

# Sacred Heart Church

311 River Street Waltham, MA. 02453

*Father William Kennedy, Temporary Administrator*

*Rev. Janvier Nduwayezu: In Residence*

*"The Sacred Heart Parish Community warmly welcomes all who join us in worship. Whether you are new to the parish or just visiting the area, please introduce yourself to us."*

## MASS SCHEDULE

Weekend Masses: Saturday, 4:00PM  
Sunday, 7:30AM & 10:00AM

Daily Mass Schedule:  
Monday & Wednesday, 7:30AM  
Tuesday, 7:00PM

## PARISH STAFF

Parish Secretary, Patricia Cristina & Sheri Kenney  
Director of Faith Formation, Bernadette Scalese  
Coordinator of Youth Ministry, Laura Peterson  
Coordinator of Children's Choir, Buddy Bergeron  
Coordinator Of Adult Choir,  
Lisa Custodinho

## PARISH OFFICE HOURS

Monday-Thursday 9:30AM-1:00PM  
Closed on Fridays

## CONTACT US

Parish Office

Phone: (781) 899-0469 Fax (781) 899-0081  
Parish E-Mail: [SacredHeartWaltham@gmail.com](mailto:SacredHeartWaltham@gmail.com)  
Parish Web Site: [www.sacredheart311.com](http://www.sacredheart311.com)  
Religious Education/Youth Ministry Office  
Phone: (781) 893-8461 Fax: (781) 893-6276  
Religious Education: [SacredheartED@AOL.com](mailto:SacredheartED@AOL.com)  
LIFE TEEN: [Sacredheartlifeteen@comcast.net](mailto:Sacredheartlifeteen@comcast.net)  
Food Pantry Hours: Thursday 4:00PM—5:00PM

## PARISH COMMITTEES AND ORGANIZATIONS

Parish Council and Finance Council

## NEW PARISHIONERS

If you are a newcomer to the parish we welcome you and invite you to introduce yourself to the Friars. To register please contact the parish office.

## PASTORAL CARE OF THE SICK AND HOMEBOUND

Pastoral care to those who are ill or homebound may be arranged by contacting the parish office.

## SACRAMENT OF RECONCILIATION

Saturdays 3:00-3:30PM  
or by appointment

## BAPTISMS

Baptisms take place on the Second Sunday of the month. Parents are required to attend baptism preparation class prior to the baptism. Please make arrangements at least two months in advance

## MARRIAGE

Couples planning marriage are asked to contact the parish office and meet with the priest one year prior to the intended wedding and to attend the required marriage preparation program.

## RCIA

The Rite of Christian Initiation of Adults is an ongoing process. Those interested in exploring the Catholic faith through the RCIA should contact the religious education office.

## PARISH ORGANIZATIONS

Knights of Columbus  
St. Francis of the Sacred Heart Council #14091  
Contact: [Sacredheartknights@hotmail.com](mailto:Sacredheartknights@hotmail.com)  
Society of St. Clare  
Women's Group

*Deadline for  
bulletin announcements is Tuesday at noon.*

## SACRED HEART, WALTHAM, MA



Jesus and his disciples were also invited to the wedding. When the wine ran short, the mother of Jesus said to him, "They have no wine." And Jesus said to her, "Woman, how does your concern affect me? My hour has not yet come." His mother said to the servers, "Do whatever he tells you." John 2:2-5

### **Please Pray For...**

*Rev. Gregory J. Hoppough C.S.S., Kathy MacDougall, Charlie Porpora Joe D, Alan Reedy, Janet Roberts, Donna and Joe Vanaria, David Porter, Rick T. Jonathan Perez, Ann, Devin, Patricia Cristina, John Bellam, Mary Caramanica, Liz Shea, Jeffrey Sullivan, Ann W, Michael Attardo, Henry "Hank" Pilla, Victoria Huff, Ruth Mulligan, V. Pallazzo, Roberta J and Marylow R, and all those who are ill or undergoing medical treatment. We pray for all military service members currently deployed in active duty, including SSG Rocco L. Collura III, US Army, who recently returned from deployment in the Middle East, and for Kyle Thompson, US Marine Corp, who is currently in basic training. Please pray for all members of our parish community who are grieving the loss of a loved one.*

- Saturday, January 15**  
4:00PM Ursula (Lee) Parrella, Anniversary Memorial, requested by family
- Sunday, January 16**  
7:30AM For Parishioners  
10:00AM Paul R Leonelli, 1st Anniversary Memorial, requested by Theresa Leonelli & family
- Monday, January 17**  
7:30 AM For Parishioners
- Tuesday, January 18**  
7:00 PM John Zazzera, Anniversary Memorial, requested by Tom & Franca
- Saturday, January 22**  
4:00PM Edgar LeBlanc, Anniversary Memorial, requested by family
- Sunday, January 23**  
7:30AM For Parishioners  
10:00AM Ernie & Mary Caramanica, Birthday Memorial, requested by their family

### **STEWARDSHIP: SHARING TIME, TALENT AND TREASURE**

*"The community of believers was of one heart and mind and no one claimed that any of his possessions was his own." - Acts 4:32*

All that we are and all that we have is a gift from God! Think of your family, your friends, your talents and abilities – these are all gifts from God. We aren't really owners of anything; we are merely "stewards" of the gifts God has blessed us with.

Week of December 27<sup>th</sup> to January 3<sup>rd</sup>

WeShare (One-time donations)	\$ 75.00
WeShare (Recurring donors)	\$ 1545.00

### **Memorials for week of January 15<sup>th</sup>**

**Altar Candles:** Paul R Leonelli, 1<sup>st</sup> Anniversary Memorial, requested by Theresa Leonelli & family

**Bells:** Alice & Warren Cooke, requested by their daughters, Noreen & Patricia

### **Readings for the week of January 09, 2022**

- Sunday: Is 62:1-5/Ps 96:1-2, 2-3, 7-8, 9-10 [3]/1 Cor 12:4-11/Jn 2:1-11
- Monday: 1 Sm 15:16-23/Ps 50:8-9, 16bc-17, 21 and 23/Mk 2:18-22
- Tuesday: 1 Sm 16:1-13/Ps 89:20, 21-22, 27-28/Mk 2:23-28
- Wednesday: 1 Sm 17:32-33, 37, 40-51/Ps 144:1b, 2, 9-10/Mk 3:1-6
- Thursday: 1 Sm 18:6-9; 19:1-7/Ps 56:2-3, 9-10a, 10b-11, 12-13/Mk 3:7-12
- Friday: 1 Sm 24:3-21/Ps 57:2, 3-4, 6 and 11/Mk 3:13-19
- Saturday: 2 Sm 1:1-4, 11-12, 19, 23-27/Ps 80:2-3, 5-7/Mk 3:20-21
- Next Sunday: Neh 8:2-4a, 5-6, 8-10/Ps 19:8, 9, 10, 15/1 Cor 12:12-30 or 12:12-14, 27/Lk 1:1-4; 4:14-21

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### **PARISH OFFERTORY SUPPORT**

Thank you to all our parishioners for your continued offertory support. Whether you contribute at Mass, online through WeShare, by sending your contributions by mail, please know that your generous stewardship is gratefully appreciated. For those seeking a safe and convenient way to support their parish, online giving through WeShare offers several options of giving whether recurring or as a "one-time gift". Visit our website <https://sacredheart311.weshareonline.org/> If you have any questions about setting up online contributions, contact Customer Service at [weshare@4lpi.com](mailto:weshare@4lpi.com)



## SECOND SUNDAY IN ORDINARY TIME

### PARISH NEWS

#### STEWARDSHIP AND THE SUNDAY READINGS

Today's Gospel reading from John recounts the familiar story of the wedding feast at Cana when Jesus launched His public ministry by performing His first miracle at his mother's request. In the midst of the feast, the Blessed Mother noticed that the wine had run out and pointed out the problem to Jesus. Then, she gave the servants instructions that are equally applicable to us modern-day stewards, saying, "Do whatever He tells you." Jesus gives the servants a simple and seemingly mundane task, telling them to fill some stone jars with water. They did what He told them to do. And Jesus used their obedience in the accomplishment of that simple task to perform His first miracle, turning the water into the choicest wine. Our Lord didn't have to include those servants in order to perform this miracle — He chose to. And today, 2,000 plus years later, He still chooses to include us in the performance of His miracles through our cooperation with Him in using the gifts and talents He has given us. What a privilege! Let us take care to listen to our Blessed Mother: let's examine our lives this week to see if we really are "doing whatever He tells us," - cooperating with God to make the best use of the gifts He has given us for the benefit of those around us. If we all take this call seriously, He will perform miracles in our families and parish. Let us take care to listen to our Blessed Mother. Let us examine our lives this week to see if we really are doing whatever He tells us and cooperating with God to make the best use of the gifts He has given us for the benefit of those around us. If we all take this call seriously, He will perform miracles in our families and parish.

#### THANK YOU, CATHOLIC APPEAL DONORS

Thank you to all who donated to the Catholic Appeal. Thanks to the hard work of our parish coordinator, Diane Pahlm and your generosity Sacred Heart parish exceeded the goal assigned by the archdiocese. The Appeal is the primary source of funding for the central offices of the archdiocese and supports parishes, schools, and outreach programs throughout the Archdiocese of Boston.

#### CATHOLIC APPEAL CLOSING REPORT 2021

The Catholic Appeal has concluded for this past year, and we are pleased to say that the latest report shows that we have met our goal of \$23,981.00. Our final pledges totaled \$24,124.00, which met 101% of our goal. Our donor Goal was 102 donors with 94 actual donors (92%) contributing to the Appeal. Thank you to all those who helped us to meet and exceed this year's Catholic Appeal.

#### *A note from the staff*

Many of you have asked for Odile's address to send condolences or an occasional note of cheer. So we are providing that listing below:

Odile Wheatley  
126 S. Terrace Place  
Valley Stream, NY 11580



### PARISH NEWS, Continued

#### WEEKDAY MASS SCHEDULE

The weekday Mass Schedule has resumed. Masses will be held on Monday and Wednesday mornings at 7:30AM and Tuesday evenings at 7:00PM. All are welcome to join us for liturgy either before or after your workday on any of the days when Masses are scheduled.

#### 311 CLUB STATUS

I regret that we are freezing the 311 Club for the time being. Unfortunately, following Fr. Dennis' sickness and death, we do not have a way to access the funds for the club. I realize that this is a disappointment for many people and that some people are frustrated. We are working with the bank to gain access to the funds. Please do not send any more contributions. We are keeping track of what people have sent in. Once we are able to access the funds we will resume the drawings. We appreciate your patience and understanding. Fr. Kennedy

#### SISTER LORRETA RAASS, SMSM

Sister Lorreta Raass, SMSM is now residing at the VNA Senior Living Center, formerly the Little Sisters of the Poor on Highland Ave in Somerville. We know that Sister would welcome a phone call, visit or note from the parishioners she came to know here at Sacred Heart during her years as a catechist, vocalist in the choir and as our gardening/dahlia expert! If you plan a visit, please call the center first since Covid protocols are ever changing. Below is her address:

Sister Lorreta Raass  
VNA Senior Living at Highland  
186 Highland Ave  
Somerville, MA 02143

#### VOTIVE CANDLES

Is there someone you wish to pray for in a special way, perhaps a friend or family member who is ill or someone in need of your personal prayer intention? In our front vestibule we have several votive light stands which holds dozens of votive lights. Individuals are welcomed to light a candle for your personal prayer intention. The votive candles are electrically operated and remain lit for several days. Candle offerings are a traditional and meaningful way to bring the light of hope to those you are holding in your personal prayer.

#### MASS BOOK AND MEMORIALS 2022

The Mass Book for 2022 is open. You may access Mass and Memorials reservation forms on our website. Please print and complete the form. You may bring the form with you when signing up in person at the parish office, however we ask that you call (781) 899-0469 prior to visiting the office since office hours are limited.

#### STREAMING AND RECORDED MASSES

When Masses are held, those viewing from home can access livestream Mass from our STREAMING SERVICE. To access our streaming channel, log onto our website: [sacredheart311.com](http://sacredheart311.com) and scroll down to the heading "Streaming Mass" or "view Mass", in that text you will see "Click Here" to access Live Stream", this will enable you to view Mass live at 4:00PM Saturday and 7:30 and 10:00AM on Sundays.

PARISH NEWS, Continued

**COVID SAFETY GUIDANCE FOR INDOOR WORSHIP**

In keeping with the Archdiocesan and City-wide policies during this recent surge in Covid 19 cases, we remind you of the Covid safety protocols that are in place.

-The Archdiocese of Boston and the City of Waltham have implemented mask mandates for all aspects of indoor gatherings. The Archdiocese has specified that the mask mandate includes daily and weekend Masses, weddings, and funerals, regardless of vaccination status through mid-January.

-The safest way to receive communion is by hand. While we understand that some Mass attendees prefer receiving communion on the tongue, however given the increased risk of transmission we ask that everyone receive by hand. Those who insist on receiving communion on the tongue may do so, however we ask that they wait to receive communion last, after everyone else has received.

-Offering a sign of peace can be done so safely without physical contact, verbal affirmation, a nod of the head, or a friendly wave of the hand are appropriate ways to extend a sign of peace.

-Church seating will remain every other pew to ensure that both you and those around you feel comfortable.

-If you are not feeling well, it is best to stay home, away from others. Those who are ill, or quarantining may watch Mass via our livestream/recorded Mass which can be accessed through our website [www.sacredheart311.com](http://www.sacredheart311.com)

-Our volunteers continue to sanitize the church after each gathering for the safety of all those who attend Mass.

**WINTER STORM CANCELEATION PROTOCOL**

While we always make every effort for scheduled Masses to take place, we advise Mass attendees to consider weather conditions before traveling to Sacred Heart. When snowstorms or icy weather conditions make the roads and sidewalks dangerous to travel, please consider your safety first. And remember, that for scheduled weekday Masses, if inclement weather causes schools closures, then there will be no Mass held on that day. To hear the latest storm cancelations that might impact parish programs or events tune to:

**WCVB Channel 5** - <http://www.thebostonchannel.com/closingssignup/index.html>

**WHDH Channel 7** - [www.whdh.com](http://www.whdh.com) then click on "Snow Day Alert"

**WBZ Channel 4** - <http://newsletters.cbsboston.com/> to sign up for weather alerts.

We will post cancelations on our parish Facebook page as well., therefore if you haven't found us on Facebook yet, we encourage you to do so. Remember that all Masses are also livestreamed, so those who cannot make it to church may watch Mass from the comfort of their home. To watch the livestream or recorded Masses log on to our website [www.sacredheart311.com](http://www.sacredheart311.com)



PARISH NEWS, Continued

**ALTAR SERVER MINISTRY VOLUNTEERS NEEDED**

We are in need of additional altar servers to assist with Masses on the weekend and at weekday Masses when available. If you are between the ages of 10-18, a young adult who is interested in serving as acolytes, we hope you'll consider being part of this important ministry. Seamus Pilette, our senior server and our liturgical volunteers will offer several options for training at your convenience. Commitment for this ministry is one to two hours per month on rotation with other servers for Saturday or Sunday Masses and for Holiday/Holy Day liturgies. Duties would include a small amount of set up before Mass, assisting the celebrant at the altar and helping to clean up following Mass. To learn more please contact us via email at [sacredheartWaltham@gmail.com](mailto:sacredheartWaltham@gmail.com)



**SACRED HEART CENTENNIAL CELEBRATION**

In November of 2022 Sacred Heart Church will mark its 100<sup>TH</sup> Anniversary. We hope to plan a month-long celebration culminating with a Centennial and dinner dance. As part of the celebration, we plan to create a video slide show. We would love to have you share photographs of parish events, sacramental celebrations, and liturgical celebrations. We also would like to feature photos of the eldest members of the parish who might have the baptized, received communion and confirmation or were married in the first year of Sacred Heart Church's founding in 1922-23. We ask that photos or other documents be sent via email since we do not want to be responsible for original items/hard copies that could be lost or damaged. Please email your submissions to: [sacredheartWaltham@gmail.com](mailto:sacredheartWaltham@gmail.com)

**YOU ARE INVITED TO BE PART OF OUR TEAM**

We invite members of the parish community to consider becoming part of our liturgical ministry team. We need additional volunteers willing to serve at Mass as Ministers of Communion, Ministers of the Word (Lectors) or to assist at the altar, as greeters, and ushers for the offertory collection. If you're coming to Mass to begin with, why not get involved! You'll be giving back to your parish community in a special way and providing much needed help to the clergy and all those who assist at Mass. For additional information, call (781) 893-8461 or email us at: [sacredheartWaltham@gmail.com](mailto:sacredheartWaltham@gmail.com)

**ARE YOU REGISTERED IN THE PARISH?**

If not, you may be missing out! Many parishioners assume that they are registered in the parish because they were married here, baptized babies, or have children enrolled in religious education. Registering in the parish will enter you into the parish census, place you on our data base for documentation of membership when needed when (for those serving as godparents or sponsors for a family member in another church or diocese) and it will ensure that you receive seasonal mailings and are kept up to date on the latest parish news and information. Registering WILL NOT enroll you in our envelope offertory system, that is by request only and requires a different enrollment form. To register in the parish, please contact us by calling (781) 899-0469 or email us at: [sacredheartWaltham@gmail.com](mailto:sacredheartWaltham@gmail.com)

PARISH NEWS, Continued

BRISTOL LODGE MONTHLY DINNER

The next Bristol Lodge Dinner will take place on Wednesday, February 2, 2022. The entrée for February is Macaroni and Cheese or Chili. Those who are unable to prepare a dish may consider donating snacks, or beverages such as single serve juice, iced tea, lemonade, or water. Grab and go snacks might include cheese/string cheese, whole fresh fruit such as bananas, apples or oranges, cookies or brownies that can be easily packaged to go. Food contributions **MUST be dropped off at the Sacred Heart parish hall kitchen BEFORE 2:00PM** or by 2:30PM if delivered directly to the Bristol Lodge Soup Kitchen at Immanuel Methodist Church, corners of Moody and Cherry Street. To sign up for the monthly meal paste the following link into your browser or click here:

<https://www.signupgenius.com/go/20f054eaea62da4fc1-bristol7>

FAITH FORMATION AND YOUTH MINISTRY

RITE OF CHRISTIAN INITIATION/RCIA

Are you or is someone you know hungering for a sense of belonging to God and to a Faith community? Are you or someone you know thirsting for a deeper experience of the heart when it comes to God and the Faith community? Are you intrigued by the possibility of exploring the Catholic Faith through the RCIA or knowing more about the Catholic Church? Do you have a child over the age of 8 who has not yet been baptized and would like to bring them into the sacramental life of the Catholic Church? The RCIA (Rite of Christian Initiation of Adults and Rite of Christian Initiation for Children), continues throughout the year. Those who would like to consider exploring the Catholic Faith or the possibility of receiving or completing the sacraments, please give us a call and we'll be happy to explain the process and work out a time schedule that most fits your own. For additional information contact Mrs. Bernadette Scalese at (781) 893-8461 or E-Mail us at [sacredheartED@aol.com](mailto:sacredheartED@aol.com).

ADULT CONFIRMATION CLASS

"I have baptized you with water; he will baptize you with the Holy Spirit" Mark 13:11. These words from Mark's gospel remind us of God's invitation to share in the grace-filled journey of life. Adult Catholics (ages 18 and older) who have been baptized, received First Holy Communion but did not have an opportunity to prepare for the sacrament of Confirmation are invited to continue their faith journey with us. For more information or to register for the adult sacramental preparation program please contact Bernadette Scalese at (781) 893-8461.

FIND US ON FACEBOOK AND FOLLOW US ON TWITTER

Like us? Then let us know by joining our Facebook groups; Sacred Heart Church Waltham, Sacred Heart LIFE TEEN, Sacred Heart Parents and Sacred Heart Youth Group (teens only). There is also a "Sacred Heart Young Adult Group" for those 21 and over who would like to connect with other young Catholics. You can also follow us on Twitter [@sacredheart311](https://twitter.com/sacredheart311). Please note; LIFETEEN, Youth Group and Young Adult FB pages are "invitation only" for safety purposes. Parents of teens are welcomed to join the SACRED HEART PARENTS FACEBOOK page where they can find information on upcoming parish events.

FAITH FORMATION AND YOUTH MINISTRY, Continued

RELIGIOUS EDUCATION GOSPEL WEEKLIES

Families with children in primary and middle school grades are reminded that this year's Pflaum Gospel Weeklies program is centered on the Sunday readings. Once the children attend Mass on Sunday, and listen to the Gospel readings and the message it sends through the homily, they will be able to successfully complete their lesson and assessment questions. Mass times are Saturday at 4:00PM and Sundays at 7:30 and 10:00AM as well as streaming online for those occasions when you cannot attend in person. Having the flexibility of a home/online program has been convenient and helpful in these challenging times. When registering for the home assessment online, please list your child's catechist's name and email address. If you do not know your child's catechist's email address you may use the following: [sacredheartED@aol.com](mailto:sacredheartED@aol.com). Thank you to all the children who have and continue to successfully submit assessment tests each week! We are pleased to see so many families participating in the online program. We are so happy to see many of our families participating in this year's faith formation and returning to in-person Sunday Mass.

FIRST HOLY COMMUNION ZOOM SESSIONS

There will be a Zoom Session for our First Holy Communion students on **Sunday, January 23<sup>rd</sup> from 11:30-12:00** noon with the students and from **12:00-12:15** with parents. The virtual sessions will be an introduction to the sacraments of Eucharist and Reconciliation as they prepare to receive the sacraments next spring. For additional information contact Bernadette at [sacredheartED@aol.com](mailto:sacredheartED@aol.com) or call (781) 893-8461.



SOUPERBOWL OF CARING

Sunday, February 13<sup>th</sup> is Superbowl Sunday! This means that in just one month we'll be holding our annual Souperbowl of Caring, a fundraising effort held each year on Superbowl Sunday to help end hunger in our local communities and throughout the country. We will hold a Food Drive at all Masses that weekend. After the 10:00AM Mass that Sunday we will go to the parish hall and take a "final tally" of the number of items collected. Our total amount of food collected will be sent electronically to the Souperbowl of Caring and broadcast during the nationally televised Superbowl Game! The Souperbowl of Caring will scroll the names of all participating groups and the total of items they've collected, so look for Sacred Heart Youth Ministry, Waltham MA! All of our food donations will benefit the Sacred Heart Food Pantry. We hope you'll join us at Mass and to help a rally for a great cause. Together we can turn the nation's largest weekend of football into the largest weekend of giving! Lets #TackleHunger! Food items should be non-perishable items such as canned goods such as canned vegetables and fruit, tuna, soups, stews and other canned meals, peanut butter, jam, non-perishable dairy products etc.

JANUARY 16, 2022

**KNIGHTLY NEWS**

**BE PART OF SOMETHING SPECIAL!**

The Saint Francis of the Sacred Heart Knights of Columbus Council invite you to be part of something special. Learn more about membership to the largest fraternal organization in the world and how you can be part of its next chapter. Join online by logging on to our website where you will find information on the charitable programs the K of C supports, plus news content updates and events. Members can take advantage of all the benefits offered by the K of C, including insurance benefits. Signing up online takes just minutes. Go to [kofc.org/onlinemembership](http://kofc.org/onlinemembership) and click on "Join Us" to access the registration form. For more information log on to [KorC.org/join](http://KorC.org/join) us and enter council number 14091 or contact Hank Pilla, FDD, PGK at (781) 899-6709 or via e-mail at [hankpillakofc@gmail.com](mailto:hankpillakofc@gmail.com)

**KNIGHTS OF COLUMBUS MONTHLY MEETINGS**

The Knights of Columbus has resumed gatherings since they will meet in a large space in the parish hall where it will be safe to meet indoors. General Council meetings will be held on the third Monday of every month at 6:30PM. To connect with the Knights of Columbus you may contact us at: [Sacredheartknights@hotmail.com](mailto:Sacredheartknights@hotmail.com).



**AROUND THE ARCHDIOCESE**

**WORD AMONG US FAITH RESOURCES THROUGHOUT THE YEAR**

Did you know that you can access beautiful daily meditations by The Word Among Us, all year long? The Word Among Us booklets, which the parish offers at Advent and Lent, also has daily reflections and meditations which you can access free of charge on their website. Complete access to all their digital resources, is also available to consumers who wish to purchase a subscription. The Word Among Us offers discounts on digital editions as a special military deal: All-access digital subscription two years free for active-duty military, and two years for only \$9.99 for veterans, national guard, and reserves. To access daily meditations and reflections or to learn more about subscriptions or military discounts log on to <https://wau.org/>

**AROUND THE ARCHDIOCESE**

**CATHOLIC APPS**

During this difficult time when risks of Covid-19 remain a concern, there are great Catholic apps which will enable you to enrich your prayer life and be connected with the greater Catholic Community. **CatholicTV** provides live Masses, recitation of the rosary, movies and entertainment, **IMissal** offered daily scripture and reflections, **DivineOffice** provides life changing experiences of prayer as well as podcasts and more. **EWTN** offers TV and Radio Live Streams, News and much more. These apps are available on I Phone and Android and some offer programming online and on TV.

**EWTN GLOBAL CATHOLIC NETWORK, EWTN**

Would you like to see more Christ-centered, family television, radio and online services? If so, EWTN Global Catholic Network can be an answer to your prayers! EWTN's vast array of programming includes Daily Mass, devotionals, global Catholic news, powerful documentaries, music special,, exclusive teaching series, live call-in talk shows, young adult & children's programming, Church and Papal events. To learn more, visit: [www.ewtn.com](http://www.ewtn.com)

**DAILY THREE MINUTE MEDITATIONS**

Need a little de-stressing and inspiration? Access Loyola Press' Three Minute Meditations which are offered daily at no cost. These beautiful video reflections offer inspiring quotes, scripture passages, beautiful imagery and music to center to calm, center and inspire participants. Log on to: <https://www.loyolapress.com/3-minute-retreats-daily-online-prayer/>

**VIRTUAL MEMORY CAFÉ**

Please invite your elder family members, clients, patients, and others to participate in the virtual JF&CS Memory Café. Please RSVP for any of the monthly gatherings by emailing Beth at [bsoltzberg@jfcsboston.org](mailto:bsoltzberg@jfcsboston.org) or leaving a voice mail message at 781-693-5628. (Email is preferred if possible.) I will send Zoom/call-in information to those who have RSVP'd. These ZOOM gatherings provide a safe way for older adults with memory/dementia issues and their caregivers to be entertained and engage in fun and interesting topics. To learn about the virtual memory café and the topic for this month, please visit the Massachusetts directory: [www.jfcsboston.org/MemoryCafeDirector](http://www.jfcsboston.org/MemoryCafeDirector) There is also a national virtual café directory: <https://www.memorycafedirectory.com/cafe-connect/>



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