

Saint Gabriel the Archangel Parish



**Rev. Laurence V. Brault / Pastor
Rev. V. Sagar Gundiga / Assoc. Pastor**

LITURGY SCHEDULE

Lord's Day:	5:00 PM (Vigil) 8:00, 10:30, 12:00 and 5:30 PM
Weekdays:	8:30 AM (Rosary at 8:00 AM)
Saturday:	8:00 AM
Holy Days:	7:00 PM (Vigil) 8:30 AM and 7:00 PM Adoration of the Blessed Sacrament Tuesdays 9:00 AM to 7:00 PM

SACRAMENT OF PENANCE

Saturdays at 4:00 PM or by appointment. Those wishing spiritual direction should phone the Parish Office for an appointment.

CHRISTIAN INITIATION

(For Infants) Baptisms can be celebrated during or apart from Sunday Mass. For information concerning our parent and god-parent preparation program, please contact the Parish Office.

(For Adults) The R.C.I.A. is for Non-Catholic and Catholic Adults who wish full initiation into the Catholic Church through Baptism, Confirmation and Eucharist. The R.C.I.A. is an ongoing process designed to meet individual needs. The R.C.I.A. Faith Sharing Community meets regularly on Tuesday evenings at 7:00.

SACRAMENT OF MARRIAGE : contact Pastor for information at least 6 months prior to designated wedding date

WELCOME TO NEW PARISHIONERS

We are always happy to welcome new people into our parish family. If you have discovered our Church and like what you experience, why not become a member? Contact the Parish Office for more information.

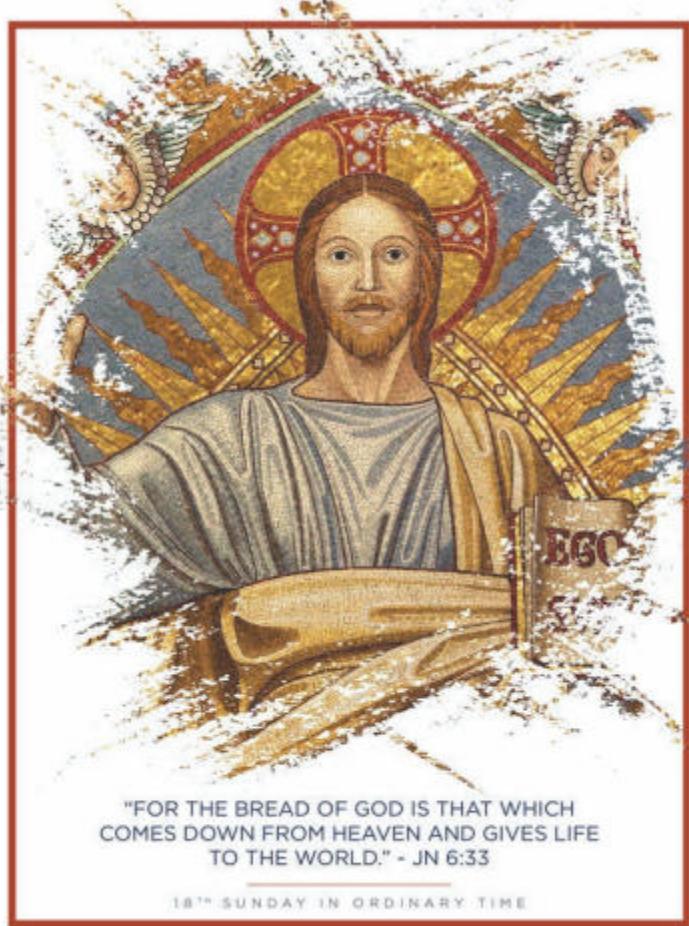
PARISH BULLETIN

All items must be e-mailed to crooney@stgabrielma.org or proposed in writing and left at the Parish Office by 9:00 AM Monday or one week early for holidays.

PASTORAL CARE

Arrangements for the reception of the sacraments at home can be made by contacting the Parish Office. Please also notify the Parish Office when a parishioner is in the hospital or otherwise

OFFICE HOURS:
MONDAY – FRIDAY
9:15 AM – 4:00PM
508-603-1430
Fax-1-508-529-1629



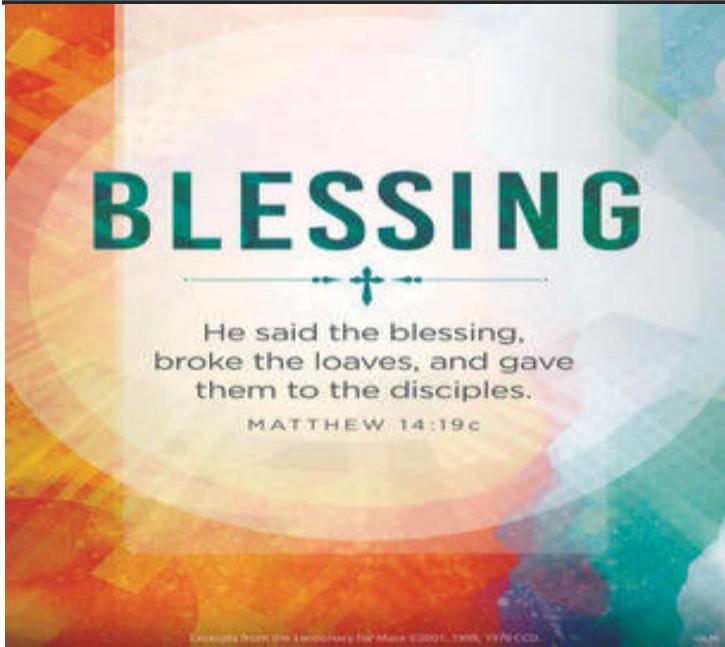
"FOR THE BREAD OF GOD IS THAT WHICH COMES DOWN FROM HEAVEN AND GIVES LIFE TO THE WORLD." - JN 6:33

18TH SUNDAY IN ORDINARY TIME

EXCERPTS FROM THE LECTERNARY FOR MASS © 2001, 1988, 1970 DDCI, FCP

**Director of Religious Education
scaron@stgabrielma.org**

**Parish Administrative Assistant
crooney@stgabriel.ma**



MASS INTENTIONS

Sat., July 31	8:00	Gary Darby, req by Butler Family
	5:00	Edward Lynch, req by Metcheck's
Sun., Aug 01	8:30	Paul Emile Chauvine, req by Family
	10:30	Tom and Mary Mulhein, req by Langins
	12:00	Maurice and Pauline Capistran, req By Family
	5:30	
Mon., Aug 02	8:30	Diane Czjak, req by Tate's
Tues., Aug 03	8:30	Diane Czjak, req by Maggie Summers
Weds., Aug 04	8:30	Samuel Price, req by Chad
Thurs., Aug 05	8:30	Karen Terra
Fri., Aug 06	8:30	For all the Holy Souls in Purgatory
Sat., Aug 07	8:00	
	5:00	Bob Roy, req by Ann Halsing
Sun., Aug 08	8:00	Richard Brault, req by Family
	10:30	
	12:00	
	5:30	

HERE'S WHAT'S HAPPENING

CHECK WITH OFFICE TO SEE IF EVENT CANCELLED OR HAS BEEN

RESCHEDULED: *(Make sure to have downloaded St Gabriel's APP and get instant cancellation/updates)*

- Mon., (all) Bible Study 10:00am
- Mon., (all) Marian Rosary Group 4:00 pm
- Thurs., 3rd of each Month— Grief Group Mtg. 7:00 pm in Parish Hall
- Sun., 3rd of each Mth.—Peace & Social Justice Mtg. 7:00 pm –Virtually.

August 1, 2021

18th Sunday in Ordinary Time

“You cannot see the forest for the trees” is a widely known saying that can bring wisdom to our understanding of our journey. Often, our sight becomes limited to what is immediately before us. We lose touch with lessons and experiences from the past and promises and hope for the future. As human beings, we have the privilege of being able to choose things. What I like and don’t like, want, and don’t want can be major preoccupations of our minds and hearts. Our preferences and desires begin to define us more than the simple fact of our being. Who we are matters more than what we are or what we have. If we don’t move beyond the external and superficial stuff to what really is of essence, we risk becoming very unsettled, disorientated, angry, and unhappy. We fail to see the bigger picture of hope and promise that lies ahead and the Divine Presence that has sustained and carried us before.

We like it when the “now” time of our lives satisfy us. Even the people who witnessed Jesus feed the five thousand got confused and distracted. It felt good when thousands of people were able to eat. They wanted to know what they could do to get this to happen again! But Jesus quickly reminds them that this is not the point of this sign. As much as the now time of our lives is of concern, it is not what is ultimately important. We need to learn the difference between being and doing, drawing more strength from who we are and who God is rather than what is happening around us and the choices we can make. Jesus is the true bread that came down from heaven. Jesus is the very incarnate presence of God who sustains life and assures us that we will not perish. This is not easy to understand and feel. We have to practice being in the presence of ourselves, others, creation, and God. We are brought to a holy place when we encounter the sacredness of being. This is real prayer.

Then, we learn to trust. It is when we cease trusting that we start to become afraid, uncertain, apprehensive, and doubtful, and overly self-concerned. We even start to grumble. God has our back. That is the essential powerful message of the living bread come down from heaven. God, who is alpha is also omega, the beginning and the end, and has everything in between in his care as well. A woman once remarked that her most powerful God moment happened when she and her husband cuddled with their new baby for a time. Without exchanging words and using only the affection communicated through sight and touch, they rested in being with each other. This brought them to the sacred, where they realized that a greater Being was with them. It was real. They knew that they were part of something bigger, intimate, and profound. When we rest in the Living Source of life, we will find that our souls are no longer hungry or thirsty.

THE 18TH SUNDAY IN ORDINARY TIME

RELIGIOUS EDUCATION CORNER:

Anyone looking for the Summer class schedule can find it on our website at www.Stgabrielma.org. Registration forms are also available on our web-site. Registrations have been mailed out.

The Religious Education schedule for the 2021-2022 school year has been posted on St. Gabriel's web-site., and registration forms have been mailed or can be downloaded from our website.

Teachers are needed for the school year classes:

Grades 1, 3, 4, 5, 6 meet twice a month on Sundays from 9:05-10:20

Eucharist class will meet once a month from 8:00-10:20
Grades 7, 8, 9, 10, 11 meet twice a month on Mondays from 6:00-8:00

If you are willing to share your faith with any one of these groups, please contact the Religious Ed. Office.

If you have a child entering the First Grade in September, please contact us for a registration form or download a form from our web-site.

If you have any questions please contact Simone.

Pope Francis has said that respect for life is not just about the unborn child in the womb, but also about the least of our brothers and sisters. Yes, it is even upon the undocumented resident alien who has no voice but ours. As followers of Jesus Christ, we are all called to protect the voiceless. Let us pray...

Good and gracious God,

you blew into our nostrils the breath of life.



You are the One to whom we owe our very existence.

Give us the courage to take that unpopular position of protecting those who have no voice,

the unborn child in the womb

to the person taking his or her last breath.

The life you have given us is a gift beyond measure.

Embolden us to speak the truth

about protecting the child, the elderly, and the one without a voice in the public square.

With thankful hearts, Father, Son, and Holy Spirit. Amen.



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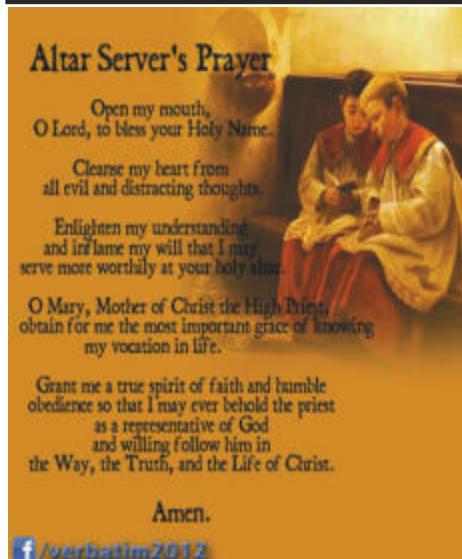
We are excited to announce the release of a new Mobile App for our parish. This app is available for download in the Android and Apple Stores. The App is a new and effective way for the parish to communicate with you and for you to stay connected with the parish. The App is PACKED with prayer resources including Liturgy of the Hours, Daily Mass Readings, the Order of the Mass, Sunday Reading Reflections, the Bible, the Catechism, a digital rosary and on and on. It is also packed with educational resources, parish events, event sign up forms, mass schedules, photo capture tools, discussion boards and more. Best of all, we can alert you of extra special happenings and cancellations via the app's push notifications system.

Go in your APP Store and look for :

St Gabriel Upton - Download and make sure to allow **PUSH NOTIFICATIONS** for all new information.



The Transfiguration. Does it seem somewhat esoteric or perhaps a bit too theological? On this Feast Day we are invited to consider whether the truth it reveals is being embraced and experienced in our own daily lives. It is not meant only for theologians to speculate over- or for mystics alone to encounter. We are all invited into the experience. The path up that mountain proceeds through prayer and encounter. On that Mountain, Jesus revealed before mortal eyes the Transcendent Truth of who He is - and who Peter, James and John - and each one of us - will become in Him. They were invited to exercise their freedom and embrace the path that He had prepared. So are we, right?



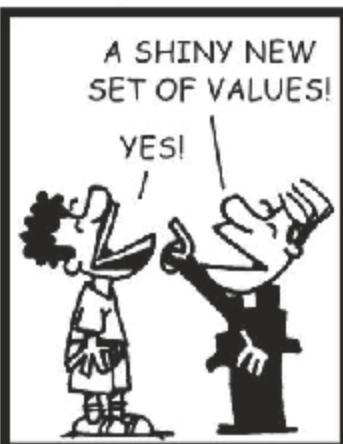
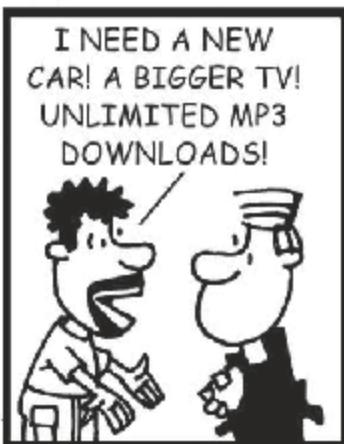
WE ARE IN GREAT NEED OF ALTAR SERVERS AGES 9/10 AND UP. IF YOU WOULD LIKE TO JOIN OUR TEAM, PLEASE SEE FR. LARRY OR SAGAR. Or call the office at 508-603-1430

Amen.

[f/verbatim2012](https://www.facebook.com/verbatim2012)

Grief Support Meeting

The next meeting of the grief support group ministry will be , Aug 19th, the **3rd Thurs. of each month.** The primary mission of this ministry is to help bring healing to the wounds caused by grief. Meetings consist of listening to a reflective reading followed by optional sharing. All are welcome to attend whether you are grieving the loss of a spouse, child, sibling or friend and regardless of whether the loss was recent or long ago. For more information please do not hesitate to contact Fr. Larry or Christine Baldiga at Chrisdave12@gmail.com or call 508-320-6654 and feel free to leave a message.

18TH SUNDAY IN ORDINARY TIME**BOOKS ARE STILL NEEDED :**

Now is the time to clean out your bookshelves. Our new **Prison Ministry** is collecting books for adult inmates and their children. We are in need of adult books, children's books, and graphic novels. No textbooks or encyclopedias please. Thank you for your help. If you have any questions please call (508) 603-1430. Pick up is available

Suggestions on how to make some new resolutions about practicing the faith in our family during the new year.

The family is the most essential space for the formation of values and character. Practicing your faith as a family can happen both internally and externally. Consistent prayer together builds habits that can last a lifetime. With younger children, praying together as a family in the evening or at dinnertime could be fairly doable most nights. In the evening, select a few common prayers such as the Our Father, Hail Mary, or Guardian Angel prayer. Ask each of your children to thank God for three things that day and include a time for children and adults alike to pray out loud for special needs in your family. This practice could be done with older children, committed to intentional efforts in the midst of increasingly busy schedules.

Look for other opportunities to practice the faith outside the home as well. Sunday Mass should already be part of your family's weekly routine. Consider setting other monthly goals as well. This could be a family service project in your city, attending the sacrament of Confession together, or hosting a hospitality night in your home. Get your children involved in the planning process. Ask them where they'd like to volunteer or who they think is having a hard time and might need a special night just for them. Rather than simply imposing new practices, your whole family can have a dynamic role understanding and integrating faith and life.

Worldwide Marriage Encounter

To support married couples during this time of social distancing, Worldwide Marriage Encounter is sponsoring virtual marriage experiences. Some are on weekends and are seven sessions on weekdays from 7:00pm to 9:30pm. Couples will explore their individual personality styles, improve listening and communication skills, understand God's plan for their marriage, and learn how to keep their relationship a priority. Registration is limited and a \$100 application fee is required. For more information or to apply, call at or visit them at <https://wwmema.org/>. Do you hunger for a deeper love in your marriage? Let Jesus fill your hunger by participating in the next Worldwide Marriage Encounter Experience.



BE SURE TO VISIT OUR WEBSITE AT www.stgabrielma.org and download our APP for lots of information on our parish including our event calendar, religious education information & scheduled meetings. It is updated weekly.

THE 18TH SUNDAY IN ORDINARY TIME

Tuesday Adoration



My friend an appeal from My Sacred Heart. Would you please take an hour or a half-hour of your precious time to come and visit me in the Blessed Sacrament on **Tuesdays from 9:00 a.m. to 6:00 p.m.** So many are trying to deal with problems alone-without me and my help. They seem to have no time for me. I am here for you and want you to come to me. Your friend, Jesus.

Food Pantry

Thank you for your generous gifts to our Food Pantry. They are greatly appreciated. We now have a good supply of the items that are most often requested. We still need clam chowder, sardines, pasta/rice sides, juice, and paper towels. May God bless you for helping our dear neighbors .



St. Gabriel Women's Club NEWS

First Meeting of the Season:



Mark your calendars ladies! The St. Gabriel Women's Club will have their first meeting of the 2021 season on Wednesday, Sept. 22nd @ 6:30pm. Additional information will be provided later in August

St. Gabriel Women's Club Awards Two \$500 Scholarships:

We are pleased to announce the two recipients of \$500 scholarships awarded to members of our parish based on their service to St. Gabriel's parish and their example of living their Christian life in their community. Congratulations to **Lindsey Plumb and John Lemieux.**

Practicing Graciousness in the Desert

Looking back over my journey of parenthood, I know there were days when I traveled the extra mile for my children. I made their toast the way they like it, let them play in the park an extra ten minutes, or let them go to the movies with their friends and I finished up the chores on my own. And then, it happened: the attitude. The request for the smallest thing from one of them is met with disdain or bewilderment. Sometimes you can be made breathless with the ingratitude of another person who takes so much and with so little shame, only to scoff at the idea that they, too, give even the smallest amount.

But if we're being honest with ourselves, we will admit that we do the exact same thing to God. Haven't we all been the Israelites in the desert at one point or another? God has parted our Red Sea in some way. He's led us out of some great trial, given us some great blessings. But then we run into a little resistance somewhere along the way and we throw up our hands. How could you do this to us, Lord? How could you ask this of us? No, I can't go any further. No, I won't do any more. Persisting in the blindness to the many ways God continues to protect us is nothing short of a temper tantrum. It robs our Everyday Stewardship of its graciousness, of our ability to accept with joy the trials of life because we are also constantly aware of its blessings.



REDEMPTION to Redeem the Holy Souls

Please note this renewed ministry as we enter into the promising hope of a post COVID time period that EVERY parishioner has the opportunity to partake in.

So little can accomplish SO MUCH!!! It has been said there is no greater act of charity than to offer prayer for the Holy Souls in purgatory and there is no greater prayer than the Holy sacrifice of the Mass. In this light, we are asking all St. Gabriel parishioners to consider bringing **your full, closed bags of rinsed, redeemable bottles and cans** and place them in the tall green recycle bin located in the front left corner of the hall next to the Narthex for redemption. (**PLEASE ensure bottles are rinsed and bagged for safety as each can must be manually handled for individual insertion into the redemption machine**) The redemption money collected will be used to have Masses said for the Holy Souls on an ongoing basis. Just think of the potential that each time you enjoy a beverage YOU can contribute in helping souls literally get to heaven! Thank you all for your kind consideration.



Can we pray for you?

We have made it easier for parishioners to send in prayer requests by adding a direct link to our prayerline right on our website at WWW.STGABRIELMA.ORG and clicking on the "MINISTRY" tab. As always you can send your intentions: prayers for the sick, for healing, for thanksgiving by sending an email to stgabrielsprayerline@gmail.com. We are always looking for more volunteers to join us in prayer. The commitment is just your own time in prayer with our list which is distributed bimonthly, no meetings, no hassles. If interested in joining this ministry send an email to our prayerline as well. We hope to hear from you.

Marian Prayer

We encourage any parishioner who so desires to join us for our Marian prayer on Monday's at 4:00 pm. This prayer, seeking the intercession of Mother Mary is offered for the continued strength and vibrancy of the faith community here at St. Gabriel's.

FIRST FRIDAY ADORATION

The Lord invites us personally to



spend time with Him during adoration. Let's accept His invitation! Being still and setting aside an hour to adore Him may be a hard thing to do, but it may be the most important. The times when you need God the most are when you don't think you need Him.

Our next First Friday Adoration will be **on August 6th from 9:00 –11:30 AM.**

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