

Pentecost Sunday

June 5, 2022



PARISH OFFICE

5012 Dune Drive, Avalon, NJ 08202 **Phone: 609-967-3746 •** Fax: 609-967-8172

Open: Monday - Friday 9AM - 4:30PM

(closed for Lunch 12 - 1PM)

SERVING OUR PARISH

Father William J. Kelly, V.F., Pastor Deacon Charles Devlin Deacon Bob Dooley

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LIFELONG FAITH FORMATION

Bernadette Krebs—609-224-0306 Eileen Barrett

BISHOP MCHUGH REGIONAL CATHOLIC SCHOOL

Principal: Alicia Farren 609-624-1900

PARISH MASS SCHEDULE

Maris Stella ChurchSt. Paul Church5012 Dune Drive9910 Third AvenueAvalon, NJStone Harbor, NJ

Saturday: 5:00PM Saturday: 4:00PM (Confession: 4-4:30PM) (Confession: 3-3:30PM)

 Sunday:
 Sunday:

 7:00AM (no music)
 7:30AM

 8:15AM
 9:00AM

 9:30AM
 10:30AM

 11:00AM

... . .

5:00рм (no music)

Weekdays:Weekdays:8:00AM on8:00AM onTues., Thurs., Sat.Mon., Wed., Fri.

(Confession after Sat. am Mass)

WWW STBRENDANAVALON ORG

Readings & Music for June 5

GATHERING HYMN



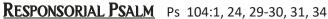


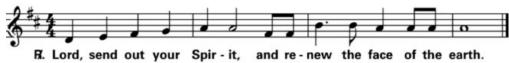
Text: LM with repeat; Veni, creator spiritus; attr. to Rabanus Manus, 776–856; tr. by Edward Caswall, 1814–1878, alt. Music: Louis Lambillotte, SJ, 1796–1855.

READING Acts 2:1-11

When the time for Pentecost was fulfilled, they were all in one place together. And suddenly there came from the sky a noise like a strong driving wind, and it filled the entire house in which they were. Then there appeared to them tongues as of fire, which parted and came to rest on each one of them. And they were all filled with the Holy Spirit and began to speak in different tongues, as the Spirit enabled them to proclaim.

Now there were devout Jews from every nation under heaven staying in Jerusalem. At this sound, they gathered in a large crowd, but they were confused because each one heard them speaking in his own language. They were astounded, and in amazement they asked, "Are not all these people who are speaking Galileans? Then how does each of us hear them in his native language? We are Parthians, Medes, and Elamites, inhabitants of Mesopotamia, Judea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the districts of Libya near Cyrene, as well as travelers from Rome, both Jews and converts to Judaism, Cretans and Arabs, yet we hear them speaking in our own tongues of the mighty acts of God."





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READING II Cor 12:38-7, 12-13

SEQUENCE

Brothers and sisters: No one can say, "Jesus is Lord," except by the Holy Spirit.

There are different kinds of spiritual gifts but the same Spirit; there are different forms of service but the same Lord; there are different workings but the same God who produces all of them in everyone. To each individual the manifestation of the Spirit is given for some benefit.

As a body is one though it has many parts, and all the parts of the body, though many, are one body, so also Christ. For in one Spirit we were all baptized into one body, whether Jews or Greeks, slaves or free persons, and we were all given to drink of one Spirit.

COME, O HOLY SPIRIT HYMN TO JO Come. O Ho ly Spir - it, come! And from your You, of com - fort ers the best; You, the soul's most O most bless - ed Light di - vine, May that Light with -Heal our wounds, our strength re - new; our dry - ness faith - ful On the who a - dore And con-fess you Shed 1. les tial light di - vine! home ray of wel - come guest; Sweet re - fresh-ment here be - low; in shine, And our in - most be ing fill! us 4. pour your dew; Wash the stains of guilt a - way: 5. ev er more, In your sev'n-fold gift de - scend; Ho - Iy Come, O Spir - it, come! Come, O Fa - ther of the Come, O Ho - Iv Spir - it, come! In our la - bor, rest most 3. Come, O Ho - ly In your ab-sence, we have Spir - it, come! Bend the stub-born heart and 4. Come, O Ho - Iv Spir - it, come! Come, O Ho - Iy Spir - it, come! Give them vir - tue's sure re - poor! Come, O Source of all our store! Come, with Grate - ful sweet; cool - ness in the heat; Sol - ace Noth - ing Noth - ing naught, good in deed or thought, 4. will; Melt the fro - zen, warm the chill; Guide the Give them Give them ward; your sal va - tion, Lord; our bos-oms shine! Come, O Ho - ly Spir - it, come! in the midst of woe. Come, O Ho - ly Spir - it, come! in Spir - it, come! free from taint of ill. Come, O Ho - ly Come, O Ho - ly 4. steps that Spir - it, come! go a - stray. joys that nev - er end. Come, O Ho - ly Spir - it, come!

Text: 77 77 D; fr. the Pentecost Sequence, Veni, Sancte Spiritus, alt.; adapt. by Owen Alstott, © 1980, OCP.

GOSPEL ACCLAMATION MT 28:19A, 20B

R. Alleluia, alleluia.

Come, Holy Spirit, fill the hearts of Your faithful and kindle in them the fire of Your love.

R. Alleluia, alleluia.

GOSPEL

JN 20:19-23

On the evening of that first day of the week, when the doors were locked, where the disciples were, for fear of the Jews, Jesus came and stood in their midst and said to them, "Peace be with you." When He had said this, He showed them His hands and His side. The disciples rejoiced when they saw the Lord. Jesus said to them again, "Peace be with you. As the Father has sent Me, so I send you." And when He had said this, He breathed on them and said to them, "Receive the Holy Spirit. Whose sins you forgive are forgiven them, and whose sins you retain are retained."

OR: JN 14:15-16, 23B-26

Jesus said to His disciples: "If you love Me, you will keep My commandments. And I will ask the Father, and He will give you another Advocate to be with you always.

"Whoever loves Me will keep My word, and My Father will love him, and we will come to him and make our dwelling with him. Those who do not love Me do not keep My words; yet the word you hear is not Mine but that of the Father who sent Me.

"I have told you this while I am with you. The Advocate, the Holy Spirit whom the Father will send in My name, will teach you everything and remind you of all that I told you."

Profession of Faith

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord, Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten not made, consubstantial with the Father; through Him all things were made. For us men and for our salvation He came down from heaven (*all bow*) and by the Holy Spirit was incarnate of the Virgin Mary and became man. For our sake He was crucified under Pontius Pilate, He suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and His kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

LIVE THE LITURGY - INSPIRATION FOR THE WEEK

St. Josemaria Escriva tell us, "To live according to the Holy Spirit means to live by faith and hope and charity. To allow God to take possession of our lives and to change our hearts, to make us resemble Him more and more." Today we celebrate the gift of the Holy Spirit given freely by God to us. The Holy Spirit is the very breath of God and the true source of our power and strength. When we accept that God is the beginning and the end of all things, we open ourselves to receiving this powerful presence. The Holy Spirit alone is the one who teaches us how to pray, who stirs us to lift our eyes to heaven in search of our Creator and opens them to recognize the wonderful gifts of faith, hope, and love God gives us. The Holy Spirit is the one who teaches us how to understand ourselves, God, others, and the world. When we allow God's Own breath to truly take possession of us, we realize that we are meant to become like God and know Him as He really is. This ultimate helper lifts our eyes from what is below to what is above and empowers us to live life with joy and keener vision!

The resurrected Jesus breathed on the disciples and gave the Holy Spirit to them to forgive or retain sins. How often do you partake in the sacrament of reconciliation?

OFFERTORY HYMN



My Jesus, I believe that You are present in the Most Holy Sacrament. I Love You above all things, And I desire to receive You into my soul. Since I cannot at this moment receive You Sacramentally, come at least Spiritually into my heart. I embrace you as if You were already there and unite myself wholly to you. Never permit me to be separated from You. Amen.

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Spiritual Communion Prayer

An Act of "Spiritual Communion," where we unite ourselves to God through prayer, is a beautiful way to express to God our desire to be united with Him when we are unable to complete that union in the reception of Holy Communion.

COMMUNION HYMN

We Remember



Text: Marty Haugen, b.1950 Tune: Marty Haugen, b.1950

SENDING FORTH HYMN



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Go in Feace to Love and Serve the Lord.

MASS INTENTIONS

MARIS STELLA CHURCH (MS), Avalon; ST PAUL CHURCH (SP), Stone Harbor; SACRED HEART CHURCH (SH), Avalon

SATURDAY, JUNE 4	
8:00AM (MS)	Robert Watters, Sr. by Carl and Dona Mattia
VIGIL	
4:00pм (SP)	Regina Jordan by The Gavin Family
5:00pм (MS)	Anne Brophy by The Monahan Family
	Vito Matassino by Jim McDonald
	Timothy and Laura Laverty by The
	McEneany Family
	Kyle McEneany by Mom and Dad
	Mary McKenzie-Coleman by Her Husband Joe
	John Primus by Carol and Richard Barndt
	Joe Tipping by Mike and Carol Matt
SUNDAY, JUNE 5	
7:00AM (MS)	Jose Almaraz by Peg and George Kern
7:30am (STP)	Bernard and Mary Centrella by Linda and Dennis DiSabatino
8:15AM (MS)	Irene Lavalley Petelle by Friend
9:00AM (SP)	Tina Salvesen by Gina and Terry
9:30AM (MS)	In Loving Memory of Marcy Wolfington by The Children
10:30ам (STP)	Graziella lacovino by The Piotrowski Family
11:00AM (MS)	Gloria Gaasche by The Mattei Family
5:00рм (MS)	Raymond McGuckin by Richard Hoy
MONDAY, JUNE 6 The Blessed Virgin Mary, Mother of	
the Church	
8:00AM (STP)	Patrick Leahy by Joe & Terri Breslin
TUESDAY, JUNE 7	
8:00AM (MS)	George Kornberger by Family
WEDNESDAY, JUNE 8	
8:00AM (STP)	Barbara Froetscher by Joan Piotrowski

THURSDAY, JUNE 9 Saint Ephrem, Deacon, Doctor of		
the Church		
8:00AM (MS)	Erik Burns by Dottie Bevan	
FRIDAY, JUNE 10		
8:00AM (STP)	John R. and John David Goffredo by Ann and Eric Borell	
SATURDAY, JUNE 11 Saint Barnabas, Apostle		
8:00AM (MS)	Reverend Monsignor John T. Frey by Ed and Rosemary Mancinelli	
VIGIL		
4:00рм (SP)	John March by Penny March John Dinella by The Jones Family	
5:00PM (MS)	Josephine Heintzelman by Marty and Lynda Pagliughi Elaine Fisher by John and Kathy Kuhn Richard Judycki, Sr. by John and Sandra Buccella Rose Wells by Jim and Elizabeth Waldron Joe Tipping by Neil and Suzie Gallagher	
C	Jack Sweeney by Pat Coyle	
SUNDAY, JUNE 12		
7:00AM (MS)	Deceased Members of Sexton & Winter Families by Hannah Sexton Young	
7:30AM (STP)	For the Protection of Babies in the Womb & their Families by Cape May County Right to Life	
8:15AM (MS)	Deacon Ralph Catanese by Carol Juliana	
9:00AM (SP)	Robert Taylor by Gary and Dot Bevan	
9:30AM (MS)	Gerry O'Brien by Joe and Terri Breslin	
10:30ам (STP)	Kristin Carrea by The Piotrowski Family	
11:00AM (MS)	Anthony Milano by Elyse Focht and Alba & Robert Bishof	
5:00PM (MS)	Ellen Mary McDonnell by The Rinck Family	
Marie Lateral Communication Control Co		

Mass Intentions are accepted in the Parish Office.

PRAYER OF ST. GERTRUDE THE GREAT FOR THE SOULS IN PURGATORY: Eternal Father, I offer Thee the most precious blood of Thy Divine Son, Jesus, in union with the Masses said throughout the world today, for all the Holy Souls in Purgatory, for sinners everywhere, for sinners in the universal church, those in my home and within my family. Amen.

St Brendan the Navigator Parish Mission Statement

Our Catholic community in Avalon and Stone Harbor, NJ is committed to implementing, following, and spreading the teachings of Jesus Christ. We also invite, welcome, and encourage each member of our community and visitors to actively participate with us in our Catholic Faith. Our community joyfully joins in celebrating the Eucharist and the sacraments, recognizing God in one another, and serving those in need. We remember and believe that we are all brothers and sisters, the children of our all-loving heavenly Father.

June 5, 2022



Pray for us!

IN OUR THOUGHTS AND PRAYERS

<u>Let us pray for</u>: the unborn and their parents, the sick and the dying, the poor and the lonely, those persecuted for their faith, and all the faithful departed - especially those with no one else to pray for them.

<u>Let us pray for</u>: Pope Francis, Bishop Sullivan, all Priests, Deacons and Religious, for an increase in vocations, and for all those discerning a religious vocation.

<u>Let us pray for</u>: all first responders, and medical staff as they selflessly put others before themselves.

<u>Let us pray for</u>: those serving in the military, their families, and our country.

<u>Please pray for our sick</u>: Anthony Abbonizio, Rachel Walters Kahly, Roseann Giliberti, Bill Burns (SH), Pat Williams, Theresa Polak, Michelle Vidal, Sis Hilkert

Let us pray for our deceased

Eternal rest grant unto them O Lord, and may perpetual light shine upon them. May they rest in peace.

Amen.

Lord hear our prayers.

Names will remain on the sick list for 3 months, and on the list of the deceased for 1 month.

* Please call or email the parish office to include the name of your loved one. Call 609-967-3746 or email frontdesk@stbrendanavalon.org. *

Masses can be offered for: * a person who is deceased * a living person who is sick or suffering * on the occasion of a person's birthday, anniversary, or other special occasion * in thanksgiving * for a prayer intention * for a prayer intention (so long as the intention does not contradict Church teaching)



The Sanctuary Candle and Altar Flowers



may be in memory of a loved one or for a special intention. Please call the parish office at 609-967-3746.

PARISH REGISTRATION

Welcome new parishioners! We are blessed to have you share in this Eucharist Celebration. We invite you to become part of our parish family. Please contact the parish office to register with us.

BAPTISM

Please contact the Parish Office to make arrangements.

Also, please note that all parents who are scheduling Baptism for their child/children must attend a Baptismal Prep class if this is the first child they are having baptized. The prep class is held each month for baptisms the following month. The classes are held on the 3rd Monday of the month at 7PM in Quinn Hall (St. Paul) in Stone Harbor. Classes will be instructed by Deacon Charlie Devlin. Please register for the class by calling the Parish Office 609-967-3746.

MARRIAGE

Contact the Parish Office for availability and information. The common policy set by the Bishops of the Province of New Jersey requires a one year preparation for marriage.

DEVOTIONS

ADORATION

St. Paul Church: Wednesday evenings, 6-7PM and First Friday 8:30AM - NOON

ROSARY GROUP

Maris Stella Church: Tuesday evenings, 7PM

The ROSARY is prayed before each daily Mass.

DIVINE MERCY CHAPLET

Maris Stella Church: Tuesday after Mass St. Paul Church: Wednesday after Mass

OPEN FOR PRIVATE PRAYER

St. Paul Church: Daily 9AM - 4PM Sacred Heart Church: Daily 9AM - 3PM

Maris Stella Church: Saturday Only, 9AM - 3PM

If you would like to have your home blessed, please contact the Parish Office and one of our Priests or Deacons will call you to make arrangements.

We are Live Streaming the Mass on Sundays at 9:00AM

SAINT BRENDAN THE NAVIGATOR 50/50 Parish Raffle

1100 CLUB

\$35,000 1st Place Cash Prize

Four (4) additional PLUS \$5,000 Cash Prizes

TICKETS AVAILABLE STARTING MEMORIAL DAY WEEKEND COST IS \$100 PER TICKET

Reserve your tickets NOW by completing the Application below!!

Prize amounts are based on the number of tickets sold. Drawing is Monday, September 12, 2022 in Parish Office. You Do NOT need to be present to win!

2022 Parish 50/50 Raffle Ticket Application Form

Cash, Check, Credit Card or Venmo Accepted! (Please make checks payable to St. Brendan the Navigator Parish)

OR

- > Call the Parish Office to ask about weekday hours to purchase your tickets in person.
- > If you are from out of town, please mail this APPLICATION to the Parish Office, after which we will process your information accordingly.

Parish Office Address: 5012 Dune Drive, Avalon, NJ 08202 Parish Office Phone: 609-967-3746 PLEASE PRINT (MUST include phone numbers) Today's Date How many Tickets would you like to purchase this year?

*Phone Numbers 1. 2. Mailing Address ********************************

For OFFICE USE ONLY:

Payment Method (circle one)

CHECK#___Amt.\$___CASH.Amt.\$____Credit Card Amt.____VENMO_____ Ticket Number(s):

Parish Rep Name: date: The Feast of Corpus Christi, The Most Holy Body & Blood of Christ, is June 19th. A special celebration of this day will include a Procession with the Eucharist from Maris Stella Church to Sacred Heart Church after the 11:00AM Mass. Please join us.

SUPPORTING OUR PARISH

We recently updated our online giving services to better serve our parishioners. We are providing this option in addition to cash or check donations. You can still give through traditional methods, but now you can make recurring or one-time gifts online with a credit/debit card or electronic check, text a donation right from your phone or through our QR codes.

These programs are beneficial to you, in that you do not need to worry about having cash or check on hand at Mass of if you are away on vacation and it benefits the Parish by reducing the time needed to process donations and run financial reports.

To give online through our new platform, visit: https://giving.parishsoft.com/app/giving/stbrendanavalon.

You can give through text message by sending "Give" to 609-928-8020!

You can also make a donation using this QR code. Simply grab your cell phone, open up the camera and highlight the QR code. You can make your donation right from your phone.



COMPASSIONATE CARE OUTREACH

Monies that our parish receives from the 1100 Raffle Proceeds as well as House of Charity are used for our Compassionate Care Outreach.

The following recipients (all from Cape May County, except one *) have benefitted from YOUR GENEROSITY. Thank you for living a life of staggering generosity and helping so many.

No act of kindness ever goes unnoticed by God :-)

Compassionate Care Recipients: Bishop McHugh Regional School, Wildwood Catholic Academy, Prayers and Squares, C.A.R.A, Covenant House of NJ, Family Promise, Friends in Need, Good Counsel Home, Habitat for Humanity, Holy Redeemer Food Bank, Right to Life, Sacred Heart Parish Camden Food Bank*, Branches, Hope Pregnancy, Villa Maria By the Sea, Volunteers in Medicine, Saint Casimir Food Pantry, Catholic Radio Station

Thank you again, and thank you to our parish
Compassionate Care Committee: Sue Keen, Joan
Piotrowski, Rosemary Mancinelli, Carol Matt, and Fr. Kelly

An Evening of Remembrance and Healing

Mass celebrated by Father Cadmus Mazzarella



For those who have suffered the loss of a child of any age through miscarriage, still-birth, abortion, SIDS, illness, overdose, suicide, disease or any untimely death.

We encourage and welcome all members of the family and friends affected by the loss of a child to join in this Mass of Celebration for the life that touched yours briefly, yet stays in your heart forever.

MONDAY, June 20, 2022, 6:00pm

Saint Ann RC Church

Notre Dame de la Mer Parish 2901 Atlantic Ave., Wildwood, NJ

Please Bring a Ficture or Special Remembrance of Your Child (roses will be available to those who lost their child before birth)

Please contact Kathy @ (609) 828-1105 or email @ LTSDANZ@verizon.net to register and to have you child's name listed in our Mass booklet Dessert reception in Chapel hall behind Church to follow Mass

CATHEDRAL CLOTHING STORE, located at 128 Broadway Street in Camden, is open on Wednesdays from 10AM to 1PM. They have free clothing for those in need—children thru adults. There are dress pants, suitcoats, and dresses for adults who may want to make a modest offering. Great for job interviews, weddings, and other formal occasions!

The book for the 2022 season of Seven Mile Island University is:

UNDOING THE KNOTS—FIVE GENERATIONS OF AMERICAN CATHOLIC ANTI-BLACKNESS by Maureen H. O'Connell, Beacon Press, 2022, ISBN -13: 978-0-8070-1665-7.

Facilitated by Father Jack Baron, those interested in participating will gather at Maris Stella Church from 7:30-9:00PM on Wednesday July 20, 27, and August 3.

HOLY REDEEMER FOOD BANK

is in need of additional volunteers. Holy Redeemer is open Monday, Tuesday and Thursday mornings. For more information about how you can help, please call Nancy Wilson 215-370-3805 or 609-463-6000.



2022 APPEAL: "FROM MANY...ONE BODY"

In the first letter to the Corinthians, Saint Paul reminds us "as a body is one though it has many parts, and all the parts of the body, though many, are one body, so also Christ" and by extension so also his Church.

Through the House of Charity – Bishop's Annual Appeal, we support those in need throughout the six counties of the Diocese of Camden.

YOUR GIFT TO THE HOUSE OF CHARITY PROVIDES:

SOCIAL, COMMUNITY AND HEALTH CARE SERVICES

Your generosity provides services through Catholic Charities offices in each county of South Jersey. <u>VITALity's</u> Hospital Chaplaincy <u>is able to provide spiritual and emotional support to patients, their families and staff through your donations. Together, we offer support to the weak, vulnerable, and disenfranchised.</u>

EVANGELIZATION AND FAITH FORMATION

Lay leadership training, intercultural ministries, ministry with the deaf and persons with disabilities, marriage enrichment, adult faith formation, liturgical catechesis and other evangelization efforts, along with your gifts, kindle the fire of faith into a bright beacon for all to see.

YOUTH, YOUNG ADULT AND CAMPUS MINISTRIES

Your donation enables programs like Summer in the City, Catholic Scouting, Theology on Tap, college campus ministries and Newman Centers, and support for a growing number of parish-based Youth Ministry programs and many more activities to build community and prepare our youth and young adults for the mission that God has chosen for them.

VOCATIONS, SEMINARIAN & PERMANENT DIACONATE FORMATION, CARE OF PRIESTS

Your support ensures that pastors and clergy continue to bring the light of Jesus into the world. Through prayers and support, we currently have 14 seminarians studying for the priesthood in the Diocese of Camden.

CATHOLIC EDUCATION - "FORMING MINDS AND HEARTS IN GRACE"

Catholic schools are an integral part of the teaching mission of the Church.

Catholic schools build faith, develop leadership ability and provide academic excellence in a safe environment. Your gift will help keep tuition affordable for families to send children to schools that will support Catholic values, develop character and provide academic excellence.

INCENTIVES FOR PARISH INITIATIVES

When our parish collects its goal amount, up to 10% is returned to our parish for our local charitable needs. Additionally, 75% of all funds received above our parish goal will also be returned to our parish to foster our charitable and ministerial work.

We invite all parishioners to participate in this important effort.

During House of Charity Appeal Weekend, please make your sacrificial gift to help continue the mission of the Church here in the Diocese of Camden!

In-Pew Weekends—June 4/5—Maris Stella Church

June 11/12—St. Paul Church

SAINT BRENDAN THE NAVIGATOR - Feast Day May 16th

St. Brendan of Clonfert was known as "the Navigator," "the Voyager," "the Bold." One-hundred years before Brendan was born, Ireland was moving from a pagan to a Christian nation through the inspiration of St. Patrick. However, Christianity had a slow start. Although St. Patrick did much to convert Ireland, Christianity did not flourish until after his death. Brendan, because of his upbringing, carried on the mission to spread the faith. He is known as one of the original Twelve Apostles of Ireland.



In 484 A.D. Brendan was born in Fenit, near the small seaside port of Tralee, in County Kerry in the province of Munster in the southwest of Ireland. His parents were Finlug and Cara. He came under the tutelage of Bishop Erc who was their spiritual leader. It was Bishop Erc who baptized the child and changed his name from Mobhi to Brendan (Broen-finn, meaning "fair-drop"). Brendan was sent to study at school with St. Ita of Killeedy, as his teacher. In the year 510 Brendan was ordained a priest. During the period of 510-530, he was instrumental in establishing monastic communities around the port of Ardfert. Being influenced by the beauty of the land and also seeing daily the mysteries of the ocean, Brendan's enthusiasm for exploration grew. It is from the port of Ardfert that he initially set out on his travels into uncharted waters.

His journals speak of adventures by boat to Britain, Scotland, Greenland, Iceland, and possibly even America. There are signs of ancient Celtic presence in areas of Newfoundland as well as some of the New England states. Evidence of this means that Brendan's claims are not necessarily mythological in nature. It is reported that Christopher Columbus even studied the saint's journals before setting out on his own seafaring expeditions.

St. Brendan's most famous monastery was built in Clonfert in County Galway in 560. Today, there is a cathedral located there, surrounded by a cemetery. St. Brendan's grave is simply marked immediately outside the cathedral front doors. He died at the age of 93 in 577 A.D.

St. Brendan the Navigator is known as the patron saint of sailors and the United States Navy. He is the patron of those who are afraid because he himself was fearless in setting out into uncharted water and in uncertain circumstances.

Today and every day, let us not be afraid. We live our lives each day and often our waters are unchartered and we at times live with uncertainly, but like St. Brendan, we need to know that God is with us through it all.

Prayer attributed to Saint Brendan:

Lord, help me to journey beyond the familiar and into the unknown Give me the faith to leave old ways and break fresh ground with You. Christ of the mysteries, I trust You to be stronger than each storm within me. I will trust in the darkness and know that my times, even now, are in Your hand. Tune my spirit to the music of heaven, and somehow, make my obedience count for You. Amen.

St. Brendan the Navigator, pray for us!



2089 Rt. 9, Cape May Court House Call for appointment www.martincareydpm.com

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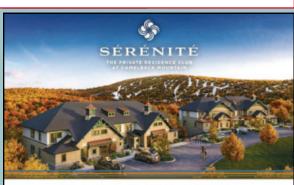
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