

CATHEDRAL BASILICA OF THE SACRED HEART

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His Eminence

Joseph William Cardinal Tobin, C.Ss.R.

Archbishop of Newark

Most Reverend Manuel A. Cruz

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Reverend John R. Barno

Parochial Vicar

Reverend Jason J. Makarow

In Residence

Reverend Robert P. McLaughlin

In Residence

Reverend Monsignor John E. Doran

Weekend Assistant

Reverend Monsignor Richard F. Groncki

Rector Emeritus

Dr. Thomas DeBenedictis

Deacon

John J. Miller

Director of Music Ministries

Olfary Gutiérrez

Coordinator of Hispanic Music Ministry

Kristin Dabaghian

Associate Organist

Sister Joséfa Gonzalez, H.M.C.J.

Directress of Religious Education

Sister Ana Julia Frias, H.M.C.J.

Head Sacristan

Debra M. Loprete

Weddings Administrator

Camillus L. Mitchell

Maintenance Supervisor

CATHEDRAL TOURS

First Sunday of the month, following the 12 NOON Mass

Guided group tours are available on weekdays by appointment

CATHEDRAL BASILICA IS OPEN TO THE PUBLIC

Entrance at 89 Ridge Street

Sunday 8:00AM to 1:00PM

Monday thru Friday 7:00AM to 7:00PM

(Closed from 1:00PM – 2:00PM)

Saturday 8:00AM to 7:00PM

HOLY MASS

Saturday Evening 6:00PM (Mass of Anticipation)

Sunday 8:30AM, 10:00AM *en Español*, and 12 NOON

Weekdays Monday thru Friday at 7:30AM and 5:30PM

Wednesdays & First Fridays at 7:00PM *en Español*

Saturdays at 9:00AM *en Español*

In July and August, only one Mass is offered on weekdays at 7:30AM

Holy Days & Civic Holidays consult bulletin for Mass times

EXPOSITION OF THE MOST BLESSED SACRAMENT

Wednesdays & First Fridays from 6:00PM to 7:00PM

There is no Exposition during the months of July and August

SACRAMENT OF CONFESSION

Confessions are heard in the Chapel of Saint Ann

Wednesdays & First Fridays at 6:15PM

Saturdays at 11:30AM

There is no Confession on Wednesdays and First Fridays in July and August. Confession is available by appointment at any time.

RITE OF CHRISTIAN INITIATION OF ADULTS

Instruction in the Catholic Faith in preparation for the reception of the sacraments of initiation. Contact the cathedral office for more information.

SACRAMENT OF BAPTISM

Celebrated on designated Sundays at 1:15PM

*second Sunday of the month in Spanish
and last Sunday of the month in English*

SACRAMENT OF HOLY MATRIMONY

Arrangements are to be made **one year** in advance.

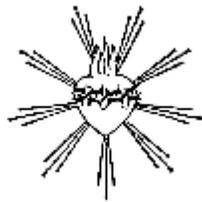
*Regular Sunday Mass attendance is required
for those preparing for the reception of the sacraments*

SACRAMENT OF THE ANOINTING OF THE SICK

You may contact the Cathedral office to request the visit of a priest to the home or hospital of someone who is ill and in need of the sacraments. Holy Communion for those who are homebound is also available upon request.

3 MARCH 2019

MASS INTENTIONS FOR THIS WEEK



AT THE CATHEDRAL

The Cathedral Basilica of the Sacred Heart,
Mother Church of the Archdiocese of Newark,
welcomes and celebrates:

SUNDAY, MARCH 3

EIGHTH SUNDAY IN ORDINARY TIME

8:30AM + Francesca S. Plati
10:00AM (ESP) + Margarita & Ezequiel Perez
12 NOON PRO POPULO

Monday, March 4

Saint Casimir

7:30AM + DePiano Family
5:30PM + Fortunato Abrenilla

Tuesday, March 5

7:30AM + Robert C. Millea
5:30PM + Norma Navia

Wednesday, March 6

Ash Wednesday

7:30AM Intentions of the Parishioners
of the Cathedral Basilica
12 NOON Intentions of the Chancery Employees
5:30PM Increase in Vocations to the Priesthood
for the Archdiocese of Newark
7:00PM (ESP) + Casey Rambran

Thursday, March 7

Saints Perpetua & Felicity, Martyrs

7:30AM Increase in Vocations to the Priesthood
for the Archdiocese of Newark
5:30PM + Andrew Hudson

Friday, March 8

Saint John of God, Religious

7:30AM Intentions of
Doris & Alejandro Arencibia
5:30PM + Robert McNinch

Saturday, March 9

Saint Frances of Rome, Religious

9:00AM (ESP) + Maria Julieta Diaz
6:00PM + Louis & Rose Milano

SUNDAY, MARCH 10

FIRST SUNDAY OF LENT

8:30AM PRO POPULO
10:00AM (ESP) + Louis Borgoño
12 NOON + Barbaro Frenos

MARCH

- 17 Cathedral Concert: "The New Jersey Wind Symphony"
at 4:00PM
- 24 Girl Scout Recognition Ceremony at 3:00PM
- 28 Cathedral Prayer Service at 7:30PM
- 30/31 Special Collection: "Black & Indian Missions"

2019 LENTEN REGULATIONS FOR THE ARCHDIOCESE OF NEWARK

• The days of both fast and abstinence during Lent are Ash Wednesday and Good Friday. If possible, the fast on Good Friday is continued until the Easter Vigil (Holy Saturday night) as the Paschal Fast to honor the suffering and death of the Lord Jesus, and to prepare ourselves to share more fully and to celebrate more readily His Resurrection. The other Fridays of Lent are days of abstinence.

On a day of fast, only **one (1)** full meal is permitted, and **two (2)** smaller meals, which, if added together, would not exceed the main meal in quantity.

Those between the ages of 18 and 59 are obliged to fast.

On a day of abstinence, **no** meat may be eaten. Those who have reached the age of 14 are obliged by the law of abstinence.

• The obligation to observe the laws of fast and abstinence "substantially," or as a whole, is a serious obligation.

• The time for fulfilling the Paschal Precept (Easter Duty*) extends from the First Sunday of Lent, March 10, 2019 to the Solemnity of the Holy Trinity, June 16, 2019.

**Canon 920: All the faithful, after they have been initiated into the Most Holy Eucharist, are bound by the obligation of receiving Communion at least once a year.*

We wish you a prayerful, holy and fruitful Lenten season.

THE ARCHDIOCESE REPORTS ALL
ALLEGATIONS OF ABUSE

The Archdiocese of Newark takes very seriously any and all complaints of sexual misconduct by members of the clergy, Religious and lay staff of the Archdiocese. We encourage anyone with knowledge of an act of sexual misconduct to inform the Archdiocese immediately so that we may take appropriate action and provide support to the victim. Although the Archdiocese immediately reports all abuse allegations to the appropriate County Prosecutor, it also encourages victims to independently report such matters to the Prosecutor. Individuals who want to report an allegation of sexual misconduct to the Archdiocese may do so by calling the Victim's Assistance Coordinator of the Archdiocesan Office of Child and Youth Protection at: (201) 407-3256

The phone numbers for the County Prosecutors within the Archdiocese are:

Bergen	(201) 226-5689
Essex	(973) 753-1121
Hudson	(201) 795-6400
Union	(908) 965-3879

HOW TO REPORT ABUSE

The Archdiocese takes very seriously any and all allegations of sexual misconduct by members of the clergy, Religious and lay staff of the Archdiocese. We encourage anyone with knowledge of an act of sexual misconduct to inform us immediately so that we may take appropriate action to protect others and provide support to victims of sexual abuse. Individuals who wish to report an allegation of sexual misconduct may do so by calling the Archdiocesan Office of Child and Youth Protection at (201) 407-3256

A NOTICE ON BAPTISMS AT THE CATHEDRAL BASILICA

Baptisms usually take place in the Cathedral sanctuary or Baptistery. However, if there is a Cathedral event scheduled in the main sanctuary, Baptisms may take place in the Cathedral crypt.



THIS SUNDAY'S GOSPEL

These statements of Christ spoken centuries ago to his fellow Jews of Palestine are as true and as crystal clear today as they were in the year 29 A.D. They are the words of him who was the



Truth. They are put before us today for there are few amongst us who do not need to be reminded of their lesson. We are all so prone to see the neighbor's faults and shortcomings and so inclined to cover up or deny our own. While we ourselves are blind to, or wanting in, many necessary virtues, yet we can spot this lack in our brother Christian and have the audacity to offer to lead him on the right road. We are often lacking in the basic knowledge of the teachings of our faith and yet we can find a thousand faults in the official doctrine of the teaching Church. We can all criticize minor defects in our neighbor's Christian behavior whilst our own Christian way of living is giving far greater scandal. In other words, most if not all of us, are to some degree hypocrites. We pretend to be what we are not, but should be. We pretend to be producing good fruit : figs and grapes, whereas we are only thorn bushes and brambles which produce nothing but harmful thorns which sting and poison ourselves and our neighbors. And while I am making these comments I shouldn't be at all surprised if some of my listeners are saying in their hearts: "Mrs. X or John Y is getting it today, I hope they are taking it in," when what we should all be saying is : "How truly our Lord read my heart. How many times in the past week have I criticized my fellow men without knowing all, or any perhaps, of the true facts. How seldom have I honestly examined my own conscience to see my own more serious defects and tried to correct them?" When our Lord spoke these words, his purpose and intention was not to condemn his hearers, the vast majority of whom were guilty of the defects he mentioned, but rather to open their minds and their hearts to their shortcomings so that they would change for the better and learn to live with their neighbor's faults, and do all in their power to correct their own. It is for the very same purpose the Church has selected this particular lesson for us today. We are all guilty of rash judgement and unjustified criticism, to a greater or lesser degree. Let us turn this criticism on ourselves rather, and judge ourselves honestly and sincerely and in a short while we may, with God's grace helping us, notice a change in our Christian conduct. We shall not become saints in a week or a month but little by little, imperceptibly at first perhaps, we shall find ourselves becoming more Christian and therefore more charitable towards our neighbor and less critical of the faults of others.

Excerpted from "The Sunday Readings"
by Fr. Kevin O'Sullivan, O.F.M.

MARCH : MONTH OF SAINT JOSEPH

"Though you have recourse to many saints as your intercessors, go especially to Saint Joseph, for he has great power with God."

-Saint Teresa of Avila-



POPE'S PRAYER INTENTION MARCH 2019

That Christian communities, especially those who are persecuted, feel that they are close to Christ and have their rights respected.



10 MILES WITH JESUS

10 Mile Stations of the Cross Walking Pilgrimage from the Archdiocesan Shrine of John Paul II in Linden to the Cathedral Basilica of the Sacred Heart in Newark. The walking Pilgrimage will begin on Sunday, March 24, 2019 at 10:00AM at the Archdiocesan Shrine of St.



John Paul II (St. Theresa of the Child Jesus Parish) 131 E. Edgar Road in Linden and conclude at the Cathedral Basilica of the Sacred Heart, 89 Ridge Street in Newark around 5:00PM with the Mass celebrated by Bishop Manuel Cruz, Rector of the Cathedral Basilica.

FREE ADMISSION, however all participants must register.

To register and for additional information visit:

www.10mileswithJesus.org

email: info@10mileswithJesus.org or call: 201.220.1949

LENT IS COMING

Lent is a season of prayer and penance set apart by the Church to prepare us for Easter and to recall Our Lord's fast in the desert (cf. Matt 4:1-11, Luke 4:1-13). This season of preparation and sanctification can be fittingly accomplished through voluntary amendment of life, acts of penance, and works of charity. Lent is a time to learn to love our souls more than our bodies. Thus, every Christian should make a special effort to practice mortification and strive for holiness during the forty days of Lent.



DO NOT LET THIS TIME TO GROW IN HOLINESS PASS YOU BY!!

Aleteia

LENT IS COMING

HERE'S WHAT YOU NEED TO KNOW



Ash Wednesday
is on 6 March 2019
Day of Fasting and
Abstinence



Lent lasts 40 days
(excluding Sundays)



The three pillars
of Lent are:
prayer, fasting
and almsgiving.



Ash Wednesday
and **Good Friday**
are days of fasting
(one primary meal and
two lesser meals) and
abstinence from meat.



All Fridays in Lent
are days of abstinence
from meat.

www.aleteia.org

SPRING BEREAVEMENT MINISTRY TRAINING



Do you feel called to serve the needs of the Bereaved?

The Spring Bereavement Ministry Support Training program is now open for registration. The course is offered by the Office of Family Life Ministries of the Archdiocese of Newark. The eight 2.5 hour sessions begin at the end of March and continues into May. Two separate classes are being held on Saturday morning & Thursday afternoons at the Archdiocesan Center. For class registration and fee information please contact: **Lauren Egan** at (973) 497-4327 or Lauren.Egan@rcan.org Pre-registration is required; class size is limited. Participants must meet the requirements of the Safe Environment Program.

Seton Hall CEU's available with course completion.



MARZO : MES DE SAN JOSÉ

“Aunque tenga muchos santos por abogados, tengan particularmente a San José, que alcanza mucho de Dios.”

-Santa Teresa de Avila-

«El hombre bueno, del buen tesoro del corazón saca lo bueno»



Hoy hay sed de Dios, hay frenesí por encontrar un sentido a la existencia y a la actuación propias. El boom del interés esotérico lo demuestra, pero las teorías auto-redentoras no sirven. A través del profeta Jeremías, Dios lamenta que su pueblo haya cometido dos males: le abandonaron a Él, fuente de aguas vivas, y se cavaron aljibes, aljibes agrietados, que no retienen el agua (cf. Jer 2,13). Hay quienes vagan entre medio de pseudo-filosofías y pseudo-religiones —ciegos que guían a otros ciegos (cf. Lc 6,39)— hasta que descorazonados, como san Agustín, con el esfuerzo propio y la gracia de Dios, se convierten, porque descubren la coherencia y trascendencia de la fe revelada. En palabras de san Josemaría Escrivá, «La gente tiene una visión plana, pegada a la tierra, de dos dimensiones. —Cuando vivas vida sobrenatural obtendrás de Dios la tercera dimensión: la altura, y, con ella, el relieve, el peso y el volumen». Benedicto XVI iluminó muchísimos aspectos de la fe con textos científicos y textos pastorales llenos de sugerencias, como su trilogía "Jesús de Nazaret". He observado cómo muchos no-católicos se orientan en sus enseñanzas (y en las de san Juan Pablo II). Esto no es casual, pues no hay árbol bueno que dé fruto malo, no hay árbol malo que dé fruto bueno (cf. Lc 6,43). Se podrían dar grandes pasos en el ecumenismo, si hubiere más buena voluntad y más amor a la Verdad (muchos no se convierten por prejuicios y ataduras sociales, que no deberían ser freno alguno, pero lo son). En cualquier caso, demos gracias a Dios por esos regalos (Juan Pablo II no dudaba en afirmar que Concilio Vaticano II es el gran regalo de Dios a la Iglesia en el siglo XX); y pidamos por la Unidad, la gran intención de Jesucristo, por la que Él mismo rezó en su Última Cena.

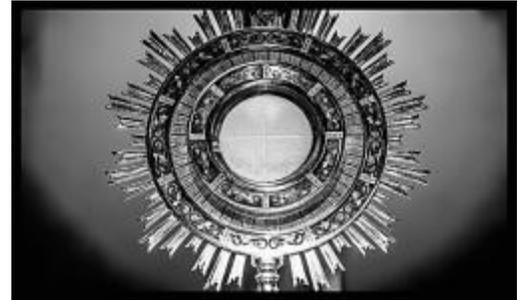
+ Dr. Johannes VILAR



INTENCION DEL PAPA MARZO 2019

Por las comunidades cristianas, en especial aquellas que son perseguidas, para que sientan la cercanía de Cristo y para que sus derechos sean reconocidos.

ADORACION EUCARISTICA SEMANAL



Los Miércoles y Primer Viernes de Mes en la capilla de la Catedral, se adorara al Señor en el Santísimo Sacramento de

6:00PM a 7:00PM

La Santa Misa se celebrara a las 7:00PM y Confesiones se escuchan de 6:15PM a 6:45PM

Venga a pasar una hora con **JESUS !**



MISAS PARA EL REPOSO DE ALMAS



Es costumbre de no sólo visitar las tumbas de nuestros difuntos, sino también de ofrecer Misas por el descanso eterno de sus almas. Ofrecer una Misa por el descanso de almas, y nuestras oraciones propias, es más beneficioso y reconfortante que una tarjeta o un ramo de flores.

El Catecismo de la Iglesia Católica (CIC) nos enseña:

“Desde los primeros tiempos, la Iglesia ha honrado la memoria de los difuntos y ha ofrecido sufragios en su favor, en particular el sacrificio eucarístico, para que, una vez purificados, puedan llegar a la visión beatífica de Dios.”
(CIC # 1032)

Contacte la oficina de la catedral para apuntar una Misa para las almas que necesitan de nuestras oraciones!

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