



SAINT JOSEPH CHURCH

A PRAYER TO SAINT JOSEPH

Oh Saint Joseph, whose protection is so great, so strong, so prompt before the throne of God, I place in you all my interests and desires. O Saint Joseph, do assist me by your powerful intercession and obtain for me from your divine son all spiritual blessings through Jesus Christ, our Lord; so that having engaged here below your heavenly power, I may offer my thanksgiving and homage to the most loving of Fathers. Oh Saint Joseph, I never weary contemplating you and Jesus asleep in your arms. I dare not approach while he reposes near your heart. Press Him in my name and kiss his fine head for me, and ask him to return the kiss when I draw my dying breath. Saint Joseph, patron of departing souls, pray for us. Amen.

WELCOME—We hope you will favor our parish with prayer, presence and talents. In good stewardship please pick up a Household Data Form (located in the Vestibule) and use our Offertory Envelope System. Our Church is handicapped accessible .

LITURGY

Sunday 9:00 a.m.

CONFESSION

At 3:00pm on Saturday at
Our Lady of Mount Carmel
785 Highland Avenue
Waterbury, CT

SACRAMENTS— please contact the Rectory Office of Our Lady of Mount Carmel at 203-756-8981 to arrange for the Sacraments of Baptism or Matrimony.

PRO-LIFE ROSARY—is held on the 1st Sunday of each month at 8:30 a.m. Facilitator, Mark Greene

KNIGHTS OF COLUMBUS has joined with Our Lady of Mount Carmel Council #36. Meetings are on the third Tuesday of the month at 7:00pm at Our Lady of Mount Carmel Church hall.

PASTORAL CARE—please contact the Rectory Office of Our Lady of Mount Carmel at 203-756-8981 if someone is homebound, in the hospital or in a nursing home and is need of a pastoral visit or an anointing of the sick.

PARISH STAFF

Reverend Frederick M. Aniello, Pastor
Deacon Mark Stevens
Joe Faryniarz, Organist
Marie Upatoff, Parish Secretary

PARISH OFFICE HOURS 8:00am to 2:00pm

Please contact the Rectory Office of
Our Lady of Mount Carmel at 203-756-8981

TRUSTEES

John Ambrozaitis
Mark Greene

PARISH COUNCIL

Deacon Mark Stevens
John Ambrozaitis, Trustee
Lillian Benesevich
Mary Ann Daukas
Joseph Faryniarz
Frank Melvin
Ann Paliulis

FINANCE COUNCIL

John Ambrozaitis
Jerry Covino
Mark Greene
Robert Orintas

BINGO—NO BINGO

656 Congress Avenue • Contact: 203-982-5782



Church Location: 46 Congress Avenue
Waterbury, CT 06708

Mailing Address: 785 Highland Avenue
Waterbury, CT 06708

All Calls Received at OLMC Rectory:
203•756•8981 Facsimile: 203•756•2074



SUNDAY, AUGUST 1 EIGHTEENTH SUNDAY IN ORDINARY TIME

9:00 A.M. Paul Kuras, by wife, Danute

SUNDAY, AUGUST 8 NINETEENTH SUNDAY IN ORDINARY TIME

9:00 A.M. Elizabeth Maglio by her daughter, Fran Maisto

SUNDAY, AUGUST 15 THE ASSUMPTION OF THE BLESSED VIRGIN MARY

9:00 A.M. Thomas F. Conway by his wife, Irene and family

“You cannot see the forest for the trees” is a widely known saying that can bring wisdom to our understanding of our journey. Often, our sight becomes limited to what is immediately before us. What I like and don’t like, want, and don’t want can be major preoccupations of our minds and hearts. If we don’t move beyond the external and superficial stuff to what really is of essence, we risk becoming very unsettled, disorientated, angry, and unhappy. We fail to see the bigger picture of hope and promise that lies ahead and the Divine Presence that has sustained and carried us before.

We like it when the “now” time of our lives satisfy us. Even the people who witnessed Jesus feed the five thousand got confused and distracted. It felt good when thousands of people were able to eat. They wanted to know what they could do to get this to happen again! But Jesus quickly reminds them that this is not the point of this sign. We need to learn the difference between being and doing, drawing more strength from who we are and who God is rather than what is happening around us and the choices we can make. We have to practice being in the presence of ourselves, others, creation, and God. We are brought to a holy place when we encounter the sacredness of being. This is real prayer.

Then, we learn to trust. It is when we cease trusting that we start to become afraid, uncertain, apprehensive, and doubtful, and overly self-concerned. God, who is alpha is also omega. A woman once remarked that her most powerful God moment happened when she and her husband cuddled with their new baby for a time. Without exchanging words and using only the affection communicated through sight and touch, they rested in being with each other. This brought them to the sacred, where they realized that a greater Being was with them. It was real. They knew that they were part of something bigger, intimate, and profound. When we rest in the Living Source of life, we will find that our souls are no longer hungry or thirsty.



The Tabernacle Lamp will burn this week for Parishioners of St. Joseph

WEEKLY READINGS AND OBSERVANCES

Readings for the week of August 1, 2021

Sunday: Ex 16:2-4, 12-15/Ps 78:3-4, 23-24, 25, 54 [24b]/Eph 4:17, 20-24/Jn 6:24-35
 Monday: Nm 11:4b-15/Ps 81:12-13, 14-15, 16-17 [2a]/Mt 14:13-21
 Tuesday: Nm 12:1-13/Ps 51:3-4, 5-6ab, 6cd-7, 12-13 [cf. 3a]/Mt 14:22-36 or Mt 15:1-2, 10-14
 Wednesday: Nm 13:1-2, 25—14:1, 26-29a, 34-35/Ps 106:6-7ab, 13-14, 21-22, 23 [4a]/Mt 15:21-28
 Thursday: Nm 20:1-13/Ps 95:1-2, 6-7, 8-9 [8]/Mt 16:13-23
 Friday: Dn 7:9-10, 13-14/Ps 97:1-2, 5-6, 9 [1a and 9a]/2 Pt 1:16-19/Mk 9:2-10
 Saturday: Dn 6:4-13/Ps 18: 28, 3-4. 47 and 51 Mk 17:14-20
 Next Sunday: 1 Kgs 19:4-8/Ps 34:2-3, 4-5, 6-7, 8-9 [9a]/Eph 4:30—5:2/Jn 6:41-51

Observances for the week of August 1, 2021

Sunday: 18th Sunday in Ordinary Time
 Monday: St. Eusebius of Vercelli, Bishop; St. Peter Julian Eymard, Priest
 Tuesday:
 Wednesday: St. John Vianney, Priest
 Thursday: The Dedication of the Basilica of St. Mary Major
 Friday: The Transfiguration of the Lord
 Saturday: St. Sixtus II, Pope, and Companions, Martyrs; St. Cajetan, Priest; BVM
 Next Sunday: 19th Sunday in Ordinary Time

CHURCH OFFERTORY

WEEKLY 07/25/21—\$778.00

The sacrificial offering you provide to our Parish is your expression of loyalty, love and support. Thank you for your generosity.

Fr. Aniello

Healing Prayer Requests

Jim Danauskas, Anna Pakalnis, Karen Maestas
James Vaicaitis, Kristina Solmita, Megan Heath
Lee Wyma, Charlotte Sepe, Sue Fitzgerald
Sandra Cox, Douglas White, Annamay & Sam
Sperazza, Elizabeth Brazis
Mary Helie, Ada Solomita & Family,
Judge McKenna,, Georgette Adomaitis and
Danute Kuras, Cynthia Solomita

If there is a family member or friend that you would like to offer a healing prayer, please contact OLMC Rectory at 203-756-8981 or email the secretary at: officeolmcwtby@aol.com.

Manna, what is it? Today's scripture reading mention manna—food from heaven—as a flaky substance that was white like coriander seed and tasted like a wafer made from honey. People had to gather about 2 quarts each day, because if they tried to gather a surplus, it became wormy and spoiled. Only on the 6th day could they collect a double amount so they did not have to collect it on the Sabbath. The manna was ground and boiled to make flat cakes with olive oil. Upon God's instructions, Moses told Aaron to save some manna in a jar and place it in the Ark of the Covenant before the Tablets of the Ten Commandments. The Jews ate manna daily for 40 years until Joshua and the exiled Jewish people reached the border of Canaan where the daily provision of manna stopped. Although manna was referred to as the "bread from heaven", Jesus explains that manna is not the same as the Holy Eucharist: the true body and blood of Christ.

How manna was made remains a mystery despite recent discussions of it being a resin from the Tamarisk tree, or the spittle of an insect, or a beetle cocoon, or lichen, or even the spice coriander.

Church News

PRO-LIFE ROSARY—join us as we pray the Rosary on the first Sunday of each month at 8:30 prior to our 9:00 a.m. Mass. All are welcome!

BULLETIN & PULPIT ANNOUNCEMENTS

please direct announcements by **Monday 12:00 Noon** to OLMC Rectory by calling 203-756-8981 or email secretary at: officeolmcwtby@aol.com.

SYNOD 2020

You are welcomed and invited to attend the Archdiocese of Hartford Synod 2020 (closing) Mass on Friday, August 13, 2021 at 6:30pm at Oakdale Theater, Wallingford, CT. Mass at 6:30pm with Remarks by Archbishop Leonard P. Blair. Reception and Refreshments to follow at venue. Please call the Rectory at 203-756-8981 if attending. A Bus will be provided at NO cost to you. The bus will leave Our Lady of Mount Carmel parking lot at 5:00 p.m.

Thursday, Feast of St. Martha—July 29th
Known as the patron saint of cooks, homemakers and servants. St. Martha reminds us to thank those in our lives who serve us. This can be our parents or those who cook for us, those who work in public service, or even the waiter or waitress at our next restaurant meal. As a way to celebrate St. Martha's feast day with our families we can pray to serve Jesus better. Saint Martha, pray for us that we might serve Jesus better. Help us to overcome our distractions and worries to listen to his words and be present to him this day.

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