



BLESSED SACRAMENT CHURCH

A ROMAN CATHOLIC COMMUNITY IN BOLTON LANDING, NY... ALL ARE WELCOME !

JANUARY 31, 2021

This week's Services and Devotions...

Sunday, January 31

Mass, 10:30 am

† Al Van Valkenburgh
† Pat Van Valkenburgh
† Jim O'Connor
† Father Peter Young

Tuesday, February 2

Rosary, 9am

Thursday, February 4

Liturgy of the Word w/Communion, 9am
Eucharistic Adoration, 9:30-10:30am

Saturday, February 6

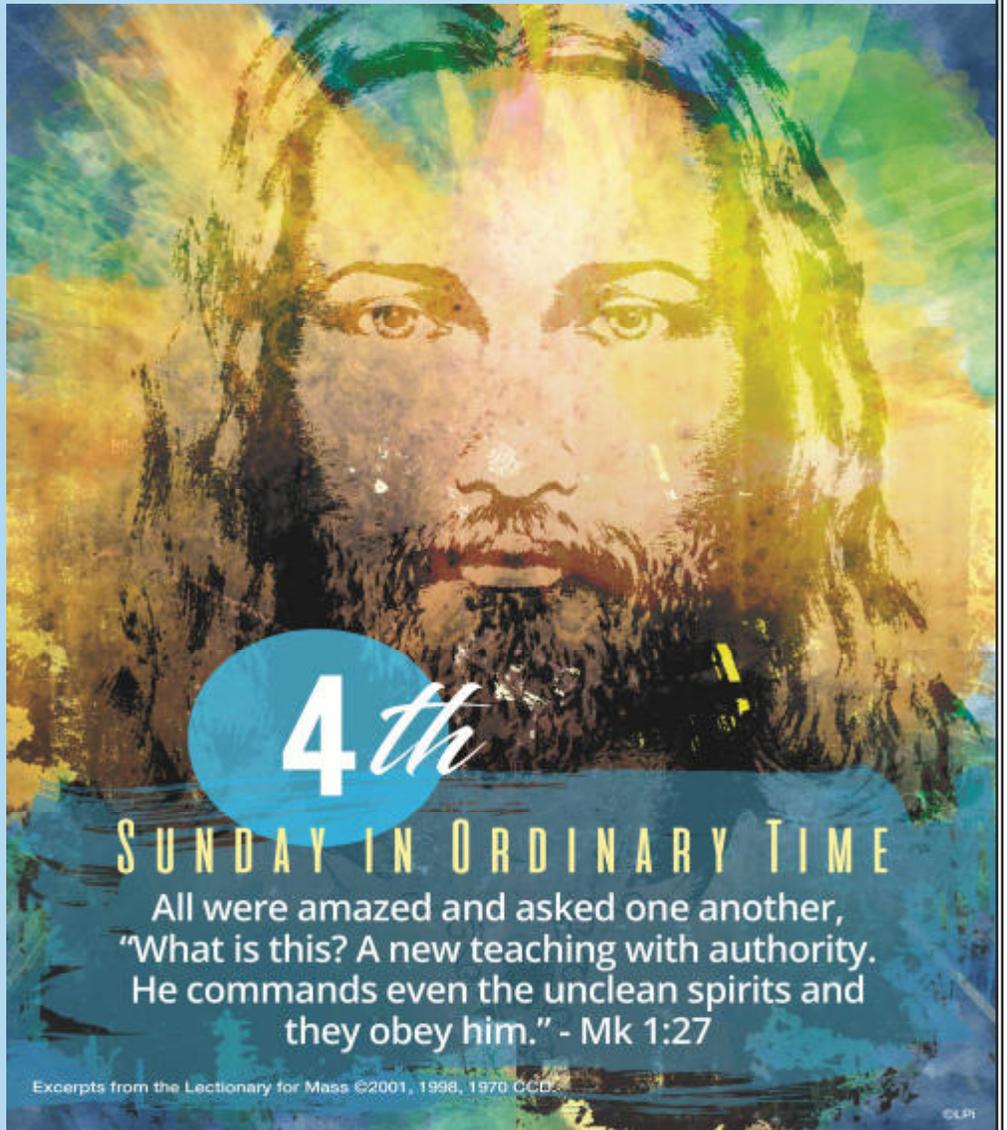
Liturgy of the Word w/Communion, 9am

Sunday, February 7

Mass, 10:30 am

† Ed Sheridan
† Rosemarie O'Connor
† Tomasa Lambori
† Pat Van Valkenburgh

† Denotes Deceased



Excerpts from the Lectionary for Mass ©2001, 1998, 1970 C.C.D.

Parish Life Director: Deacon Joseph T. Tyrrell

Priest Associate, Rev. John O'Kane

Location: 7 Goodman Avenue, Bolton Landing

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Email: office@blessedsacramentbolton.org

Parish Secretary: Dawn Faller, 518-644-3861 (Church Office)

Music Director: Mike Linke

Mass Intentions/Mass Cards: Rita Whitney, 518-338-6858

Prayer Requests: Pat Nugent, 518-668-2765

Pastoral Council: Anne Marie Bell, Liz Burmaster,
Tony Bustamante, Norma Bustamante, J.D. Koch,
Cheryl Rafferty, Don Rafferty, Elva Ring.

Bulletin Editor: Corri Cudmore, corri16@hotmail.com

* Winter Mass schedule is in effect.

Eucharistic Adoration: First Saturday each month, 9:30-10:30am

Sacrament of Reconciliation: Contact Deacon Joe Tyrrell if you wish to receive this sacrament prior to Sunday Mass.

Weddings, Baptisms, Funerals: All arrangements are made through Deacon Joe Tyrrell, our Parish Life Director, including arrangements for a priest, deacon and/or organist.

North Country Ministry: Please call 518-623-2829 if you wish to donate clothing, household goods, or furniture.

Food Pantry: Boxed or canned food, paper products, baby diapers, and personal hygiene items may be left in the Food Pantry Basket in the Church vestibule (no glass, please).

Finance Council: Jim Senese, Anne Greene, Ray Bell



We at Blessed Sacrament Church, as a community of faith, are guided by the Holy Spirit and the love of the Eucharistic Lord. We are committed to continue the modern day work and example of the North American martyrs to which this parish is dedicated.





WELCOME parishioners and visitors.

Today we read in the scriptures that Jesus' words and actions "spread everywhere throughout the whole region of Galilee."

Now here we are in Bolton Landing, two thousand plus years later, listening and learning from these scriptures.

God bless you for listening with open hearts!

Readings for the Week

First Reading: *I will raise up for them a prophet like you from among their kin, and will put my words into his mouth; he shall tell them all that I command him. (Dt 18)*

In the Old Testament reading from the Book of Deuteronomy, Moses assures the people that God will raise up from among their descendants a prophet who will speak what God commands.

Psalm: *If today you hear his voice, harden not your hearts. (Ps 95)*

Second Reading: *An unmarried woman or a virgin is anxious about the things of the Lord, so that she may be holy in both body and spirit. (1 Cor 7:34)*

In the New Testament reading, Saint Paul is answering questions about marriage and the single life. He suggests that people look at their lives to see how they can devote themselves to God. Whatever our state in life, as married or unmarried, it must be grounded in God. If it is, everything else will fall into place.

Gospel: *The people were astonished at his teaching, for he taught them as one having authority and not as the scribes. (Mk 1:22)* The Gospel, set at the beginning of Jesus' public life, tells us of Jesus speaking "with authority." It includes the first miracle recorded by Mark, with Jesus showing His authority over the forces of evil.



"Soup-er Bowl"

On Sunday, February 7th we will hold our special annual "Soup-er Bowl" collection, with 100% of your donations going to **North Country Ministry's Emergency Assistance Program** to help provide food, rent, and other essential needs to families in crisis. Donation baskets with team names will be at the doors of the Church! **Thank you!**

Eucharistic Adoration will be held this coming Saturday, February 6, from 9:30 a.m. to 10:30 a.m. This monthly Holy Hour is an opportunity to come before Jesus physically present in the consecrated Host. Sitting before the Lord - as the early disciples did - we can talk with Him. Tell Him your problems, your needs, your concerns, and your joys, too.



Boxed 2021 Offering Envelopes are in the vestibule. Labeled boxes are in alphabetical order for those currently using boxed envelopes. If you are new to the boxed envelopes, please select an unlabeled box.



Inclement Weather Policy

Weekly services are cancelled if schools are cancelled or delayed due to snow, ice, etc. Use your judgement. At all times, please be careful when walking on snowy or icy walkways and parking lots. Thank you.

hmmmm... **First Reading:** Moses taught the Israelites that God would send prophets to assist them in knowing His will. Why do you think people so often reject the prophetic message?

Second Reading: Paul speaks of the inevitability of anxiety in life. How does your faith assist you in handling what makes you anxious?

Gospel: In the story of the healing of a demon-possessed man, Mark reports how the demons knew Jesus' true identity as "the Holy One of God." What does this reveal about the unseen order? ©LPi

Embracing Change in Christ— Tracy Earl Welliver, MTS

It's officially one month since we popped the champagne, toasted 2021 and wrote down a list of resolutions. This is usually the time when we start to take a good, hard look in the mirror to assess what we have done — or have not done — with the first month of this brand-new year.

New years can be scary, can't they? Full of promise, sure, but also full of room for failure. Full of space for our old baggage, old fears and the continuation of old mistakes.

The same can be said of Christ, and the new life he offers us, if we are brave enough to accept it. Opportunities like that can be intimidating. In that moment, we might find ourselves like the man with the unclean spirit crying out: "What have you to do with me, Jesus of Nazareth? Have you come to destroy us?"

Jesus is a comforter of the afflicted; he is a consoling figure, but he is also a challenging one. Sometimes we have grown attached to our afflictions. The idea of correcting bad habits or forming new ones is frankly terrifying to us. We have a voice deep inside who sees Christ and his invitation to repentance, and it cries out in fear: "I know who you are!"

When we live in the present, disavowing the baggage of the past or fear of the future, we submit ourselves to the promise of redemption. Let us be brave everyday stewards and invite Christ's healing power into our lives. We won't regret it — I'm sure the demoniac never did.



happy birthday!

Here is a prayer for the members of our faith community who celebrate their birthday during the month of February:

May this birthday and all your days be filled with the wonder of God's special love for you.

Happy Birthday to Nancy DiDonato, Colleen Milot, Laurie Monast, Anne Shelton and Deacon Joe Tyrrell.

Q&A

I get annoyed with myself when I am distracted while I pray. Is it a sin? How can I be more attentive?

The mind is a marvelous and complex thing, producing amazing thoughts, images, wisdom and inspiration. Yet at times it is like a two-year-old: it does not follow directions, does what it wants and loves to tell us "no!" This is probably the oldest and most common problem in the spiritual life—dealing with distraction. It comes in all forms: good intentions forgotten, wandering thoughts at Mass, daydreaming, etc. A little poem says it all: When the soul begins to pray, the brain always wants to play!

There are many ways to handle distractions. If we are distracted by thoughts about our families or friends, we should pray for them. If we lose our focus, we need just "re-collect" ourselves. If some worry or concern just won't leave our mind, then we deal with it and come back to prayer or make it part of our prayer. And when words just won't come, the only prayer we might offer is our presence, our suffering, and our desire to be close to the Lord. Most importantly, we need to be patient with ourselves. These things are not sinful, but reminders of our human frailty. Our weaknesses and good efforts are all acceptable to God, who reads the love in our hearts and the good intentions of our minds. ©L.Pi

Offertory Report:
January 24: \$1,134

Thank You

Please pray for those who are sick or homebound, especially: Francesca Adamo, Debra Andersen, Dr. Richard Aulicino, Mary Jane Beaulieu, Betty Berke, Linda Berry, Ann Marie Bottazzi, Jean Bureau, Matt Bury, Fibio Cardenas, Jerry Carr, Nicholas Clesceri, Don Colton, Father Paul Cox, Jennifer Darling, Claudia Daubney, Pat Doyle, Ed Faetz, Barbara Field, Cate Foy, Gwen Fronk, Doug Goettsche, Donna Graham, Jean Hall, M. Hayes, Scott Hayes, Pat Helmstetter, John Hopkins, Ethan Horstmyer, Bill Manion, Judy Mari, Donald and Lucille Maxwell, Frank McDonald, Gary McLaughlin, Juanita Morch, Geri Mastrodominco, Sherman Parker, Bill Phelan, Dennis Ring, Joel Rivera, Stefanie Rozell, Noah Sargent, Ron Shelli, Lynne Smith, Katie Speicher, Janet Tinker, Sue Vanderpuy and Ed Winchip

(Contact Pat Nugent for any changes to our prayer list. 518-668-2765)

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