

FIRST SUNDAY OF
LENT



WEEKEND MASS

Saturday

4:00 PM Sacred Heart

Sunday

7:30 AM Sacred Heart

9:15 AM St. Philip

11:00 AM Sacred Heart

WEEKDAY MASS

Monday—Thursday

7:45 AM

Sacred Heart

CONFESSION

Saturday

2:45 PM

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24 Sacred Heart Place (207)782-8096

Office Hours: Mon—Thu 8:30 to 3:30 (Closed Fridays)

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Fr. Robert D. Lariviere, Pastor

Deacon Denis Mailhot

St. Philip Church

2365 Turner Road

Sacred Heart Church

8 Sacred Heart Place

Corner of Minot & Western Avenue

GOSPEL MEDITATION - ENCOURAGE DEEPER UNDERSTANDING OF SCRIPTURE

February 21, 2021
1st Sunday of Lent

St. Oscar Romero said, "Aspire not to have more, but to be more." These powerful words provide the perfect framework for a conversion oriented Lenten experience. God is giving us this Lenten sign to stop being concerned about what you have and focus on who you are. This requires that we create a desert space and listen more attentively for God to reveal His presence. It is all so wonderfully simple on the one hand and so incredibly challenging on the other. The message is simple: love God, neighbor, and self. Those simple words make great sense, but we struggle translating them into reality. Our attachments, compulsions, obsessions, addictions, routines, and busyness all anchor us to the "idol of the self," keeping us mired in our compulsive need for self-aggrandizement. It's not about us!

God vowed, long ago, to nurture, sustain and protect the relationship He has with His people. He called us into being, nurtures us in being, and sustains us in being. Without the Loving Divine Presence, all life would cease. Once we slow down a bit and clear away some of the clutter, we can see how the journey of our life is unfolding. We can see what brings us in and out of tune with God's love and how we can better imitate God's loving fidelity in our relationship with Him. In short, we will see our myopic short sightedness and figure out how we can better share the Divine Fire within with others. Lent isn't just about giving stuff up for forty days and indulging again at Easter. We need to push things much farther and wrestle with the question of how we can be more. "Being more" means becoming more fully alive and in touch with the holiness of life and the divinity that lives in and empowers all beings and things. It is realizing that the "quality" of our presence is crucial to being an effective witness and herald of God's unconditional love.

The illusion we have bought into causes us to believe that the wrong things and systems matter. We tirelessly fight to keep things the way they are, to return to the former ways of doing things or restore some nostalgic fantasy memory of "life in the good old days." Lent isn't about maintaining what we have or returning to something that is gone. It's about becoming something new. It's about being more focused, centered, convicted, and grounded so that we can be a person who truly loves and treasures being made in the image of God. The secret to Gospel living is not found in accumulating anything for ourselves, even merit points for heaven. Gospel living means learning how to live with less so that others can live with more. The thought of permanently giving something up makes us feel uncomfortable. Truth often does. ©LPi



March Session #6 - Written on Stone Chiseled in Your Heart

| | | |
|-------------|-------|--------------|
| Sunday 2/28 | 10:30 | St. Philip |
| Sunday 3/7 | 9:30 | Sacred Heart |



The Catechesis of the Good Shepherd for Ages 3-6 at Sacred Heart Parish Center in the atrium classroom. Helping your children learn about Jesus and their faith in a Montessori style setting. Contact Janet Dehetre 577-7022 or Bonnie Stone 783-9608 for more information. *Sessions observe all guidelines for safety and social distancing. A mask or other approved face covering must be worn by everyone at all times.*

Weekly Lenten Events Immaculate Heart of Mary

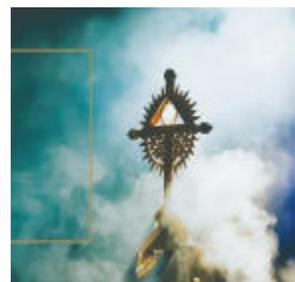
Stations of the Cross (Sacred Heart)

Friday at 6:00 PM



Lenten Evening Prayer with Adoration and Benediction (Sacred Heart)

Sunday at 4:00 PM



Stewardship Offering

February 14 \$ 5,431 (basket)
\$ 1,518 (online)



This weekend there will be a collection for the Native Americans and Black Missions. Every year, it is the amazing generosity of Catholic faithful just like you who enable the Black and Indian Mission Office to support the following important priorities: Enlivening Parish Life & Catechesis, Helping Educators Reach Kids, Encouraging Vocations, Empowering Evangelizers. This collection exists to help communities build the Church and preach the Gospel of Jesus among the African American, Native Americans and Alaska Native people of God. Thank you for your support.



**Lenten Inspiration
for Families**
with Kathy Hendricks
February 28, 2021
4-5pm



Free webinar for parents, guardians, catechists, & leaders

The Office of Lifelong Faith Formation is excited to partner with William H. Sadlier, Inc. to offer a free webinar for parents, guardians, catechists, and parish leaders:

**“Lenten Inspiration for Families” with National Speaker
Kathy Hendricks**
Sunday, February 28, from 4 p.m. to 5 p.m.

The three Lenten practices (prayer, penance, and almsgiving) offer a particular way of being lived out within the home. This is especially true as we navigate these challenging times. Join us for a webinar on ideas for families that mesh with the fabric of their lives during the six weeks of Lent. Kathy Hendricks, a national catechetical consultant for William H. Sadlier, will offer suggestions for resources, online inspiration, and ways of connecting home and parish. Hendricks is also a contributing writer for their programs, including the *Christ in Us* catechetical series. Kathy offers talks and retreats across the country on catechesis, spirituality, and family and is the author of several books.

Note: the webinar will not be recorded. To register, visit <https://register.gotowebinar.com/register/6470011715186081550>.



Question: Are Catholics still supposed to abstain from meat on Fridays throughout the year?

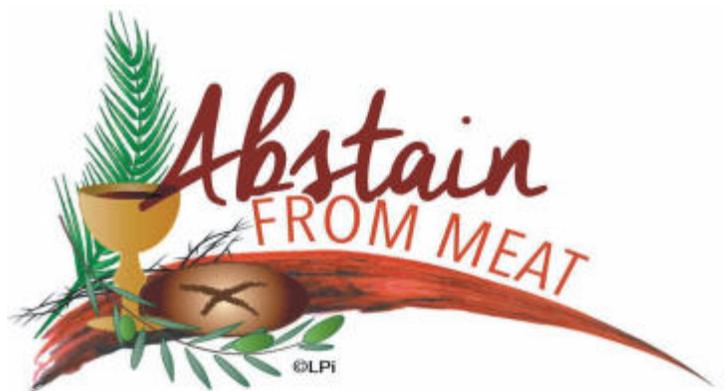
Answer: Lent has just begun and Catholics are aware of the obligation of abstaining from meat on Fridays during the Lenten season. But what about the rest of the year?

For centuries, meatless Fridays were the norm for Catholics throughout the world. Friday was chosen because that was the day on which Jesus died, and Christians wanted to find a way to honor that day with special prayers and acts of penance and self-denial. The practice of abstaining from meat on Fridays — under pain of sin — grew out of that desire, and is still part of Church teaching .

In the 1960s, there was a shift in the Church’s thinking, in large part because there was a recognition that differences in cultures and economic realities meant that eating or not eating meat had different meanings for different peoples. For example, in cultures that were largely dependent on seafood or a vegetarian diet, abstaining from meat was no sacrifice at all. While in other places, eating fish and other kinds of seafood was actually something rare and special and not a sacrifice. This was all part of a basic reflection on “why we do what we do” among the Church’s pastors.

Today, Catholics throughout the world are still instructed to abstain from meat on the Fridays of Lent. The Bishops of the United States urge Catholics to honor **EVERY Friday throughout the year** as a special day by abstaining from meat Friday or by taking on some other work of penance or charity for the sake of others.

Regardless of what we choose to do, the real value in all of this is to see a reflection of Good Friday in each Friday, to remember the self-giving love of Jesus, and to honor that love through some sort of sacrifice or act of mercy. LPI



PRAY TO END ABORTION



40 Days for Life Augusta

This year's prayer vigil will **continue until** March 28th. Prayer vigils will be held on Gabriel Drive in Augusta, across from Family Planning. Because of the coronavirus, social distancing and wearing a mask will be the smart thing for the protection of all vigil participants when applicable. Hourly timeslots are from 8 am to 8 pm.

To sign up please contact Judy at 207 872-6558, or send an email to **Judy Icenogle, Augusta - Vigil Coordinator**
ricejuice@twc.com

"Virtual" presentations by Don Smith

An in-depth study of Paul's first letter to the Thessalonians. It is the earliest document of the New Testament canon, written less than 20 years after Jesus' death and resurrection.

The first presentation can be found here:

<https://www.youtube.com/watch?v=Y9gREiluFGY>

A close-up photograph of a person's hands clasped in prayer, with a soft, warm light illuminating the scene.

Prayer
Fasting &
Almsgiving

©LPI



MASS INTENTIONS

Saturday 2/20 4:00 pm Sacred Heart
Leo Roy by George & Shelley Harris

Sunday 2/21 7:30 am Sacred Heart
Richard Pelletier by Wife Margaret & Family
9:15 am St. Philip
Immaculate Heart of Mary Parishioners
11:00 am Sacred Heart
Girard Bellavance by son James

Monday 2/22 7:45 am Sacred Heart
Maria Ut by Tam Ha Family

Tuesday 2/23 7:45 am Sacred Heart
Rolande Dube by Richard & Ellen Dube

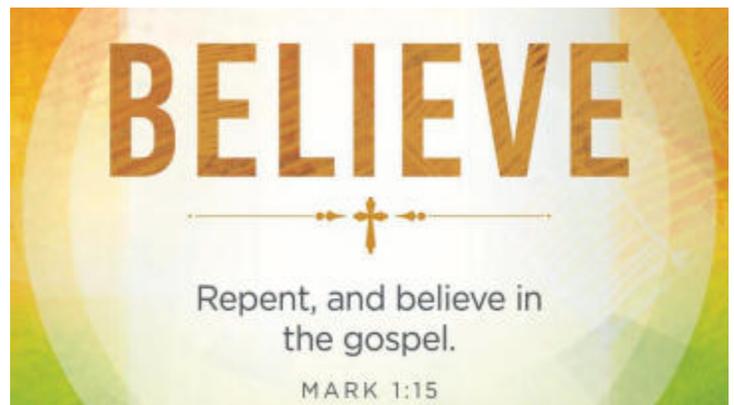
Wednesday 2/24 7:45 am Sacred Heart
Muriel Davis by Bergeron Family

Thursday 2/25 7:45 am Sacred Heart
Deceased Loved Ones of Parishioners

Friday 2/26 7:45 am Sacred Heart
NO MASS

Saturday 2/27 4:00 pm Sacred Heart
Sr. Lizbeth by Lorraine luce

Sunday 2/28 7:30 am Sacred Heart
Lucienne Norton by Family
9:15 am St. Philip
Carol Reeves by Brenda Pinkham
11:00 am Sacred Heart
Immaculate Heart of Mary Parishioners



Readings for the Week of February 21, 2021

Sunday: Gn 9:8-15/Ps 25:4-5, 6-7, 8-9 [cf. 10]/1 Pt 3:18-22/Mk 1:12-15

Monday: 1 Pt 5:1-4/Ps 23:1-3a, 4, 5, 6 [1]/Mt 16:13-19

Tuesday: Is 55:10-11/Ps 34:4-5, 6-7, 16-17, 18-19 [18b]/Mt 6:7-15

Wednesday: Jon 3:1-10/Ps 51:3-4, 12-13, 18-19 [19b]/Lk 11:29-32

Thursday: Est C:12, 14-16, 23-25/Ps 138:1-2ab, 2cde-3, 7c-8 [3a]/Mt 7:7-12

Friday: Ez 18:21-28/Ps 130:1-2, 3-4, 5-7a, 7bc-8 [3]/Mt 5:20-26

Saturday: Dt 26:16-19/Ps 119:1-2, 4-5, 7-8 [1b]/Mt 5:43-48

Next Sunday: Gn 22:1-2, 9a, 10-13, 15-18/Ps 116:10, 15, 16-17, 18-19 [9]/Rom 8:31b-34/Mk 9:2-10

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