

CATHEDRAL BASILICA OF THE SACRED HEART

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His Eminence

Joseph William Cardinal Tobin, C.Ss.R.

Archbishop of Newark

Most Reverend Manuel A. Cruz

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Reverend John R. Barno

Parochial Vicar

Reverend Jason J. Makarow

In Residence

Reverend Robert P. McLaughlin

In Residence

Reverend Monsignor John E. Doran

Weekend Assistant

Reverend Monsignor Richard F. Groncki

Rector Emeritus

Dr. Thomas DeBenedictis

Deacon

John J. Miller

Director of Music Ministries

Olfary Gutiérrez

Coordinator of Hispanic Music Ministry

Kristin Dabaghian

Associate Organist

Sister Joséfa Gonzalez, H.M.C.J.

Directress of Religious Education

Sister Ana Julia Frias, H.M.C.J.

Head Sacristan

Debra M. Loprete

Weddings Administrator

Camillus L. Mitchell

Maintenance Supervisor

CATHEDRAL TOURS

First Sunday of the month, following the 12 NOON Mass

Guided group tours are available on weekdays by appointment

CATHEDRAL BASILICA IS OPEN TO THE PUBLIC

Entrance at 89 Ridge Street

Sunday 8:00AM to 1:00PM

Monday thru Friday 7:00AM to 7:00PM

(Closed from 1:00PM – 2:00PM)

Saturday 8:00AM to 7:00PM

HOLY MASS

Saturday Evening 6:00PM (Mass of Anticipation)

Sunday 8:30AM, 10:00AM *en Español*, and 12 NOON

Weekdays Monday thru Friday at 7:30AM and 5:30PM

Wednesdays & First Fridays at 7:00PM *en Español*

Saturdays at 9:00AM *en Español*

In July and August, only one Mass is offered on weekdays at 7:30AM

Holy Days & Civic Holidays consult bulletin for Mass times

EXPOSITION OF THE MOST BLESSED SACRAMENT

Wednesdays & First Fridays from 6:00PM to 7:00PM

There is no Exposition during the months of July and August

SACRAMENT OF CONFESSION

Confessions are heard in the Chapel of Saint Ann

Wednesdays & First Fridays at 6:15PM

Saturdays at 11:30AM

There is no Confession on Wednesdays and First Fridays in July and August. Confession is available by appointment at any time.

RITE OF CHRISTIAN INITIATION OF ADULTS

Instruction in the Catholic Faith in preparation for the reception of the sacraments of initiation. Contact the cathedral office for more information.

SACRAMENT OF BAPTISM

Celebrated on designated Sundays at 1:15PM

*second Sunday of the month in Spanish
and last Sunday of the month in English*

SACRAMENT OF HOLY MATRIMONY

Arrangements are to be made **one year** in advance.

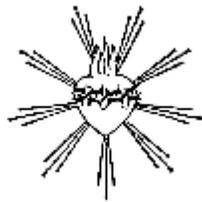
*Regular Sunday Mass attendance is required
for those preparing for the reception of the sacraments*

SACRAMENT OF THE ANOINTING OF THE SICK

You may contact the Cathedral office to request the visit of a priest to the home or hospital of someone who is ill and in need of the sacraments. Holy Communion for those who are homebound is also available upon request.

24 MARCH 2019

MASS INTENTIONS FOR THIS WEEK



SUNDAY, MARCH 24

THIRD SUNDAY OF LENT

8:30AM PRO POPULO
10:00AM (ESP) + Jose & Emilia Lopez Dominguez
12 NOON + Gertrude Miller

MONDAY, MARCH 25

ANNUNCIATION OF THE LORD

7:30AM Members of the Emmanuel
Community in New Jersey
5:30PM + Servant of God, Pierre Goursat

Tuesday, March 26

7:30AM + Frank Gagliani
5:30PM + Maruja Chavez

Wednesday, March 27

7:30AM + Robert La Blanc
5:30PM Vocations to the Priesthood
for the Archdiocese of Newark
7:00PM (ESP) + Perfecto Gonzalez

Thursday, March 28

7:30AM + Grace M. Frank
5:30PM + Peter Pribula

Friday, March 29

7:30AM + James Picozzi
5:30PM + Crisanto Besas

Saturday, March 30

9:00AM (ESP) + Maria & Ramiro Aramburo
6:00PM + Terri & Ted Grandowski

SUNDAY, MARCH 31

FOURTH SUNDAY OF LENT— LAETARE SUNDAY

8:30AM PRO POPULO
10:00AM (ESP) El Señor de los Milagros
12 NOON + Mark & Jeanette Weachock



AT THE CATHEDRAL

The Cathedral Basilica of the Sacred Heart,
Mother Church of the Archdiocese of Newark,
welcomes and celebrates:

MARCH

- 17 Cathedral Concert: "The New Jersey Wind Symphony"
at 4:00PM
- 24 Girl Scout Recognition Ceremony at 3:00PM
- 28 Cathedral Prayer Service at 7:30PM
- 30/31 Special Collection: "Black & Indian Missions"

2019 LENTEN REGULATIONS

FOR THE ARCHDIOCESE OF NEWARK

• The days of both fast and abstinence during Lent are Ash Wednesday and Good Friday. If possible, the fast on Good Friday is continued until the Easter Vigil (Holy Saturday night) as the Paschal Fast to honor the suffering and death of the Lord Jesus, and to prepare ourselves to share more fully and to celebrate more readily His Resurrection. **The other Fridays of Lent are days of abstinence.**

On a day of fast, only one (1) full meal is permitted, and two (2) smaller meals, which, if added together, would not exceed the main meal in quantity.

Those between the ages of 18 and 59 are obliged to fast.

On a day of abstinence, **no** meat may be eaten. Those who have reached the age of 14 are obliged by the law of abstinence.

• The obligation to observe the laws of fast and abstinence "substantially," or as a whole, is a serious obligation.

• The time for fulfilling the Paschal Precept (Easter Duty*) extends from the First Sunday of Lent, March 10, 2019 to the Solemnity of the Holy Trinity, June 16, 2019.

**Canon 920: All the faithful, after they have been initiated into the Most Holy Eucharist, are bound by the obligation of receiving Communion at least once a year.*

We wish you a prayerful, holy and fruitful Lenten season.



THE ARCHDIOCESE REPORTS ALL ALLEGATIONS OF ABUSE

The Archdiocese of Newark takes very seriously any and all complaints of sexual misconduct by members of the clergy, Religious and lay staff of the Archdiocese. We encourage anyone with knowledge of an act of sexual misconduct to inform the Archdiocese immediately so that we may take appropriate action and provide support to the victim. Although the Archdiocese immediately reports all abuse allegations to the appropriate County Prosecutor, it also encourages victims to independently report such matters to the Prosecutor. Individuals who want to report an allegation of sexual misconduct to the Archdiocese may do so by calling the Victim's Assistance Coordinator of the Archdiocesan Office of Child and Youth Protection at: (201) 407-3256

The phone numbers for the County Prosecutors within the Archdiocese are:

Bergen	(201) 226-5689
Essex	(973) 753-1121
Hudson	(201) 795-6400
Union	(908) 965-3879

HOW TO REPORT ABUSE

The Archdiocese takes very seriously any and all allegations of sexual misconduct by members of the clergy, Religious and lay staff of the Archdiocese. We encourage anyone with knowledge of an act of sexual misconduct to inform us immediately so that we may take appropriate action to protect others and provide support to victims of sexual abuse. Individuals who wish to report an allegation of sexual misconduct may do so by calling the Archdiocesan Office of Child and Youth Protection at (201) 407-3256

A NOTICE ON BAPTISMS AT THE CATHEDRAL BASILICA

Baptisms usually take place in the Cathedral sanctuary or Baptistery. However, if there is a Cathedral event scheduled in the main sanctuary, Baptisms may take place in the Cathedral crypt.



THIRD SUNDAY OF LENT



The first reading is taken from the book of Exodus, 3:1-8, 13-15. The story of the salvation of God's people continues during this Lenten season. Today we hear of Moses' encounter with God at the burning bush. The second reading is from the first letter of Paul to the Corinthians, 10:1-6, 10-12. St. Paul establishes a parallel between the situation of the Israelites in the desert and the Corinthians. "Paul wants to remind us that we are not saved merely because we happen to have been the recipients of God's free grace. We have to demonstrate that we are willing recipients of that free gift. The children of Israel received it, but they proved to be unworthy of it, and so they were not saved." (Origin (ca. A.D. 240, Commentary on First Corinthians 4, 45, 205)

The Gospel is from St. Luke, 13:1-9. Our Lord stresses that we need to produce plenty of fruit (cf. Lk 8:11-15) in keeping with the graces we have received (cf. Lk 12:48). But he also tells us that God waits patiently for this fruit to appear; he does not want the death of the sinner; he wants him to be converted and to live (Ezek 33:11) and, as St Peter teaches, he is "forebearing towards you, not wishing that any should perish, but that all should reach repentance" (2 Pet 3:9). But God's clemency should not lead us to neglect our duties and become lazy and comfort-seeking, living sterile lives. He is merciful, but he is also just and he will punish failure to respond to his grace. "There is one case that we should be especially sorry about – that of Christians who could do more and don't; Christians who could live all the consequences of their vocation as children of God, but refuse to do so through lack of generosity. We are partly to blame, for the grace of faith has not been given us to hide but to share with others (cf. Mt 5:15). We cannot forget that the happiness of these people, in this life and in the next, is at stake. The Christian life is a divine wonder with immediate promises of satisfaction and serenity – but on condition that we know how to recognize the gift of God (cf. Jn 4:10) and be generous, not counting the cost" (J. Escriva, Christ is passing by, 147). – The Navarre Bible – St. Luke

MARCH : MONTH OF SAINT JOSEPH

"Though you have recourse to many saints as your intercessors, go especially to Saint Joseph, for he has great power with God."

-Saint Teresa of Avila-



POPE'S PRAYER INTENTION MARCH 2019

That Christian communities, especially those who are persecuted, feel that they are close to Christ and have their rights respected.



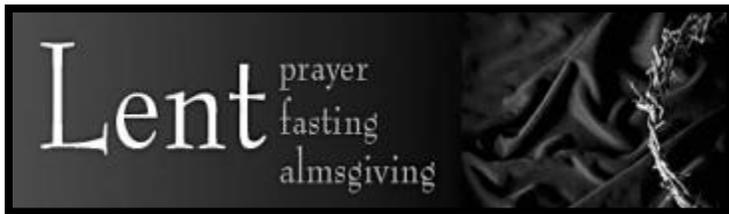
OFFERING MASSES FOR THE REPOSE OF SOULS



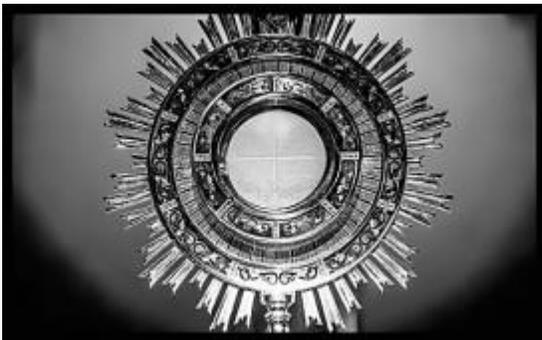
It is customary not only to visit the graves of our dearly departed, but also to have Masses offered for the eternal repose of their souls. Having a Mass offered for the repose of a soul, and offering our own prayers, is more beneficial and comforting than a card or a bouquet of flowers.

From the **Catechism of the Catholic Church (CCC)**:
"From the beginning the church has honored the memory of the dead and offered prayers in suffrage for them, above all the Eucharistic sacrifice, so that, thus purified, they may attain the beatific vision of God" (CCC #1032).

Contact the Cathedral Office to have a Mass offered for a relative or friend who may need our prayers!



WEEKLY EUCHARISTIC ADORATION



The Blessed Sacrament is adored in the Lady Chapel on Wednesdays & First Fridays from 6:00PM to 7:00PM

Confessions are heard from 6:15PM to 6:45PM

Come spend an hour with **JESUS** this week!

10 MILES WITH JESUS

10 Mile Stations of the Cross Walking Pilgrimage from the Archdiocesan Shrine of John Paul II in Linden to the Cathedral Basilica of the Sacred Heart in Newark. The walking Pilgrimage will begin on Sunday, March 24, 2019 at 10:00AM at the Archdiocesan Shrine of St.



John Paul II (St. Theresa of the Child Jesus Parish) 131 E. Edgar Road in Linden and conclude at the Cathedral Basilica of the Sacred Heart, 89 Ridge Street in Newark around 5:00PM with the Mass celebrated by Bishop Manuel Cruz, Rector of the Cathedral Basilica.

FREE ADMISSION, however all participants must register.

To register and for additional information visit:

www.10mileswithJesus.org

email: info@10mileswithJesus.org or call: 201.220.1949

SPRING BEREAVEMENT MINISTRY TRAINING



Do you feel called to serve the needs of the Bereaved?

The Spring Bereavement Ministry Support Training program is now open for registration. The course is offered by the Office of Family Life Ministries of the Archdiocese of Newark. The eight 2.5 hour sessions begin at the end of March and continues into May. Two separate classes are being held on Saturday morning & Thursday afternoons at the Archdiocesan Center. For class registration and fee information please contact: **Lauren Egan** at (973) 497-4327 or Lauren.Egan@rcan.org Pre-registration is required; class size is limited. Participants must meet the requirements of the Safe Environment Program.

Seton Hall CEU's available with course completion.



MARZO : MES DE SAN JOSÉ

“Aunque tenga muchos santos por abogados, tengan particularmente a San José, que alcanza mucho de Dios.”

-Santa Teresa de Avila-

«Si no os convertís, todos pereceréis del mismo modo»



Hoy, tercer domingo de Cuaresma, la lectura evangélica contiene una llamada de Jesús a la penitencia y a la conversión. O, más bien, una exigencia de cambiar de vida. “Convertirse” significa, en el lenguaje del Evangelio, mudar de actitud interior, y también de estilo externo. Es una de las palabras más usadas en el Evangelio. Recordemos que, antes de la venida del Señor Jesús, san Juan Bautista resumía su predicación con la misma expresión: «Predicaba un bautismo de conversión» (Mc 1,4). Y, enseguida, la predicación de Jesús se resume con estas palabras: «Convertíos y creed en el Evangelio» (Mc 1,15). Esta lectura de hoy tiene, sin embargo, características propias, que piden atención fiel y respuesta consecuente. Se puede decir que la primera parte, con ambas referencias históricas (la sangre derramada por Pilato y la torre derrumbada), contiene una amenaza. ¡Imposible llamarla de otro modo!: lamentamos las dos desgracias —entonces sentidas y lloradas— pero Jesucristo, muy seriamente, nos dice a todos: —Si no cambiáis de vida, «todos pereceréis del mismo modo» (Lc 13,5). Esto nos muestra dos cosas. Primero, la absoluta seriedad del compromiso cristiano. Y, segundo: de no respetarlo como Dios quiere, la posibilidad de una muerte, no en este mundo, sino mucho peor, en el otro: la eterna perdición. Las dos muertes de nuestro texto no son más que figuras de otra muerte, sin comparación con la primera. Cada uno sabrá cómo esta exigencia de cambio se le presenta. Ninguno queda excluido. Si esto nos inquieta, la segunda parte nos consuela. El “viñador”, que es Jesús, pide al dueño de la viña, su Padre, que espere un año todavía. Y entretanto, él hará todo lo posible (y lo imposible, muriendo por nosotros) para que la viña dé fruto. Es decir, ¡cambemos de vida! Éste es el mensaje de la Cuaresma. Tomémoslo entonces en serio. Los santos —san Ignacio, por ejemplo, aunque tarde en su vida— por gracia de Dios cambian y nos animan a cambiar.

+ Cardenal Jorge MEJÍA



INTENCION DEL PAPA MARZO 2019

Por las comunidades cristianas, en especial aquellas que son perseguidas, para que sientan la cercanía de Cristo y para que sus derechos sean reconocidos.

CUARESMA



LAS REGLAS PARA LA CUARESMA DEL 2019 EN LA ARQUIDIÓCESIS DE NEWARK

• Los días de ayuno y abstinencia durante la Cuaresma son el Miércoles de Ceniza y el Viernes Santo. Si es posible, el “Ayuno Pascual” del Viernes Santo se continúa hasta la Vigilia Pascual (hasta la noche del Sábado Santo) para honrar el sufrimiento y la muerte del Señor Jesús, y para prepararnos para participar más plenamente de Su Resurrección. **Todos los viernes de Cuaresma son días de abstinencia.**

Se permite en un día de ayuno **una (1)** comida completa, y **dos (2)** comidas más pequeñas, las cuales, si se suman, no superaría la comida principal en cantidad.

Aquellos entre las edades de **18 y 59 años** están obligados a ayunar.

En los días de abstinencia **no** se puede comer carne. Los que han llegado a la edad de **14 años** están obligados a observar esta ley de la abstinencia.

• La obligación de respetar las leyes de ayuno y abstinencia es una obligación seria.

• El periodo para cumplir el precepto pascual* se extiende desde el primer domingo de Cuaresma, 10 de marzo del 2019, hasta la Solemnidad de la Santísima Trinidad, 16 de junio del 2018.

**Canon 920: Todos los fieles, después de que han sido iniciados en la Santísima Eucaristía, están obligados por la obligación de comulgar al menos una vez al año.*

Les deseamos una cuaresma santa y fructuosa.

VIA CRUCIS

Todos los Viernes de Cuaresma comenzando a las 7:00PM en la Catedral.



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