



SERVED BY:

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ARCHDIOCESE OF NEWARK 973-497-4000

Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071
Phone: 201-438-1147 Fax: 201-507-5861
www.sacredheartlynd.org



6th SUNDAY IN ORDINARY TIME

A leper came to Jesus and kneeling down begged him and said,
"If you wish, you can make me clean." Moved with pity, he
stretched out his hand, touched him, and said to him,
"I do will it. Be made clean." - Mk 1:40-41

SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 12:00pm in the church
Saturday: 9:00am in the church,
5:00pm in church (Anticipated Mass of Sunday)

Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Mar. 22, May 10

Sacrament: in the church at 3:00pm

Apr. 3, May 16

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

S i x t h S u n d a y I n O r d i n a r y T i m e

In today's Gospel, we continue to hear Mark report the miraculous healings that Jesus performed in Galilee. The Gospel begins with Jesus healing a man with leprosy. Leprosy is a disfiguring, infectious skin disease that has been surrounded by many social and religious taboos throughout history. In 1873, the cause of leprosy, also known as Hansen's disease, was identified. We now know that leprosy is caused by a bacterial infection. Although it is infectious, modern medical studies have shown that transmission is more difficult than previously thought. Since the 1940s, medical treatments have been available, and the patient no longer needs to be isolated once long-term treatment has begun.

In Jesus' time, however, religious and social taboos dictated the behavior of those with leprosy and other skin diseases. The Law of Moses provided for the examination of skin diseases by the priests, and if leprosy was identified, the person was declared unclean. People with leprosy lived in isolation from the community. They were instructed to rip their clothes and to announce their presence with loud cries when moving in the community. If the sores of leprosy healed, the Law of Moses provided a purification rite that permitted the person to return to the community.

In today's Gospel, the man with leprosy took the initiative, approaching Jesus and asking for healing. In doing so, the leper violated the religious customs of the day by approaching a person who was clean. His request to Jesus can be interpreted as a courageous and daring act. The confidence of the leper in Jesus' ability to heal him is evident in the words of his request. But his words can also be read as a challenge to Jesus, asking just how far Jesus was willing to extend himself in order to heal someone. While healing the man, Jesus touched him, which also violated established social norms. This is an important sign of the depth of Jesus' compassion for the man and an important statement about Jesus' interpretation of the Law of Moses.

Although Jesus touched the leper, he did not break completely with the Law of Moses. He instructed the man not to tell anyone about the cure and told him to present himself to the priests as prescribed by the Law of Moses. The first instruction sounds nearly impossible to honor. Certainly, the man would want to share the good news of his healing, and his quick improvement would require an explanation. The second instruction honors the Law of Moses.

Mark's Gospel tells us that after this healing, it became difficult for Jesus to travel freely. There are several possible explanations for this. There might have been concern about the repercussions of Jesus' breach of social and religious norms. In touching the man with leprosy, Jesus made himself unclean. Mark's narrative, however, leads to the conclusion that Jesus' movement was hampered by his popularity. Despite his instructions, the cured man spread the word about Jesus' healing power. Even when Jesus was in deserted places, people sought him out in search of his healing.

One day, a group of tourists visited the convent of the sisters of Mother Teresa in Calcutta. They were horrified at the appalling condition of the poor and destitute patients being cared for by the sisters. One tourist, seeing a nun cleaning the putrid sores of a patient, remarked with much disgust, "Sister, even if somebody pays me a million dollars, I will not do what you are doing right now." The nun replied, "And neither will I. I am doing this only for the love of Jesus." That is what every Christian should do: reach out, care and share – all for the love of Jesus. Failure to do so is definitely a grave sin – sin of omission. Like leprosy, sin defiles and deforms our soul, and it separates us from God and from others. And basically, sin is rooted in selfishness. Selfishness is crossing our arms, unmindful of the needs of others, unwilling to stretch our hands – indeed, the cause of too much misery and pain in the world. Let us continue to pray for the sick and to help them in any way we can. But let us also pray for those who are truly sick in spirit: those who, in their selfishness, are unwilling to stretch out their hands. May the Lord touch them and heal their withered hands and hardened hearts so that they may once again learn to reach out and enjoy life in all its fullness.

ARCHDIOCESE OF NEWARK 2021 LENTEN REGULATIONS

1. The days of both Fast and Abstinence during Lent are Ash Wednesday and Good Friday. *If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus, and to prepare ourselves to share more fully and to celebrate more readily His Resurrection.* The other Fridays of Lent are days of Abstinence.
On a day of Fast, only one (1) full meal is permitted and two (2) smaller meals, which added together, would not exceed the main meal in quantity.
Those between the ages of 18 and 59 are obliged to fast.
On a day of Abstinence, no meat may be eaten. Those who have reached the age of 14 are obliged by the law of abstinence.
2. The obligation to observe the laws of Fast and Abstinence "substantially", or as a whole, is a serious obligation.
3. The Fridays of the year, outside of Lent, are designated as days of penance, but each individual may substitute for the traditional abstinence from meat some other practice of voluntary self-denial as penance.
4. The time for fulfilling the Paschal Precept (Easter Duty*) extends from the **First Sunday of Lent, February 21, 2021** to the **Solemnity of the Holy Trinity, May 30, 2021**.

*Canon 920, §1. *All the faithful, after they have been initiated into the Most Holy Eucharist, are bound by the obligation of receiving Communion at least once a year.*

BABY IT'S COLD OUTSIDE

We have all undoubtedly felt the bite of winter in the temperatures outside and in our heating bills. **This week, the second collection** will be to defray fuel costs for the church.



PRESIDENT'S DAY HOLIDAY

In observance of the President's Holiday on Monday, February 15th, the parish office will be closed. The Mass will be celebrated at 12:00 Noon in the church.

IMPORTANT CHANGE TO DAILY MASS SCHEDULE

Because of the Coronavirus pandemic, the daily Mass celebrated Monday through Friday at 7:00 AM in the chapel will be consolidated into the 12:00 PM Mass until further notice. The intention for 12:00 PM Mass will be for both the 7:00 AM and 12:00 PM intention. There will be no change to the Saturday or Sunday schedule at this time. The 9:00 AM Mass on Saturday will continue to be celebrated in the church to allow for social distancing.

OUR PARISH FAMILY FOOD PANTRY

Thanks to the efforts of our Human Concerns Committee and the generosity of our parish family, our parish family food pantry has remained opened and assisting our brothers and sisters in need throughout the pandemic. **If you or someone you know is in need of food assistance, please call the parish office.** Reminder, non perishable food donations for the pantry can be left near the Sacred Heart Shrine in the back of the church.

Your generosity now can help us make to make sure that we have enough food to help our neighbors in need through the cold winter months.

If you can donate any of these items, it would be greatly appreciated: Canned Vegetables, Fruit, Tuna, Potatoes (small packages or canned), Cereal (12 oz. or smaller), Peanut Butter, Jelly, Coffee (regular or small instant) and Cookies. Thank you for all of the generous donations. It's only with your help that we are able to keep our food pantry stocked. As a reminder, we are unable to package out-of-date food products for distribution to our families.

Upcoming Food Pantry Open Dates:

Saturday, February 20th & February 27th
Saturday, March 20th & March 27th (Easter Pick Up)
Saturday, April 17th & April 24th
Saturday, May 22nd
Saturday, June 19th and June 26th

ONLINE GIVING AT SACRED HEART

Did you know that there are two ways you can give online to our parish with GoFundMe or Zelle?

1. Give online with a credit or debit card. Use our Go Fund Me Page. Visit our parish GoFundMe page at:
<https://charity.gofundme.com/o/en/campaign/sacred-heart-church-lyndhurst>
2. You can give to the parish through the Zelle online payment system offered through most major banks. When you create the Zelle payee for the parish, please use the parish email address: sacredheartchurch@comcast.net.

PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Betty Tynan, Baby Ryan Joseph Lomuscio, Dolores Manno, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Buco, Sr., John Stemkowski, Dominick Palmieri, Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Allison Russell, Francesco Giacchi, Mario Alongi, Sr., Arvn Santos, Vito & Grace Dacchille, John Scivetti, Ellie Cappadona, Joseph Caramanico, Rose Motisi, Ken Stone, Rosie Perez, Timothy Yushak, Simplicia Ramirez

DECEASED: Jean-Claude Linoir, Louise Paolazzi, Virginio Cinardo



MEMORIAL DONATIONS

During the week of February 14th, 2021, the following items used for worship in our sanctuary were donated in the memory of a relative or friend or a special intention.

BREAD & WINE:



In Honor of: Frank De Serio

Donated by: Mele & Verdeaux Families

MASS CANDLES:



In Honor of: Melina Sylvestro

Donated by: Sylvestro Family



CHURCH BELLS CELEBRATE & COMMEMORATE

The Sacred Heart Church bell rings:

TUESDAY, FEBRUARY 16TH

In Honor of: The Memory of James M. Cavalcante

Donated by: Jim & Isabel Cavalcante

WEDNESDAY, FEBRUARY 17TH

In Honor of: Felizarda Gallagher

Donated by: Janet Rullo



SECOND COLLECTION NEXT WEEK CHURCH IN CENTRAL & EASTERN EUROPE

Next week, your generosity in the second collection will go to the Collection for the Church in Central and Eastern Europe. This collection supports the Church in more than 20 countries that still struggle to recover from Communist rule. Funds from this collection support pastoral care, catechesis, building renovations, and seminary formation. Your support restores the Church and builds the future in this region. Please prayerfully consider how you can support the collection next week. More information can be found at www.usccb.org/ccee.



FEBRUARY 14, 2020

Sixth Sunday in Ordinary

MASS INTENTIONS

Anticipated Sunday Mass

5:00 pm David Vincent Vaccari, III

SUNDAY - Sixth Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Special Intention

10:30 am Grace G. Monaghan

12:00pm James M. Cavalcante

1:30 pm Espinoza Family In Thanksgiving

MONDAY - Weekday

12:00pm Juan Morales

TUESDAY - Weekday

12:00pm Carol Petrillo Lintz
5th Anniversary

WEDNESDAY - Ash Wednesday

7:00am Peter & Carmela Sofio

9:00am Ruth Tracey

12:00pm Mary Reilly

5:30pm Juan Morales &
Arsenio Hernandez

7:00 pm Theresa Di Michele

THURSDAY - Thursday After Ash Wednesday

12:00pm Denise Ann Morrone

FRIDAY - Friday After Ash Wednesday

12:00pm Special Intention

SATURDAY - Saturday After Ash Wednesday

9:00am Loretta Aulenbach

Anticipated Sunday Mass

5:00 pm Francesco Cappadona

SUNDAY - FIRST SUNDAY OF LENT

7:30am People Of Sacred Heart

9:00am Wilfredo Balce

10:30 am Melina Sylvestro

12:00pm Joyce Cassidy

1:30 pm Juan Morales



STEWARSHIP

Sunday Collection Jan. 31 - \$6,088

Sunday Collection Feb. 7 - \$4,392

Assessment Collection - \$1,489

ANNUAL APPEAL 2021 - CATHOLIC STEWARDSHIP IN ACTION ARCHDIOCESE OF NEWARK

The Archdiocese's 2021 Annual Appeal, "Catholic Stewardship in Action" is currently underway. You may have already received at home a letter from Cardinal Tobin explaining the important role the Annual Appeal plays for our Archdiocese. Gifts to the Annual Appeal play a critical role in the delivery of programs and ministries provided by the Archdiocese that are at the heart of the mission of our local Church.

Your gift will assist passing on the faith through the Office of Youth and Young Adult Ministry, the Catechetical Office, Campus Ministry at affiliated Colleges and Universities, and Catholic Schools. The Annual Appeal also supports ministries that proclaim the Gospel through Ministry to Multi-Ethnic Communities, the Office of Evangelization, the Office of Family Life, International Missions, and Pastoral Ministry with the Deaf. Your generosity to the Appeal also supports care for the Poor and Vulnerable through Catholic Charities, Hospital and Prison Chaplaincy, the Ministry with Persons with Disabilities, and the Respect Life Office. The Appeal also assists forming future priests and supporting retired clergy through Continuing Formation for priests, Seminarian Education, and Priest Health Care.

To Date, 53 families from our parish family have generously supported the Appeal:

Our Total Parish's Goal - \$33,992 -- Received To Date - \$17,973 (52.87% of Goal)

Our Parish's Paid Pledge Goal By June 30th - \$28,894 -- Received To Date - \$8,323 (28.80% of Goal)

Your generosity not only supports all the ministries listed above but can also be a direct support for our parish as well. If we exceed our total parish goal, we will receive a rebate from the Archdiocese of all the excess funds and a 2% reduction in our parish assessment for the fiscal year. It's a great way for our parish family to "fund raise" and help others at the same time. If you haven't already done so, please prayerfully consider your gift to the Annual Appeal.

ASH WEDNESDAY - FEBRUARY 17, 2021

Mark the beginning of the Lent with your parish family. Due to the pandemic, ashes will be imposed this year on Ash Wednesday, February 17, by the minister using a Q-Tip. A fresh Q-Tip will be used for each person. This will minimize any cross contact between members of our parish family. **Ashes will be imposed at Mass only.**

**The Mass Schedule for Ash Wednesday is:
7:00 AM, 9:00 AM (School Mass), 12:00 PM, 5:30 PM (Spanish), 7:00 PM**

Ash Wednesday is one of the most popular and important holy days in the liturgical calendar. Ash Wednesday opens Lent, a season of fasting and prayer. Ash Wednesday takes place 46 days before Easter Sunday, and is chiefly observed by Catholics, although many other Christians observe it too. It comes from the ancient Jewish tradition of penance and fasting. The practice includes the wearing of ashes on the head. The ashes symbolize the dust from which God made us. As the priest applies the ashes to a person's forehead, he speaks the words: "Remember that you are dust, and to dust you shall return." Alternatively, the priest may speak the words, "Repent and believe in the Gospel." Ashes also symbolize grief, in this case, grief that we have sinned and caused division from God. Writings from the Second-century Church refer to the wearing of ashes as a sign of penance. Christians who had committed grave faults performed public penance. On Ash Wednesday, the Bishop blessed the hair shirts which they were to wear during the forty days of penance, and sprinkled over them ashes made from the palms from the previous year. Priests administer ashes during Mass and all are invited to accept the ashes as a visible symbol of penance. Even non-Christians and the excommunicated are welcome to receive the ashes. The ashes are made from blessed palm branches, taken from the previous year's palm Sunday Mass. It is important to remember that Ash Wednesday is a day of penitential prayer and fasting.



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