Sacred Heart Church

Franciscan Friars

311 River Street Waltham, MA. 02453

Friar Dennis J. Wheatley O.F.M., Pastor

"The Franciscan Friars warmly welcome all who join us in worship. Whether you are new to the parish or just visiting the area, please introduce yourself to us."

Mass Schedule

Weekend Masses: Saturday, 4:00PM
Sunday: 7:30AM & 10:00AM, 6:00PM

Daily: Monday & Wednesday 7:30AM
Tuesday 7:00PM

PARISH STAFF

Parish Secretary, Patricia Cristina & Sheri Kenney
Director of Faith Formation, Bernadette Scalese
Coordinator of Youth Ministry, Laura Peterson
Coordinator of Children's Choir, Buddy Bergeron
Coordinator Of Adult Choir,
Lisa Custodinho

Parish and Religious Education Office Hours

Monday-Thursday 9:30AM-1:30PM
Closed on Fridays

Contact Us

Parish Office
Phone: (781) 899-0469 Fax (781) 899-0081
Parish E-Mail: SacredHeartWaltham@gmail.com
Parish Web Site: www.sacredheart311.com
Religious Education/Youth Ministry Office
Phone: (781) 893-8461 Fax: (781) 893-6276
Religious Education: SacredheartED@AOL.com
LIFE TEEN: Sacredheartlifeteen@comcast.net
Food Pantry Hours: Thursday 4:00PM—5:00PM

Parish Committees and Organizations

Parish Council and Finance Council

Knights of Columbus
St. Francis of the Sacred Heart Council #14091
E-Mail: Sacredheartknights@hotmail.com

Third Order of Mary
Third Sunday of the month, October-May
in the Blessed Mother Chapel.
Society of St. Clare
Women's Group

311 Club
Monthly Drawings: Third Thursdays at 7:00PM

Pastoral Care of the Sick and Homebound

Pastoral care to those who are ill or homebound may be arranged by contacting the parish office.

Sacrament of Reconciliation

Saturdays 3:00-3:30PM
or by appointment

Baptisms

Baptisms take place on the Second Sunday of the month. Parents are required to attend baptism preparation class prior to the baptism.
Please make arrangements at least two months in advance

Marriage

Couples planning marriage are asked to contact the parish office and meet with the priest one year prior to the intended wedding and to attend the required marriage preparation program.

RCIA

The Rite of Christian Initiation of Adults is an ongoing process. Those interested in exploring the Catholic faith through the RCIA should contact the religious education office.

Devotions

Saint Anthony Devotion takes place on Tuesday evenings immediately following the 7:00PM Mass.
Eucharistic Adoration takes place on First Fridays from 8:00AM-12:00 Noon from October-May

New Parishioners

If you are a newcomer to the parish we welcome you and invite you to introduce yourself to the Friars. To register please contact the parish office. *Deadline for bulletin announcements is Tuesday at noon.*

PALM SUNDAY
MARCH 28, 2021

So they brought the colt to Jesus and put their cloaks over it. And he sat on it. Many people spread their cloaks on the road, and others spread leafy branches that they had cut from the fields. - Mk 11:7-8

Saturday,	**March 27 Outside**
4:00PM	Albert Poirier, Anniversary Memorial, requested by his wife & family
Sunday,	**March 28 Outside Palm Sunday**
10:00AM	Katherine DeRamio, Anniversary Memorial, requested by her family
Monday,	**March 29**
0:00AM	Pastor's Intention
Tuesday,	**March 30**
0:00PM	Pastor's Intention
Wednesday,	**March 31**
0:00AM	Pastor's Intention
Thursday,	**April 1 Holy Thursday**
7:00PM	Pastor's Intention
Friday,	**April 2 Good Friday**
7:00PM	Good Friday Service
Saturday,	**April 3 Holy Saturday**
4:00PM	Flower Memorial
Sunday,	**April 4 Easter Sunday Outside**
10:00AM	For Parishioner's

The Palms for Palm Sunday are in Memory of Alfred & Palma D'Angio, requested by their family.

Please Pray For…

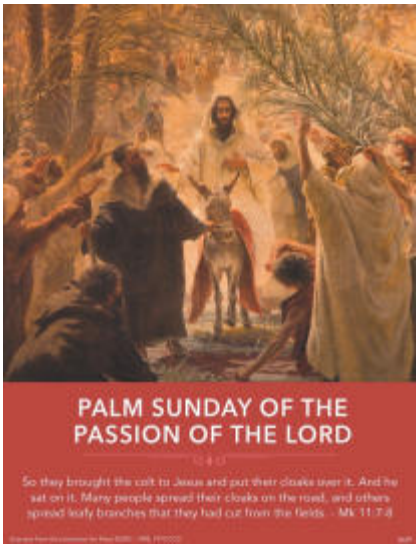
Joe D., Taylor Canale, Alan Reedy, Janet Roberts, Patricia Aulenbach, Donna & Joe Vanaria, David Porter, Ron T, Charles U, Rick T, The DeVito family, Jonathan Perez, Ann, Julia Brosnan, Devin, Patricia Cristina, John Bellam, Elizabeth, Ellie LeBlanc, Mary Caramanica, Liz Shea, Jeffrey Sullivan, Ann W., Michael Attardo, Henry "Hank" Pilla, Jr., Victoria Huff, Ruth Mulligan, V. Pallazzo, and all those who are ill or undergoing medical treatment. Additionally, we pray for Jeff Gordon and all those in military service who are currently deployed. Please keep in your prayers all families who are grieving the loss of a loved one.

Readings for the week of March 28, 2021

Sunday:	**Mk 11:1-10 or Jn 12:12-16/Is 50:4-7/Ps 22:8-9, 17-18, 19-20, 23-24 [2a]/Phil 2:6-11/Mk 14:1—15:47 or 15:1-39**
Monday:	**Is 42:1-7/Ps 27:1, 2, 3, 13-14 [1a]/Jn 12:1-11**
Tuesday:	**Is 49:1-6/Ps 71:1-2, 3-4a, 5ab-6ab, 15 and 17 [cf. 15ab]/Jn 13:21-33, 36-38**
Wednesday:	**Is 50:4-9a/Ps 69:8-10, 21-22, 31 and 33-34 [14c]/Mt 26:14-25**
Thursday:	**Evening Mass of the Lord's Supper: Ex 12:1-8, 11-14/Ps 116:12-13, 15-16bc, 17-18 [cf. 1 Cor 10:16]/1 Cor 11:23-26/Jn 13:1-15**
Friday:	**Is 52:13—53:12/Ps 31:2, 6, 12-13, 15-16, 17, 25 [Lk 23:46]/Heb 4:14-16; 5:7-9/Jn 18:1—19:42**
Saturday:	**Vigil: Gn 1:1—2:2 or 1:1, 26-31a/Ps 104:1-2, 5-6, 10, 12, 13-14, 24, 35 [30] or Ps 33:4-5, 6-7, 12-13, 20-22 [5b]/Gn 22:1-18 or 22:1-2, 9a, 10-13, 15-18/Ps 16:5, 8, 9-10, 11 [1]/Ex 14:15—15:1/Ex 15:1-2, 3-4, 5-6, 17-18 [1b]/Is 54:5-14/Ps 30:2, 4, 5-6, 11-12, 13 [2a]/Is 55:1-11/Is 12:2-3, 4, 5-6 [3]/Bar 3:9-15, 32—4:4/Ps 19:8, 9, 10, 11 [Jn 6:68c]/Ez 36:16-17a, 18-28/Ps 42:3, 5; 43:3, 4 [42:2] or Is 12:2-3, 4bcd, 5-6 [3] or Ps 51:12-13, 14-15, 18-19 [12a]/Rom 6:3-11/Ps 118:1-2, 16-17, 22-23/Mk 16:1-7**
Next Sunday:	**Acts 10:34a, 37-43/Ps 118:1-2, 16-17, 22-23 [24]/Col 3:1-4 or 1 Cor 5:6b-8/Jn 20:1-9 or Mk 16:1-7 or Lk 24:13-35**

SHARING TIME, TALENT & TREASURE

The Second Collection will be for Catholic School Support.



PARISH NEWS, Continued

STEWARDSHIP, SHARING TIME, TALENT AND TREASURE

Week Ending	03/22/2021	
Weekly Offertory	$	3467.00
WeShare (One-time donations)	$	1065.00
WeShare (Recurring weekly donations)	$	445.00
Additional Parish Income	$	3406.00
Total Income	$	8383.00
Bills paid	$	6642.18
Credit/Deficit	$	1740.82

STEWARDSHIP: SHARING TIME, TALENT AND TREASURE

"The community of believers was of one heart and mind and no one claimed that any of his possessions was his own." - Acts 4:32

All that we are and all that we have is a gift from God! Think of your family, your friends, your talents and abilities – these are all gifts from God. We aren't really owners of anything; we are merely "stewards" of the gifts God has blessed us with.

STEWARDSHIP AND THE SUNDAY READINGS

Today we celebrate Palm Sunday. As we read about the climax of Christ's mission here on earth, we are reminded that He is the Perfect Steward, a model for us all on our stewardship journey. Our First Reading, from the prophet Isaiah, portrays a suffering servant. The suffering servant, in many ways, foreshadows what Jesus endured during His passion. Even though He didn't deserve such tortures, He humbly submitted to them. His mission as a steward was to fulfill His Father's mission. We, too, play a unique role in our Father's mission by bringing souls to Christ. It simply begins with the witness of our lives. Today's Gospel shares the account of Jesus' last days on earth, and how He lives them says a great deal about how we should be living ours as faithful stewards. Jesus does many things in these last days, and they all revolve around prayer and service, two trademark actions of a good and faithful Catholic. He hosts a Passover meal in which He gives us His Body and Blood in the Eucharist. He intensely prays to His Father. Lastly, He submits to humiliation, torture, and death for our sake, calling out to God the Father in His weakest moments. We might not be called to the same type of prayer and service, but we are all called to commit time in daily prayer with our Lord, and to serve our families, churches, and neighbors. As we embark on this Holy week, let us take some time to reflect on the life of Christ as He is our model Steward, and may we strive to imitate Him daily.

CATHOLIC APPEAL 2021

Last weekend, we launched our annual Catholic Appeal, along with all the other parishes throughout the Archdiocese. Each year, the Catholic Appeal provides the faithful with a way to help support the ministries that support our parishes, our schools, and our communities. This is our Church, and every gift makes a difference. Please consider making your gift today by visiting bostoncatholicappeal.org or by scanning the QR code above. Your gift has an immediate impact on our parish and the work of our Church. Thank you in advance for your generosity. To date 37 donors have pledged thus far, bringing a total of $9,278 toward our goal of $23,981.33.

PARISH NEWS, Continued

SCHEDULE FOR PALM SUNDAY AND EASTER

Please note that you MUST register on Sign-Up Genius to attend any in-person worship service both indoor and outdoor. Registering will ensure a safe environment as well as to assist us in the planning process. Log onto our website: www.sacredheart311.com to register.

Palm Sunday Masses will take place on Saturday, March 27th at 4:00PM (Indoor Mass) and Sunday, March 28th at 10:00PM (Drive-In Mass).

Holy Thursday, April 1st (Indoor Mass) at 7:00PM with (outdoor drive in Eucharistic Adoration) from the close of Mass until 9:00PM) on the outdoor altar at the rear of the church.

Good Friday, April 2nd Service (Indoor) at 7:00PM

Easter Vigil Mass, Saturday, April 3rd 4:00PM (Outdoor drive-in).

Easter Sunday Mass, April 4th, 10:00AM (Outdoor drive-in)

HOLY THURSDAY OUTDOOR ADORATION OF THE BLESSED SACRAMENT

Join us on Holy Thursday, APRIL 1st for an hour of Eucharistic Adoration on our outdoor altar from 8:00PM (approx.) to 9:00PM. Adoration will take place immediately following the Holy Thursday evening Mass. Remember also that throughout the year you can access livestream Eucharistic Adoration from parishes throughout the Archdiocese and beyond by logging on to the Archdiocesan website https://www.bostoncatholic.org/virtual-adoration The Archdiocese of Boston website offers several links for Adoration which viewers can access for prayer any time of day.

PALM SUNDAY HOLY WEEK AND EASTER HELP NEEDED!

We need volunteers to assist at Masses, indoor and outdoor Masses for Holy Week and Easter. With Covid 19 safety guidelines, more help is needed than ever before. We will need extra hands for the upcoming holy days with distributing Palms and other resources and assisting with parking and traffic. Help will be needed for both the indoor Masses on Holy Thursday and Good Friday Service and the outdoor Masses on Palm Sunday and Easter weekends. The window involved in assisting for these Masses are from 1 to 2 hours depending on which Mass you can assist at. Your help will be greatly appreciated! Please contact Bernadette Scalese at (781) 893-8461

LENTEN REGULATIONS 2021

Abstinence: Catholics over 14 years of age are bound to the obligation of abstinence. Abstinence is to be observed on Ash Wednesday and on all Fridays of Lent. On days of abstinence, meat may not be used at all.

Fast: Catholics over 18 and up to the beginning of their 60th year are bound to the obligation of fasting. Ash Wednesday and Good Friday are the days of fasting. On these days, only one full meal is allowed. Two other meatless meals, sufficient to maintain strength, may be taken according to each one's needs, but together they should not equal another full meal. Eating between meals is not permitted, but liquids, including milk and fruit juices are allowed. Regarding other weekdays of Lent, participation in daily Mass and the voluntary observance of fasting is recommended.

Almsgiving: Commendable, particularly during Lent, is generosity to local, national and world programs of sharing our abundance, the traditional Lenten Devotions and all the self-denial summed up in the Christian concept of "mortification."

PARISH NEWS, Continued

HOW TO SIGN UP FOR MASS

Signing up is easy, simply log on to our website**:** **sacredheart311.com** The first article on the home page lists Mass options, at the end of each Mass description there is a bolded sentence that states "click here to register". Currently only outdoor Masses are taking place, but when indoor Mass resumes you will have the option to sign up for whichever Mass you prefer and for as many weeks as are listed. NOTE: Those without computer access or who have difficulty registering online, may simply call the Religious Education Office, leave a voice mail with your name, telephone number and email address (if you have one) and we will be happy to register you. Please note that arriving at Mass without pre-registering, especially on holidays and holy days, may result in your being turned away at the door once capacity is reached.

INDOOR MASS SAFETY GUIDANCE

Masses are held indoors on Saturdays at 4:00PM. Here are a few things to know before coming to indoor Mass.

1) You MUST register for INDOOR Mass via Sign Up Genius on our parish website:
sacredheart311.com
2) Masks must always be worn while in the church building.
3) Enter the church from the front vestibule door so that one-way traffic can be observed.
4) Attendees must sit socially distanced 6 feet from others unless they are family from your own household.
5) Sit in pews that are marked with blue signs and blue tape. Pews have been pre-marked for social distance spacing.
6) Father will end the Mass prior to serving Communion. Once you receive communion you will leave the building.
7) Offertory collections may be dropped in the collection baskets on your way into or out of church.
8) To avoid risk of spread of virus restrooms are available for emergency situations only.

HOW TO VIEW SACRED HEART CHURCH SUNDAY MASS ONLINE

You can view Mass every weekend from our STREAMING SERVICE. To access our streaming channel, log onto our website: **sacredheart311.com** and scroll down to the heading "Streaming Mass", in that text you will see "Click Here" to access Live Stream", this will enable you to view Mass live at 4:00PM on Saturday or at designated scheduled INDOOR Mass times. To view Mass recorded, after the live stream Mass has concluded, you will use the second option beneath the live stream which states "Click Here" to access our Recorded Library and the most recently recorded Mass will be visible. To access additional previously recorded Masses, click on the playlist at the upper right corner of recorded Mass page. You may also access our weekend (Saturday 4PM) Mass via our YouTube Channel.

MASS INTENTIONS

Mass intentions will be remembered at all public, private, and streaming Masses. While weekday Masses are not currently taking place IN PERSON, the Mass intentions will continue to be said during Father Dennis' daily Mass which is celebrated privately in the friary chapel each weekday morning. Know that your loved ones will be remembered in prayer at the celebration of the Eucharist. Mass intentions are published weekly in the parish bulletin, please remember these intentions in your daily prayer.

PARISH NEWS, Continued

COVID 19 AND INDOOR/OUTDOOR MASS STATUS

Indoor Mass continues to be held on Saturdays at 4:00PM. We will post updates on our website and those who wish to sign up may go to Sign-up Genius to register for either indoor or drive in (outdoor) Mass. Since the OUTDOOR drive-in Mass has proven to be the safest way to worship in person, we hope to continue with this outdoor Mass Sundays at 10:00AM, weather permitting. However, when cancellation is necessary due to severe weather conditions, we will post on sign up Genius, so be sure to check prior to heading out to Mass. For those worshipping from home via livestream, or TV Mass, remember that the dispensation for Sunday Mass remains in place, therefore if worshipping from home is the safest option for you, please continue to do so. You may access Mass from home via our YouTube page or our parish website sacredheart311.com.

COVID 19 AND SEASONAL FLU SAFETY

As Covid 19 is still with us, coupled with the flu season, we remind everyone to exert the utmost caution in public places which includes in person Mass attendance. If you feel **even the slightest cold, cough or sore throat coming on, please do not come to Mass.** Instead enjoy the Mass from the safety and comfort of your home. Those who come to Mass are reminded to wear masks, use hand sanitizer upon arrival and maintain the recommended six-foot social distance from others.

PRAYER CORNER

During these challenging times there are people who need your prayers more than ever before! If you know of someone who is in need of prayer due to illness whether emotional of physical, as well as those who are grieving a loss, undergoing medical treatment, or any other intention in which our prayers would be welcome, please contact us to have those names added to our prayer corner. The prayer corner provides an opportunity for all the faithful to place those in need of prayer at the center of their hearts and minds. Our ongoing prayer strengthens those for whom we pray and provides a spirit of connectivity and service among the faithful. To submit the name of a friend, family member or yourself to the prayer corner, please e-mail us at sacredheart311@aol.com. Please seek approval of the person, whose name you wish to submit prior to submission.

MASS BOOK AND MEMORIALS 2021

Masses and memorials may be reserved by phone; however we ask that you follow up when mailing your offering by completing an offering request form with name for the intention, what type of memorial (b-day, anniversary etc.) along with your name and contact info. Please print the full name(s) of those whom you would like to remember. Since office hours remain limited we ask that you please call the parish office (781) 899-0469 and leave your name and phone number and message that you are calling to book a Mass or memorial.

STAY CONNECTED!

Our weekly bulletins continue to be published and posted on our parish web site. However, the best way to keep connected with us on a day-to-day basis is through our social media platforms and Facebook page: Sacred Heart Waltham, and Twitter: **@sacredheart311**. Teens and Young Adults can access of Youth Group and Young Adult pages which are closed groups, so request acceptance and our administrator will review requests and invite you to join. Follow us on any of these platforms to find interesting articles on faith and spiritual enrichment.

PARISH NEWS, Continued

BRISTOL LODGE MONTHLY DINNER

The next Bristol Lodge Dinner will take place on Wednesday, April 7, 2021. In order to continue serving meals while following Covid 19 safety protocols, the Bristol Lodge will continue to offer "grab and go" meals for their clients. Our volunteers will package pre-portioned meals for the Soup Kitchen clients. With the current surge in Covid 19 numbers we have fewer individuals preparing and transporting food. Those who wish to sign-up to bring snacks, beverages, fresh fruit or meal accompaniments are welcome to do so. Those who wish to make monetary donations to assist us in continuing our Soup Kitchen ministry during this difficult time may do so through our WeShare offertory program which is accessed via our website:
www.Sacredheart311.com. Click on WeShare and then "Giving" to find the Soup Kitchen Ministry giving option where you may place a one-time donation or a recurring monthly gift to support our monthly meal which will give us the ability to purchase entrees and side dishes. Those donating snacks or beverages may continue to do so, however we ask that those donations be dropped off BEFORE 2:00PM on our service day which is the first Wednesday of the month either at Sacred Heart Church (parish hall kitchen) or directly to the Bristol Lodge Soup Kitchen at Immanuel Methodist Church, corners of Moody and Cherry Street. Suggested snack and beverage options might include: string cheese or individually wrapped cheese/cracker snacks, portable fruit such as bananas, apples, oranges or cookies, brownies. Beverage suggestions such as individual juice boxes, bottled water or individual cartons of milk are perfect for grab and go meals.

MARY'S GUEST HOUSE-A MINISTRY OF THE MARIST MISSIONARY SISTERS

The Marist Missionary Sisters have a special concern for underserved women and children. Mary's Guest House was born in November 2005 following in-depth research on the needs of trafficking survivors. Mary's Guest House specifically addresses the urgent need of appropriate shelter for women survivors over the age of eighteen. Staffed full-time by two Sisters, the guest house accommodates five women. The ultimate goal is to help the guests rebuild their lives and become self-reliant or to return to their family. The shelter provides a safe, homelike environment. Communal life is shared with the guests, accompanying them as mentors and supporting them in their struggles, hopes and dreams. Collaboration is offered with an array of services addressing their physical, medical, immigration, educational, spiritual and psychological needs. They can live at the guest house for up to two years while preparing for employment and independent living. In addition to providing hope and dignity for the guests at Mary's Guest House, raising awareness to the suffering and indignity of human trafficking is a priority for the Sisters. Through speaking engagements and presentations as active collaborators in the San Diego Network Against Trafficking the Sisters educate the public in an effort to combat exploitation locally and globally. If you would like to help the Sisters in their mission to provide healing and hope for victims Human Trafficking, we encourage you to donate if you are able to do so. To make a donation, log on to the Marist Missionary Sisters website, http://maristsmsm.org/donation scroll to Mary's Guest House and click on the donation link beneath the photo.

FAITH FORMATION & YOUTH MINISTRY

REMOTE LEARNING

Our virtual faith formation theme for the month of APRIL will be Sacraments of the Church: Outward signs of inward grace" As we enter this season when so many sacraments will be celebrated, we will look more deeply in the Seven Sacraments and how these sacraments play a part in our faith lives and give us the gifts necessary to follow Christ and to serve our brothers and sisters in this world while preparing us for life eternal in God's heavenly kingdom. To access each month's curriculum and video teachings from some of our catechists, log on to www.sacredheart311.com, click on RELIGIOUS EDUCATION and the calendar will appear where monthly curriculum lesson plan is posted. Those with questions on the Virtual Faith Formation Program may contact Bernadette at (781) 893-8461.

RELIGIOUS EDUCATION RESOURCE PICK-UP

Our remote faith formation program is now in its fifth month. We ask that families who have yet to pick up their resource kits to do so as soon as possible. Resource kits can be picked up at any time in the lower religious education building (enter by the green double doors closest to the parking lot). Be careful on the steps as you enter the gathering room. Please handle only your own resource kit, unless you are also picking up for a friend or family member. To access the monthly lesson log onto our web site www.sacredheart311.com once there, click on about the parish to access the RELIGIOUS EDUCATION page. The calendar where monthly guides are posted will appear, click on the current month to access the lesson plan. For additional information contact us at sacredheartED@aol.com. In the meantime, we hope you will continue to stay connected Facebook, Twitter and our parish website for further information.

SPRING CELEBRATION OF THE SACRAMENTS

Baptisms will continue monthly, unless otherwise noted. Baptisms take place on the second Sunday of the month. The Sacrament of Confirmation will take place on Saturday, April 24th at 10:00AM and first holy communion will take place in mid-May (Date TBD). There will be three celebrations of First Holy Communion. The first will be for families with children who would have received first communion last year (2019-20). The celebration for these students will take place on Saturday May 8th at 11:30AM. There will be two first communion celebrations for the students who have been preparing for the sacrament this year, (2020-21) on Saturday, May 15th with students divided alphabetically into two Masses 10:00 and 11:30AM.

FOLLOW US ON PINTEREST

Looking for creative and faith-filled activities for the kids, ideas to enrich your faith, recipes to bring to the table for holidays and liturgical year feasts and home decorating ideas for holidays? Log on to our Pinterest page to access faith resources and some great ideas to engage the entire family. If viewing the bulletin online just click the following link, or paste into your browser:
https://www.pinterest.com/sacredhearted/_saved/

SOCIETY OF SAINT CLARE

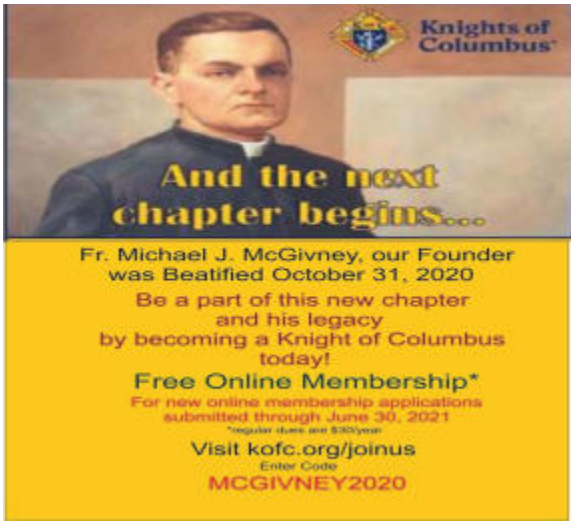
SOCIETY OF SAINT CLARE

Interested in being part of something special? The Society of Saint Clare at Sacred Heart Church welcomes new members throughout the year. We are a fun and friendly group of women with a common love for Christ and a desire to serve God's church and His people. Our monthly gatherings (when held), include friendly conversation and light refreshments, planning upcoming events and enjoying opportunities to pray and grow in faith. Although we are not gathering due to the Covid 19 Pandemic, we will be happy to contact those who are interested in joining the or who have questions about our group. For more info, you are welcome to contact Patrice McGregor at pmcgregor22@comcast.net

KNIGHTLY NEWS

ONLINE MEMBERSHIP

With our busy lives there is a convenient way to learn about membership to the largest fraternal organization in the world and to join online. Members can take advantage of all the benefits offered by the K of C, including insurance benefits, and information on the charitable programs they support, plus news content updates and events. Signing up online takes just minutes. Go to kofc.org/onlinemembership and click on "Join Us" to access the registration form. For more information please contact Council/Membership Chairman Hank Pilla, FDD, PGK at (781) 899-6709 or via e-mail at hankpillakofc@gmail.com



KNIGHTS OF COLUMBUS MONTHLY MEETINGS

Although we are not having meetings during the church closure due to the COVID-19 19 Pandemic we will be happy to contact those who are new to the council or who have questions. We hope to resume gatherings at some point when it is safe to do so. General Council meetings on the third Monday of every month at 6:30PM. To connect with the Knights of Columbus you may contact us at Sacredheartknights@hotmail.com.

NITE AT THE RACES POSTPONED

Due to the continued limitations regarding indoor gatherings we find it necessary to postpone our April Nite at the Races. We will continue to monitor safety guidelines before rescheduling when it is safe to do so.

AROUND THE ARCHDIOCESE

SPIRITUAL COMMUNION

Remember, whether you watch Mass on TV, Livestream or on other social media platforms, the faithful are encouraged to receive spiritual communion with the recitation of the Prayer for Spiritual Communion. The prayer which is published below is recited at all televised Masses on TV and Livestream.

Act of Spiritual Communion
My Jesus, I believe that you are present in the most Blessed Sacrament.
I love You above all things and I desire to receive You into my soul.
Since I cannot now receive You sacramentally, come at least spiritually into my heart.
I embrace You as if You were already there and unite myself wholly to You.
Never permit me to be separated from You. ~ Amen.

CATHOLIC APPS

During this difficult time when risks of Covid-19 remain a concern, there are great Catholic apps which will enable you to enrich your prayer life and be connected with the greater Catholic Community. **CatholicTV** provides live Masses, recitation of the rosary, movies and entertainment**, IMissal** offered daily scripture and reflections, **DivineOffice** provides life changing experiences of prayer as well as podcasts and more**. EWTN** offers TV and Radio Live Streams, News and much more. These apps are available on I Phone and Android and some offer programming online and on TV.

THE WORD AMONG US DAILY MEDITATIONS

The publishers of "The Word Among Us" will continue to make all their products available digitally FREE OF CHARGE. This includes the daily reflections for the winter season. To access these daily devotions by logging onto the web site of The Word Among Us at www.wau.org. Due to the current situation with this global pandemic, the good people at The Word Among Us will offer FREE digital access to all their magazines, daily and seasonal devotionals, so we encourage you to take advantage of this great offer.

ADORATION OF THE BLESSED SACRAMENT LIVESTREAM

Did you know that like so many other forms of connecting during this pandemic, you can also access Virtual Eucharistic Adoration via livestream? The Archdiocese of Boston website offers several links for Adoration which viewers can access for prayer any time of day. If ever there were a time when prayer before the Blessed Sacrament was needed it is now. We encourage you to spend some time in the presence of the Lord even if you are unable to do so in person through these various opportunities for adoration. Log on to the website https://www.bostoncatholic.org/virtual-adoration

NARDONE FUNERAL HOME
373 Main Street
Watertown
(617) 924-1113
Carmine E. Nardone, Jr.
Christine M. Nardone
www.nardonefuneralhome.com

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