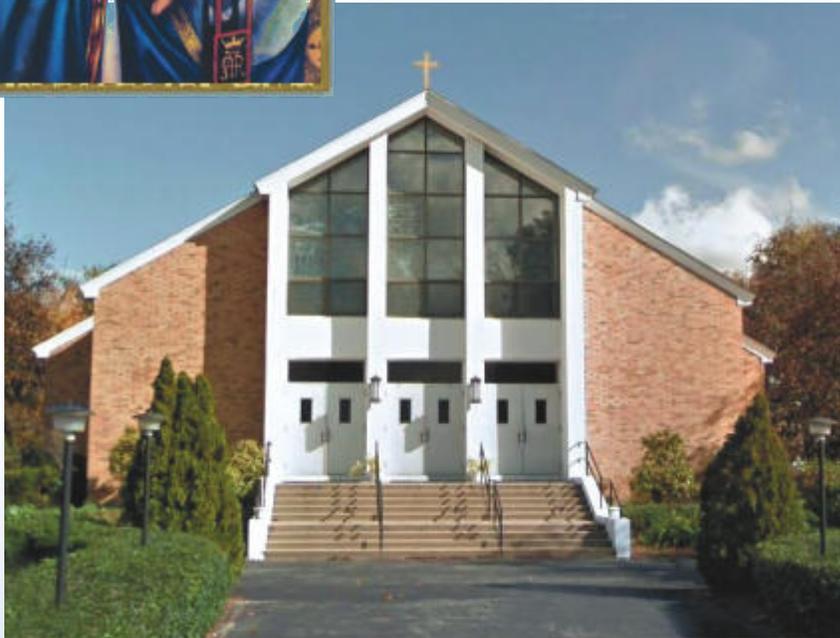




Our Lady of Mount Carmel *and* Our Lady of Loreto Parish

37 MASSASOIT ROAD, WORCESTER, MA
Parish telephone: 508-753-5001
Parish fax: 508-754-1537 Rectory: 508-304-9988
Parish e-mail - clergy@ourladyofloreto.net
or lisaolmc@gmail.com
Parish Website: www.mtcarmel.ws



MINISTERIAL STAFF

Rev. Msgr. F. Stephen Pedone, Pastor
fpedone@charter.net
Gerald Montiverdi, Deacon
Donald Pegg, Deacon Intern
Joan D'Argenis, Director of Religious Ed.
joan_dargenis@yahoo.com
Maria Sciannameo, RCIA Director
Michael Sacco, Joseph Sama - Finance
Lisa Fenuccio, Administrative Assistant
lisaolmc@gmail.com
Julia Tufano - Secretary
David Soares, Parish Council Chair
Edward Amorello, Property Committee
Chair
Joan Venincasa, John DaSilva,
Sanghee Kim— Organists
Josef Konkol—Choir Director
Mary DiSilvestro, Sacristan
John Oliver, Hospitality Ministry
Patricia Solitro, Safe Environment
Coordinator

SACRAMENT OF BAPTISM

To schedule a baptism please call
508-753-5001

SACRAMENT OF MATRIMONY

Couples planning to be married should contact the pastor at least a year in advance. A program of preparation is required for all couples planning to marry in the church. To schedule a wedding please call 508-753-5001.

SACRAMENT OF THE SICK

Please contact the parish office at
508-753-5001.

MASS SCHEDULE

Saturday Vigil: 4:00 p.m.
Sunday: 8:00 a.m. and 10:30 a.m.

DAILY MASS

Monday through Thursday 7:00 a.m.

HOLY DAY MASSES

Vigil: 6:00 p.m.
Holyday: 7:00 a.m. and 12:15 p.m.

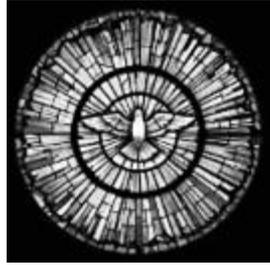
SACRAMENT OF RECONCILIATION

Saturdays from 3:00-3:45
Or by appointment—please call 508-304-9988 to schedule.

PARISH REGISTRATION

To become a registered member of the parish, please call
508-753-5001 or register on-line at www.mtcarmel.ws.

**Our Lady of Mt. Carmel and Our Lady of Loreto Parish
PRAYER FOR PARISH SPIRITUAL RENEWAL**



Lord God, You love us with an everlasting love, and You choose us to share Your love with others.

We ask that You rekindle in our hearts a new spirit of faith, of prayer and of reconciliation. Inspire us to search out and find ways of bringing one another closer to You. We pray for all who form our parish community, that we remain faithful to Your teaching, that we remain steadfast in our prayer, both personal and communal, that together with You and the Holy Spirit, our parish may be renewed and transformed. All this we ask in the name of Jesus and through the power of the Holy Spirit. Amen

Please cut out and pray daily.

**REGULATIONS AND LITURGICAL NOTES
LENT 2021
GUIDELINES FOR FAST AND ABSTINENCE**

Lenten fast and abstinence regulations for the Diocese of Worcester are as follows:

- ◆ Abstinence from meat is to be observed by all Catholics fourteen (14) years of age and older on Ash Wednesday, Good Friday and all the Fridays of Lent.
- ◆ Fasting is to be observed by all Catholics who are eighteen (18) years of age but not yet fifty- nine (59) years of age on Ash Wednesday and Good Friday.
- ◆ Those who are bound to fast may take only one full meal. Two smaller meals are permitted if necessary to maintain strength according to one's needs, but eating solid foods between meals is not permitted. Catholics should not lightly excuse themselves from these prescribed Lenten penitential practices.

A PRAYER IN TIME OF PANDEMIC

O God, whose Only Begotten Son bore the weight of human suffering for our salvation, hear the prayers of your Church for our sick brothers and sisters and deliver us from this time of trial. Open our ears and our hearts to the voice of your Son: Be not afraid, for I am with you always. Bless all doctors and nurses, researchers and public servants; give us the wisdom to do what is right and the faith to endure this hour, that we might gather once again to praise your name in the heart of your Church, delivered from all distress and confident in your mercy. Through Christ our Lord. Amen.



Our Lenten Journey Continues:

If you would like to be included in our Lenten program, please call Lisa in the office at 508-753-5001 or email Joan at joan_dargenis@yahoo.com and give us your email address so we can add you to the list.

Instead of thinking of Lent as a time to give up something, think of it as an opportunity to grow spiritually stronger and add more meaning to your life. If you would like to be included in a **gathering on Zoom**, to discuss our endeavors, please respond to Joan at the email address above.

Zoom meeting will be on Feb. 23rd at 6:30 pm.

After much thought, here are a few of the things we can all do during this Lenten season:

*Stations of the Cross—In church, Fridays 6:30 pm or Remotely via Joan's email, Fridays 6:00pm

Pray the Rosary

Be mindful of the 40 Days for Life Prayer Campaign (See separate article)

Practice Community Outreach—Food Pantry, etc. Watch more meaningful TV programs, such as those on Catholic TV (Channel 101 on Charter in Worcester)

Read a spiritual poem

Investigate religious artwork

Unplug from social media for a time

Read something inspiring

Take some time to slow down and reflect on the Season of Lent

Note: *Stations of the Cross will be livestreamed from the church via facebook. If you do not have facebook, you can connect to it through the parish website.

CONFESSIONS DURING LENT

Confessions will be heard every Saturday during Lent from 2:30 pm until 3:45 pm.

Lenten Prayer

Lord God, you call us to repentance and self-denial.

While we can choose our penances, so many of our brothers and sisters have not the basic needs of life. Teach us humility in our works of penance, so that our fast may be a victory over egotism and self-indulgence, through Jesus, the Christ, our Lord.



~Proclaiming All Your Wonders

Instead of counting sheep, talk to the Shepherd

STATIONS OF THE CROSS

Fridays at 6:30 pm during Lent. You are invited to join us personally or virtually through our parish Facebook page (Our Lady of Mount Carmel and Our Lady of Loreto Catholic Church, Worcester, Ma)

Unique Lenten Program to do at home

Watch with Me is an online Lenten experience for adults - a brief time each week to stop, rest, reflect, listen, and pray a little. **Each Sunday evening during Lent** you will receive a link to participate at your convenience during the week - no meetings, no schedule. Each activity will include a little music and one or two short reflective prayers requiring 15-20 minutes of your time on your mobile phone, tablet, or computer. For questions or to register, please contact Romeo Marquis at Rmarquis48@outlook.com. It's free, but you must pre-register. Please feel free to share this information with family and friends everywhere.

(Note: If you participated in "A Time for Singing" during Advent, you do not have to register. You will automatically be included.)

Join the 40 Days for Life prayer campaign

40 Days for Life is an international prayer campaign that has saved over 18,000 lives since 2007. The spring campaign starts on **Ash Wednesday, Feb. 17**. To learn more or to sign up to vigil, visit www.40daysforlife.com/worcester. Your prayers make a difference.

Our Catholic school students made signs and produced a video which everyone should see.

To watch the **Virtual March for Life slideshow by Catholic School students**, go to www.marchforlifeworcester or to the **Diocese of Worcester website—Respect Life Department - March for Life**.

PROLIFE VIGIL

Saturday March 13, 11:00AM

**470 Pleasant Street, Worcester.
Across from Planned Parenthood**

Join in peace with the Mt .Carmel Knights of Columbus and the American Heritage Girls as we participate with the 40daysforLife Spring Campaign praying the Rosary and Divine Mercy Chaplet as a parish. Help us perform this act of Corporal Work of Mercy as we witness for the sanctity of life.

Examination of Conscience

The editors of *The Word Among Us* suggest that we ask ourselves the following questions as we prepare for our Lenten sacrament of penance:

- ◇ Are there ways I am failing to honor the Lord? Am I holding onto something that I don't want him to take away?
- ◇ Am I honoring the Sabbath in a way that brings me closer to God? How can I do better in setting this day apart for him and my loved ones?
- ◇ How am I doing in honoring the name of the Lord? Do I thoughtlessly swear in everyday conversation? Are there ways I don't live up to the name "Christian"?
- ◇ Have I harbored anger against another person or group of people? If someone has hurt me in some way, have I forgiven them? Or have I felt justified in resenting them? Do I fantasize about revenge?
- ◇ How have I given in to grumbling or discontentment? Do I tend to judge other people harshly and consider myself superior? Am I striving for an attitude of humility and gratitude?
- ◇ Do I allow lustful thoughts to run uncontrolled in my mind, even if I don't act on them?
- ◇ Have I wounded relationships with unkind or insulting words? Have I harmed another person's reputation through gossip or tried to inflate my own reputation at someone else's expense?
- ◇ Where do I need to seek another person's forgiveness? Have I been putting it off?
- ◇ How have I been faithful to my state in life, whether single or married? Have I acted impurely, whether alone or with someone else?
- ◇ Do my material belongings have too strong a hold on me? Are there ways I have failed to be generous, either toward the poor or toward my loved ones? Do I feel too busy to give of myself to other people?

**Eucharistic Adoration
During Lent**



Eucharistic adoration is a quiet time of love and intimacy between oneself and Jesus.

Before He was tortured to death for us, Jesus, in agony, asked Peter, John and James to stay awake and pray with Him. Three times he asked for help; three times He found them asleep. Hear Him: "Couldn't you stay awake even just one hour with me? Stay awake and pray so that you don't give in to temptation. The spirit is willing, but the flesh is weak (Mt 26:40-41)."

Due to the pandemic, we may not be able to actively participate in Eucharistic adoration in church. There are ways to visit remotely—EWTN, Catholic TV, etc. via YouTube, Facebook, etc.

Financial Stewardship

For the week ending February 14, 2021



Income

Offertory:	
Week-End	\$1,837.00
Mail	2,208.00
On-Line Giving	983.30
Maintenance	420.00
Ash Wednesday	382.00
Priest Retirement	250.00
Priest Retirement	207.00
Latin America	127.00
First Offering	<u>5.00</u>
Total Offertory	\$6,419.30
Parking Revenue	350.00
Funeral Stipends	300.00
Catholic Free Press	78.00
Candles	34.00
Mass Stipends	20.00
Total	<u>\$7,201.30</u>
Expenses:	
Rectory—Food & Household	814.91
Heating Oil	520.79
Repairs & Maintenance	350.00
Mass Stipends	280.00
Salaries & Wages	120.00
Funeral Stipends	50.00
Supplies	<u>47.33</u>
Total	<u>\$2,183.03</u>

PARTNERS IN CHARITY

We have begun this year’s campaign for Partners in Charity. By baptism, we are called to be the face of Christ, offering hope to people in need through works of prayer, charity and education. As Catholics, we join together in the mission of the Church through this important appeal. The agencies of the Diocese are faces of hope to many throughout Worcester County especially during this time of pandemic. The difference today for families is that those who were not in crisis before or were able to maintain stability in their home life are now facing crisis due to unemployment from the pandemic. They have had to negotiate the system for help with food, rent assistance or other forms of aid.

Your pledge is a tangible way to be the ‘face of Christ’ to the world through your support of the 27 agencies and ministries which rely on this appeal for funding each year. Materials and envelopes to assist in this appeal will soon be available in the vestibule of the church. Our goal again this year is \$50,000, which we met last year due to your generosity. I respectfully ask you to be generous again this year.

Monsignor Pedone

Please Note:

When entering an empty pew at Mass, please go to the middle so other people can sit on the ends. If you prefer the end seat, please stand and leave the row so someone may sit in the middle and then return to your seat. Also, PLEASE WEAR YOUR MASK PROPERLY; IT MUST COVER YOUR MOUTH AND NOSE WHILE YOU ARE IN CHURCH.

PLEASE PRACTICE SOCIAL DISTANCING WHEN RECEIVING COMMUNION.

Please help us to keep everyone safe.

Thank You

1ST SUNDAY OF LENT

“After John had been arrested, Jesus came to Galilee proclaiming the gospel of God...” (Mark 1:14) Do you ever think about how difficult it must have been for Jesus to come into Galilee, knowing that John had just been arrested for teaching the same message that Jesus was proclaiming. It must have taken great love and trust for Jesus to do what the Father had sent Him here on earth to do. In the same way, following a life of stewardship takes great love and trust from us. We must be willing to surrender completely to God, trusting that God will always give us all that we need to fulfill His plan for us.

DEACON INFORMATION SESSIONS

The Office of the Diaconate is seeking active men of faith in the Diocese of Worcester who may be discerning a vocation as a permanent deacon. Two online information sessions have been scheduled on February 23 and March 4 at 7:00 pm via Zoom. Each session should last from 1.5 to 2 hours. Men between the ages of 31 and 60, married or single, who are interested in learning more about the permanent diaconate and the process for become a deacon may pre-register for one of the Information Sessions at worcesterdiocese.org/register-for-information-session. An email with the link to the online session will be sent out prior to the scheduled date.

The brighter your light shines, the easier it is for others to find their way.

CONTRIBUTION STATEMENTS

If you would like a copy of your 2020 contribution statement please email Lisa at lisaolmc@gmail.com or call the main office at 508-753-5001.



MASS INTENTIONS

Saturday, February 20, 2021—4:00 p.m.

Marcia DiLeo (3rd Anniversary) by Family
Eleanor Matulevicius by Irena Normontas

Sunday, February 21, 2021—8:00 a.m.

Michael DelloStritto (Birthday Remembrance) by
 Wife Josie and Family

Sunday, February 21, 2021—10:30 a.m.

David D'Argenis by wife Joan and daughters
St. Therese

Monday, February 22, 2021—7:00 a.m.

Parishioners Intentions

Tuesday, February 23, 2021—7:00 a.m.

The Souls in Purgatory

Wednesday, February 24, 2021—7:00 a.m.

The Sick of the Parish

Thursday, February 25, 2021—7:00 a.m.

Parishioners Intentions

Saturday, February 27, 2021—4:00 p.m.

Vincent DiLeo by Family
Adolfo Ortiz Jr. by the Ortiz Family
Mr. and Mrs. Stephen Giorgio (25th Anniversary) by
 Family

Sunday, February 28, 2021—8:00 a.m.

Dolores Caccialino by Elizabeth Chionchio

Sunday, February 28, 2021—10:30 a.m.

Eleanor Matulevicius by Aldona Kibelkstis

**THIS WEEK OUR SANCTUARY LAMPS
 ARE DEDICATED TO THE MEMORY OF:**

Vera Sbrogna
 by husband Gus



Something to remember.....

Be kinder than necessary, for everyone you meet is
 fighting some kind of battle.

Live simply, Love generously,
 Care deeply, Speak kindly.....
 Leave the rest to God.



Please pray for the sick of our parish: Francis Caf-
 fone, Donna Grasseschi, Lori Blackwell, Matteo Fiore,
 Patrick Loconto, Frank "Butch" Rano, Sylvia Pusateri,
 Thelma Ortiz, Cynthia Pedone, Roland Dionne, Louis
 Naples, Sue Cozzolino, Anthony DeAngelis, Anthony &
 Paul Locantore, Ann Servidio, Eleanor Gallo, Maria
 Dzikczek, Joseph Vancelette, Vinny Tiscione, Madelyn
 Martin, Anthony Paldino, Ann Marie Verdolino, Emma
 Taubert, Charlene Swalec, Irene Bastardo, Lorrie Tu-
 fano, Riccardo & Silvia Cazzaniga, Maxwell Mitchell,
 Lynn Wagner, Carol Youngstrom, Rudy Aromando,
 Chris Watson, Vera Novick and Aldona Kibelkstis.
 May the Lord give them strength, courage and heal-
 ing.

**Don't let your worries get the best of you.
 Remember, Moses started out as a basket case.**

MASS on TV:

Public Access Stations now carrying Masses:

Daily Mass

Worcester Ch 194 "the people's channel" - 9 am

Spencer Ch 192—9am

Holden/Auburn Ch 191—9 am

Shrewsbury Ch 28 and 328—4:30 pm

Sunday Mass

Worcester Ch 194—Spanish—8 am

English—10 am; replays Monday—6 pm

Spencer Ch 192—Sunday 10 am

Holden/Auburn Ch 191—Sunday 10 am

Templeton Ch 8—Sunday 10 am

Athol/Orange Ch 13/135—Sunday 10:30 am

**Paxton Ch 192 Sunday 4 pm, replay Monday at
 6 pm and 8 pm**

We hope to announce more towns in the future.

MASS continues to be available online from

worcesterdiocese.org both for Live Streaming @
 9:00 am and for viewing after 10 am on your computer.

Other options for MASS and the Rosary:

EWTN (channel 18 on Charter)

**CATHOLIC TELEVISION (channel 101 on
 Charter)**

NOTE:

**If you do not have Spectrum/Charter as your cable pro-
 vider, call your provider and ask what channels televise
 EWTN and CATHOLIC TELEVISION.**



Invest just five minutes a day, and your faith will deepen and grow—a day at a time.

Sunday, Feb 21, 2021
FIRST SUNDAY OF LENT
Doing the rite thing

Today, some of our neighbors are going to make a countercultural choice. They're going to sign the Book of the Elect, signaling their decision to be baptized, confirmed, and to receive First Eucharist at this year's Easter Vigil. These Elect have been studying for months or years to embrace the life of the church. Why would anyone make this choice in the 21st century? For some, it may have begun as intellectual curiosity. For others, it's a journey of the heart. For all, it's what they've seen in folks like us that make Catholic Christianity an inspiring choice. Let's help keep the inspiration going!

TODAY'S READINGS: *Genesis 9:8-15; 1 Peter 3:18-22; Mark 1:12-15 (23). "The kingdom of God is at hand. Repent, and believe in the gospel."*

Monday, Feb 22, 2021

FEAST OF THE CHAIR OF PETER, APOSTLE

Recognize the chair

Jesus loved us so much that he entrusted us to someone he trusted deeply. In fact, in the Gospel of John, Jesus asked Peter three times if his devotion was assured. He named him "rock" so he would be a solid foundation upon which to build the church, and for 2,000 years Peter's successors have had the responsibility of tending his sheep. Today we celebrate the seat of the pope's authority as Christ's representative on Earth, the protector Jesus wanted for his flock. Ask the Holy Spirit to always guide the one who sits in Peter's chair.

TODAY'S READINGS: *1 Peter 5:1-4; Matthew 16:13-19 (535). "I will give you the keys to the Kingdom of heaven."*

Tuesday, Feb 23, 2021

MEMORIAL OF POLYCARP, BISHOP, MARTYR

Words to live forever by

Polycarp's death in 155 is one of the first accounts of Christian martyrdom in a public arena. The elderly bishop was resolute and serene even as he was burned and stabbed before a frenzied crowd. Included in the accounts is the two hours of prayer Polycarp began upon his arrest, so powerful it unnerved his Roman guards. But Polycarp was also an Apostolic Father, specifically a disciple of Saint John the Evangelist. Thus, he had firsthand knowledge of John's words from Jesus: "Everyone who lives and believes in me will never die."

TODAY'S READINGS: *Isaiah 55:10-11; Matthew 6:7-15 (225). "Thy Kingdom come, thy will be done, on earth as it is in heaven."*

Wednesday, Feb 24, 2021

LENTEN WEEKDAY

A good day to make amends

We are one week into this Lenten season, so perhaps it is time to have a conversation with our Lord. Imagine you are walking with Jesus, side by side, and he asks you, "Is there any person you think of who you have hurt or judged, or any action that comes to mind that you know was wrong? Anything you repent?" You take a moment, and standing next to him, you feel his love for you. Regret and sorrow arise as you admit the mistakes that come to mind. You ask for the grace to make amends in whatever way possible. Find a way today to make something right.

TODAY'S READINGS: *Jonah 3:1-10; Luke 11:29-32 (226). "At the preaching of Jonah they repented, and there is something greater than Jonah here."*

Thursday, Feb 25, 2021

LENTEN WEEKDAY

Has prayer moved you?

It is tempting to think about prayer in a transactional way: I ask, therefore God gives. Today's gospel may even appear to encourage this form of thought: "Ask and it will be given to you; seek and you will find." But Catholic teaching urges us to see God's response to prayer broadly. Pope Francis explains: "Prayer always transforms reality: if things around us do not change, at least our hearts are changed. Jesus promised the gift of the Holy Spirit to every man and woman who prays." If you have a prayer that seems unanswered, consider how your heart was moved by the mere act of praying.

TODAY'S READINGS: *Esther C:12, 14-16, 23-25; Matthew 7:7-12 (227). "For everyone who asks, receives; and the one who seeks, finds."*

Friday, Feb 26, 2021

LENTEN WEEKDAY; DAY OF ABSTINENCE

The low rumble within

Anger is one of our human "passions," the Catechism of the Catholic Church instructs, neither good nor bad in and of itself. Anger can provide us with helpful information that we feel wronged by someone or something. It may be intense or a low rumble within. Lent is an opportunity to become still, listen to our anger, and examine its source. How might we invite God into these rough spaces for healing? Desiring healing does not disregard hurt or suffering; rather we seek to "unhook" from anger to live in peace. Unhooking might mean talking with a loved one who hurt us. It might mean protesting against injustice. It might mean forgiving ourselves. What might be rumbling within your heart?

TODAY'S READINGS: *Ezekiel 18:21-28; Matthew 5:20-26 (228). "Go first and be reconciled."*

Saturday, Feb 27, 2021

LENTEN WEEKDAY

Agree to disagree

There is no more timely message for our divided age of partisan politics than "love your enemies." But how is that even possible? One perspective that some find helpful is that "you don't have to *like* someone to *love* them." Love in this context is not a warm, fuzzy feeling but a decision to treat with respect, to "do unto others." A tall order, but it does help to remove the expectation that we have to become fast friends with those we oppose. And maybe it will lead to a time when we can see difficult folks as people with

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