

CATHEDRAL BASILICA OF THE SACRED HEART

89 Ridge Street • Newark, New Jersey 07104

Tel (973) 484-4600 • Fax (973) 483-8253 • www.cathedralbasilica.org

His Eminence

Joseph William Cardinal Tobin, C.Ss.R.

Archbishop of Newark

Most Reverend Manuel A. Cruz

Rector

Reverend John R. Barno

Parochial Vicar

Reverend Jason J. Makarow

In Residence

Reverend Robert P. McLaughlin

In Residence

Reverend Monsignor John E. Doran

Weekend Assistant

Reverend Monsignor Richard F. Groncki

Rector Emeritus

Dr. Thomas DeBenedictis

Deacon

John J. Miller

Director of Music Ministries

Olfary Gutiérrez

Coordinator of Hispanic Music Ministry

Kristin Dabaghian

Associate Organist

Sister Joséfa Gonzalez, H.M.C.J.

Directress of Religious Education

Sister Ana Julia Frias, H.M.C.J.

Head Sacristan

Debra M. Loprete

Weddings Administrator

Camillus L. Mitchell

Maintenance Supervisor

CATHEDRAL TOURS

First Sunday of the month, following the 12 NOON Mass

Guided group tours are available on weekdays by appointment

CATHEDRAL BASILICA IS OPEN TO THE PUBLIC

Entrance at 89 Ridge Street

Sunday 8:00AM to 1:00PM

Monday thru Friday 7:00AM to 7:00PM

(Closed from 1:00PM – 2:00PM)

Saturday 8:00AM to 7:00PM

HOLY MASS

Saturday Evening 6:00PM (Mass of Anticipation)

Sunday 8:30AM, 10:00AM *en Español*, and 12 NOON

Weekdays Monday thru Friday at 7:30AM and 5:30PM

Wednesdays & First Fridays at 7:00PM *en Español*

Saturdays at 9:00AM *en Español*

In July and August, only one Mass is offered on weekdays at 7:30AM

Holy Days & Civic Holidays consult bulletin for Mass times

EXPOSITION OF THE MOST BLESSED SACRAMENT

Wednesdays & First Fridays from 6:00PM to 7:00PM

There is no Exposition during the months of July and August

SACRAMENT OF CONFESSION

Confessions are heard in the Chapel of Saint Ann

Wednesdays & First Fridays at 6:15PM

Saturdays at 11:30AM

There is no Confession on Wednesdays and First Fridays in July and August. Confession is available by appointment at any time.

RITE OF CHRISTIAN INITIATION OF ADULTS

Instruction in the Catholic Faith in preparation for the reception of the sacraments of initiation. Contact the cathedral office for more information.

SACRAMENT OF BAPTISM

Celebrated on designated Sundays at 1:15PM

*second Sunday of the month in Spanish
and last Sunday of the month in English*

SACRAMENT OF HOLY MATRIMONY

Arrangements are to be made **one year** in advance.

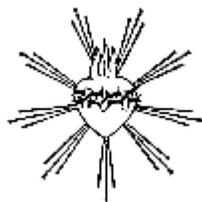
*Regular Sunday Mass attendance is required
for those preparing for the reception of the sacraments*

SACRAMENT OF THE ANOINTING OF THE SICK

You may contact the Cathedral office to request the visit of a priest to the home or hospital of someone who is ill and in need of the sacraments. Holy Communion for those who are homebound is also available upon request.

10 MARCH 2019

MASS INTENTIONS FOR THIS WEEK



AT THE CATHEDRAL

The Cathedral Basilica of the Sacred Heart,
Mother Church of the Archdiocese of Newark,
welcomes and celebrates:

SUNDAY, MARCH 10

FIRST SUNDAY OF LENT

8:30AM PRO POPULO
10:00AM (ESP) + Louis Borgoño
12 NOON + Barbaro Frenos

Monday, March 11

7:30AM + Brian Meade
5:30PM + Maria Ocmeja

Tuesday, March 12

7:30AM + Sr. Francis Marie, C.S.J.B.
5:30PM + Carmela Elia

Wednesday, March 13

7:30AM + Arce Reyes
5:30PM Intentions of Martima Frederic
7:00PM (ESP) Intentions of Patricia Martinez

Thursday, March 14

7:30AM + Anthony Granato
5:30PM + Elias Sanchez Garcia

Friday, March 15

7:30AM Healing of Larry & Kathy Yuppa
5:30PM + Anthony Granato

Saturday, March 16

9:00AM (ESP) Intentions of the Pazmino-Mayorga Family
6:00PM + Vincent Dunn

SUNDAY, MARCH 17

SECOND SUNDAY OF LENT

8:30AM + Servant of God, Mary Grace Bellotti
10:00AM (ESP) + Maria Cecilia Piedad Mora
12 NOON PRO POPULO

MARCH

- 17 Cathedral Concert: "The New Jersey Wind Symphony"
at 4:00PM
- 24 Girl Scout Recognition Ceremony at 3:00PM
- 28 Cathedral Prayer Service at 7:30PM
- 30/31 Special Collection: "Black & Indian Missions"

2019 LENTEN REGULATIONS FOR THE ARCHDIOCESE OF NEWARK

• The days of both fast and abstinence during Lent are Ash Wednesday and Good Friday. If possible, the fast on Good Friday is continued until the Easter Vigil (Holy Saturday night) as the Paschal Fast to honor the suffering and death of the Lord Jesus, and to prepare ourselves to share more fully and to celebrate more readily His Resurrection. **The other Fridays of Lent are days of abstinence.**

On a day of fast, only **one (1)** full meal is permitted, and **two (2)** smaller meals, which, if added together, would not exceed the main meal in quantity.

Those between the ages of 18 and 59 are obliged to fast.

On a day of abstinence, **no** meat may be eaten. Those who have reached the age of 14 are obliged by the law of abstinence.

• The obligation to observe the laws of fast and abstinence "substantially," or as a whole, is a serious obligation.

• The time for fulfilling the Paschal Precept (Easter Duty*) extends from the First Sunday of Lent, March 10, 2019 to the Solemnity of the Holy Trinity, June 16, 2019.

**Canon 920: All the faithful, after they have been initiated into the Most Holy Eucharist, are bound by the obligation of receiving Communion at least once a year.*

We wish you a prayerful, holy and fruitful Lenten season.



THE ARCHDIOCESE REPORTS ALL
ALLEGATIONS OF ABUSE

The Archdiocese of Newark takes very seriously any and all complaints of sexual misconduct by members of the clergy, Religious and lay staff of the Archdiocese. We encourage anyone with knowledge of an act of sexual misconduct to inform the Archdiocese immediately so that we may take appropriate action and provide support to the victim. Although the Archdiocese immediately reports all abuse allegations to the appropriate County Prosecutor, it also encourages victims to independently report such matters to the Prosecutor. Individuals who want to report an allegation of sexual misconduct to the Archdiocese may do so by calling the Victim's Assistance Coordinator of the Archdiocesan Office of Child and Youth Protection at: (201) 407-3256

The phone numbers for the County Prosecutors within the Archdiocese are:

| | |
|--------|----------------|
| Bergen | (201) 226-5689 |
| Essex | (973) 753-1121 |
| Hudson | (201) 795-6400 |
| Union | (908) 965-3879 |

HOW TO REPORT ABUSE

The Archdiocese takes very seriously any and all allegations of sexual misconduct by members of the clergy, Religious and lay staff of the Archdiocese. We encourage anyone with knowledge of an act of sexual misconduct to inform us immediately so that we may take appropriate action to protect others and provide support to victims of sexual abuse. Individuals who wish to report an allegation of sexual misconduct may do so by calling the Archdiocesan Office of Child and Youth Protection at (201) 407-3256

A NOTICE ON BAPTISMS AT THE CATHEDRAL BASILICA

Baptisms usually take place in the Cathedral sanctuary or Baptistery. However, if there is a Cathedral event scheduled in the main sanctuary, Baptisms may take place in the Cathedral crypt.



FIRST SUNDAY OF LENT

Christ's voluntary self-mortification of forty days' fast, with its accompanying temptations, was but part of the self-mortification, with its climax on the Cross, which He gladly underwent for our salvation. He did not need to fast in order to keep the inclinations of the body in subjection, He did not need to allow the insult of temptation. He could have said, "*begone Satan*" at the beginning



as easily and as effectively as he said it at the end. But He willingly underwent this humiliation in order to set us an example and to prove to us the infinite love He bears us and the value, the priceless value, He sets on our eternal salvation. He became like us in all things (except sin) in order to make it possible for us to become like Him – the beloved of his Father – and co-heirs with Him in the kingdom of heaven. With this example given us by Christ no Christian can or should expect to travel the road to heaven without meeting obstacles and temptations. Our weak human nature is of itself, even without any external tempter, a source of many temptations to us, especially of those three illustrated in the case of Christ. Our body desires all the pleasures and comforts that can be got out of life and resents any curtailment of these desires even on the part of our Creator and Benefactor. Our gifts of intelligence and free-will often tempt most of us to look for power, political or economic, over our fellowmen. We want to be better off than others in this world, when our purpose in life is to help ourselves and our fellowmen to the better life. Finally, so fully occupied are many in the mad rush after pleasure and power that they have no time to devote to the one thing that matters, the attainment of eternal life. Yet, through some foolish logic of our own, we expect God to do for us what we refuse to do for ourselves. We are tempting God by presuming he will save us if we have deliberately chosen the road to perdition. There are few, if any, amongst us who can honestly say: "*I am free from such inclinations or temptations.*" The vast majority of us can and should beat our breasts and say with the publican: "O God, be merciful to me a sinner." And merciful he will be if we turn to him with true humility. He may not remove all our temptations, all our wrong inclinations, but he will give us the grace to overcome them if we sincerely seek his aid.

Excerpted from *The Sunday Readings*
by Fr. Kevin O'Sullivan, O.F.M.

MARCH : MONTH OF SAINT JOSEPH

"Though you have recourse to many saints as your intercessors, go especially to Saint Joseph, for he has great power with God."

-Saint Teresa of Avila-



POPE'S PRAYER INTENTION MARCH 2019

That Christian communities, especially those who are persecuted, feel that they are close to Christ and have their rights respected.



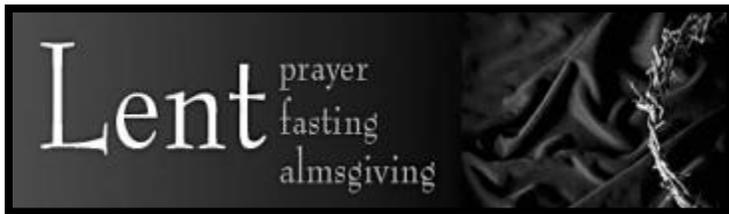
OFFERING MASSES FOR THE REPOSE OF SOULS



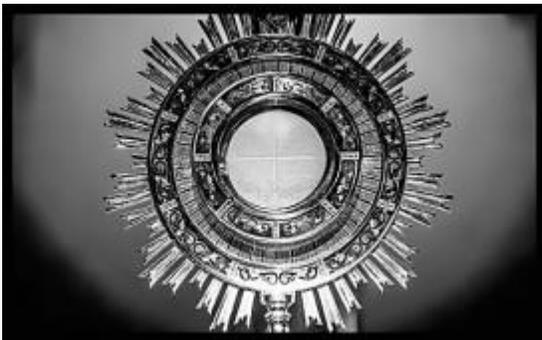
It is customary not only to visit the graves of our dearly departed, but also to have Masses offered for the eternal repose of their souls. Having a Mass offered for the repose of a soul, and offering our own prayers, is more beneficial and comforting than a card or a bouquet of flowers.

From the **Catechism of the Catholic Church (CCC)**:
"From the beginning the church has honored the memory of the dead and offered prayers in suffrage for them, above all the Eucharistic sacrifice, so that, thus purified, they may attain the beatific vision of God" (CCC #1032).

Contact the Cathedral Office to have a Mass offered for a relative or friend who may need our prayers!



WEEKLY EUCHARISTIC ADORATION



The Blessed Sacrament is adored in the Lady Chapel on Wednesdays & First Fridays from 6:00PM to 7:00PM

Confessions are heard from 6:15PM to 6:45PM

Come spend an hour with **JESUS** this week!

10 MILES WITH JESUS

10 Mile Stations of the Cross Walking Pilgrimage from the Archdiocesan Shrine of John Paul II in Linden to the Cathedral Basilica of the Sacred Heart in Newark. The walking Pilgrimage will begin on Sunday, March 24, 2019 at 10:00AM at the Archdiocesan Shrine of St.



John Paul II (St. Theresa of the Child Jesus Parish) 131 E. Edgar Road in Linden and conclude at the Cathedral Basilica of the Sacred Heart, 89 Ridge Street in Newark around 5:00PM with the Mass celebrated by Bishop Manuel Cruz, Rector of the Cathedral Basilica.

FREE ADMISSION, however all participants must register.

To register and for additional information visit:

www.10mileswithJesus.org

email: info@10mileswithJesus.org or call: 201.220.1949

SPRING BEREAVEMENT MINISTRY TRAINING



Do you feel called to serve the needs of the Bereaved?

The Spring Bereavement Ministry Support Training program is now open for registration. The course is offered by the Office of Family Life Ministries of the Archdiocese of Newark. The eight 2.5 hour sessions begin at the end of March and continues into May. Two separate classes are being held on Saturday morning & Thursday afternoons at the Archdiocesan Center. For class registration and fee information please contact: **Lauren Egan** at (973) 497-4327 or Lauren.Egan@rcan.org Pre-registration is required; class size is limited. Participants must meet the requirements of the Safe Environment Program.

Seton Hall CEU's available with course completion.



MARZO : MES DE SAN JOSÉ

“Aunque tenga muchos santos por abogados, tengan particularmente a San José, que alcanza mucho de Dios.”

-Santa Teresa de Avila-

«Era conducido por el Espíritu en el desierto, durante cuarenta días, tentado por el diablo»



Hoy, Jesús, «lleno de Espíritu Santo» (Lc 4,1), se adentra en el desierto, lejos de los hombres, para experimentar de forma inmediata y sensible su dependencia absoluta del Padre. Jesús se siente agredido por el hambre y este momento de desfallecimiento es aprovechado por el Maligno, que lo tienta con la intención de destruir el núcleo mismo de la identidad de Jesús como Hijo de Dios: su adhesión

sustancial e incondicional al Padre. Con los ojos puestos en Cristo, vencedor del mal, los cristianos hoy nos sentimos estimulados a adentrarnos en el camino de la Cuaresma. Nos empuja a ello el deseo de autenticidad: ser plenamente aquello que somos, discípulos de Jesús y, con Él, hijos de Dios. Por esto queremos profundizar en nuestra adhesión honda a Jesucristo y a su programa de vida que es el Evangelio: «No sólo de pan vive el hombre» (Lc 4,4). Como Jesús en el desierto, armados con la sabiduría de la Escritura, nos sentimos llamados a proclamar en nuestro mundo consumista que el hombre está diseñado a escala divina y que sólo puede colmar su hambre de felicidad cuando abre de par en par las puertas de su vida a Jesucristo Redentor del hombre. Esto comporta vencer multitud de tentaciones que quieren empujarnos a nuestra vocación humano-divina. Con el ejemplo y con la fuerza de Jesús tentado en el desierto, desenmascaremos las muchas mentiras sobre el hombre que nos son dichas sistemáticamente desde los medios de comunicación social y desde el medio ambiente pagano donde vivimos. San Benito dedica el capítulo 49 de su Regla a “La observancia cuaresmal” y exhorta a «borrar en estos días santos las negligencias de otros tiempos (...), dándonos a la oración con lágrimas, a la lectura, a la compunción del corazón y a la abstinencia (...), a ofrecer a Dios alguna cosa por propia voluntad con el fin de dar gozo al Espíritu Santo (...) y a esperar con deseo espiritual la Santa Pascua».

P. Josep LAPLANA, OSB



INTENCION DEL PAPA MARZO 2019

Por las comunidades cristianas, en especial aquellas que son perseguidas, para que sientan la cercanía de Cristo y para que sus derechos sean reconocidos.

CUARESMA



LAS REGLAS PARA LA CUARESMA DEL 2019 EN LA ARQUIDIÓCESIS DE NEWARK

• Los días de ayuno y abstinencia durante la Cuaresma son el Miércoles de Ceniza y el Viernes Santo. Si es posible, el “Ayuno Pascual” del Viernes Santo se continúa hasta la Vigilia Pascual (hasta la noche del Sábado Santo) para honrar el sufrimiento y la muerte del Señor Jesús, y para prepararnos para participar más plenamente de Su Resurrección. **Todos los viernes de Cuaresma son días de abstinencia.**

Se permite en un día de ayuno **una (1)** comida completa, y **dos (2)** comidas más pequeñas, las cuales, si se suman, no superaría la comida principal en cantidad.

Aquellos entre las edades de **18** y **59** años están obligados a ayunar.

En los días de abstinencia **no** se puede comer carne. Los que han llegado a la edad de **14** años están obligados a observar esta ley de la abstinencia.

- La obligación de respetar las leyes de ayuno y abstinencia es una obligación seria.
- El periodo para cumplir el precepto pascual* se extiende desde el primer domingo de Cuaresma, 10 de marzo del 2019, hasta la Solemnidad de la Santísima Trinidad, 16 de junio del 2018.

**Canon 920: Todos los fieles, después de que han sido iniciados en la Santísima Eucaristía, están obligados por la obligación de comulgar al menos una vez al año.*

Les deseamos una cuaresma santa y fructuosa.

VIA CRUCIS

Todos los Viernes de Cuaresma comenzando a las 7:00PM en la Catedral.



catholicmatch®
New Jersey



CatholicMatch.com/NJ



*Park Avenue
Auto Repair, Inc.*

Complete Auto Service
Foreign & Domestic • Towing Service

973-483-1351

Fax 973-483-1377

106-108 Park Ave., Newark, NJ

Se Habla Español

LIC. WILLIAM ENRIQUE AGRAIT

Abogado "TU CASA ES MI CASO"

SEPA SUS DERECHOS CONTRA FORCLOSURE/PRESTAMOS PREDADORES

MODIFICACIONES DE HIPOTECA | SHORT SALES

ANALISIS FORENSICO SOBRE VIOLACIONES

FEDERALES/ESTATAL DE HIPOTECAS

BIENES RAICES [RESIDENCIAL/COMERCIAL]

DESALOJOS | CASOS DE TRAFICO | DWI | CASOS MUNICIPALES

VIOLENCIA DOMESTICA | CHILD SUPPORT

275 CLIFTON AVE.-NEWARK, NJ 07104

973-485-3937



Lusitânia
SAVINGS BANK



55,000 Free ATM's • Free Checking • Savings Accounts
Credit Cards • Consumer Loans • Mortgages • More!

107 Pulaski Street, Newark, N.J. 07105 • Tel: (973) 344-5125

www.lusitaniabank.com • MyLusitania App

Multi-Lingual Representatives • NMLS# 640892

Alvarez Funeral Home, Inc.

240 Mt. Prospect Ave., Newark, NJ 07104

973-483-7000

www.alvarezfuneralhome.com

Jaime Alvarez, Manager - Nj Lic. # 4093

Rita T. Alvarez, Director - Nj Lic. #4949

Aceptamos SSI, Medicaid, Seguros • Parqueo Amplio Privado

WWW.DUAELECTRIC.COM

NJ LICENSE #10123



177 FERNELIUS AVE.
CLIFTON, NJ 07013

(973) 246-3210

INFO@DUAELECTRIC.COM

COMMERCIAL • RESIDENTIAL • INDUSTRIAL • INSTITUTIONAL

PROTECTING SENIORS NATIONWIDE
MEDICAL ALERT SYSTEM

\$29.95/MO

BILLED QUARTERLY

PLUS
SPECIAL
OFFER



CALL NOW! 1.877.801.7772

WWW.24-7MEDALARM.COM

HELP PROTECT YOUR FAMILY

With a home security system monitored by ADT professionals 24 hours a day, 7 days a week. As an added benefit, installing a Security System may qualify you for a Homeowners Insurance discount.

CALL NOW! 1-888-862-6429



HOME SECURITY TEAM

COMING SOON



218 BLOOMFIELD AVE, NEWARK NJ 07104

LIKE FATHER LIKE SON LLC Licensed Sales Agents

201 725-2214 • GABE

201 893-1623 • ALEJANDRO

AVAILABLE
FOR A LIMITED TIME

ADVERTISE YOUR BUSINESS HERE

Contact **Servaas Verbiest** to place an ad today!

sverbiest@4LPi.com or (800) 477-4574 x6630



Ad info. 1-800-477-4574 • Publication Support 1-800-888-4574 • www.4lp.com

Sacred Heart, Newark, NJ

04-1119