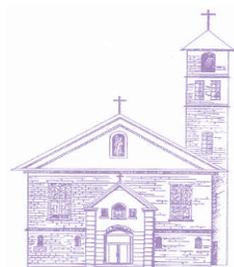


SAINT FRANCIS *of* ASSISI CHURCH

325 Cambridge Street • Cambridge, Massachusetts 02141

Telephone: 617-876-6754 • Fax 617-547-1505

Email: st_francis_42@yahoo.com



Parish Staff:

Very Reverend Walter A. Carreiro, V.F.

Reverend Jim Darcy
Reverend Cristiano G. B. Barbosa
Betty Saccoccio
John Ciampi
William Mahaney & Jane Hardy

Administrator
Email: fr.waltcar@gmail.com

Senior Priest / Weekend Assistant
Daily Mass Assistant
Director of Religious Education
Acolyte
Cantor and Organist

Mass Schedule:

Sunday	9:30 a.m.
Monday	7:00 a.m.
Tuesday	12:10 p.m.
Wednesday	7:00 a.m.
Friday	7:00 a.m.
Saturday	4:00 p.m. at Saint Anthony Church

Adoration of the Blessed Sacrament:

Tuesday 9:00 a.m. – 12:00 Noon

Sacrament of Reconciliation:

Saturday	3:00 p.m.-3:45 p.m. at St. Anthony's
Monday & Friday	following Mass
Tuesday	after Mass

Devotions:

Following the daily mass as follows:
Tuesdays Saint Anthony of Padua
Wednesdays Saint Jude the Apostle

Rectory Office Hours:

The Office is located at 400 Cardinal Medeiros Ave.

Monday – Thursday	10:00 a.m. – 4:00 p.m.
Friday, Saturday, & Sunday	Closed

Sacrament of Baptism:

The Sacrament of Baptism will be celebrated on the 3rd Sunday of each month (except the season of Lent) at Saint Anthony Church. A preparation class is required for parents and godparents on the 2nd Sunday of each month prior to the baptism. Please call the parish office to arrange for the baptism at least a month in advance

Sacrament of Matrimony:

Please contact a priest at least a year in advance to schedule your wedding

Pastoral Care of the Sick:

Please contact the parish office at (617) 876-6754 or one of the priests for a loved one to receive a visit and the Sacrament of the Sick.

Welcome to Saint Francis of Assisi Parish

We welcome you to our celebration today. If you wish to register as a member of the parish, please complete the following form and return it to us:

Name: _____

Telephone: _____

Address: _____

Email: _____

Mass Intentions	
February 22 · Sunday	
FIRST SUNDAY OF LENT	
4:00p.m.	<i>Saturday Vigil Mass at Saint Anthony Church</i>
5:00 p.m.	<i>Saturday Vigil Mass at Sacred Heart Church</i>
9:30 a.m.	Benedict Spera
February 23 · Monday	
Lenten Weekday	
7:00 a.m.	Intentions of the Parishioners
February 24 · Tuesday	
Lenten Weekday	
12:10 p.m.	Joan DeGuglielmo
February 25 · Wednesday	
Lenten weekday	
7:00 a.m.	
February 26 · Thursday	
Lenten Weekday	
	~No Mass~
February 27 · Friday	
Lenten Weekday	
7:00 a.m.	
March 1 · Sunday	
SECOND SUNDAY OF LENT	
4:00p.m.	<i>Saturday Vigil Mass at Saint Anthony Church</i>
5:00 p.m.	<i>Saturday Vigil Mass at Sacred Heart Church</i>
9:30 a.m.	Anna & Augustus Scolles

Our Weekly Offerings	
February 22nd	\$
The bulletin was printed prior to the availability of results.	
Thank you very much for the gifts & weekly offertory donations which are signs of your faith & your commitment for the financial well-being of our parish community. God bless you with His grace & most precious gifts!	

What is the Church's official position concerning penance and abstinence from meat during Lent?

In 1966 Pope Paul VI reorganized the Church's practice of public penance in his "Apostolic Constitution on Penance" (*Poenitemini*). The 1983 revision of the Code of Canon Law incorporated the changes made by Pope Paul. Not long after that, the U.S. bishops applied the canonical requirements to the practice of public penance in our country.

To sum up those requirements, Catholics between the ages of 18 and 59 are obliged to fast on Ash Wednesday and Good Friday. In addition, all Catholics 14 years old and older must abstain from meat on Ash Wednesday, Good Friday and all the Fridays of Lent.

Fasting as explained by the U.S. bishops means partaking of only one full meal. Some food (not equaling another full meal) is permitted at breakfast and around midday or in the evening—depending on when a person chooses to eat the main or full meal.

Abstinence forbids the use of meat, but not of eggs, milk products or condiments made of animal fat. Abstinence does not include meat juices and liquid foods made from meat. Thus, such foods as chicken broth, consomme, soups cooked or flavored with meat are not forbidden. So it is permissible to use margarine and lard. Even bacon drippings which contain little bits of meat may be poured over lettuce as seasoning.

The obligation to do penance is a serious one; the obligation to observe, as a whole or "substantially," the days of penance is also serious. But no one should be scrupulous in this regard; failure to observe individual days of penance is not considered serious. Moral theologians remind us that some people are excused from fasting and/or abstinence because of sickness or other reasons.

In his "Apostolic Constitution on Penance," Pope Paul VI did more than simply reorganize Church law concerning fast and abstinence. He reminded us of the divine law that each of us in our own way do penance. We must all turn from sin and make reparation to God for our sins. We must forgive and show love for one another just as we ask for God's love and forgiveness.

The Code of Canon Law and our bishops remind us of other works and means of doing penance: prayer, acts of self-denial, almsgiving and works of personal charity. Attending Mass daily or several times a week, praying the rosary, making the way of the cross, attending the parish evening prayer service, teaching the illiterate to read, reading to the blind, helping at a soup kitchen, visiting the sick and shut-ins and giving an overworked mother a break by baby-sitting—all of these can be even more meaningful and demanding than simply abstaining from meat on Friday.

Adoration of the Blessed Sacrament

Tuesdays at Saint Francis of Assisi Church

All are welcome, invited and encouraged to pray at the chapel at Saint Francis of Assisi Parish each Tuesday morning from 9:00a.m. – 12:00 Noon for Exposition and Adoration of the Blessed Sacrament. Following benediction at Noon, daily Mass is celebrated.

Thursdays at Saint Anthony Parish

All are encouraged to pray before the Blessed Sacrament in the chapel at Saint Anthony Parish for Exposition and Adoration from 9:30a.m. – 6:30 p.m. Immediately following Benediction daily Mass is celebrated in Portuguese.

Pope Francis' Message for Lent 2015

Strong hearts overcome indifference ·

In order to overcome “the globalization of indifference”, we must have a “heart which is firm and merciful, attentive and generous”, which “realizes its own poverty and gives itself freely for others”. Francis wrote this in his Message for Lent, which was published on Tuesday morning, 27 January on the theme: “Make your hearts firm” (Jas 5:8). In denouncing the “selfish attitude” which makes us indifferent to the suffering of others and which today has a worldly dimension, the Pontiff recalled that the Church “is missionary by her very nature; she is not self-enclosed but sent out to every nation and people”. The Holy Father then called for parishes and communities to be transformed into “islands of mercy in the midst of the sea of indifference!”, avoiding the temptation to take refuge in “universal love that would embrace the whole world, while failing to see the Lazarus sitting before our closed doors”.

In order to be faithful to this mission, the Pope invited us to live the communion of saints in which, he explains, “no one possesses anything alone, but shares everything with others. And since we are united in God, we can do something for those who are far distant, those whom we could never reach on our own”. Francis then urged not to let ourselves be caught up in the “spiral of distress and powerlessness”, triggered by the spread “news reports and troubling images of human suffering”, but which increase our sense of helplessness. In addition to prayer, he suggested that we continue on the path of conversion since, he recalls, the needs of the brethren remind me of “the uncertainty of my own life and my dependence on God and my brothers and sisters”.



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