



# The Holiday Villager

April 2021



## PRESIDENT'S MESSAGE

by Gail Moyer



As I write this in early March, there is a good chance that by summer America will look and feel very different than our current isolated lives. Eating inside a restaurant or a friend's house may no longer be controversial. Cookouts and summer vacations may return. Many aspects of life will be reminiscent of a time before coronavirus - as long as vaccinations continue to increase and Americans stay careful during the spring. That means we continue to wear masks and stay socially distant.

I want to explain something about homeowners associations. They are representative democracies where powers are delegated to elected representatives (board of trustees) and limited powers are reserved to the membership (residents). Further, boards have fiduciary responsibilities. A fiduciary duty is "the duty to act for someone else's benefit while subordinating one's personal interest to that of the other person. It is the highest standard of duty implied by law (i.e. trustee, guardian)" according to Black's Law Dictionary.

The Board is discussing possibly opening the pool as well as the clubhouse this Summer.

Should the fact that a small percentage of the community who express a particular opinion sway the Board members? A community's silent majority, who may think differently from the small percentage, should not be disenfranchised by the community's vocal minority. It is human nature to complain when you don't like something and to stay silent if you think all is well.

When you read this, the painting will be finished in the Clubhouse card room and library. We'll be working on the flooring after that.

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## 2021 BOARD OF TRUSTEES ELECTION

According to our by-laws, Holiday Village Community Service Association is required to hold an election every year to establish the membership of our Board of Trustees. Four of the seven seats are open in the odd years; three in the even years. In 2020, there were no new candidates for the board, so the three trustees whose seats were potentially at risk that year – Marie Campbell, Ritchie Berr and Gail Moyer – remained in place.

In 2021, the homeowners will decide the seats currently occupied by Mike Trust, Al Bove, Joe Sykes and Barbara Maimone. Reportedly, three candidates have stepped up to challenge for those seats. The official election material, including resumes and photos of all the candidates, as well as ballots and the instructions for their submittal, will be distributed by first-class mail and should be in the residents' hands by the time this edition is delivered. **Ballots must be received at the Clubhouse by 6 p.m. Tuesday, April 20. Please vote; it matters!**

Gil McDonald



**The Villager Staff**

Editor & Directory Manager    Gil McDonald  
 Secretary and Columnist        Susan Powell  
 Calendar Editor    Ida Ayala  
 Distribution                        Nadine Garrabrant  
    Margaret Gilfillan

**Writers and Columnists:**

Lou Antosh                                Don Rosser  
 Art Dorst                                    Joan Fingerman  
 Debra Kramer                              Joe Sykes  
 Rita Sykes                                  Jill McDonald  
 "Ima Plant"                                "Lee Galese"  
 Photographers:            Rick Spencer, Debbie Dion

*The Holiday Villager* welcomes news items, notices, and letters. All material may be e-mailed to [gmc59@aol.com](mailto:gmc59@aol.com). Although e-mail is preferred, brief, concise typed letters or legible handwritten material may be dropped off at the Holiday Village management office in our Clubhouse. All material must include the writer's name and phone number. Names will be withheld upon request.

Opinions expressed in submitted material are not necessarily those of the editorial staff or the Board of Trustees. We reserve the right to reject any material deemed to be inappropriate. We also reserve the right to edit all submissions, but we will make every effort to maintain the writer's concept and meaning.

**Neither the Holiday Village Community Services Association nor *The Villager* has any control over or interest in any published advertising. We accept no responsibility for goods and services advertised herein.**

**Deadline for the May 2021 issue is  
 April 10**

**Holiday Village Community Services Association**

**OFFICERS AND TRUSTEES**

*1 Holiday Boulevard, Mount Laurel, NJ 08054*

President ..... Gail Moyer  
 Vice President ..... Ritchie Berr  
 Secretary ..... Marie Campbell  
 Treasurer ..... Mike Trust  
 Trustee ..... Al Bove  
 Trustee ..... Joe Sykes  
 Trustee ..... Barbara Maimone

**Community Manager**  
 Kerri Perez  
[kerri.perez@associa.us](mailto:kerri.perez@associa.us)  
**Administrative Assistant**  
 Deb Taraska  
[deborah.taraska@associa.us](mailto:deborah.taraska@associa.us)

**CLUBHOUSE TEMPORARILY  
 CLOSED**  
**Call 856-866-1753 or**  
**See Resident Communication Form at**  
**[holidayvillage55.com](http://holidayvillage55.com)**

**Holiday Village Condominium Association**

President ..... Janice Weiner  
 Vice President ..... Jack Fisher  
 Secretary ..... Priscilla Knapp  
 Treasurer ..... Trudy Collins Tomkowicz  
 Trustee ..... June Bilenky  
 Trustee ..... Dorotea Rafanelli  
 Trustee ..... Sue Santacroce

**Condo Community Manager**  
 Lynne Hartmann  
[lynne.hartmann@associa.us](mailto:lynne.hartmann@associa.us)  
**Condo Administrative Assistant**  
 Lisa Bianchini  
[lisa.bianchini@associa.us](mailto:lisa.bianchini@associa.us)  
**Associa Condo Office. . . 856-996-1646**

## 51 YEARS AND COUNTING!

BY IMA PLANTE, *Working Undercover for the Common Grounds Committee*



Back in the day, in the time of no internet, cell phones, laptops, tablets, or social media for spreading the word, an estimated 200 million people celebrated the first Earth Day across America on April 22, 1970, by participating in over 12,000 events, large and small.

### A bit of history:

Earth Day was the brainchild of Senator Gaylord Nelson of Wisconsin. His objective was to coordinate growing grassroots efforts to force environmental concerns permanently onto the national political agenda.

Some events were significant in fueling outrage over the condition of our environment:

-In 1962 marine biologist Rachel Carson published her book, *Silent Spring*, which introduced Americans to the devastating effects of the large-scale use of pesticides, notably DDT.

-During the winter of 1969, a blowout from a Union Oil well spilled an estimated 3 million gallons of crude oil into the Pacific Ocean, creating an oil slick along 35 miles of California's coast, killing thousands of birds, fish, and sea mammals. The explosion from the well cracked the sea floor in five places.

-In the summer of 1969, an oil and chemical slick floating on the surface of Ohio's Cuyahoga River burst into flames. It wasn't the first time, but this time it received widespread news coverage.

-Does anyone remember tiptoeing between the gooey tar balls on NJ beaches in the 70's?

Earth Day 1970 spurred long delayed action in Washington, D.C: the creation of the Environmental Protection Agency, the Clean Air Act of 1970, Clean Water Act of 1972, and the Endangered Species Act of 1973. At the same time, colleges and universities began establishing environmental studies programs. The masks: yep, that's a 1970 photo.



### What can you do today?

Earth Day continues, now as a global effort, to foster appreciation for the earth's environment, and awareness of the issues that threaten it. You can learn more at: [www.EarthDay.org](http://www.EarthDay.org) Look for the list of 51 actions that can make a difference every day, including tips like: buying locally grown food to reduce the distance from farm to fork, using less plastic, unsubscribing to mailed catalogs, and donating to the *Canopy Project*.



A slogan on an Earth Day 1970 lapel button read: "Save Your Earth – You Can't Get Off". That could change in years to come, but since there are no tickets to Mars yet, let's do what we can to make each day Earth Day.

### \*\*\* STOP & READ \*\*\*

Before planning to perform ANY work on the outside of your home, please take the time to read the Architectural Guidelines. All work, other than maintenance items (Item 43 / Page 21), requires prior approval of an ARB Application. **Emergencies are no exception and a message should be left when the office is closed.** If you have a concern at any time please contact the office at 856-866-1753. You can also email [deborah.taraska@associa.us](mailto:deborah.taraska@associa.us), [kerri.perez@associa.us](mailto:kerri.perez@associa.us) or [mikedcko@hotmail.com](mailto:mikedcko@hotmail.com)

# HVCSA Management Corner

## Lawn Care Suggestions:

- Try to place a border around your property, as this will eliminate issues with the weedwhacker hitting your home and possibly damaging your siding. (See “Stop & Read,” Page 3)
- Check furniture covers to make sure they are not hanging in the grass.
- Take care of weeding, mulching, and trimming and pruning of your property.
- Maintain any dead grassy areas around your property.

## Lawn Cutting Damage Procedure:

If damage is done to your property during lawn cutting, notify the Management Office within seven (7) days of the incident. The Contractor or his assignee will make ALL repairs.

Homeowners WILL NOT be reimbursed if they take it upon themselves to hire a contractor for said repairs.

## New Feature on the Holiday Village Website: [holidayvillage55.com](http://holidayvillage55.com):

The *Resident Communication Form* is in the dropdown under Documents and Forms

Residents can use this instead of calling in and leaving a voice message. They can fill out the form and an email immediately gets sent to Kerri and Deb. Homeowners can use this for any complaint but it will be especially good for snow removal and landscaping. It also allows them to put in a picture in case of damage or anything they want management to see.

## VOLUNTEERS WANTED!

Holiday Village has often advertised for volunteers... with little results. It is very easy to avoid this call due to work, stress, time constraints, etc. However, Holiday Village community's success is totally dependent on the quality and commitment of its volunteers. Volunteerism is the critical component that helps boards and committees thrive!

Organized-community committees and executive boards need resident volunteers to come together for a common purpose. Their success depends on the productivity and creativity of those volunteers.

Being a volunteer means you can actively contribute by sharing your expertise, experiences and ideas for the greater good of your community. Volunteers provide a support system to others who have already stepped up. In a community this size, our members and chairs should never have to suffer “burn out”.

Volunteering keeps you physically and mentally active as well as giving you a feeling of self-satisfaction and being a part of something bigger.

At this time, we have committees that are looking for additional people to come forward and lend a hand. Contact the Management office to get more information on volunteering.

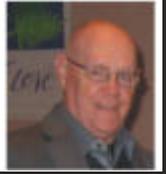
To the volunteers who continue to serve so loyally, we thank you, noting that April is National Volunteer Month and April 18-24 is National Volunteer Week)





## BLAST TO THE PAST

### APRIL MEANS BASEBALL AND TAXES



by Joe Sykes

It's April and as famous racetrack announcer Fred Capossela used to say, "The horses are approaching the starting gate and that can only mean one thing, it is now Post Time!" If he were announcing the start of the baseball season, he would probably say, "The teams are approaching the stadiums and that can only mean one thing, it is now baseball time." I am so ready for the return of baseball and warm weather and no snow. Last year I asked in my column "Where have all the snowflakes gone?" Well, they came back with a vengeance in February with three storms within a week and a half. I guess it was Mother Nature's payback for the little snow we had over the last three years. It's not nice to fool Mother Nature.

Not since seven Hall of Fame members died in 1972 has the exclusive club lost so many with six members passing last year. Must be some unbelievable teams playing up in heaven. I started putting together what I thought would be my **Heavenly All-Star Team**. I kept it to players who I actually saw during my lifetime.

- Pitchers** Tom Seaver, Bob Gibson, Roy Halladay, Whitey Ford, Jim Bunning
- Catchers** Yogi Berra, Gary Carter
- First Base** Harmon Killebrew, Stan Musial
- Second base** Joe Morgan
- Third Base** Eddie Matthews
- Shortstop** Ernie Banks
- Outfielders** Hank Aaron, Willie Mays, Roberto Clemente
- DH** Tony Gwynn, Dick Allen, Mickey Mantle     **Utility:** Bill Mazeroski
- Manager** Casey Stengel     **Coaches:** Tom Lasorda, Dick Williams, Earl Weaver



That's my Heavenly All-Star Team of players that I had the privilege to see in action. I look forward to your comments on this team; you can E-mail me at: [joesykes04@gmail.com](mailto:joesykes04@gmail.com).

**TAX TIME** April signifies the approach of warmer weather and sunny skies, but it has one drawback - time to pay your taxes, or as rich people know, time to send your money to the Cayman Islands. I'm expecting a big refund this year **if the IRS doesn't check my addition**. Now I have until May to worry about filing.

You can tell **Monopoly** is an old game, with some stuff that isn't valid anymore. There's a Luxury Tax and Rich People actually go to jail. If you think no one cares you're alive, try not paying your income taxes.

**LIFE BEFORE COMPUTERS.....**Memory was something you lost with age. An application was for employment. A program was a TV show. A keyboard was on a piano. A cursor was someone who used profanity. A web was a spider's home. A virus was the flu. A mouse pad was where a mouse lived.

**EASTER** is upon us and it brings back memories of my Mom taking me shopping for my **Easter** suit and shoes. Trips to **Dick Creans** for a suit or to **Father and Son or Thom McCann** for shoes were always painful and boring. I couldn't wait to get out of those shoes, it seemed like they were always too tight and snug. I remember in my teen years trying on a pair of shoes. The clerk asked me "how do they feel?" I said they feel a little tight. The clerk looked down at my feet and said, "Try pulling out on the tongue." I said "Nath theyth sthill feelth a bith tighth." The clerk asked me to leave the store.

Does anyone go to the movie theatre anymore? With all the streaming services and HBO Max you can get first run movies on your home TV. I hadn't been to a movie for over a year, so I decided to venture out to one after restrictions had been lifted. As I paid my Senior Citizen admission, I said to the girl, "I remember when movies were only a quarter." The girl replied, "You'll enjoy it now, sir, they have sound." Little wisenheimer.

# HEALTH & WELFARE HAPPENINGS

by Joan Fingerman



There will be two events on Friday, April 9:  
10—11:30. **Blood Pressure Checks**  
11:30—3:30. **Shredding Event**  
Both will be in front of the Clubhouse.  
Hope to see you!

Wednesday, April 28- **Rene Goodwin**-  
Part Three of Rene portraying Eleanor Roosevelt.  
Time is 1:00. Rain date- Thursday, April 29 .  
Location is the Clubhouse parking lot, pool side.  
Sign-up was March 29. Call Joan Fingerman  
to see if space is available. 215-880-3582

### PLAN-AHEAD FOR MAY

Friday, May 7, 1—3 p.m.. **Spring Health Fair.**  
Parking Lot—Gym side of the Clubhouse.  
Rain Date May 14.

Saturday, May 8— 9:00-4:00 **Lenape Spring Clean-up.** If you want work done, please complete the request form to the right and put it in the green box in the Clubhouse portico The box will be out from April 19 until May 3.

### HV EXPRESS TRIP COMMITTEE

Phyllis and Pat have the month off. When last seen, they were polishing their crystal ball trying to see into the Fall. Stay tuned to hear what they come up with.



gm

### TRAFFIC LIGHT COMING TO AN INTERSECTION NEAR YOU

The busy Union Mill Road/Academy Drive intersection will be disrupted for most of April as the township installs a traffic light at that location.

According to a March 8 press release from the township, a study assessed traffic volume, crash history and limited sight distance, leading to the approval of a traffic light. Please be careful during the work.

Thanks to Mike Trust

Gil McDonald

### Lenape High School National Honor Society

### SPRING CLEAN-UP

Saturday, May 8 Starting at 9 a.m.

Sign up is **MANDATORY**

*Voluntary Donations Welcome*

**CHECKS ONLY, made out to HVCSA**

DEPOSIT THIS FORM

IN THE GREEN BOX

IN THE CLUBHOUSE PORTICO

FROM APRIL 19 THRU NOON MONDAY, MAY 3.

**PLEASE DO NOT ASK A STUDENT FOR HELP**

**UNLESS YOU HAVE SIGNED UP**

**DO NOT OFFER THE STUDENTS ANY FOOD;**

**THE HEALTH & WELFARE COMMITTEE PROVIDES**

**SNACKS AT THE CLUBHOUSE**

**BOTTLED WATER OR CANNED SODA IS OK**

Please **PRINT** your information below:

Name: \_\_\_\_\_

Number & Street: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Description of duties: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Examples – washing windows, raking leaves, pulling weeds, and planting flowers.

**\*Students may only give 1 ½ hours per residence.**

**\*Students may only work outside the residence.**

**\*Students MAY NOT USE a ladder or power tools, no exceptions.**

**\*Students may not accept cash or gifts .**

**\*You do not need to be home. Leave paper towels, trash bags, etc., on your porch.**

**If students can't be at your home on Saturday, you will be notified late in the day.**

## THE EMS AMBULANCE IS DISPATCHED TO YOUR HOME: HERE'S WHAT WILL HAPPEN.

### Q&A WITH MOUNT LAUREL EMS CHIEF JOE STRINGFELLOW

by Lou Antosh



Q. Will I hear the sirens outside my home?

A. Only in high acuity cases such as cardiac arrest, unconscious person and respiratory distress do we use sirens and lights to reduce the ride by 30 to 45 seconds. For lesser situations we do not use them since they create a higher risk for responders. Timewise it is not a significant difference and fact is, EMTs (Emergency Medical Technicians) and paramedics get killed in traffic accidents. We rarely use them in route to a hospital.

Q. How long will the ambulance take to get here?

A. A lot of focus often is on ambulance response time, but that 8-minute standard for ambulance response was created in the 1970s because of the need to quickly defibrillate cardiac patients, which usually had to occur in the hospital. But now every police car and fire vehicle has a defibrillator and the police are generally on location around Holiday Village in four minutes. Township-wide, our units get there between 8 and 9 minutes, but acute cases also are answered by police and fire fighters and they often are first to arrive. All career fire fighters in Mount Laurel are EMTs.

Q. What EMS personnel will arrive and what will they do?

A. Two EMTs will respond and they will assess the situation, asking questions of the patient and other parties present. We also check the refrigerator door for the magnetic File of Life holder that contains medical information on each resident and gives us quick overview on the patient. See the File of Life box for more information. EMTs, who **have 240** hours of training, can administer CPR and glucose, give patients oxygen and help with treatments for asthma attacks or allergic reactions. With very few exceptions, such as in the case of auto-injectors for allergic reactions, they may not break the skin with needles. Advanced Life Support Paramedics may respond based on the nature of the call. They can start IVs and administer more advanced medications based on the call.

### For Your Health's Sake, Put This Red Packet on the Fridge

In a home medical crisis, the File of Life could save a life. Perhaps yours. The red packet contains sheets to record two personal health histories, medications, etc. Township EMS crews look for this file on home refrigerators after they arrive, seeking vital data about the patient. It takes just a few minutes to fill out but could greatly help medical professionals. Mount Laurel EMS has made these packets available through our clubhouse. During the Covid crisis, please call the office (856-866-1753) first to arrange for pickup.



Q. Will the patient go to the hospital?

A. Calling the EMS doesn't necessarily mean you need to go to the hospital. About half of our cases do not. For example, if we respond to someone with "respiratory distress," it could be that the individual was having a hard time catching their breath after vomiting or due to a panic attack and needs no transport. Falls account for 12-14 percent of our cases (737 in 2020) and usually require just getting the resident off of the floor. Respiratory and cardiac symptoms account for 15 percent of cases (839) and often are transported. The eight percent of traffic injuries are handled at the accident site.

*Continued on Page 12*



- **Handbook Update** - The Handbook review is on the verge of completion and will be printed and delivered sometime this Spring.
- **HOA Fees** - If you use auto-deduction, please check that the amount reflects the \$1 increase per month for this year. If you have an auto-deduction through Associa, there should be no issue.
- **Food** - Please do not throw food scraps or leftovers on the ground for wild animals. Food scraps hinder the lawn crew and tend to attract unwanted animals such as raccoons and skunks (FYI - raccoons are the number one carrier of rabies in New Jersey, followed by cats).
- **Lawn service** - Crews have been working on edging, removing downed branches, and preparing beds. Dead trees between Buildings #11 and #17 along North Lake Drive have been scheduled to be removed.
- **Recycle** - The wall by the recycle dumpsters that is falling apart will be replaced. Also, a friendly reminder that we recycle plastics #1, #2, and #5. *DO NOT recycle packing materials such as Styrofoam or plastic air pillows. Place empty plastic bags in the regular trash dumpster and not the arms of the recycle ones.* These get blown around and scatter across our grounds.
- **New Neighbors** - As the days lengthen, the weather warms, and we all spend more time outdoors, please get to know and welcome new neighbors.



Stay safe - Janice

**The CONDO-area trash Dumpsters are placed and paid for by the CONDO Association.  
ONLY CONDO residents may use them.**

**LETTER TO THE EDITOR:**

**OBSERVE CONDO AREA SPEED LIMIT**



Please be aware that the speed limit on Center Lane, Village Lane and Village Court is **15 Miles per hour.**

I have been out walking or have watched from my window at vehicles consistently driving down Center Lane at 25 to 30 miles per hour. Recently I was walking up Center Lane to get to my car and staying away from the middle of the street; a car came up from behind doing at least 25 mph startling me and if I had made one step to my left it would have hit me. The driver turned on to Village Lane and I quickly jumped in my car to follow. I pulled up to the driver, a resident on Village Lane, and let the person know what the speed limits are on Condo streets. The driver ignored me and went into their residence.

Please adhere to posted speed limits not only on Condo streets but throughout the entire community. There are hearing-impaired residents who may not hear you coming. I would love to see speed bumps on Center Lane but it's probably not practical because of snow plow issues.

If you happen to see someone speeding, please politely inform them of the posted limit. We don't want to see someone get hurt while walking, biking or pulling out from a driveway or parking space.

Joe Sykes Center Lane Resident

## BREAKING UP IS HARD TO DO

by Susan Powell



We'd spent a lot of time together. Not surprisingly, this had only increased over the past pandemic year, becoming too easily a daily occurrence, and then morphing into more than once a day . . . it was like I couldn't get enough. I'd felt myself losing control. Simple pleasures yielded immediate satisfaction, at least in the moment, without a care or concern for the sum or consequences of my actions. That is, until a very sad confrontation in late December . . . the day my new primary doctor informed me that my cholesterol levels were through the roof! It was suddenly crystal clear what I needed to do. I had to break up with cheese and other cholesterol rich and saturated fat foods.



Goodbye French Vanilla Creamer - my frequent 24-oz Wawa coffee was actually just a vehicle to get you into me. Forget about "serving size" - the generous amount I used per coffee served my sweet tooth well.

Goodbye unlimited eggs and quiches!

Goodbye dips and chips, even you whole grain ones!

To go cold turkey or wean? I decided cold turkey was best. If there's one thing I know about myself and edibles it's this: *if it's in my house, it's in my mouth*. I'd learned this years ago, when I'd buy the 8-pack of Entenmann's chocolate crumb donuts . . . even freezing half the pack was to no avail . . . one can still eat a frozen donut, although slower than a thawed one. My youngest brother suffered from the same affliction.

This was not totally unfamiliar territory . . . My cholesterol levels were slowly inching up years ago and a previous primary announced that it was time for me to start taking a statin. I was not a happy camper to this idea and told him I'd like to explore non-medical means to see if I could bring the numbers down. I did bring them down by taking daily fish oil supplements. But as the years went by, and other things came up in life, I'd slowly fallen off the supplement bandwagon.

My new doc, while concerned, told me to get back on the fish oil, change my diet, and we'd retest in about three months. Sadly, my exercise level would be drastically decreased as I was having bunion surgery yet again (!). Maybe a fused titanium plate and rod would affect my cholesterol in a good way? Maybe a cow would jump over the moon . . .

When I got home from my December doctor appointment, I threw out several refrigerator items. But I knew it wouldn't work unless I could replace snacks with other healthy ones that were enjoyable - taste, texture, sweet/umami, no or little prep. Yikes. I had to experiment, research a little, google this and that, and branch out of my comfort zone. Exercise would eventually become another factor, but not immediately.

I can control my eating habits, the supplements I take, and my level of exercise. My DNA, not. Time will tell for me. Sigh. Serenity now, insanity later . . .

I don't want to leave you with the idea the I'm not even speaking to cheese anymore . . . we're friends, but *just friends*. Hummus is my new Bestie!



**THERE ARE MANY WAYS TO EXERCISE,  
BUT HONESTLY, WE KNOW OURS IS BEST**

*By Your Possibly Smug Tennis and Pickleball Neighbors*

Want to lose a little weight? Or do that exercise the doctor recommends? Or suck in some healthy, facemask-less air without thinking about the horrid Covid menace? Well, then, why not give tennis and/or pickleball a try?



Okay, of course it is a ridiculous idea because you **a/** never played the sports, or **b/** you haven't played in years or **c/** you are interested but the idea scares you. We say, forget the ABCs. If you can catch a ball, take out your own trash or carry lots of groceries back from Shop-Rite, you may find an exercise solution on those courts right behind the community swimming pool.

Here's the little secret we will tell now in front of everyone. We not only hit balls back and forth over the net to get great outdoor exercise, but we also have FUN doing it. Yes, smiles. Laughs. Sort of like being a kid again. Sound attractive?



Most people have at least seen tennis, and our tennis players welcome newcomers to see if they like the sport, we may even have a spare racket to loan that day. Same goes for pickleball, which is less intensive because a pickleball court sits on just half a tennis court (we have two courts). Both tennis and pickleball sessions usually last an hour or so and we often rotate players. Pickleball lessons are available on Tuesdays at 10 (starting April 13).

We net people really like these sports and hate to sound like zealots, but we don't mind begging you to join us, although there is no toaster for signing up. Here is the April schedule for our groups, but until weather is warm enough, some days may be cancelled. Tennis: Monday, Thursday and Friday at 9. Pickleball: Monday, Tuesday, Friday and Saturday at 10, Wednesday at 3. Questions: Call Billie Jo Olsen at 856-778-0270 or Katie Dole at 856-906-0894.



Please note that our tennis and pickleball courts are open on any day at any time to any resident and you need not to join a group to play. But the courts are locked, so call the clubhouse and arrange to pay a \$5 deposit for a key.

**RITA'S RECIPES**

**HAM AND SWISS CHICKEN**



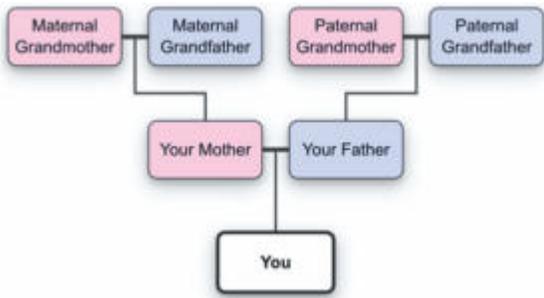
**Ingredients**

2 eggs beaten, 1 ½ half cups of milk. 2 Tbsp. butter melted. ½ cup chopped celery  
¼ cup diced onion 10 slices of bread, cubed. 12 thin slices deli ham rolled up.  
2 cups grated Swiss cheese. 2 ½ cups cubed cooked chicken.  
10 ¾ oz. can cream of chicken soup. ½ cup of milk.

1. Combine eggs and milk, Add butter, celery and onion. Stir in bread cubes. Place half of mixture in greased slow cooker. Top with half the Ham, Cheese and Chicken
  2. Combine soup and milk, Pour half over Chicken
  3. Repeat layers. Cover, cook on low 4-5 hours
- Makes 6 servings.

# GENEALOGY, ANYONE?

By Susan Powell



So, what do you know about *your Family Tree*? Have you ever tried your hand at Genealogy? If not, now might be a good time, particularly given free online resources.

Genealogy research is like investigating a cold case - you start with some facts, and then discover more, fleshing out both known and new characters across times and places. Many records are available online (i.e. births, marriages, deaths, passenger lists, emigration, citizenship, census, military service, etc.). And you don't

need to purchase a membership to do some research. Some of these sites have online tutorials, including basic introductory steps to help you begin.

Some of the reasons folks get involved with researching their family tree include:

- to prove qualifying ancestry to join an organization (i.e., Daughters of the American Revolution)
- to determine if they're related to someone famous, or descended from royalty
- to prove or disprove an old family story
- to learn about the lives and challenges ancestors faced
- to trace relatives back in the "old country"

During the pandemic, the Mount Laurel Library has made their [ancestry.com](https://www.ancestry.com) library subscription available for patrons to access from home (no mask required!) via the library website (click on Databases) using your library card number. While this doesn't give you the fullness of a personal membership, the "price is right" if you want to nose around. Here's a few **free online resources** to check out if you want to get started:

**FamilySearch** - <https://www.familysearch.org/en/>, registration is free, extensive records in searchable databases compiled by the Church of Jesus Christ of Latter-Day Saints (note: you need not be a church member to register to use this site).

**Ellis Island** - <https://www.statueofliberty.org>, searchable database of arrivals to the Port of New York between 1892 – 1954; registration is free, you can view scanned images of actual passenger manifests.

**Castle Garden** - <http://www.castlegarden.org>, free searchable database records of immigrants who arrived at the Port of New York from 1820 – 1892.

**Ancestry** - <https://www.ancestry.com>, basic use is free for Mount Laurel Library patrons, currently available to access from home.

**National Archives United States Census** - <https://www.archives.gov/research/genealogy/census/online-resources>, search census records from 1790 up to and including 1940.

My personal interest in genealogy mainly stems from both curiosity about a family story of Native American connection, and also wanting to know more about my paternal grandmother. She died a few months after I was born, and I'm named after her.

## CHIEF JOE STRINGFELLOW Q & A, Continued

Q. Should residents with chest pain always call 911?

A. The best time to call for chest pains is when they occur. At the height of the Covid crisis, our number of monthly calls went down because people were afraid to go to the hospital, so much so that the American Heart Association publicly urged people with chest pain to call 911. We would get to a house and the patient would say “I’ve been having chest pain for four or five days and I just can’t take it anymore.” Another condition that is acutely time-sensitive is stroke, which often can be treated with the clot buster TPA if the patient is hospitalized within three hours of stroke onset. If we ask the loved one when they first noticed a change in the patient’s mental status, and they say five hours ago, that opportunity presumably has been lost. That 911 call has to happen as soon as mental change is noticed.

Q. Should I call if I think I have Covid?

A. Yes. I would say in the past few months we have taken someone with Covid to the hospital at least once a day. They don’t necessarily call as a result of respiratory distress, it might be because they have a fever. Some may have had Covid before and do not want to go back into the hospital, but it is not a good thing to stay home at that point. If someone thinks they might have it but do not want to go to the hospital, our deputy chief will follow up with them the next day.

Q. Can the patient go to their favorite area hospital.

A. The type of complaint or condition often drives the destination. For example, a person with chest pain might ask to go to the newer Virtua in Voorhees and its private rooms, but we cannot take them there because it does not have a catheterization lab. Serious trauma should go to Cooper. If the patient has a fracture, Virtua in Marlton is off the table because they don’t do a lot of orthopedics there. Weather may dictate where we transport, or a very serious call may dictate going to the nearest hospital. And sometimes hospitals have a situation that requires them to temporarily divert cases.

Q. Can I accompany my loved one or friend in the ambulance?

A. Initially during Covid, no one could ride along, then at one period it opened up and you could ride with the patient, but last November it went back to no ‘ride-alongs’. It is that way still.

## WE’RE DOING SHOES AGAIN!

We never really stopped, but with spring here it’s time to breathe new life into collecting shoes for Soles4Souls. If time slipped away last year or you were having too much fun watching the news about the Covid pandemic, it’s time to unlace yourself.

Look in the back of the closets, check the attic, check with your non-Village friends, ask your kids and grand-kids.

I have already put 11 pair in the S4S drop box on the Rowan-Burlington campus, but I know there are a lot more shoes out there that haven’t had feet in them for a long time. Let us put them to good use.

You can drop them on the porch at 26 Bastian or call for a pickup.

Contact Gil McDonald, 856-234-0253 or gmcd59@aol.com

## Not another WILD GOOSE CHASE

By Bob Mayerson



*My heart knows what the wild goose knows, I must go where the wild goose goes.*

*Wild goose, brother goose, which is best? A wandering foot or a heart at rest?*

Who knows? The Shadow? Frankie Laine? The Goose Chasers? I know, I'll take a gander at the internet to find out about these fowl intruders, before I start running around like a...you know.

I typed in "Canadian Geese" and went to Wikipedia to better "know my enemy." I found out that Canadian Geese have been classified as a "pest species" because of their extensive crop damage, noise, excrement, aggressiveness, and more. They prefer a habitat with large expanses of grass and water. Their diet consists mainly of young tender grasses, some bugs, grains, aquatic plants and garbage. They need to drink every thirty minutes. They lay their eggs near the water in nests on gentle slopes. Most of all they need unobstructed views because of predators. So, I googled predators.



Their natural enemies include fox, skunk, coyote, raccoon, owls, falcons, hawks and dogs. The thought of introducing predators as a deterrent leaves us with a 'how to get rid of the predators' problem. I googled "Canada geese," adding "pests," then "deterrents," then "repellents." The many websites were very professional, informative and very much in agreement. Geese are not easily fooled, and catch on quick to our feeble human attempts to get their flock out of here.

The first suggestion for dealing with any pests is to change their habitat. Geese don't like obstructed views, so plant trees and hedges. They need to get to a pond: plant hedges and ornamental grasses to block their view and nesting places but allow anglers access. They like young succulent blades of grass. Mow longer; they don't like the tough older grass. Mowing longer is bad for the geese, bad for the weeds, and good for the grass.

The experts say that you must use a combination of products and strategies and change them up or the geese will quickly catch on. Many of the products are available locally for \$20-\$30. Liquid fence is a harmless concentrate of grape extract. A methyl type chemical changes the taste of the grass for the geese and they find the smell offensive. Others recommend spraying grape kool aid around the ponds and on their food source. Geese also are offended by rosemary and mints. Another DIY technique is to put some rocks in an empty laundry detergent bottle. The noise in this shaker annoys the geese.

They are disturbed not only by sound but also by light. There are solar-operated, motion-detector strobe-lights and sound-emitters of barking dogs, gun shots, and ultrasound at a frequency audible only to the geese. These small sensors are put in the ground on a stake and can cover over an acre. There are visual deterrents, scare-crows, balloons with eyes painted on them, mylar tape, mobiles with eyes, flags, pinwheels, whirligigs. Also recommended were dead rubber geese, fake owls and hawks, and artificial swans or floating crocodiles in the ponds. Some of these aren't really practical, but give an idea of the range of ideas.

Most interesting is a retractable fence. A housing on a stake contains 500 feet of retractable line. Around a pond the line would be set at 1-2 feet to prevent the geese or goslings free passage, unless they learn to limbo, while those who want to fish have access, and the retractability makes it totally, temporarily, mower friendly.

But I'm still thinking about the efficacy of their fear of predators. I've ordered a goose game-call. Maybe I'll learn the alert, warning, and alarm vocalizations to scare away the birds. Hopefully I won't accidentally attract more geese—— or predators.

Maybe I'll get a falcon or invite Julia Child.

2021

HVCSA



ACTIVITIES

2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>April is:</b> National Volunteer Month, National Humor Month, National Poetry Month, &amp; Keep America Beautiful Month</p> <p>so, read a funny sonnet and remember to recycle!</p>	<p>April dates are "weather permitting". More players needed, beginners welcome! Starting on April 13<sup>th</sup>, lessons &amp; tips will be provided on Tuesdays at 10:00 am at the pickleball courts. For questions / info, contact <b>Katie Dole:</b> 856-906-0894; <a href="mailto:kirkatdole@comcast.net">kirkatdole@comcast.net</a></p>	<p><b>6 Recycle</b> 10:00 Pickleball</p>	<p><b>7</b> world health day 3:00 Pickleball</p>	<p><b>1 April Fool's Day!</b> 9:00 Tennis </p>	<p><b>2 HVCSA Office Closed</b> </p>	<p><b>3</b> 10:00 Pickleball</p>
<p><b>4</b> </p>	<p><b>5</b> 9:00 Tennis 10:00 Pickleball </p>	<p><b>6</b> 10:00 Pickleball &amp; Lessons  4:00 BOT Meeting 701-802-5028; Code 6156135</p>	<p><b>7</b> 3:00 Pickleball</p>	<p><b>8</b> 9:00 Tennis 10:00 Finance Committee Play Ball!</p>	<p><b>9</b> 9:00 Tennis 10:00 Pickleball 10 - 11:30 BP Screening  11:30-3:30 Shredding Event Both events outside Clubhouse</p>	<p><b>10</b> 10:00 Pickleball </p>
<p><b>11</b></p>	<p><b>12</b> 9:00 Tennis 10:00 Pickleball</p>	<p><b>13</b> 10:00 Pickleball &amp; Lessons  4:00 BOT Meeting 701-802-5028; Code 6156135</p>	<p><b>14</b> 3:00 Pickleball</p>	<p><b>15</b> 9:00 Tennis  Tax deadline extended to May 17</p>	<p><b>16</b> 9:00 Tennis 10:00 Pickleball</p>	<p><b>17</b> 10:00 Pickleball </p>
<p><b>18</b> </p>	<p><b>19</b> 9:00 Tennis 10:00 Pickleball</p>	<p><b>20 Recycle</b> 10:00 Pickleball &amp; Lessons for new players Village Election Day Ballots to the Clubhouse by 6 p.m.</p>	<p><b>21</b> ARB Applications Due Administrative Professionals Day 3:00 Pickleball</p>	<p><b>22</b> 9:00 Tennis 10:00 Common Grounds 701-802-5380; Code 8711009 </p>	<p><b>23</b> 9:00 Tennis 10:00 Pickleball </p>	<p><b>24</b> 10:00 Pickleball</p>
<p><b>25</b></p>	<p><b>26</b> 9:00 Tennis 10:00 Pickleball</p>	<p><b>27</b> 10:00 Pickleball &amp; Lessons for new players 11:00 Communications 602-580-9771; Code 3251355 4:00 BOT Meeting 701-802-5028; Code 6156135</p>	<p><b>28</b> 1:00 Rene Goodwin event Part 3: Eleanor Roosevelt Poolside parking lot 3:00 Pickleball 6:30 ARB Meeting 7:00 Condo Board 712-770-5505; Code 241273</p>	<p><b>29</b> 9:00 Tennis 1:00 Rain Date for Rene Goodwin event</p>	<p><b>30</b> 9:00 Tennis 10:00 Pickleball </p>	

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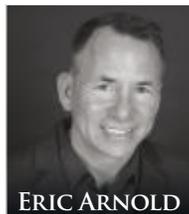


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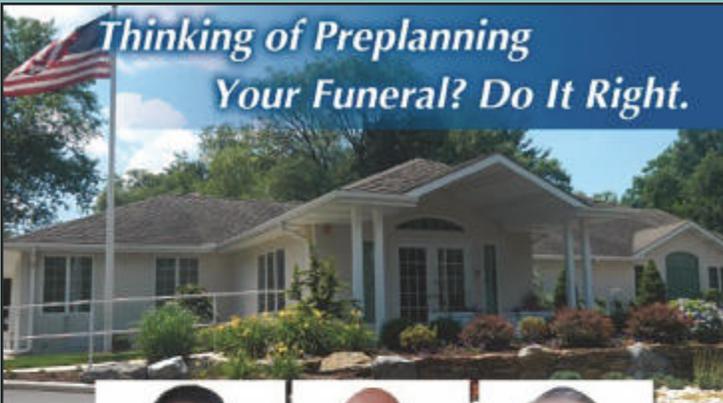
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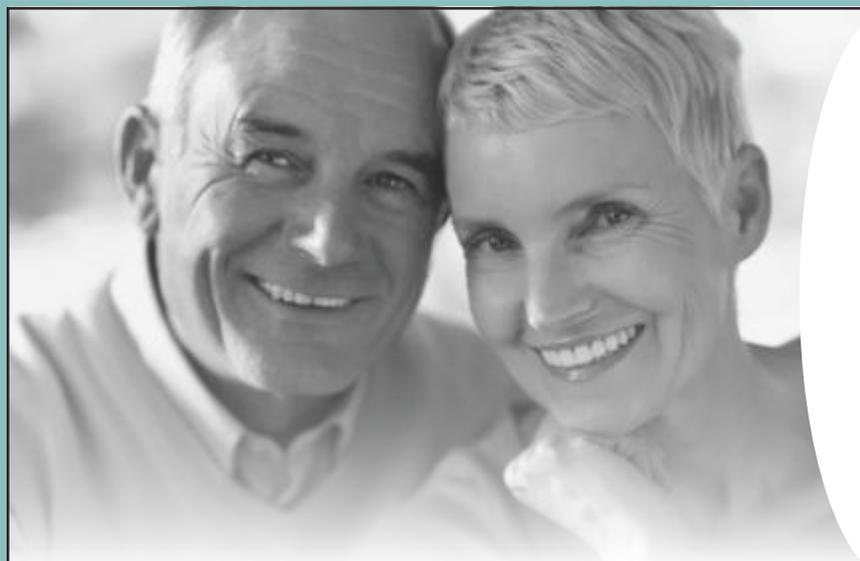
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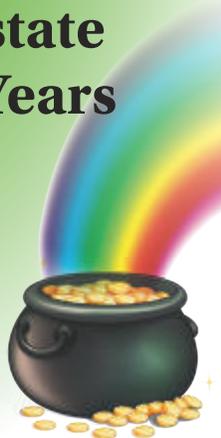


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*You don't need to make a huge investment to create more interest with potential home buyers. Follow the simple to-dos on this checklist to showcase your home at its best and boost your bottom line.*

**OUTSIDE**

- Trim weeds and tidy up lawn and garden
- Repair screens windows and doors
- Add fresh mulch and potted plants

**KITCHEN**

- Clear away small appliances
- Remove stains; sanitize stove hood
- Remove clutter

**BATHROOM**

- Store all toiletries out of sight
- Patch, caulk or grout as needed
- Display attractive guest towels

**FAMILY ROOM**

- Rearrange/remove furniture to maximize space
- Keep paint neutral
- Open window treatments for more light

**BEDROOM**

- Clean out closets
- Remove valuables and personal photos
- Vacuum and tidy-up

**BASEMENT/GARAGE**

- Clean and deodorize
- Get rid of unwanted items
- Straighten tools laundry area



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