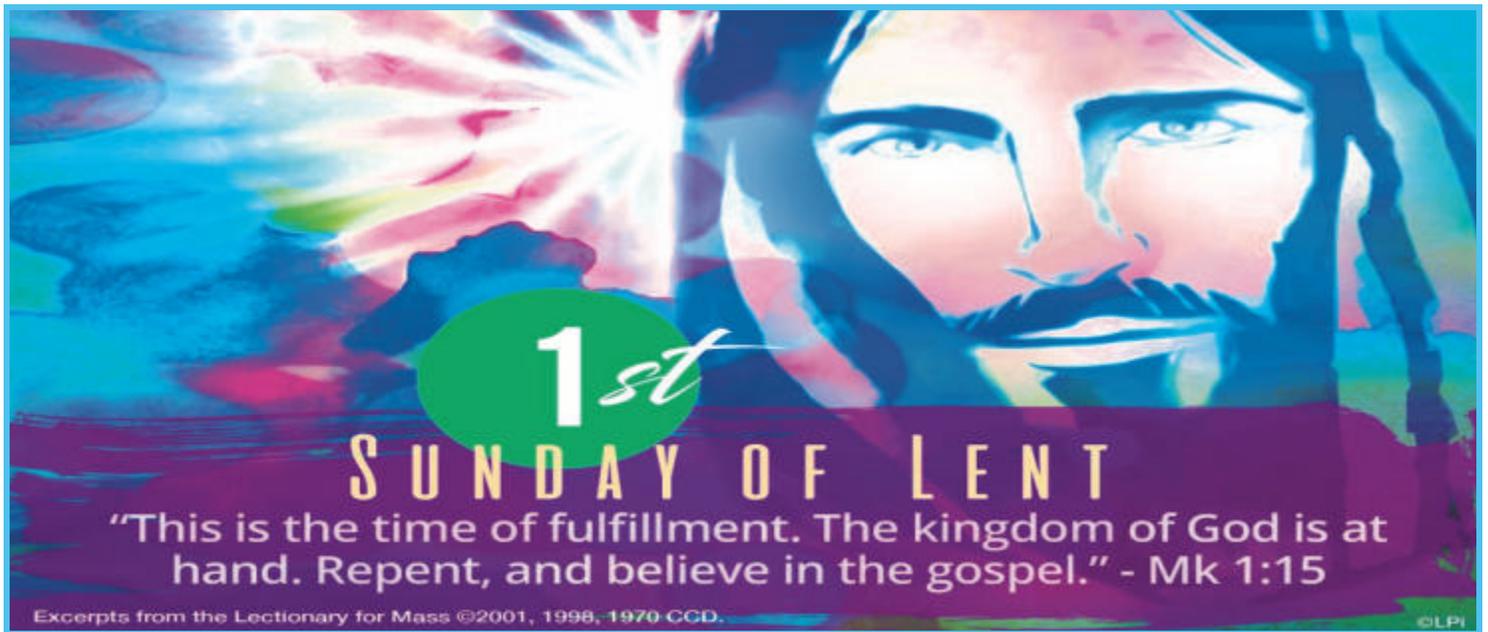


Saint Mark Roman Catholic Church

1251 North Avenue • Burlington, VT 05408
February 21, 2021



PARISH STAFF

Rev. Dallas St. Peter ----- Pastor
Rev. Tim Sullivan ----- Priest in Residence
Rev. Mr. Tim Gibbo ----- Deacon/DRE
Mr. Simeon Lewis ----- Director of Evangelization
and Faith Formation
Mrs. Monica Cayia ----- Administrative Assistant

TELEPHONE LISTINGS

Rectory 864-7686
Family Center 864-7877
Religious Education Office 864-7686
Parish Website www.stmarksvt.com
Parish Email stmark@vermontcatholic.org

SCHEDULE OF MASSES

Daily Please consult current bulletin
Vigil for Sunday 4:00 P.M. Saturday
Sunday 8:30 & 10:30 A.M.

RECONCILIATION/CONFESSION

Wednesday ----- 6:30 - 7:30 P.M.
Saturday 3:00 - 3:45 P.M.
and by appointment

MARRIAGE

Please contact the rectory six months in advance.

RELIGIOUS EDUCATION

Grades K-6 meet Sunday, 11:30 A.M.- 12:30 P.M.
Grades 7-10 (Confirmation) meet Sunday, 6:00 - 7:30 P.M.
Please contact the parish office for meeting dates & info.

EUCCHARISTIC ADORATION CHAPEL

Located in Family Center - Temporarily Closed
Wednesday, Exposition/Benediction in Church
6:30-7:30 P.M.
Visitors always welcome

BAPTISM

By appointment. Please contact the rectory well in
advance to allow time for preparation.

ORESTES BROWNSON LIBRARY

Sunday: 9:15 - 11:30 A.M. All year.

ANOINTING OF THE SICK & COMMUNION CALLS

Please call the rectory to inform us of people
who are in need.

CHITTENDEN EMERGENCY FOOD SHELF

First Sunday of the month.

NORTH END FOOD SHELF

Third Sunday of the month.

NEW PARISHIONERS

Please call the rectory or come in to visit and register.



Happy Lent! As we enter this penitential season, happy might not be an adjective we would associate with Lent. Perhaps words such as sacrifice, fasting, hard work and discipline come to mind instead. Lent certainly is a time of intentional sacrifice that requires a sincere spiritual effort to reform our lives more to the will of God. For us to have a successful Lent we will need to put in some hard spiritual work!

To give us a sense of this hard work let's look at Lent the way olympians prepare to compete for a gold medal. An olympian's "lent" lasts about 4 years and all culminates in one single event or tournament. These athletes sacrifice severely during this time - dieting, exercising rigorously and following a strict training regimen. All this is sacrificed for the **CHANCE** to win a gold medal. Yet, despite all this sacrifice, Olympians are sincerely happy, appreciative and hopeful people!

For us, Lent is only 40 days, and rather than competing we are preparing for the Paschal Mystery, an event that has already been won for us. All we need to do is ready ourselves to receive the gift! Our strict regimen requires daily prayer, fasting and almsgiving. Sin threatens to keep us from receiving the gift of salvation. We must be vigilant against this threat and awareness of sin is the most important step in defending against it. Our sincere adherence to prayer, fasting and almsgiving deepens our understanding of sin and its dangers, serves to defend against sin, and prepares us to encounter God's presence on a regular basis.

Olympians compete for a medal of gold whose luster will fade, but we prepare for a crown of salvation that endures forever. Lord, help us to be vigilant this Lent with our prayer regimen. These next 40 days **WILL** come with an expectation of happiness and joy when we cooperate with God's grace by sincere prayer and sacrifice. So pray hard, sacrifice well and give freely and have a Happy Lent indeed!

~FATHER DALLAS

**UPCOMING
Events**

- Feb. 25 The Search begins online stmarksvt.com/thesearch 7:00-8:00 p.m. (every Thursday)
- Feb. 26 Stations of the Cross 6:00 p.m. & Confessions from 6:30-7:30 p.m.
- Feb. 28 Family Faith Formation Community Meeting 12:00-1:00 p.m.
- EUCCHARISTIC ADORATION Fridays after 9:00 a.m. Mass till 9:00 p.m.

VOTIVE CANDLE INTENTION

- Tabernacle:** The Messier Family & for the souls lost in the Pandemic.
- Blessed Mother shelf:** Helene Meunier - Birthday
- St. Joseph shelf:** Richard Gamache, Jr.
- Divine Mercy:** The Laurent Bergeron Families

PLEASE PRAY FOR THE SICK

Please pray for the safety of our service men and women throughout the world, and for the sick: Patrick Fay, Emily Shea, Patricia Emerson, Barbara Jewett, Gabrielle Celeste, Richard St. Amour, Monica Hahn, Huguette Paquette, Jed Marcelino, Hilda Carrier, Bobby Santor, Kayden Riley, Lonnie Atkins, Cara Cook, Carolyn Sheehan, Douglas White, Vanessa Hyde, James Smith, Jeffrey Claude Danis, Kenneth Smith, Lori Carron, Paul Baer, Krista Bora, Hin Biznu, Richard Kochanski, Joe Ward, Thomas Hibbs, Connor Burke, Joseph Gilbert, Maureen Piontek, Ed & Mim Maxfield & Joan Halpin. Please pray for the repose soul of Brian Cunningham



To have someone enrolled on this list, call 864-7686.

Submit Your Prayer Requests Online

Our online Prayer Request Form may be found at <https://www.stmarksvt.com/>. In the top menu bar, click on "Welcome," then "Prayer Requests." Fill in the form with your name, e-mail address, and prayer intentions, then hit "Submit." **To pray for posted intentions**, click on "Prayer Intentions" to the left of the request form. Please pray for one another.

FIRST SUNDAY OF LENT

GUIDELINES FOR LENT

- The time of Lent is to be observed by Catholics as a special season of prayer, penance, and works of charity (almsgiving).
- Ash Wednesday and Good Friday, in particular, are the most important penitential days of the liturgical year. They are days of both fast and abstinence. All Fridays in Lent are days of abstinence.
- The rule of **fasting** states that only one full meal a day can be taken. Two small meals (snacks), “sufficient to maintain strength”, are allowed, but together they should not equal another full meal. Eating between meals breaks the fast, but drinking liquids does not. The rule of fasting obliges all Catholics from 18-59.
- **Abstinence** refers to the eating of meat. The common estimation of the community is used to determine what falls under the category of meat. The rule of abstinence binds all Catholics 14 years or older.
- The substantial observance of the laws of fast and abstinence is a serious obligation.
- Self-imposed fasting on the other weekdays of Lent is recommended. Abstinence on all Fridays of the year is also highly recommended.
- Parents and teachers should see to it that, even those who are not bound by the laws of fast and abstinence because of age, are brought up in an atmosphere that is conducive to a sense of penance.

DAILY REFLECTIONS FOR LENT

This Lent, we invite you to journey with Dr. Tim Gray by signing up for FORMED Daily Lenten Reflections at formed.org/lent. Each day you will receive in your inbox a short video which features Dr. Gray commenting on the daily Mass readings, explaining the Scriptures, and providing you with concrete ideas on how to apply them to your Christian life. Sign up today for free by visiting formed.org/lent!



LIGHTHOUSE KIOSK HIGHLIGHT



Deepen your faith this Lent! **Our kiosk has many inspiring, entertaining, and informative resources available, including Lenten themed CDs, books, and booklets:**

CDs include: “Why Almsgiving?”, “The Sacrament of Penance”, “The Passion of Christ”, “Seven Last Sayings of Christ”, “Love, Sacrifice, Trust”, “The Jewish Roots of Holy Week”, “Talking with God: The Importance of Prayer & Study”

Booklets include: Lent with the Saints, Miles Christi Prayer Booklet, The Stations of the Cross, Ways of Forgiveness

Books include: *7 Secrets of Confession*, *The Imitation of Christ*

FORMED

PICK OF THE WEEK

February 21, 2021

WATCH

THE WILD GOOSE: EPISODE 10 THE SPIRIT AND THE DESERT
Sometimes we might feel like we're stuck in spiritual deserts. In this episode of The Wild Goose, Fr. Dave Pivonka shares how the Holy Spirit is present even in these times of desolation.

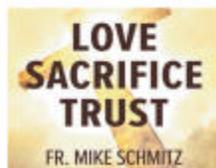


FORMED NOW! THE NEXT POPE
As we celebrate the Feast of the Chair of St. Peter this week, join Dr. Tim Gray and George Weigel as they discuss the past, present, and future of the papacy!

LEARN

LISTEN

LOVE, SACRIFICE, TRUST: HE SHOWED US THE WAY
BY FR. MIKE SCHMITZ
In this talk, Fr. Mike Schmitz shares with us the need to pick up our crosses and embrace Christ in our own suffering. He reminds us that love often means sacrificial.



Our parish has a FORMED subscription. To set up your free account visit formed.org/signup and select our parish.

THE SEARCH

A new and impactful video series called *The Search* will be part of our Lenten journey as a parish.

Have you ever wondered why the things we expect to fulfill us don't? Why is life this way? Why are we here? Why do we exist? Why are we filled with longing?

The Search is an award-winning series for everyone that explores fundamental questions and mysteries like these. Join us online Thursdays, 7-8 pm starting Feb. 25 to watch, discuss, and truly benefit and grow from experiencing *The Search*. For more info., please visit stmarksvt.com/thesearch or contact the parish office.

THANK YOU FOR ALL YOUR SUPPORT

Feb. 14	\$2,383
Weekly Goal	\$4,700

MORAL QUESTIONS ABOUT COVID VACCINES?

Because there is a connection between COVID vaccines and abortion, questions have been raised about their use. For helpful information about this issue, including an “ethical profile” of all potential vaccines, please go to the St. Mark Respect Life webpage at stmarksvt.com/covidvaccines

THEOLOGY NIGHTS

In order to grow in the knowledge and love of our Catholic Faith, we are hosting a monthly Theology Night (Adult Meetings), open to everyone. The topics follow our family faith formation curriculum, which this year focuses on the Sacraments. The Theology nights will be held virtually on Zoom from 7:00 to 8:00 p.m. until further notice. Please see the schedule of dates below. Theology Nights will be video-recorded and made available on our website for those who would like to watch at home. To receive an invitation to the zoom meeting email Simeon Lewis at slewis@vermontcatholic.org.

THEOLOGY NIGHTS

Monday, March 8, 2021 Monday, May 10, 2021
Monday, April 12, 2021

EUCCHARISTIC ADORATION AT ST. MARK PARISH

“Come to Me, all you who labor and are burdened, and I will give you rest.” -Jesus (Mt 11:28)
All are invited to participate in this opportunity for prayer in the presence of our Lord.

- Wednesdays 6:30-7:30 p.m. (Adoration begins after the 6:00 p.m. Mass)
- Fridays 9:30 a.m.-9:00 p.m. (Adoration begins after the 9:00 a.m. Mass.)

It is not required to sign up or stay for a set length of time; however, to ensure the Blessed Sacrament is never left alone we need at least two adorers for each hour on Friday and are looking for volunteers to commit to an hour.

To sign up for an hour of adoration, please go to stmarksvt.weadorehim.com

For more information, contact the parish office at 864-7686 or stmark@vermontcatholic.org

WORD OF LIFE

“Abortion affects countless marriages more than many people recognize. But there is no doubt that God will bring great healing to those who trust in his infinite mercy. If a past abortion can be acknowledged and addressed, a married couple can make great strides in experiencing even more fully God’s design that ‘the two shall become one’ (Mt 19:5).” USCCB Secretariat of Pro-Life Activities
“Healing within Marriage from an Abortion” respect-life.org/healing-in-marriage

VOCATION CORNER

A Prayer for Vocations

Holy Spirit, stir within us the passion to promote vocations to the consecrated life, societies of apostolic life, diocesan priesthood, and permanent diaconate.

Inspire us daily to respond to Your call with boundless compassion, abundant generosity, and radical availability.

Help us to remember our own baptismal call to rouse us to invite the next generation to hear and respond to Your call.

Inspire parents, families, and lay ecclesial ministers to begin a conversation with young Catholics to consider how they will live lives of holiness and sacred service.

Nudge inquirers and motivate discerners to learn more about monastic life, apostolic life, missionaries, cloistered contemplative life, and evangelical Franciscan life.

Ignite our Church with the confident humility that there is an urgent need for religious sisters, brothers, deacons, and priests to live in solidarity with those who are poor, neglected, and marginalized.

Disrupt our comfortable lives and complacent attitudes with new ideas to respond courageously and creatively with a daily 'YES!' Amen.

[from the National Religious Vocations Conference]

* * *

(Questions? Comments? Email Donna at stmarkvocationministry@gmail.com)

St. Alphonsus Liguori, patron of vocations, please pray for us.

1ST SUNDAY OF LENT

MASS INTENTIONS

SATURDAY - Feb. 20

4:00 p.m. Frank Generazio, Jr.

SUNDAY - Feb. 21

8:30 a.m. Parishioners of St. Mark Parish

10:30 a.m. Helene Meunier

MONDAY - Feb. 22

9:00 a.m. Larry Fortier

TUESDAY - Feb. 23

9:00 a.m. George & Lois Jette

WEDNESDAY - Feb. 24

6:00 p.m. Dr. Douglas McSweeney, Jr.

6:30-7:30 Holy Hour & Confessions

THURSDAY - Feb. 25

9:00 a.m. David Dutchburn & Stephanie Carron

FRIDAY - Feb. 26

9:00 a.m. Happy Birthday Theresa Alexander

SATURDAY - Feb. 27

4:00 p.m. Andree Milizia

SUNDAY - Feb. 28

8:30 a.m. Parishioners of St. Mark Parish

10:30 a.m. Bobby Santor (Healing)

NEW ADMINISTRATIVE ASSISTANT

I was blessed to have been the interim secretary at St. Mark for the past two years. My heart will be forever grateful to Fr. Dallas and all of my wonderful parishioners for your prayerful love and support during my time here. How could I say goodbye to such a beautiful community as I have come to know and love you. We always draw closer into communion through the body of Christ and I look forward to growing closer to Jesus with all of you as we journey together at St. Mark. I will continue to see you in Church!

Let's all welcome Monica Cayia as the new Parish Administrator. She brings great experience and expertise to the job and already knows many of you! I am confident that she will be a blessing for St. Mark.

~ Diana Charboneau

863-3368



B&B Hot Water Tanks, Inc.

PLUMBING
SALES & SERVICE

133 Blakely Road
Peter Davaris Colchester, VT 05446



Vermont
Paint
Company

DAVID M. ERKSON
OWNER/PRESIDENT

17 Adams Drive
863-1098

99 N. Champlain St.
Burlington
862-0201



ELMWOOD-MEUNIER

Funerals • Cremations
Green Burials • Pet Loss

*Comfort & Consideration to
Six Generations*

97 Elmwood Ave., Burlington

864-5682



WE'RE HIRING
AD SALES EXECUTIVES



- Full Time Position with Benefits
- Sales Experience Preferred
- Paid Training
- Overnight Travel Required
- Expense Reimbursement

CONTACT US AT

careers@4LPi.com • www.4LPi.com/careers

AVAILABLE

FOR A LIMITED TIME

ADVERTISE YOUR
BUSINESS HERE

Contact Judy McNee to place an ad today!
jmcnee@4LPi.com or (800) 477-4574 x6451



St. Mark, Burlington, VT

03-0973

BARRETT'S TREE SERVICE, INC.

376 Patchen Road, So. Burlington, VT 05403
 FAMILY OWNED & OPERATED SINCE 1955
 FULLY INSURED - FREE ESTIMATES
 TREE & STUMP REMOVAL
 PRUNING ETC.

CRANE & EQUIPMENT RENTALS



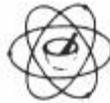
24 Hr. EMERGENCY
 STORM SERVICE

802-862-0302

VERMONT FAMILY PHARMACY

1219 North Ave., Burlington, VT 05401

(802) 658-9664



Prescription &
 Compounding
 Pharmacy

LYNNE C. VEZINA, R.Ph
 MANDEL CHERNOFF, R.Ph

ST. MARK FAMILY CENTER

Room Rentals Available
 Bridal & Baby Showers
 Birthday & Anniversary Parties

Parish Office - 864-7686

GREG CLAIRMONT REAL ESTATE



And † Jesus
 Said To Thomas:
 "I AM The Way!"
 Saint John 14:6

802-343-8446
 listandsellvt@gmail.com

CUNNINGHAM CONTRACTORS

FAMILY OWNED AND OPERATED SINCE 1955

**CUSTOM HOME BUILDING
 & REMODELING**

3 D DESIGN - RESIDENTIAL | COMMERCIAL

INTEGRITY | CRAFTSMANSHIP | QUALITY
802-658-2260

CUNNINGHAMCONTRACTORSVT@GMAIL.COM

BLUE SKY

Roofing & Custom Exteriors

Matt Gazo, *Owner*

802-862-1500

mgazo@blueskyroofingvt.com
www.blueskyroofingvt.com

Knights of Columbus

Dave Ely, Grand Knight
 Council 279

Dave Ely II, Faithful Navigator
 Assembly 1148

For more information contact
 Dave Ely (802) 862-5109
 www.kofc279.org
 P.O. BOX 5534 BURLINGTON VT 05402

Financial solutions are
 around the corner.



Jeff Clark
 Financial Advisor
 1127 North Ave Suite 38
 Burlington, VT 05405
 802.497.2035
 www.cdwardjones.com

Edward Jones
 Member SIPC

PAPA FRANK'S ITALIAN RESTAURANT

13 West Center Street, Winooski
655-2423

www.papa-franks.com

TIMBERLANE DENTAL GROUP

Experience Timberlane

General Dentistry
 Orthodontics
 Pediatric Dentistry
 Periodontics & Implants

South Burlington / **864-6881**
 Shelburne / **985-9797**
 Essex Junction / **878-8348**
 Burlington / **862-0770**

www.timberlanedental.com

PROTECTING SENIORS NATIONWIDE MEDICAL ALERT SYSTEM



\$29.95/MO
 BILLED QUARTERLY

PLUS
 SPECIAL
 OFFER

CALL NOW! 1.877.801.7772
WWW.24-7MEDALARM.COM

Henry's DINER

Est. 1925

Open 6am-4pm 7 days a week
 155 Bank Street, Burlington, VT
 802-862-9010
 henrysdinervt.com

Boucher & Pritchard FUNERAL HOME

85 N. Winooski Avenue
 Burlington, VT
862-2851

Becca Bennett

Realtor
 802.210.5175
 beccabennett@kw.com
 beccabennett.kw.com

Thinking of selling?
 Call me!



KELLER WILLIAMS® SOUTH BURLINGTON
 68 RANDALL STREET, SOUTH BURLINGTON, VT 05403
 EACH OFFICE IS INDEPENDENTLY OWNED AND OPERATED.

STEPHEN C. GREGORY & SON CREMATION SERVICE



Direct Cremation Services
 Memorial Services • Pre-Need Planning
 Locally Owned & Operated
 (802) 985-3523
GREGORYCREMATION.COM

SUPPORT THE **ADVERTISERS**
 THAT SUPPORT OUR COMMUNITY

