on **March 5.** The Holy Mass will be celebrated at **7 p.m.** in our church. Please remember that Ash Wednesday and Good Friday are **the days of fast and abstinence.** This is for all between the ages of 18 and 60. All who have reached the age of 14 need to abstain from meat on these days. Also, all Fridays in Lent should be the days of abstinence.

During the Lenten Season, we invite everyone for **Stations of the Cross on Fridays at 7:00 p.m.** and for **Lamentations on Sundays after the Polish Mass.**

Bishop Checchio announced **2025 Bishop's Appeal.** The theme - **“Pilgrims of Hope: Journeying Together in Faith, Hope and Charity”** corresponds with Pope Francis message for the Jubilee Year that should be celebrated, “with deep faith, lively hope and active charity.” It is a reminder that we are called to discover hope in current times and to be the instruments of hope for others. One tangible way to accomplish this is by giving to the Bishop's Annual Appeal. Through our shared support of Diocese pastoral, educational and charitable ministries, we are assisting those most in need and spreading the message of hope in the Lord!

This Sunday's second collection is for **St. Vincent de Paul Society.** Also, please remember to make your donation for **Easter Flowers.** Next Sunday, **March 9, the Daylight-Saving Time** begins – please remember to push your clocks one hour forward.

God's blessings to everyone today and everyday!



**SAINT LADISLAUS CHURCH
@ HOLY FAMILY PARISH**
A Sunday Reflection
by *István Horváth*

Eighth Sunday in Ordinary Time

“Why do you say to me, Lord, Lord [or Teacher, Master], but not do what I command?!” Lk 6:46



What do our words say about us?

Ben-Sirach's wisdom says, "Praise no one before they speak for speech discloses the bias of a person's heart." **Sir 27:6b,7** And Jesus buttressed this idea by stating that, "A good tree does not bear rotten fruit, ... For every

And so, doing good is not a one-time affair. The heart must be oriented and trained to feel and respond to God's call by sensitizing it to His will. We need to empty ourselves of our wants, prejudice and short-sightedness. We need to be agreeable where we don't agree by accepting difficulties and prejudice directed against us for our good deeds, and responding not with rebellion, but with understanding and compassion. This requires great inner strength and a steadfast will. Only a humble conscience and a compunctious heart can will evil away from the soul.



A tree is known by the fruit it bears. A good person out of a wealth of goodness in his heart produces good, but an evil person out of a wealth of evil produces evil; for from the fullness [and contentedness] of the heart the mouth speaks." **Lk 6:43-45** Jesus tries to prepare us for this task with many good examples, but we

know very well that that is not enough. Reading it in the textbook is not doing it in real life. You have to go out and get your hands dirty and your heart broken to understand what being a Christian is all about. You'll find the saying – "No good deed goes unpunished" will not be lost on you. "If I only had a dollar for every time they treat me with disdain ..."

Sure, but if you persevere you will get rewarded many times over. Because your life will be filled with the love of God and His joy, and His love is infectious. His joy is like a wildfire that consumes His enemies and kindles the hearts of His disciples to love recklessly at the cost of their own lives. After a while, even the trash turns to gold, the contemptuous heart to a loving heart. You will have the "Midas touch", and God's love in your heart, and His words in your heart, the "good news of the Gospel" your mouth will speak. Hallelujah.



DAY LIGHT SAVINGS TIME...
On March 9, Sunday,
don't forget to set clocks
ahead one hour at 2 AM.

GOWEN FUNERAL HOME

Carol A. Meszaros, Mgr. (NJ Lic. No. 2884)
 Frank S. Facchini, (NJ Lic. No. 3217)
 Lisa M. LoRicco Sharp (NJ Lic. No. 3710)
732-545-1344 | Fax: 732-296-0941
 239 Livingston Avenue • New Brunswick, NJ 08901

C. F. T. TAX, INC.

PAUL BRAVO
Bookkeeping & Tax Return
Open Year Round
732-626-5900
 www.cfttaxinc.com
 brapa2@aol.com
1060 AMBOY AVENUE • EDISON

Mozzarella

Italian and Mexican Food

YOUR SPECIAL EVENT UNFORGETTABLE!
 We cater to all occasions with passion and expertise.

JOIN US FOR A RESORT STYLE BRUNCH BUFFET! SUNDAYS 10am-3pm

Baptisms • Communion • Sweet 16 • Quinceañeras
 Showers • Birthdays • Anniversaries • Corporate Events
40 Jersey Ave • New Brunswick • 732-640-1786



ADT-Monitored Home Security

Get 24-Hour Protection From a Name You Can Trust

- Burglary
- Flood Detection
- Fire Safety
- Carbon Monoxide



SafeStreets

833-287-3502



QUALITY PROFESSIONAL SERVICE

Serving Central NJ Since 1986
 Residential & Commercial
 Sales and Service
 All Major Credit Cards Accepted

**ELECTRIC,
 PLUMBING
 HEATING &
 COOLING**



NOW HIRING QUALIFIED TEAM MEMBERS
 www.daltonephc.com

732-247-7390

P. LIC. #12425

NJ Reg #13VH02047500

E. LIC. #9526

Robert Fox, Manager

N.J. License No. 4371

BOYLAN

Funeral Home

188 Easton Avenue
 New Brunswick, New Jersey 08901
 (732) 545-4040
 FAX: (732) 545-0299

10 Wooding Avenue
 Edison, New Jersey 08817
 (732) 572-0076
 FAX: (732) 572-0599

~ family owned and operated since 1958 ~

LET'S GROW YOUR BUSINESS

Place Your Ad Here
 and Support Our Parish!

CONTACT ME
Donna Delgrosso

ddelgrosso@4LPi.com
 or (800) 888-4574 x3107

**ROOFING • CHIMNEYS
 MASONRY • GUTTERS**
We Find & Fix Leaks!



\$1100 OFF
 Any New Roof Replacement

20% OFF
 Any Roof, Chimney, Gutter,
 Masonry Repair & SENIORS

Family Owned/Operated - Lic.#13VH11097900
 Bonded & Insured - 20 Years | *Serving All of New Jersey*

732-520-9554 | www.expertchimneyroofing.com

IF YOU LIVE ALONE You Need

MDMedAlert!
 At HOME and AWAY!

As Low As
\$19⁹⁵
 /mo.

- ✓ Ambulance
- ✓ Police
- ✓ Family
- ✓ GPS & Fall Alert



CALL NOW!
800.808.9294



md-medalert.com

