

# Most Holy Trinity Parish

Parish Office: 236 Route 390, Cresco, PA 18326

Worship Site: Msgr. McHugh, 212 Route 390, Cresco, PA 18326

Parish Office  
(570) 595-3100

Fax  
(570) 595-3200

Website  
[www.mht-poconos.org](http://www.mht-poconos.org)



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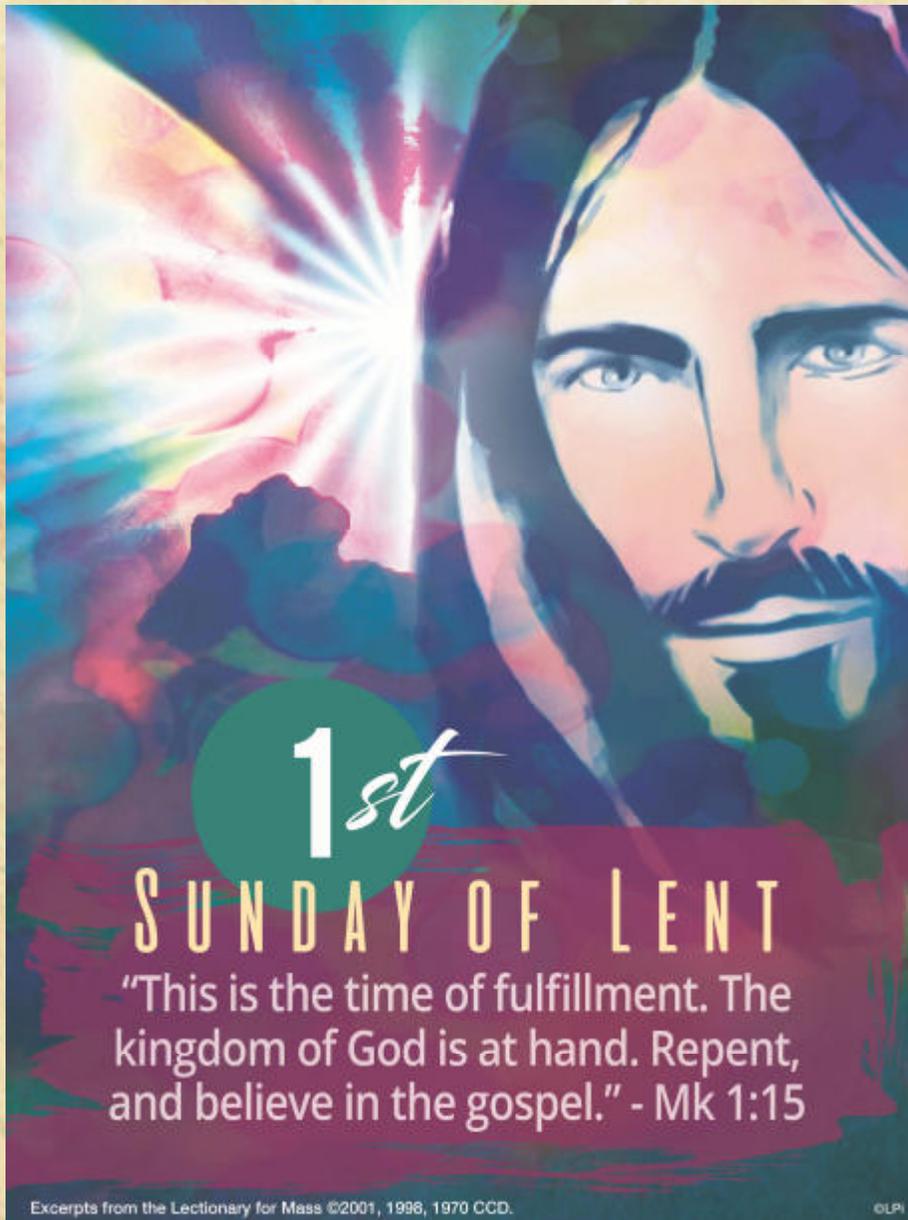


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## Mission Statement

We, the Catholic community of Most Holy Trinity Parish, rich in diversity, strive to achieve the unity that is the essence of God and the heart of the Church. Empowered by the Holy Spirit, we are called to be faithful stewards of the apostolic tradition, to stir into flame the gifts of God the Father, and to evangelize through our action as witnesses to our Lord, Jesus Christ.

## February 21, 2021



### Pastor:

Rev. Gregory Loughney

### Parochial Vicar:

Rev. Jaime Perez-Restropo

### Permanent Deacons:

Alan Baranski

Jose Mendoza

### In Residence:

Msgr. John Bergamo

### Retired Deacon:

Ron Verkon

### Parish Pastoral Council:

Jen Beers

Wayne Beers

Cindy DeLuca

Gladys Guardia

Benito Juarez

Joe Matarazzo

Barb Page

Danielle Rake

Nancy Santi

Ginger Walsh

Eileen Ziobro

## Parishioners of the Parish

In the Roman Catholic Church of the United States of America, a member is considered “active” when “one is registered and actively participates in the liturgical and pastoral life of the parish through the generous, sacrificial and proportionate sharing of his/her God-given gifts of time, talent and treasure.”

As a Catholic and registered parishioner of the parish, I am expected to:

- ◆ Regularly attend and participate in Sunday Mass – preferably as a family
- ◆ Regularly participate in the sacramental life of the Church
- ◆ Develop and practice an ongoing personal/family prayer life
- ◆ Witness to the teachings of the Church by my manner of living life
- ◆ Seek to understand and practice what it means to be and live as an active and committed Christian steward in service to the parish and the Church
- ◆ Commit annually to a generous, sacrificial and proportionate commitment of my time, talent and treasure in service to the mission of the parish and the universal Church without counting the cost or any expectation of something in return
- ◆ Recognize, understand, and accept my need to regularly give and share rather than giving and sharing only when there happens to be a need
- ◆ Acknowledge, as a registered parishioner, that I am to participate in the mission of the parish rather than being only a spectator.
- ◆ Realize the necessary and ongoing importance of love, generosity, faith and family.

Let us remember, it is only through God’s love that we receive the gift of life. In the course of our lives, we are the recipients of God’s grace and giftedness. Through our Baptism, we are called to serve as God’s disciples, sharing - *in gratitude* - His gifts and grace in loving service of God and neighbor.

Our expectations within this gift of life must not be allowed to take precedent over what is expected of us in gratitude thereof. “Whoever wishes to come after me must deny himself, take up his cross, and follow me.” (Mt. 16:24)

## Email Addresses

Main Office: mht-poconos@outlook.com

Bulletin: mht-bulletin@outlook.com

## Modified Parish Office Hours

Monday through Friday

9:00am - 12 noon

*Office is closed to the public.*

## Daily Mass

Monday - Friday 8:15am

## Sunday Mass Schedule

Saturday 4:00pm

Sunday 8:00am, 10:30am  
12:00pm - Spanish

## Reconciliation

Saturday 2:00pm - 3:00pm

*Other times available by appointment.*

## MHT Parish Mass Intentions

2/22	8:15am	For the People	The Pastor
2/23	8:15am	Charles F. Forssell	Karl & Madeleine Forssell
2/24	8:15am	Barbara Iannacone	Mary & Skip Buckman
	7:00pm	For the People	The Pastor
2/25	8:15am	Special Intentions of the Prentice Family	The James Family
2/26	8:15am	Angelina Gargano	The Lewis Family
2/27	4:00pm	Dolores Baruka	George Baruka
2/28	8:00am	Irene Martens	Karl & Madeleine Forssell
	10:30am	For the People	The Pastor
	12:00pm	David Beltran, Zoila Perez & Manuel Encalada	Bolivar Beltran



## FASTING AND ABSTINENCE DURING LENT

Lent is the 40-day time of preparation before Easter during which the faithful practice abstinence and fasting in remembrance of the ultimate sacrifice Jesus made on Calvary. These Lenten practices are two main ways that Catholics focus on growing closer to God during the holy season. Abstinence is the act of “doing without” or avoiding something. For example, someone may abstain from chocolate or alcohol by not consuming them. Particular *days of abstinence* during Lent are *Fridays, Ash Wednesday and Good Friday*. As canon law states, Catholics over the age of 14 are expected to abstain from the eating of meat on Ash Wednesday and all Fridays throughout the Lenten Season. During Lent, Catholics are also encouraged to undertake some sort of personal penance or abstinence. Examples include giving up sweets, a favorite TV show or not listening to the radio in the car on the way to work. Giving up these things is not an endurance test, but a way of drawing closer to Christ. As always, when considering acts of penance that are stricter than the norm, it is important that the faithful speak with a priest or spiritual director. Any act of penance that would seriously hinder one’s health or the health of others would be contrary to the will of God. Fasting is the act of doing with less. In the Catholic Church, those ages 18 - 59 must *fast on Ash Wednesday and Good Friday*. On such days, those fasting may eat one full meal, as well as two smaller meals that, together, should not equal a full meal. It is important to understand that the Church excuses certain people from these obligations; for example, those who are frail, pregnant or manual laborers. The Church understands that certain people are not able to commit to the Lenten fast. The time of Lent, through fasting and abstaining, is an important reminder of what it means to suffer. This small suffering should not be met with misery, but with great joy as we better understand the sacrifice that Jesus Christ made for us.

The Light is ON  for You.  
Celebrate the Sacrament of Reconciliation

Each Monday evening of Lent from 5:30pm to 6:30pm the sacrament of Reconciliation will be celebrated in each parish throughout the Diocese of Scranton. We encourage you to avail yourself of the sacrament during this time as there will be no communal penance services during Lent due to covid restrictions.

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### Prayer to St. Joseph for our Building Project

Ever blessed and glorious Saint Joseph,  
kind and loving father, and helpful  
friend of all, who labored to provide for  
the needs of Jesus and Mary,  
hear us in our need.

Obtain for us the grace of generous  
hearts, open minds, greater unity,  
and renewed vision, as we seek to build  
a house for celebration and worship.

May it be a home where all  
are welcomed, nourished,  
and empowered to be Christ for others.  
Amen.

# What can you sacrifice?

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If each family gave up one of these items just once a week during Lent and contributed the dollar amount to our Capital Campaign, then our financial forecast for our building project would be much brighter and we ensure our ability to secure a loan.



Doughnut:  
\$0.89



Large Iced Coffee:  
\$2.79



Medium Shake:  
\$4.39



Quarter Pounder  
Value Meal:  
\$6.75



Haagen-Dass  
28oz Ice Cream:  
\$8.75



Grande Meal:  
\$10.99



16" Pizza:  
\$12.95



16" Cheesesteak:  
\$14.75

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## Donate a Portion of Your Stimulus Check

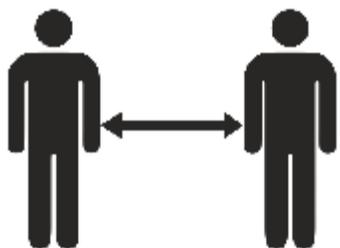


As the pandemic has placed an extra financial strain on many households, some individuals/families do find themselves in a sound financial position. To that end we invite you to consider donating a portion of your government issued Stimulus Check to our parish building fund.

Work is continuing at the Msgr. McHugh Center and in axillary spaces connected to our worship space. As a parish, we have directly taken on the work in multiple areas so as to reduce costs — e.g. management fees and product markups. We have also relied upon and are most thankful to the volunteers who help in some many ways thus eliminating some labor costs. Nevertheless, there remains material and certain labor costs. Any donation that you make will directly support our efforts in these areas. Thank you again, and with your support our dream will soon be a reality.

# Safety Measures when Attending Mass

**6 ft  
Safe, Social  
Distancing**



**Masks On  
Covering Nose  
and Mouth**



**Sanitize Hands  
before  
Communion**



**Ongoing help is needed at the  
Msgr. McHugh Center!**



There are a variety of tasks to complete including cleaning, to painting, to repairs, etc.

We will meet each Tuesday from  
8:30-10:00am and 6:00-7:30pm.  
If you can join us for one of those times  
please simply show up.

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# WEEKLY PRAYER

## READINGS FOR THE WEEK OF FEBRUARY 21, 2021

<b>SUN 2/21</b>	Gn 9:8-15/Ps 25:4-5, 6-7, 8-9 [cf. 10]/1 Pt 3:18-22/Mk 1:12-15
<b>MON 2/22</b>	1 Pt 5:1-4/Ps 23:1-3a, 4, 5, 6 [1]/Mt 16:13-19
<b>TUE 2/23</b>	Is 55:10-11/Ps 34:4-5, 6-7, 16-17, 18-19 [18b]/Mt 6:7-15
<b>WED 2/24</b>	Jon 3:1-10/Ps 51:3-4, 12-13, 18-19 [19b]/Lk 11:29-32
<b>THR 2/25</b>	Est C:12, 14-16, 23-25/Ps 138:1-2ab, 2cde-3, 7c-8 [3a]/Mt 7:7-12
<b>FRI 2/26</b>	Ez 18:21-28/Ps 130:1-2, 3-4, 5-7a, 7bc-8 [3]/Mt 5:20-26
<b>SAT 2/27</b>	Dt 26:16-19/Ps 119:1-2, 4-5, 7-8 [1b]/Mt 5:43-48
<b>SUN 2/28</b>	Gn 22:1-2, 9a, 10-13, 15-18/Ps 116:10, 15, 16-17, 18-19 [9]/ Rom 8:31b-34/Mk 9:2-10

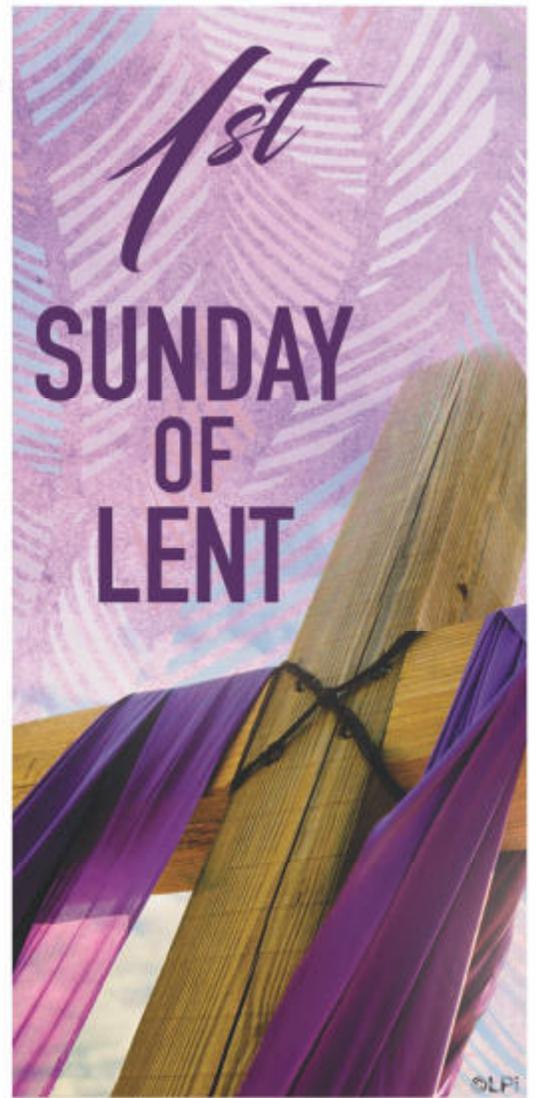
## OBSERVANCES FOR THE WEEK OF FEBRUARY 21, 2021

<b>Sunday:</b>	1 <sup>st</sup> Sunday of Lent
<b>Monday:</b>	The Chair of St. Peter the Apostle
<b>Tuesday:</b>	St. Polycarp, Bishop and Martyr
<b>Sunday:</b>	2 <sup>nd</sup> Sunday of Lent

## LIVE THE LITURGY

### Inspiration for the week

Throughout history God has given His people signs. Our season of Lent offers us God's sign that it is time to stop the ordinary routines of our lives, create some desert space, and listen more attentively for God to reveal His presence. We are asked to unplug from our attachments, compulsions, obsessions, addictions, routines, and busyness to clear the slate and take stock in who we have become. We are asked to remember the ancient sign of God's covenant with humanity in which He vowed to nurture, sustain, and protect the relationship He has with His people. Once we slow down a bit and clear away some of the clutter, we can see how the journey of our life is unfolding. We can see what brings us in and out of tune with God's love and how we can better imitate God's loving fidelity in our relationship with Him. Even though some good solid self-denial is the order of the day, greater happiness and wholeness will be the fruit of our labors. Pleasant journey through the desert!



*Repent,  
and believe  
in the gospel.*

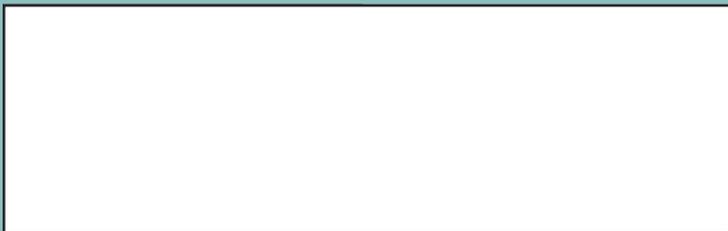
— MARK 1:15

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