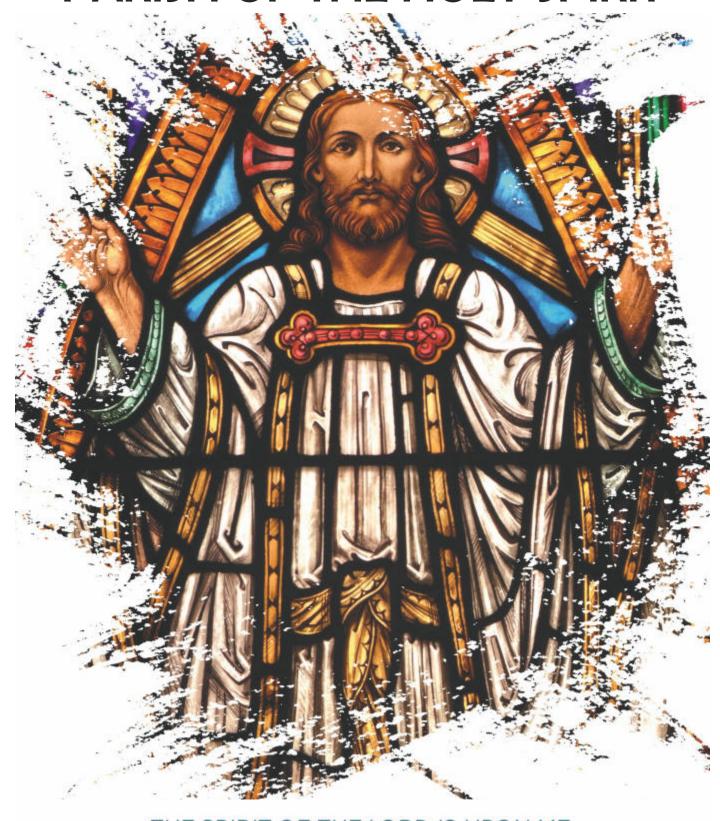
PARISH OF THE HOLY SPIRIT



THE SPIRIT OF THE LORD IS UPON ME...
- LK 4:18

JANUARY 23 2022

MASS INTENTIONS

St. Bernard

Mon January 24th †8:00 Joseph Brooks Tues January 25th

†8:00 Betty Zimmerman by Jon and Diane Farina

Wed January 26th

9:30 Eric & Kristie Mahl and Family by the Sully Family

†5:30 Rusty Ball by by Leo & Jean Auger

Thurs January 27th

†8:00 Francis Roy Gordon by Kevin Gordon

Fri January 28th

†8:00 William Roche, 78th birthday by Debbie

Sat January 29th

†8:00 Mike Johnson by the Sully Family †4:00 Barbara Barry by The Derry Family

Sun January 30th

†9:30 Joseph A. (Joe) Baute by the Walier Family †11:15 Arcadia Valbzo Luzon by the Fenton Family

St. Margaret Mary

Sat January 29th

†4:00 Lawrence Jaeger by Sue & Mike Kowalczyk

Sun January 30th

†8:00 Patricia & Ernest Lake by Debbie and Kevin Rose

St. Joseph

Wed January 26th

9:00 Mackenzie Marsh by the Sully Family

Sun January 30th 9:00 Pro Populo



Sanctuary Candle

St. Joseph Church

Michael & Mary Kerylow

by Ed & Mary Anne Girroir

St. Margaret Mary

Healing Prayers for Dc. Paul Leblanc

St. Bernard Church

Albina King and Billy DiGiulio

by The Eastman Family

PARISH SUPPORT

January 2: TBD
Online Giving: \$1,000.00

Total: \$TBD

Weekly Offertory Needed:\$14,500.00



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"The Way of Trust and Love"



Recently, one of our parishioners lent me the Book "The Way of Trust and Love, a retreat guided by St. Therese of Lisieux" by Jacques Philippe. It contains excerpts of St Therese's writing which are designed to provide insights into her little way of trust and humility. St Therese was a young

Carmelite nun who died at age 24 in 1897 and whom Saint John Paul II proclaimed a Doctor of the Church in 1997.

As I read through this book, I jotted down the following concepts that spoke to me and that I have been meditating on:

- ♦ God does not ask us to do the impossible
- ♦ Our innermost desires come from God
- ♦ We need the clarity and strength of God's word
- Don't be discouraged by your weaknesses, consider them graces
- ♦ Jesus picks us up and holds us in His hands when we fall
- We are not saved by our deeds but by grace and mercy
- God loves us as we are, with all our strengths and weaknesses
- The smallest movement of pure love is more useful than all other works
- God is an ocean of peace
- Whatever our personal limitations and situations, we can all love right where we are
- Silence, those who have courage to go into the desert end up finding an oasis
- Faith and prayer enable us to discover the presence of God within us
- ♦ Be prudent but not fearful, nothing will hurt you
- Discouragement is a clear sign we have put our trust in ourselves, not God
- ♦ A necessary expression of trust is self-abandonment
- God's grace is given at the right time
- Love brings out love in return
- ♦ What most attracts God's grace is gratitude
- ♦ Everything can work together for our good
- My ultimate security is God, I rely on Him alone
- Every crisis is a chance to grow
- ♦ Every trial can have a meaning

I hope you enjoyed these excerpts. As a result of reading this book, my recent daily mantra has been "Humility and Trust." I know that I have to work on these principles.

Deacon Ken

"Trust in the Lord with all you heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight" (Proverbs 3:5-6).



"You are the body of Christ and individually members of it."

Are you being called to strengthen His body through a vocation to the priesthood, diaconate or the consecrated life?

Contact the Vocation Office at (603) 663-0196 or email: mmason@rcbm.org.



Parish of the Holy Spirit

St. Bernard Church

185 Main Street Keene

Weekdays 8:00AM (Mon, Tues, Thurs, Fri)

9:30AM, 5:30PM Wednesday

Friday 8:00AM First Friday 5:30PM

8:00AM, 4:00PM Saturday Sunday 9:30AM, 11:15AM

Holy Days: 6:00PM

Confession: Sat: 2:30-3:30PM,

7:30AM (before Weekday Mass) Rosary:

St. Margaret Mary Church

33 Arch Street, Keene Saturday: 4:00PM Sunday: 8:00AM

Sat: 3:00-3:30PM Confession:

St. Joseph Church

35 Brattleboro Road, Hinsdale Weekdays: Wednesday 9:00AM

9:00AM, Rosary at 8:30AM Sunday:

Holy Days: 6:00PM

Confession: By appointment

Adoration: First Monday of the month 6:00-6:30PM *If 1st Monday of the month falls on a Holiday, adoration will be moved to 2nd Monday of the month.

First Friday Devotions, 5:30PM at St. Bernard Church, Mass in honor of the Sacred Heart of Jesus, from approximately 5:30-6:00 and Eucharistic adoration with confessions from 6:00-7:00.

Create a Legacy

Be a part of ensuring the future of our church!

In dealing with the most important questions of where our resources will go after we are not around to manage them, it is important to have a plan. When making these future plans, consider making a legacy gift to the Parish of the Holy Spirit, and make an impact on our future ministries and the Catholic faith. With a simple bequest in your will or estate plan, you can make a significant difference in the future of our parish for generations to come.

For more information about how to include the Parish of the Holy Spirit and the Catholic Church in your will, please contact Bevin Kennedy at the Diocese of Manchester (bkennedy@rcbm.org; 603-663-0136).



We may find ourselves looking forward to this new year and making resolutions and plans.

What better time to commit to spending one hour a week in Adoration with Jesus in the Blessed Sacrament.

We also have other times where we need a second guardian including: Wedesday 10:00-11:00 AM, Thursday 12:00-1:00 PM, 2:00-3:00 PM and Friday 11:00-12:00 AM.

Please contact the parish office at 352-3525 x305 if you are interested. Thank you!



The High School Youth Group will meet again on Sunday, January 30th for a DTS night about St. Augustine. You won't want to miss it!

A Family of Faith Program

Meets Sundays, 11:00 am - 12:30 pm at SIRS Cafeteria

Next Community Meeting: Sunday, January 30. Jesus is the Way, the Truth, and the Life. This meeting will include Scripture study/reflection and a family craft activity.

Next Adult Meeting: Sunday, February 6.

Lessons and Discussion of The Death, Resurrection, and Ascension of Jesus and the Last Judgment.

Though this program primarily serves the families of the parish with children in grades K-5, all families and all parishioners are welcome to join us. Contact Liz Wilber with questions at 603-803-8396.

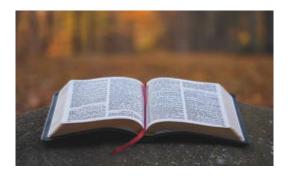
Please pray for our third graders who will be making their First Penance on January 30.



Catholic Charities NH: "How to Deal with Dementia" **Support Group**

Is your family member or friend struggling with memory loss? You are not alone, and Catholic Charities NH is here to support you. Its newest online support group, "How to Deal with Dementia," is a five-week program starting on February 24, providing an understanding of dementia, its impact on those affected and resources you can use to best support your loved one. To register, visit www.cc-nh.org/dementia. You may also call 603-752-1325 or email efrenette@nh-cc.org. There is no cost to participate.

GOSPEL MEDITATION January 23, 2022 3rd Sunday in Ordinary Time



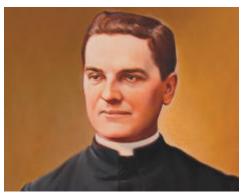
Human history reveals many periods where people lost a sense of God's transcendence. It may even be argued that human beings have been wandering and lost more than they have been at home and focused. Human nature being what it is, we struggle with who God really is — the God of our salvation history or the "gods" of human constructs. Relying on our own designs and pursuits, we forget that we really are meant to listen to One upon whom the Spirit of the Lord rests, Jesus Christ, and not to ourselves. That same history that reveals our fickleness and infidelity also reveals God's constancy and faithfulness. God always finds us.

As people wander and fumble to find their way, God is there bringing them back to holiness and giving them the assurance of His presence. We have to allow God's Word, God's life, to touch us and change us. It can make us more flexible and attentive to the sacred in all facets of life so that every day is one that is holy. Every day is a time when fulfillment is possible for one's soul. Jesus stood before those gathered in the synagogue as the fulfillment of words of promise that were echoed long ago. God doesn't forget. He always comes for us.

Now it is time to remember to go to God. Sometimes our lives are so confused and tangled that it is difficult to see the Word and hand of God. But when we realize, deep within, the depth of friendship God offers to us it really has the power to turn sadness to joy. The promise is fulfilled. Going frequently to God's Word, allowing ourselves to be enriched and rejuvenated, and pondering the certainly of God's fidelity and promise permanently transforms us. We will be more aware of the sacred and the holy and less invested in things that pull us away.



Blessed Michael McGivney



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Readings for the week of January 23, 2022

Sun: Neh 8:2-4a, 5-6, 8-10/Ps 19:8, 9, 10, 15/1 Cor 12:12-30

or 12:12-14, 27/Lk 1:1-4; 4:14-21

Mon: 2 Sm 5:1-7, 10/Ps 89:20, 21-22, 25-26/Mk 3:22-30

Tue: Acts 22:3-16 or Acts 9:1-22/Ps 117: 1bc, 2/Mk 16:15-18 **Wed**: 2 Tm 1:1-8 or Ti 1:1-5/Ps 89:4-5, 27-28, 29-30/Mk 4:1-

20

Thurs: 2 Sm 7:18-19, 24-29/Ps 132:1-2, 3-5, 11, 12, 13-14/Mk

4:21-25

Fri: 2 Sm 11:1-4a, 5-10a, 13-17/Ps 51:3-4, 5-6a, 6bcd-7, 10-

11/Mk 4:26-34

Sat: 2 Sm 12:1-7a, 10-17/Ps 51:12-13, 14-15, 16-17/Mk 4:35-

41

Next Sunday: Jer 1:4-5, 17-19/Ps 71:1-2, 3-4, 5-6, 15-17 [cf.

15ab]/1 Cor 12:31—13:13 or 13:4-13/Lk 4:21-30

Observances for the week of January 23, 2022

Sun: 3rd Sunday in Ordinary Time; St. Vincent, Deacon and

Martyr; St. Marianne Cope, Virgin

Mon: St. Francis de Sales, Bishop and Doctor of the Church

Tue: The Conversion of St. Paul the Apostle

Wed: Sts. Timothy and Titus, Bishops

Thurs: St. Angela Merici, Virgin

Fri: St. Thomas Aquinas, Priest and Doctor of the Church

Sat:

Next Sunday: 4th Sunday in Ordinary Time; Celebrate Catholic Schools Week



Plant Your Works in the Word

One of the things about Scripture is that even the smallest word and shortest phrase can be critical to the overall message. When you take a quiet moment to rest with the Word, you find how quickly the most mundane sentence can reach out and grab you, pulling you into a deeper contemplation of some truth you hadn't even considered until then.

But we often fail to act as the Israelites in the Book of Nehemiah, standing before the Water Gate "listening attentively." Whether it's at Mass during the Liturgy of the Word or at home poring over the Bible, time after time we find ourselves less mindful than we could be. Our ears accept the sounds of the words and our eyes glance over the shape of the letters.

But are we mindful — truly?

The best answer is hopefully at least sometimes. There are always tasks to be completed, problems weighing on our minds that we can't quite give over to God. We lose ourselves in these things instead of in Scripture. We "clock in" with Bible reading instead of "diving in."

We can never forget that the words of the Lord are spirit and life. They are the soil that quickens the seed of all stewardship. There is no mindfulness, no prayer, no graciousness, no gratitude or accountability or sense of commitment unless there is the Word.

So let us pray today for mindfulness, that our every action will be grounded in the law of God — giving it true spirit and life.

— Tracy Earl Welliver, MTS



Worldwide Marriage Encounter



To support married couples during this time of social distancing, Worldwide Marriage Encounter is sponsoring virtual marriage experiences. Some are on weekends and are seven sessions on weekdays from 7:00pm to 9:30pm. Couples will explore their

individual personality styles, improve listening and communication skills, understand God's plan for their marriage, and learn how to keep their relationship a priority. Registration is limited and a \$100 application fee is required. For more information or to apply, visit them at https://wwmema.org/.

Take time for your marriage. Strengthen your relationship, rekindle your romance and renew your sacrament by attending the next Worldwide Marriage Encounter Experience.



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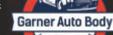
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PARISH GROUPS & MINISTRIES

EUCHARISTIC ADORATION

Clairvaux Center, 161 Main Street, Keene Mon - Thurs 9-8pm, Fri 9-7pm & Sun 3-6pm.

St. Margaret Mary Church, 33 Arch Street, Keene

First Friday of every month 9:00am-3:00pm

PRAYER SHAWLS: We have lap robes and shawls handmade with love to be a mantle of God's healing presence. If you know of someone who can use a reminder of God's love call the office at 603-352-3525 to obtain one. We will resume our regular schedule of the 2nd and 4th Tuesdays at 9AM at St. Margaret Mary parish hall on March 8th.

CATHOLIC DAUGHTERS: Court St. Joseph in Hinsdale. Meetings are being held on the first Wednesday of each month at 9:45 am

WIDOWS GROUP: Please call Sarah Avery at 357-0176 for further information.

CATHOLIC WOMEN OF CHARITIES: NEW DATE Next meeting February 7th, 2021 at 6:30PM at St. Margaret Mary's parish hall.

MEN'S HOLY HOUR: Each month on the 2nd Tuesday, Deacon Fintan Moore leads a group in structured prayer and reflection for one hour at St. Margaret Mary Church at 6:00 pm. The next meeting is February 8th.

THE LADIES OF ST. ANNE: The next meeting of the Ladies of St. Anne will be on March 8, 2022 at 4:00PM. The meeting will be in the Parish Hall and will include a light supper. Please remember to call Roberta at 603-903-0381 if you know of someone who needs a greeting card. For more information call Jean Girard at 603-355-8831.

MARIE RIVIER ASSOCIATION (MRA): We will meet from 6:30-8:00 in St. Bernard's parish hall every second Tuesday of the month. We will be studying Pope Francis' encyclical on Fraternity and Social Friendship. If you are interested in learning about the Marie Rivier Association in Keene, call Ginny Houle-Ryder at 352-1152 (leave a message).

ST. MARGARET MARY CHURCH MAINTENANCE: **NEW DATE** Monthly clean up **January 22th** starting at **9AM**.

RCIA: Currently meets most Thursday evenings 6-7:30pm. Contact Corey Tetreault at 762-2211 for more information.

VOCATIONS MINISTRY: Works to create a vocationsfriendly environment through prayer, affirmation and awareness in order to honor and support those already in their vocations, on the path to ordination or final vows, and those in the process of discerning their calling to serve the Lord. Look for additional information available at the Vocation displays located near the entrances of St. Bernard's Church or reach out to Gary Markiewicz (732-266-8766) or Kim Chasse (480-286-8877).

WORLDWIDE MARRIAGE ENCOUNTER

To support married couples during this time of social distancing, Worldwide Marriage Encounter is sponsoring virtual marriage experiences. Some are on weekends and are seven sessions on weekdays from 7:00pm to 9:30pm. Couples will explore their personality styles, improve individual listening communication skills, understand God's plan for their marriage, and learn how to keep their relationship a priority. Registration is limited and a \$100 application fee is required. For more information or to apply, call at or visit them at https:// wwmema.org/.

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fr.tremblay603@gmail.com

Associate Pastor

Rev. Britto Adaikalam 352-3525, ext. 302

Parish Secretary

352-3525, ext. 303 Karla Sully

holyspirit.peace@gmail.com

Religious Ed. Coordinator

Liz Wilber 603-803-8396

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cherman@mercyacademykeene.org

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Rev. Mr. Kenneth Swymer 352-3525, ext. 304

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Parish Liaison

Cheryl Mihaly

Cheryl.mihaly24@gmail.com

Director of Outreach & Volunteer Services

Diane Farina 352-3525, ext. 305

diane.marie.farina@gmail.com

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