



**Weekend & Daily Liturgies**

**Saturday:** SL 4:00pm SPX 4:30pm  
**Sunday:** SL 8:00am SPX 9:30am  
 HF 11:00am HF 7:30pm  
**Daily mass** HF 8:30am SPX 6:30pm Wednesday  
**Live Stream Mass go to**  
**[essexcatholic.vermontcatholic.org](http://essexcatholic.vermontcatholic.org)**

**SACRAMENTS**

***Baptism:***

Parents should call the Parish Office

***Marriage:***

Must be scheduled at least six months in advance to allow for the required pre-marriage course.

*Please call Fr. Ranges, S.S.E. 878-5331*

***Reconciliation:***

Saturday: St. Lawrence 3:15 to 3:45 pm  
 St. Pius X 3:30 to 4:00 pm  
 or by appointment

*Please call Fr. Ranges, S.S.E. 878-5331*

***Anointing of the Sick:***

*Please contact Fr. Ranges*

***Visits to the Home Bound:***

Please notify the parish office of anyone unable to attend church because of illness, age or handicap

**Sacramental Preparation**

**Children (Grades 1-2)** ~ The preparation process for the sacraments of First Reconciliation & Eucharist involves participating in our parish's first and second grade religious education classes. Both sacraments are celebrated during the second grade year.

**Confirmation Program**

As we implement the Diocesan Confirmation Plan, 6th & 7th grade candidates will be preparing for confirmation in the 2021-2022 school year.

**Follow the Essex Catholic Community on Social Media!**

You can find us on Facebook, Instagram, and Twitter where we post details about activities, inspiration, prayer requests, share pictures and more. Find us @essex\_catholic

**ESSEX CATHOLIC COMMUNITY**

Pastor ~ Rev. Charles Ranges, S.S.E.

4 Prospect Street

Essex Junction, Vermont 05452

802-878-5331 ext. 204 ~ [holyfamily2@comcast.net](mailto:holyfamily2@comcast.net)

***Parishes of:***

**HOLY FAMILY/ST. LAWRENCE**

36 Lincoln Street / 158 West Street

Essex Junction, Vermont 05452

[www.hfslvt.org](http://www.hfslvt.org) ~ [holyfamilysecretary@comcast.net](mailto:holyfamilysecretary@comcast.net)

Parish Office / Holy Family Cemetery ~ 802-878-5331

Parish Hall Rental ~ 802-878-5331 ext. 203 or

[events@essexcatholic.org](mailto:events@essexcatholic.org)

**Parish Staff**

Administrative Assistant ~ Josh McDonald

Accountant ~ Margaret Judge

Faith Formation Director & Confirmation Coordinator ~

John McMahan

Parish Hall Coordinator ~ Michael Dowling

Parish Council Coordinator ~ Dave Robideau

Finance Council Chair ~ Bernard Couture

**ST. PIUS X**

20 Jericho Road

Essex, Vermont 05452

[www.saintpiusx.net](http://www.saintpiusx.net) ~ [saintpiusx@comcast.net](mailto:saintpiusx@comcast.net)

Parish Office 802-878-5997

**Parish Staff**

Deacon ~ Deacon Gerry Scilla

Office Manager/Accountant ~ Margaret Judge

Religious Education Coordinator ~ Emma Goff

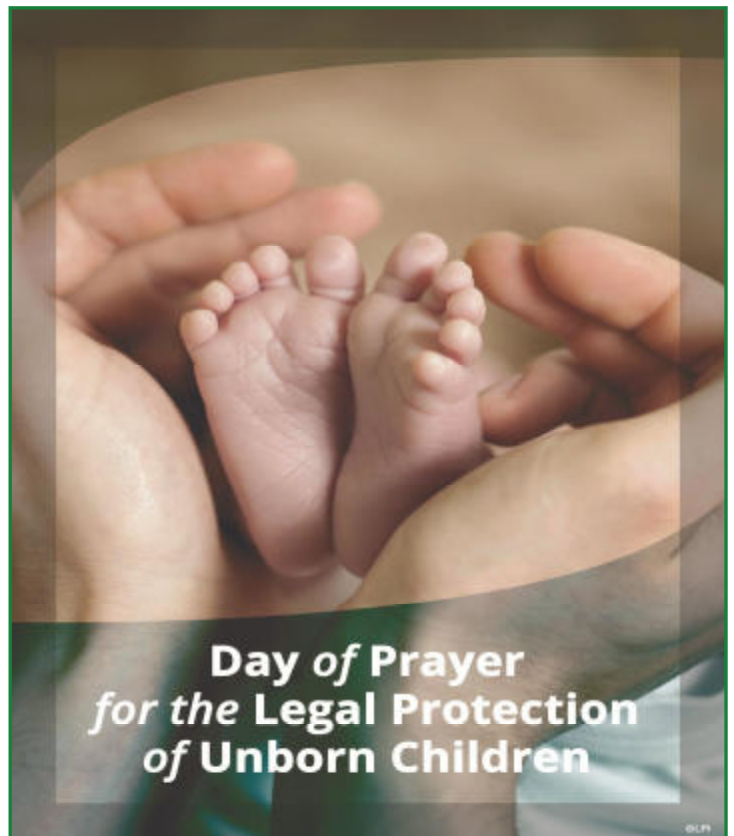
Confirmation Coordinator ~ John McMahan

Administrative Assistant ~ Christina Moore

Parish Council Coordinator ~ Gary Diminick

Finance Council Chair ~ Jim Rose

Music Director ~ Dave Riley



**Day of Prayer  
 for the Legal Protection  
 of Unborn Children**



*From the Pastor*

The Scripture readings this Sunday, the Third Sunday in Ordinary Time, focus on the importance of the Word of God in worship. Two noteworthy examples are described in our readings. When Ezra the priest read the Torah in the streets of Jerusalem after the Jewish people had returned from exile, it brought people to tears. In the Gospel, we hear that when Jesus read from the prophet Isaiah in his hometown synagogue, he revealed that He himself was the fulfillment of that passage. As we celebrate the Eucharist together, let us consider the blessings of being able to listen to the Word of God. May we be attentive to the words that are being spoken and realize that it is truly the Word of God. May we find nourishment and inspiration from Scripture so that we can put God's Word into action by our good deeds.

Last Wednesday the Pastoral Councils of Holy Family-St. Lawrence Parish and St. Pius X Parish met in a joint session. The Pastoral Council is the advisory group to me, the Pastor, as I offer leadership to the parish community. Most every month we meet to discuss different issues that come up and plan future events. Recently, we have been meeting by "Zoom" because of the pandemic. Last week we had a "listening session" as we offer opinions for the upcoming universal Synod called by Pope Francis which plans to meet in Rome next year. The Synod is the advisory group of bishops to Pope Francis called to discuss different issues and the topic this time has to do with developing a process so that the laity can have a greater role in the governance of the church. For more information about the Synod, please see the diocesan website, [www.vermontcatholic.org](http://www.vermontcatholic.org). As you might know from previous bulletins, Kathy Brink, is the coordinator for our parishes and has been and will be holding "listening sessions". I encourage you to get involved. On another note, we are looking for new members for our Pastoral Councils. If you might be interested in getting involved, please contact me. Thanks to the present members whose advice and activity I value greatly.

God Bless, *Father Charles*



Your prayers are requested for all those affected by COVID-19, the safety and health of our first responders, service and support personnel working as peace-keepers and for those who are ill especially ~ Shaun McGuire, Robert Vaccaro, Taylor Blais, Donna Girard, Linda Zeno, Mack Riley, Nina Balch, Patricia Reilly, Joseph Deso, Bridget Vitale, Haley Reen, Fernando Luis Riganti, Sherry Harvey, Barbara Slattery, Klara Szell, Janet Bonneau, Quenten Fabano, Nora Thomason, Shirley Aiken, Jeff Boomhower, Sophie Fellows, Ciera Charbonneau, John W. Beatty, Sr., Kathleen Deeley, Colleen Collins, Carol & Larry Girard, Ricardo Lucero, Colleen Walker, Karen Wolback, Frank Thomas, Thomas Hibbs, Leo Campagna, Patricia Ose, Katie Rich, Dan Davis, Gabbi Roberts, Karen Dowling, Joshua Fitzgerald, Marie Sadler, baby Jack, Tom Robideau, Danielle, Clem Cardinal, David Cobler, Joyce Potenzano, Andrew Bushnell, Lynda Amorese, Jennifer Gryga, Jim Frei, Cathy Thibault, Beth, Corrine Longe, Patrick Ames, Francis Pinard, Fr. Vincent Coppola, Bob McLaughlin, Devon Dugall, Rosina Jean Heaslip, Rosemary Rhoades, Gerry & Laura Lee Donahue, Yorini Undyantara, Evangeline, John Derivan, Phil Pelkey, Peter Evans, Alicia Sansone, Karl Loughner, Robert Antonovich, Bodhi Gray, John McDonald, Lucy Stillman, Lorne Thibault, Deacon Gerry Scilla, Donna Ferro, and Henry Cota and repose of the soul of Matt Stevens.

# Mass Intentions

## HOLY FAMILY / ST. LAWRENCE

- SATURDAY JANUARY 22**  
4:00 pm Margo Goodrow by *Lloyd & Daniel*  
Alice Fortier
- SUNDAY JANUARY 23**  
8:00 am William Derway  
11:00 am In memory of Robert Boyd  
by *David & Ann Robideau*  
7:30 pm Holy Family & St. Lawrence parishioners
- MONDAY JANUARY 24**  
8:30 am Happy birthday Owen by *Nana*
- TUESDAY JANUARY 25**  
8:30 am William Parmelee by *Margo Batsie*
- WEDNESDAY JANUARY 26**  
8:30 am Mike Wright by *Mary*
- THURSDAY JANUARY 27**  
8:30 am Thanksgiving to the Sacred Heart of Jesus  
and the Immaculate Heart of Mary for  
prayers answered
- FRIDAY JANUARY 28**  
8:30 am No intention
- SATURDAY JANUARY 29**  
4:00 pm Holy Family & St. Lawrence parishioners
- SUNDAY JANUARY 30**  
8:00 am Theresa Cardinal  
11:00 am No intention  
7:30 pm No intention

## 2022 MASS INTENTIONS

Please schedule your Mass intention dates, by stopping in, em-ailing or calling any day but Monday.

**HFSL:** [holyfamilysecretary@comcast.net](mailto:holyfamilysecretary@comcast.net) ~ 802-878-5331

**SPX:** [saintpiusx@comcast.net](mailto:saintpiusx@comcast.net) ~ 802-878-5331

## ST. PIUS X

- SATURDAY JANUARY 22**  
4:30 pm Frank Sessa by *Louise Goodrich*
- SUNDAY JANUARY 23**  
9:30 am Irv Boucher by *his wife Nancy*  
St. Pius X parishioners
- WEDNESDAY JANUARY 26**  
6:30 pm Bob & Mary Blais
- SATURDAY JANUARY 29**  
4:30 pm Matt Harding by *his wife Pat*
- SUNDAY JANUARY 30**  
9:30 am Sue Harnish by *her family*  
St. Pius X parishioners

## ESSEX CATHOLIC COMMUNITY

### CHRIST OUR HOPE CAMPAIGN



Christ Our Hope: Building a Vibrant Church is collectively, our Catholic community joining together to ensure each parish has the resources it needs to address local needs, expand emergency aid to vulnerable families throughout the state and strengthen our faith formation programs, including our Catholic schools, religious education programs and lay leadership training. To learn more about the campaign or to make a gift please visit: [www.christourhopevt.org](http://www.christourhopevt.org).

### 9 DAYS FOR LIFE NOVENA



January is a time to focus our efforts and prayers on saving the most vulnerable among us. You're invited to join Catholics nationwide in praying for the respect of human life. The annual 9 Days For Life novena will take place from January 19 through the 27th. To sign up to receive daily intentions, reflections, and suggestions for further reading visit [9daysforlife.com](http://9daysforlife.com).

### Milestone Marriage Anniversaries



will be celebrated on February 6, 2022, at the Cathedral of St. Joseph in Burlington, with Bishop Coyne. Catholic married couples celebrating milestone anniversaries (e.g. 5, 10, 15, 20...55, etc.) in 2022, who wish to be recognized at this Mass should contact Nicole Hamilton at [nhamilton@vermontcatholic.org](mailto:nhamilton@vermontcatholic.org) or (802)658-6110, ext. 1131 by Friday, January 28, 2022.

### Knights of Columbus Bishop Rice Council



Three \$500 scholarships are available from the Knights of Columbus Bishop Rice Council and Assembly affiliated with this Parish. To be eligible to compete for one of these Scholarships applicants must graduate from High School during 2022 and attend an accredited postsecondary college or institution commencing in the Fall of 2022. Information is also available on the @KoCofEssexVT Facebook page. You may also contact the council scholarship chairman, Scott Turnbull, for additional details regarding the scholarships, including a copy of the application form. He can be reached via e-mail at [turnbull\\_vt@comcast.net](mailto:turnbull_vt@comcast.net) or via phone at 802-879-5231. (Note there is an underscore between turnbull and vt)

### First Saturday Devotion to the Immaculate Heart of Mary



Holy Family Parish is offering First Saturday devotion masses. The First Saturday mass for February is on the 5th. First Saturday devotion mass will be held at 8:30am, with Rosary and Confession offered at 8:00am at Holy Family Church, and this will continue throughout the calendar year.

### THIS WEEKEND'S 2ND COLLECTION CHURCH IN LATIN AMERICA

This weekend, we take up the Collection for the Church in Latin America. Many people in Latin America and the Caribbean do not have access to church programs and ministries because of a rising secular culture, difficult rural terrain, and a shortage of ministers. Your generosity makes it possible for our brothers and sisters in Latin America and the Caribbean to share in the life of the Church and grow closer to Christ. Please visit [www.usccb.org/latin-america](http://www.usccb.org/latin-america) to learn more. **Thank you for your generosity!**

### Weekly Zoom Scripture Reflection Group



Monday nights at 6:30pm on Zoom!

Our Scripture Reflection Group have resumed on Mondays. Come join us! Contact John for more information or to join.

### The Rite of Christian Initiation for Adults



is the Church's process of welcoming new members into the Catholic Church via the sacraments of Baptism, Confirmation, & Eucharist. **Next Session: Wednesday, January 26th.** Contact John for more information.

### High School Youth Group (Grades 9-12)



Our next session will be on

Sunday, January 30th from 5:30-7:00 PM @ St. Pius X. All high school youth are invited to join us. Contact John McMahon for more details.

### Grief Support



Calling all widows and widowers. Please come join us for a support group, run by Catherine "Kate" King, UVM Mental Health Clinician (LCMHC) on the First Saturday of each month at 8:00am in the HFSL Parish Hall Library. Kate has been a group therapist in the community for over 20 years and is a widow herself. Please join us for prayer, discussion and peer support. Please call Kate with questions at 881-5973.

### French Canadian Dinner



The Knights of Columbus of Our Lady of the Holy Rosary and Immaculate Heart of Mary parishes will be preparing a **French Canadian Dinner** for Take-out on **Saturday, February 5th**. The menu consists of Tourtiere (Meat) Pie (1/4 pie), Pea Soup (8 ounces) Mashed Potatoes and Green Beans. Meals can be picked up at OLHR Parish Hall in Richmond from 5PM to 6:30PM. To place an order go to <https://tinyurl.com/KnightsMeatPieDinner2022> or contact Paul Niekrewicz at (802) 316-8791. Price per meal is \$12.

## HOLY FAMILY ST. LAWRENCE PARISH

### Adoration of the Blessed Sacrament at Holy Family



Eucharistic Adoration is "God and Man reaching out for each other, at the same time!" Simply an incredible experience. **The Eucharist is: Jesus truly present – Body, Blood, Soul and Divinity!** Come to Holy Family Church on **Friday after the 8:30am Mass until 10:00am**, even if you only have a few minutes. You will be blessed, and you will bless our Eucharistic Lord.



The **Divine Mercy Chaplet** is a beautiful prayer composed by our Lord Himself to help foster devotion to His **Divine Mercy!** Consider praying this devotion after the 8:30am Mass on Thursday at Holy Family or at home for the health and safety of all those affected by COVID-19.

### Prayer for Vocations

*Father in heaven, you sent us your only Son to redeem us and to build your kingdom on earth. Please give us the wisdom and strength we need to follow His call. Grant to the faithful a spirit of generosity, that Church vocations may flourish. Bless our priests with holiness and courage, that they may lead your people to Christ. Help all sisters and brothers to fulfill their sacred promises and so be effective signs of your kingdom. Lord, invite more men and women to your service. We ask this through Christ our Lord. Amen.*

### PRAYER LINE



Our Essex Community Prayer Line would like you to join them. Together we pray for all those hurting in any way. If you are interested in joining our Parish Prayer Line, please contact Stan Spaulding at 878-3144. Thank You! Are you or someone you know ill, hurting, worried or need surgery? Our Parish Prayer Line can help!

### HAVE YOU REGISTERED WITH OUR PARISH?

If you would like to register with our parish please either **contact the parish office 878-5331** **email us [holyfamilysecretary@comcast.net](mailto:holyfamilysecretary@comcast.net) or go to our website [hfslv.org](http://hfslv.org)** When registering please **remember to give us your email** so that you can receive parish email reminders, a link to the bulletin online, and information on growing your faith.

### Church Support

**Last weekend's collection numbers will be reported next weekend due to the holiday.**  
**Thank you for your support!**



Faith Formation Office: John McMahon at 878-5331, ext. 202, or [john.mcmahon@essexcatholic.org](mailto:john.mcmahon@essexcatholic.org)

**2020-21 Religious Education Program: Grades 1-8**

**Family Formation Program: Grades 1-5**

**Family Class: Intro to Eucharistic Adoration**

**Sunday, January 23rd 5:30pm @ at St. Pius X Church**

**Grade 2: Our next 2nd Grade session**

**January 23rd 9:00am to 10:30am via Zoom**

**2021-2022 Confirmation Program: 6th & 7th grades**

- **Cohort A: Intro to Eucharistic Adoration**  
**Sunday, January 23rd 5:30pm @ at St. Pius X Church**
- **Cohort B: Intro to Eucharistic Adoration**  
**Sunday, January 23rd 5:30pm @ at St. Pius X Church**  
Contact John for more information.

**8th Grade Religious Education:**

**Our next session meets on Thursday, February 10th**  
**6:00-7:30PM @ SPX**

### PRAY FOR OUR SEMINARIANS & PRIESTS



There are many ways to support our Seminarians & Priests; remember to pray for them each day, have Masses said for them, pray for them during Eucharist Adoration, or pray the rosary for them. Remember them on their birthdays, Christmas, Easter etc.

### HOLY FAMILY CEMETERY COMMISSION



Fr. Ranges and the Holy Family Cemetery Commission are looking for a few more members. The **Cemetery Commission** is responsible for the day-to-day operation of Holy Family Cemetery. Responsibilities include maintenance, improvements, burials, and lot sales. The Commission is also responsible for long term planning, policy making, budgeting, and setting fees. If you are interested or would like more information please contact Fr. Ranges at 802-878-5331 or Mike Dowling 802-355-3739.

### ONLINE GIVING ~ Help Sustain Our Parish



As we move forward there are still many uncertainties that lie ahead, and as a church we continue to adjust. Right now, the ability to support and participate online is more important than ever. That is why our parish offers Online Giving as an option to support our ongoing mission and ministries. It is time to come together as brothers and sisters in faith so that we can continue to offer hope and healing to those around us. Go to [www.hfslv.org](http://www.hfslv.org) to get started. Questions, please call the parish office at 878-5997.

## ST. PIUS X PARISH

### EXPOSITION OF THE BLESSED SACRAMENT

Following 9:30am Mass at St. Pius X until 5:00pm



One of the signs of a vital parish is when the parishioners have a personal relationship with Jesus Christ who is present in the Sacraments of the Church. Exposition of the Blessed Sacrament will begin at the end of the 9:30 am Sunday Mass until 5:00 pm in the afternoon. For this to happen, we need parishioners to sign-up so someone is always there to pray before the Blessed Sacrament. You can sign up online at [www.saintpiusx.net](http://www.saintpiusx.net) or by calling (802-878-5997) or e-mailing ([saintpiusx@comcast.net](mailto:saintpiusx@comcast.net)) the St. Pius X office. You can sign-for a continual commitment for each Sunday or simply for one Sunday at a time. I will be praying that there is a good response since I know the power of prayer. Please remember to pray for me and the needs of the Essex Catholic Community.

### Funeral Luncheons Suspended

Due to the surge in COVID numbers and the difficulty in keeping appropriate distance in a close group, there will be no funeral luncheons held for the next several months at St. Pius X. We sincerely apologize for this but feel we need to keep each other healthy and safe.



**Altar Servers Needed!!** Altar Serving is a wonderful experience where you'll get to learn more about our faith, about the Mass and most importantly, can grow closer to God! St Pius is currently looking to add servers. If you will be in 4<sup>th</sup> grade this fall all the way to an adult member of the Parish, please consider joining us in serving Mass. Training will be provided. If you're interested, please contact the parish office [saintpiusx@comcast.net](mailto:saintpiusx@comcast.net).

### Mass for the Legal Protection of Unborn Children



The Essex Catholic Community is invited to attend Mass at St. Pius X for the annual Day of Prayer for the Legal Protection of Unborn Children, to be held Wednesday, January 26 at 6:30 p.m. A viewing of a webinar explaining the upcoming Vermont Proposal 5 will take place immediately following Mass.

### Church Support

Last weekend's collection numbers will be reported next weekend due to the holiday.  
Thank you for your support!



RE Coordinator: Emma Goff at 878-5997 or [emma.goff@essexcatholic.org](mailto:emma.goff@essexcatholic.org)

### 2020-21 Religious Education Program: Grades 1-8

#### Family Formation Program: Grades 1-8

Family Class: Intro to Eucharistic Adoration

Sunday, January 23rd 5:30pm @ at St. Pius X Church

#### Grade 2: Our next 2nd Grade session

January 23rd 9:00am to 10:30am via Zoom

#### 2021-2022 Confirmation Program: 6th & 7th grades

##### • Cohort A: Intro to Eucharistic Adoration

Sunday, January 23rd 5:30pm @ at St. Pius X Church

##### • Cohort B: Intro to Eucharistic Adoration

Sunday, January 23rd 5:30pm @ at St. Pius X Church

Contact John for more information.

#### 8th Grade Religious Education:

Our next session meets on Thursday, February 10th

6:00-7:30PM @ SPX

### USHERS NEEDED For 4:30pm and 9:30am Masses



This ministry is open to all parishioners over the age of 17. Both Masses are currently in need of additional ushers to unlock the church before Mass, help with greeting parishioners, collections, clean-up pews after Mass, and lock church doors after Mass. If you would like to volunteer for the USHER MINISTRY, please call the parish office at 878-5997 or email [saintpiusx@comcast.net](mailto:saintpiusx@comcast.net).

### ESSEX JERICO UNDERHILL FOOD SHELF

Our next distribution is on February 19th @ 9:00am



We are especially in need of **CEREAL**. Please bring your donation of cereal to church or drop them off at Price Chopper, Hannaford and Jericho Market.

If you would like to volunteer at distribution or set-up please email or call the parish office (878-5997). To make a monetary donation please do so through Online Giving or mail it to EJU Food Shelf, PO Box 65, Jericho, VT 05465.

*Thank you for all of your donations of Time, Talent and Treasure; you are why we are able to help our neighbors in need!!*

### ONLINE GIVING ~ Help Sustain Our Parish



As we move forward there are still many uncertainties that lie ahead, and as a church we continue to adjust. Right now, the ability to support and participate online is more important than ever. That is why our parish offers Online Giving as an option to support our ongoing mission and ministries. It is time to come together as brothers and sisters in faith so that we can continue to offer hope and healing to those around us. Go to [www.saintpiusx.net](http://www.saintpiusx.net) to get started. Questions, please call the parish office at 878-5997.

# NEWS FROM The Inland See

January 27, 28, 2022

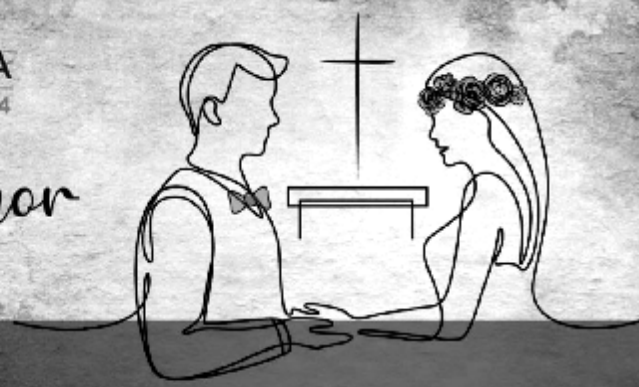
FOR THE DIOCESE OF BURLINGTON



**National Marriage Week USA**  
MARRIAGE IS WORTH IT! • EVERY FEB 7-14

*to have, to hold, to honor*

For more information and resources, visit [foryourmarriage.org](http://foryourmarriage.org)



FOR YOUR  
MARRIAGE



@foryourmarriage



## Celebrate Marriage Week February 7-14, 2022

**W**hy celebrate marriage? Married couples teach us daily the sacrificial love that Jesus shares in His sacrifice with His bride, the Church. Research shows that married adults have longer lives, have better health and greater personal happiness (Why Marriage Matters, a Report from Family Scholars, third edition). The Diocese of Burlington begins National Marriage Week with Mass at St. Joseph Cathedral in Burlington on Feb. 6 at 10 a.m. celebrated by Burlington Bishop Christopher Coyne. Married couples who are celebrating significant anniversaries (e.g. 5, 10, 15, 20...50-plus years) are invited to be recognized.

The celebration of National Marriage Week continues with daily marriage tips on the USCCB Made for Love website ([www.foryourmarriage.org](http://www.foryourmarriage.org)). There is also the opportunity to pray the rosary with Archbishop Salvatore Cordileone, the head of the Committee on Laity, Marriage, Family Life and Youth, and live-streamed on Wednesday, Feb. 10, at 2 p.m. on the For Your Marriage Facebook Page ([www.facebook.com/foryourmarriage](http://www.facebook.com/foryourmarriage).)

National Marriage Week continues Feb. 13 with Mass at your local parish as married couples are prayed over and honored for their commitment to each other and the divine will of God.

Congratulations to these couples celebrating milestone anniversaries, may their love bear witness to God's faithful love and a little bit of heaven on Earth through their marriage covenant.

— *Terri McCormack, coordinator of marriage and family life for the Roman Catholic Diocese of Burlington*

### Prayer for Married Couples

Almighty and eternal God,

You blessed the union of married couples  
so that they might reflect the union of Christ with His Church:  
Look with kindness on them.

Renew their marriage covenant, increase your love in them  
and strengthen their bond of peace so that, with their children,  
they may always rejoice in the gift of your blessing.

We ask this through Christ our Lord. Amen.

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[instagram.com/dioceofburlington](https://www.instagram.com/dioceofburlington)



## Upcoming Events



01|25 THURSDAY  
**Saints & Sinners**

Online - 7 pm

Join us in November when Deacon Phil Lawson presents on Saints Philip, Athanasius and Lawrence. For more info: [vermontcatholic.org/saints-and-sinners](http://vermontcatholic.org/saints-and-sinners).



01|28 FRIDAY  
**Movie Viewing: "Unplanned"**

St. Catherine of Siena, Shelburne - 6:30 pm

Watch the movie, "Unplanned," based on the memoir by Abby Johnson, a former Planned Parenthood Clinic Director who now is an outspoken advocate for the pro-life movement. This event is free.



01|29, 02|02 SATURDAY & WEDNESDAY  
**SoulCore**

Blessed Sacrament, Stowe - 3 - 4 pm

SoulCore is an invitation to nourish body, mind and soul through prayer and liturgical movement. Engaging all of the senses through candlelight, scripture, sacred art, music and movement, SoulCore encourages deeper reflection on the Mysteries and virtues of the Rosary: a gentle path to grow in virtue and cultivate interior peace. Workout can be modified to suit ability and comfort level; the prayers are the main focus. Free will donation. Suggested terms: mat, water, weights (optional, 1-3 lbs popular).



02|04, 18 FRIDAYS  
**The Challenge Club for Catholic Girls**

Immaculate Heart of Mary, Williston - 6 - 8 pm

Challenge is a club for girls to grow in virtue, faith and the Catholic faith. FOR MORE INFO: Mary Niekrewicz, [mary.of.vt@gmail.com](mailto:mary.of.vt@gmail.com), (802) 878-5538 or Audrey Walko, [audreycsvt@gmail.com](mailto:audreycsvt@gmail.com), (802) 373-9564.



02|05 SUNDAY  
**First Saturday Devotion to the Immaculate Heart of Mary**

In these times, let us seriously consider one

of the important messages from our Lady of Fatima: the First Saturday devotion for Reparation to the Immaculate Heart of Mary. This would include attending five consecutive first Saturday masses, going to confession within eight days, receiving Holy Communion, and meditating on the mysteries of the Rosary for fifteen minutes. Please prayerfully consider this for 2022! The Saturday Vigil Mass (for Sunday) may be used for the First Saturday Devotion offered in reparation for offenses against the Immaculate Heart of Mary.



02|05 SATURDAY  
**Grief Support Group**

Holy Family Parish Hall, Essex Jct. - 8 - 10 am

Calling a Widows and Widowers... You are

welcomed to join us for a support group, run by Catherine "Kate" King, UVM Mental Health Clinician (CMHC) on the first Saturday of the month. Kate has been a group therapist in the community for over 20 years and is a widow herself. Join us for prayer, discussion and peer support for working through grief at 8 am at Holy Family Parish Hall (upstairs library). FOR MORE INFO: call Kate (802) 881-5973.



02|05 SATURDAY  
**Adoration Mini-Mission with Holy Hour**

St. John Vennery, S. Burlington  
10:30 am - 12:30 pm

Not sure what adoration is all about? Or maybe you've not been to adoration for awhile and could use a refresher course? In anticipation of a 401 hours of Adoration event during the Lent, Josh Perry, the diocesan Director of Worship, will be offering a mini-mission with instruction about adoration, followed by a Holy Hour.



02|05 SATURDAY  
**A Puzzle to Common Sense: The Conversion of Fanny Allen**

Holy Family, Essex Jct. - 12:00 - 3 pm

The Religious Hospitaliers of St. Joseph play associates are hosting a presentation by Fr. Michael Carter, SSE on Fanny Allen. Come learn insight into some local history. A light lunch will be served.



02|06 SUNDAY  
**Marriage Anniversary Mass**

Cathedral of St. Joseph, Burlington - 10 am

Are you and your spouse celebrating a

milestone anniversary (e.g. 5, 10, 15, 20...55, 57) in 2022? To register please contact: Nicole Hamilton at [nhamilton@vermontcatholic.org](mailto:nhamilton@vermontcatholic.org) or (802) 658-6110, ext. 1131.



02|11 FRIDAY  
**What Voters Need to Know About Proposal 5 from an RN**

St. Catherine of Siena, Shelburne - 6:30 pm

Lynn Caulfield, RN, will present on Proposal 5, which seeks to amend the VT Constitution. She will speak about some of the far-reaching implications of this proposed amendment from a medical perspective. (Show date: Feb. 18, 2022 at 6:30 PM)



02|13 SUNDAY  
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[vermontcatholic.org/careers](http://vermontcatholic.org/careers)



### CHALLENGES TO GROW YOUR MARRIAGE

JANUARY 23-29, 2022

#### REMEMBER YOUR WEDDING

Think back and write down two thoughts, feelings, and desires that you wanted in your married life. Then, add to this with two thoughts, feelings, or desires you have in your married life today. Are your desires the same as they once were, or have they changed. Share these lists with your spouse. Pray the Our Father daily together.

[vermontcatholic.org/marriagechallenge](http://vermontcatholic.org/marriagechallenge)



JANUARY 23-29, 2022

#### RETURN TO PRIORITIZING MY FAMILY

Take time to reflect what worked or did not work when time was set aside for family. What could be improved? Consider going to Mass together, followed by a family breakfast or family activity outdoors — make it something fun and not a chore. Ask your family to quietly choose a fellow parishioner to pray for this week.


[vermontcatholic.org/familychampions](http://vermontcatholic.org/familychampions)



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