

THE SEVENTH SUNDAY IN ORDINARY TIME

February 18-19, 2023

PRAYER TO ST. MATTHEW

St. Matthew, tax collector, inspire us to leave behind our sinfulness and follow Jesus. St. Matthew, Apostle and Evangelist, open our minds and hearts to the living Word of God. St. Matthew, martyr of the faith, give us courage to profess our belief no matter the challenge St. Matthew, patron of our parish, unite us in love of God and neighbor. May we radiate the light of truth, beauty, and goodness for which the world longs.

St. Matthew, pray for us.

Ps 13 (12): 6 INTROIT

O Lord, I trust in your merciful love. My heart will rejoice in your salvation. I will sing to the Lord who has been bountiful with me.

PROCESSIONAL HYMN

There's A Wideness In God's Mercy



GLORIA

Mass of Christ the Savior

Glory to God in the highest, and on earth peace to people of good will.

We praise you, we bless you, we adore you, we glorify you,

we give you thanks for your great glory,

Lord God, heavenly King, O God, almighty Father.

Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen. <u>FIRST READING</u>

Lev 19: 1-2, 17-18

The LORD said to Moses, "Speak to the whole Israelite community and tell them: Be holy, for I, the LORD, your God, am holy. "You shall not bear hatred for your brother or sister in your heart. Though you may have to reprove your fellow citizen, do not incur sin because of him. Take no revenge and cherish no grudge against any of your people. You shall love your neighbor as yourself. I am the LORD."

RESPONSORIAL PSALM

Ps 103 (102): 8a; ♥ 1-2, 3-4, 8, 10, 12-13 · L



Bless the LORD, O my soul; and all my being, bless his holy name. Bless the LORD, O my soul, and forget not all his benefits.

He pardons all your iniquities, heals all your ills. He redeems your life from destruction, crowns you with kindness and compassion.

Merciful and gracious is the LORD, slow to anger and abounding in kindness. Not according to our sins does he deal with us, nor does he requite us according to our crimes.

As far as the east is from the west, so far has he put our transgressions from us. As a father has compassion on his children, so the LORD has compassion on those who fear him.

SECOND READING

1 Cor 3: 16-23

Brothers and sisters: Do you not know that you are the temple of God, and that the Spirit of God dwells in you? If anyone destroys God's temple, God will destroy that person; for the temple of God, which you are, is holy. Let no one deceive himself. If any one among you considers himself wise in this age, let him become a fool, so as to become wise. For the wisdom of this world is foolishness in the eyes of God, for it is written: God catches the wise in their own ruses, and again: The Lord knows the thoughts of the wise, that they are vain. So let no one boast about human beings, for everything belongs to you, Paul or Apollos or Cephas, or the world or life or death, or the present or the future: all belong to you, and you to Christ, and Christ to God.

ALLELUIA Cf. Mt 11: 25 · L



Whoever keeps the word of Christ, the love of God is truly perfected in him.

GOSPEL Mt 5: 38-48

Jesus said to his disciples: "You have heard that it was said, An eye for an eye and a tooth for a tooth. But I say to you, offer no resistance to one who is evil. When someone strikes you on your right cheek, turn the other one as well. If anyone wants to go to law with you over your tunic, hand over your cloak as well. Should anyone press you into service for one mile, go for two miles. Give to the one who asks of you, and do not turn your back on one who wants to borrow. "You have heard that it was said, You shall love your neighbor and hate your enemy. But I say to you, love your enemies and pray for those who persecute you, that you may be children of your heavenly Father, for he makes his sun rise on the bad and the good, and causes rain to fall on the just and the unjust. For if you love those who love you, what recompense will you have? Do not the tax collectors do the same? And if you greet your brothers only, what is unusual about that? Do not the pagans do the same? So be perfect, just as your heavenly Father is perfect."

PROFESSION OF FAITH

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages.

God from God, Light from Light, true God from true God,

begotten, not made, consubstantial with the Father; through him all things were made.

For us men and for our salvation he came down from heaven,

and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

OFFERTORY HYMN

Christians, Let Us Love One Another



COMMUNION ANTIPHON

Lord, I have come to believe that you are the Christ, the Son of the living God, who is coming into this world. In 11: 27

COMMUNION HYMM
Ubi Caritas



RECESSIONAL HYMN

Love Divine, All Loves Excelling





The JOY of Fasting Monday, February 20,7p Why fast?

Msgr. Anthony Frontiero & Dr. Bill Ingram, M.D. Talk will be livestreamed go to stmatthew nh.org





Ashes are placed on our foreheads on Ash Wednesday, in one of the most counter-cultural acts of our faith. It is done for two reasons: a personal act of remembrance and as a sign or a witness for others.

The ashes come from the burnt Palms from last year's Passion Sunday celebration, which begins Holy Week. So, these ashes bring us back to our last celebration of the Passion, Death and Resurrection of Jesus for us. On this first day of Lent, we begin a journey of renewal - from death to life. This is a joyful season. We will make sacrifices, in order to try to let God reform our desiring, but this is a time for God to be generous to us. When the ashes are placed on our foreheads, the minister says one of two formulas to help us remember who we are and the mission to which we are sent:

'Remember, man/woman, you are dust and to dust you will return."

"Turn away from sin and be faithful to the Gospel." We are reminded that we are creatures and that our lives were given to us. But, we are also reminded that our lasting home is in eternity, with God. This is not our lasting home.

We are reminded that our call is to turn away from sin and to believe the Good News of our salvation in Jesus. This is a joyful reminder. It challenges us, for sure, but reminds us of why we want to turn from sin.

Finally, we wear our ashes as a sign. It is not a boastful sign through which I say, "Look at me and see how holy I am." No, it is much more like, "I'm willing to wear this sign in the world and say that I've been reminded of where I come from and where I am going. And, I've heard the call to turn away from a life of sin and to give my life to living the Gospel of Jesus." And, occasionally, in this world which is too often caught up in the denial of death, I might be required to answer the question, "What's with the smudge on your forehead?"

Yet even now, says the LORD, return to me with your whole heart, with fasting, and weeping, and mourning; Rend your hearts, not your garments, and return to the LORD, your God. For gracious and merciful is he, slow to anger, rich in kindness, and relenting in punishment.
Joel 2:12-1



Catholics in good health, ages 18-59, are required to fast and to abstain from meat on Ash Wednesday and Good Friday.

Fasting consists of eating only one meal, with the possibility of two smaller snacks that do not add up to a single full meal. Catholics ages 14 and older are to abstain from meat on all Fridays of Lent.



Not sure what to do for Lent?
Check out Fr. Mike Schmitz on
YouTube and his video
Preparing for Lent. It is 8 minutes
long and an excellent resource if
you're still searching for something
to make Lent meaningful.

Jesus invites us to carve out a few extra minutes every week this Lent and meet Him in Adoration. We come to know Him in many ways. It is important to read and study about the love and mercy of God, but it is radically different when experiencing Him in Adoration!

Our Adoration Chapel is Perpetual, ALWAYS OPEN! If you

have never been to Adoration, check out the video: 'What Do We Do in Adoration?' on our parish website under Parish Life/Catholic Living/Prayer.

"Be still and know that I am God." Psalm 46:10



Ash Wednesday Mass Times, February 22nd

8:30 am-12:15 pm-7:00 pm

Mass Schedule for Lent

Saturday (Sunday Vigil) 4:00 pm Sunday 7:30, 9:30, & 11:30 am, and 6:00 pm

Monday thru Friday at 8:30 am Wednesday at the Warde Center at 11:00 am

SACRAMENT OF RECONCILIATION

Monday thru Friday 7:30 am - 8:15 am Saturday 2:30 pm to 3:30 pm

ADORATION

Adore in the Perpetual Adoration Chapel or in Church Monday - Friday 7:15 am - 8:15 am (the chapel is closed during this time) To become a regular adorer, call the Cathy Girata at (603.260.4803)

OFFICE HOURS

Monday—Thursday 9:00 am - 4:00 pm Closed for lunch from 12:00 pm -1:00 pm

PARISH CONTACT

Office: 603-893-3336 Fax: 603-898-4008 Email: officemanager@stmattwind.org
Website: www.stmatthew-nh.org





Fridays of Lent—6:00 pm to 7:30 pm with Adoration and Benediction following the Station.

February 24: Praying the Stations of Mercy with Pope Francis

March 3: Mary's Way of the Cross

March 10: Praying the Stations with the Psalms March 17: Praying the Stations with Children

March 24: Praying the Stations with Pope St. John Paul II

March 31: Praying the Stations to honor life and human dignity

April 7: Good Friday the Youth Ministry will perform a Paschal Rendition of Jesus's life, death, and resurrection. The performance is approximately 30 minutes long and will begin at 6 pm at the Warde Center. We invite people to park at St. Matthew and walk over to Warde. There will be enough time to come back to the church for The Passion of the Lord at 7:00 pm



Monday, April 3rd: Confession will be offered during the day and evening. Times TBD

Tuesday, April 4th: Chrism Mass at the Cathedral.
The oils used for Baptism, Confirmation and
Anointing of the Sick are blessed and received at this
special Mass.

Holy Thursday, April 6th: NO MORNING MASS-Evening Mass of the Lord's Supper at 7:00 pm

Good Friday, April 7th: NO MORNING MASS-The Passion of the Lord at 7:00 pm

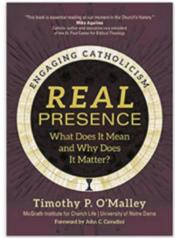
Holy Saturday, April 8th: Easter Vigil at 8:00 pm



Easter Sunday, April 9th

Mass Times are at 7:30 am, 9:30 am, and 11:30 am

There is NO 6:00 PM Mass



PARISH WIDE BOOK DISCUSSTION

Beginning in Lent we will offer the book "Real Presence" by Timothy P. O'Malley. Many Catholics don't believe that Jesus is really present in the Eucharist. Rather, they see the bread and wine of Holy Communion as mere symbols of Christ's body and blood. Is that disbelief just a misunderstanding or is it a blatant rejection of one of the central beliefs of the faith?

In Real Presence, University of Notre Dame theologian Timothy P. O'Malley clears up the confusion and shows us how to learn to love God and neighbor through a deeper understanding of the doctrine of real presence. As a parish, we will have the opportunity to join with others on Sunday mornings in Lent, from 10:30—11:30 in the Parish Center for group discussion of each chapter, beginning Sunday, February 26th with Chapter 1. Each week in the bulletin there will be a focus question on the current chapter to use for discussion at home and to be used by each ministry in the parish. For example, the Parish Staff will spend the first 15—20 minutes of our weekly staff meeting discussing the current chapter using the suggested focus question.

EVERYONE IS INVITED AND ENCOURAGED TO PARTICIPATE!!



Lenten Music & Sacred Silence in the Liturgy

As we begin our days of prayer, fasting and almsgiving this Lent, we will be reminded of the changes that come with the season, both physically within the church (the use of purple vestments, the altar being devoid of flowers, etc.) as well as within the celebration of Mass, such as the omission of the *Gloria* and the *Alleluia* prior to the proclamation of the Gospel. The church stresses even more firmly that the music we use within the liturgy be as fitting to the season as possible. Therefore, you will continue to hear the antiphon chants at the Processional and Communion portions of Mass, more chant repertoire and *a capella* (or unaccompanied) music with the organ being used minimally. While returning to this repertoire, we will also focus on embracing **sacred silence** during Mass and reflect upon the need for it in the liturgy, especially within the season of Lent.

Our secular world, which is starved of silence, is infiltrated with endless noise and chaos. It is here at St. Matthew that we escape the hustle and bustle of daily life to be nourished by the Eucharist. To aid in our desire to embrace the mysteries of the Mass more fully, the church encourages an *active* and *attentive* silence that not only helps us contemplate the Word of God more thoroughly, but also

prevents the clamor of the modern world interfering with our time with the Lord.

While silence in the liturgy may seem to conflict with the church's desire for us to sing the Mass with full voices, church documents also state that "at the proper times, all should observe a reverent silence." (*Sacrosanctum Concilium*, #30). This silence can be observed in different ways depending on the liturgical season or portion of the Mass that's being celebrated. In addition to the musical changes already stated above, throughout Lent, our Masses will conclude with no recessional hymn and the celebrant and other ministers will depart in silence.

It is through these periods of silence and subdued music that we encompass more fully the penitential nature of the season. These periods of stillness intertwined with the prayers and Scriptures of the Mass can be very moving, as they allow us to more distinctly hear the voice of God in our hearts. When the day of Jesus' resurrection finally arrives, by our Lenten fast, we can more fully revel in the joyous, festive and spiritually-edifying sounds of Eastertide. May we grow in uprightness and truth as we contemplate the sacred mysteries of the Mass within sacred silence - both this season and every day of the liturgical year.

"We are realizing more and more clearly that silence is a part of the liturgy. We respond, by singing and praying, to the God who addresses us, but the greater mystery, surpassing all words, summons us to silence. It must, of course, be a silence with content, not just the absence of speech and action. We should expect the liturgy to give us a positive stillness that will restore us." -Pope Benedict XVI (The Spirit of the Liturgy, 2000)

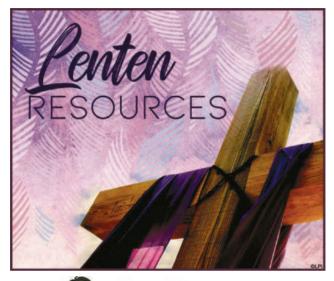


Take home a Rice Bowl!

Catholic Relief Services work with organizations around the world to help poor and vulnerable people. Each dollar you donate thru the Rice Bowl Project helps those who need it most!



The 2nd Caravaggio Lecture in a series of 3 has been rescheduled for Saturday, March 11th at 5 pm. Matthew Lomanno will present on the artist Caravaggio, as well as on his painting "The Conversion of St. Matthew." Mark your calendars for an informative evening!





FOR TEENS

FOR CHILDREN:

Superbook is an interactive, fun website where children can watch videos, play games and view activities to do at home. You can access Superbook at:

us-en.superbook.cbn.com

Lego Bible Stories are very cute and capture the attention of children with their colorful people, animals and scenery. Visit YouTube.com and enter Lego Bible Stories for Kids in the search bar.

Catholic Icing is a GREAT way for parents and grandparents to plan fun activities with little ones. Visit: *catholicicing.com*

https://formationreimagined.org/lenten-resources/

https://www.ncea.org/NCEA/Learn/Lenten Resources/NCEA/Learn/Resource/ Lenten Resources/Lenten Resources.aspx

https://www.loyolapress.com/catholic-resources/liturgical-year/lent/

What can I do for Lent??

LEARN TO PRAY BETTER—Prayer is the key to holiness and to growing closer to God. It should be as important to us as oxygen. And yet it's so easy to forget to pray or to get distracted at prayer. Pick a time to read your Bible or sit quietly, and commit to it for the 40 days of Lent.

Keeping a prayer journal can help—It's easy to say, "I'm going to pray for Brittany." Or "I'm going to be more thankful." But as we all know, easier said than prayed. I'm going to encourage my children to write down their prayer intentions and blessings. As any seasoned prayer knows, writing down prayers not only helps us remember what to pray, but allows us to look back later and see how God as worked in our lives.

LISTEN TO CHRISTIAN MUSIC—Lent is a great time for all of us to cleanse our hearts *and* minds. Why not replace some pop music with more Christian music this Lenten season? Check out YouTube for the latest Christian artists and songs. **Check out 107.3 FM-K-Love**

SERVE—It's tempting to see Lent an excellent time to kick some bad habits. Instead, why not think of new and sacrificial ways to serve your family, friends, church, or community?

SHOW SOME GRATITUDE - What about writing some thank you notes? Thank you notes are a concrete way to express gratitude, often to someone who isn't expecting it – a former teacher, an aging relative, an admired adult. One thank you note a week during Lent is a modest, but meaningful goal. And it has the power to touch the lives of both the sender and the receiver.

PUT DOWN YOUR PHONE—This one is pretty obvious. But by limiting social media, you will have more time for prayer, spiritual reading, or just being quiet before God. What better way to grow closer to Him? How much time should you limit? We'll leave that up to you. Just be sure it's enough time to make space for God.

COVER YOUR MIRROR—Imagine going a month without looking in the mirror ?! At least looking a little less – say only in the morning before leaving the house and not again until the school day is over.

FREE YOURSELF FROM SELFIES—Like looking too much in the mirror, the paradox of the selfies is that they are vain – both pride (Hey! Look at me!) and insecurity (Please, please, look at me). Spending 40 days not being overly concerned about what others think sounds like a great way to develop spiritually.

IF YOU CAN'T SAY ANYTHING NICE, DON'T SAY ANYTHING AT ALL—Of course we should <u>always</u> avoid gossip and unkind talk, but sometimes we forget that this rule applies even when it's people we don't know. For some reason we feel totally free to make catty remarks about a stranger's outfit or a celebrity's weight. After all, we don't know them and they don't know us. What can it hurt? But poison is poison. Why put it out there? This Lent why not avoid negative talk of any kind? You can do it!

Recommended Apps and Resources for Adults: 1. Best Lent Ever—Dynamic Catholic.com. You will get a daily inspiration in your email. 2. Bible or Catechism in a Year Podcast with Fr. Mike Schmitz at Ascension Press or where you listen to podcasts. 3. Strong Catholic Family Faith—catholic family faith.org

- 4. Hallow.com-check it out for a wide variety of talks, stories, music and much, much more!
- 5. Parish Facebook: St. Matthew Windham 6. Parish Website: www.stmatthew-nh.org



STEWARDSHIP FOR THE WEEKS OF:

February 4/5

Offertory \$8,119
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Giving Total: \$12,684

Your donations continue to help the parish with outreach and up keep of the Church, Parish Center and Office. Thank you for your support and commitment to St. Matthew!



Scan the QR code with your phone to access Online Giving. Set your phone on camera and touch the QR code. In a moment the Web Address will pop up. That will bring you directly to the giving page.

Join Cathy Girata on March 19th for a **Stained Glass Window Tour** at 5 pm. Do you ever wonder what the stories of the windows convey? Who created the windows and what is the function of the design. Cathy will lead us around the church to focus on each window and it's meaning.

Mass will follow at 6 pm.





Can you lend a hand? Mercy Works 2023 Parish-wide day of service!

Save the date! Saturday, April 15, 2023

Mass Intentions

SATURDAY, February 18

4:00 PM Joseph and Mary Rybczyk by their daughter

SUNDAY, February 19

7:30 AM Robert Greene by his sister Ann Cole

9:30 AM Harry and Agnes Russell by Pat and Ed Russell

11:30 AM Stella Ramey by Cindy and Mike Maloof

6:00 PM For the People of the Parish

MONDAY, February 20

8:30 AM Regina Grace Then-Living First Birthday-by her family

TUESDAY, February 21

8:30 AM Mary Halloran by Skip Morganson

WEDNESDAY, February 22—Ash Wednesday

8:30 AM Meghan West-1st Anniversary Remembrance-Connie
O'Connell

12:15 PM Jim Murphy by Sondra Lofaro

7:00 PM Jeffrey Albers by Sondra Lofaro

THURSDAY, February 23

8:30 AM Deborah Hashem-Living Healing-By Ron and Terri

FRIDAY, February 24

8:30 AM M/M Al Sobocinski by the Sobocinski Family

SATURDAY, February 25

4:00 PM Jerry Migliaccio-23 Year Remembrance-by his family

SUNDAY, February 26

7:30 AM For the People of the Parish

9:30 AM Bob Hartmeier by Sondra Lofaro

11:30 AM Nicole Lacroix by Mike and Cindy Maloof

6:00 PM Stephen Pogash-10 Year Remembrance-by the Behl Family

The Sanctuary Light in the Church is burning this week for the living intentions of Deborah Hashem, by Terri.

Team Adoration invites all in praying the week of Feb 19 – Feb 25 for those who are spiritually, mentally and physically ill, that they will be surrounded by loving caregivers.

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