

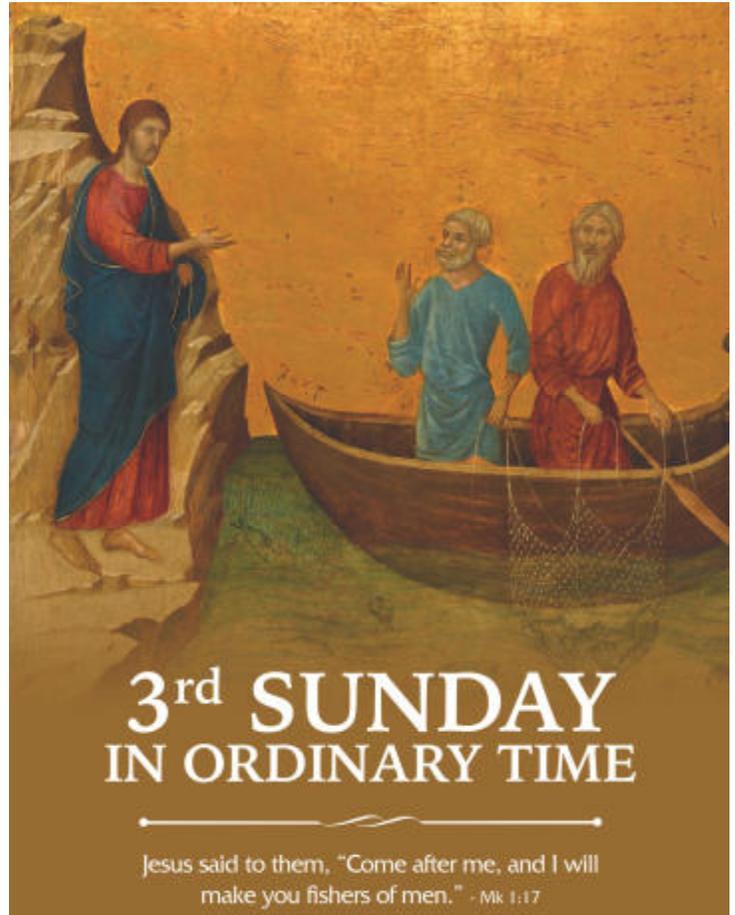
Our Lady of the Assumption Church

Osterville, Massachusetts

76 Wianno Avenue
Osterville, MA 02655

Telephone 508-428-2011
Fax 508-428-0154
www.assumption-capecod.org

Parish Office Hours
Monday - Friday
8:30 am - 3:00 pm
Closed 12:30pm-1:30pm



Administrator Rev. Msgr. John A. Perry

Parochial Vicars Rev. Matthew Gill
Rev. Sudhir Nayak

Deacons Deacon James M. Barrett
Deacon Keith R. Caldwell
Deacon Theodore E. Lukac

Director of Music

Dot Lortie, 508-771-1029; lortie@comcast.net

Director of Altar Guild Linda M. Gademan

Director of Faith Formation—GIFT

Bill Bussiere, 508-775-5744,x119;
Billb@olvparish.org

St. Vincent de Paul Society

Jim Hines, President; Meets the first Tuesday of the month in the Church basement at 5:00pm

Our Lady's Guild

Rosalyn Doran and Nuala Quinn, Co-Presidents
76 Wianno Avenue, Osterville, MA 02655

Knights of Columbus

Bill Shinnick, 901-299-2024

Bulletin Submissions

Notices must be received two Thursdays (nine days) prior to publication date. Listings subject to editing. Send to: kim@olvparish.org

Celebration of the Eucharist

See pre-registration details in the bulletin

Saturday, Vigil, 4pm

Sunday, 9am and 11am

Daily Mass: Monday-Friday at 8am

Masses will continue to be Livestreamed on
olvparish.org

Confessions: Saturdays from 3pm to 3:40pm in the Parish Annex building. Please enter through the Annex and be seated at an appropriate distance from others as you wait for the Sacrament.



OUR LADY OF THE ASSUMPTION

January 23 and 24

Sat 4pm Eleanor and Fred Bean and
Michael Patrick Wetson

Sun 9am Michael Herrity
11am Michael Coppinger

January 25-29

Mon 8am Bob Baxter

Tues 8am Ida Earl

Wed 8am For the Parish

Thurs 8am Dr. Joseph Coyle

Fri 8am Dorothea Bianchi

January 30 and 31

Sat 4pm Anita Louise Fitzgerald

Sun 9am Michael Herrity
11am Lucas Warner

OUR LADY OF VICTORY

January 23 and 24

Sat 4:30pm Meghan Sullivan McCormack

Sun 9am Arlene DeMelo
11am Special Intention
5:30pm Special Intention

January 25-30

Mon 9am Caroline Marie Fries

Tues 9am Mary P. Lees

Wed 9am Mary P. Lees

Thurs 9am Linda Niland

Fri 9am Richard Toy

Sat 9am Community Mass
Arthur Doherty, Sr.

January 30 and 31

Sat 4:30pm

Sun 9am Deceased Members of the DeMelo Family
11am Barbara Murphy
5:30pm

ALL ARE WELCOME

No matter what your present status in the Catholic Church, no matter what your current family and marital situation, no matter what your personal history, age, background, race, etc., no matter what your own self image; you are invited, welcomed, accepted, loved and respected here.

STEWARDSHIP OF TREASURE

We are blessed at Our Lady of the Assumption, Our Lady of Victory and at Our Lady of Hope to have thoughtful, generous parishioners who support the good works of our faith community with their time, talent and treasure. Thank you for your spiritual and financial commitment to our Parishes.

SECOND COLLECTIONS

January 24: Parish Heating. Fund collected are used towards the costs of heating our Parish.

Electronic Giving

We understand this is a challenging time. If your means allow and you would like to mail your offering to the parish office, we are still checking our mail each day. We are also pleased to offer WeShare as a method to contribute electronically.

Visit our website:

<https://www.assumption-capecod.org/>
and see link to the We Share at the bottom of the homepage. *Thank you.*



Kindly remember in your prayers the recently deceased and all those who have asked for our prayers.

Stephen C. Goveia
Janet McHenry
Manuel Roderick

*Those we love don't go away,
They walk beside us every day;
Unseen, unheard, but always near,
They are always in our hearts, so dear.*

JONAH AND REPENTANCE

Repentance is a word that flows from the original Greek word *Metanoia* which means a change in one's way of life resulting from penitence or spiritual conversion. Jesus clearly believed in change. In fact, it was the first public word out of his mouth after spending forty days and nights fasting in the desert. "Repent, for the kingdom of heaven is at hand." And it is the word we hear in our Gospel this Sunday: "Repent, and believe in the gospel."

Today's readings focus on that idea with the story of Jonah and his relationship with God being front and center.

Most of us are familiar with the plot: God tells Jonah to go to the Assyrian city of Nineveh and cry out to the inhabitants to repent of their wickedness. Jonah, in his disobedience, instead goes down to the port city of Jaffa, boards a ship going west, in the opposite direction for Tarshish. A violent storm arises, threatening to sink the ship. Through the casting of lots it is determined that Jonah's disobeying God is the cause of the storm and the precarious position of passengers and crew. Jonah is cast overboard and is swallowed by a big fish, a whale according to the gospel of Matthew. In the bowels of the whale, Jonah prays for salvation, and is spewed out onto dry land. God again instructs Jonah to tell Nineveh that if they don't repent, within 40 days the city will be totally overturned. This time, Jonah does as told. The whole city of 120,000 inhabitants, from the King on down, begins a fast, donning sackcloth, doing full penance, saving themselves from destruction.

Jesus knew this story well and is one of his primary metaphors that he uses to help us understand the necessary transformation that needs to occur in all of us if we want to be saved. For it is by dying to self that we then become who God truly created us to be! "To die and thus to become" is *the* pattern of transformation in the entire physical and biological world. Why not us humans? There seems to be no other way one can grow and be transformed..

The Franciscan priest Richard Rohr writing on this topic stated: *We seldom go willingly into the belly of the beast. Unless we face a major disaster like the death of a friend or spouse or the loss of a marriage or job, we usually will not go there on our own accord. We have to be taught the way of descent. Mature spirituality will always teach us to enter willingly, trustingly into the dark periods of life, which is why we speak so much of "faith" or trust.*

This is what our Lord exemplified for us by his acceptance and ransoming us from sin by his great love, by his emptying himself, and by his obedience to his Fathers will. And it is expressed through the sign: "Just as Jonah was in the belly of the whale three days and three nights, so will the Son of Man be in the heart of the earth three days and three nights.

All of us need to enter the belly of the whale. It is the place where we begin to understand that it is through inner transformation and *metanoia* where one can begin to live in the freedom of God's love. Where we begin to understand that all people of all nations (like Jonah learned with his dealing with the Assyrians) are created in the image and likeness of God. And it is where we "see" for the very first time through the Grace of God who we really are.

Or as Thomas Merton wrote it is where: *"The man who is not afraid to admit everything that he sees to be wrong with himself, and yet recognizes that he may be the object of God's love precisely because of his shortcomings, can begin to be sincere. His sincerity is based on confidence, not in his own illusions about himself, but in the endless, unfailing mercy of God."*

Peace,
Deacon Ted

First Reading Jon 3:1-5, 10

The word of the LORD came to Jonah, saying:
“Set out for the great city of Nineveh,
and announce to it the message that I will tell you.”
So Jonah made ready and went to Nineveh,
according to the LORD’S bidding.
Now Nineveh was an enormously large city;
it took three days to go through it.
Jonah began his journey through the city,
and had gone but a single day’s walk announcing,
“Forty days more and Nineveh shall be destroyed, “
when the people of Nineveh believed God;
they proclaimed a fast and all of them, great and small,
put on sackcloth.
When God saw by their actions how they turned from
their evil way, he repented of the evil that he had
threatened to do to them; he did not carry it out.

Responsorial Psalm

Refrain: Teach me your ways, O Lord.

Second Reading 1 Cor 7:29-31

I tell you, brothers and sisters, the time is running out.
From now on, let those having wives act as not having
them,
those weeping as not weeping,
those rejoicing as not rejoicing,
those buying as not owning,
those using the world as not using it fully.
For the world in its present form is passing away.

Alleluia

R. *Alleluia, alleluia.*

The kingdom of God is at hand.

Repent and believe in the Gospel.

R. *Alleluia, alleluia.*

Gospel Mk 1:14-20

After John had been arrested,
Jesus came to Galilee proclaiming the gospel of God:
“This is the time of fulfillment.
The kingdom of God is at hand.
Repent, and believe in the gospel.”
As he passed by the Sea of Galilee,
he saw Simon and his brother Andrew casting their nets
into the sea; they were fishermen.
Jesus said to them,
“Come after me, and I will make you fishers of men.”
Then they abandoned their nets and followed him.
He walked along a little farther and saw James, the son of
Zebedee, and his brother John.
They too were in a boat mending their nets.
Then he called them.
So they left their father Zebedee in the boat
along with the hired men and followed him.

St. Thomas Aquinas Prayer After Communion

I thank You, Lord, Almighty Father, Everlasting God, for
having been pleased, through no merit of mine, but of
Your great mercy alone, to feed me, a sinner, and Your
unworthy servant, with the precious Body and Blood of
Your Son, our Lord Jesus Christ. I pray that this Holy
Communion may not be for my judgment and
condemnation, but for my pardon and salvation.
Let this Holy Communion be to me an armor of faith and
a shield of good will, a cleansing of all vices, and a
rooting out of all evil desires. May it increase love and
patience, humility and obedience, and all virtues. May it
be a firm defense against the evil designs of all my visible
and invisible enemies, a perfect quieting of all the desires
of soul and body. May this Holy Communion bring about
a perfect union with You, the one true God, and at last
enable me to reach eternal bliss when You will call me. I
pray that You bring me, a sinner, to the indescribable
Feast where You, with Your Son and the Holy Spirit, are
to Your saints true light, full blessedness, everlasting joy,
and perfect happiness. Through the same Christ our Lord.
Amen.



Masses at Our Lady of the Assumption and Our Lady of Victory parishes. The temporary schedule for each parish continues as follows with pre-registration for Sunday Mass required.

Sunday Mass

Our Lady of the Assumption:

Saturday, 4pm

Sunday, 9am and 11am

Our Lady of Victory:

Saturday, 4:30pm

Sunday, 9am, 11am and 5:30pm

*All Masses at Our Lady of Victory will continue to be Livestreamed on olvparish.org

Daily Mass Schedule

Our Lady of Victory: Monday through Saturday at 9am.

Our Lady of the Assumption: Monday through Friday at 8am.

Registration for daily Mass is not required at this time.

The Rosary will take place as normal before Mass and we ask that people arrive 10-15 minutes early for daily Mass.

Registration for weekend Masses begins on Sunday at noon and ends at 6pm on Friday, and at this time you must register each week.

Please note that the Mass registration email and phone lines are not checked after the 6 pm Friday deadline. Sending an email or leaving a message after that time does not constitute a registration

For OLA Masses:

Please call 508.428.2011 x201 or email massregistration@assumption-capecod.org

For OLV Masses:

508.775.5744 x107 or email massregistration@olvparish.org for OLV Masses.

PLEASE BE SURE TO INCLUDE THE FOLLOWING INFORMATION WITH EACH REGISTRATION:

- Names of all attendees
- A Phone number
- And Date, time and church of the Mass you wish to attend

Please wear a face covering into church, bring hand sanitizer, and arrive 20 minutes early.

What do I need to do for Mass?

- **Please bring and wear a face covering into church.** A face covering is not primarily for yourself but for those around you.
- **Please bring hand sanitizer.** We will have sanitizer at the doors of the church, however this supply must be used prudently and carefully for all parishioners for several weeks.
- **You MUST come 20 minutes early.** This is crucial. We will not be able to keep social distancing if everyone shows up exactly at the time of the Mass.
- **Please follow the instructions of the staff/volunteers/signs.**

Confessions

Regularly scheduled confessions are available. Parishioners will have the opportunity to speak face to face or use a screen and social distance will be maintained.

OLA Confessions: Saturdays from 3pm to 3:40pm in the Parish Annex building. Please enter through the Annex and be seated at an appropriate distance from others as you wait for the Sacrament.

OLV Confessions: Saturdays after the 9am Mass and from 3:30pm to 4:15pm in the Parish Center. Please enter through the Parish Center door (*not the main office door*) and be seated at an appropriate distance from others as you wait for the Sacrament.

TAKE FIVE FOR FAITH!

Invest just five minutes a day, and your faith will deepen and grow—a day at a time.

Sunday, Jan 24, 2021

THIRD SUNDAY IN ORDINARY TIME

Celebrate, study, share

The timing seemed right. In September 2019, on the 1,600th anniversary of scripture scholar Saint Jerome’s death, Pope Francis launched a new observance on the church calendar. Today’s “Sunday of the Word of God” is deliberately placed within the Week of Prayer for Christian Unity. All who follow Jesus are invited to unite around the happy gift of our sacred story contained in the Bible’s pages. On this occasion, we celebrate, study, and spread these good words we never possess merely for ourselves. Enthroned the Bible in your home—and heart.

“The kingdom of God is at hand. Repent and believe in the gospel.”

Monday, Jan 25, 2021

FEAST OF THE CONVERSION OF SAINT PAUL, APOSTLE

Turn things around

It is arguably the biggest about-face in history: Paul goes from passionately persecuting Christians to converting to Christianity and becoming one of its most important champions. And it’s a hard-to-beat conversion story: falling off a horse and encountering the risen Lord. But it’s a story that happens in the hearts of Christians all the time: Life knocks you down while going the wrong way, and you’re not ready, willing, or able to see the truth—and then somehow Jesus changes everything. By the grace of God, it happens to you again and again. Paul is proof that it’s never too late, that you’ve never made too many mistakes, that you’re never too far gone to keep turning yourself around. “Repent, and believe in the gospel.”

Tuesday, Jan 26, 2021

MEMORIAL OF TIMOTHY AND TITUS, BISHOPS

Seek good companions for the journey

We honor Timothy and Titus one day after the conversion of Saint Paul. For Paul, once converted, wasted no time in spreading the gospel and relied on many to help with his missionary work. Few of his companions were as key—or as beloved—as Timothy and Titus. Paul gave them the toughest assignments, and his letters to them are the only ones addressed to fellow missionaries that are included in the Bible. In those epistles, Paul refers to them as “my dear child” and “my true child in our common faith”—reminders that all become brothers and sisters through Christ. “Whoever does the will of God is my brother and sister and mother.”

Wednesday, Jan 27, 2021

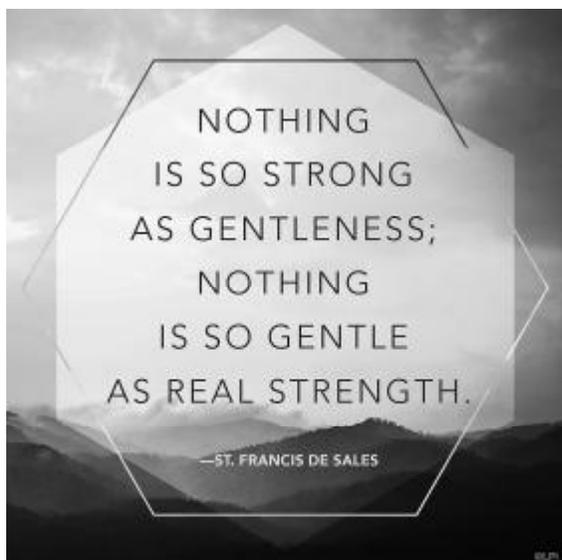
Never forget

On this day in 2005, the 60th anniversary of the liberation of Auschwitz concentration camp, the United Nations established International Holocaust Remembrance Day. With firm resolve to educate future generations about the horrors of the Holocaust, this annual event is a clarion call never to forget the Nazi atrocities that claimed the lives of 6 million Jews and millions more others. U.N. Secretary General Antonio Guterres warns that it would be a “dangerous error to think of the Holocaust as simply the result of the insanity of a group of criminal Nazis.” It happened because of the “millennia of hatred, scapegoating, and discrimination targeting the Jews.” Pray today for grace to choose love rather than hate, to choose inclusion rather than discrimination.

“Sit at my right hand till I make your enemies your footstool.”

Readings for the Week of January 24, 2021

- Sunday: Jon 3:1-5, 10/Ps 25:4-5, 6-7, 8-9 [4a]/1 Cor 7:29-31/Mk 1:14-20
- Monday: Acts 22:3-16 or Acts 9:1-22/Ps 117:1bc, 2 [Mk 16:15]/Mk 16:15-18
- Tuesday: 2 Tm 1:1-8 or Ti 1:1-5/Ps 96:1-2a, 2b-3, 7-8a, 10 [3]/Mk 3:31-35
- Wednesday: Heb 10:11-18/Ps 110:1, 2, 3, 4 [4b]/Mk 4:1-20
- Thursday: Heb 10:19-25/Ps 24:1-2, 3-4ab, 5-6 [cf. 6]/Mk 4:21-25
- Friday: Heb 10:32-39/Ps 37:3-4, 5-6, 23-24, 39-40 [39a]/Mk 4:26-34
- Saturday: Heb 11:1-2, 8-19/Lk 1:69-70, 71-72, 73-75 [cf. 68]/Mk 4:35-41



Thursday, Jan 28, 2021

**MEMORIAL OF THOMAS AQUINAS, PRIEST,
RELIGIOUS, DOCTOR OF THE CHURCH**

Let your light shine

How apt that the gospel on today’s memorial of Saint Thomas Aquinas encourages us to let our light shine. This saint’s light was his powerful intellect, and it still shines brightly today. His theological writings, particularly Summa Theologiae, continue to have tremendous impact on the church. One of his lasting insights is that faith and reason both come from God, and Christian doctrine is not at odds with rational thought. In honor of this doctor of the church with his relentlessly probing mind, take time to sharpen your own understanding of a faith-related issue.

“Is a lamp brought in to be placed under a bushel basket . . . and not to be placed on a lampstand?”

Friday, Jan 29, 2021

Make an offer

“Offer it up” is a phrase that seems baked into our Catholic tradition. Often it comes out at times when we are at a loss from the complexities and pain of suffering, which can leave us hopeless, scared, and lonely. After months of social distancing, mourning deaths, job and school closures, and holidays spent alone, we are all in a kind of personal and corporate space of suffering. We are invited to truly offer, that is, to give ourselves into the care of others and into the loving embrace of Jesus the Christ who also has known suffering intimately. What do you need to offer up and how can you lovingly embrace others’ offerings of themselves?

“We are not among those who draw back and perish, but among those who have faith and will possess life.”

Saturday, Jan 30, 2021

All that I have is yours

Inheritance is a big deal in the Bible. Not so much legal inheritance, though that is mentioned, but theological inheritance, the gifts God bestows on the community of faith—the people of Israel—and later, in the New Testament, to the followers of Christ. We all share in that inheritance, that “holy ground” promised so long ago to Abraham and his descendants. How will you put your inheritance to use? Will you pass it on to others, or will it end with you? How you invest your time, talent, and treasure will determine the answer to that question.

“By faith Abraham obeyed when he was called to go out to a place that he was to receive as an inheritance.”

From Rome With Love

We are always on a journey in life. Let us choose the path of God! We will discover that there are no unexpected events, no uphill path, and no night that cannot be faced with Jesus. @Pontifex January 16, 2021



The Green Team

During the winter months, we waste a lot of energy. In general, 61-86% of home energy use is wasted, and this percentage peaks during the winter season. One eco-friendly tip to reduce energy use, greenhouse gases, and pollution during winter is to turn down your water heater. Many homes get their heat through a water heater, which can often be costly and a waste of energy. One way to avoid wasting a lot of energy through your heating system is by turning down the water setting. Heating water can account for 18% of your home’s total consumed energy. A quick and easy way to lower your energy usage is to turn down the water temperature setting to about 120 degrees Fahrenheit (from the typical setting of 140 degrees).

Source: Earthday.org

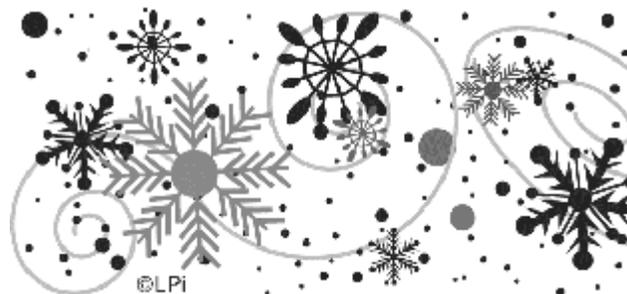


Please Pray For A Priest Each Day

Lord God, Let us pray that our gratitude for those in ordained life may inspire us to serve with open hearts.



- January 24: Rev. Gerald Barnwell
- January 25: All Paulist Priests
- January 26: Rev. George Bellenoit
- January 27: Rev. Paul Bernier
- January 28: Rev. William Blottman
- January 29: Rev. Stephen Booth
- January 30: Rev. Marcel Bouchard





**Our Men and Women
in the Service**

Our parishes pray for those currently serving, at home and abroad, in the military.

Pvt . 1st Class Michael Bilodeau, USM
 LT Marius Bernotas, USN
 ENS Andrius Bernotas, USN
 Capt. Tyler Jean Nauss, USA
 Capt. Sean Villano, USAF
 Capt. Jonathan S. DeMille, USA
 Sgt. Evan Salvaggio USA
 2nd Lt. Liam G. Furey, USA
 Spec 4 Charles Furey, National Guard, USA
 Capt. Matthew Cavanaugh, USA
 Maj. Dennis Williams, USA
 1st Lt. Ian Horkan, USA
 Colonel Paul J. Nugent, USMC
 Capt. Justin M. D'Olimpio USAF
 Maj. Andrew Ryan Wing, USMC
 Sgt. Andrew Bowman USMC
 Cpl. Brian J. Sullivan, USMC
 Pvt. Jack DeLorey; RCT Patrick MacNeely
 Warrant Officer Matthew Plicque, USA
 2nd Lt Peter Murphy, Airborne
 Chaplain Bob Monagle
 Capt. Billy Murphy, USN
 Cpl. Patrick J. Kelley
 LCpl Andrew J. Kelley
 LCPL Robert Connolly IV
 Captain Sean P. Kelley, USN
 PFC William Russell Perry
 Sgt. Jacob W. Morash
 Capt. Jared A. Ripperger
 PFC Cory Briggs
 Lt. Kalen Kropa
 Capt. Michael Mayo Taylor, USA
 Brig. General Benjamin T. Watson, USMC

Major John B. VanderVoort
 PFC Tim Strong, USN
 LCDR Conor O'Neil
 1st Lt. Hannah E. MacLeod-Pryg USA
 1st Lt. Lucas Pryg, USA
 Warrant Officer Steve Capt. Matthew Antil Goodwin, USMC
 2nd Lt Thomas O. Mullen, USAF
 Staff Sgt. Joseph Moore
 Pvt. Jake Bryan, USA
 SO1 Michael Reeves USN
 CO Rusty Williamson, USN
 Spc. Alexander Kelsall, USA Surgeon
 Capt. Michael D. Crowley, USMC
 Capt. Christopher Roy
 SPC Tucker McLoughlin, USA
 Lt. Robert Havens, USAF
 Lt. Cmdr. Andrew Noddin Poulin, USN
 Lt. Kalen Kropa, USN
 Lt. Katherine Noddin Poulin, USN
 Lt. Stephen Noddin Poulin, USA
 Spc. Brooks Noddin Poulin, USA
 Lt. Cmdr. Catherine Long, USN
 Matthew Tutunjian, CG;
 QM2 Daniel-Lee Searfoss, USN.

To add a loved one or to let us know when they are no longer serving:
 kim@olvparish.org



Please Pray for the Sick of Our Parishes



Mary Ann Barbara
 John W. Best
 Betty Brady
 Peter F. Brady
 Emily Calamari
 Donald Capobianco
 Joe Carpentieri
 Stephen DeVeer
 Irene Farrell
 Barbara Korkuch
 Jennifer Kuehne
 Shaun Laughlan
 Brenda Liakos
 Barbara MacLean
 Brad Martin
 Patricia O'Connell
 Elizabeth Garvey Olsen
 Victoria Whalen
 Eileen Reardon
 Richard Shea
 Fred B. Williams

All Members of the Cancer Support Group
 All those affected by COVID-19

If you or your immediate family member need to be added to the list or removed, please contact, kim@olvparish.org. Additions to "Our Sick" list will be printed for three months.

*Almighty and Eternal God,
 You are the everlasting health of those
 who believe in You.*

*Hear us for Your sick servants for who we implore the aid of Your tender mercy, that being restored to bodily health, they may give thanks to You in Your Church.
 Through Christ our Lord. Amen.*

PRAYER SHAWL REQUEST

If you wish to request a prayer shawl, please fill out this form and place it in the collection basket. You may also contact Priscilla DeLeon-Vinson at 774-836-8030 or pdv@comcast.net



Name of recipient:

Your name: _____

Your phone number: _____

Phone number needed for delivery of Prayer Shawl.

Please Read... Important Information

Please note that the Mass registration email and phone lines *are not checked after the 6 pm Friday* deadline. **Sending an email or leaving a message after that time does not constitute a registration.** It takes time to respond to emails and phone calls, type the lists, sort them alphabetically and by family, print, and get the lists for seven Masses to the two churches. All this is done between 6 pm Friday and 10 am Saturday. These lists are being created for your safety, to ensure we are complying with state, local, and diocesan guidelines, and will be used in the event we need to alert attendees to a possible exposure. By your attendance at Mass, you are agreeing that neither you nor anyone you have come into contact with has any symptoms of illness, and you will alert either your physician, the local board of health, or OLV or OLA mass registration line (can be anonymous) with the date, time and church of the mass you attended if you test positive for COVID-19.

Parish Offices Are Closed

The OLV and OLA Parish Offices are closed for in-person business at this time. You can reach us via email or by leaving a phone message (contact information listed on front of bulletin) and we will be happy to assist you.

Tax Donation Letter

If anyone would like to request their tax donation letter for OLV, they can do so by calling the parish office, 508-775-5744 or emailing Kelley at kjs@olvparish.org. Those that need a letter from OLA, contact Gillie at 508-428-2011.



Weather Cancellations

During the week, if Barnstable schools are cancelled, Masses are cancelled as well.

If schools are delayed, morning Mass is cancelled. On the weekends, we will make the decision as early as possible.

In any case, please use your best judgment on travel, since conditions can change rapidly. We will post closings on the TV on WCVB, and on the radio stations WXTK, WCOD and Cool-102, as well as WQRC, WOCN, WKPE, and capecod.com. If we are able, we will also post on Facebook as well as our websites.

Knights of Columbus

K of C Council 2525, 500 Club monthly raffle January winners are: \$250: Jack Puleo, Yarmouth; \$100: William Godfrey, Hyannis; \$50 each: Peter Lavigne, Marstons Mills; Kathy Milligan, W. Barnstable; Paula Sweeney, Centerville. You can join anytime for \$50 and you are in 12 consecutive Monthly drawings with 60 chances to win. Applications are available in the parish office or in the box outside of the K of C Hall entrance. For more information email: Council2525@yahoo.com or call 508-775-4054

FAITH in ACTION: Prepare A Meal for the Guests of St. Joseph's Home for the Homeless.



Our Parishes have, for many years, taken in charge to prepare and serve meals for the 50 women and men who come there to find a night shelter. Our eight teams have covered every Wednesday night of the year. We are in great need of new volunteers: you will discover, as we did, that it is light work and wonderful rewards!

Bible Study On-Line Meetings:

All Are Welcome

Weekly Bible Study meets each Tuesday from 6pm to 7pm via Zoom meeting. We are using the workbook, *Understanding the Scriptures* by Scott Hahn, Ph.D. Workbooks are available in the OLV Office for \$15 cash/check. (Please call the office to make arrangements.) It is a review of the Bible, from Genesis to the early Church, and it will accompany the Catholic Bible. For more info and to sign up for Zoom meeting, please contact: Eleanor Ubaldini, eleanorubaldini@gmail.com or 508-827-7926

Baby Bottle Campaign: COVID Style

This weekend, at the doors of the church, there will be **envelopes** to support A Woman's Concern – Your Options Medical. They provide no cost life-affirming confirmation services to women and couples facing an unplanned pregnancy, especially those considering abortion due to a lack of information and support. Instead of bottles, **there will be envelopes** at the doors of the church and your donation can be sent directly to Your Options Medical. Thank you.



St. Pius X School Open House

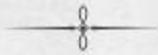
Pre-K to 8th Grade. On January 29th, St.Pius X School in Yarmouth will be hosting a virtual open house www.spxschool.org for details or info@spxschool.org



WORSHIP & MEDITATION

FIRST READING

When God saw by their actions how they turned from their evil way, he repented of the evil that he had threatened to do to them; he did not carry it out. (Jon 3:10)



PSALM

Teach me your ways, O Lord. (Ps 25)



SECOND READING

For the world in its present form is passing away. (1 Cor 7:31)



GOSPEL

The kingdom of God is at hand. Repent, and believe in the gospel. (Mk 1:15)

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It was a normal day by all accounts, but John just wasn't feeling himself. He was a little lightheaded and out of sorts. Later in the afternoon, he experienced a sharp pain in his chest and arm. Quick thinking and action brought John to the emergency department with a diagnosis of a significant heart attack. Surviving this ordeal, he found himself face to face with his cardiologist, having an honest conversation about things that needed to change. "I came close to death," John found himself thinking. Then came the remorse. He was a young man with a loving wife and children who were very close to facing life without him. John found himself with intense sorrow for living an unchecked and self-indulgent life that almost brought him to his demise. He wanted to change.

We all have our wake-up calls. We have experiences and encounters that force us to really think twice about choices we have made and directions we have taken. Often, we find ourselves looking at those we have hurt square in the eye and wallowing in our foolishness. We regrettably realize that we have allowed our needs to lure us into making some cruel mistakes. We impulsively say things and flippantly do things that reveal our unredeemed and unhealed self. It is a self we stumble over and try to tame but can't quite seem to master and control. Help!

We spin our wheels, naively thinking that we will somehow, perhaps through persistence, get ourselves unstuck. But, we don't. We just get out of the car, feeling very helpless, and ignorantly look at the mess we got ourselves into. Did we ever think to ask someone for help? Or, taken the advice of One who is wiser and avoid this route altogether? "Come after me," are words that Jesus says to all of us. In order to heed his invitation, we must leave our ego-self behind and follow.

When we really see and understand the freedom, peace, justice, and love he offers, we find ourselves with such sorrow in our hearts for how foolish and silly we have been. All the misguided choices and sinful actions come full view and we see how risky our random impassioned behaviors really have been. Repentance is beautiful. When done with a sincere and contrite heart, it directs us to the glory that can be ours, ignites us with the challenge of living a life in service of others and reminds us that all is well.

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