



# PARISH OF THE HOLY EUCHARIST

HOLY MARTYRS SACRED HEART ST GREGORY ST JUDE  
JULY 25, 2021 SEVENTEENTH SUNDAY IN ORDINARY TIME



## 17<sup>TH</sup> SUNDAY IN ORDINARY TIME

“There is a boy here who has five barley loaves and two fish; but what good are these for so many?” Then Jesus took the loaves, gave thanks, and distributed them to those who were reclining, and also as much of the fish as they wanted. - Jn 6:9, 11

**STAY CONNECTED**

**POTHE PUBLIC MASS SCHEDULE:**

All Masses at Holy Martyrs will continue to be live streamed. Go to: [pothe.org](http://pothe.org). and click on "Watch Mass Live" or go to [pothe.org/facebook](https://www.facebook.com/pothe.org).

**Weekend Mass Schedule:**

- Holy Martyrs: Saturday at 4:00 pm  
Sunday at 8:30 am, 10:30 am, & 5:30 pm
- Sacred Heart: Saturday at 4:00 pm  
Sunday at 8:00 am, 11:00 am
- St. Gregory: Saturday at 4:00 pm, Sunday at 8:30 am
- St. Jude: Sunday at 9:30 am

**Daily Mass Schedule**

- Holy Martyrs: Mon, Tues at 5:30 pm Wed, Fri at 7:30 am
- St. Gregory: Friday at 8:00 am
- Sacred Heart: Mon, Tues, Thurs at 8:00 am, Saturday at 8:15 am

**Eucharistic Adoration:**

- Holy Martyrs: Monday at 12:00 pm - 8:00 pm
- St. Gregory: Friday at 8:30 am - 9:30 am
- Sacred Heart Saturday at 8:45 am - 9:45 am

**Confession:**

- St Gregory : Saturday at 2:30 pm - 3:30 pm
- Holy Martyrs: Saturday at 2:30 pm - 3:30 pm
- Sacred Heart: Saturday at 8:45 am - 9:45 am
- Sacred Heart Saturday at 2:30 pm - 3:30 pm

**Act of Contrition:** O my God, I am heartily sorry for having offended Thee, and I detest all my sins because of Thy just punishments, but most of all because they offend Thee, my God, who art all good and deserving of all my love. I firmly resolve with the help of Thy grace to sin no more and to avoid the near occasion of sin. Amen.

**Spiritual Communion:** My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.



**Knights of Columbus  
Council #15791**

Knights of Columbus 4th Degree Picnic Gathering  
Sunday, August 1 at St. Gregory Campground,  
1:00 pm - 4:00 pm

We would like to thank POTHE and our parishioners for your continued support of the Clynk Recycling Program!

BECOME A KNIGHT: For more info [www.kofc.org/joinus](http://www.kofc.org/joinus)

**THE EUCHARIST IS JESUS' GIFT**

This weekend we begin one of the greater challenges for a homilist. We take a break from reading Mark's Gospel and for the next few weeks, and read Jesus' teaching of the Eucharist in John's Gospel. The Eucharist is the center of our Catholic faith, and an inexhaustible mystery. Still, preaching about the same topic for several weeks in a fresh and meaningful way can be difficult. Listening can also be a challenge, as one may be tempted to believe that they already understand the topic and so there is needless repetition being offered. Instead of dreading all this, as parishioners of the Parish of the Holy Eucharist, we can make this a time of grace.



First, we can strive to refine our understanding of Eucharist. How convincing would I be in explaining the Eucharist to someone who is not Catholic? If I was not able to receive the Eucharist for any appreciable amount of time during the pandemic, what was that like for me? How would I describe my life during this period: pretty much the same, something missing, something better, etc? In other words, does my comprehension of what the Church teaches match my lived experience?

Secondly, we can intentionally deepen our appreciation of the Eucharist. Consider spending some time in Adoration before the Blessed Sacrament. The times are listed in the bulletin and on the website. Do not be concerned about spending an entire hour or what you will be doing. Bring some prayers to recite. Resolve to have a conversation with God as you would a good friend, knowing He is present in a personal way. Give yourself the gift of being quiet and allowing God to speak to your heart and mind in a way that is difficult in our noisy world.

Thirdly, resolve to receive the Eucharist with greater reverence. If you have not been to Reconciliation in a long time, come at one of the prescribed times or make an appointment with a priest. If you do not know what to say or how to say it, trust that God will use the priest to help you. As you approach to receive the Eucharist, think about a specific blessing from God that you are grateful to have. You might bring to mind a deceased loved one and offer the reception of Holy Communion for their purification and needs to attain the gift of heaven. Make a resolution on how the Eucharist will strengthen you in the coming week to avoid a temptation or to be more actively virtuous.

Finally, challenge yourself to learn something new about the Eucharist. Read the sections of the Catechism on this Sacrament or the Mass. Go to the FORMED website on our webpage to see many excellent offerings. If you are going for the first time, you will be prompted to set up an account by clicking that you belong to the Parish of the Holy Eucharist and giving your email address. Submit questions that you have about the Mass or the Eucharist to my attention, and I can offer some answers in my writings, or share with Fr. Peter and Fr. Paul so we can address them in our preaching. The Eucharist is Jesus' gift to us. A gift needs to be received in order to be a gift. How will you receive it in the coming month?





## Seventeenth Sunday in Ordinary Time

### LET US PRAY

O Jesus, through the Immaculate Heart of Mary, I offer You my prayers, works, joys, and sufferings of this day, in union with the Holy Sacrifice of the Mass throughout the world. I offer them for all the intentions of Your Sacred Heart; the salvation of souls, reparation for sin, the reunion of Christians; and in particular for the intentions of the Holy Father. Amen.

### GOSPEL BACKGROUND

The story of the multiplication of the loaves and the fishes recalls a particular aspect of the Mass. In this miracle, Jesus transforms a young boy's offering of five barley loaves and two fish. In the offertory at Mass, we present the fruits of our labors, represented by bread and wine. These gifts, given to us first by God as grain and fruit, are returned to God in our offering of thanksgiving. God in turn transforms our gifts, making this bread and wine the very Body and Blood of Jesus. We also offer ourselves in this exchange, and we, too, are transformed by the Eucharist.

### GOSPEL ACCORDING TO John 6: 1 - 15

Jesus went across the Sea of Galilee. A large crowd followed Him, because they saw the signs He was performing on the sick. Jesus went up on the mountain, and there He sat down with His disciples. The Jewish feast of Passover was near. When Jesus raised His eyes and saw that a large crowd was coming to Him, He said to Philip, "Where can we buy enough food for them to eat?" He said this to test him, because He himself knew what He was going to do. Philip answered him, "Two hundred days' wages worth of food would not be enough for each of them to have a little." One of His disciples, Andrew, the brother of Simon Peter, said to Him, "There is a boy here who has five barley loaves and two fish; but what good are these for so many?" Jesus said, "Have the people recline." Now there was a great deal of grass in that place. So the men reclined, about five thousand in number. Then Jesus took the loaves, gave thanks, and distributed them to those who were reclining, and also as much of the fish as they wanted. When they had had their fill, He said to His disciples, "Gather the fragments left over, so that nothing will be wasted." So they collected them, and filled twelve wicker baskets with fragments from the five barley loaves that had been more than they could eat. When the people saw the sign He had done, they said, "This is truly the Prophet, the one who is to come into the world." Since Jesus knew that they were going to come and carry Him off to make Him king, He withdrew again to the mountain alone.

### FAMILY CONVERSATIONS

Jesus taught His disciples that He can take their small offerings and make amazing things happen. When we offer God our works and our actions, God will bless them and will help us do amazing things.

When Jesus saw that the crowd was hungry, what did He want to do? How can we follow this example today?

Adapted from Loyola Press Sunday Connection

## Young Adult Catholics in Maine Summer Gathering, August 7

THE DIOCESE OF PORTLAND IN COLLABORATION WITH  
PARISH OF THE HOLY EUCHARIST ARE PROUD TO  
PRESENT:

# YOUNG ADULT CATHOLICS IN MAINE SUMMER GATHERING

**FMI CONTACT:**  
hannah.gonneville  
@portlanddiocese.  
org or call  
(207)-773-6471

**When:** Saturday, August 7th from 1-3pm (with the option of attending the 4pm Mass at St. Gregory's)

**Where:** 24 North Raymond Rd., Gray, ME 04039

**What:** Come together for an afternoon of fun outdoor games, and socializing with other young adult Catholics in Maine. The event is BYOB&L—bring your own non-alcoholic beverages and lunch.

## Ignatian Volunteer Corps (IVC)

Would you like to make a significant contribution with your life to the lives of others? The Ignatian Volunteer Corps (IVC), offers adult men and women the opportunity to share their life skills and wisdom in service to the poor. IVC Corps Members commit to work in social service organizations, schools, and non-profits for 1 to 2 days per week. We have several open placements in the Greater Portland area that need volunteers.

For more information, contact Kathy Crosson at 207.808.8029 or via email at [kcrosson@ivcusa.org](mailto:kcrosson@ivcusa.org).

Will I follow the path of Jesus?

If you are willing to share what you have, God will multiply your gifts. Imagine how God can use you to nourish a hungry world.  
(John 6:1-13).

If you think God is calling you to be a priest, deacon, brother or sister, contact Fr. Seamus Griesbach: 207-773-6471;  
email: [seamus.griesbach@portlanddiocese.org](mailto:seamus.griesbach@portlanddiocese.org)



Sign up at: <https://pothe.org/parish-picnic-1>

### Mass Intentions

Do you have a Special Intention for a loved one that you have been praying for? Or would like to remember the anniversary of a loved one's death? Please email [pothe@portlanddiocese.org](mailto:pothe@portlanddiocese.org), or go to: <https://pothe.org/mass-intentions> to schedule a Mass Intention.

### Senior Luncheon

The Senior Luncheon is coming back in September! Save the date: Wednesday, September 8 at St. Gregory from 12:00 pm - 1:30 pm.

### Friendship House Thank You!!

Although contributions went down a bit after the busy Fourth of July weekend, we still had quite a variety of items to take to the men at Friendship House on Wednesday, July 7. People donated beef stew, barbecued chicken, kielbasa, cereals, canned goods and a number of fresh vegetables from the Falmouth farmers' market. Also donated and much appreciated were lots of toilet paper and paper towels. The men were enthusiastic and thank you sincerely. — Deborah Nicklas

### Catholic Appeal - 180 parishioners needed to reach goal

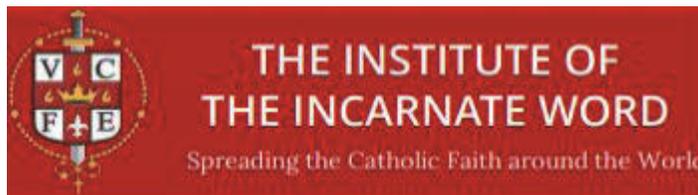
It is imperative that no one...indulge in a merely individualistic morality. The best way to fulfill one's obligations of justice and love is to contribute to the common good according to one's means and the needs of others, and also to promote and help public and private organizations devoted to bettering the conditions of life.

Gaudium et Spes ("The Church in the Modern World"), Vatican II, 1965 #30

Please support our Catholic Schools, the work of Catholic Charities, and other social service organizations with a donation today in any amount. Go to: <https://portlanddiocese.org/give>

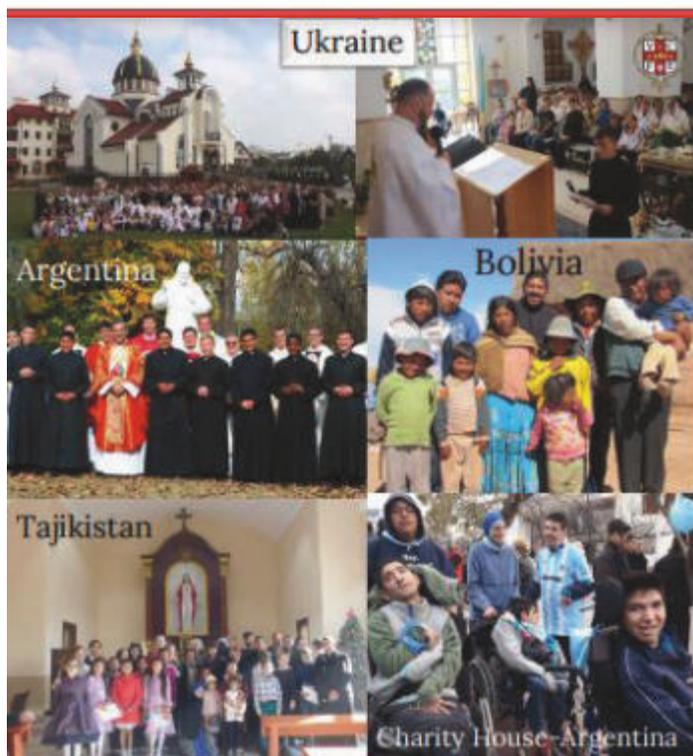


### Institute of the Incarnate Word Missionaries come to POTHE August 7 & 8



The Institute of the Incarnate Word uses the funds collected from the mission appeals to care for the disabled, the elderly, and the sick, provide homes for the poor and for abandoned children, manage schools and educational institutions in rural areas in developing countries, and promote pastoral formation of our missionaries related to human, intellectual, and spiritual development. Present in 40 countries, our most challenging missions are in Argentina, Bolivia, Ecuador, Guyana, Iraq, Palestine (Gaza), Papua New Guinea, Peru, Syria, Tajikistan, Tanzania, and Ukraine among others.

The collected funds will be used for the day-to-day support for missionaries, to supply material goods, to finish projects, and to meet the basic needs in rural areas where we work. The children, the elderly, the sick, the poor, the abandoned, the handicapped, and the suffering will benefit from these funds. Your support funds the basic needs - such as food and medicine, pastoral works, vehicles to arrive to remote rural areas where there are no roads, to build seminaries and churches to provide hope where the Catholic faith is a minority or does not exist at all for the enrichment of the evangelization program around the world.



## Saturday, July 24

7:00 am SH That Man is You  
 8:15 am SH Public Mass followed by Eucharistic Adoration and Confession  
 10:00 am SH Funeral Robert Leighton  
 10:00 am SJ Memorial Mass Ron Seaman  
 12:00 pm SH Funeral William Valenti  
 2:30 pm Confession (HM, SG & SH)  
 4:00 pm Public Mass (HM, SG & SH)

## Sunday, July 25

8:00 am SH Public Mass  
 8:30 am Public Mass (HM & SG)  
 9:30 am SJ Public Mass  
 10:30 am SJ Baptism Timothy Dunn  
 10:30 am HM Public Mass  
 11:00 am SH Public Mass  
 12:15 pm SH Baptism Samson Flanagan  
 5:30 pm HM Public Mass

## Monday, July 26

8:00 am SH Public Mass  
 9:00 am SG Vacation Bible Camp  
 12:00 pm HM Eucharistic Adoration (until 8:00 pm)  
 5:30 pm HM Public Mass  
 6:30 pm SH POTHE Boy Scouts (until 8:00 pm)

## Tuesday, July 27

8:00 am SH Public Mass  
 9:00 am SG Vacation Bible Camp  
 9:30 am HM Centering Prayer  
 5:30 pm HM Public Mass

## Wednesday, July 28

7:30 am HM Public Mass  
 9:00 am SG Vacation Bible Camp  
 9:00 am HM Opus Dei Day of Recollection for Women  
 5:00 pm HM Opus Dei Day of Recollection for Men

## Thursday, July 29

8:00 am SH Public Mass  
 9:00 am SG Vacation Bible Camp  
 7:00 pm HM Men's ACTS Leadership Team Meeting

## Friday, July 30

7:30 am HM Public Mass  
 8:00 am SG Public Mass followed by Eucharistic Adoration  
 9:00 am SG Vacation Bible Camp  
 11:00 am HM Memorial Mass Alice Herlihy

## Saturday, July 31 Peter's Pence

7:00 am SH That Man is You  
 8:15 am SH Public Mass followed by Eucharistic Adoration & Confession  
 2:30 pm Confession (HM, SG & SH)  
 4:00 pm Public Mass (HM, SG & SH)

## Sunday, August 1 Peter's Pence

8:00 am SH Public Mass  
 8:30 am Public Mass (IHM & SG)  
 9:30 am SJ Public Mass

## Saturday, July 24

8:15 am SH Fr. M John Munsey by Peter and Cathy Mullaney  
 4:00 pm HM Fr. K Edmund M Collins by Mary Collins and family  
 4:00 pm SG Fr. T Carl E Anderson by Sheila and his loving family  
 4:00 pm SH Fr. M William Held by Sandra Christman

## Sunday, July 25

8:00 am SH Fr. M Don Fischer by Pat Storey  
 8:30 am HM Fr. K Jenna Hart by Ron Hart and family  
 8:30 am SG Fr. T Angelo Muccino by Annmarie Salzberg  
 9:30 am SJ Fr. M Jean and Stephen Gorecki by their loving family  
 10:30 am HM Fr. K Martin McGough by Barbara Keefe  
 11:00 am SH Fr. T William Hughes by his prayer group  
 5:30 pm HM Fr. K Mary Jane McBrady by her loving family

## Monday, July 26

8:00 am SH Fr. M Joan Elizabeth Wright by Lisa Gilbert  
 5:30 pm HM Fr. T Mass of Remembrance

## Tuesday, July 27

8:00 am SH Fr. M Lionel Morency by Denise and Daniel Chapman  
 5:30 pm HM Fr. T Ryan Rogers by Toni and Tom Coyne

## Wednesday, July 28

7:30 am HM Fr. T Father Joseph Koury by Father Phil Tracy

## Thursday, July 29

8:00 am SH Fr. M SI: for Catholics to appreciate the gift of Jesus in Holy Communion

## Friday, July 30

7:30 am HM Fr. T Loyola Pepin by Brenda and David Buck  
 8:00 am SG Fr. K Manual Rideout by the Boulos family

## Saturday, July 31

8:15 am SH Fr. M SI: for the Holy Souls in Purgatory by Laurette Bilodeau  
 4:00 pm HM Fr. K Hugh T Connelly by Happy Copley  
 4:00 pm SG Fr. T Catherine D'Amboise by Will and Gail Plante  
 4:00 pm SH Fr. M SI: for the family of Don Fischer by Loretta MacKinnon

## Sunday, August 1

8:00 am SH Fr. M SI: for those who serve the Prison Ministry  
 8:30 am HM Fr. K Bradford Hart by Ron Hart and family  
 8:30 am SG Fr. T All POTHE Parishioners  
 9:30 am SJ Fr. M SI: for those who serve as mentors to teens and young adults  
 10:30 am HM Fr. K Solange Lamontagne by Dan Honan  
 11:00 am SH Fr. T Bill Eycleshymer by his wife, Judith  
 5:30 pm HM Fr. K Ryan Conner Rogers by Lisa Carey

## PARISH INFORMATION

**WISHING TO BECOME CATHOLIC:** PLEASE CONTACT THE PARISH OFFICE AND ASK FOR LIFELONG FAITH FORMATION

**SACRAMENT OF THE ANOINTING OF THE SICK AND PASTORAL CARE TO THE SICK AND HOMEBOUND:** PLEASE CALL THE PARISH OFFICE WITH THE NAME, CONDITION, ADDRESS, AND PHONE NUMBER OF THE PERSON WHO IS IN NEED

**SACRAMENT OF BAPTISM FOR INFANTS:** PLEASE CONTACT DEACON DENNIS AS SOON AS YOU GIVE BIRTH TO YOUR CHILD

**ADULT CONFIRMATION:** PLEASE CONTACT KIM LOVETT IN THE LIFELONG FAITH FORMATION OFFICE

**SACRAMENT OF MARRIAGE:** PLEASE CONTACT THE PARISH OFFICE AT LEAST 6 MONTHS IN ADVANCE OF THE DESIRED DATE OF YOUR WEDDING

**MAKING FUNERAL ARRANGEMENTS:** PLEASE CONTACT THE FUNERAL HOME, AND THEY WILL ASSIST YOU IN MAKING ARRANGEMENTS FOR THE CHURCH



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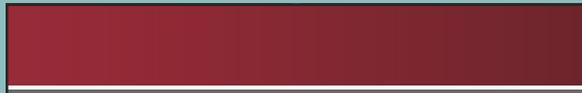
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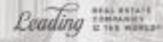


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**We are the Parish of the Holy Eucharist, a Catholic Community called to discipleship, seeking deeper communion with God, each other, and our neighbors by celebrating the Sacraments, sharing God's Word, and serving all in need.**

**Weekend Mass Schedule**

All Holy Martyrs Masses will be Live-Streamed at [pothe.org](http://pothe.org)

Saturday Holy Martyrs, Sacred Heart & St Gregory at 4:00 pm  
 Sunday: Holy Martyrs at 8:30 am, 10:30 am, & 5:30 pm  
 St. Gregory at 8:30 am; St. Jude at 9:30 am  
 Sacred Heart at 8:00 am & 11:00 am

**Eucharistic Adoration**

Holy Martyrs: Mon 12 pm-8pm, Sacred Heart Sat 8:45 - 9:45  
 St. Gregory: Friday 8:30 am - 9:30 am

**Weekday Mass Schedule**

All Holy Martyrs Masses will be Live-Streamed at [pothe.org](http://pothe.org)

Holy Martyrs: Mon, Tue 5:30 pm Wed, Fri 7:30 am  
 St. Gregory: Friday at 8:00 am  
 Sacred Heart Mon, Tues, Thur 8:00 am Saturday at 8:15 am

**Confession (Or Available by Appointment)**

St. Gregory: Saturday 2:30 pm - 3:30 pm  
 Holy Martyrs: Saturday 2:30 pm - 3:30 pm  
 Sacred Heart Saturday 8:45am - 9:45am; 2:30 pm - 3:30 pm



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Pastor



Fr. Kaseta, OFM Cap  
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Music Ministry Dir

All staff may be reached by emailing: [pothe@portlanddiocese.org](mailto:pothe@portlanddiocese.org) or calling the parish office (207.847.6890)  
 Bulletin item submissions are due 10 days prior to publication. Submit items to [kim.palli@portlanddiocese.org](mailto:kim.palli@portlanddiocese.org)

Holy Martyrs Masses & Adoration are streamed live to our website and Facebook Live

Watch Sunday Mass on TV Channel 1303 at 10am & 4pm (pre-recorded broadcast)

Parish of the Holy Eucharist Office, 266 Foreside Rd., Falmouth, ME, 04105, 207.847.6890

Find us online at [pothe.org](http://pothe.org) & on Facebook, Twitter & Instagram.

Holy Martyrs Church: 266 Foreside Rd., Falmouth  
 Sacred Heart Church: 326 Main St., Yarmouth

St. Gregory Church: 24 North Raymond Rd., Gray  
 St. Jude Church: 134 Main St., Freeport

Pray for those who are ill or recovering from surgery...

John Lambert, Patricia Becker, Liz Chandler, Dave Toulouse, John V., Michael Rice, Esther Sedzia, Patricia Merrill, Erin Murphy, Michael Lewis, Karen Roberts, Louise Desjardins, Linda Momberket, Carrienne Fecteau, Allison Hincks, Peter Coffin, Don Gove, Bill Stanbro, Gloria Legare, The Becker Family, Paul Taylor, Karen Belaire, Sharyl Webster, Maryhelen Rice, Gretchen Sayward, Tim Dexter, Marie McCann, Jason Leo Vaz, Brian Pebbles, Lynette Willard, Gino Grassi, Mary Collins, Peter Allen Longley, Peter McKenney, Ann Marie, Sarah Hyde

Pray for our seminarians... Matt Valles, Joshua Maloney, Liam Gallagher, Joshua Guillemette, Than Pham, Hoa Nguyen

Let us continue to keep in our healing prayers...

Brother Gary Potvin, Cynthia Sister-In-Law of Brother Chris Madden, Brother Paul Metevier, Fr. Ray Pickard, Laurene, wife of Brother Dennis Dempsey, Anne Theriault sister-in-law of Brother George Spino, Brother Mark Bastey, Nancy, wife of Brother John Walkenford, Yvonne, wife of Brother Chuck Devine, Cindy, wife of Brother Steve Carrier, Brother Gerald Bose, Brother Frank Knight, Brother Joe Mathew & wife Doris, George Fuller, brother of Brother Jonathan Fuller, Brother Charles Thurston

Apostolate of Prayer for Priests  
 of the Portland Diocese

Saturday	7/24	Rev. Patrick J Finn Rev. Hubert J Paquet
Sunday	7/25	V. Rev. Claude R Gendreau Rev. Joseph W Cahill
Monday	7/26	Rev. David M Affleck Rev. Bernard J Welch
Tuesday	7/27	Rev. Thomas Lequin Msgr. Marc C Caron
Wednesday	7/28	Rev. Seamus P Griesbach Rev. Joel R Cyr
Thursday	7/29	Rev. James L Nadeau V. Rev. Daniel P Greenleaf
Friday	7/30	Rev. Nathan D March Rev. James R Albert
Saturday	7/31	Our Holy Father
Sunday	8/1	Our Holy Father

**WEEKLY OFFERTORY**

**\$15,535.02 – JULY 10 TO JULY 16, 2021**

Please consider making an online offertory donation via WeShare to help our Parish during this uncertain time.

Go to: [pothe.org](http://pothe.org) and select the WeShare button (right below the bulletin link button).

Questions? Contact Melissa by phone at 207-553-7158 or by email at [pothe@portlanddiocese.org](mailto:pothe@portlanddiocese.org)