



Holy Family Parish

Sacred Heart - St. Joseph - St. Ladislaus Churches, New Brunswick NJ
a trauma-informed community

www.holyfamilyforall.org

email: HFPcenter@holyfamilyforall.org

social media: [Twitter.com/holyfamily4all](https://twitter.com/holyfamily4all)

<https://www.facebook.com/HolyFamilyParishNewBrunswick>

We worship:

The Lord's Day: 4:30pm Sat. Vigil at Sacred Heart

8:00am (English, St. Ladislaus)

9:00am (Polish, St. Joseph)

9:00am (Hungarian, St. Ladislaus)

10:00am (Spanish/English, Sacred Heart)

12:00pm (Spanish, St. Joseph)

7:00pm (Spanish, St. Joseph)

Weekdays: 7:00am Mon - Fri (St. Ladislaus)

8:00am Mon - Sat (Sacred Heart)

7:00pm: Tues. (St. Joseph, Spanish)

7:00pm Wed. (Sacred Heart, Spanish)



DIOCESE OF METUCHEN / DIÓCESIS DE METUCHEN 2025 Bishop's Annual Appeal / Campaña Anual del Obispo, 2025

Pilgrims of Hope Journeying Together in Faith, Hope & Charity
Peregrinos de Esperanza Caminando Juntos en la Fe, la Esperanza y la Caridad

March 22/23, Bishop's Annual Appeal In-Pew Weekend
22/23 de Marzo, Fin de Semana De la Campaña Anual del Obispo en las Bancas

HFP PARISH CENTER

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Rev. Wladyslaw (Walter) WIKTOREK, parochial vicar
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PARISH LEADERS

PARISH TRUSTEES: Thomas Szallai, Carol Meszaros

FINANCE COUNCIL: Thomas Szallai, chair

PASTORAL COUNCIL: Marie Zach

NeXt Level (IMT) - Neybery Cortez





Saturday, March 22 - Lenten Weekday

8:00 AM (SH) (English) - For the people
4:30 PM (SH) - (English) - Nora Robertson

Sunday, March 23 - Third Sunday of Lent

8:00 AM (SL) - (English) - George Gattullo
9:00 AM (SJ) - (Polish) - Za dusze św.p. Katarzyny, Jana Leszkowicz
9:00 AM (SL) - (Hungarian) - Margaret Schloder
10:00 AM (SH) - (Bilingual) - Por la Familia Rojas Pelaez
12:00 PM (SJ) - Harry Patricio Pacheco Cuzme
7:00 PM (SJ) - (Spanish) - Ramon Emilio Peralta

Monday, March 24 - Lenten Weekday

7:00 AM (SL) - (English) - For the people
8:00 AM (SH) - (English) - For the people

Tuesday, March 25 - Lenten Weekday

7:00 AM (SL) - (English) - For the people
8:00 AM (SH) - (English) - For the people
7:00 PM (SJ) - (Spanish) - Por las Almas en el Purgatorio

Wednesday, March 26 - Lenten Weekday

7:00 AM (SL) - (English) - For the people
8:00 AM (SH) - (English) - Maureen Weissenrieder
7:00 PM (SH) (Spanish) - For the people

Thursday, March 27- Lenten Weekday

7:00 AM (SL) - (English) - For the people
8:00 AM (SH) - (English) - Fr. Walter Cushing

Friday, March 28 - Lenten Weekday

7:00 AM (SL) - (English) - For the people
8:00 AM (SH) - (English) - For the people

Saturday, March 29 - Lenten Weekday

8:00 AM (SH) (English) - For the people
4:30 PM (SH) - (English) - For the people

Sunday, March 30 - Fourth Sunday of Lent

8:00 AM (SL) - (English) - For the people
9:00 AM (SJ) - (Polish) - O opiekę i Boże błogosławieństwo dla rodziny Beczek
9:00 AM (SL) - (Hungarian) - Bela Zalan Jr.
10:00 AM (SH) - (Bilingual) - Roberto Rojas Perez
12:00 PM (SJ) - Ernesto Morales y Jorge Morales
7:00 PM (SJ) - (Spanish) - For the people

FRIDAYS DURING LENT

FOLLOWING...
The 7AM MASS at SAINT LADISLAUS
& 8 AM MASS at SACRED HEART
SACRED HEART 6PM in SPANISH
SAINT JOSEPH 7 PM in POLISH



VIERNES DE CUARESMA

DESPUÉS DE LAS MISAS DE 7AM EN SAN LADISLAUS
y 8AM EN SAGRADA CORAZON
SAGRADO CORAZÓN 6PM en ESPAÑOL
SAN JOSÉ 7 PM en POLACO



**THIRD WEEK OF LENT
NUTRITIOUS MEALS HELP CHILDREN GROW
HEALTHY IN GUATEMALA**

In Santa María Chiquimula, Guatemala, over half the community is affected by malnutrition. Amid rising food prices and job loss, Ana Belén and her husband were struggling to provide for their growing family. But they saw a ray of hope through their participation in a Catholic Relief Services' program that helps them ensure their children are healthy and have the nutrition they need to thrive and play. Visit crsrice-bowl.org/week-3 to read this week's Story of Hope



**TERCERA SEMANA DE CUARESMA
LAS COMIDAS NUTRITIVAS AYUDAN
A LOS NIÑOS A CRECER SANOS EN GUATEMALA**

En Santa María Chiquimula, Guatemala, más de la mitad de la comunidad está afectada por la desnutrición. En medio del aumento de los precios de los alimentos y la pérdida de empleos, Ana Belén y su esposo luchaban por mantener a su familia. Pero vieron un rayo de esperanza a través de su participación en un programa de Catholic Relief Services que les ayuda a garantizar que sus hijos estén sanos y tengan la nutrición que necesitan para crecer sanos y jugar. Visita crsplatodearroz.org/semana-3 para leer la Historia de Esperanza de esta semana.

PRAYER LIST

**ONLY MEMBERS OF THE FAMILY
can add names to this list of the sick:**

Brian Barry, Zofia Baginski
Zofia Lesiak
Thomas Leskowski
Wtadystaw Prosciak
Brian Ward, John Ward
Amy Grau Binates
Faith Santos Ortiz
Deacon Nelson Torres



**Weekly Offertory
3/9/2025 - \$4,064
ASH WEDNESDAY- \$2,235
SVDP - \$1,158**

**Bishop's Annual Appeal to date:
\$1,641.50 - Pledged & Received
11.73% of our goal of \$14,000**

To donate online, go to our website:
holyfamilyforall.org **Click on DONATE.**

in association with **Central Jersey Family Health Consortium**, we'll be hosting a very special event **Saturday, March 29th** to celebrate and support New Mothers and New Families! The event, "**It takes a Team! Supporting New Mothers through the Postpartum Journey!**" will have activities for the whole family and there will be a workshop teaching Partners, Family Members and Friends **how to best support New Mothers through Postpartum**. The event will take place at **Sacred Heart church from 10:00am to 2:00pm**.



En asociación con **Central Jersey Family Health Consortium**, Tendremos un evento muy especial el **Sábado 29 de Marzo** para celebrar y apoyar a Nuevas Madres y Nuevas Familias! El evento, "**Se Necesita un Equipo! Apoyando a Nuevas Madres Durante el Postparto!**" tendrá actividades para toda la familia y habrá un taller para aprender **cómo apoyar a nuevas madres sea como pareja, familiar o amigo/amiga!** El evento tomara lugar en **Nuestra Iglesia Sagrado Corazon de 10:00am a 2:00pm**.



Caritas 2024 Review



With the crucial help of community members and organizations we continue to hold fast to our mission to respond to basic human needs and provide opportunities for physical and emotional healing and wellness. Some of these essential partners include St. Vincent De Paul, Catholic Charities of Metuchen & Unity Square, Robert Wood Johnson University Hospital, St Peter's University Hospital, Queenship of Mary Church, Middlesex County Council for the Arts, ACES, Mexican Consulate in New Brunswick, OceanFirst, Rutgers Community Health Foundation, Works of Mercy, private donors and volunteers. We are happy to share that in 2024, Holy Family Parish Caritas program served, engaged, and coordinated:

- **62** counseling clients
- Equal to more than **800** hours of counseling
- **6** support and therapeutic groups with **31** participants
- **15+** Community events with over **579** participants
- **6 Weeks** of Ukulele Summer Camp with **30** youth participants
- **41** families received rent and bill assistance
- **79** families and/or individuals received assistance with completing applications for SNAP, NJ Family Health Insurance, unemployment, job attainment, and legal advocacy
- **294+** families received staples such as food boxes, school supplies, turkeys, and gift cards through distribution events

Visit our website, holyfamilyforall.org, for more detailed information on the 2024 program report. Please reach out to anyone in the **HFP Caritas** team to get involved. We are thankful for the community support and look forward to 2025!

Cáritas: Resumen del año 2024



Con la ayuda crucial de los miembros y las organizaciones de la comunidad, seguimos aferrándonos a nuestra misión de responder a las necesidades humanas básicas y brindar oportunidades para la curación y el bienestar físico y emocional. Algunos de estos socios esenciales incluyen Sociedad de San Vicente de Paúl, Caridades católicas de Metuchen & Unity Square, Hospital Universitario Robert Wood Johnson, Hospital Universitario de St. Peters, Iglesia de Queenship of Mary, Consejo de las Artes del condado de Middlesex, ACES, el Consulado de México en New Brunswick, OceanFirst, Fundación de Salud Comunitaria de Rutgers, Works of Mercy, donantes privados y voluntarios de Works of Mercy. Nos complace compartir que en 2024, el programa Caritas de la parroquia Holy Family sirvió, participó y coordinó:

- **62** clientes de consejería
- Equivale a más de **800** horas de consejería
- **6** grupos terapéuticos y de apoyo con **31** participantes
- **15+** eventos comunitarios con más de **579** participantes
- **6** semanas de campamento de ukelele con **30** jóvenes participantes
- **41** familias recibieron asistencia para el alquiler y las facturas
- **79** familias y/o individuos recibieron asistencia para completar solicitudes de Charity Care, SNAP, NJ Family, desempleo, obtención de empleo y defensa legal
- Más de **294** familias recibieron productos básicos como cajas de alimentos, útiles escolares, pavos, y tarjetas de regalos a través de eventos de distribución

Visite nuestro sitio web, holyfamilyforall.org, para obtener información más detallada sobre el informe del programa 2024. Comuníquese con cualquier miembro del equipo de **HFP Caritas** para participar. ¡Estamos agradecidas por el apoyo de la comunidad y entramos al año nuevo con entusiasmo!



OGŁOSZENIA PARAFIALNE

III Niedziela Wielkiego Postu

23 marca 2025 r.

Trwa **okres Wielkiego Postu.**

Pamiętajmy, by w **piątki zachować post jakościowy**, czyli powstrzymać się od pokarmów mięsnych. Dotyczy to wszystkich pomiędzy 14 a 60 rokiem życia. W tym czasie zwróćmy również szczególną uwagę na **nasz rozwój duchowy poprzez modlitwę i ofiarność**, szczególnie względem biednych i poszkodowanych przez los.

W okresie Wielkiego Postu zapraszamy na **Drogę Krzyżową w piątki o godz. 19:00** oraz na **Gorzkie Żale w niedzielę po Mszy Św.**

W **sobotę, 29 marca**, zapraszamy wszystkich na **wieczorne czuwanie**, które rozpocznie się indywidualną adoracją Najświętszego Sakramentu o godz. 18:30 (w tym czasie można przystąpić do sakramentu pokuty) i nabożeństwem o godz. 19:00, po którym odprawiona zostanie Msza Święta. Intencje, w których chcemy modlić się w miesiącu marca, można składać na ołtarzu Matki Bożej. Formularze dostępne są w przedsionku kościoła.

Rekolekcje wielkopostne dla naszej polskiej społeczności odbędą się w dniach **3, 4 i 5 kwietnia** (czwartek, piątek i sobota) o godz. 19:00. Zakończenie rekolekcji w niedzielę **6 kwietnia** na Mszy Świętej o godz. 9:00.

Jak co roku, w okresie Wielkiego Postu, zachęcamy do uczestnictwa w akcji „**Rice Bowl**”, sponsorowanej przez **Catholic Relief Services** oraz do odpowiedzi na **apel biskupi**, zatytułowany „**Pielgrzymi nadziei: podążamy razem w wierze, nadziei i miłości**”, który dzięki finansowemu wsparciu nas wszystkich, zapewnia kontynuację wielu diecezjalnych programów ewangelizacji i katechezy.

Pamiętajmy o złożeniu naszej **ofiary na kwiaty wielkanocne**.

Życzymy wszystkim, byśmy wzbogaceni miłością Chrystusa w dzisiejszej Ofierze Mszy Świętej, potrafili dzielić się nią z bliźnimi każdego dnia nadchodzącego tygodnia.

PARISH ANNOUNCEMENTS

Third Sunday of Lent

March 23, 2025

The Lenten Season is underway. Please, remember to **abstain** from meat on Fridays. This is for all between the ages of 14 and 60. Also, remember to **enrich your Lenten spiritual journey by finding time for prayer and by helping those in need.**

During the Lenten Season, we invite everyone for **Stations of the Cross on Fridays at 7:00 p.m.** and for **Lamentations on Sundays after the Mass.**

On **Saturday, March 29th**, we invite everyone to an **evening vigil**, which will begin with an individual adoration of the Blessed Sacrament at 6:30 p.m. (during this time confession is available) and worship at 7:00 p.m., after which Mass will be celebrated. Intention forms can be found in the church vestibule.

The Lenten retreat for our Polish community will take place on **April 3, 4, 5** (Thursday, Friday, and Saturday) at 7:00 p.m. End of the retreat on Sunday, **April 6** at Holy Mass at 9:00 a.m.

Throughout Lent, we will continue to promote and support **CRS Rice Bowl** and the **Bishop's Annual Appeal - "Pilgrims of Hope: Journeying Together in Faith, Hope and Charity"**, which helps to ensure the continuation of Diocesan evangelization and catechesis programs.

Please remember to put your **donation for Easter Flowers.**



SAINT LADISLAUS CHURCH
@ HOLY FAMILY PARISH
A Sunday Reflection
by István Horváth

Third Sunday in Lent

Paul says to us, “Brothers and sisters, I do not want you to stay ignorant, that [even though] our ancestors ... all of them were baptized into Moses in the cloud and in the sea. All ate the same spiritual food, and all drank the same spiritual drink, ... [Despite all this], God was not pleased with most of them.” ICor 10:1-6,10-12

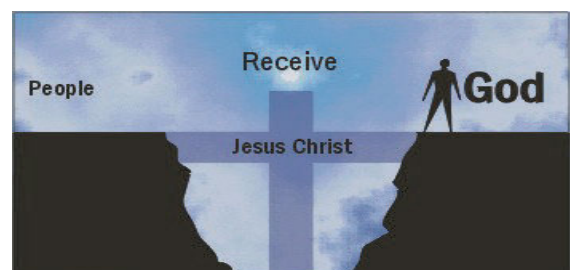
We might think that going to church, taking part in Communion and the Sacraments of the faith, and treating our loved ones with kindness is enough to enter the Kingdom of God, or it is what God asks of us, therefore we are doing His will. However, Saint Paul says to the Corinthians that this is not so. In fact, unless we are actively sacrificing for our neighbor or brethren, and offering it up, “everything for the glory of God;” (**ICor 10:24,31**) it is not His will!

We can’t expect to live off of the fat of the land, if all we end up doing with it is pleasing ourselves, because “I say to you, [you] have received [your] reward.” **Mt 6:2** We must take our gifts and “pass it forward”. If our needs have been met, then we should not complain and grumble that there are others that have received more. Whether it is knowledge or wealth they are beholden to the same rules. “For to whom much is given, from him much is expected, and of him that they entrust more, still more will be demanded.” **Lk 12:48, 19:12-27 Mt 25:14-30**

But when we are surrounded by good and fertile soil, by wealth and prosperity and the necessities of a good life, it is our responsibility to produce good and plentiful fruit and give back to our people, community and those in need with time, sacrifices and financial assistance. It is true that we must first “put on our own oxygen masks before assisting others,” but the point is that we must assist others; that is our duty as Christians.

So, when God bestows upon us the graces of knowledge and wisdom, understanding, perseverance, good counsel, humility and fear of God, the Gifts of the Holy Spirit, we need to put them to good use. Sharing them and their profits of moral fortitude and financial wellbeing with those that come to us in need and that we recognize as marginalized in our communities. The list is endless for how we can cultivate and gainfully invest our talents back into our communities and ultimately into society as a whole to fulfill our duties as Christians and Catholics and make our fig tree produce abundant fruit for Him. **Lk 13:6-9**

Let this Lenten season be that time to build towards our salvation. “For he says: ‘In an acceptable time I heard you, and on the day of salvation I helped you.’ **Is 49:8** Behold, now is a very acceptable time; behold, now [your] salvation is at hand.” **2Cor 6:2**



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