



2nd SUNDAY OF LENT

Jesus took Peter, James, and John and led them up a high mountain apart by themselves. And he was transfigured before them, and his clothes became dazzling white, such as no fuller on earth could bleach them. - Mk 9:2-3

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

WEEKEND MASS

Saturday

4:00 PM Sacred Heart

Sunday

7:30 AM Sacred Heart

9:15 AM St. Philip

11:00 AM Sacred Heart

WEEKDAY MASS

Monday—Thursday

7:45 AM

Sacred Heart

CONFESSION

Saturday

2:45 PM

24 Sacred Heart Place (207)782-8096

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Fr. Robert D. Lariviere, Pastor

Deacon Denis Mailhot

St. Philip Church

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Sacred Heart Church

8 Sacred Heart Place

Corner of Minot & Western Avenue

GOSPEL MEDITATION - ENCOURAGE DEEPER UNDERSTANDING OF SCRIPTURE

February 28, 2021
2nd Sunday of Lent

A pregnant woman was walking in the store and met an old friend. Her friend exclaimed, "You are absolutely beaming!" The new life God placed in her womb radiated throughout her body. It was brightly visible on her face and in her eyes. Transformation and change usually happen from the inside out. It is very rare that simply imposing structure from the outside does any good. Yes, it is true that routines and habits can change when things are done differently. But, for this change to last there has to be an interior renewal and metamorphosis as well. Simply regulating behavior and bringing someone into conformity with accepted protocols doesn't mean their heart and soul come with them.

Peter was a homeless man who lived in a very remote and rudimentary tent community. He was happy to make his daily trip to McDonald's and always welcomed a gift card or two so that he could buy some coffee and something to eat. A generous advocate worked to secure him an apartment in hopes of moving Peter out of his makeshift housing and into something safer. Peter finally got the grand tour of his new "digs," received his own key, remarked how wonderful the place was, closed the door behind him when they left and never returned. He preferred his tent. No matter how much things changed on the outside, Peter was happy where he was. A poignant lesson was learned that day.

How is your Lent going? By now you ought to have a sense of whether you're really "into it" this year and something transformational is happening. For many, it's only the stuff on the outside that changes for a few weeks and then they return to business as usual. For others, there are some real inner changes happening that are deepening their relationships with God, others, self, and creation. If we are serious about moving to a new place and radiating with the presence of new life and joy, then we have to clear the way to listen for God's call. Then, there is God's request to change things up a bit and order our lives differently. After realizing we have been called and given a mission, we have to trust that this is where we need to be. And then, after all of this hard work we are asked to act. The fruit that is revealed will indicate whether our journey is authentic. The brilliance of conversion will begin to shine on our faces as we contemplate the One to whom we are asked to listen.

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March Session #6 - Written on Stone Chiseled in Your Heart

Sunday 3/7 9:30 Sacred Heart



The Catechesis of the Good Shepherd for Ages 3-6 at Sacred Heart Parish Center in the atrium classroom. Helping your children learn about Jesus and their faith in a Montessori style setting. Contact Janet Dehetre 577-7022 or Bonnie Stone 783-9608 for more information. *Sessions observe all guidelines for safety and social distancing. A mask or other approved face covering must be worn by everyone at all times.*

Join Us LENTEN EVENTS

Stations of the Cross (Sacred Heart)

Friday at 6:00 PM



Lenten Evening Prayer with Adoration and Benediction (Sacred Heart)

Sunday at 4:00 PM

Stewardship Offering

February 21	\$ 4,755 (basket)
	\$ 1,763 (online)
Ash Wednesday	\$ 682



Free Fratelli Tutti Online Series for Maine Catholics

Featuring Local Clergy, Women Religious, and Catholic Professionals

A free, four-week online series that aims to educate and inspire Maine Catholics, using Pope Francis' encyclical Fratelli Tutti as a foundation, will start on Wednesday, March 3. The series, which will run each Wednesday in March from 7 p.m. to 8 p.m., will offer presentations and the opportunity for discussion on the encyclical, which invites the Church to live out the call to universal fraternity and social friendship. The online series encourages reflection on this invitation to love, social friendship, and solidarity that honors the human dignity of every person. Each session will feature two Maine speakers, including Father Frank Morin; Father Patrick Finn; Sister Patricia Pora, RSM; Deacon Larry Guertin; Deacon Frank Daggett; Elizabeth Keene, vice president for mission integration at St. Mary's Health System in Lewiston; and Suzanne Lafreniere, director of public policy for the Diocese of Portland. To participate, send your email address to Catholic Charities Maine Parish Social Ministry, which is organizing the series, at psm@ccmaine.org. You will then be sent a link to the program.

Men's Lenten Retreat in Biddeford March 19-21

All single, Catholic men over the age of 18 are invited to come together for a retreat weekend in Biddeford on March 19-21. The Men's Lenten Retreat is for individuals who are striving to live out their faith and follow God's will in their lives. The retreat, which will be held at the Marie Joseph Spiritual Center, will feature Masses, the opportunity for confession, adoration, presentations by local priests and seminarians, and time for prayer and reflection in a beautiful location. To register or for more information, visit <https://forms.gle/u5hdGRBLokX2UQieA>. If you would like more information about discerning your vocation or would like to connect to others who are discerning, please contact Fr. Griesbach at seamus.griesbach@portlanddiocese.org.



Why Use Incense?

Question:

Why do we use incense at Mass?

Answer:

The use of incense in religious ceremonies and worship is a practice that predates Christianity, and which is also found in many other religious traditions today.

Incense, which is made from resin infused with aromatic spices and oils, is one of those fundamentally human symbols that incorporates more than one of our senses, helping us to reflect on realities that transcend the everyday details of our lives.

The use of incense in the Church's liturgy — in the Mass, as well as in devotions to the Eucharist and the Liturgy of the Hours — is inspired by the use of incense in the Jewish tradition. In the writings of the Old Testament, we hear about incense being used in the worship of the temple, and Psalm 141 asks, "Let my prayer be incense before you; my uplifted hands an evening offering" (vs. 2). The image here is that, as the incense gently rises to heaven, our prayers also rise to God as something sweet and pleasant.

Another ancient use of incense that has also become part of our Catholic tradition is the idea that when we incense something, it's because it is something special or sacred. This is why the Book of the Gospel is incensed during the Liturgy of the Word and the bread, wine, priest celebrant, and congregation are incensed at the presentation of the gifts. To this, we can also add the incensing of the Blessed Sacrament during eucharistic adoration and benediction, and the body of the deceased at the end of the Mass of the Resurrection (the Funeral Mass).

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Year of St. Joseph Section on Diocesan Website

A special web section focusing on the Year of Saint Joseph is now available for viewing on the Diocese of Portland's website at www.portlanddiocese.org/year-of-saint-joseph. On December 8, 2020 (Solemnity of the Immaculate Conception), Pope Francis declared a Year of Saint Joseph and released *Patris corde* ("With a Father's Heart"), an apostolic letter celebrating the 150th anniversary of Pope Pius IX's declaration naming Saint Joseph the patron of the Universal Church. The section on the diocesan website features a variety of resources for the year, including *Patris corde*, a list of celebrations and events planned for Maine that will be continually updated, prayers, images, and more. You can also learn more about the plenary indulgences associated with the year and the conditions and ways to receive one.



"Virtual" presentations by Don Smith

An in-depth study of Paul's first letter to the Thessalonians. It is the earliest document of the New Testament canon, written less than 20 years after Jesus' death and resurrection.

The first presentation can be found here:

<https://www.youtube.com/watch?v=Y9gREiluFGY>



"Consecrated to Widowhood, March 12-14

A weekend retreat, "Consecrated to Widowhood, a Call to Ponder," will be presented by Sister Marie Mary Lausier, p.m., and Sister Diane Dube, p.m., at the Marie Joseph Spiritual Center in Biddeford from March 12-14. The retreat will focus on the experience of widows in the light of the tradition of consecrated widowhood in the early Church and on the flowering of this ancient rite since Vatican II as a call to holiness. The cost is \$250 for those staying overnight and \$130 for commuters. For more information or to register, visit www.mariejosephspiritual.org



MASS INTENTIONS

Saturday 2/27	4:00 pm Sacred Heart
<i>Sr. Lizbeth by Lorraine luce</i>	
Sunday 2/28	7:30 am Sacred Heart
<i>Lucienne Norton by Family</i>	
	9:15 am St. Philip
<i>Carol Reeves by Brenda Pinkham</i>	
	11:00 am Sacred Heart
<i>Immaculate Heart of Mary Parishioners</i>	
Monday 3/1	7:45 am Sacred Heart
<i>All soldiers who fight for our freedom by Tam Ha Family</i>	
Tuesday 3/2	7:45 am Sacred Heart
<i>Charles Carpentier, Paul Cote & George Lajoie by Family</i>	
Wednesday 3/3	7:45 am Sacred Heart
<i>Leo Poldine & Gilbert Armstrong by Ned & Debbie Fontaine</i>	
Thursday 3/4	7:45 am Sacred Heart
<i>Deceased Loved Ones of Parishioners</i>	
Friday 3/5	7:45 am Sacred Heart
NO MASS	
Saturday 3/6	4:00 pm Sacred Heart
<i>Paul Beaucage by Margaret Pelletier</i>	
Sunday 3/7	7:30 am Sacred Heart
<i>Richard Valcourt by Theresa Millet</i>	
	9:15 am St. Philip
<i>Janet McGowan by Patricia Raymond & Family</i>	
	11:00 am Sacred Heart
<i>Immaculate Heart of Mary Parishioners</i>	



Sanctuary Lamp February 8—March 6

Charles Carpentier
George Lajoie



PRAYER REQUESTS

Melanie Creamer, Jeremey Gagne,
Gene & Marlene Keene, Matthew Piper,
Tony Renaud, Carmen White and Bruno Yomoah

Readings for the Week of February 28, 2021

Sunday: Gn 22:1-2, 9a, 10-13, 15-18/Ps 116:10, 15, 16-17, 18-19 [9]/Rom 8:31b-34/Mk 9:2-10
Monday: Dn 9:4b-10/Ps 79:8, 9 11 and 13 [cf. 103:10a]/ Lk 6:36-38
Tuesday: Is 1:10, 16-20/Ps 50:8-9, 16bc-17, 21 and 23 [23b]/Mt 23:1-12
Wednesday: Jer 18:18-20/Ps 31:5-6, 14, 15-16 [17b]/ Mt 20:17-28
Thursday: Jer 17:5-10/Ps 1:1-2, 3, 4 and 6 [40:5a]/ Lk 16:19-31
Friday: Gn 37:3-4, 12-13a, 17b-28a/Ps 105:16-17, 18-19, 20-21 [5a]/Mt 21:33-43, 45-46
Saturday: Mi 7:14-15, 18-20/Ps 103:1-2, 3-4, 9-10, 11-12 [8a]/Lk 15:1-3, 11-32
Next Sunday: Ex 20:1-17 or 20:1-3, 7-8, 12-17/Ps 19:8, 9, 10, 11 [Jn 6:68c]/1 Cor 1:22-25/Jn 2:13-25 or Ex 17:3-7/Ps 95:1-2, 6-7, 8-9 [8]/Rom 5:1-2, 5-8/ Jn 4:5-42 or 4:5-15, 19b-26, 39a, 40-42

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