



Saint Gabriel the Archangel Parish

Rev. Laurence V. Brault / Pastor
Rev. V. Sagar Gundiga / Assoc. Pastor

OFFICE HOURS:
MONDAY – FRIDAY
9:15 AM – 4:00PM
508-603-1430
Fax-1-508-529-1629

LITURGY SCHEDULE

Lord's Day: 5:00 PM (Vigil)
8:00, 10:30, 12:00 and 5:30 PM
Weekdays: 8:30 AM (Rosary at 8:00 AM)
Saturday: 8:00 AM
Holy Days: 7:00 PM (Vigil)
8:30 AM and 7:00 PM
Adoration of the Blessed Sacrament
Tuesdays 9:00 AM to 7:00 PM

SACRAMENT OF PENANCE

Saturdays at 4:00 PM or by appointment. Those wishing spiritual direction should phone the Parish Office for an appointment.

CHRISTIAN INITIATION

(For Infants) Baptisms can be celebrated during or apart from Sunday Mass. For information concerning our parent and god-parent preparation program, please contact the Parish Office. (For Adults) The R.C.I.A. is for Non-Catholic and Catholic Adults who wish full initiation into the Catholic Church through Baptism, Confirmation and Eucharist. The R.C.I.A. is an ongoing process designed to meet individual needs. The R.C.I.A. Faith Sharing Community meets regularly on Tuesday evenings at 7:00.

SACRAMENT OF MARRIAGE : contact Pastor for information at least 6 months prior to designated wedding date

WELCOME TO NEW PARISHIONERS

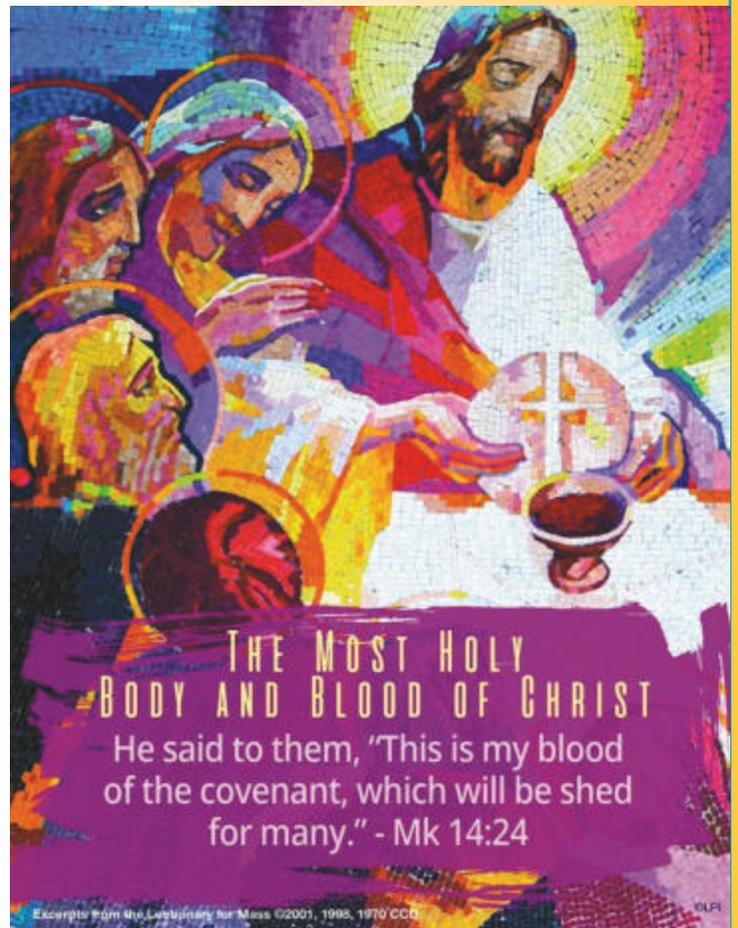
We are always happy to welcome new people into our parish family. If you have discovered our Church and like what you experience, why not become a member? Contact the Parish Office for more information.

PARISH BULLETIN

All items must be e-mailed to crooney@stgabrielma.org or proposed in writing and left at the Parish Office by 9:00 AM Monday or one week early for holidays.

PASTORAL CARE

Arrangements for the reception of the sacraments at home can be made by contacting the Parish Office. Please also notify the Parish Office when a parishioner is in the hospital or otherwise



Director of Religious Education
Simone Caron scaron@stgabrielma.org

Parish Administrative Assistants
Colette Rooney crooney@stgabrielma.org

SAINT GABRIEL'S PARISH, UPTON



MASS INTENTIONS

Sat., Jun 05	8:00	
	5:00	Edward Starsiak, req by Simone
Sun., Jun 06	8:00	
	10:30	
	12:00	Maurice and Pauline Capistran, Req by Family
	5:30	
Mon., Jun 07	8:30	Peter Place, req by Christine
Tues., Jun 08	8:30	
Weds., Jun 09	8:30	
Thurs., Jun 10	8:30	
Fri., Jun 11	8:30	For the Holy Souls in Purgatory
Sat., Jun 12	8:00	Helen Dunlavey, req by K. Hewitt
	5:00	Maryjane Baker, req by Rooney's
Sun., Jun 13	8:00	James Cornell
	10:30	Carol Crotty, req by Family
	12:00	Rita Godbout, req by Simone
	5:30	
Mon., Jun 14	8:30	
Tues., Jun 15	8:30	For the Holy Souls in Purgatory
Weds., Jun 16	8:30	
Thurs., Jun 17	8:30	For the Holy Souls in Purgatory
Fri., Jun 18	8:30	Richard Sr. and Jr., and Eleanor Broderick, req by Karen Broderick
Sat., Jun 19	8:00	Edward Lynch, req by Tate's

Parish Calendar

CHECK WITH OFFICE TO SEE IF EVENT CANCELLED OR HAS BEEN RESCHEDULED: *(Make sure to have downloaded St Gabriel's APP and get instant cancellation/ updates)*

Mon., (all) Bible Study 10:00am
Mon., (all) Marian Rosary Group 4:00 pm
Thurs., 3rd of each Month— Grief Group Mtg. 7:00 pm in Parish Hall
Sun., 3rd of each Mth.—Peace & Social Justice Mtg. 7:00 pm –Virtually.

Tuesday Adoration

My friend an appeal from My Sacred Heart. Would you please take an hour or a half-hour of your precious time to come and visit me in the Blessed Sacrament on **Tuesdays from 9:00 a.m. to 6:00 p.m.** So many are trying to deal with problems alone-without me and my help. They seem to have no time for me. I am here for you and want you to come to me. Your friend, Jesus.



June 6, 2021: The Most Holy Body and Blood of Christ

As our world faces so much turmoil and change, it is now more important than ever to remember who God is, who we are and where we are going. It is easy to get distracted and lose focus, especially when we are being pulled in so many directions. We can not only lose sight of God but one another. Maintaining our well developed and mature relationships with God and one another is essential to continuing to live, healthy, happy, and focused lives. In a message to young people, Pope Benedict XVI said, "the happiness you are seeking, the happiness you have a right to enjoy has a name and a face: it is Jesus of Nazareth, hidden in the Eucharist." What is true for those who are younger is even truer for those who are older. Regardless of how the particulars of life change over time, human beings are still hard-wired to seek the fullness of life and happiness. How we embark on this journey and what we choose along the way will indicate whether we meet success.

There is so much brokenness and pain in our world. Many people are lost, feeling lonely, anxious, marginalized, victimized, isolated, oppressed, and abused. Every time we receive the Body of Christ, we have an opportunity to become what we eat. The power and presence of Christ in the Eucharist becomes present in us and effects change in ourselves and in the lives of those we meet. We are given the grace to become temples of justice and peace, carrying God's sacred Presence within us wherever we go. Our faith community is ignited with the fire of God's love and stands out as a beacon of hope in a world that is lost. This is the only way we can discover peace-filled resolutions to violence and create innovative solutions to what is fueling its need in the first place. True happiness, for the young and old alike, becomes an obtainable goal.

St. John Maria Vianney says it so well. "There is nothing so great as the Eucharist. If God had something more precious, he would have given it to us." Only the Eucharist has the ability to connect, sustain, strengthen, and properly orient us, not only on the road of this life but the road to life eternal. Knowing this, when life gets challenging, unsettling, and difficult, we can rely on and cling to this gift we have in the Real Presence of Christ. This actual encounter with God celebrates God's unconditional love for us and grounds us to the truth of who we are in a way nothing else is able to do. Because through the Eucharist we really do become the Body of Christ, we are also bonded together in a most perfect way to one another as that Body. Nourished, united, and strengthened by the Eucharist, let us individually and collectively, bring this wonderful gift to all we meet, especially the poor with whom we have a special connection.

THE MOST HOLY BODY AND BLOOD OF CHRIST

RELIGIOUS EDUCATION CORNER:

Anyone looking for the Summer class schedule can find it on our website at www.Stgabrielma.org. Registration forms are also available on our website. Registrations have been mailed out.

The Religious Education schedule for the 2021-2022 school year has been posted on St. Gabriel's web-site., and registration forms have been mailed or can be downloaded from our website. If you have any questions please contact Simone.

Why are some saints honored as “patron saints”?

Each person is unique and each of us has different gifts, interests, talents, and, yes, even struggles and areas where we need to grow. This is no less true of those holy women, men, and children who have been canonized or beatified.

Because we believe that the saints and blessed are both models of faith and intercessors, Christians have looked to certain holy people as role models and heavenly protectors for occupations, spiritual charisms, and even places. Although the Church sometimes names a person as a patron saint (e.g. Saint Philip Neri as the patron of Rome, Saint Clare of Assisi as the patroness of television, or Saint Aloysius Gonzaga as the patron of youth and young adults), more often it is popular devotion that inspires lay Christians to turn to a particular saint or blessed for heavenly help and support. This is how, for example, Saint Cecilia came to be honored as the patroness of musicians, Saint Toribio Romo as patron of migrants coming into the United States, and Saint Gertrude of Nivelles as patroness of cat lovers. Although there are official and unofficial lists of patron saints, we should always feel free to ask any and all the saints to give us their patronage and protection in whatever it is that we need.

FIRST FRIDAY ADORATION

The Lord invites us personally to spend time with Him during adoration. Let's accept His invitation! Being still and setting aside an hour to adore Him may be a hard thing to do, but it may be the most important. The times when you need God the most are when you don't think you need Him. Our next First Friday Adoration will be on **July 2nd from 9:00 –11:30 AM.**



THE BODY & BLOOD OF CHRIST



BOOK DONATIONS:

Thanks to everyone for making the prison ministry successful. Books have been delivered to prisons, jails, and juvenile detention centers. These facilities are so thankful that you have cared enough to share with them and your donations have been gratefully received. Consequently, I am asking again if you have any books-hard or soft cover, graphic novels, or children and young adult books could you please leave them in the narthex. Thank you so very much.



Worldwide Marriage Encounter

To support married couples during this time of social distancing, Worldwide Marriage Encounter is sponsoring virtual marriage experiences. Some are on weekends and are seven sessions on weekdays from 7:00pm to 9:30pm. Couples will explore their individual personality styles, improve listening and communication skills, understand God's plan for their marriage, and learn how to keep their relationship a priority. Registration is limited and a \$100 application fee is required. For more information or to apply, call at or visit them at <https://www.mema.org/>. The body and blood of our Lord Jesus Christ is the most precious gift that God has given to each one of us. Allow God to give you grace in abundance and transform your marriage relationship. Sign up today for the next Worldwide Marriage Encounter experience on Thursdays/Mondays Jul 8-29



REMINDER: ALL MASS TIMES HAVE RESUMED TO PRE-COVID SCHEDULE :

Morning Mass will be 8:30 am , except Saturday mornings at 8:00am., all will be Live Streamed!!
 Weekend Mass will be Sat. at 5:00pm ; and Sunday at 8:00 am, 10:30 am , 12:00 and 5:30 pm.. Again the Sunday 8:00 am Mass will be Live Streamed!!!
 Anyone who has booked a Mass for 7:30 or 8:30 am that Mass will be held at the 8:00 am Mass that weekend. All Masses booked during the week will be said at the 8:30 am Mass. Any questions please feel free to Call the office at 508-603-1430.

We Can Prepare the Upper Room

We all know that person, don't we? Hey, maybe we've even been that person. "I have a great relationship with God, but I don't go to church regularly. God and I are on good terms. I can talk to Him just fine on my own."

There isn't anything false in these statements. It's important to have an intimate, even conversational prayer relationship with God. But the problem with this attitude is that it implies that churches don't matter. Community worship doesn't matter. Today, we are reminded exactly why that is so untrue. Why we need our parishes, our priests, and each other.

The Body and Blood of Christ — that's what it's all about. If it's not about that, it's not about anything. If we don't have the Eucharist, we're just like the ancient priests, making sacrifices that don't have the power to redeem anybody. Where do we receive the Body and Blood of Christ? For most of us, it's in our parishes. The altar of sacrifice is also the table we gather in front of, as a family, to become one with Christ in the truest and realest way possible, recreating the scene in the Upper Room over and over again every time Mass is celebrated.

The disciples were commissioned by Christ to prepare the Upper Room for the Last Supper. How can we take up that work ourselves? How can we strengthen the bonds in our spiritual family? How can we serve our parish, always remembering that the table is not meant to be set only for two?

"A little mercy makes the world less cold and more just."

—Pope Francis, *Angelus*, March 17, 2013

My dear brothers and sisters in Christ,

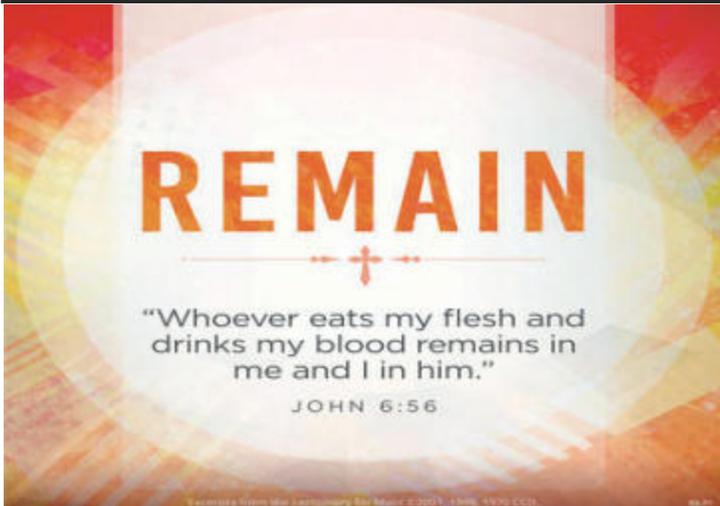
On the weekend of June 27th, our diocese will take up the **Peter's Pence Collection**. The collection has ancient roots that reach all the way back to New Testament times. The early Christians provided material support that the disciples—those preaching the Gospel—could distribute to those in need (see Acts 4:34-35, 11:29). Today, the Peter's Pence Collection is the way we, as members of the Catholic Church, unite ourselves to the concerns of the Holy Father. Donations to this collection support the charitable works of Pope Francis for the relief of those most in need.

For example, in the Dioceses of Embeder, Harar, and Mek in Ethiopia, people rely exclusively on subsistence farming and nomadic herding. The El Niño weather phenomenon worsened drought conditions in these regions, and the people fear a new famine that could be far worse than the 1984 famine that led to more than a million deaths in Ethiopia. Your support of the collection is helping the Holy Father to bring aid to the affected villages. Your donations have funded food and medicines that give the Ethiopian people a measure of relief and hope. Learn more by visiting www.peterspence.va/opere.

I invite you to join with our brothers and sisters in faith from around the globe to help Pope Francis reach the marginalized in our world. Pope Francis teaches us that "it is precisely in the measure to which we open ourselves to others that life becomes fruitful, society regains peace and people recover their full dignity," (General Audience, October 26, 2016).

Thank you for considering how you can respond to the call to be a "Witness of Charity" by your prayers, by your spreading the word about this good work, and by your financial support.

With every prayerful best wish, I remain,
 Sincerely yours in Christ,
 Most Reverend Robert J. McManus, S.T.D.
 Bishop of Worcester



THE MOST HOLY BODY AND BLOOD OF CHRIST

Grief Support Meeting

The next meeting of the grief support group ministry will be June 20th. The primary mission of this ministry is to help bring healing to the wounds caused by grief. Meetings consist of listening to a reflective reading followed by optional sharing. All are welcome to attend whether you are grieving the loss of a spouse, child, sibling or friend and regardless of whether the loss was recent or long ago. For more information please do not hesitate to contact Fr. Larry or Christine Baldiga at Chris-dave12@gmail.com or call 508-320-6654 and feel free to leave a message.



Marian Prayer

We encourage any parishioner who so desires to join us for our Marian prayer on Monday's at 4:00 p.m. This prayer, seeking the intercession of Mother Mary is offered for the continued strength and vibrancy of the faith community here at St. Gabriel's.

BE SURE TO VISIT OUR WEBSITE AT www.stgabrielma.org for lots of information on our parish including our event calendar, religious education information & scheduled meetings. It is updated weekly.

Do you wish to obtain a prayer shawl?

If you wish to obtain a prayer shawl for someone who needs a "hug from God" (for loss, comfort, illness, surgery, military, etc.) please fill out a request form found in the entrance of the church. Occasionally the forms will be inserted into the weekly church bulletin. Please send it or take it to the parish office. We will call you when it is ready to be picked up. The shawls are FREE! Donations of yarn and/or money for supplies are appreciated.

Food Pantry



Thank you for helping the individuals and families, who visit our Food Pantry. They deeply appreciate your gifts of non-perishable food, paper products, and cleaning supplies. Small

weekly donations help to keep our shelves well stocked. May God bless you for your kindness and thoughtfulness.



Knights of Columbus

If interested in learning more about the Knights of Columbus or becoming a member, please contact Don Cook at 1-508-634-8548.

RECOGNIZE GOD IN YOUR ORDINARY MOMENTS

The Heart of Stewardship:

What else is there to give when one has already given away one's body and one's life? What more can one say or do to demonstrate love for another when all one has been given to another? This total giving of self to loved ones cannot be trumped by flowery words or material gifts that are fleeting. This is the ultimate in love. This is the love Jesus had for us on the way to his Passion, at the institution of the Holy Eucharist. This is the love he has for us daily in the celebration of the Mass on altars in every church, in every city, in every nation on earth. No one can give more. No one can ask for more. This is the true heart of Christian stewardship.

If you take the time to gaze upon your God in the simplest of forms and begin to reflect on what has actually taken place with bread and wine becoming the presence of the Divine, then you can begin to understand true humility, sacrifice, and love. And when you have the privilege to take that Real Presence into your body at the meal where you are an honored guest, you become one with the One who is the embodiment of stewardship.

Then, you must ask yourself, "How can I even begin to reflect the love that I have encountered at this feast?" The answer is you can begin with the simple actions of the day: where will you go, whom will you meet, and in what work will you partake? Jesus Christ has shown that the greatest gift ever given can be disguised in this world in a piece of bread. By joining your body to his, he can now transform human hearts, not by grand acts, but by everyday acts, by everyday people, practicing Everyday Stewardship.

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