



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

Phone: 201-438-1147 Fax: 201-507-5861

www.sacredheartlynd.org

SERVED BY:

Rev. Theemas Pankiraj
Pastor

Rev. Cesar Chen
Parochial Vicar

PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio
Parish Manager
sacredheartchurch@comcast.net

RELIGIOUS EDUCATION

Margaret Dacchille
Parish Catechetical Leader
201-935-3094

SACRED HEART SCHOOL

Linda Durocher
Principal
201-939-4277
ldurocher@sacredheartlynd.org

SMALL BLESSINGS DAY CARE

201-935-0506

ARCHDIOCESE OF NEWARK

973-497-4000



3RD SUNDAY OF LENT

Since the Passover of the Jews was near, Jesus went up to Jerusalem. He found in the temple area those who sold oxen, sheep, and doves; as well as the money changers seated there. He made a whip out of cords and drove them all out of the temple area. - Jn 2:13b-15a

SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 12:00pm in the church
Saturday: 9:00am in the church,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm
Mar. 22, May 10

Sacrament: in the church at 3:00pm
Apr. 3, May 16

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

Third Sunday Of Lent

In today's Gospel we read about how Jesus overturned the tables of the merchants and the moneychangers in the Temple at Jerusalem. In order to understand the relevance of Jesus' action, we must learn more about the activities that were going on in the temple area. Worship at the Temple in Jerusalem included animal sacrifice, and merchants sold animals to worshipers. Moneychangers exchanged Roman coins, which bore the image of the Roman emperor, for the temple coins that were needed to pay the temple tax.

Jesus' action at the Temple in Jerusalem is recorded in all four Gospels and is often understood to be among the events that led to Jesus' arrest and Crucifixion. The Gospel of John, however, places this event much earlier in Jesus' public ministry than do the Synoptic Gospels. In John's Gospel this event occurs at the very beginning of Jesus' ministry, after his first miracle at the wedding feast at Cana.

We must read the Gospel of John carefully, especially in its presentation of Jesus' relationship to Judaism. The Gospel of John tends to reflect greater tension and animosity between Jesus and the Jewish authorities than the Synoptic Gospels. The Gospel of John was the last of the four Gospels to be written, and its narrative reflects the growing divide between the Jewish community and the early Christian community. Thus, greater emphasis on the distinction between Christianity and Judaism is found in John's Gospel.

Reflecting upon the destruction of the Temple of Jerusalem (A.D. 70), John recalls Jesus' cleansing of the Temple and uses that story to interpret this later event. John explains to his audience, an early Christian community, that temple worship would no longer be necessary because it was surpassed in the passion, death, and Resurrection of Jesus. With greater frequency than the other Evangelists, John intersperses post-Resurrection reflections of this Christian community in his narrative.

After clearing the Temple of the merchants and the moneychangers, John's Gospel tells us that the people asked for a sign of Jesus' authority to do such an audacious act. In response, Jesus predicted his death and Resurrection. Throughout John's Gospel, the language of signs is distinctive. Jesus' miracles are called signs, and the people look to these signs for proof of his authority. Here we learn that the sign par excellence will be Jesus' passion, death, and Resurrection.

During Lent we reflect upon the meaning of this sign for us and for our world. We might take this opportunity to consider the quality of our prayer and worship. In our prayers we seek to deepen our relationship with the person of Christ. In our worship with the community, we gather to experience anew the passion, death, and Resurrection of Jesus and its significance in our lives. Christ promises to be present with us when we gather for prayer.

Signs had the purpose of opening the minds of the people of Jesus' day to the underlying meaning of the remarkable things they were experiencing, which was crucial because the person who is unwilling to perceive this underlying meaning will be incapable of that personal faith that Jesus seeks in his disciples. Many people met Jesus but only those who opened their hearts to him truly encountered him, and these signs helped make that possible.

And isn't it true that you and I encounter Jesus most powerfully through signs even today? That's what all the sacraments are: "outward signs instituted by Christ to give grace." That's what the Eucharist is: Jesus' Body and Blood really present under the signs of bread and wine, and the person unwilling to perceive this reality will be incapable of encountering Jesus through this sacrament — whether at Mass or in adoration, even though he's really there. And it's the same with the sacrament of confirmation and indeed, all the sacraments. So whenever we receive a sacrament, it's crucial that we open our minds and our hearts to perceive Jesus, who through these signs enters us to cleanse the temple of our soul, to fill us with his presence and to empower us with all the gifts of his Holy Spirit.

SPRING AHEAD SUNDAY, MARCH 14TH

Daylight Savings Time begins next Sunday, March 14th at 2:00 AM. **Please be sure to set your clocks AHEAD one hour next Saturday, March 13th before going to bed.** It is also a good time to change batteries in smoke alarms and carbon monoxide detectors.



THE LIGHT OF CHRIST. THANKS BE TO GOD.

The Paschal Candle, a symbol of the light and the hope that the risen Christ brings to the world, is the focus of the Lucernarium, the Service of Light, that begins the Easter Vigil celebration. It burns brightly in our sanctuary during all the liturgies celebrated in the Easter Season.



After Pentecost, it is positioned at the Baptismal Font where it brings the light of Christ to our Baptismal and Funeral Liturgies, underscoring our belief that in baptism we die with Christ so that we may rise with Him into eternal life. If you would like to donate this year's Paschal Candle in memory of a deceased loved one, please contact the parish office at 201-438-1147.

PURGATORIAL SOCIETY

The following deceased have been enrolled in the Sacred Heart Purgatorial Society:

FRED CANTA-req.by-Theresa Ucci & Deborah Beasley
TERESA DI MICHELE-req.by-Rocco & Gina
MARGARITA FALCON-req.by-Roberto Botteri
RUDOLPH FLORA-req.by-Maria Flora
PETER GALLO-req.by-Maria Flora
ROBERT HARTMAN-req.by-The Caporrino Family
BRUCE E. KEITH-req.by-Michael & Nancy Foglio & Family
JOHN PADULA-req.by-The Vargas Family
MCKALA PERRI-req.by-Philip Sacco

EVA'S VILLAGE THANK YOU

Eva's Village is struggling like many nonprofits so those of you who so generously donate diapers, wipes, and infant clothing are a real gift which is truly appreciated.

IMPORTANT CHANGE TO DAILY MASS SCHEDULE

Because of the Coronavirus pandemic, the daily Mass celebrated Monday through Friday at 7:00 AM in the chapel will be consolidated into the 12:00 PM Mass until further notice. The intention for 12:00 PM Mass will be for both the 7:00 AM and 12:00 PM intention. There will be no change to the Saturday or Sunday schedule at this time. The 9:00 AM Mass on Saturday will continue to be celebrated in the church to allow for social distancing.

OUR PARISH FAMILY FOOD PANTRY Your generosity now can help us make to make sure that we have enough food to help our neighbors in need through the cold winter months.

If you can donate any of these items, it would be greatly appreciated: Canned Vegetables, Fruit, Tuna, Potatoes (small packages or canned), Cereal (12 oz. or smaller), Peanut Butter, Jelly, Coffee (regular or small instant) and Cookies. Thank you for all of the generous donations. It's only with your help that we are able to keep our food pantry stocked. As a reminder, we are unable to package out-of-date food products for distribution to our families.



We would like to offer our recipients a **birthday bag**. To accomplish this we need donations of: cake mix, can of icing, candles, small birthday plates and napkins. We will package it all into a birthday bag. Please leave these items with the rest of the food in the back of the church near the Sacred Heart shrine. We appreciate all your generosity!

Upcoming Food Pantry Open Dates:

Saturday, March 20th & March 27th (Easter Pick Up)
Saturday, April 17th & April 24th
Saturday, May 22nd
Saturday, June 19th and June 26th

ONLINE GIVING AT SACRED HEART

Did you know that there are two ways you can give online to our parish with GoFundMe or Zelle?

1. Give online with a credit or debit card. Use our Go Fund Me Page. Visit our parish GoFundMe page at: <https://charity.gofundme.com/o/en/campaign/sacred-heart-church-lyndhurst>
2. You can give to the parish through the Zelle online payment system offered through most major banks. When you create the Zelle payee for the parish, please use the parish email address: sacredheartchurch@comcast.net.

PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Betty Tynan, Baby Ryan Joseph Lomuscio, Dolores Manno, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Bucu, Sr., John Stemkowski, Dominick Palmieri, Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Allison Russell, Franceso Giacchi, Mario Alongi, Sr., Vito & Grace Dacchille, John Scivetti, Ellie Cappadona, Joseph Caramanico, Rose Motisi, Ken Stone, Rosie Perez, Timothy Yushak, Simplicia Ramirez, Corazon Santos

DECEASED: Sharon R. Serviss

CHURCH BELLS CELEBRATE & COMMEMORATE

The Sacred Heart Church bell rings:

WEDNESDAY, MARCH 10TH

In Honor of: Michele Ruggier
Donated by: The Guanci Family

THURSDAY, MARCH 11TH

In Honor of: The Intentions of Gino Cheddard
Donated by: Jim & Isabel Cavalcante

STATIONS OF THE CROSS

Were you there when the crucified my Lord?

Here at Sacred Heart, we will pray the Stations of the Cross as a community the Fridays of Lent **March 12, 19, 26 following the 12 Noon Mass.** As early as the 4th century, Christian pilgrims to the Holy Land would walk the route that Our Lord walked as He made His way to Golgotha for our salvation. When Muslims captured Jerusalem and it became too dangerous to make this pilgrimage, Christians replicated the sites back home in and there developed the "Stations of the Cross" devotion (also known as "Way of the Cross," "Via Dolorosa," or "Via Crucis"). The devotion consists of meditating on 14 events -- that number being fixed in 1731 by Pope Clement XII -- which took place during Christ's Passion, from His being condemned to His burial.

BEST LENT EVER

Lent is a 40-day period leading up to Easter, beginning with Ash Wednesday. Lent is known as a penitential season. That means it is an opportunity to examine your life, give your struggles to God, and invite him to help you become the-best-version-of-yourself. Lent is the perfect time to form new life-giving habits and abandon old self-destructive habits. But most of us just give up something. Then, when Easter arrives, we realize we really haven't grown spiritually since the beginning of Lent. **Lent is not just about giving things up, it's about who you become.**

What if this year you did more than just give up something during Lent? Do something life-changing. Sign up for Dynamic Catholic's Best Lent Ever. **It's FREE.** Dynamic Catholic's Best Lent Ever email program will take you on a 40-day spiritual journey to encounter Jesus—and yourself—in a deeply personal way, and begin (or nourish) a habit of daily prayer. Visit www.dynamiccatholic.com for more details and to sign-up.

MARCH 7, 2021
THIRD SUNDAY OF LENT



Anticipated Sunday Mass

5:00 pm Special Intention

SUNDAY - THIRD SUNDAY OF LENT

7:30am People Of Sacred Heart
9:00am Paul S. Tyahla
10:30 am Angela Malzone
12:00pm Special Intention
1:30 pm People With Anxiety & Depression

MONDAY - Lenten Weekday/St. John of God, Religious

12:00pm Mildred D'Ambrosio

TUESDAY - Lenten Weekday/St. Frances of Rome, Religious

12:00pm Ann Marie Faller

WEDNESDAY - Lenten Weekday

12:00pm Amalia Vivas (Living)

THURSDAY - Lenten Weekday

12:00pm Louis Coviello, Jr.

FRIDAY - Lenten Weekday

12:00pm Mc Garry Family

SATURDAY - Lenten Weekday

9:00am William E. Whitford

Anticipated Sunday Mass

5:00 pm Vera Ponti

SUNDAY - FOURTH SUNDAY OF LENT

7:30am People Of Sacred Heart
9:00am Dr. Peter Amirata
10:30 am Rozalia, Piotr, and Stefan
12:00pm James M. Cavalcante
1:30 pm Anita and Eriberto Reyes

STEWARDSHIP

February 28th

Sunday Collection - \$5,089

Add'l Assessment Collection - \$353

Add'l Central & Eastern Europe - \$93

Add'l Heating Fuel - \$64

Add'l Ash Wednesday - \$51

Add'l Solemnity of Mary - \$20

ANNUAL APPEAL 2021 - CATHOLIC STEWARSHIP IN ACTION ARCHDIOCESE OF NEWARK

The Archdiocese's 2021 Annual Appeal, "Catholic Stewardship *in Action*" is currently underway. You may have already received at home a letter from Cardinal Tobin explaining the important role the Annual Appeal plays for our Archdiocese. Gifts to the Annual Appeal play a critical role in the delivery of programs and ministries provided by the Archdiocese that are at the heart of the mission of our local Church.

Your gift will assist passing on the faith, ministries that proclaim the Gospel, care for the Poor and Vulnerable, forming future priests and supporting retired clergy.

To Date, 59 families from our parish family have generously supported the Appeal:

Our Total Parish's Goal - \$33,992 -- Received To Date - \$20,915 (61.52% of Goal)

****Our Parish's Paid Pledge Goal By June 30th - \$28,894 -- Received To Date - \$8,995 (31.13% of Goal)**

Your generosity not only supports all the ministries listed above but can also be a direct support for our parish as well. If we exceed our total parish goal, we will receive a rebate from the Archdiocese of all the excess funds and a 2% reduction in our parish assessment for the fiscal year. It's a great way for our parish family to "fund raise" and help others at the same time. If you haven't already done so, please prayerfully consider your gift to the Annual Appeal.

****Reminder, we must collect our Parish's Paid Pledge Goal by June 30th. If we don't accomplish this, the shortfall will be added as an expense to our budget and must be paid to the Archdiocese by September 30, 2021.**

If you haven't already done so, please prayerfully consider your gift to the 2021 Annual Appeal. Envelopes for the Appeal are available in the pews. You can also make your gift online at www.rcan.org/sharing. Please be sure to select Sacred Heart Church, Lyndhurst so the parish receives credit.

ARCHDIOCESE OF NEWARK 2021 LENTEN REGULATIONS

1. The days of both Fast and Abstinence during Lent are Ash Wednesday and Good Friday. *If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus, and to prepare ourselves to share more fully and to celebrate more readily His Resurrection.* The other Fridays of Lent are days of Abstinence.
On a day of Fast, only one (1) full meal is permitted and two (2) smaller meals, which added together, would not exceed the main meal in quantity.
Those between the ages of 18 and 59 are obliged to fast.
On a day of Abstinence, no meat may be eaten. Those who have reached the age of 14 are obliged by the law of abstinence.
2. The obligation to observe the laws of Fast and Abstinence "substantially", or as a whole, is a serious obligation.
3. The Fridays of the year, outside of Lent, are designated as days of penance, but each individual may substitute for the traditional abstinence from meat some other practice of voluntary self-denial as penance.
4. The time for fulfilling the Paschal Precept (Easter Duty*) extends from the **First Sunday of Lent, February 21, 2021 to the Solemnity of the Holy Trinity, May 30, 2021.**

*Canon 920, §1. *All the faithful, after they have been initiated into the Most Holy Eucharist, are bound by the obligation of receiving Communion at least once a year.*

Karen Nazare Zitman
Manager
NJ Lic. No. 4520

Est. 1929

Joseph M. Nazare
NJ Lic. No. 2852

Nazare Memorial Home, Inc.

201-438-7272 • 403 Ridge Road, Lyndhurst, NJ 07071

J. Keane
Electric Company, Inc.
Electrical Contractor
Lyndhurst, NJ
201-997-8041
www.jkeaneelectric.com
NJ Lic# 10070

Paolazzi Paving



- Asphalt
- Brick Pavers
- Concrete

Rocco Paolazzi
Paul Paolazzi
LYNDHURST, NJ
[201] 635-0100

Colonial
Diner - Restaurant
Breakfast - Lunch - Dinner
All Baking Done on Premises
Take Out Available
201-935-3192 27 ORIENT WAY

507-0990
Nuco
Title Insurance Agency, Inc.
Michele Clarkin
429 Page Avenue • Lyndhurst

Angelo's
Ristorante
201-939-1922
263 Ridge Rd., Lyndhurst

DR. FRANK V. ZACCARIA
CHIROPRACTOR
Meadowlands Chiropractic Ctr., PA
(201) 438-2404
360 Ridge Road, Lyndhurst
Meadowlandschiropracticcenter.com

CHANDEL Jewelers

FINE DIAMONDS

635 Ridge Road • Lyndhurst • 201-933-1311
WWW.CHANDELJEWELERS.COM
SUN-MON CLOSED • TUE-FRI 10AM-6PM • SAT 10AM-4PM

CARBONE
AUTOMOTIVE REPAIR
141 Stuyvesant Ave., Lyndhurst
201-372-0111
Mike Carbone
Owner/Technician

EMA LANDSCAPING SERVICE
COMMERCIAL & RESIDENTIAL
LAWN MAINTENANCE • CLEAN UPS
Office 201-998-9715
Cell - Henry 201-270-6608
KEARNY NJ

FANELLI BROTHERS AUTO BODY & REPAIRS

201-997-9263 • 338 River Road, North Arlington
Chuck and Al • FanelliBros@hotmail.com

FRANK'S
GMC
WE ARE PROFESSIONAL GRADE
325 Orient Way
Lyndhurst
201-939-7708
SALES • SERVICE
PARTS • BODY SHOP
- NEW AND USED -
www.FranksGMC.net

Bergen County Glass & Sedlock Security Locksmiths
216 RIDGE ROAD
LYNDHURST
201-939-7026
Glass: 201-939-9143
Our 71st Year

NEVER MISS A BULLETIN !
Sign up to have our weekly parish bulletin
emailed to you at www.parishesonline.com

Visiting Angels
Bathing Assistance
Dressing Assistance
Meal Preparation
Medication Reminders
Errands
Friendly Companionship
Respite Care for Families
Flexible Hourly Care
Live-In Care
Light Housekeeping
Select Your Caregiver Licensed, Bonded & Accredited
201-288-6688 www.VisitingAngels.com

PINKVISION ASSOCIATES
Dr. Maria C. Domingues | Dr. Carla E. Domingues
Dr. Marina N. Megalla | Dr. Jayswinder Kaur
Optometric Physicians
1562 Lemoine Avenue, Fort Lee 201-461-7595
1068 Clinton Avenue, Irvington 973-399-0909
348 Ridge Road, Lyndhurst 201-438-8668
www.pinkvisionassociates.com



WOOD FIRED PIZZERIA • RESTAURANT
WE DELIVER
201-460-7600
298 Ridge Road, Lyndhurst
www.foschinis.com

Riposta LAWYERS
Anthony J. Riposta, Esq.
Cory Anne Cassidy, Esq.
Call Today at: 201-991-0067
432 Ridge Road, North Arlington, NJ
www.RipostaLaw.com

GOOD SHEPARD MEDICAL ADULT DAY CARE
201-933-0711 • gsmadc.com
725 Valley Brook Avenue, Lyndhurst

- Breakfast, hot lunch & snacks
- Assistance with personal care
- Beauty salon
- Exercise for all levels of ability
- Health monitoring
- Falls risk assessments
- Doctor & Medical Appointments
- Transportation
- Shopping

AVAILABLE FOR A LIMITED TIME
ADVERTISE YOUR BUSINESS HERE
Contact **Jim Marcinkiewicz** to place an ad today!
jmarcinkiewicz@4LPi.com or (800) 477-4574 x6417

UNCLE MATTYS UM TREE SERVICE
Honesty and Reliability
All Phases of Tree Work • Snow Removal
Matthew Sabato
800-975-3789 • Cell 201-481-0185

SUPPORT THE ADVERTISERS THAT SUPPORT OUR COMMUNITY



Ad info. 1-800-477-4574 • Publication Support 1-800-888-4574 • www.4LPi.com

Sacred Heart, Lyndhurst, NJ

03-1085