MONDAY
Live Stream from OLGH
Adoration 5:30pm, Mass 6:30pm

TUESDAY: 8am Mass at St. Bernard

WEDNESDAY 2:00 - 6:00pm
Live Adoration
St. Bernard Church Parking Lot
Facing Rectory Window: Stay in Car
(Confession available in parish hall with Fr. Bob.)

WEDNESDAY at St. Francis of Assisi
Adoration 5:30pm, Mass 6:30pm

THURSDAY Live Stream from St. Bernard
Adoration 5:30pm, Mass 6:30pm

FRIDAY Live Stream Mass 8am from St. Francis

Or by appointment:
• Fr. Hyacinth, call 930-9869
• Fr. Bob (parish hall), call 551-7974

Weekend Mass Schedule
(For weekend live stream schedule see p.3)

SATURDAY
4:00pm Our Lady of Good Hope, Camden
4:00pm St. Francis of Assisi, Belfast
6:00pm St. Bernard, Rockland

SUNDAY
8:00am St. Bernard, Rockland
8:30am St. Francis of Assisi, Belfast
11:00am Our Lady of Good Hope, Camden
11:00am St. Bernard, Rockland

Church Doors Are Open
Weekdays from 12:00pm-3:00pm

Sacrament of Reconciliation (Confession)

Half hour before Mass:
• Fr. Hyacinth in parish hall
• Fr. Bob in parish hall
Wednesdays, 2-6pm St. Bernard Parish Hall

"Come after me, and I will make you fishers of men."
Mark 1: 17
A Prayer Amid an Epidemic

Jesus Christ, you traveled through towns and villages “curing every disease and illness.” At your command, the sick were made well. Come to our aid now, in the midst of the global spread of the coronavirus, that we may experience your healing love.

Heal those who are sick with the virus. May they regain their strength and health through quality medical care.

Heal us from our fear, which prevents nations from working together and neighbors from helping one another.

Heal us from our pride, which can make us claim invulnerability to a disease that knows no borders.

Jesus Christ, healer of all, stay by our side in this time of uncertainty and sorrow. Be with those who have died from the virus. May they be at rest with you in your eternal peace.

Be with the families of those who are sick or have died. As they worry and grieve, defend them from illness and despair. May they know your peace.

Be with the doctors, nurses, researchers and all medical professionals who seek to heal and help those affected and who put themselves at risk in the process. May they know your protection and peace.

Be with the leaders of all nations. Give them the foresight to act with charity and true concern for the well-being of the people they are meant to serve. Give them the wisdom to invest in long-term solutions that will help prepare for or prevent future outbreaks. May they know your peace, as they work together to achieve it on earth.

Whether we are home or abroad, surrounded by many people suffering from this illness or only a few, Jesus Christ, stay with us as we endure and mourn, persist and prepare. In place of our anxiety, give us your peace. Jesus Christ, [Wounded Healer], heal us.

By Kerry Weber, executive editor of America Magazine.

UPDATED NOTE ON FACE COVERINGS: The latest Executive Order signed by Governor Janet Mills states all owners and operators of all indoor public spaces must not allow those who refuse to wear a face covering to enter or remain in their venue. We continue to be blessed to be able to gather for Mass to celebrate God’s Word and share in the Holy Eucharist as a parish family, but be reminded that proper and effective face covering must be worn during Mass and must be properly worn, covering the entire nose and mouth, through the entirety of the Mass. This is for all parishioners who are attending our Masses. You may adjust your face mask when receiving Communion: After you receive the Host you may step aside, remove your mask to place the Host in your mouth, then place your face mask back on and return to your pew. The wearing of face masks properly and for the duration of Mass is essential for the protection and safety of all churchgoers, and is an act of Christian charity. Wearing a face mask at this time is a sacrifice we can ask Our Lord for the strength to bear—and He will help us! We thank you for helping to keep all of us safe by doing so.

SANITIZE HANDS
KEEP 6 FEET
Wear Face Covering

A REMINDER
Additional Options for Sacrament of Reconciliation and Reception of Communion At This Time

By permission of the Diocese, our priests will be able to offer Holy Communion to people in their cars after all Masses. Please park close to the church, have car lights on and keep an eye out for parishioners helping the priest locate those who would like to receive. (A plus would be viewing a livestream Mass on a phone or device in the car before receiving.) Please wear a face mask.

In addition to the schedule on the front of the bulletin, for the Sacrament of Confession you may make an appointment with Father Bob or Father Hyacinth. You may also ask to receive Communion at that time. Their contact information is:

Father Hyacinth: 930-9869 or Father Bob at 551-7974

Options for Attending Mass at This Time (January 24, 2021)

Please remember Bishop Robert Deeley’s dispensation from Sunday Mass is still in effect. Below are options for attending Mass—in person or live-streamed. See the front page of the bulletin for both the weekend and weekday schedule.

1. Regular Mass Schedule with 50 People in Church.

   The latest guidelines allow for up to 50 people in our churches, 50 people in cordoned-off halls, depending on space needed for distancing. The same safety guidelines are still in place: please wear face masks and keep 6 feet apart. If you’re not feeling well, please stay home for your well-being and others. Names/contact information of attendees are needed before each Mass in case someone comes down with the virus, so please leave extra time for that when coming to Mass.

2. Live Stream: See the “LS” notation on the Mass Intention schedule (p. 3) for the Live Stream Mass schedule. Masses will appear live-streamed on our Facebook page at: https://www.facebook.com/stbrendanparishmaine

   Masses will be uploaded to our YouTube channel as well: https://www.youtube.com/c/StBrendantheNavigatorParishofMaine
   - Online Mass guide for streaming Masses: https://mass-online.org/daily-holy-mass-live-online
   - TV: EWTN, Channel 27: at 8am, 12pm, 7pm

AUDIO TIP: Hard to hear live-stream Masses? Try using external speakers with your device—makes a huge difference!
**PASTORAL STAFF**
Staff email addresses: firstname.lastname@portlanddiocese.org

Rev. Robert Vaillancourt, Pastor  
207-551-7974

Rev. Hyacinth Fornkwa, Parochial Vicar  
207-930-9869

Deacon Robert Cleveland

**OFFICE**
Address: 7 Union St. Camden, ME 04843  
Phone: 207-236-4785  
Fax: 207-236-9422

For Priest Sick Call ONLY: 207-551-7974

For Parish Social Worker, Jeanne Denny, 207-390-1763

Office Hours: M,T & Th: 8:30am-3:30pm, Wed.- 8:30am - 12:30pm

Email: stbrendan@portlanddiocese.org

Belfast Rectory: 207-930-7044  
Rockland Rectory: 207-594-0233

Website: [http://www.stbrendanparish.net](http://www.stbrendanparish.net)

Facebook: [https://www.facebook.com/stbrendanparishmaine](https://www.facebook.com/stbrendanparishmaine)

Parish email list: Contact Christine Fee (firstname.lastname@portlanddiocese.org)

Additional St. Francis email list: Contact the office.

Staff email addresses: firstname.lastname@portlanddiocese.org

**PASTORAL LIFE & FAITH FORMATION STAFF**
Christine Fee, Pastoral Life Coordinator  
Sr. Kathleen Luppens, Parish Catechetical Leader  
Paulette Spera, Faith Formation Coordinator, OLGH

**ADMINISTRATIVE STAFF**
Karol Skoby, Business Coordinator  
Penny Wolfe, Office Manager  
Paula Williamson, Safe Environment Coordinator  
Michael Colson, Custodial  
Kevin Bailey, Custodial  
Rich Norman, Soup Kitchen Supervisor  
Jeanne Denny, Social Worker (Contact: 207-390-1763)

**SACRAMENTAL LIFE**
Baptism: If you are planning to have a child baptized please call the Parish Office, 207-236-4785, two months prior to the birth.

Marriage Preparation and Ceremony: All couples planning a wedding should contact the parish office at least one year prior to their planned wedding date so that the church or mission can be reserved and the necessary preparation can be discussed.

Anointing the Sick / Communion at home: If you know of a parishioner in need, please call the Parish Office, 236-4785.

Sacrament of Reconciliation: Available during the half-hour before each weekend Mass or by appointment.

**TO RECEIVE PARISH-WIDE EMAILS**, send an e-mail with your name and church you attend most often to Christine Fee at Christine.Fee@portlanddiocese.org

**TO ADD NAME TO PARISH PRAYER CHAIN** send an email to Kathy Daley at daleykathy90@gmail.com

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**LITURGY OF THE EUCHARIST (MASS TIMES)**

**Saturday, January 23, 2021 – Vigil: Third Sunday in Ordinary Time**

- **4:00pm St. Francis** Fr. Hyacinth  
  Mary B. Lucas by Elaine Witt

- **4:00pm OLGH** Fr. Bob **LS**  
  Molly and Bill Brown by the family

- **6:00pm St. Bernard** Fr. Bob  
  Living Intention for our children by Tadeusz & Alicja Strzalka

**Sunday, January 24, 2021 – Third Sunday in Ordinary Time**

- **8:00am St. Bernard** Fr. Bob  
  Deceased parents & grandmother by Marilyn & Mike Lustgarten

- **8:30am St. Francis** Fr. Hyacinth  
  Living Intention in Thanksgiving to All the Volunteers Who Helped with the Outdoor Masses at St. Brendan

- **11:00am OLGH** Fr. Hyacinth **LS**  
  Helen McAuliffe by Pat McAuliffe & Family

- **11:00am St. Bernard** Fr. Bob  
  Pro Populo

**Monday January 25**

- **6:30pm OLGH** Fr. Hyacinth **LS**  
  Kristine Pagano by The Haming Family

**Tuesday January 26**

- **8:00am St. Bernard**  
  Living Intention for the Pfeifer Family by Jane Spurrier

**Wednesday January 27**

- **8:00am OLGH**  
  John Tschupp by Siobhan and Alex Gilmore

- **6:30pm St. Francis** Fr. Hyacinth  
  All Souls by the Parish

**Thursday January 28**

- **Masses at Maine State Prison are suspended at this time—please pray for the inmates and their families.**

**Friday January 29**

- **6:30pm St. Bernard** Fr. Bob **LS**  
  Jeremy Lord by the family

**Saturday, January 30, 2021 – Vigil: Fourth Sunday in Ordinary Time**

- **4:00pm St. Francis** Fr. Bob **LS**  
  Timothy Donnelly by Siobhan and Alex Gilmore

- **4:00pm OLGH** Fr. Hyacinth  
  True Edward Moro by Grandma Jean & Grandpa Steve Moro

**Sunday, January 31, 2021 – Fourth Sunday in Ordinary Time**

- **6:00pm St. Bernard** Fr. Hyacinth  
  Pro Populo

**Saturday, February 6, 2021 – Third Sunday in Ordinary Time**

- **8:00am St. Bernard** Fr. Hyacinth  
  Anna Stanislaw by Tadeusz & Alicja Strzalka

- **8:30am St. Francis** Fr. Bob  
  Kevin Witt by Sue Woehler

- **11:00am OLGH** Fr. Bob  
  John Daly by OLGH Women's Club

- **11:00am St. Bernard** Fr. Hyacinth **LS**  
  Deceased Members of Limerock K of C by Limerock K of C

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**Please pray for the recently deceased of our parish, especially:**

Virginia Cobb Semancik  
William Hartman

Father Bob, Father Hyacinth and Deacon Bob wish to thank parishioners for all your kindness, well wishes and generosity this past Christmas—truly humbled at the love which you show!
The WORD 2021 will help you find clarity, hope, and joy, even in the midst of uncertain times. Join us and discover:

- How to find unshakeable hope and peace no matter what you're going through.
- How to break open the Bible and hear what God is saying to you right now.
- The keys to unlocking a deeper prayer life.
- Where to turn in times of suffering.
- The keys to overcoming doubt and share your faith with others.
- How to find balance and recalibrate your family with the Word of God.

FIND OUT MORE: https://www.cardinalstudios.org/catholic-bible-summit-home

THAT MAN IS YOU!

That Man Is You! is up and running again! We meet on Saturdays at 8am at Our Lady of Good Hope in Camden. (No food or drink is allowed to be distributed but you may bring your own.) That Man is You! is an interactive men's program focused on the development of men in the modern world. It combines the best scientific research with the teachings of the Catholic faith and the wisdom of the saints to develop the vision of authentic men capable of transforming themselves, their families and greater society.

New members are welcome! To find out more, contact Joe Cammelleri at 975-4634 or email jccam@tidewater.net.

Q&A: COMMUNION WAFER

Question: Do Catholics always need to receive communion in wafer form, or can it be different kinds of bread?

Answer:
In the Roman Rite of the Catholic Church, the most common form for the eucharistic bread is the small white communion “wafer” that is a ubiquitous part of the Catholic Mass. The instructions of the Church have been very specific regarding the make-up of the bread used in the Mass: “The bread used in the celebration of the Most Holy Eucharistic Sacrifice must be unleavened, purely of wheat, and recently made ... it follows therefore that bread made from another substance, even if it is grain, or if it is mixed with another substance different from wheat to such an extent that it would not commonly be considered wheat bread, does not constitute valid matter for confecting the Sacrifice and the Eucharistic Sacrament” (see Redemptionis Sacramentum by the Congregation for Divine Worship and the Discipline of the Sacraments, no. 48).

The Church’s tradition of using a wheat-based bread is based on the bread that Jesus would have used at the Last Supper and is considered to be an essential part of the “matter” of the Sacrament of the Eucharist.

As we consider the question of whether a “wafer” — which is properly called a “host” — should be used, we also must keep in mind that in the Eastern Rites of the Catholic Church, leavened (i.e. “raised”) bread is more often used.

And so, while the thin, white “wafer” is most commonly used in the Roman Rite of the Church, the full expression of the Catholic tradition does allow for a more substantial form of bread to be used, but the tradition of using a simple wheat bread with no other additions or additives is considered essential.

©LPi
READING 1: JON 3:1-5, 10

The word of the LORD came to Jonah, saying: “Set out for the great city of Nineveh, and announce to it the message that I will tell you.” So Jonah made ready and went to Nineveh, according to the LORD’S bidding. Now Nineveh was an enormously large city; it took three days to go through it. Jonah began his journey through the city, and had gone but a single day’s walk announcing, “Forty days more and Nineveh shall be destroyed,” when the people of Nineveh believed God; they proclaimed a fast and all of them, great and small, put on sackcloth. When God saw by their actions how they turned from their evil way, he repented of the evil that he had threatened to do to them; he did not carry it out.

RESPONSORIAL PSALM: PS 25:4-5, 6-7, 8-9

R. (4a) Teach me your ways, O Lord.  
Your ways, O LORD, make known to me; teach me your paths,  
Guide me in your truth and teach me, for you are God my savior.  
R. Teach me your ways, O Lord.  
Remember that your compassion,  
O LORD, and your love are from of old.  
In your kindness remember me,  
because of your goodness, O LORD.  
R. Teach me your ways, O Lord.

READING 2: 1 COR 7:29-31

I tell you, brothers and sisters, the time is running out. From now on, let those having wives act as not having them, those weeping as not weeping, those rejoicing as not rejoicing, those buying as not owning, those using the world as not using it fully. For the world in its present form is passing away.

GOSPEL ACCL.: Mk 1:15

R. Alleluia, alleluia.  
The kingdom of God is at hand. Repent and believe in the Gospel.  
R. Alleluia, alleluia.

GOSPEL: Mk 1:14-20

After John had been arrested, Jesus came to Galilee proclaiming the gospel of God: “This is the time of fulfillment. The kingdom of God is at hand. Repent, and believe in the gospel.” As he passed by the Sea of Galilee, he saw Simon and his brother Andrew casting their nets into the sea; they were fishermen. Jesus said to them, “Come after me, and I will make you fishers of men.” Then they abandoned their nets and followed him. He walked along a little farther and saw James, the son of Zebedee, and his brother John. They too were in a boat mending their nets. Then he called them. So they left their father Zebedee in the boat along with the hired men and followed him.
**SECOND COLLECTION**
**January 23rd/24th**
**Collection for the Church in Latin America**

Blessed Virgin of Guadalupe, Patroness of all America, your appearance at Tepeyac began the evangelization of the peoples of the Americas. From you was born our Liberator and Savior, Jesus Christ, Who broke for us the chains of sin and death and brings us the promise of life eternal.

In these challenging times, we ask you to intercede for us, O Blessed Mother, that we might reject the idols of power, wealth, and fleeting pleasure, and instead be renewed in zeal for love of your Son and for our neighbors.

May we embrace all the peoples of Latin America as brothers and sisters of your Son, proclaiming to them the Good News of God’s unfailing mercy.

Mary, Mother of God, shelter us in your mantle as you sheltered Juan Diego and countless missionaries and disciples who proclaimed your Son as God and King, and lead us to serve him with joy, love, and hope today and all our days.

Amen.

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**BABY BOTTLE DRIVE**

This year the Zoe (formerly CareNet) Baby Bottle Fundraiser looks a little different, but the goal and heart has remained the same.

From January 17 to February 21 you have the ability to donate online at www.zoeawomenscenter.org/baby-bottles. You can also donate online via the St. Brendan the Navigator Parish’s WeShare system by going to https://stbrendanparish.weshareonline.org/ and look for the Baby Bottle Drive icon. Mothers and babies thank you!

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**ST. BERNARD SOUP KITCHEN**

For the week of January 4, 2020, we provided
M - 52, T - 50, W - 52, T - 53, F - 52

We work closely with AIO, Thomaston Food Pantry, and the Knox County Homeless Coalition to share food to help feed our community. Another great job by our cooks.

Call Rich Norman at 691-6400.

Soup Kitchen donations 1/17/21: $125.00

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**WINTER PLANNING**

At St. Francis: A reminder to the folks in Belfast that when it snows, parking on all blocks in the vicinity of the church must be on one side only—for Court Street it is the NE side (opposite the church). On Elm, Park, and Grove it is the first parker who sets the side... This is to allow emergency vehicles access on our narrow streets.

**Storm Cancellation Policy**

If school is delayed or cancelled, there will be no weekday Mass and/or Morning Prayer. For the latest on cancellations of Masses, Faith Formation classes and parish events, please go to WCSH6 or Bangor Daily News online.

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"We ourselves feel that what we are doing is just a drop in the ocean. But if that drop were not there, I think the ocean would be less by that missing drop."  

St. Teresa of Calcutta