



Holy Family Parish

Sacred Heart - St. Joseph - St. Ladislaus Churches, New Brunswick NJ
a trauma-informed community

www.holyfamilyforall.org

email: HFPcenter@holyfamilyforall.org

social media: [Twitter.com/holyfamily4all](https://twitter.com/holyfamily4all)

<https://www.facebook.com/HolyFamilyParishNewBrunswick>

We worship:

The Lord's Day: 4:30pm Sat. Vigil at Sacred Heart

8:00am (English, St. Ladislaus)

9:00am (Polish, St. Joseph)

9:00am (Hungarian, St. Ladislaus)

10:00am (Spanish/English, Sacred Heart)

12:00pm (Spanish, St. Joseph)

7:00pm (Spanish, St. Joseph)

Weekdays: 7:00am Mon - Fri (St. Ladislaus)

8:00am Mon - Sat (Sacred Heart)

7:00pm: Tues. (St. Joseph, Spanish)

7:00pm Wed. (Sacred Heart, Spanish)



DIocese OF METUCHEN / DIÓCESIS DE METUCHEN
2025 Bishop's Annual Appeal / Campaña Anual del Obispo, 2025
Pilgrims of Hope Journeying Together in Faith, Hope & Charity
Peregrinos de Esperanza Caminando Juntos en la Fe, la Esperanza y la Caridad

HFP PARISH CENTER

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Rev. Wladyslaw (Walter) WIKTOREK, parochial vicar
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PARISH LEADERS

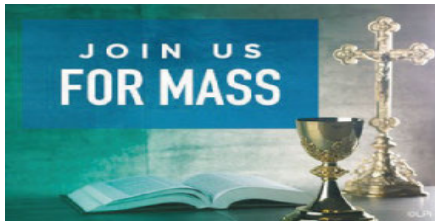
PARISH TRUSTEES: Thomas Szallai, Carol Meszaros

FINANCE COUNCIL: Thomas Szallai, chair

PASTORAL COUNCIL: Marie Zach

NeXt Level (IMT) - Neybery Cortez





**Saturday, March 8 - Saturday After
Ash Wednesday**

8:00 AM (SH) (English) - For the people
4:30 PM (SH) - (English) - For the people

Sunday, March 9 - First Sunday of Lent

8:00 AM (SL) - (English) - For the people
9:00 AM (SJ) - (Polish) - Za duszę św.p.
Zofii Żukowskiej
9:00 AM (SL) - (Hungarian) - Bela Zalan Jr.
10:00 AM (SH) - (Bilingual) - Abahatdali Hoyos
Lopez
12:00 PM (SJ) - Por la Salud de Diacono
Nelson Torres
7:00 PM (SJ) - (Spanish) - For the people

Monday, March 10 - Lenten Weekday

7:00 AM (SL) - (English) - For the people
8:00 AM (SH) - (English) - For the people

Tuesday, March 11 - Lenten Weekday

7:00 AM (SL) - (English) - For the people
8:00 AM (SH) - (English) - Ilse L Kosik
7:00 PM (SJ) - (Spanish) - For the people

Wednesday, March 12 - Lenten Weekday

7:00 AM (SL) - (English) - For the people
8:00 AM (SH) - (English) - For the people
7:00 PM (SH) (Spanish) - For the people

Thursday, March 13 - Lenten Weekday

7:00 AM (SL) - (English) - For the people
8:00 AM (SH) - (English) - For the people

Friday, March 14 - Lenten Weekday

7:00 AM (SL) - (English) - For the people
8:00 AM (SH) - (English) - For the people

Saturday, March 15 - Lenten Weekday

8:00 AM (SH) (English) - For the people
4:30 PM (SH) - (English) - For the people

Sunday, March 16 - Second Sunday of Lent

8:00 AM (SL) - (English) - For the people
9:00 AM (SJ) - (Polish) - Za dusze św.p. Zofii i
Krystyny Gawrońskich
9:00 AM (SL) - (Hungarian) - Elizabeth Szenasi
10:00 AM (SH) - (Bilingual) - Josefina Chanataxi
Tupana
12:00 PM (SJ) - Por las Almas en el Purgatorio
7:00 PM (SJ) - (Spanish) - Por la Salud del Diacono
Nelson Torres



STATIONS OF THE CROSS
Via Crucis ^{©LPI}

FRIDAYS DURING LENT

FOLLOWING THE 7AM MASS at SAINT LADISLAUS
& 8AM MASS at SACRED HEART
SACRED HEART 6PM in SPANISH
SAINT JOSEPH 7 PM in POLISH

VIERNES DE CUARESMA

DESPUÉS DE LAS MISAS DE 7AM EN SAN LADISLAUS
& 8AM EN SAGRADA CORAZON
SAGRADO CORAZÓN 6PM en ESPAÑOL
SAN JOSÉ 7 PM en POLACO

PRAYER LIST

**ONLY MEMBERS OF THE FAMILY
can add names to this list of the sick:**



Brian Barry, Zofia Baginski
Zofia Lesiak
Thomas Leskowski
Wtadystaw Prosciak
Brian Ward, John Ward
Amy Grau Binates
Faith Santos Ortiz
Deacon Nelson Torres



Weekly Offertory
2/23/2025 - \$4,227

Bishop's Appeal to date:
\$831 - Pledged & Received
5.94% of our goal of \$14,000

To donate online, go to our website:
holyfamilyforall.org **Click on DONATE.**



Bishop James F Checchio has approved the following **Lenten Regulations:**

The days of both fast and abstinence are Ash Wednesday, March 5, and Good Friday, April 18.

The other Fridays of Lent, March 7, 14, 21, 28, & 11 are days of abstinence.

Fasting in the Roman Catholic tradition means to limit oneself to one full meal with two smaller meals which together do not equal the size of four full meal.

Abstinence in the Roman Catholic tradition means to abstain from eating meat (beef, chicken, pork turkey, etc.). The obligation of abstinence applies to all Catholics who have reached the age of 14.



El obispo James F Checchio ha aprobado las siguientes **Regulaciones de Cuaresma:**

Los días de ayuno y abstinencia son el Miércoles de Ceniza, 5 de marzo, y el Viernes Santo, 18 de abril.

Los demás viernes de Cuaresma, 7, 14, 21, 28 y 11 de marzo son días de abstinencia.

El ayuno en la tradición católica romana significa limitarse a una comida completa con dos comidas más pequeñas que juntas no suman el tamaño de cuatro comidas completas.

La abstinencia en la tradición católica romana significa abstenerse de comer carne (ternera, pollo, cerdo, pavo, etc.). La obligación de abstinencia se aplica a todos los católicos que hayan cumplido 14 años.



2025 Bishop's Annual Appeal
PILGRIMS OF HOPE: Journeying Together in Faith, Hope and Charity

Your gift to the Bishop's Annual Appeal supports a number of diocesan ministries dedicated to faith formation. Through **Discipleship Formation for Children** and our **Catholic schools, Youth & Young Adult Ministry, Campus Ministry at Rutgers** and the **Rite of Christian Initiation for Adults**, we are reaching out to children, teens, young adults and older adults new to our Catholic Church. These ministries help people of all ages grow in their knowledge and practice of the faith, experience a meaningful sense of service to the community, and come to a deeper understanding of their call to discipleship. Please prayerfully consider a gift today.



Campaña Anual del Obispo, 2025
PÉREGRINOS DE ESPERANZA:
Caminando Juntos en la Fe, la Esperanza y la Caridad

Su donación a la Campaña Anual del Obispo apoya una serie de ministerios diocesanos dedicados a la formación de la fe. A través de la **Formación de Discipulado para Niños** y nuestras **escuelas Católicas**, el **Ministerio de Jóvenes y Jóvenes Adultos**, el **Ministerio Universitario en Rutgers** y el **Rito de Iniciación Cristiana para Adultos**, estamos llegando a niños, adolescentes, adultos jóvenes y adultos mayores nuevos en nuestra Iglesia Católica. Estos ministerios ayudan a personas de todas las edades a crecer en su conocimiento y práctica de la fe, experimentar un sentido significativo de servicio a la comunidad y llegar a una comprensión más profunda de su llamado al discipulado. Por favor, en oración, considere hacer su aporte hoy.



FIRST WEEK OF LENT
A RECOMMITMENT
TO END HUNGER

Since 1975, Catholics across the United States have come together each Lent to respond to global hunger through the CRS Rice Bowl program. Learn how people like you have made a local and global impact on the lives of our sisters and brothers in need and why our prayers and almsgiving are still needed today. During this holy season, let us recommit to sharing bread for life with our global family so that all people can reach their God-given potential. Visit crsricebowl.org/week-1 to read this week's Story of Hope



PRIMERA SEMANA
DE CUARESMA
UN NUEVO COMPROMISO
PARA ACABAR CON EL HAMBRE

Desde 1975, los católicos en todo Estados Unidos se unen cada Cuaresma para luchar contra el hambre mundial a través del programa Plato de Arroz CRS. Descubre cómo personas como tú han tenido un impacto local y global en las vidas de nuestros hermanos necesitados y por qué nuestras oraciones y limosnas siguen siendo necesarias hoy en día. Durante este tiempo santo, volvamos a comprometernos a compartir el pan para la vida con nuestra familia humana para que todas las personas puedan desarrollar al máximo el potencial dado por Dios. Visita crsplatodearroz.org/semana-1 para leer la Historia de Esperanza de esta semana.



**OGŁOSZENIA PARAFIALNE
I Niedziela Wielkiego Postu
9 marca 2025 r.**

Rozpoczęliśmy **okres Wielkiego Postu**. Pamiętajmy, by w **piątki zachować post jakościowy**, czyli powstrzymać się od pokarmów mięsnych. Dotyczy to wszystkich pomiędzy 14 a 60 rokiem życia. W tym czasie zwróćmy również szczególną uwagę na **nasz rozwój duchowy poprzez modlitwę i ofiarność**, szczególnie względem biednych i poszkodowanych przez los.

W okresie Wielkiego Postu zapraszamy na **Drogę Krzyżową w piątki o godz. 19:00** oraz na **Gorzkie Żale w niedzielę po Mszy Św.**

Biskup Checchio ogłosił **apel biskupa na rok 2025**, zatytułowany **„Pielgrzymi nadziei: podążamy razem w wierze, nadziei i miłości”**, który dzięki finansowemu wsparciu nas wszystkich, zapewnia kontynuację wielu diecezjalnych programów ewangelizacji i katechezy.

Pamiętajmy o złożeniu naszej **ofiary na kwiaty wielkanocne**.

W następną niedzielę, **16 marca**, po Mszy Św. odbędzie się **spotkanie z naszym proboszczem, ojcem Ryan'em**, żeby porozmawiać o przyszłości duszpasterstwa polskiego.

Wszystkim życzymy wiele radości z przeżywanego wypoczynku niedzielnego oraz pomocy Bożej na nadchodzący tydzień.

**PARISH ANNOUNCEMENTS
First Sunday of Lent
March 9, 2025**

We had begun **the Lenten Season**. Please, remember to **abstain** from meat on Fridays. This is for all between the ages of 14 and 60. Also, remember **to enrich your Lenten spiritual journey by finding time for prayer and by helping those in need**.

During the Lenten Season, we invite everyone for **Stations of the Cross on Fridays at 7:00 p.m.** and for **Lamentations on Sundays after the Polish Mass**.

Bishop Checchio announced **2025 Bishop's Appeal - "Pilgrims of Hope: Journeying Together in Faith, Hope and Charity"**, which with the financial support of all of us, helps to ensure the continuation of Diocesan evangelization and catechesis programs.

Please remember to put your **donation for Easter Flowers**. Next Sunday, **March 16**, we will **meet with our pastor, Fr. Ryan**, after the Mass to talk about the future of the Polish pastoral ministry.

God's blessings to everyone for today, as well as for the coming week.



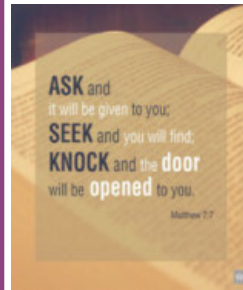
SAINT LADISLAUS CHURCH
@ HOLY FAMILY PARISH
A Sunday Reflection
by István Horváth

First Sunday in Lent

**Jesus said to the devil ... "It is also written, You shall not put the Lord, your God to the test."
Lk 4:12, Ex 17:2, Dt 6:16**

How many times have we cried out to our God, "if there is a God why won't he take away my pain and suffering, or why won't he give me ... what I ask, or why did he let ... this happen?"

Do we ever say, "God I offer up my affliction, my suffering, my hurt, my deprivation, and myself to you, because your Son, Jesus died for me and for my sins on the cross, so that I may live?"



We go to great lengths to blame others for our plight, yet our situation is a result of our own actions, faults and/or our iniquities. We even blame God. Why not? He didn't intervene. But, do we make an effort to blame ourselves, or our sinfulness for our actions? What if we had the power to strike down those that dishonor, hurt and

persecute us. Would we? Is "eye for an eye and tooth for a tooth" the Christian way of life? **Mt 5:38**

No it is not. Love is the Christian way of life. Not affectionate love, but rather suffering love as Jesus did for us: love in response to hate, we receive, and empathy for the marginalized and afflicted. This is what Jesus meant by following the laws of Moses in spirit not just in word. **Jn 5:45-47, Mt 23** "Rend your hearts not your garments." **Jl 2:13**

Therefore, there is a judgment we must make each and every time we make a decision. This is to uphold God's laws whether they condemn us as well, or to apply them only when they benefit us. The best way to look at it is: if we first accuse and convict ourselves, and then see if they have also hurt someone else in the act. Because if we are sure that we are right, most certainly we are not. Justice can only come from God and be directed towards man, and not the other way around. And this is, because complete and perfect love can only come from God alone. Man can only attempt to love with God's grace.

And so "whomever thinks they are standing on secure ground [and righteous] should take care not to fall." **I Cor 10:12** "For as you judge, so will you be judged, and the measure with which you measure will be measured out to you." **Mt 7:1-2, Lk 6:37**

Of course this implies that we are doing God's will in our lives, following His Commandments and living His plan. Then, and only then can we judge according to His will and be on sure ground. The devil is in the details, but most often it is in our own actions of selfishness.

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