

Sacred Heart Church

311 River Street Waltham, MA. 02453

Father William Kennedy, Temporary Administrator

Rev. Janvier Nduwayezu: In Residence

"The Sacred Heart Parish Community warmly welcomes all who join us in worship. Whether you are new to the parish or just visiting the area, please introduce yourself to us."

MASS SCHEDULE

Weekend Masses: Saturday, 4:00PM
Sunday, 7:30AM & 10:00AM

Daily Mass Schedule:
Monday & Wednesday, 7:30AM
Tuesday, 7:00PM

PARISH STAFF

Parish Secretary, Patricia Cristina & Sheri Kenney
Director of Faith Formation, Bernadette Scalse
Coordinator of Youth Ministry, Laura Peterson
Coordinator of Children's Choir, Buddy Bergeron
Coordinator Of Adult Choir,
Lisa Custodinho

PARISH OFFICE HOURS

Monday-Thursday 9:30AM-1:00PM
Closed on Fridays

CONTACT US

Parish Office

Phone: (781) 899-0469 Fax (781) 899-0081
Parish E-Mail: SacredHeartWaltham@gmail.com
Parish Web Site: www.sacredheart311.com
Religious Education/Youth Ministry Office
Phone: (781) 893-8461 Fax: (781) 893-6276
Religious Education: SacredheartED@AOL.com
LIFE TEEN: Sacredheartlifeteen@comcast.net
Food Pantry Hours: Thursday 4:00PM—5:00PM

PARISH COMMITTEES AND ORGANIZATIONS

Parish Council and Finance Council

NEW PARISHIONERS

If you are a newcomer to the parish we welcome you and invite you to introduce yourself to the Priests. To register please contact the parish office.

PASTORAL CARE OF THE SICK AND HOMEBOUND

Pastoral care to those who are ill or homebound may be arranged by contacting the parish office.

SACRAMENT OF RECONCILIATION

Saturdays 3:00-3:30PM
or by appointment

BAPTISMS

Baptisms take place on the Second Sunday of the month. Parents are required to attend baptism preparation class prior to the baptism. Please make arrangements at least two months in advance

MARRIAGE

Couples planning marriage are asked to contact the parish office and meet with the priest one year prior to the intended wedding and to attend the required marriage preparation program.

RCIA

The Rite of Christian Initiation of Adults is an ongoing process. Those interested in exploring the Catholic faith through the RCIA should contact the religious education office.

PARISH ORGANIZATIONS

Knights of Columbus
St. Francis of the Sacred Heart Council #14091
Contact: Sacredheartknights@hotmail.com
Society of St. Clare
Women's Group

*Deadline for
bulletin announcements is Tuesday at noon.*

SACRED HEART, WALTHAM, MA



"Jesus began speaking in the synagogue, saying: "Today this Scripture passage is fulfilled in your hearing ." And all spoke highly of him and were amazed at the gracious words that came from his mouth."

Luke 4:21-22

Please Pray For...

Rev. Gregory J. Hoppough C.S.S., Kathy MacDougall, Charlie Porpora Joe D, Alan Reedy, Janet Roberts, Donna and Joe Vanaria, David Porter, Rick T. Jonathan Perez, Ann, Devin, Patricia Cristina, John Bellam, Mary Caramanica, Liz Shea, Jeffrey Sullivan, Ann W, Michael Attardo, Henry "Hank" Pilla, Victoria Huff, Ruth Mulligan, V. Pallazzo, Roberta J and Marylow R, and all those who are ill or undergoing medical treatment. We pray for all military service members currently deployed in active duty, including SSG Rocco L. Collura III, US Army, who recently returned from deployment in the Middle East, and for Kyle Thompson, US Marine Corp, who is currently in basic training. Please pray for all members of our parish community who are grieving the loss of a loved one.

- Saturday, January 29**
4:00PM Donna Bastarache, Anniversary Memorial, requested by her family
- Sunday, January 30**
7:30AM For Parishioners
10:00AM Elizabeth Conrad, 1st Anniversary Memorial, requested by her family
- Monday, January 31**
7:30 AM For Parishioners
- Tuesday, February 1**
7:00 PM For Parishioners
- Wednesday, February 2**
7:30 AM For Parishioners
- Saturday, February 5**
4:00PM Eugene Irvine, Sr 9th Anniversary Memorial, requested by The Irvine Family
- Sunday, February 6**
7:30AM For Parishioners
10:00AM Susan Burke, 1st Anniversary Memorial, requested by her husband & children

STEWARDSHIP: SHARING TIME, TALENT AND TREASURE

"The community of believers was of one heart and mind and no one claimed that any of his possessions was his own." - Acts 4:32

All that we are and all that we have is a gift from God! Think of your family, your friends, your talents and abilities – these are all gifts from God. We aren't really owners of anything; we are merely "stewards" of the gifts God has blessed us with.

Week of January 17th to January 24th

WeShare (One-time donations)	\$425.00
WeShare (Recurring donors)	\$670.00
Offertory	\$4455.16
Church in Latin America	\$928.00

Readings for the week of January 30, 2022

- Sunday: Jer 1:4-5, 17-19/Ps 71:1-2, 3-4, 5-6, 15-17 [cf. 15ab]/
1 Cor 12:31—13:13 or 13:4-13/Lk 4:21-30
- Monday: 2 Sm 15:13-14, 30; 16:5-13/Ps 3:2-3, 4-5, 6-7/Mk 5:1-20
- Tuesday: 2 Sm 18:9-10, 14b, 24-25a, 30—19:3/Ps 86:1-2, 3-4, 5-6/Mk 5:21-43
- Wednesday: Mal 3:1-4/Ps 24:7, 8, 9, 10/Heb 2:14-18/Lk 2:22-40 or 2:22-32
- Thursday: 1 Kgs 2:1-4, 10-12/1 Chr 29:10, 11ab, 11d-12a, 12bcd/Mk 6:7-13
- Friday: Sir 47:2-11/Ps 18:31, 47 and 50, 51/Mk 6:14-29
- Saturday: 1 Kgs 3:4-13/Ps 119:9, 10, 11, 12, 13, 14/Mk 6:30-34
- Next Sunday: Is 6:1-2a, 3-8/Ps 138:1-2, 2-3, 4-5, 7-8 [1c]/1 Cor 15:1-11 or 15:3-8, 11/Lk 5:1-11

©LPi



PARISH OFFERTORY SUPPORT

For those seeking a safe and convenient way to support their parish, online giving through WeShare offers several options of giving whether recurring or as a "one-time gift". Visit our website : <https://sacredheart311.weshareonline.org/>

If you have any questions about setting up online contributions, contact Customer Service at:

weshare@4lpi.com

We thank each of you for your continued offertory support. Whether you contribute at Mass or online your stewardship is gratefully appreciated.



FOURTH SUNDAY IN ORDINARY TIME

PARISH NEWS

STEWARDSHIP AND THE SUNDAY READINGS

How do I know if the Time, Talent and Treasure I offer God in grateful return is “enough?” What is the measure? St. Paul tells us in the Second Reading today — the “measure” is the love that we put into each of these aspects of our lives. “If I have all faith so as to move mountains, but do not have love, I am nothing. If I give away everything I own and hand my body over so that I may boast but do not have love, I gain nothing.” God is not after a particular number. What He wants us to give over to Him is our very selves. Real love is not a sentiment. Real love is manifested in living a virtuous life. We read later in St. Paul’s letter that real love takes strength: it is patient, kind, humble, other-centered, truth-seeking, and long-suffering. Love is the heroic giving of oneself even when it is uncomfortable; especially then. Love looks like Jesus. It lives like Jesus. Sometimes, living like Jesus is difficult. We see this in the Gospel Reading today where we find Jesus in action, preaching in the synagogue in His hometown. He speaks truth to the people He loves, the ones He grew up with and shared His early days with. How do they respond? They are filled with fury and run Him out of town, intent on throwing Him from a cliff! Yet Jesus is undeterred. He passes right through them and presses forward with the mission His Father has entrusted to Him. We are called to live with this same strength and determination, fueled by the power of love and by gratitude for all God has given us.

OFFERTORY ENVELOPE SUBMISSION

A note to offertory envelope subscribers: Throughout the pandemic many of our offertory envelope subscribers have routinely submitted their offertory envelopes in bulk while others continue to submit weekly. Once received, your envelopes are documented in the database that will generate donor statements at the end of the year upon request for tax purposes. In order to generate statements, it is necessary to continually update and close out collections on the computer every two weeks. It would be most helpful when envelopes for each month are submitted that they be received by the end of that given month, so that when requests for statements are made, the system will be available to generate a printout. Any envelopes received after the two week close out date will be credited to a subsequent date.

WEEKDAY MASS SCHEDULE

Weekday Masses are held on Monday and Wednesday mornings at 7:30AM and Tuesday evenings at 7:00PM. All are welcome to join us for liturgy either before or after your workday on any of the days when Masses are scheduled.

MASK MANDATE

The Cardinal has extended the mask requirement through the end of March. If this changes you will be informed. People are always allowed to wear a mask if they choose.

A note from the staff

Many of you have asked for Odile's address to send condolences or an occasional note of cheer. So we are providing that listing below:

Odile Wheatley
126 S. Terrace Place
Valley Stream, NY 11580

PARISH NEWS, Continued

SNOW REMOVAL OFFERTORY

This weekend, on Saturday January 29th and Sunday, January 30th, we will hold a second collection to help the parish meet the costs snow removal. Thus far we have invoices for plowing, salting and clearing of walkways nearing \$5,000 despite the minimal snowstorms this winter. We are most grateful for any assistance we receive for this costly seasonal expense. Donations may be made through the regular offertory collection or online through WeShare which can be accessed via the parish website:

www.sacredheart311.com

click “Giving Opportunities” and you will find the “Snow Removal Fund” option. We thank you in advance for your consideration.

SAINT ANTHONY DEVOTION

We will resume the Devotion to St. Anthony on Tuesdays following the 7:00 PM Mass. This will begin on Tuesday, February 1st. Come, join us in worship and prayer as we celebrate Mass and this popular devotion which has been a long-standing tradition here at Sacred Heart Church.

311 CLUB STATUS

We are making progress towards re-instituting the 311 Club drawings. We met with the bank officials seeking to get access to the funds. We are in the process of renewing the license with the City of Waltham and the Waltham Police Department. Thank you for your patience and understanding as we continue through this process.

SAVE THE DATE

Father Kennedy announced a date for a Centennial Mass for Sacred Heart Church which will be celebrated by Bishop Reed on Sunday, November 20, 2022, at 2:00PM. Please mark your calendar and save the date!

CENTENNIAL CELEBRATION MEETING

We plan to hold a meeting to discuss the upcoming Centennial Celebrations. It would be wonderful to have the input and suggestions of parishioners as we plan to commemorate our parish’s 100th year. Whether you joined the parish six months ago or sixty years ago, this is your parish, and we welcome your ideas. So please plan to join us in the **Parish Hall on Wednesday, February 16th from 7:00-8:00PM**. For additional information, please contact Bernadette Scalese at (781) 893-8461 or by email at: sacredheartED@aol.com

MEMORABILIA FOR THE CENTENNIAL CELEBRATION

As part of the celebration, we hope to create a video that would include events and celebrations that have taken place in the parish throughout the years, from church events and outings to Masses, weddings, baptisms, and other sacramental/liturgical celebrations. We would like to hear from Sacred Heart’s most elder parishioners, many who have been in the parish from its earliest years to share some history with us and perhaps to share some photos or parish memorabilia they might have. We ask that photos or other documents be sent via email since we do not want to be responsible for original items/hard copies that could be lost or damaged. Please email your submissions to: sacredheartwaltham@gmail.com

PARISH NEWS, Continued

VOTIVE CANDLES

Is there someone you wish to pray for in a special way, perhaps a friend or family member who is ill or someone in need of your personal prayer intention? In the front vestibule we have several light stands which hold votive lights for those who wish to offer a special intention. The votive candles are electrically operated and remain lit for several days. Candle offerings are a wonderful tradition and a meaningful way to bring the light of hope to those in need of prayer.



SAFETY GUIDANCE FOR INDOOR WORSHIP

In keeping with the Archdiocesan and City-wide policies during this recent surge in Covid 19 cases, we remind you of the Covid safety protocols that are in place.

-The Archdiocese of Boston and the City of Waltham have implemented mask mandates for all aspects of indoor gatherings. The Archdiocese has specified that the mask mandate includes daily and weekend Masses, weddings, and funerals, regardless of vaccination status through mid-January.

-The safest way to receive communion is by hand. While we understand that some Mass attendees prefer receiving communion on the tongue, however given the increased risk of transmission we ask that everyone receive by hand. Those who insist on receiving communion on the tongue may do so, however we ask that they wait to receive communion last, after everyone else has received.

-Offering a sign of peace can be done so safely without physical contact, verbal affirmation, a nod of the head, or a friendly wave of the hand are appropriate ways to extend a sign of peace.

-Church seating will remain every other pew to ensure that both you and those around you feel comfortable.

-If you are not feeling well, it is best to stay home, away from others. Those who are ill, or quarantining may watch Mass via our livestream/recorded Mass which can be accessed through our website: www.sacredheart311.com

STREAMING AND RECORDED MASSES

When Masses are held, those viewing from home can access livestream Mass from our STREAMING SERVICE. To access our streaming channel, log onto our website:

www.sacredheart311.com

and scroll down to the heading "Streaming Mass" or "view Mass", in that text you will see "Click Here" to access Live Stream", this will enable you to view Mass live at 4:00PM Saturday and 7:30 and 10:00AM on Sundays

PARISH NEWS, Continued

BRISTOL LODGE MONTHLY DINNER

The next Bristol Lodge Dinner will take place on Wednesday, February 2, 2022. The entrée for February is Macaroni and Cheese or Chili. Those who are unable to prepare a dish may consider donating snacks, or beverages such as single serve juice, iced tea, lemonade, or water. Grab and go snacks might include cheese/string cheese, whole fresh fruit such as bananas, apples or oranges, cookies or brownies that can be easily packaged to go. Food contributions **MUST be dropped off at the Sacred Heart parish hall kitchen BEFORE 2:00PM** or by 2:30PM if delivered directly to the Bristol Lodge Soup Kitchen at Immanuel Methodist Church, corners of Moody and Cherry Street. To sign up for the monthly meal paste the following link into your browser or click here: <https://www.signupgenius.com/go/20f054eaea62da4fc1-bristol7>

MASS BOOK AND MEMORIALS 2022

The Mass Book for 2022 is open. You may access Mass and Memorials reservation forms on our website. Please print and complete the form. You may bring the form with you when signing up in person at the parish office, however we ask that you call (781) 899-0469 prior to visiting the office since office hours are limited.

WINTER STORM CANCELLATION PROTOCOL

While we always make every effort for scheduled Masses to take place, we advise Mass attendees to consider weather conditions before traveling to Sacred Heart. When snowstorms or icy weather conditions make the roads and sidewalks dangerous to travel, please consider your safety first. And remember, that for scheduled weekday Masses, if inclement weather causes schools closures, then there will be no Mass held on that day. To hear the latest storm cancellations that might impact parish programs or events tune to:

WCVB Channel 5 - <http://www.thebostonchannel.com/closingssignup/index.html>

WHDH Channel 7 - www.whdh.com then click on "Snow Day Alert"

WBZ Channel 4 - <http://newsletters.cbsboston.com/> to sign up for weather alerts.

We will post cancellations on our parish Facebook page as well., therefore if you haven't found us on Facebook yet, we encourage you to do so. Remember that all Masses are also livestreamed, so those who cannot make it to church may watch Mass from the comfort of their home. To watch the livestream or recorded Masses log on to our website: www.sacredheart311.com

SISTER LORRETA RAASS, SMSM

Sister Lorreta Raass, SMSM is now residing at the VNA Senior Living Center, formerly the Little Sisters of the Poor on Highland Ave in Somerville. We know that Sister would welcome a phone call, visit or note from the parishioners she came to know here at Sacred Heart during her years as a catechist, vocalist in the choir and as our gardening/dahlia expert! If you plan a visit, please call the center first since Covid protocols are ever changing. Below is her address:

Sister Lorreta Raass
VNA Senior Living at Highland
186 Highland Ave
Somerville, MA 02143

PARISH NEWS, Continued

PRAYER SHAWL MINISTRY

If you enjoy crocheting or knitting, we hope you'll consider becoming part of the Prayer Shawl ministry. Prayer Shawls are simple patters for warm wraps designed for those who are undergoing medical treatment, those who are homebound, and for expectant mothers. Prayer Shawl Ministry mission and patterns can be found at:

<http://www.shawlministry.com/instructions.html>

PROJECT LINUS

If you are interested in knitting or crocheting for Project Linus, please consider this important ministry. Our knitting ministry continues throughout the year, but winter is a great time to hone in on your skills by creating these cuddly security blankets for children. It's also a great way to utilize those half skeins of yarn! Blankets distributed through Project Linus provide support, outreach and care to children who have experienced trauma or who are ill or undergoing medical treatment. For free blanket patterns and information log on to www.Projectlinus.org. For those who wish to help by making baby caps the Newborn Baby Cap Ministry which provides caps for infants at Newton Wellesley Hospital. Free patterns for caps can be found at www.lionbrand.com.

FAITH FORMATION AND YOUTH MINISTRY

RELIGIOUS EDUCATION GOSPEL WEEKLIES

Parents of students in Grades K-8, make the most of your child's Gospel Weeklies catechetical program by connecting the lesson with the Sunday Gospel every Sunday. How do you do this? Attend Mass on Saturday or Sunday and remind your student to listen closely to the Gospel reading and homily. When you get home, have your complete their lesson and log on to the Pflaum website to answer their assessment questions. If you are already registered on the Pflaum site your child's assessment will be submitted directly to his/her catechist. We are so proud of all the boys and girls who have successfully submitted their lesson assessments each week! Thank you to the families for their participation in this year's faith formation and we look forward to seeing you at Mass.

FIND US ON FACEBOOK AND FOLLOW US ON TWITTER

Like us? Then let us know by joining our Facebook groups; Sacred Heart Church Waltham, Sacred Heart LIFE TEEN, Sacred Heart Parents and Sacred Heart Youth Group (teens only). There is also a "Sacred Heart Young Adult Group" for those 21 and over who would like to connect with other young Catholics. You can also follow us on Twitter [@sacredheart311](https://twitter.com/sacredheart311). Please note; LIFETEEN, Youth Group and Young Adult FB pages are "invitation only" for safety purposes. Parents of teens are welcomed to join the SACRED HEART PARENTS FACEBOOK page where they can find information on upcoming parish events.



FAITH FORMATION AND YOUTH MINISTRY, Continued

SOUPERBOWL OF CARING

Superbowl Sunday is coming up, and so is our annual Souperbowl of Caring Food Drive! Although the Superbowl will take place a week later than usual, we will hold the Food Drive on the first weekend of February. Here's how you can help, simply bring a non-perishable food items or items to any Mass on the weekend of February 5th and 6th and the food you bring will be tallied (by the pound) and organized for pick-up by our local food bank. On the following weekend, during the Superbowl game on February 13th, the Souperbowl of Caring will televise the national total and will scroll the names of all participating organizations which have contributed to the effort. So, join us at any Mass on Saturday, February 5th and Sunday February 6th, bring along your food contribution, and together we can #TackleHunger! Suggested and most needed food items include canned goods such as vegetables and fruit, tuna, soups, stews and canned meals, peanut butter, jam, non-perishable dairy products etc. All donations will be distributed through the parish food pantry and St. Patrick's Food Pantry, Watertown.



ADULT CONFIRMATION CLASS

"I have baptized you with water; he will baptize you with the Holy Spirit" Mark 13:11. These words from Mark's gospel remind us of God's invitation to share in the grace-filled journey of life. Adult Catholics (ages 18 and older) who have been baptized, received First Holy Communion but did not have an opportunity to prepare for the sacrament of Confirmation are invited to continue their faith journey with us. For more information or to register for the adult sacramental preparation program please contact Bernadette Scalse at (781) 893-8461.

MOVIES AND BOOKS AVAILABLE TO BORROW

Sacred Heart's Faith Formation program has a great little library of movies and video series on DVD. Any parishioner who wishes to borrow a DVD is welcome to do so at no cost by signing them out for a week at a time from Sunday to Sunday. We have several educational series by Bishop Robert Barron including his original series Catholicism, Pivotal Players, 7 Deadly Sins, and Untold Blessings. We also have wonderful biblical films as well as biographical films on the lives of Saint Pope John Paul II, Saint Pope John XXIII, Blessed Dorothy Day, Saint Rita and more. To reserve a DVD or to browse our selection of movies and books please contact Bernadette Scalse at: (781) 893-8461 or email

SacredheartED@aol.com

KNIGHTLY NEWS

BE PART OF SOMETHING SPECIAL!

The Saint Francis of the Sacred Heart Knights of Columbus Council invite you to be part of something special. Learn more about membership to the largest fraternal organization in the world and how you can be part of its next chapter. Join online by logging on to our website where you will find information on the charitable programs the K of C supports, plus news content updates and events. Members can take advantage of all the benefits offered by the K of C, including insurance benefits. Signing up online takes just minutes. Go to kofc.org/onlinemembership and click on "Join Us" to access the registration form. For more information log on to [KorC.org/join us](http://KorC.org/join-us) and enter council number 14091 or contact Hank Pilla, FDD, PGK at (781) 899-6709 or via e-mail at hankpillakofc@gmail.com

KNIGHTS OF COLUMBUS MONTHLY MEETINGS

The Knights of Columbus has resumed gatherings since they will meet in a large space in the parish hall where it will be safe to meet indoors. General Council meetings will be held on the third Monday of every month at 6:30PM. To connect with the Knights of Columbus you may contact us at:

Sacredheartknights@hotmail.com



AROUND THE ARCHDIOCESE

WORD AMONG US FAITH RESOURCES THROUGHOUT THE YEAR

Did you know that you can access beautiful daily meditations by The Word Among Us, all year long? The Word Among Us booklets, which the parish offers at Advent and Lent, also has daily reflections and meditations which you can access free of charge on their website. Complete access to all their digital resources, is also available to consumers who wish to purchase a subscription. The Word Among Us offers discounts on digital editions as a special military deal: All-access digital subscription two years free for active-duty military, and two years for only \$9.99 for veterans, national guard, and reserves. To access daily meditations and reflections or to learn more about subscriptions or military discounts log on to: <https://wau.org/>

DAILY THREE MINUTE MEDITATIONS

Need a little de-stressing and inspiration? Access Loyola Press' Three Minute Meditations which are offered daily at no cost. These beautiful video reflections offer inspiring quotes, scripture passages, beautiful imagery and music to center to calm, center and inspire participants. Log on to:

<https://www.loyolapress.com/3-minute-retreats-daily-online-prayer/>

AROUND THE ARCHDIOCESE

EMPLOYMENT OPPORTUNITY: OUR LADY'S ACADEMY

Our Lady's Academy is seeking an **After School Leader/Teacher** for children ages 4.5 – 5 years old. Inspire youth by helping God's children with arts/crafts, story-time, and other group activities. Lead and organize group activities, supervise, and manage children. Be a positive role model and encourage children to be their best in a nurturing and caring environment.

Qualifications: 1-2 years experience working with children in classroom, school, or camp setting. **Hours:** (Mon-Fri: 2:15pm – 4:45pm) Part-time. **Start Date:** Immediately. Contact office (Phone: 781-899-0206) and send resume to: Email:

afterschool@ourladaysacademy.org



CATHOLIC APPS

During this difficult time when risks of Covid-19 remain a concern, there are great Catholic apps which will enable you to enrich your prayer life and be connected with the greater Catholic Community. **CatholicTV** provides live Masses, recitation of the rosary, movies and entertainment, **IMissal** offered daily scripture and reflections, **DivineOffice** provides life changing experiences of prayer as well as podcasts and more. **EWTN** offers TV and Radio Live Streams, News and much more. These apps are available on I Phone and Android and some offer programming online and on TV.

EWTN GLOBAL CATHOLIC NETWORK, EWTN

Would you like to see more Christ-centered, family television, radio and online services? If so, EWTN Global Catholic Network can be an answer to your prayers! EWTN's vast array of programming includes Daily Mass, devotionals, global Catholic news, powerful documentaries, music special,, exclusive teaching series, live call-in talk shows, young adult & children's programming, Church and Papal events. To learn more, visit: www.ewtn.com

VIRTUAL MEMORY CAFÉ

Please invite your clients, patients, elder family member and others to participate in the virtual JF&CS Memory Café on Friday, February 4, from 10:00 a.m. to noon. Brenda Atchison will share the work of inspiring artists, and then lead us in making valentines and other cards to share good wishes with others. **Please RSVP for our February 4 café by emailing Beth at bsoltzberg@jfcsboston.org or leaving a voice mail message at 781-693-5628 by February 3. (Email is preferred if possible.)** I will send Zoom/call-in information to those who have RSVP'd. Simple materials that are available at home are needed for this café activity. RSVP as early as possible to receive the materials list and have time to get these together. These ZOOM gatherings provide a safe way for older adults with memory/dementia issues and their caregivers to be entertained and engage in fun and interesting topics. To learn about the virtual memory café and the topic for this month, please visit the Massachusetts directory:

www.jfcsboston.org/MemoryCafeDirector

There is also a national virtual café directory:

<https://www.memorycafedirectory.com/cafe-connect/>

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