



# Saint Gabriel the Archangel Parish

**Rev. Laurence V. Brault / Pastor**  
**Rev. V. Sagar Gundiga / Assoc. Pastor**

OFFICE HOURS:  
MONDAY – FRIDAY  
9:15 AM – 4:00PM  
508-603-1430  
Fax-1-508-529-1629

#### LITURGY SCHEDULE

**Lord's Day:** 5:00 PM (Vigil)  
8:00, 10:30, 12:00 and 5:30 PM  
**Weekdays:** 8:30 AM (Rosary at 8:00 AM)  
**Saturday:** 8:00 AM  
**Holy Days:** 7:00 PM (Vigil)  
8:30 AM and 7:00 PM  
Adoration of the Blessed Sacrament  
Tuesdays 9:00 AM to 7:00 PM

#### SACRAMENT OF PENANCE

Saturdays at 4:00 PM or by appointment. Those wishing spiritual direction should phone the Parish Office for an appointment.

#### CHRISTIAN INITIATION

(For Infants) Baptisms can be celebrated during or apart from Sunday Mass. For information concerning our parent and god-parent preparation program, please contact the Parish Office. (For Adults) The R.C.I.A. is for Non-Catholic and Catholic Adults who wish full initiation into the Catholic Church through Baptism, Confirmation and Eucharist. The R.C.I.A. is an ongoing process designed to meet individual needs. The R.C.I.A. Faith Sharing Community meets regularly on Tuesday evenings at 7:00.

**SACRAMENT OF MARRIAGE :** contact Pastor for information at least 6 months prior to designated wedding date

#### WELCOME TO NEW PARISHIONERS

We are always happy to welcome new people into our parish family. If you have discovered our Church and like what you experience, why not become a member? Contact the Parish Office for more information.

#### PARISH BULLETIN

All items must be e-mailed to [crooney@stgabrielma.org](mailto:crooney@stgabrielma.org) or proposed in writing and left at the Parish Office by 9:00 AM Monday or one week early for holidays.

#### PASTORAL CARE

Arrangements for the reception of the sacraments at home can be made by contacting the Parish Office. Please also notify the Parish Office when a parishioner is in the hospital or otherwise confined. Emergency sick **anytime**



Director of Religious Education  
Simone Caron [scaron@stgabrielma.org](mailto:scaron@stgabrielma.org)

Parish Administrative Assistant  
Colette Rooney [crooney@stgabrielma.org](mailto:crooney@stgabrielma.org)



**MASS INTENTIONS**

Sat., July 17	5:00	Barbara Burke, req. by Jim + Sue, Betty + Hugh and Familias Salvatore Tinio, req by Brian And Maggie Bethel
Sun., July 18	8:00	Dylan Rogers, req by Maggie Summers
	10:30	
	12:00	Richard Garian, req by Onorata's
	5:30	
Mon., July 19	8:30	Diane Czjak, req by Maggie Summers
Tues., July 20	8:30	Alan Wright, req by P. Lawrence
Weds., July 21	8:30	Diane Czjak, req by Rita Braney
Thurs., July 22	8:30	Ashley and Lydia Stone, req by Chad
Fri., July 23	8:30	For all the Holy Souls in Purgatory
Sat., July 24	8:00	
	5:00	Edward Lynch, req by Mary Starsiak
Sun., July 25	8:00	Michael Canane
	10:30	Sandra Callen, req by St Gabriel's Festival Choir
	12:00	
	5:30	



**CHECK WITH OFFICE TO SEE IF EVENT CANCELLED OR HAS BEEN RESCHEDULED:** *(Make sure to have downloaded St Gabriel's APP and get instant cancellation/ updates)*

Mon., (all)	Bible Study	10:00am
Mon., (all)	Marian Rosary Group	4:00 pm
Thurs.,	3rd of each Month– Grief Group Mtg.	7:00 pm in Parish Hall

July 18, 2021

**16th Sunday in Ordinary Time**

There's an ordinary pine grove located on a tree farm not too far from town where life's stresses and demands seem to melt away. It is here that all that seemed so important out there no longer is and one can get lost in the rows of trees and majestic beauty. God is here and all is good. We need to connect with the Divine Source of all that is in order to understand what it is we are doing and why we are doing it. Otherwise, things stop making sense and bitterness can overcome one's spirit. It's okay to play once in a while and to discover that place of profound life and peace. People always have needs and there is constantly something to do. And while all of that is necessary and we are needed, there is also that inner solitude within that needs to be celebrated and released.

We all need a pine grove. It's that little place we can go and leave all that consumes us behind. It's a place where technology can be set aside and wonder, and awe given some time. We don't have to text, calculate, or orchestrate anything in the pine grove. It is a somewhat deserted place where all of that can be set aside and we can just be. The anger, frustration, exhaustion, discouragement, helplessness, and occasional apathy, all can fall to the ground like all of those pine needles that once held their place on the branch of a Frasier Fir. The needles can let go. We can let go. We are beings connected with Being and we all need to remember what really matters, who really matters and what life is truly all about. We need to find that place where we can rest and let go of all of the barnacles we accumulate. Rest, breathe, seek, and love.

The world will need us again when we leave the pine grove. It will all be waiting for us, beckoning for our attention. But we will have prayed and will have marveled at the silence and the beauty of goodness. We can go back, ready, and eager to listen, to help, to heal, to cry, to embrace, and attend to all that is asked of us. But, having let go of the distractions in that deserted place we will have a renewed sense of purpose. We will know better Who it is we serve and what we are meant to do. It will all be clearer now that we have been Divinely touched and refreshed.



**RELIGIOUS EDUCATION CORNER:**

Anyone looking for the Summer class schedule can find it on our website at [www.Stgabrielma.org](http://www.Stgabrielma.org).

Registration forms are also available on our website. Registrations .have been mailed out.

The Religious Education schedule for the 2021-2022 school year has been posted on St. Gabriel's web-site., and registration forms have been mailed or can be downloaded from our website.

If you have any questions please contact Simone.

**SUN KISSED STROLL**

*Before the mountains were brought forth,  
Or ever You had formed the earth  
And the world, even from everlasting  
To everlasting, you are God.  
Psalm 90:2 NKJV*

Course sand rubs bare feet as the cool, soothing wash of mornings tide tickles and refreshes every step. The sound of playful sea gulls, diving, soaring, calling out into the warm breeze, calms your soul, even as your heart races with your pace. Breathing in the fresh, salty air, you realize, at least for a moment, that life is good. God is good. His embrace feels as warm as the sun on your skin.

Can you see the horizon? That long line in the distance where blue sky kisses the sea and land? It circles around you, giving you a glimpse of the endless nature of God's love and glory. He made this day. This sand beneath your feet. The sea and all its infinite creatures. The salt and the sun. And He made it for you—even for this very moment. He wants you to see with your eyes, hear with your ears, taste with your tongue, and feel with your skin the incredible depth of His delight in you.

It is all good! So soak it all in and smile, because you are loved.

*As we grow in our capacities  
to see and enjoy the joys  
that God has placed in our lives,  
life becomes a glorious experience of discovering  
His endless wonders.*

**ST. GABRIELS APP:**

<https://www.parishsolutionsco.com/gabrielupton.html>

We are excited to announce the release of a new Mobile App for our parish. This app is available for download in the Android and Apple Stores. The App is a new and effective way for the parish to communicate with you and for you to stay connected with the parish. The App is PACKED with prayer resources including Liturgy of the Hours, Daily Mass Readings, the Order of the Mass, Sunday Reading Reflections, the Bible, the Catechism, a digital rosary and on and on. It is also packed with educational resources, parish events, event sign up forms, mass schedules, photo capture tools, discussion boards and more. Best of all, we can alert you of extra special happenings and cancellations via the app's push notifications system.

Go in your APP Store and look for :

**St Gabriel Upton** - Download and make sure to allow **PUSH NOTIFICATIONS** for all new information.

**Tuesday Adoration**

My friend an appeal from My Sacred Heart.

Would you please take an hour or a half-hour of your precious time to come and visit me in the Blessed Sacrament on **Tuesdays from 9:00 a.m. to 6:00 p.m.** So many are trying to deal with problems alone-without me and my help. They seem to have no time for me. I am here for you and want you to come to me. Your friend, Jesus.



**Do What Needs to Be Done:**

A friend recently confided in me that although he prayed frequently each day and was involved heavily in his parish, he did not sense much fruit coming from it all and was left feeling unsatisfied. I assured him he was not alone. I told him of a deceased pastor of mine who had spoken frequently about being in this type of situation. Even as a priest, he knew all too well of how we can feel like we are simply going through the motions. It is precisely at those times that continuing to pray and practicing good stewardship is most important, because it would be easier to simply take a break and risk never coming back. He liked to say, "Do the drill," meaning just do what needs to be done. We are all called to be mature disciples who answer the call of Jesus Christ regardless of the cost. We cannot choose when and where the call will come. We cannot schedule our stewardship in a way that is always most convenient for us. Even when the fruits of our faithful efforts seem hidden from us, we hold to the promise that we are never called to give of ourselves for nothing. God is working through us and in us. No matter how dry the land may seem, seeds are being planted to yield a harvest greater than we can ever realize. Stay strong and do the drill!

### Grief Support Meeting



The next meeting of the grief support group ministry will be July 15th. The primary mission of this ministry is to help bring healing to the wounds caused by grief. Meetings consist of listening to a reflective reading fol-

lowed by optional sharing. All are welcome to attend whether you are grieving the loss of a spouse, child, sibling or friend and regardless of whether the loss was recent or long ago. For more information please do not hesitate to contact Fr. Larry or Christine Baldiga at [chrisdave12@gmail.com](mailto:chrisdave12@gmail.com) or call 508-320-6654 and feel free to leave a message.

### Marian Prayer

We encourage any parishioner who so desires to join us for our Marian prayer on Monday's at 4:00pm. This prayer, seeking the intercession of Mother Mary is offered for the continued strength and vibrancy of the faith community here at St. Gabriel's.

### Food Pantry

Thank you for your generous gifts to our Food Pantry. They are greatly appreciated. We now have a good supply of the items that are most often requested. We still need peanut butter, bake beans, sardines, egg noodles, spaghetti, other pastas and rice sides, juice, and clam chowder. May God bless you for helping our dear neighbors .



### BOOKS ARE STILL NEEDED :



Now is the time to clean out your bookshelves. Our new **Prison Ministry** is collecting books for adult inmates and their children. We are in need of adult books, children's books, and graphic novels. No textbooks or encyclopedias please. Thank you for your help. If you have any questions please call (508)

603-1430. Pick up is available.

### Can we pray for you?

Did you know there are a dedicated group of parishioners that pray for special intentions during the week? (Prayers of thanksgiving, prayers for healing, prayers for the families of the deceased) If you would like a prayer included in our

prayer list, please provide your first name only and prayer to our new email address: [stgabrielsprayerline@gmail.com](mailto:stgabrielsprayerline@gmail.com). We are always looking for more *prayer partners*.

### REDEMPTION to Redeem the Holy Souls



Please note this renewed ministry as we enter into the promising hope of a post COVID time period that EVERY parishioner has the opportunity to partake in. So little can accomplish SO MUCH!!! It has been said there is no greater act of charity

than to offer prayer for the Holy Souls in purgatory and there is no greater prayer than the Holy sacrifice of the Mass. In this light, we are asking all St. Gabriel parishioners to consider bringing your **full, closed bags of rinsed, redeemable bottles and cans** and place them in the tall green recycle bin located in the front left corner of the hall next to the Narthex for redemption. **(PLEASE ensure bottles are rinsed and bagged for safety as each can must be manually handled for individual insertion into the redemption machine)** The redemption money collected will be used to have Masses said for the Holy Souls on an ongoing basis. Just think of the potential that each time you enjoy a beverage YOU can contribute in helping souls literally get to heaven! Thank you all for your kind consideration.

### The Steward's Work Is Never Done

Woe to the shepherds who mislead and scatter the flock! When you hear these strong words from the Old Testament, you're probably thinking, thank goodness I don't have any sheep — dodged that bullet. Nobody misled here! No flock scattered on my watch! However, we are all shepherds of a kind, called to tend our own sheep: our families, our parishes, our communities.

But it's exhausting. Don't we all sometimes just want to take a break from being a steward? The excuses are so familiar: we're tired, we've done enough, we've given all we can, what more does the parish (or my spouse, or my kids, or my boss, or my friends, or my community) want? We give ourselves permission to be selfish. So, what if the flock scatters just a little?

Jesus gets that. We can just imagine him weary with exhaustion, can't we? We see him on his boat, attempting to sneak away for a quick break — maybe just a chance to eat a bite of food in peace. He is God, but he was still human, after all. Even the most dedicated shepherds need to sleep. But people couldn't leave him alone. They were hungry for him. They needed what he could offer, and they needed it now. As tough as it is, that's the example we are tasked with imitating. Everyday Stewardship demands accountability. It demands our showing up even when we are tired. It demands that we look at our lives, our time, our energies, our talents, our hearts, our bank accounts and think: where do I still have more to

### NEW ALTAR SERVERS

St. Gabriel's is looking for new altar servers for our weekend Masses. We are looking for young people and adults. Regular Mass attendance is required along with the flexibility to serve one to two times per month at the various Mass times. Younger servers should have received their first communion.

Outside of the priest or deacon, servers, more than any other liturgical ministry, are concerned with almost every aspect of the celebration of the liturgy. This is a wonderful way for both our young people and adults to serve the Lord and our parish.

Training sessions will be held mid to late July. For further information, please contact Father Larry or the parish office.



## THE 16TH SUNDAY IN ORDINARY TIME

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### St. Gabriel's Prayer Shawl

If you wish to obtain a prayer shawl for someone who needs a "hug from God" (for loss, comfort, illness, surgery, military, etc.) please fill out a request form, found in the entrance of the church. Occasionally the forms will be inserted into the weekly church bulletin. Please send it or take it to the parish office. We will call you when it is ready to be picked up. The shawls are FREE! Donations of yarn and/or money for supplies are very much appreciated. Meetings for the Prayer Shawl Ministry are on the first Thursday of the month at 7 pm in the Chapel at St. Gabriel's. Meetings will resume in Fall. All are welcome!

### The Benefits of Electronic Giving

- ◆ Reduces check processing fees
- ◆ Reduces collection time
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- ◆ Creates peace in knowing your data and auto-deposited gifts are secure
- ◆ Accommodates special collections and tuition
- ◆ Provides a giving history for tax statements
- ◆ Reaches a wider demographic of givers

### Worldwide Marriage Encounter

To support married couples during this time of social distancing, Worldwide Marriage Encounter is sponsoring virtual marriage experiences. Some are on weekends and are seven sessions on weekdays from 7:00pm to 9:30pm. Couples will explore their individual personality styles, improve listening and communication skills, understand God's plan for their marriage, and learn how to keep their relationship a priority. Registration is limited and a \$100 application fee is required. For more information or to apply, call at or visit them at <https://wwmema.org/>.



### Knights of Columbus

Congratulations to Trevor Bache, Kathryn Surbey, John Lemieux, and Jason Lazarz for being awarded Knights of Columbus scholarships for 2021. Each were awarded scholarships based on their dedication to St. Gabriel's and their commitment to charity, unity, and fraternity.



### FIRST FRIDAY ADORATION

The Lord invites us personally to spend time with Him during adoration. Let's accept His invitation! Being still and setting

aside an hour to adore Him may be a hard thing to do, but it may be the most important. The times when you need God the most are when you don't think you need Him. Our next First Friday Adoration will be **on August 6th from 9:00 –11:30 AM.**

### 16TH SUNDAY IN ORDINARY TIME



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Parish's page. Share our page with fellow parishioners to help our online community grow!

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